

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026

Rozenboom Family Athletic Center

Results

Event 1 Men 60 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

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Meet Record: G	6.64	2011	Brijesh Lawrence, Doane			
Name	Year	School	Seed	Prelims	H#	
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Preliminaries

1	Merryman, Kaiden	JR	Hastings	6.69	6.69Q	3	
2	Eaves, Avery	FR	Concordia (Neb.)	6.87	6.90Q	2	
3	Kalvelage, Braden	SR	Northwestern (Iowa)	6.91	6.94Q	1	6.933
4	Marburger, Xavier	SO	Concordia (Neb.)	6.93	6.94q	1	6.936
5	Palmer, Grant	SR	Northwestern (Iowa)	6.95	6.99q	2	
6	Bradley, Connor	SR	Doane	6.97	7.01q	3	
7	Slaba, Connor	FR	Northwestern (Iowa)	6.98	7.02q	3	7.011
8	Gregoire Jr, Lynx	SR	Morningside	7.00	7.02q	2	7.012
9	Friend, Tanner-James	SO	Hastings	7.08	7.06	1	
10	Bernard, Ja'Myri	SO	Midland	7.01	7.09	1	
11	Jeffers, Jason	SO	Midland	7.11	7.11	3	7.101
12	Gobel, Austin	SO	Mount Marty	7.05	7.11	3	7.103
13	Mountain, Aiden	JR	Midland	7.02	7.12	1	
14	Kruger, Lane	SO	Morningside	7.08	7.13	2	7.124
15	Hayenga-Johnson, Vance	JR	Northwestern (Iowa)	7.04	7.13	2	7.125
16	Hart, Michael	JR	Dakota Wesleyan	7.10	7.14	2	
17	Schmoll, Jacob	JR	Dordt	7.07	7.17	3	
18	Chadwick, Perry	SO	Concordia (Neb.)	7.09	7.39	1	

Event 1 Men 60 Meter Dash

=====						
Meet Record: G	6.64	2011	Brijesh Lawrence, Doane			
Name	Year	School	Prelims	Finals	H#	Points
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Finals

1	Merryman, Kaiden	JR	Hastings	6.69	6.72	2	10	
2	Eaves, Avery	FR	Concordia (Neb.)	6.90	6.84	2	8	
3	Kalvelage, Braden	SR	Northwestern (Iowa)	6.94	6.95	2	6	6.946
4	Marburger, Xavier	SO	Concordia (Neb.)	6.94	6.95	2	5	6.948
5	Gregoire Jr, Lynx	SR	Morningside	7.02	6.99	1	4	6.985
6	Slaba, Connor	FR	Northwestern (Iowa)	7.02	6.99	1	3	6.988
7	Bradley, Connor	SR	Doane	7.01	7.00	1	2	
8	Palmer, Grant	SR	Northwestern (Iowa)	6.99	7.21	1	1	

Event 2 Men 60 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times

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Meet Record: G	7.75	2025	Zach Turner, Doane			
Name	Year	School	Seed	Prelims	H#	
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Preliminaries

1	Kluthe, Hayden	JR	Concordia (Neb.)	8.04	8.26Q	3	
2	Smith, Tommy	FR	Doane	8.20	8.30Q	2	
3	Borer, Braxton	FR	Concordia (Neb.)	8.35	8.42Q	1	
4	McFarland, Josiah	FR	Northwestern (Iowa)	8.47	8.52q	3	
5	Washington, Tate	FR	Doane	8.83	8.53q	1	8.522
6	Riedemann, Boston	JR	Morningside	8.59	8.53q	1	8.523
7	Garcia, Bladen	JR	Doane	8.40	8.54q	1	
8	Cantu, Osiel	SO	Mount Marty	8.53	8.57q	2	
9	Fox, Zachary	JR	Doane	8.59	8.60	2	

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...Event 2 Men 60 Meter Hurdles

10	Mukhtar, Kalarga	FR Northwestern (Iowa)	8.71	8.72	3
11	Correa, Avyan	FR Doane	8.59	8.75	1
12	Niles, Carter	JR Doane	8.85	8.82	1
13	Beyer, Michael	SR Mount Marty	8.66	8.85	3
14	van Lien, Jonathan	SO Mount Marty	8.44	8.96	3
15	Holverson, Aiden	FR Morningside	8.88	9.06	3
16	Clark, Grady	FR Concordia (Neb.)	8.87	9.14	2
17	Beals, Creighton	FR Doane	8.72	9.24	2

Event 2 Men 60 Meter Hurdles

Meet Record: G 7.75 2025 Zach Turner, Doane

Name	Year	School	Prelims	Finals	H#	Points
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Finals

1	Smith, Tommy	FR Doane	8.30	8.32	2	10
2	Borer, Braxton	FR Concordia (Neb.)	8.42	8.39	2	8
3	Kluthe, Hayden	JR Concordia (Neb.)	8.26	8.40	2	6
4	Cantu, Osiel	SO Mount Marty	8.57	8.46	1	5
5	Riedemann, Boston	JR Morningside	8.53	8.53	1	4
6	Garcia, Bladen	JR Doane	8.54	8.56	1	3 8.554
7	Washington, Tate	FR Doane	8.53	8.56	1	2 8.559
8	McFarland, Josiah	FR Northwestern (Iowa)	8.52	8.92	2	1

Event 3 Men 200 Meter Dash

Meet Record: G 21.72 2024 Edwin Nyamutswa, Mount Marty

Name	Year	School	Seed	Finals	H#	Points
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1	Kalvelage, Braden	SR Northwestern (Iowa)	21.32	21.71G	5	10
2	Eaves, Avery	FR Concordia (Neb.)	21.89	22.35	5	8
3	Palmer, Grant	SR Northwestern (Iowa)	21.84	22.40	5	6
4	Rodriguez, Michael	SO Northwestern (Iowa)	22.08	22.47	4	5
5	Slaba, Connor	FR Northwestern (Iowa)	22.11	22.49	4	4
6	Bradley, Connor	SR Doane	22.12	22.61	3	3
7	Painter, Jameson	SO Midland	22.37	22.90	2	2
8	Furstoss, Bastien	FR Mount Marty	22.17	22.92	3	1
9	Prato, Zavio	JR Mount Marty	22.19	22.93	3	
10	Favaretto, Samuel	FR Mount Marty	22.04	23.02	5	
11	Bye, Damon	FR Northwestern (Iowa)	22.21	23.03	3	
12	Van Donge, Carter	FR Northwestern (Iowa)	22.51	23.18	1	23.172
13	Schmoll, Jacob	JR Dordt	22.50	23.18	2	23.180
14	Kruger, Lane	SO Morningside	22.37	23.29	2	
--	Rucker, Jayson	SR Briar Cliff	22.56	DQ	1	rule 7.5.2.c
--	Merryman, Kaiden	JR Hastings	22.07	DQ	4	rule 7.5.2.c

Event 4 Men 400 Meter Dash

Meet Record: G 47.89 2024 Payton Mauldin, Dordt

Name	Year	School	Seed	Finals	H#	Points
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1	Schelhaas, Levi	SR Dordt	48.62	48.74	3	10
	22.749 (22.749)	48.738 (25.989)				
2	Schroder, Noah	JR Dordt	48.86	49.66	3	8
	23.580 (23.580)	49.656 (26.076)				

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....Event 4 Men 400 Meter Dash

3	Moseman, Theo	JR Morningside	48.72	49.92	3	6	
	23.212 (23.212)	49.920 (26.708)					
4	Palmer, Grant	SR Northwestern (Iowa)	49.16	49.98	3	5	
	23.170 (23.170)	49.976 (26.806)					
5	Rodriguez, Michael	SO Northwestern (Iowa)	49.40	50.54	2	4	
	23.505 (23.505)	50.537 (27.032)					
6	Bye, Damon	FR Northwestern (Iowa)	49.67	50.58	2	3	
	23.423 (23.423)	50.580 (27.157)					
7	Prato, Zavio	JR Mount Marty	48.88	50.73	3	2	
	23.803 (23.803)	50.729 (26.926)					
8	Schmoll, Jacob	JR Dordt	50.09	50.83	1	1	
	23.722 (23.722)	50.830 (27.108)					
9	Furstoss, Bastien	FR Mount Marty	49.17	50.97	4		Interference Re Ru
	23.671 (23.671)	50.966 (27.295)					
10	Richards, Raheem	SO Midland	49.38	51.00	2		
	23.628 (23.628)	50.996 (27.368)					
11	Mulder, Caleb	SR Doane	49.83	51.09	2		
	23.740 (23.740)	51.088 (27.348)					
12	Heinz, James	SO Northwestern (Iowa)	50.46	51.58	1		
	23.843 (23.843)	51.575 (27.732)					
13	Janvrin, Jet	FR Mount Marty	50.14	51.76	1		
	23.485 (23.485)	51.758 (28.273)					
14	Lemaster, Dustin	FR Dakota Wesleyan	50.51	52.03	1		
	24.397 (24.397)	52.022 (27.625)					
15	Zoubek, Jonathan	JR Doane	50.35	52.23	1		
	24.227 (24.227)	52.221 (27.994)					
16	Fagan, Liam	SR Concordia (Neb.)	50.01	52.57	1		
	23.454 (23.454)	52.564 (29.110)					
--	Ashley, Aziah	SR Northwestern (Iowa)	50.00	DNF	2		
--	Johnson, Isaiah	SO Dordt	49.40	DNF	2		

Event 5 Men 600 Meter Run

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Meet Record: G 1:19.23 2001 Jacob Koczman, Northwestern							
Name	Year	School	Seed	Finals	H#	Points	
=====							
1	Davelaar, Isaac	JR Dordt	1:18.29	1:19.91	4	10	
	25.259 (25.259)	52.046 (26.787)	1:19.905 (27.859)				
2	Wassenaar, Bennet	FR Dordt	1:20.27	1:22.01	4	8	
	25.477 (25.477)	53.017 (27.540)	1:22.008 (28.991)				
3	Burks, Deshawn	SR Hastings	1:20.90	1:23.13	4	6	
	26.018 (26.018)	53.674 (27.656)	1:23.121 (29.447)				
4	Yego, Emmanuel	SR Doane	1:23.30	1:23.43	3	5	
	25.868 (25.868)	53.925 (28.057)	1:23.422 (29.497)				
5	Corwin, Lucas	SO Concordia (Neb.)	1:22.45	1:23.55	4	4	
	25.975 (25.975)	54.104 (28.129)	1:23.544 (29.440)				
6	Schelkopf, Cooper	FR Concordia (Neb.)	1:22.07	1:23.99	4	3	
	25.647 (25.647)	53.707 (28.060)	1:23.982 (30.275)				
7	Favaretto, Samuel	FR Mount Marty	1:20.94	1:24.18	4	2	
	25.788 (25.788)	53.543 (27.755)	1:24.176 (30.633)				
8	Gautier, Lucas	SO Doane	1:22.70	1:24.67	3	1	
	25.957 (25.957)	54.163 (28.206)	1:24.661 (30.498)				
9	Kumm, Trenton	FR Concordia (Neb.)	1:23.49	1:24.96	3		
	26.647 (26.647)	54.734 (28.087)	1:24.957 (30.223)				

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....Event 5 Men 600 Meter Run

10	Medlock, Chris	SO Midland	1:23.07	1:25.26	3
	25.654 (25.654)	54.127 (28.473)	1:25.252 (31.125)		
11	Small, Jaelonni	FR Morningside	1:23.82	1:25.71	2
	27.087 (27.087)	56.316 (29.229)	1:25.705 (29.389)		
12	Stowater, Logan	FR Morningside	1:23.94	1:25.75	2
	27.178 (27.178)	56.840 (29.662)	1:25.746 (28.906)		
13	Sherman, Noah	JR Midland	1:23.58	1:26.52	3
	26.881 (26.881)	54.849 (27.968)	1:26.520 (31.671)		
14	Gutzmer, Will	SR Dor dt	1:23.77	1:26.68	2
	25.946 (25.946)	55.494 (29.548)	1:26.678 (31.184)		
15	Schmitz, Adric	JR Concordia (Neb.)	1:24.57	1:26.74	1
	27.150 (27.150)	56.835 (29.685)	1:26.734 (29.899)		
16	Miser, Dakota	SR Doane	1:24.59	1:27.06	1
	27.502 (27.502)	56.175 (28.673)	1:27.056 (30.881)		
17	Brozik, Kellen	FR Dakota Wesleyan	1:24.59	1:27.44	1
	27.005 (27.005)	56.396 (29.391)	1:27.439 (31.043)		
18	Van Sickle, Brady	FR Northwestern (Iowa)	1:23.31	1:30.34	3
	27.428 (27.428)	57.619 (30.191)	1:30.331 (32.712)		
19	Lemaster, Dustin	FR Dakota Wesleyan	1:24.23	1:30.68	2
	28.528 (28.528)	58.820 (30.292)	1:30.680 (31.860)		

Event 6 Men 800 Meter Run

Meet Record: G 1:53.91 2/18/2017 Sam Wensink, Dor dt

Name	Year	School	Seed	Finals	H#	Points
1 Steenblok, Koen		SO Midland	1:52.97	1:53.62G	3	10
	27.587 (27.587)	55.688 (28.101)	1:24.146 (28.458)	1:53.612 (29.466)		
2 Salter, Tyler		SR Hastings	1:54.13	1:54.66	3	8
	26.775 (26.775)	54.996 (28.221)	1:24.121 (29.125)	1:54.657 (30.536)		
3 Van Sickle, Carson		SO Northwestern (Iowa)	1:52.10	1:54.74	3	6
	27.235 (27.235)	55.367 (28.132)	1:24.339 (28.972)	1:54.738 (30.399)		
4 Struss, Evan		SO Hastings	1:52.86	1:55.02	3	5
	27.003 (27.003)	55.492 (28.489)	1:24.587 (29.095)	1:55.016 (30.429)		
5 Swanson, Luke		SR Dor dt	1:55.04	1:56.88	3	4
	27.434 (27.434)	56.104 (28.670)	1:25.434 (29.330)	1:56.878 (31.444)		
6 Schuttinga, Anderson		FR Dor dt	1:56.36	1:59.18	2	3
	28.529 (28.529)	58.599 (30.070)	1:29.484 (30.885)	1:59.171 (29.687)		
7 Nemetz, Drake		FR Mount Marty	1:56.41	1:59.21	2	2
	28.214 (28.214)	58.512 (30.298)	1:29.751 (31.239)	1:59.204 (29.453)		
8 Marez, Eli		JR Doane	1:58.46	2:01.04	1	1
	28.760 (28.760)	59.113 (30.353)	1:30.626 (31.513)	2:01.031 (30.405)		
9 Willey, Ashon		FR Concordia (Neb.)	1:59.81	2:01.24	1	
	26.258 (26.258)	55.710 (29.452)	1:29.093 (33.383)	2:01.239 (32.146)		
10 Sherman, Justin		JR Concordia (Neb.)	1:57.03	2:01.49	2	
	28.473 (28.473)	58.853 (30.380)	1:30.480 (31.627)	2:01.484 (31.004)		
11 Conway, Carson		SO Mount Marty	2:01.32	2:02.57	1	
	29.021 (29.021)	59.314 (30.293)	1:31.229 (31.915)	2:02.561 (31.332)		
12 Dirks, Dietrich		FR Northwestern (Iowa)	1:57.42	2:03.11	2	
	29.690 (29.690)	1:00.761 (31.071)	1:32.665 (31.904)	2:03.109 (30.444)		
13 O'Brien, Nate		JR Doane	1:57.66	2:03.45	2	
	29.979 (29.979)	1:00.527 (30.548)	1:32.498 (31.971)	2:03.450 (30.952)		
14 Van Sickle, Payton		JR Northwestern (Iowa)	1:59.72	2:04.19	1	
	28.552 (28.552)	59.002 (30.450)	1:30.687 (31.685)	2:04.181 (33.494)		

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....Event 6 Men 800 Meter Run

15 Olsen, Christian	SO Midland	1:59.43	2:06.44	1
28.602 (28.602)	59.383 (30.781)	1:31.970 (32.587)	2:06.438 (34.468)	
16 Wittenberg, Josiah	SR Dordt	1:57.89	2:06.79	2
29.145 (29.145)	59.867 (30.722)	1:33.729 (33.862)	2:06.781 (33.052)	
17 Sonksen, Braden	SO Morningside	1:58.78	2:06.95	1
28.048 (28.048)	58.652 (30.604)	1:31.600 (32.948)	2:06.944 (35.344)	
18 Heinrichs, Casey	FR Dordt	1:54.58	2:10.02	3
27.470 (27.470)	56.445 (28.975)	1:28.669 (32.224)	2:10.017 (41.348)	

Event 7 Men 1000 Meter Run

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Meet Record: G 2:29.88 2/19/2022 Jebadiah Merkle, Dordt

Name	Year School	Seed	Finals	H#	Points
1 Grigsby, Michael	SR Doane	2:31.27	2:32.07	2	10
29.806 (29.806)	1:00.029 (30.223)	1:31.105 (31.076)	2:02.266 (31.161)		
2:32.064 (29.798)					
2 Velzke, Jamison	FR Dordt	2:29.60	2:32.95	2	8
28.776 (28.776)	58.711 (29.935)	1:29.901 (31.190)	2:01.516 (31.615)		
2:32.941 (31.425)					
3 Bonifas, Luke	JR Doane	2:33.29	2:35.05	2	6
30.339 (30.339)	1:00.909 (30.570)	1:32.237 (31.328)	2:03.356 (31.119)		
2:35.041 (31.685)					
4 Pederson, Jessup	SO Concordia (Neb.)	2:34.57	2:35.06	1	5
28.639 (28.639)	58.656 (30.017)	1:30.470 (31.814)	2:03.363 (32.893)		
2:35.055 (31.692)					
5 Landman, Ezra	SO Dordt	2:33.57	2:35.70	1	4
28.390 (28.390)	58.232 (29.842)	1:29.959 (31.727)	2:02.710 (32.751)		
2:35.693 (32.983)					
6 Rundquist, Quinlan	FR Northwestern (Iowa)	2:32.38	2:36.26	2	3
29.894 (29.894)	1:00.867 (30.973)	1:33.132 (32.265)	2:05.760 (32.628)		
2:36.260 (30.500)					
7 Van Wyngarden, Kaden	JR Dordt	2:31.22	2:36.58	2	2
29.690 (29.690)	1:00.171 (30.481)	1:33.598 (33.427)	2:07.946 (34.348)		
2:36.577 (28.631)					
8 Obbink, Trace	SO Dordt	2:33.19	2:36.95	2	1
30.129 (30.129)	1:00.680 (30.551)	1:32.781 (32.101)	2:05.541 (32.760)		
2:36.946 (31.405)					
9 Burks, Deshawn	SR Hastings	2:30.57	2:37.35	2	
29.448 (29.448)	1:00.535 (31.087)	1:32.444 (31.909)	2:06.414 (33.970)		
2:37.350 (30.936)					
10 Taylor, Braden	SR Midland	2:33.83	2:37.51	1	
29.460 (29.460)	1:00.832 (31.372)	1:33.112 (32.280)	2:05.672 (32.560)		
2:37.508 (31.836)					
11 Howerzyl, Noah	FR Dordt	2:35.56	2:38.91	1	
29.906 (29.906)	1:01.367 (31.461)	1:33.941 (32.574)	2:08.064 (34.123)		
2:38.909 (30.845)					
12 Kwiatkowski, Jordan	SR Doane	2:38.38	2:41.26	1	
30.290 (30.290)	1:01.577 (31.287)	1:33.497 (31.920)	2:06.849 (33.352)		
2:41.252 (34.403)					
13 Van Der Werff, Ian	FR Northwestern (Iowa)	2:38.66	2:41.49	1	
31.145 (31.145)	1:03.540 (32.395)	1:35.621 (32.081)	2:09.620 (33.999)		
2:41.483 (31.863)					

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....Event 7 Men 1000 Meter Run

14 Van Den Berg, Easton	JR Dordt	2:36.64	2:42.12	1
30.167 (30.167)	1:01.263 (31.096)	1:33.830 (32.567)	2:08.334 (34.504)	
2:42.115 (33.781)				
15 Hjortkjaer, Lucas	SR Midland	2:27.73	2:43.38	2
28.606 (28.606)	58.483 (29.877)	1:31.487 (33.004)	2:08.113 (36.626)	
2:43.372 (35.259)				
16 Siek, Keith	FR Concordia (Neb.)	2:31.87	2:44.16	2
30.178 (30.178)	1:00.991 (30.813)	1:35.023 (34.032)	2:11.229 (36.206)	
2:44.158 (32.929)				
17 Tvedt, Tague	SR Mount Marty	2:33.55	2:44.32	1
29.217 (29.217)	1:01.086 (31.869)	1:34.123 (33.037)	2:09.096 (34.973)	
2:44.314 (35.218)				

Event 8 Men 1 Mile Run

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Meet Record: G	4:13.63	2024	Craig Becker, Dordt			
Name	Year	School	Seed	Finals	H#	Points
=====						
1 Van Wyngarden, Kaden	JR	Dordt	4:13.99	4:15.13	2	10
31.992 (31.992)	1:02.851 (30.859)	1:34.979 (32.128)	2:08.782 (33.803)			
2:41.780 (32.998)	3:14.219 (32.439)	3:45.494 (31.275)	4:15.129 (29.635)			
2 Grigsby, Michael	SR	Doane	4:13.04	4:20.54	2	8
32.405 (32.405)	1:03.088 (30.683)	1:35.201 (32.113)	2:08.981 (33.780)			
2:42.195 (33.214)	3:14.671 (32.476)	3:46.842 (32.171)	4:20.539 (33.697)			
3 Hamilton, Hudson	FR	Dordt	4:17.90	4:21.69	2	6
32.725 (32.725)	1:03.924 (31.199)	1:36.478 (32.554)	2:09.900 (33.422)			
2:43.411 (33.511)	3:18.173 (34.762)	3:51.606 (33.433)	4:21.682 (30.076)			
4 Velzke, Jamison	FR	Dordt	4:21.67	4:22.15	2	5
32.887 (32.887)	1:04.132 (31.245)	1:36.816 (32.684)	2:09.733 (32.917)			
2:42.636 (32.903)	3:13.848 (31.212)	3:46.953 (33.105)	4:22.148 (35.195)			
5 Prins, Jackson	FR	Dordt	4:18.37	4:23.06	2	4
33.338 (33.338)	1:04.139 (30.801)	1:36.913 (32.774)	2:10.132 (33.219)			
2:43.222 (33.090)	3:16.024 (32.802)	3:49.686 (33.662)	4:23.051 (33.365)			
6 Rundquist, Quinlan	FR	Northwestern (Iowa)	4:20.24	4:25.12	2	3
33.575 (33.575)	1:04.775 (31.200)	1:37.467 (32.692)	2:10.907 (33.440)			
2:44.761 (33.854)	3:19.138 (34.377)	3:53.116 (33.978)	4:25.115 (31.999)			
7 Ferrari, Logan	SR	Mount Marty	4:12.98	4:25.21	2	2
33.308 (33.308)	1:04.323 (31.015)	1:36.651 (32.328)	2:09.756 (33.105)			
2:42.894 (33.138)	3:17.018 (34.124)	3:51.268 (34.250)	4:25.210 (33.942)			
8 Rozenboom, Tyler	FR	Dordt	4:23.02	4:26.37	2	1
33.138 (33.138)	1:04.501 (31.363)	1:37.104 (32.603)	2:10.674 (33.570)			
2:44.442 (33.768)	3:18.869 (34.427)	3:53.651 (34.782)	4:26.363 (32.712)			
9 Breems, Jonathan	JR	Dordt	4:24.00	4:27.49	1	
33.430 (33.430)	1:05.607 (32.177)	1:37.924 (32.317)	2:11.633 (33.709)			
2:45.653 (34.020)	3:19.876 (34.223)	3:54.123 (34.247)	4:27.489 (33.366)			
10 Kroeze, Justin	SO	Dordt	4:23.17	4:29.23	1	
33.321 (33.321)	1:05.850 (32.529)	1:38.614 (32.764)	2:11.877 (33.263)			
2:46.154 (34.277)	3:21.376 (35.222)	3:56.104 (34.728)	4:29.224 (33.120)			
11 Van Den Berg, Easton	JR	Dordt	4:29.58	4:30.84	1	
33.534 (33.534)	1:05.760 (32.226)	1:38.392 (32.632)	2:12.282 (33.890)			
2:46.870 (34.588)	3:21.182 (34.312)	3:56.767 (35.585)	4:30.834 (34.067)			
12 Engel, Parker	FR	Northwestern (Iowa)	4:30.82	4:34.98	1	
33.813 (33.813)	1:06.446 (32.633)	1:39.581 (33.135)	2:13.751 (34.170)			
2:48.783 (35.032)	3:24.077 (35.294)	3:59.606 (35.529)	4:34.973 (35.367)			

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026

Rozenboom Family Athletic Center

Results

....Event 8 Men 1 Mile Run

13 Dawes, Will	SR Doane	4:36.96	4:40.80	1
35.027 (35.027)	1:09.050 (34.023)	1:43.997 (34.947)	2:19.820 (35.823)	
2:55.547 (35.727)	3:31.714 (36.167)	4:07.065 (35.351)	4:40.791 (33.726)	
14 Miles, Jarrett	SO Concordia (Neb.)	4:38.87	4:43.22	1
34.460 (34.460)	1:08.447 (33.987)	1:44.233 (35.786)	2:20.542 (36.309)	
2:56.578 (36.036)	3:33.862 (37.284)	4:09.156 (35.294)	4:43.220 (34.064)	
15 Korir, Kelvin	SO Midland	4:43.60	4:43.92	1
35.583 (35.583)	1:09.963 (34.380)	1:44.654 (34.691)	2:20.223 (35.569)	
2:56.705 (36.482)	3:33.435 (36.730)	4:09.841 (36.406)	4:43.916 (34.075)	
16 Hjortkjaer, Lucas	SR Midland	4:16.04	4:44.45	2
33.103 (33.103)	1:04.394 (31.291)	1:36.603 (32.209)	2:10.365 (33.762)	
2:45.539 (35.174)	3:23.149 (37.610)	4:03.713 (40.564)	4:44.444 (40.731)	
17 Hicks, RC	SR Morningside	4:35.48	4:45.04	1
35.473 (35.473)	1:09.779 (34.306)	1:44.741 (34.962)	2:20.866 (36.125)	
2:57.146 (36.280)	3:33.619 (36.473)	4:10.034 (36.415)	4:45.037 (35.003)	
18 Menke, Logan	SR Doane	4:35.35	4:46.68	1
35.358 (35.358)	1:09.261 (33.903)	1:44.177 (34.916)	2:20.154 (35.977)	
2:56.632 (36.478)	3:33.261 (36.629)	4:10.024 (36.763)	4:46.677 (36.653)	

Event 9 Men 3000 Meter Run

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Meet Record: G 8:36.99 2/18/2017 Danny Aldaba, Midland

Name	Year School	Seed	Finals	Points
1 Bickley, Porter	SO Doane	8:26.92	8:42.34	10
33.971 (33.971)	1:08.032 (34.061)	1:41.783 (33.751)	2:15.920 (34.137)	
2:50.089 (34.169)	3:24.356 (34.267)	3:58.669 (34.313)	4:33.077 (34.408)	
5:07.880 (34.803)	5:43.118 (35.238)	6:19.166 (36.048)	6:56.040 (36.874)	
7:33.453 (37.413)	8:10.165 (36.712)	8:42.337 (32.172)		
2 Ferrari, Logan	SR Mount Marty	8:25.62	8:42.40	8
35.711 (35.711)	1:10.587 (34.876)	1:45.098 (34.511)	2:20.067 (34.969)	
2:54.198 (34.131)	3:28.945 (34.747)	4:03.592 (34.647)	4:38.830 (35.238)	
5:15.071 (36.241)	5:50.649 (35.578)	6:25.767 (35.118)	7:00.755 (34.988)	
7:35.927 (35.172)	8:09.713 (33.786)	8:42.398 (32.685)		
3 Keter, Alvin	SO Doane	8:47.87	8:44.83	6
35.540 (35.540)	1:09.252 (33.712)	1:43.727 (34.475)	2:19.066 (35.339)	
2:54.056 (34.990)	3:28.836 (34.780)	4:03.322 (34.486)	4:38.021 (34.699)	
5:12.918 (34.897)	5:48.325 (35.407)	6:24.506 (36.181)	7:00.895 (36.389)	
7:37.132 (36.237)	8:12.643 (35.511)	8:44.822 (32.179)		
4 Wall, Jayden	SO Doane	8:40.04	8:47.52	5
36.108 (36.108)	1:11.084 (34.976)	1:45.341 (34.257)	2:19.835 (34.494)	
2:54.484 (34.649)	3:29.608 (35.124)	4:04.256 (34.648)	4:39.555 (35.299)	
5:15.150 (35.595)	5:51.228 (36.078)	6:26.873 (35.645)	7:04.091 (37.218)	
7:40.665 (36.574)	8:16.982 (36.317)	8:47.516 (30.534)		
5 Tofteland, Caleb	FR Northwestern (Iowa)	8:37.79	8:50.06	4
34.223 (34.223)	1:08.258 (34.035)	1:42.035 (33.777)	2:16.789 (34.754)	
2:51.349 (34.560)	3:26.048 (34.699)	4:01.306 (35.258)	4:36.886 (35.580)	
5:12.507 (35.621)	5:48.823 (36.316)	6:26.633 (37.810)	7:04.723 (38.090)	
7:41.329 (36.606)	8:16.819 (35.490)	8:50.055 (33.236)		
6 Prins, Jackson	FR Dorcht	8:44.62	8:52.14	3
34.481 (34.481)	1:09.035 (34.554)	1:44.053 (35.018)	2:19.585 (35.532)	
2:54.617 (35.032)	3:30.005 (35.388)	4:05.198 (35.193)	4:40.985 (35.787)	
5:17.844 (36.859)	5:54.789 (36.945)	6:31.645 (36.856)	7:08.629 (36.984)	
7:45.299 (36.670)	8:20.217 (34.918)	8:52.138 (31.921)		

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GPAC Indoor 2026 - 2/20/2026 to 2/21/2026

Rozenboom Family Athletic Center

Results

....Event 9 Men 3000 Meter Run

7 Cross, Joseph	SO Mount Marty	8:44.37	8:58.41	2
35.910 (35.910)	1:11.037 (35.127)	1:45.792 (34.755)	2:20.966 (35.174)	
2:55.559 (34.593)	3:30.999 (35.440)	4:06.341 (35.342)	4:41.670 (35.329)	
5:17.976 (36.306)	5:54.909 (36.933)	6:31.906 (36.997)	7:08.837 (36.931)	
7:45.874 (37.037)	8:23.041 (37.167)	8:58.407 (35.366)		
8 Johnson, Truman	SO Dordt	8:39.07	9:04.29	1
35.355 (35.355)	1:09.919 (34.564)	1:44.731 (34.812)	2:20.332 (35.601)	
2:55.241 (34.909)	3:30.778 (35.537)	4:06.516 (35.738)	4:42.568 (36.052)	
5:19.548 (36.980)	5:57.255 (37.707)	6:33.836 (36.581)	7:12.397 (38.561)	
7:50.811 (38.414)	8:28.360 (37.549)	9:04.285 (35.925)		
9 Hamilton, Hudson	FR Dordt	8:37.60	9:10.69	
35.204 (35.204)	1:09.671 (34.467)	1:44.279 (34.608)	2:19.770 (35.491)	
2:54.318 (34.548)	3:29.377 (35.059)	4:04.610 (35.233)	4:40.729 (36.119)	
5:17.957 (37.228)	5:56.341 (38.384)	6:35.138 (38.797)	7:14.581 (39.443)	
7:54.074 (39.493)	8:33.266 (39.192)	9:10.690 (37.424)		
10 Chance, Abram	FR Concordia (Neb.)	8:48.70	9:13.56	
35.136 (35.136)	1:09.819 (34.683)	1:44.511 (34.692)	2:20.112 (35.601)	
2:54.984 (34.872)	3:30.471 (35.487)	4:06.880 (36.409)	4:43.739 (36.859)	
5:21.906 (38.167)	6:00.616 (38.710)	6:39.816 (39.200)	7:19.372 (39.556)	
7:58.629 (39.257)	8:37.128 (38.499)	9:13.560 (36.432)		
11 Grigsby, Michael	SR Doane	8:47.37	9:16.62	
35.437 (35.437)	1:10.595 (35.158)	1:45.459 (34.864)	2:20.855 (35.396)	
2:57.523 (36.668)	3:34.112 (36.589)	4:11.455 (37.343)	4:49.854 (38.399)	
5:27.702 (37.848)	6:05.884 (38.182)	6:43.988 (38.104)	7:22.447 (38.459)	
8:01.123 (38.676)	8:39.245 (38.122)	9:16.619 (37.374)		
12 Hebert, Steven	FR Dordt	9:00.88	9:18.72	
34.963 (34.963)	1:10.191 (35.228)	1:44.995 (34.804)	2:20.596 (35.601)	
2:57.085 (36.489)	3:33.183 (36.098)	4:11.323 (38.140)	4:50.109 (38.786)	
5:27.987 (37.878)	6:06.169 (38.182)	6:44.299 (38.130)	7:22.880 (38.581)	
8:02.390 (39.510)	8:41.586 (39.196)	9:18.720 (37.134)		
13 Limback, Aidan	JR Concordia (Neb.)	8:57.00	9:33.59	
34.842 (34.842)	1:10.426 (35.584)	1:46.294 (35.868)	2:22.089 (35.795)	
2:56.896 (34.807)	3:32.095 (35.199)	4:07.562 (35.467)	4:45.156 (37.594)	
5:23.809 (38.653)	6:03.301 (39.492)	6:43.882 (40.581)	7:25.354 (41.472)	
8:07.367 (42.013)	8:50.272 (42.905)	9:33.581 (43.309)		
14 Watts, Ransom	JR Concordia (Neb.)	8:52.75	9:41.97	
35.589 (35.589)	1:10.814 (35.225)	1:46.503 (35.689)	2:22.793 (36.290)	
2:59.702 (36.909)	3:38.164 (38.462)	4:17.263 (39.099)	4:56.535 (39.272)	
5:36.125 (39.590)	6:16.098 (39.973)	6:57.861 (41.763)	7:38.737 (40.876)	
8:19.611 (40.874)	9:02.107 (42.496)	9:41.963 (39.856)		

Event 10 Men 5000 Meter Run

=====
 Meet Record: G 14:55.72 2/19/2022 Davis Tebben, Dordt
 Name Year School Seed Finals Points
 =====

1 Ferrari, Logan	SR Mount Marty	14:27.66	14:51.84G	10
35.422 (35.422)	1:11.695 (36.273)	1:46.067 (34.372)	2:21.023 (34.956)	
2:56.665 (35.642)	3:31.507 (34.842)	4:06.680 (35.173)	4:41.748 (35.068)	
5:17.348 (35.600)	5:52.967 (35.619)	6:28.447 (35.480)	7:04.205 (35.758)	
7:39.725 (35.520)	8:15.675 (35.950)	8:51.511 (35.836)	9:26.988 (35.477)	
10:03.046 (36.058)	10:38.942 (35.896)	11:15.389 (36.447)	11:50.937 (35.548)	
12:27.326 (36.389)	13:03.639 (36.313)	13:40.866 (37.227)	14:17.359 (36.493)	
14:51.835 (34.476)				

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026**Rozenboom Family Athletic Center****Results****....Event 10 Men 5000 Meter Run**

2 Keter, Alvin	SO Doane	14:56.79	15:00.44	8
36.167 (36.167)	1:11.899 (35.732)	1:46.425 (34.526)	2:21.342 (34.917)	
2:56.857 (35.515)	3:31.748 (34.891)	4:07.035 (35.287)	4:42.054 (35.019)	
5:17.640 (35.586)	5:53.242 (35.602)	6:28.854 (35.612)	7:04.502 (35.648)	
7:40.526 (36.024)	8:17.348 (36.822)	8:53.443 (36.095)	9:29.202 (35.759)	
10:05.368 (36.166)	10:42.268 (36.900)	11:18.858 (36.590)	11:55.345 (36.487)	
12:32.650 (37.305)	13:09.762 (37.112)	13:47.037 (37.275)	14:24.636 (37.599)	
15:00.437 (35.801)				
3 Wall, Jayden	SO Doane	15:05.79	15:13.63	6
35.706 (35.706)	1:11.821 (36.115)	1:46.041 (34.220)	2:21.107 (35.066)	
2:56.704 (35.597)	3:31.574 (34.870)	4:06.732 (35.158)	4:41.800 (35.068)	
5:17.465 (35.665)	5:53.119 (35.654)	6:29.144 (36.025)	7:05.010 (35.866)	
7:41.651 (36.641)	8:19.075 (37.424)	8:56.884 (37.809)	9:34.055 (37.171)	
10:12.278 (38.223)	10:51.101 (38.823)	11:30.057 (38.956)	12:08.112 (38.055)	
12:46.242 (38.130)	13:24.139 (37.897)	14:02.703 (38.564)	14:40.567 (37.864)	
15:13.629 (33.062)				
4 Cross, Joseph	SO Mount Marty	15:06.05	15:15.34	5
36.522 (36.522)	1:12.253 (35.731)	1:47.214 (34.961)	2:22.129 (34.915)	
2:57.761 (35.632)	3:33.112 (35.351)	4:08.720 (35.608)	4:44.767 (36.047)	
5:22.090 (37.323)	5:59.388 (37.298)	6:36.652 (37.264)	7:13.964 (37.312)	
7:51.710 (37.746)	8:29.152 (37.442)	9:06.679 (37.527)	9:44.536 (37.857)	
10:21.991 (37.455)	10:59.334 (37.343)	11:37.090 (37.756)	12:15.034 (37.944)	
12:52.448 (37.414)	13:30.033 (37.585)	14:06.898 (36.865)	14:42.706 (35.808)	
15:15.339 (32.633)				
5 Limback, Aidan	JR Concordia (Neb.)	15:41.48	15:27.86	4
36.563 (36.563)	1:12.859 (36.296)	1:48.214 (35.355)	2:24.001 (35.787)	
3:00.436 (36.435)	3:37.367 (36.931)	4:14.475 (37.108)	4:51.852 (37.377)	
5:29.621 (37.769)	6:06.893 (37.272)	6:44.387 (37.494)	7:23.285 (38.898)	
8:01.401 (38.116)	8:38.345 (36.944)	9:15.998 (37.653)	9:54.113 (38.115)	
10:31.696 (37.583)	11:10.034 (38.338)	11:48.105 (38.071)	12:25.837 (37.732)	
13:03.878 (38.041)	13:41.313 (37.435)	14:18.102 (36.789)	14:54.761 (36.659)	
15:27.855 (33.094)				
6 Van Beek, Caleb	FR Dordt	15:33.76	15:29.54	3
37.328 (37.328)	1:14.332 (37.004)	1:51.489 (37.157)	2:28.787 (37.298)	
3:05.761 (36.974)	3:43.593 (37.832)	4:20.417 (36.824)	4:57.839 (37.422)	
5:35.585 (37.746)	6:12.685 (37.100)	6:49.889 (37.204)	7:26.983 (37.094)	
8:04.119 (37.136)	8:41.209 (37.090)	9:18.919 (37.710)	9:56.739 (37.820)	
10:35.126 (38.387)	11:13.382 (38.256)	11:51.255 (37.873)	12:27.560 (36.305)	
13:04.255 (36.695)	13:41.762 (37.507)	14:19.803 (38.041)	14:57.328 (37.525)	
15:29.532 (32.204)				
7 Johnson, Truman	SO Dordt	15:11.18	15:30.06	2
36.241 (36.241)	1:12.316 (36.075)	1:46.889 (34.573)	2:21.876 (34.987)	
2:57.536 (35.660)	3:32.624 (35.088)	4:08.472 (35.848)	4:44.353 (35.881)	
5:21.817 (37.464)	5:58.883 (37.066)	6:36.363 (37.480)	7:13.847 (37.484)	
7:51.314 (37.467)	8:28.705 (37.391)	9:06.301 (37.596)	9:44.421 (38.120)	
10:22.242 (37.821)	10:59.886 (37.644)	11:38.096 (38.210)	12:17.220 (39.124)	
12:56.684 (39.464)	13:36.570 (39.886)	14:16.661 (40.091)	14:54.605 (37.944)	
15:30.058 (35.453)				

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026**Rozenboom Family Athletic Center****Results****....Event 10 Men 5000 Meter Run**

8	Robertson, Trey	JR Concordia (Neb.)	15:29.70	15:41.09	1
	36.009 (36.009)	1:12.076 (36.067)	1:46.717 (34.641)	2:21.700 (34.983)	
	2:57.289 (35.589)	3:32.244 (34.955)	4:07.950 (35.706)	4:43.822 (35.872)	
	5:21.704 (37.882)	5:59.219 (37.515)	6:37.043 (37.824)	7:15.525 (38.482)	
	7:54.612 (39.087)	8:34.504 (39.892)	9:14.085 (39.581)	9:53.008 (38.923)	
	10:32.256 (39.248)	11:12.006 (39.750)	11:51.068 (39.062)	12:29.881 (38.813)	
	13:09.701 (39.820)	13:50.672 (40.971)	14:31.091 (40.419)	15:07.492 (36.401)	
	15:41.086 (33.594)				
9	Hebert, Steven	FR Dordt	15:49.44	15:42.47	
	37.223 (37.223)	1:14.091 (36.868)	1:51.232 (37.141)	2:28.560 (37.328)	
	3:06.016 (37.456)	3:43.897 (37.881)	4:20.994 (37.097)	4:58.441 (37.447)	
	5:36.327 (37.886)	6:12.990 (36.663)	6:50.112 (37.122)	7:27.268 (37.156)	
	8:04.395 (37.127)	8:41.546 (37.151)	9:20.569 (39.023)	9:59.563 (38.994)	
	10:38.723 (39.160)	11:15.654 (36.931)	11:52.470 (36.816)	12:31.045 (38.575)	
	13:09.997 (38.952)	13:48.691 (38.694)	14:28.584 (39.893)	15:07.522 (38.938)	
	15:42.461 (34.939)				
10	McKinley, Eein	SR Morningside	15:51.26	15:47.86	
	38.682 (38.682)	1:14.610 (35.928)	1:52.337 (37.727)	2:29.174 (36.837)	
	3:06.445 (37.271)	3:44.196 (37.751)	4:21.282 (37.086)	4:58.749 (37.467)	
	5:36.638 (37.889)	6:13.260 (36.622)	6:50.550 (37.290)	7:27.597 (37.047)	
	8:04.876 (37.279)	8:42.406 (37.530)	9:20.353 (37.947)	9:59.258 (38.905)	
	10:38.399 (39.141)	11:17.477 (39.078)	11:55.436 (37.959)	12:33.836 (38.400)	
	13:12.641 (38.805)	13:52.145 (39.504)	14:31.792 (39.647)	15:10.782 (38.990)	
	15:47.856 (37.074)				
11	Fagan, Isaac	SO Dordt	15:34.85	15:52.87	
	37.752 (37.752)	1:14.483 (36.731)	1:52.106 (37.623)	2:29.990 (37.884)	
	3:07.477 (37.487)	3:45.306 (37.829)	4:22.960 (37.654)	5:00.895 (37.935)	
	5:38.847 (37.952)	6:16.719 (37.872)	6:54.130 (37.411)	7:32.514 (38.384)	
	8:11.291 (38.777)	8:50.386 (39.095)	9:27.802 (37.416)	10:06.188 (38.386)	
	10:43.890 (37.702)	11:21.398 (37.508)	12:00.442 (39.044)	12:39.786 (39.344)	
	13:18.618 (38.832)	13:57.823 (39.205)	14:37.697 (39.874)	15:16.605 (38.908)	
	15:52.867 (36.262)				
12	Smith, Cody	SO Doane	16:00.54	16:01.55	
	37.954 (37.954)	1:15.257 (37.303)	1:52.691 (37.434)	2:30.289 (37.598)	
	3:07.670 (37.381)	3:45.586 (37.916)	4:23.290 (37.704)	5:01.207 (37.917)	
	5:39.010 (37.803)	6:16.963 (37.953)	6:54.957 (37.994)	7:33.464 (38.507)	
	8:12.040 (38.576)	8:50.795 (38.755)	9:29.726 (38.931)	10:09.135 (39.409)	
	10:49.025 (39.890)	11:29.134 (40.109)	12:09.047 (39.913)	12:48.574 (39.527)	
	13:28.056 (39.482)	14:07.585 (39.529)	14:46.626 (39.041)	15:25.751 (39.125)	
	16:01.543 (35.792)				
13	Watts, Ransom	JR Concordia (Neb.)	15:30.35	16:07.37	
	36.709 (36.709)	1:12.607 (35.898)	1:47.533 (34.926)	2:22.611 (35.078)	
	2:58.412 (35.801)	3:34.523 (36.111)	4:11.431 (36.908)	4:49.429 (37.998)	
	5:27.909 (38.480)	6:06.353 (38.444)	6:44.675 (38.322)	7:23.539 (38.864)	
	8:01.802 (38.263)	8:39.063 (37.261)	9:17.563 (38.500)	9:56.943 (39.380)	
	10:36.565 (39.622)	11:16.819 (40.254)	11:56.911 (40.092)	12:37.402 (40.491)	
	13:19.768 (42.366)	14:00.958 (41.190)	14:43.593 (42.635)	15:24.911 (41.318)	
	16:07.369 (42.458)				

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Results

....Event 10 Men 5000 Meter Run

14 Schroeder, Tavin	SO Dordt	15:44.41	16:15.32
37.603 (37.603)	1:14.855 (37.252)	1:52.002 (37.147)	2:29.577 (37.575)
3:06.909 (37.332)	3:44.720 (37.811)	4:22.146 (37.426)	4:59.668 (37.522)
5:37.849 (38.181)	6:16.299 (38.450)	6:55.221 (38.922)	7:34.249 (39.028)
8:13.908 (39.659)	8:54.229 (40.321)	9:34.422 (40.193)	10:14.335 (39.913)
10:54.662 (40.327)	11:35.223 (40.561)	12:15.818 (40.595)	12:56.091 (40.273)
13:37.136 (41.045)	14:17.982 (40.846)	14:57.933 (39.951)	15:38.496 (40.563)
16:15.318 (36.822)			
15 Halder, Parker	JR Morningside	15:40.30	16:20.90
36.958 (36.958)	1:12.917 (35.959)	1:48.607 (35.690)	2:24.822 (36.215)
3:01.860 (37.038)	3:38.482 (36.622)	4:16.195 (37.713)	4:54.620 (38.425)
5:33.018 (38.398)	6:11.515 (38.497)	6:50.285 (38.770)	7:27.894 (37.609)
8:05.487 (37.593)	8:44.051 (38.564)	9:23.988 (39.937)	10:04.572 (40.584)
10:44.687 (40.115)	11:25.523 (40.836)	12:07.846 (42.323)	12:49.963 (42.117)
13:33.081 (43.118)	14:17.054 (43.973)	14:58.546 (41.492)	15:40.048 (41.502)
16:20.895 (40.847)			
16 Hendrickson, Vaughn	SO Concordia (Neb.)	15:22.06	17:07.60
36.858 (36.858)	1:13.473 (36.615)	1:50.583 (37.110)	2:27.939 (37.356)
3:05.998 (38.059)	3:45.029 (39.031)	4:24.153 (39.124)	5:04.056 (39.903)
5:44.406 (40.350)	6:25.995 (41.589)	7:07.390 (41.395)	7:49.942 (42.552)
8:33.163 (43.221)	9:16.424 (43.261)	10:00.041 (43.617)	10:42.460 (42.419)
11:25.414 (42.954)	12:09.506 (44.092)	12:52.965 (43.459)	13:36.464 (43.499)
14:19.743 (43.279)	15:01.970 (42.227)	15:43.824 (41.854)	16:26.058 (42.234)
17:07.593 (41.535)			
-- VanDeBerg, Ben	SR Northwestern (Iowa)	15:37.20	DNF
38.288 (38.288)	1:15.493 (37.205)	1:53.559 (38.066)	2:32.257 (38.698)
3:11.214 (38.957)	3:50.211 (38.997)	4:29.753 (39.542)	5:10.163 (40.410)
5:51.205 (41.042)	6:32.382 (41.177)	7:13.639 (41.257)	7:55.187 (41.548)
8:37.118 (41.931)	9:19.210 (42.092)	10:01.803 (42.593)	10:44.479 (42.676)
-- Landman, Levi	SR Dordt	15:56.96	DNF
35.786 (35.786)	1:12.293 (36.507)	1:48.290 (35.997)	2:25.871 (37.581)
3:04.208 (38.337)	3:43.303 (39.095)	4:20.681 (37.378)	4:58.163 (37.482)
5:36.040 (37.877)	6:13.387 (37.347)	6:51.475 (38.088)	7:30.771 (39.296)
8:10.493 (39.722)	8:50.778 (40.285)	9:29.383 (38.605)	10:09.900 (40.517)
10:51.114 (41.214)			

Event 11 Men 4x400 Meter Relay

=====						
Meet Record:	G	3:17.18	2025	Dordt, Dordt		
				R Schober, N Schroeder, I Davelaar, P Mauldin		
School		Seed	Finals	H#	Points	
=====						
1 Dordt		3:13.31	3:19.85	2	10	
1) Schelhaas, Levi SR				2) Schroder, Noah JR		
3) Wassenaar, Bennet FR				4) Davelaar, Isaac JR		
49.914 (49.914)	1:40.152 (50.238)	2:30.951 (50.799)	3:19.847 (48.896)			
2 Mount Marty		3:17.65	3:23.31	2	8	
1) Prato, Zavio JR				2) Janvrin, Jet FR		
3) Favaretto, Samuel FR				4) Furstoss, Bastien FR		
50.716 (50.716)	1:42.171 (51.455)	2:32.663 (50.492)	3:23.309 (50.646)			
3 Northwestern (Iowa)		3:16.86	3:23.61	2	6	
1) Slaba, Connor FR				2) Price, Landon FR		
3) Kalvelage, Braden SR				4) Van Sickle, Carson SO		
50.417 (50.417)	1:42.586 (52.169)	2:32.708 (50.122)	3:23.609 (50.901)			

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....Event 11 Men 4x400 Meter Relay

4 Doane				3:18.19	3:26.35	2	5
1) Mulder, Caleb SR			2) Ulmer, Orion SO				
3) Bradley, Connor SR			4) Correa, Aryan FR				
52.690 (52.690)	1:43.354 (50.664)	2:34.724 (51.370)		3:26.341 (51.617)			
5 Concordia (Neb.)				3:19.94	3:26.70	2	4
1) Eaves, Avery FR			2) Corwin, Lucas SO				
3) Kumm, Trenton FR			4) Kehren, Grant FR				
52.177 (52.177)	1:42.815 (50.638)	2:34.641 (51.826)		3:26.693 (52.052)			
6 Waldorf				3:26.38	3:28.27	1	3
1) Armstrong, Cole FR			2) Horton, Xzayvier SR				
3) Hernandez, Christian FR			4) Jones, Jordan FR				
52.404 (52.404)	1:44.498 (52.094)	2:38.179 (53.681)		3:28.269 (50.090)			
7 Hastings				3:26.97	3:29.04	1	2
1) Eggleston, Zane JR			2) Salter, Tyler SR				
3) Phye, Gus FR			4) Struss, Evan SO				
53.325 (53.325)	1:44.808 (51.483)	2:37.617 (52.809)		3:29.039 (51.422)			
8 Midland				3:20.67	3:30.09	2	1
1) Medlock, Chris SO			2) Sherman, Noah JR				
3) Bernard, Ja'Myri SO			4) Steenblok, Koen SO				
52.885 (52.885)	1:44.624 (51.739)	2:38.978 (54.354)		3:30.083 (51.105)			
9 Dakota Wesleyan				3:29.26	3:31.91	1	
1) Stephens, Quincy FR			2) Brozik, Kellen FR				
3) Herrmann, Tayne FR			4) Lemaster, Dustin FR				
53.983 (53.983)	1:47.404 (53.421)	2:39.774 (52.370)		3:31.906 (52.132)			
10 Morningside				3:27.05	3:32.75	1	
1) Kruger, Lane SO			2) Haddix, Cooper FR				
3) Kling, Jack JR			4) Bellis, Laken SO				
53.020 (53.020)	1:47.096 (54.076)	2:39.668 (52.572)		3:32.747 (53.079)			

Event 12 Men 4x800 Meter Relay

=====
 Meet Record: G 7:49.65 2014 Northwestern College, Northwestern
 S. Giddings, L. Hovland, R. Weitgenant, K. Anderson
 School Seed Finals Points
 =====

1 Concordia (Neb.)				7:44.65	7:52.41	10
1) Siek, Keith FR			2) Kumm, Trenton FR			
3) Corwin, Lucas SO			4) Sherman, Justin JR			
1:59.135 (1:59.135)	3:57.600 (1:58.465)	5:54.339 (1:56.739)		7:52.406 (1:58.067)		
2 Dordt				7:42.29	7:53.18	8
1) Wittenberg, Josiah SR			2) Landman, Ezra SO			
3) Obbink, Trace SO			4) May, Sam SR			
1:57.701 (1:57.701)	3:56.885 (1:59.184)	5:54.679 (1:57.794)		7:53.176 (1:58.497)		
3 Northwestern (Iowa)				7:45.40	7:55.17	6
1) Van Sickle, Brady FR			2) Dirks, Dietrich FR			
3) Van Der Werff, Ian FR			4) Van Sickle, Carson SO			
2:00.947 (2:00.947)	3:59.607 (1:58.660)	6:01.189 (2:01.582)		7:55.161 (1:53.972)		
4 Doane					8:04.49	5
1) O'Brien, Nate JR			2) Marez, Eli JR			
3) Fowler, Alex SO			4) Menke, Logan SR			
2:02.035 (2:02.035)	4:01.015 (1:58.980)	6:03.694 (2:02.679)		8:04.485 (2:00.791)		
5 Morningside					8:13.75	4
1) Sonksen, Braden SO			2) Stowater, Logan FR			
3) Small, Jaelonni FR			4) Bellis, Laken SO			
2:02.734 (2:02.734)	4:03.905 (2:01.171)	6:06.538 (2:02.633)		8:13.750 (2:07.212)		

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Results

....Event 12 Men 4x800 Meter Relay

6 Mount Marty	8:17.83	8:23.70	3
1) Massa, Carl SR	2) Conway, Carson SO		
3) Tvedt, Tague SR	4) Nemetz, Drake FR		
2:08.811 (2:08.811)	4:16.839 (2:08.028)	6:16.904 (2:00.065)	8:23.699 (2:06.795)
7 Midland	8:27.88	2	
1) Olsen, Christian SO	2) Vizcaino Fernandez, Jorge FR		
3) Korir, Kelvin SO	4) Vizcaino Fernandez, Victor FR		
2:00.767 (2:00.767)	4:10.158 (2:09.391)	6:16.312 (2:06.154)	8:27.874 (2:11.562)
8 Hastings	7:42.50	8:37.39	1
1) Fields, Corey FR	2) Mages, Ben FR		
3) Yazzie, Henry FR	4) Hernandez, Jordael FR		
2:05.894 (2:05.894)	4:18.231 (2:12.337)	6:26.270 (2:08.039)	8:37.382 (2:11.112)

Event 13 Men Long Jump

Meet Record: G 7.51m 2025 Robert Atwater, Midland									
Name	Year	School	Seed	Finals	H#	Points			
1 Kalvelage, Braden	SR	Northwestern (Iowa)	7.62m	7.45m	24-05.50	2	10		
7.45m	7.04m	7.34m	PASS	PASS	PASS				
2 Cech, Brian	JR	Doane	7.04m	7.26m	23-10.00	2	8		
7.26m	6.89m	FOUL	PASS	PASS	PASS				
3 Schaap, Micah	SR	Dordt	7.21m	7.04m	23-01.25	2	6		
7.01m	7.00m	7.04m	6.79m	6.60m	6.79m				
4 Harms, Andrew	JR	Doane	7.38m	6.88m	22-07.00	2	5		
6.63m	6.68m	6.61m	6.88m	6.54m	PASS				
5 Rodriguez, Michael	SO	Northwestern (Iowa)	6.83m	6.85m	22-05.75	2	4		
6.56m	6.76m	FOUL	6.85m	FOUL	6.64m				
6 McKinney, Callan	SO	Doane	6.78m	J6.85m	22-05.75	1	3		
6.68m	FOUL	FOUL	6.85m	6.32m	FOUL				
7 Wagoner, Maddox	FR	Doane	7.08m	6.82m	22-04.50	2	2		
6.82m	FOUL	FOUL	6.53m	6.63m	6.67m				
8 Scrivner, Jack	FR	Hastings	6.64m	6.62m	21-08.75	1	1		
FOUL	6.50m	6.28m	6.01m	6.62m	6.28m				
9 Watson, Asher	SO	Doane	6.79m	6.60m	21-08.00	2			
FOUL	FOUL	6.60m	6.18m	6.44m	FOUL				
10 Bahm, Mason	FR	Doane	6.57m	6.44m	21-01.50	1			
5.13m	FOUL	6.44m							
11 Gobel, Austin	SO	Mount Marty	6.53m	6.36m	20-10.50	1			
6.36m	FOUL	6.17m							
12 Marks, Tae	FR	Midland	6.68m	6.30m	20-08.00	1			
6.30m	FOUL	6.26m							
13 Sadd, Myles	SR	Concordia (Neb.)	6.91m	6.27m	20-07.00	2			
6.27m	6.11m	6.10m							
14 Defeo, Charles	SO	Hastings	6.44m	6.25m	20-06.25	1			
6.16m	6.16m	6.25m							
15 Marburger, Xavier	SO	Concordia (Neb.)	6.65m	6.10m	20-00.25	1			
5.88m	5.67m	6.10m							
16 Willey, Michael	JR	Doane	6.96m	J6.10m	20-00.25	2			
FOUL	FOUL	6.10m							
17 Schaap, Aidan	SO	Dordt	6.48m	6.09m	19-11.75	1			
FOUL	6.09m	5.96m							
18 Gaunt, Isaiah	SO	Concordia (Neb.)	6.47m	6.06m	19-10.75	1			
6.06m	FOUL	FOUL							

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Results

Event 14 Men Triple Jump

Meet Record: G 15.70m 2015 Augustus Cowan, Briar Cliff										
Name	Year	School	Seed	Finals	H#	Points				
1 Cech, Brian		JR Doane	14.55m	14.61m	47-11.25	2	10			
	14.61m	FOUL	14.46m	14.38m	14.41m	14.36m				
2 McKinney, Callan		SO Doane	14.40m	14.09m	46-02.75	2	8			
	13.79m	12.64m	FOUL	13.60m	FOUL	14.09m				
3 Bahm, Mason		FR Doane	14.38m	13.95m	45-09.25	2	6			
	13.72m	12.51m	13.55m	12.72m	13.95m	13.76m				
4 Walls, Quenton		JR Dakota Wesleyan	13.41m	13.58m	44-06.75	2	5			
	FOUL	13.06m	13.58m	13.27m	12.68m	13.49m				
5 Wagoner, Maddox		FR Doane	13.21m	13.46m	44-02.00	2	4			
	13.36m	12.77m	13.46m	13.10m	12.75m	FOUL				
6 Willey, Michael		JR Doane	13.19m	13.41m	44-00.00	2	3			
	FOUL	13.25m	FOUL	13.08m	FOUL	13.41m				
7 Grotenhuis, Cooper		JR Mount Marty	13.64m	13.35m	43-09.75	2	2			
	12.87m	13.35m	FOUL	13.32m	13.05m	FOUL				
8 Marburger, Xavier		SO Concordia (Neb.)	13.13m	13.34m	43-09.25	1	1			
	FOUL	13.10m	13.09m	FOUL	13.21m	13.34m				
9 Edberg, Jonathan		FR Midland	13.16m	13.29m	43-07.25	2				
	11.56m	13.16m	13.27m	13.28m	13.29m	FOUL				
10 Carter, Jordan		SO Northwestern (Iowa)	12.72m	12.98m	42-07.00	1				
	12.98m	12.55m	12.72m							
11 Bredthauer, Ridge		FR Doane	13.19m	12.95m	42-06.00	2				
	12.95m	FOUL	FOUL							
12 Molina, Esteban		FR Waldorf	12.85m	12.92m	42-04.75	1				
	FOUL	12.79m	12.92m							
13 Black, Zebediah		SO Doane	12.75m	12.86m	42-02.25	1				
	FOUL	12.74m	12.86m							
14 Defeo, Charles		SO Hastings	12.72m	12.80m	42-00.00	1				
	12.80m	FOUL	12.59m							
15 Schaap, Aidan		SO Dordt	12.74m	12.77m	41-10.75	1				
	12.59m	FOUL	12.77m							
16 Odell, Kellan		FR Mount Marty	12.65m	12.49m	40-11.75	1				
	11.99m	12.49m	12.00m							
17 Tietgen, Sawyer		JR Doane	12.53m	12.45m	40-10.25	1				
	12.23m	FOUL	12.45m							
18 Jackson, Avant		FR Waldorf	12.46m	12.18m	39-11.50	1				
	12.18m	11.85m	FOUL							

Event 15 Men High Jump

Meet Record: G 2.15m 2025 Ben Zuch/Robert Atwater, Midland										
Name	Year	School	Seed	Finals	Points					
1 Busker, Grant		SO Dordt	1.95m	1.99m	6-06.25	10				
	1.79	1.84	1.89	1.94	1.99	2.04				
	PPP	PPP	O	XXO	O	XXX				
2 Girmus, Cooper		JR Doane	1.94m	1.99m	6-06.25	8				
	1.79	1.84	1.89	1.94	1.99	2.04				
	PPP	PPP	O	O	XXO	XXX				
3 Harms, Andrew		JR Doane	2.04m	1.94m	6-04.25	6				
	1.79	1.84	1.89	1.94	1.99					
	PPP	PPP	O	O	XXX					

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....Event 16 Men Pole Vault

3	Hill, Evan	SR Concordia (Neb.)	4.81m	4.55m	14-11.00	6
	3.95 4.10 4.25 4.40 4.55 4.65					
	PPP PPP PPP XO XO XXX					
4	Patton, Roe	FR Doane	4.60m	4.40m	14-05.25	5
	3.95 4.10 4.25 4.40 4.55					
	PPP PPP O O XXX					
5	Pulliam, Ashton	JR Doane	4.33m	J4.40m	14-05.25	4
	3.95 4.10 4.25 4.40 4.55					
	PPP PPP O XO XXX					
6	Croghan, Addison	JR Doane	4.18m	4.25m	13-11.25	3
	3.95 4.10 4.25 4.40					
	PPP PPP O XXX					
7	Evenhouse, Micah	FR Dordt	4.40m	J4.25m	13-11.25	2
	3.95 4.10 4.25 4.40					
	PPP XO O XXX					
8	Heins, Micah	SO Concordia (Neb.)	4.21m	4.10m	13-05.25	1
	3.95 4.10 4.25					
	PPP O XXX					
9	Adams, Nathan	JR Dordt	4.25m	J4.10m	13-05.25	
	3.95 4.10 4.25					
	PPP XO XXX					
10	Knott, Edison	FR Doane	4.05m	J4.10m	13-05.25	
	3.95 4.10 4.25					
	O XXO XXX					
10	Johnson, Lane	JR Northwestern (Iowa)	4.15m	J4.10m	13-05.25	
	3.95 4.10 4.25					
	O XXO XXX					
12	Mayo, Zachary	SO Northwestern (Iowa)	4.05m	3.95m	12-11.50	
	3.95 4.10					
	O XXX					
13	van Lien, Jonathan	SO Mount Marty	4.20m	J3.95m	12-11.50	
	3.95 4.10					
	XO XXX					
13	Fergen, isaac	SO Dordt	4.05m	J3.95m	12-11.50	
	3.95 4.10					
	XO XXX					
13	Harris, Carter	SO Dakota Wesleyan	4.05m	J3.95m	12-11.50	
	3.95 4.10					
	XO XXX					
--	Heezen, Talan	FR Dakota Wesleyan	4.05m	NH		
	3.95					
	XXX					
--	Beyer, Michael	SR Mount Marty	4.05m	NH		
	3.95					
	XXX					

Event 17 Men Shot Put

Meet Record: G 18.61m 2/18/2023 Dylan Kucera, Midland

Name	Year School	Seed	Finals	H#	Points
1 Bessler, Cale	SR Doane	16.54m	16.85m	55-03.50	2 10
	16.58m 16.65m 16.85m 16.76m 16.60m FOUL				
2 Schmitz, Andrew	SR Doane	16.31m	16.39m	53-09.25	2 8
	15.36m 15.93m 15.71m 15.43m FOUL 16.39m				

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....Event 17 Men Shot Put

3	Baldwin, Nathan	SO Concordia (Neb.)	15.89m	16.24m	53-03.50	2	6
	15.25m 15.43m 16.08m	FOUL FOUL 16.24m					
4	Dillon, Colton	SR Doane	15.66m	16.21m	53-02.25	2	5
	16.21m 15.15m	FOUL FOUL FOUL FOUL					
5	Brown, Christopher	SR Doane	16.32m	15.63m	51-03.50	2	4
	15.63m	FOUL FOUL FOUL FOUL					
6	Peltzer, Thomas	SO Dordt	15.01m	15.20m	49-10.50	2	3
	14.67m 14.30m 14.44m	FOUL 15.04m 15.20m					
7	Hartman, Sam	JR Doane	14.24m	14.88m	48-10.00	1	2
	FOUL 14.82m 14.88m	FOUL FOUL 14.71m					
8	Hogencamp, Blake	FR Briar Cliff	14.52m	14.60m	47-11.00	1	1
	14.60m 14.55m	FOUL FOUL 14.02m FOUL					
9	Dimmitt, Tad	JR Doane	15.39m	14.45m	47-05.00	2	
	13.87m 13.83m 14.35m	14.45m 14.40m 14.37m					
10	Heynen, Derek	JR Dordt	14.85m	14.34m	47-00.75	2	
	FOUL 13.07m 14.34m						
11	Stokebrand, Cooper	FR Concordia (Neb.)	15.11m	14.25m	46-09.00	2	
	FOUL 13.89m 14.25m						
12	Greenlee, Daniel	FR Northwestern (Iowa)	14.70m	14.15m	46-05.25	1	
	14.15m 14.06m 14.04m						
13	Luehr, Joshua	SO Concordia (Neb.)	14.23m	14.00m	45-11.25	1	
	FOUL FOUL 14.00m						
14	Ostdiek, Byron	FR Concordia (Neb.)	14.12m	13.41m	44-00.00	1	
	FOUL 13.41m FOUL						
15	DeHoyos, Justin	SO Northwestern (Iowa)	14.48m	13.39m	43-11.25	1	
	FOUL FOUL 13.39m						
16	Cannon, DaMarcus	SO Doane	14.74m	13.36m	43-10.00	1	
	FOUL 13.36m FOUL						
17	Folkerts, Jacob	JR Northwestern (Iowa)	14.10m	12.63m	41-05.25	1	
	12.63m FOUL FOUL						
18	Luze, Zach	FR Morningside	14.36m	11.14m	36-06.75	1	
	11.14m FOUL FOUL						

Event 18 Men Weight Throw

=====							
Meet Record: G 21.02m		2012	Gabe Wickhan, Hastings				
Name	Year	School	Seed	Finals		H#	Points
=====							
1	Schmitz, Andrew	SR Doane	17.90m	18.98m	62-03.25	2	10
	FOUL 18.13m 18.11m	17.52m 18.78m 18.98m					
2	Edwards, Josiah	JR Concordia (Neb.)	18.04m	18.42m	60-05.25	2	8
	17.90m 18.13m	FOUL 18.22m FOUL 18.42m					
3	Baldwin, Nathan	SO Concordia (Neb.)	17.58m	18.16m	59-07.00	2	6
	17.72m 17.89m 17.65m	FOUL 17.70m 18.16m					
4	Dimmitt, Tad	JR Doane	17.09m	18.09m	59-04.25	2	5
	16.82m FOUL 16.79m	16.31m 17.41m 18.09m					
5	Beadle, David	SR Hastings	17.84m	17.80m	58-04.75	2	4
	16.42m 17.80m 16.95m	16.77m 16.84m 16.23m					
6	Brown, Christopher	SR Doane	17.31m	17.46m	57-03.50	2	3
	16.34m 16.90m	FOUL 17.41m 17.46m FOUL					
7	Vollenweider, Jaden	JR Doane	17.93m	17.08m	56-00.50	2	2
	17.08m FOUL 16.93m	FOUL FOUL FOUL					
8	Thomas, Thomas	SO Concordia (Neb.)	16.80m	J17.08m	56-00.50	2	1
	16.48m FOUL FOUL	17.08m FOUL FOUL					

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....Event 18 Men Weight Throw

9	Dillon, Colton	SR Doane	16.57m	16.87m	55-04.25	2
	16.35m 16.60m 16.34m 16.18m 16.87m 16.34m					
10	Prochnow, Riley	JR Concordia (Neb.)	16.06m	16.40m	53-09.75	1
	16.40m 15.82m FOUL					
11	Lavaley, Carson	SR Doane	16.17m	16.17m	53-00.75	1
	15.75m 16.05m 16.17m					
12	Hartman, Sam	JR Doane	14.86m	16.02m	52-06.75	1
	16.02m 15.89m 15.56m					
13	Deters, Sawyer	SO Concordia (Neb.)	16.00m	15.80m	51-10.00	1
	FOUL FOUL 15.80m					
14	Peltzer, Thomas	SO Dordt	15.24m	15.49m	50-10.00	1
	FOUL 14.43m 15.49m					
15	Fee, Josh	SR Doane	15.64m	15.38m	50-05.50	1
	15.38m 15.22m 14.65m					
16	Luehr, Joshua	SO Concordia (Neb.)	14.89m	15.23m	49-11.75	1
	14.62m 15.23m 15.23m					
17	Suer, Tyler	JR Concordia (Neb.)	15.18m	15.18m	49-09.75	1
	15.12m 15.18m FOUL					
18	Folkerts, Jacob	JR Northwestern (Iowa)	15.10m	14.37m	47-01.75	1
	FOUL 13.74m 14.37m					

Event 19 Men Heptathlon

Meet Record: G 5307 2015 Kale Wolken, Doane

Name	Year	School	Seed	Finals	H#	Points
1 van Lien, Jonathan	SO	Mount Marty	4910	4897	10	
2 Croghan, Addison	JR	Doane	4817	4852	8	
3 Moore, Hank	SR	Concordia (Neb.)	4322	4772	6	
4 Beyer, Michael	SR	Mount Marty	4530	4487	5	
5 Fleischman, Tysen	FR	Doane	4150	4198	4	
6 Brei, Dylan	JR	Concordia (Neb.)	4072	4190	3	
7 Adams, Nathan	JR	Dordt	3776	4087	2	
8 Unruh, David	FR	Concordia (Neb.)	4089	4048	1	
9 Deseh, James	JR	Mount Marty	4089	3924		
10 Odell, Kellan	FR	Mount Marty	3944	3880		
11 Mathews, Pryor	FR	Doane	4047	3847		
12 Fiser, Maxwell	FR	Doane	3666	3703		
13 Norton, Jonah	SO	Northwestern (Iowa)	3189	3687		
14 Riano Aransay, Marcos	FR	Midland	3850	3664		
15 Westerbur, Jackson	SO	Northwestern (Iowa)	2758	3089		

Event 19 Heptathlon: #1 Men 60 Meter Dash Heptathlon

Meet Record: G 7.03 2014 Kale Wolken, Doane

Name	Year	School	Finals	H#	Points
1 Moore, Hank	SR	Concordia (Neb.)	7.23	3	802
2 Norton, Jonah	SO	Northwestern (Iowa)	7.35	3	762 7.342
3 Beyer, Michael	SR	Mount Marty	7.35	3	762 7.348
4 Brei, Dylan	JR	Concordia (Neb.)	7.41	1	742
5 van Lien, Jonathan	SO	Mount Marty	7.42	1	739
6 Mosetter, Mel-Lucas	FR	Midland	7.43	3	736 7.425
7 Croghan, Addison	JR	Doane	7.43	3	736 7.427
8 Westerbur, Jackson	SO	Northwestern (Iowa)	7.45	2	729

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...Event 19 Heptathlon: #1 Men 60 Meter Dash Heptathlon

9 Deseh, James	JR Mount Marty	7.49	2	716
10 Unruh, David	FR Concordia (Neb.)	7.51	1	710 7.504
11 Fleischman, Tysen	FR Doane	7.51	2	710 7.508
12 Odell, Kellan	FR Mount Marty	7.51	2	710 7.510
13 Fiser, Maxwell	FR Doane	7.60	1	681
14 Mathews, Pryor	FR Doane	7.69	2	653
15 Riano Aransay, Marcos	FR Midland	7.76	1	631
16 Adams, Nathan	JR Dordt	7.96	1	571

Event 19 Heptathlon: #2 Men Long Jump Heptathlon

Meet Record: G 7.48m 2025 Robert Atwater, Midland

Name	Year School	Finals	Points
1 van Lien, Jonathan 6.56m 6.79m PASS	SO Mount Marty	6.79m 22-03.50	764
2 Moore, Hank 6.52m 6.38m 6.41m	SR Concordia (Neb.)	6.52m 21-04.75	702
3 Fleischman, Tysen 6.27m 6.34m 6.45m	FR Doane	6.45m 21-02.00	686
4 Norton, Jonah 6.38m FOUL FOUL	SO Northwestern (Iowa)	6.38m 20-11.25	670
5 Odell, Kellan 6.10m 6.27m 6.11m	FR Mount Marty	6.27m 20-07.00	646
6 Beyer, Michael 6.21m 6.01m FOUL	SR Mount Marty	6.21m 20-04.50	632
7 Croghan, Addison 6.20m FOUL 6.09m	JR Doane	6.20m 20-04.25	630
8 Deseh, James 5.92m 5.88m 6.06m	JR Mount Marty	6.06m 19-10.75	600
9 Brei, Dylan FOUL 5.76m 5.92m	JR Concordia (Neb.)	5.92m 19-05.25	569
10 Riano Aransay, Marcos 5.88m FOUL 5.87m	FR Midland	5.88m 19-03.50	561
11 Adams, Nathan FOUL 5.77m 5.74m	JR Dordt	5.77m 18-11.25	537
12 Unruh, David FOUL FOUL 5.69m	FR Concordia (Neb.)	5.69m 18-08.00	521
13 Westerbur, Jackson 5.27m 5.35m 5.53m	SO Northwestern (Iowa)	5.53m 18-01.75	487
14 Fiser, Maxwell 5.13m 5.35m 4.95m	FR Doane	5.35m 17-06.75	451
15 Mathews, Pryor 3.15m 5.04m PASS	FR Doane	5.04m 16-06.50	390

Event 19 Heptathlon: #3 Men Shot Put Heptathlon

Meet Record: G 13.73m 2014 Kale Wolken, Doane

Name	Year School	Finals	Points
1 Moore, Hank 12.74m 13.15m FOUL	SR Concordia (Neb.)	13.15m 43-01.75	676
2 Croghan, Addison 11.92m 11.66m 12.01m	JR Doane	12.01m 39-05.00	607

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....Event 19 Heptathlon: #3 Men Shot Put Heptathlon

3	Unruh, David	FR Concordia (Neb.)	11.79m	38-08.25	594
	11.79m 11.39m 11.48m				
4	Fiser, Maxwell	FR Doane	11.29m	37-00.50	563
	10.28m 11.14m 11.29m				
5	Brei, Dylan	JR Concordia (Neb.)	10.96m	35-11.50	543
	10.60m 10.38m 10.96m				
5	Mathews, Pryor	FR Doane	10.96m	35-11.50	543
	10.73m FOUL 10.96m				
7	Fleischman, Tysen	FR Doane	10.69m	35-01.00	527
	10.69m 10.56m 10.33m				
8	van Lien, Jonathan	SO Mount Marty	10.63m	34-10.50	524
	10.63m 10.19m FOUL				
9	Deseh, James	JR Mount Marty	10.12m	33-02.50	493
	10.12m FOUL 9.79m				
10	Beyer, Michael	SR Mount Marty	10.06m	33-00.25	489
	10.06m FOUL 10.00m				
11	Westerbur, Jackson	SO Northwestern (Iowa)	9.84m	32-03.50	476
	9.84m FOUL FOUL				
12	Norton, Jonah	SO Northwestern (Iowa)	8.73m	28-07.75	410
	FOUL 8.73m 8.65m				
13	Adams, Nathan	JR Dordt	8.66m	28-05.00	406
	8.52m 7.96m 8.66m				
14	Riano Aransay, Marcos	FR Midland	8.48m	27-10.00	395
	8.23m 8.40m 8.48m				
15	Odell, Kellan	FR Mount Marty	8.01m	26-03.50	367
	FOUL FOUL 8.01m				

Event 19 Heptathlon: #4 Men High Jump Heptathlon

Meet Record: G 2.15m 2025 Robert Atwater, Midland

Name	Year	School	Finals	Points
1 Moore, Hank		SR Concordia (Neb.)	1.83m	6-00.00 653
	1.35 1.38 1.41 1.44 1.47	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86	PPP PPP PPP PPP PPP PPP PPP O XO XXO XXO XO XO XXX	
2 Croghan, Addison		JR Doane	1.80m	5-10.75 627
	1.32 1.35 1.38 1.41 1.44	1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83	PPP PPP PPP PPP PPP PPP PPP O O O XO XXO XXX	
2 van Lien, Jonathan		SO Mount Marty	1.80m	5-10.75 627
	1.32 1.35 1.38 1.41 1.44	1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83	PPP PPP PPP PPP PPP PPP PPP O PPP O XO XO XXO O XXX	
4 Adams, Nathan		JR Dordt	1.77m	5-09.75 602
	1.32 1.35 1.38 1.41 1.44	1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80	PPP PPP PPP PPP PPP PPP PPP O PPP XO O O XXO XO XXX	
5 Mathews, Pryor		FR Doane	1.71m	5-07.25 552
	1.32 1.35 1.38 1.41 1.44	1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74	PPP PPP PPP PPP PPP PPP PPP O PPP PPP XXO XO O XO XXX	
5 Brei, Dylan		JR Concordia (Neb.)	1.71m	5-07.25 552
	1.32 1.35 1.38 1.41 1.44	1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74	PPP XO O XXX	
5 Norton, Jonah		SO Northwestern (Iowa)	1.71m	5-07.25 552
	1.32 1.35 1.38 1.41 1.44	1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74	PPP PPP PPP PPP PPP PPP O PPP O PPP PPP XO XXO XXO XXX	

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....Event 19 Heptathlon: #4 Men High Jump Heptathlon

5	Deseh, James	JR Mount Marty	1.71m	5-07.25	552
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74				
	PPP PPP PPP PPP PPP PPP PPP PPP XO O XO XO XO O XXX				
9	Beyer, Michael	SR Mount Marty	1.65m	5-05.00	504
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68				
	PPP PPP PPP PPP PPP PPP PPP O PPP O XO O XXX				
10	Odell, Kellan	FR Mount Marty	1.62m	5-03.75	480
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65				
	PPP PPP PPP PPP PPP O O O O O XO XXX				
11	Riano Aransay, Marcos	FR Midland	1.59m	5-02.50	457
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62				
	PPP PPP PPP PPP PPP PPP O O O XO XXX				
11	Fleischman, Tysen	FR Doane	1.59m	5-02.50	457
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62				
	PPP PPP PPP PPP PPP PPP PPP XXO XO XXO XXX				
13	Fiser, Maxwell	FR Doane	1.53m	5-00.25	411
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56				
	PPP PPP PPP PPP PPP PPP PPP XO XXX				
14	Westerbur, Jackson	SO Northwestern (Iowa)	1.50m	4-11.00	389
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53				
	O XO XO XO O XO XO XXX				
14	Unruh, David	FR Concordia (Neb.)	1.50m	4-11.00	389
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53				
	PPP PPP PPP PPP PPP XXO O XXX				

Event 19 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Meet Record: G 8.40 2011 Rob Keeney, Doane						
Name	Year	School	Finals	H#	Points	
1	Croghan, Addison	JR Doane	8.50	5	860	
2	van Lien, Jonathan	SO Mount Marty	8.66	5	823	
3	Beyer, Michael	SR Mount Marty	8.88	4	772	
4	Odell, Kellan	FR Mount Marty	8.96	4	755	
5	Moore, Hank	SR Concordia (Neb.)	9.03	3	739	
6	Brei, Dylan	JR Concordia (Neb.)	9.11	3	722	
7	Fleischman, Tysen	FR Doane	9.21	4	700	
8	Mathews, Pryor	FR Doane	9.32	5	677	
9	Riano Aransay, Marcos	FR Midland	9.50	2	639	
10	Deseh, James	JR Mount Marty	9.74	3	591	
11	Fiser, Maxwell	FR Doane	10.05	1	532	
12	Unruh, David	FR Concordia (Neb.)	10.10	1	522	
13	Adams, Nathan	JR Dordt	10.28	2	489	
14	Norton, Jonah	SO Northwestern (Iowa)	10.35	2	477	
15	Westerbur, Jackson	SO Northwestern (Iowa)	11.60	1	279	

Event 19 Heptathlon: #6 Men Pole Vault Heptathlon

Meet Record: G 4.94m 2015 Lucas Wiechman, Concordia																	
Name	Year	School	Finals	Points													
1	Adams, Nathan	JR Dordt	4.28m	14-00.50	696												
	2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88 3.98 4.08 4.18 4.28 4.38																
	PPP XO O O O XXX																

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....Event 19 Heptathlon: #6 Men Pole Vault Heptathlon

2	van Lien, Jonathan	SO Mount Marty	4.08m	13-04.50	640
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88 3.98 4.08 4.18				
	PPP O O O XXO XO XXX				
2	Croghan, Addison	JR Doane	4.08m	13-04.50	640
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88 3.98 4.08 4.18				
	PPP O PPP O O XXX				
2	Unruh, David	FR Concordia (Neb.)	4.08m	13-04.50	640
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88 3.98 4.08 4.18				
	PPP O PPP O PPP XXO XXX				
5	Beyer, Michael	SR Mount Marty	3.88m	12-08.75	584
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88 3.98				
	PPP O O XO XXX				
6	Moore, Hank	SR Concordia (Neb.)	3.38m	11-01.00	451
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48				
	PPP O PPP PPP O PPP XXO PPP O XXO XO XXX				
6	Fleischman, Tysen	FR Doane	3.38m	11-01.00	451
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48				
	O PPP O PPP O O XO XXO XO O XO XXX				
8	Mathews, Pryor	FR Doane	3.28m	10-09.00	426
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38				
	PPP PPP PPP O PPP O O PPP XXO XXO XXX				
8	Odell, Kellan	FR Mount Marty	3.28m	10-09.00	426
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38				
	XO PPP O PPP O O XXO O O XXO XXX				
10	Brei, Dylan	JR Concordia (Neb.)	3.18m	10-05.25	401
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28				
	PPP PPP PPP PPP PPP XO PPP XO O XXX				
11	Riano Aransay, Marcos	FR Midland	3.08m	10-01.25	376
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18				
	PPP PPP PPP PPP PPP PPP PPP O XXX				
11	Fiser, Maxwell	FR Doane	3.08m	10-01.25	376
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18				
	PPP PPP PPP PPP O PPP O O XXX				
13	Norton, Jonah	SO Northwestern (Iowa)	2.88m	9-05.25	328
	2.38 2.48 2.58 2.68 2.78 2.88 2.98				
	PPP O PPP O PPP O XXX				
13	Deseh, James	JR Mount Marty	2.88m	9-05.25	328
	2.38 2.48 2.58 2.68 2.78 2.88 2.98				
	PPP PPP PPP O O O XXX				
13	Westerbur, Jackson	SO Northwestern (Iowa)	2.88m	9-05.25	328
	2.38 2.48 2.58 2.68 2.78 2.88 2.98				
	O XO O XO XXO XXO XXX				

Event 19 Heptathlon: #7 Men 1000 Meter Run Heptathlon

=====					
Meet Record: G 2:40.27 2025 Dayton Brunsting, Dordt					
Name	Year	School	Finals	Points	
=====					
1	Adams, Nathan	JR Dordt	2:48.02	786	
	31.374 (31.374)	1:05.674 (34.300)	1:40.916 (35.242)	2:16.148 (35.232)	
	2:48.013 (31.865)				
2	van Lien, Jonathan	SO Mount Marty	2:48.66	780	
	31.055 (31.055)	1:05.329 (34.274)	1:40.556 (35.227)	2:16.179 (35.623)	
	2:48.654 (32.475)				

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....Event 19 Heptathlon: #7 Men 1000 Meter Run Heptathlon

3 Croghan, Addison	JR Doane	2:51.32	752
32.233 (32.233)	1:06.207 (33.974)	1:41.452 (35.245)	2:17.298 (35.846)
2:51.311 (34.013)			
4 Moore, Hank	SR Concordia (Neb.)	2:51.60	749
32.377 (32.377)	1:07.528 (35.151)	1:43.510 (35.982)	2:17.564 (34.054)
2:51.599 (34.035)			
5 Beyer, Michael	SR Mount Marty	2:52.08	744
32.447 (32.447)	1:07.951 (35.504)	1:44.090 (36.139)	2:19.002 (34.912)
2:52.073 (33.071)			
6 Fiser, Maxwell	FR Doane	2:57.51	689
32.770 (32.770)	1:07.588 (34.818)	1:44.751 (37.163)	2:22.423 (37.672)
2:57.510 (35.087)			
7 Unruh, David	FR Concordia (Neb.)	2:59.25	672
33.029 (33.029)	1:08.372 (35.343)	1:46.087 (37.715)	2:24.494 (38.407)
2:59.248 (34.754)			
8 Fleischman, Tysen	FR Doane	2:59.72	667
34.059 (34.059)	1:09.876 (35.817)	1:47.953 (38.077)	2:26.472 (38.519)
2:59.718 (33.246)			
9 Brei, Dylan	JR Concordia (Neb.)	3:00.29	661
32.580 (32.580)	1:07.822 (35.242)	1:45.167 (37.345)	2:23.481 (38.314)
3:00.289 (36.808)			
10 Deseh, James	JR Mount Marty	3:02.03	644
33.652 (33.652)	1:08.262 (34.610)	1:45.563 (37.301)	2:24.146 (38.583)
3:02.022 (37.876)			
11 Mathews, Pryor	FR Doane	3:06.03	606
33.752 (33.752)	1:09.444 (35.692)	1:48.892 (39.448)	2:29.202 (40.310)
3:06.028 (36.826)			
12 Riano Aransay, Marcos	FR Midland	3:06.15	605
34.489 (34.489)	1:10.831 (36.342)	1:49.430 (38.599)	2:29.442 (40.012)
3:06.148 (36.706)			
13 Odell, Kellan	FR Mount Marty	3:18.31	496
31.793 (31.793)	1:06.599 (34.806)	1:46.491 (39.892)	2:31.708 (45.217)
3:18.308 (46.600)			
14 Norton, Jonah	SO Northwestern (Iowa)	3:19.29	488
34.442 (34.442)	1:10.680 (36.238)	1:50.378 (39.698)	2:35.090 (44.712)
3:19.281 (44.191)			
15 Westerbur, Jackson	SO Northwestern (Iowa)	3:29.93	401
35.659 (35.659)	1:15.980 (40.321)	1:59.987 (44.007)	2:46.371 (46.384)
3:29.927 (43.556)			

Event 20 Women 60 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

=====
 Meet Record: G 7.58 2025 Neryah Hekl, Doane
 Name Year School Seed Prelims H#
 =====

Preliminaries

1 Hekl, Neryah	JR Doane	7.40	G 7.53Q	3
2 Gleason, Tania	SR Doane	7.51	7.61Q	2
3 Skanes, Imani	FR St. Mary (Neb.)	7.67	7.67Q	1
4 Harder, Kenzie	FR Northwestern (Iowa)	7.69	7.69q	1
5 Wemhoff, Elizabeth	FR Doane	7.77	7.73q	3
6 Thompson, RaeAnn	JR Doane	7.70	7.75q	2
7 Huss, Tierney	SO Northwestern (Iowa)	7.84	7.78q	1 7.773
8 Sorensen, Zelie	SR Mount Marty	7.71	7.78q	3 7.779

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...Event 20 Women 60 Meter Dash

9	Even, Alexis	SR Mount Marty	7.81	7.89	2	
10	Altena, Kailee	JR Dordt	8.01	8.00	2	
11	Risler, Caelianna	FR Midland	7.99	8.02	3	8.013
12	McCarter, Adysen	SO Concordia (Neb.)	7.96	8.02	3	8.015
13	Griffin, Aurora	SO Midland	8.04	8.11	1	
14	Reese, Ava	SO Hastings	7.92	8.13	1	
15	Saunders, Cambria	JR Concordia (Neb.)	8.05	8.18	2	

Event 20 Women 60 Meter Dash

=====
 Meet Record: G 7.58 2025 Neryah Hekl, Doane
 Name Year School Prelims Finals H# Points
 =====

Finals

1	Hekl, Neryah	JR Doane	7.53	7.47G	2	10
2	Gleason, Tania	SR Doane	7.61	7.56G	2	8
3	Wemhoff, Elizabeth	FR Doane	7.73	7.67	1	6
4	Huss, Tierney	SO Northwestern (Iowa)	7.78	7.71	1	5
5	Skanes, Imani	FR St. Mary (Neb.)	7.67	7.72	2	4
6	Sorensen, Zelie	SR Mount Marty	7.78	7.75	1	3 7.742
7	Harder, Kenzie	FR Northwestern (Iowa)	7.69	7.75	2	2 7.744
8	Thompson, RaeAnn	JR Doane	7.75	14.94	1	1

Event 21 Women 60 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

=====
 Meet Record: G 8.49 2025 Adrianna Rodencal, Concordia
 Name Year School Seed Prelims H#
 =====

Preliminaries

1	Rodencal, Adrianna	SR Concordia (Neb.)	8.26	G 8.42Q	4
2	Rowe, Jaida	SR Hastings	8.76	8.85Q	3
3	Garrett, Josie	SR Doane	8.87	8.89Q	2
4	Reese, Ava	SO Hastings	8.93	9.06Q	1
5	Nelson, Chaney	JR Doane	9.26	9.27q	4
6	Van Weerdhuizen, Avery	FR Dordt	9.42	9.36q	4
7	Carey, Lucy	SO Hastings	9.01	9.39q	1
8	Haake, Dayle	SO Doane	9.52	9.43q	1
9	Dunn, Carly	FR Northwestern (Iowa)	9.11	9.52	3
10	Svoboda, Kayla	SR Concordia (Neb.)	9.03	9.63	2
11	Deffenbaugh, Dani	JR Dakota Wesleyan	9.78	9.66	3
12	Killinger, Hannah	SO Mount Marty	9.73	9.67	4
13	Kleinhesselink, Payton	SO Northwestern (Iowa)	9.70	9.68	4 9.678
14	Mulhall, Madison	FR Waldorf	9.67	9.68	1 9.679
15	Deumi Nappi, Felicia	FR Doane	9.46	9.78	3
16	Hinojosa, Taylor	SR Mount Marty	9.70	9.84	3
17	Thonvold, Sara	SO Northwestern (Iowa)	9.78	9.86	2
18	Reimer, Addie	JR Concordia (Neb.)	9.67	9.96	2

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Results

Event 21 Women 60 Meter Hurdles

=====							
Meet Record:	G	8.49	2025	Adrianna Rodencal, Concordia			
Name	Year	School	Prelims	Finals	H#	Points	
=====							

Finals							
1	Rodencal, Adrianna	SR	Concordia (Neb.)	8.42	8.44G	2	10
2	Garrett, Josie	SR	Doane	8.89	8.88	2	8
3	Rowe, Jaida	SR	Hastings	8.85	8.90	2	6
4	Reese, Ava	SO	Hastings	9.06	9.08	2	5
5	Nelson, Chaney	JR	Doane	9.27	9.16	1	4
6	Carey, Lucy	SO	Hastings	9.39	9.27	1	3
7	Haake, Dayle	SO	Doane	9.43	9.45	1	2
8	Van Weerdhuizen, Avery	FR	Dordt	9.36	9.57	1	1

Event 22 Women 200 Meter Dash

=====							
Meet Record:	G	24.75	2015	Neeia Cooperwood, Morningside			
Name	Year	School	Seed	Finals	H#	Points	
=====							

1	Gleason, Tania	SR	Doane	24.11	24.41G	5	10
2	Wemhoff, Elizabeth	FR	Doane	24.27	24.71G	5	8
3	Vogt, Kat	SR	Doane	24.35	24.81	5	6
4	Huss, Tierney	SO	Northwestern (Iowa)	25.11	25.16	4	5
5	Rodencal, Adrianna	SR	Concordia (Neb.)	24.96	25.36	4	4
6	Altena, Kailee	JR	Dordt	25.50	25.57	3	3
7	Sorensen, Zelig	SR	Mount Marty	24.97	25.62	4	2
8	Heynen, Anna	SO	Dordt	25.37	25.71	3	1
9	Harder, Kenzie	FR	Northwestern (Iowa)	24.86	25.85	5	
10	Even, Alexis	SR	Mount Marty	25.42	25.95	3	
11	Dekkers, Ada	SO	Dordt	25.73	25.98	2	
12	Zubrod, Tanja	FR	Midland	25.79	26.50	2	
13	Klock, Leah	SO	Dordt	26.17	26.55	1	
14	Kirchner, Kayla	SR	Concordia (Neb.)	25.63	26.59	3	
15	Greene, Rianna	SO	Midland	26.14	26.83	2	

Event 23 Women 400 Meter Dash

=====							
Meet Record:	G	56.24	2014	Sandrae Farquharson, Doane			
Name	Year	School	Seed	Finals	H#	Points	
=====							

1	Vogt, Kat	SR	Doane	54.02	56.47	3	10
	26.634 (26.634)		56.466 (29.832)				
2	Rowe, Jaida	SR	Hastings	55.45	56.68	3	8
	26.842 (26.842)		56.675 (29.833)				
3	Blum, Emma	SR	Northwestern (Iowa)	57.95	58.55	3	6
	26.893 (26.893)		58.546 (31.653)				
4	Zubrod, Tanja	FR	Midland	58.84	58.90	3	5
	27.284 (27.284)		58.899 (31.615)				
5	Dekkers, Ada	SO	Dordt	59.14	58.95	2	4
	26.480 (26.480)		58.948 (32.468)				
6	Kirchner, Kayla	SR	Concordia (Neb.)	59.03	59.30	2	3
	27.951 (27.951)		59.292 (31.341)				
7	Heynen, Anna	SO	Dordt	1:00.02	59.64	2	2
	26.318 (26.318)		59.636 (33.318)				
8	Smith, Kylin	FR	Morningside	59.49	59.94	2	1
	27.627 (27.627)		59.934 (32.307)				

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Results

....Event 23 Women 400 Meter Dash

9	Hejtmanek, Kiley	JR Doane	58.42	59.95	3	
	27.614 (27.614)	59.949 (32.335)				
10	Wollberg, Whitney	FR Mount Marty	58.25	1:00.52	3	
	27.338 (27.338)	1:00.512 (33.174)				
11	Gramstad, Kyndra	FR Northwestern (Iowa)	1:00.14	1:00.75	2	
	27.844 (27.844)	1:00.741 (32.897)				
12	Hilger, Ava	JR St. Mary (Neb.)	1:01.14	1:01.95	1	L
	28.818 (28.818)	1:01.947 (33.129)				
13	Killinger, Hannah	SO Mount Marty	1:01.93	1:02.24	1	
	29.569 (29.569)	1:02.236 (32.667)				
14	Grau, Lindsay	SR Dordt	1:02.34	1:02.69	1	
	29.817 (29.817)	1:02.684 (32.867)				
15	Oswald, Hailey	JR Dakota Wesleyan	1:01.32	1:03.71	1	
	29.589 (29.589)	1:03.702 (34.113)				
--	Shull, Jordan	SO Northwestern (Iowa)	1:00.82	DQ	1	Rule 7.5.2.c
	28.542 (28.542)	1:01.466 (32.924)				

Event 24 Women 600 Meter Run

=====
 Meet Record: G 1:34.05 2025 Danie Parriott, Doane

Name	Year	School	Seed	Finals	H#	Points
1 Buwalda, Shelby		SR Dordt	1:32.51	1:34.29	3	10
	28.065 (28.065)	58.619 (30.554)	1:34.283 (35.664)			
2 Parriott, Danie		SR Doane	1:33.61	1:36.99	3	8
	28.674 (28.674)	1:01.959 (33.285)	1:36.985 (35.026)			
3 Meyer, Jayden		FR Doane	1:36.42	1:37.16	3	6
	28.895 (28.895)	1:02.059 (33.164)	1:37.151 (35.092)			
4 Wercinski, Kaitlyn		SO Dordt	1:37.99	1:37.27	3	5
	29.944 (29.944)	1:02.465 (32.521)	1:37.263 (34.798)			
5 Van Otterloo, Kayla		SO Dordt	1:40.31	1:40.79	2	4
	30.480 (30.480)	1:05.602 (35.122)	1:40.784 (35.182)			
6 Benish, Zaili		FR Doane	1:40.18	1:41.02	2	3
	31.055 (31.055)	1:05.371 (34.316)	1:41.018 (35.647)			
7 Kirchner, Tayden		SO Concordia (Neb.)	1:40.21	1:41.07	2	2
	30.635 (30.635)	1:05.522 (34.887)	1:41.070 (35.548)			
8 Schroeder, Macy		SO Northwestern (Iowa)	1:39.04	1:41.40	3	1
	31.130 (31.130)	1:05.048 (33.918)	1:41.392 (36.344)			
9 Wahlstrom, Josey		SR Mount Marty	1:35.78	1:42.01	3	
	29.529 (29.529)	1:03.101 (33.572)	1:42.005 (38.904)			
10 Lang, Ava		FR Morningside	1:40.40	1:43.57	2	
	30.676 (30.676)	1:05.279 (34.603)	1:43.570 (38.291)			
11 Noteboom, Emily		FR Dordt	1:45.23	1:45.13	1	
	32.173 (32.173)	1:08.603 (36.430)	1:45.121 (36.518)			
12 Miles, Marissa		SO Doane	1:44.65	1:45.45	2	
	32.662 (32.662)	1:08.007 (35.345)	1:45.446 (37.439)			
13 Anderson, Breyer		FR Morningside	1:44.83	1:47.38	1	
	31.725 (31.725)	1:08.834 (37.109)	1:47.378 (38.544)			
14 Punt, Chloe		FR Northwestern (Iowa)	1:45.06	1:48.41	1	
	31.037 (31.037)	1:08.090 (37.053)	1:48.402 (40.312)			
15 Collison, Hadleigh		FR Concordia (Neb.)	1:41.70	1:48.46	2	
	33.352 (33.352)	1:08.874 (35.522)	1:48.456 (39.582)			
16 Ernst, Allison		SO Doane	1:45.89	1:49.10	1	
	34.088 (34.088)	1:10.719 (36.631)	1:49.093 (38.374)			

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....Event 24 Women 600 Meter Run

17 Oswald, Hailey	JR Dakota Wesleyan	1:45.23	1:49.26	1
33.455 (33.455)	1:10.140 (36.685)	1:49.255 (39.115)		
18 Lytle, Madison	JR Doane	1:45.92	1:51.60	1
34.339 (34.339)	1:11.627 (37.288)	1:51.596 (39.969)		

Event 25 Women 800 Meter Run

Meet Record: G 2:13.62 2015 Jessa Sughroue, Doane

Name	Year School	Seed	Finals	H#	Points
1 McKown, Eliza	SR Waldorf	2:15.25	2:14.26	3	10
30.668 (30.668)	1:03.200 (32.532)	1:38.423 (35.223)	2:14.252 (35.829)		
2 DeYoung, Arielle	SO Dordt	2:17.23	2:18.03	3	8
30.271 (30.271)	1:03.408 (33.137)	1:38.921 (35.513)	2:18.023 (39.102)		
3 Sachs, Morgan	SO Morningside	2:18.98	2:21.79	3	6
32.989 (32.989)	1:08.190 (35.201)	1:46.079 (37.889)	2:21.787 (35.708)		
4 Dow, Grace	SO Hastings	2:22.43	2:23.03	2	5
32.595 (32.595)	1:07.778 (35.183)	1:45.059 (37.281)	2:23.030 (37.971)		
5 Liston, Addison	SO Dordt	2:17.60	2:23.42	3	4
32.587 (32.587)	1:07.877 (35.290)	1:45.647 (37.770)	2:23.412 (37.765)		
6 Hursh, Jenna	SO Dordt	2:22.60	2:24.01	2	3
32.606 (32.606)	1:07.335 (34.729)	1:44.416 (37.081)	2:24.010 (39.594)		
7 Hoogland, Elizabeth	FR Dordt	2:21.01	2:24.72	2	2
32.386 (32.386)	1:07.602 (35.216)	1:44.807 (37.205)	2:24.718 (39.911)		
8 Engelmann, Brielle	JR Northwestern (Iowa)	2:23.70	2:25.04	2	1
33.280 (33.280)	1:08.901 (35.621)	1:46.632 (37.731)	2:25.036 (38.404)		
9 Mesz, Jolee	JR Morningside	2:20.94	2:25.34	3	
32.363 (32.363)	1:07.448 (35.085)	1:46.056 (38.608)	2:25.337 (39.281)		
10 Loos, Landri	FR Concordia (Neb.)	2:25.02	2:25.43	1	
32.168 (32.168)	1:07.476 (35.308)	1:46.192 (38.716)	2:25.425 (39.233)		
11 Fryar, Brooklyn	FR Northwestern (Iowa)	2:24.45	2:27.64	1	
34.021 (34.021)	1:10.942 (36.921)	1:49.737 (38.795)	2:27.635 (37.898)		
12 Fosmer, Mira	JR St. Mary (Neb.)	2:20.51	2:27.67	3	
33.715 (33.715)	1:09.430 (35.715)	1:47.652 (38.222)	2:27.667 (40.015)		
13 Davis, Ashlynn	SO Dordt	2:23.91	2:27.69	2	
32.764 (32.764)	1:07.643 (34.879)	1:45.531 (37.888)	2:27.681 (42.150)		
14 Hasemann, Laura	JR Doane	2:25.48	2:27.75	1	
35.765 (35.765)	1:12.486 (36.721)	1:50.554 (38.068)	2:27.742 (37.188)		
15 Romero, Mya	FR Northwestern (Iowa)	2:24.98	2:29.44	1	
34.246 (34.246)	1:11.346 (37.100)	1:50.357 (39.011)	2:29.433 (39.076)		
16 Beikmann, Claire	JR Concordia (Neb.)	2:26.13	2:35.91	1	
34.838 (34.838)	1:14.594 (39.756)	1:56.495 (41.901)	2:35.904 (39.409)		

Event 26 Women 1000 Meter Run

Meet Record: G 2:56.97 2/17/2018 Michelle Mumm, Morningside

Name	Year School	Seed	Finals	H#	Points
1 Braun, Corinne	SO Dordt	2:57.25	2:57.00	2	10
33.299 (33.299)	1:08.934 (35.635)	1:45.495 (36.561)	2:21.890 (36.395)		
2:56.997 (35.107)					
2 Elbert, Olivia	SO St. Mary (Neb.)	2:58.00	3:00.04	2	8
34.487 (34.487)	1:11.678 (37.191)	1:48.885 (37.207)	2:24.600 (35.715)		
3:00.037 (35.437)					

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....Event 26 Women 1000 Meter Run

3 Parriott, Danie	SR Doane	3:03.83	3:05.75	2	6
33.769 (33.769)	1:11.234 (37.465)	1:50.531 (39.297)	2:30.416 (39.885)		
3:05.744 (35.328)					
4 Crow, Adeline	SO Dordt	2:59.03	3:06.35	2	5
34.236 (34.236)	1:11.861 (37.625)	1:50.237 (38.376)	2:29.092 (38.855)		
3:06.346 (37.254)					
5 Snieder, Raegan	FR Dordt	3:06.40	3:06.81	2	4
35.116 (35.116)	1:12.367 (37.251)	1:50.473 (38.106)	2:30.132 (39.659)		
3:06.801 (36.669)					
6 McKown, Eliza	SR Waldorf	3:01.24	3:07.09	2	3
33.903 (33.903)	1:10.849 (36.946)	1:49.636 (38.787)	2:29.690 (40.054)		
3:07.085 (37.395)					
7 Sutter, Brooklyn	FR Hastings	3:02.61	3:07.59	2	2
34.134 (34.134)	1:10.589 (36.455)	1:49.248 (38.659)	2:28.597 (39.349)		
3:07.585 (38.988)					
8 Robertson, Ashley	FR Concordia (Neb.)	3:08.16	3:07.94	1	1
34.643 (34.643)	1:11.816 (37.173)	1:50.984 (39.168)	2:30.114 (39.130)		
3:07.931 (37.817)					
9 DeGroot, Kyrin	FR Dordt	3:08.58	3:08.79	1	
34.027 (34.027)	1:11.111 (37.084)	1:50.460 (39.349)	2:30.419 (39.959)		
3:08.785 (38.366)					
10 Hoogland, Olivia	SO Dordt	3:02.92	3:09.86	2	
34.767 (34.767)	1:12.696 (37.929)	1:51.918 (39.222)	2:31.852 (39.934)		
3:09.856 (38.004)					
11 Tebben, Hope	SO Dordt	3:11.24	3:13.53	1	
34.345 (34.345)	1:12.165 (37.820)	1:51.448 (39.283)	2:31.715 (40.267)		
3:13.527 (41.812)					
12 Ramey, Maddy	JR Doane	3:08.56	3:13.95	1	
35.514 (35.514)	1:13.039 (37.525)	1:52.124 (39.085)	2:33.250 (41.126)		
3:13.942 (40.692)					
13 Hulzebos, Karina	JR Northwestern (Iowa)	3:13.21	3:14.13	1	
34.971 (34.971)	1:13.144 (38.173)	1:53.444 (40.300)	2:34.587 (41.143)		
3:14.126 (39.539)					
14 Brumbaugh, Izzi	FR Concordia (Neb.)	3:12.33	3:14.22	1	
34.178 (34.178)	1:12.856 (38.678)	1:53.195 (40.339)	2:33.319 (40.124)		
3:14.212 (40.893)					
15 Sporrer, Madison	FR Morningside	3:02.85	3:16.06	2	
34.834 (34.834)	1:11.455 (36.621)	1:49.766 (38.311)	2:30.342 (40.576)		
3:16.058 (45.716)					
16 Harris, Rachel	FR Concordia (Neb.)	3:13.02	3:16.53	1	
33.756 (33.756)	1:10.604 (36.848)	1:51.026 (40.422)	2:35.110 (44.084)		
3:16.521 (41.411)					
17 Martinson, Christina	SO Concordia (Neb.)	3:13.87	3:18.59	1	
35.388 (35.388)	1:13.500 (38.112)	1:54.095 (40.595)	2:35.058 (40.963)		
3:18.589 (43.531)					

Event 27 Women 1 Mile Run

=====						
Meet Record: G 4:59.76	2001	Mary Livengood, Doane				
Name	Year	School	Seed	Finals	H#	Points
=====						
1 Crow, Adeline		SO Dordt	5:01.71	5:04.72	2	10
36.563 (36.563)		1:13.682 (37.119)	1:51.851 (38.169)	2:30.165 (38.314)		
3:08.814 (38.649)		3:48.147 (39.333)	4:27.875 (39.728)	5:04.719 (36.844)		

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2	Koole, Joy	FR Dordt	5:07.87	5:06.17	2	8
	37.660 (37.660)	1:14.572 (36.912)	1:52.867 (38.295)	2:31.747 (38.880)		
	3:11.456 (39.709)	3:51.120 (39.664)	4:29.846 (38.726)	5:06.170 (36.324)		
3	Muller, Kara	SO St. Mary (Neb.)	5:05.31	5:09.96	2	6
	38.155 (38.155)	1:15.208 (37.053)	1:53.091 (37.883)	2:31.490 (38.399)		
	3:11.625 (40.135)	3:51.593 (39.968)	4:31.656 (40.063)	5:09.955 (38.299)		
4	Liston, Addison	SO Dordt	5:11.44	5:16.03	2	5
	36.907 (36.907)	1:13.952 (37.045)	1:52.224 (38.272)	2:31.404 (39.180)		
	3:12.432 (41.028)	3:54.386 (41.954)	4:36.593 (42.207)	5:16.023 (39.430)		
5	Henderson, Carly	SO St. Mary (Neb.)	5:12.11	5:16.52	2	4
	39.551 (39.551)	1:19.241 (39.690)	2:00.598 (41.357)	2:42.169 (41.571)		
	3:22.557 (40.388)	4:01.858 (39.301)	4:39.901 (38.043)	5:16.519 (36.618)		
6	Hoogland, Olivia	SO Dordt	5:12.79	5:17.90	2	3
	37.295 (37.295)	1:14.820 (37.525)	1:53.780 (38.960)	2:33.861 (40.081)		
	3:14.737 (40.876)	3:56.453 (41.716)	4:38.246 (41.793)	5:17.896 (39.650)		
7	Ramey, Maddy	JR Doane	5:18.12	5:24.40	2	2
	39.966 (39.966)	1:19.106 (39.140)	1:58.477 (39.371)	2:38.650 (40.173)		
	3:20.191 (41.541)	4:02.156 (41.965)	4:44.311 (42.155)	5:24.397 (40.086)		
8	Craft, Kiley	SR St. Mary (Neb.)	5:15.87	5:24.84	2	1
	39.805 (39.805)	1:19.403 (39.598)	2:00.627 (41.224)	2:42.347 (41.720)		
	3:22.843 (40.496)	4:02.845 (40.002)	4:43.735 (40.890)	5:24.838 (41.103)		
9	Beisswenger, Estefana	FR Morningside	5:17.92	5:25.96	2	
	38.915 (38.915)	1:17.230 (38.315)	1:57.304 (40.074)	2:38.632 (41.328)		
	3:21.172 (42.540)	4:03.884 (42.712)	4:45.985 (42.101)	5:25.960 (39.975)		
10	Mead, Corinne	SR St. Mary (Neb.)	5:22.74	5:30.47	1	
	44.393 (44.393)	1:23.727 (39.334)	2:03.906 (40.179)	2:44.650 (40.744)		
	3:25.570 (40.920)	4:07.851 (42.281)	4:49.988 (42.137)	5:30.469 (40.481)		
11	Karnik, Josie	SO St. Mary (Neb.)	5:22.35	5:37.31	1	
	45.145 (45.145)	1:23.873 (38.728)	2:04.029 (40.156)	2:44.866 (40.837)		
	3:26.013 (41.147)	4:08.850 (42.837)	4:53.157 (44.307)	5:37.303 (44.146)		
12	Hough, Allison	JR Northwestern (Iowa)	5:34.00	5:39.62	1	
	44.863 (44.863)	1:24.918 (40.055)	2:05.808 (40.890)	2:47.890 (42.082)		
	3:30.968 (43.078)	4:14.816 (43.848)	4:58.722 (43.906)	5:39.616 (40.894)		
13	Pollreisz, Ella	FR Dakota Wesleyan	5:35.52	5:40.73	1	
	44.623 (44.623)	1:24.511 (39.888)	2:05.158 (40.647)	2:46.528 (41.370)		
	3:29.509 (42.981)	4:13.731 (44.222)	4:59.454 (45.723)	5:40.724 (41.270)		
14	Kraayenbrink, Olivia	SO Dordt	5:35.84	5:41.06	1	
	44.929 (44.929)	1:24.655 (39.726)	2:04.339 (39.684)	2:45.321 (40.982)		
	3:27.392 (42.071)	4:11.235 (43.843)	4:56.968 (45.733)	5:41.054 (44.086)		
15	Morey, Emma	JR Dordt	5:39.39	5:43.16	1	
	45.436 (45.436)	1:25.338 (39.902)	2:06.196 (40.858)	2:48.076 (41.880)		
	3:30.731 (42.655)	4:14.483 (43.752)	4:59.517 (45.034)	5:43.153 (43.636)		
16	Juan Jesus, Yenifer	JR St. Mary (Neb.)	5:46.40	5:47.58	1	
	45.358 (45.358)	1:25.624 (40.266)	2:06.976 (41.352)	2:50.758 (43.782)		
	3:34.035 (43.277)	4:19.320 (45.285)	5:05.721 (46.401)	5:47.575 (41.854)		
17	VanDerWerff, Elin	FR Northwestern (Iowa)	5:37.97	5:48.33	1	
	45.224 (45.224)	1:25.076 (39.852)	2:07.068 (41.992)	2:50.372 (43.304)		
	3:34.083 (43.711)	4:19.567 (45.484)	5:05.506 (45.939)	5:48.328 (42.822)		
18	Kelly, Evie	FR St. Mary (Neb.)	5:53.06	5:53.17	1	
	46.849 (46.849)	1:28.980 (42.131)	2:11.131 (42.151)	2:55.492 (44.361)		
	3:40.112 (44.620)	4:24.847 (44.735)	5:10.315 (45.468)	5:53.165 (42.850)		

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026

Rozenboom Family Athletic Center

Results

Event 28 Women 3000 Meter Run

=====							
Meet Record: G 10:05.68		2024	Jessica Kampmann, Dordt				
Name	Year	School	Seed	Finals	Points		
=====							
1	Koole, Joy	FR Dordt	10:00.97	10:14.38	10		
	38.160 (38.160)	1:18.807 (40.647)	2:00.069 (41.262)	2:40.756 (40.687)			
	3:22.732 (41.976)	4:04.334 (41.602)	4:46.416 (42.082)	5:27.278 (40.862)			
	6:08.892 (41.614)	6:50.885 (41.993)	7:33.517 (42.632)	8:15.604 (42.087)			
	8:57.175 (41.571)	9:37.437 (40.262)	10:14.378 (36.941)				
2	Sporrer, Courtney	SR Morningside	10:04.71	10:18.33	8		
	37.190 (37.190)	1:17.799 (40.609)	1:58.875 (41.076)	2:39.914 (41.039)			
	3:21.090 (41.176)	4:01.763 (40.673)	4:42.162 (40.399)	5:23.292 (41.130)			
	6:05.030 (41.738)	6:47.208 (42.178)	7:29.771 (42.563)	8:13.248 (43.477)			
	8:56.521 (43.273)	9:38.738 (42.217)	10:18.324 (39.586)				
3	Marshall, Macy	FR Dordt	10:31.89	10:31.24	6		
	38.479 (38.479)	1:19.083 (40.604)	2:00.402 (41.319)	2:41.190 (40.788)			
	3:23.184 (41.994)	4:03.998 (40.814)	4:46.595 (42.597)	5:28.133 (41.538)			
	6:11.443 (43.310)	6:55.141 (43.698)	7:39.425 (44.284)	8:23.985 (44.560)			
	9:08.752 (44.767)	9:51.715 (42.963)	10:31.233 (39.518)				
4	Burtis, Jeni	SR Dordt	10:21.76	10:38.25	5		
	39.613 (39.613)	1:20.565 (40.952)	2:02.927 (42.362)	2:45.503 (42.576)			
	3:28.595 (43.092)	4:11.406 (42.811)	4:54.979 (43.573)	5:37.932 (42.953)			
	6:22.031 (44.099)	7:06.005 (43.974)	7:50.187 (44.182)	8:34.467 (44.280)			
	9:18.652 (44.185)	10:00.769 (42.117)	10:38.242 (37.473)				
5	Thong, Hannah	SO Dordt	10:24.20	10:41.35	4		
	38.710 (38.710)	1:19.565 (40.855)	2:00.739 (41.174)	2:42.263 (41.524)			
	3:23.851 (41.588)	4:05.136 (41.285)	4:47.453 (42.317)	5:30.418 (42.965)			
	6:13.854 (43.436)	6:57.194 (43.340)	7:41.802 (44.608)	8:27.463 (45.661)			
	9:13.274 (45.811)	9:59.004 (45.730)	10:41.348 (42.344)				
6	Koerner, Jada	JR Dordt	10:32.62	10:43.36	3		
	39.457 (39.457)	1:20.104 (40.647)	2:02.332 (42.228)	2:45.190 (42.858)			
	3:28.809 (43.619)	4:11.597 (42.788)	4:55.394 (43.797)	5:38.212 (42.818)			
	6:22.144 (43.932)	7:06.612 (44.468)	7:51.460 (44.848)	8:35.653 (44.193)			
	9:20.994 (45.341)	10:03.910 (42.916)	10:43.357 (39.447)				
7	Muller, Kara	SO St. Mary (Neb.)	10:54.29	10:48.98	2		
	42.939 (42.939)	1:25.720 (42.781)	2:06.641 (40.921)	2:47.838 (41.197)			
	3:29.289 (41.451)	4:12.168 (42.879)	4:55.228 (43.060)	5:38.803 (43.575)			
	6:22.826 (44.023)	7:07.075 (44.249)	7:52.680 (45.605)	8:38.200 (45.520)			
	9:22.904 (44.704)	10:06.545 (43.641)	10:48.973 (42.428)				
8	Opfer, Jessica	SR Dordt	10:41.41	10:51.99	1		
	40.034 (40.034)	1:20.955 (40.921)	2:03.228 (42.273)	2:45.848 (42.620)			
	3:28.862 (43.014)	4:11.858 (42.996)	4:55.372 (43.514)	5:39.048 (43.676)			
	6:23.475 (44.427)	7:08.054 (44.579)	7:52.983 (44.929)	8:37.806 (44.823)			
	9:23.517 (45.711)	10:09.061 (45.544)	10:51.989 (42.928)				
9	De Groot, Emily	SR Northwestern (Iowa)	10:33.43	10:53.89			
	43.440 (43.440)	1:25.851 (42.411)	2:08.397 (42.546)	2:51.857 (43.460)			
	3:35.432 (43.575)	4:19.416 (43.984)	5:03.497 (44.081)	5:47.376 (43.879)			
	6:31.332 (43.956)	7:16.158 (44.826)	8:00.922 (44.764)	8:45.610 (44.688)			
	9:30.438 (44.828)	10:14.262 (43.824)	10:53.886 (39.624)				
10	Spencer, Kayden	JR Northwestern (Iowa)	10:40.92	10:58.88			
	44.105 (44.105)	1:27.881 (43.776)	2:11.645 (43.764)	2:55.298 (43.653)			
	3:39.138 (43.840)	4:22.787 (43.649)	5:07.124 (44.337)	5:51.916 (44.792)			
	6:35.168 (43.252)	7:19.044 (43.876)	8:03.109 (44.065)	8:47.771 (44.662)			
	9:32.115 (44.344)	10:15.802 (43.687)	10:58.874 (43.072)				

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026

Rozenboom Family Athletic Center

Results

....Event 28 Women 3000 Meter Run

11 Joiner, Courtney	SR Dordt	10:38.20	10:59.35
43.422 (43.422)	1:25.164 (41.742)	2:06.488 (41.324)	2:48.599 (42.111)
3:32.092 (43.493)	4:15.830 (43.738)	4:59.698 (43.868)	5:44.479 (44.781)
6:29.887 (45.408)	7:15.954 (46.067)	8:02.123 (46.169)	8:48.419 (46.296)
9:35.318 (46.899)	10:21.501 (46.183)	10:59.345 (37.844)	
12 Zwart, Elyse	FR Dordt	10:50.72	11:00.81
38.814 (38.814)	1:19.663 (40.849)	2:00.864 (41.201)	2:42.672 (41.808)
3:24.708 (42.036)	4:07.323 (42.615)	4:52.048 (44.725)	5:38.243 (46.195)
6:23.240 (44.997)	7:09.566 (46.326)	7:57.645 (48.079)	8:45.271 (47.626)
9:32.518 (47.247)	10:18.784 (46.266)	11:00.809 (42.025)	
13 Ryan, Gabby	JR Morningside	10:38.62	11:01.70
43.307 (43.307)	1:25.511 (42.204)	2:07.101 (41.590)	2:49.454 (42.353)
3:32.872 (43.418)	4:16.313 (43.441)	5:01.059 (44.746)	5:46.647 (45.588)
6:31.021 (44.374)	7:16.418 (45.397)	8:01.658 (45.240)	8:47.843 (46.185)
9:32.733 (44.890)	10:17.786 (45.053)	11:01.699 (43.913)	
14 Stepanek, Alison	FR Concordia (Neb.)	11:03.67	11:08.37
42.500 (42.500)	1:24.887 (42.387)	2:05.660 (40.773)	2:48.145 (42.485)
3:32.004 (43.859)	4:16.683 (44.679)	5:02.046 (45.363)	5:46.282 (44.236)
6:33.144 (46.862)	7:19.709 (46.565)	8:07.167 (47.458)	8:55.201 (48.034)
9:42.468 (47.267)	10:29.510 (47.042)	11:08.367 (38.857)	
15 Beisswenger, Estefana	FR Morningside	10:39.86	11:15.97
43.711 (43.711)	1:26.321 (42.610)	2:09.167 (42.846)	2:52.967 (43.800)
3:37.439 (44.472)	4:22.662 (45.223)	5:06.983 (44.321)	5:51.987 (45.004)
6:38.366 (46.379)	7:25.594 (47.228)	8:12.653 (47.059)	8:58.869 (46.216)
9:45.459 (46.590)	10:31.638 (46.179)	11:15.968 (44.330)	
16 Rogge, London	JR Morningside	11:04.84	11:16.91
44.574 (44.574)	1:28.178 (43.604)	2:12.079 (43.901)	2:55.688 (43.609)
3:39.476 (43.788)	4:23.371 (43.895)	5:07.912 (44.541)	5:53.756 (45.844)
6:39.635 (45.879)	7:26.725 (47.090)	8:13.992 (47.267)	9:00.050 (46.058)
9:46.219 (46.169)	10:32.522 (46.303)	11:16.908 (44.386)	
17 Craft, Kiley	SR St. Mary (Neb.)	11:00.70	11:25.51
44.323 (44.323)	1:27.242 (42.919)	2:11.635 (44.393)	2:54.928 (43.293)
3:38.742 (43.814)	4:22.367 (43.625)	5:06.714 (44.347)	5:52.264 (45.550)
6:38.205 (45.941)	7:26.450 (48.245)	8:14.572 (48.122)	9:02.800 (48.228)
9:51.103 (48.303)	10:39.125 (48.022)	11:25.506 (46.381)	

Event 29 Women 5000 Meter Run

=====					
Meet Record: G 17:32.62	2014	Gabi Jenkins, Neb Wesleyan			
Name	Year	School	Seed	Finals	Points
=====					
1 Thong, Hannah		SO Dordt	18:19.90	18:28.56	10
43.442 (43.442)		1:26.673 (43.231)	2:09.863 (43.190)	2:54.110 (44.247)	
3:36.586 (42.476)		4:18.950 (42.364)	5:02.448 (43.498)	5:46.341 (43.893)	
6:30.757 (44.416)		7:15.019 (44.262)	7:57.973 (42.954)	8:41.220 (43.247)	
9:25.425 (44.205)		10:10.578 (45.153)	10:56.153 (45.575)	11:42.157 (46.004)	
12:27.941 (45.784)		13:14.006 (46.065)	14:00.341 (46.335)	14:46.391 (46.050)	
15:31.786 (45.395)		16:16.919 (45.133)	17:02.614 (45.695)	17:46.376 (43.762)	
18:28.552 (42.176)					

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026**Rozenboom Family Athletic Center****Results****....Event 29 Women 5000 Meter Run**

2 Opfer, Jessica	SR Dordt	18:17.05	18:33.91	8
42.991 (42.991)	1:26.367 (43.376)	2:09.549 (43.182)	2:53.853 (44.304)	
3:36.310 (42.457)	4:18.681 (42.371)	5:02.151 (43.470)	5:46.138 (43.987)	
6:30.129 (43.991)	7:14.782 (44.653)	7:58.246 (43.464)	8:41.665 (43.419)	
9:25.919 (44.254)	10:11.158 (45.239)	10:56.543 (45.385)	11:41.853 (45.310)	
12:27.680 (45.827)	13:13.613 (45.933)	13:59.240 (45.627)	14:45.323 (46.083)	
15:31.783 (46.460)	16:18.739 (46.956)	17:05.356 (46.617)	17:51.244 (45.888)	
18:33.906 (42.662)				
3 Webb, Isabella	JR Dordt	18:27.13	18:34.01	6
43.129 (43.129)	1:26.440 (43.311)	2:09.663 (43.223)	2:53.776 (44.113)	
3:35.944 (42.168)	4:18.187 (42.243)	5:01.563 (43.376)	5:45.603 (44.040)	
6:29.894 (44.291)	7:14.590 (44.696)	7:58.629 (44.039)	8:43.319 (44.690)	
9:28.885 (45.566)	10:14.512 (45.627)	11:00.892 (46.380)	11:46.609 (45.717)	
12:32.859 (46.250)	13:19.033 (46.174)	14:05.091 (46.058)	14:51.837 (46.746)	
15:37.353 (45.516)	16:23.343 (45.990)	17:09.390 (46.047)	17:53.818 (44.428)	
18:34.008 (40.190)				
4 Joiner, Courtney	SR Dordt	18:41.88	18:37.28	5
44.186 (44.186)	1:26.997 (42.811)	2:10.206 (43.209)	2:53.707 (43.501)	
3:36.090 (42.383)	4:18.411 (42.321)	5:01.879 (43.468)	5:45.931 (44.052)	
6:30.612 (44.681)	7:15.341 (44.729)	7:59.641 (44.300)	8:44.536 (44.895)	
9:30.345 (45.809)	10:16.390 (46.045)	11:03.224 (46.834)	11:49.725 (46.501)	
12:36.923 (47.198)	13:23.336 (46.413)	14:09.421 (46.085)	14:55.773 (46.352)	
15:42.044 (46.271)	16:28.696 (46.652)	17:14.471 (45.775)	17:59.832 (45.361)	
18:37.274 (37.442)				
5 Spencer, Kayden	JR Northwestern (Iowa)	18:43.29	18:39.56	4
44.843 (44.843)	1:28.894 (44.051)	2:13.592 (44.698)	2:58.846 (45.254)	
3:43.826 (44.980)	4:28.705 (44.879)	5:12.987 (44.282)	5:57.480 (44.493)	
6:42.349 (44.869)	7:26.685 (44.336)	8:11.003 (44.318)	8:54.929 (43.926)	
9:39.199 (44.270)	10:23.565 (44.366)	11:07.824 (44.259)	11:52.411 (44.587)	
12:37.233 (44.822)	13:22.238 (45.005)	14:07.343 (45.105)	14:52.794 (45.451)	
15:38.369 (45.575)	16:24.185 (45.816)	17:10.144 (45.959)	17:56.116 (45.972)	
18:39.560 (43.444)				
6 Burtis, Jeni	SR Dordt	18:04.41	18:46.99	3
43.604 (43.604)	1:26.751 (43.147)	2:10.003 (43.252)	2:54.198 (44.195)	
3:36.849 (42.651)	4:19.167 (42.318)	5:02.695 (43.528)	5:46.581 (43.886)	
6:31.001 (44.420)	7:15.291 (44.290)	7:59.093 (43.802)	8:43.625 (44.532)	
9:29.192 (45.567)	10:15.016 (45.824)	11:00.476 (45.460)	11:46.188 (45.712)	
12:32.432 (46.244)	13:18.797 (46.365)	14:04.872 (46.075)	14:52.615 (47.743)	
15:40.935 (48.320)	16:29.173 (48.238)	17:17.053 (47.880)	18:03.639 (46.586)	
18:46.989 (43.350)				
7 Ryan, Gabby	JR Morningside	18:50.58	18:54.25	2
44.771 (44.771)	1:27.937 (43.166)	2:11.499 (43.562)	2:55.060 (43.561)	
3:38.698 (43.638)	4:22.224 (43.526)	5:06.346 (44.122)	5:51.306 (44.960)	
6:36.013 (44.707)	7:21.525 (45.512)	8:07.041 (45.516)	8:52.551 (45.510)	
9:38.538 (45.987)	10:23.870 (45.332)	11:08.873 (45.003)	11:55.766 (46.893)	
12:43.660 (47.894)	13:31.299 (47.639)	14:19.630 (48.331)	15:07.767 (48.137)	
15:54.507 (46.740)	16:40.842 (46.335)	17:26.404 (45.562)	18:12.321 (45.917)	
18:54.241 (41.920)				

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026**Rozenboom Family Athletic Center****Results****....Event 29 Women 5000 Meter Run**

8 De Groot, Emily	SR Northwestern (Iowa)	18:27.09	19:00.14	1
44.105 (44.105)	1:26.951 (42.846)	2:10.324 (43.373)	2:54.364 (44.040)	
3:37.213 (42.849)	4:20.480 (43.267)	5:04.806 (44.326)	5:49.544 (44.738)	
6:33.364 (43.820)	7:18.992 (45.628)	8:03.255 (44.263)	8:48.743 (45.488)	
9:34.769 (46.026)	10:20.488 (45.719)	11:06.678 (46.190)	11:52.544 (45.866)	
12:37.691 (45.147)	13:24.047 (46.356)	14:10.796 (46.749)	14:59.331 (48.535)	
15:47.316 (47.985)	16:38.103 (50.787)	17:27.269 (49.166)	18:16.521 (49.252)	
19:00.133 (43.612)				
9 Farin, Maite	SO Midland	19:19.62	19:15.75	
45.296 (45.296)	1:29.266 (43.970)	2:14.584 (45.318)	3:01.512 (46.928)	
3:46.745 (45.233)	4:31.628 (44.883)	5:16.575 (44.947)	6:02.387 (45.812)	
6:48.699 (46.312)	7:34.173 (45.474)	8:19.702 (45.529)	9:06.775 (47.073)	
9:53.022 (46.247)	10:39.323 (46.301)	11:26.538 (47.215)	12:13.606 (47.068)	
13:01.084 (47.478)	13:48.906 (47.822)	14:37.019 (48.113)	15:25.124 (48.105)	
16:11.814 (46.690)	16:58.688 (46.874)	17:46.165 (47.477)	18:32.023 (45.858)	
19:15.748 (43.725)				
10 Catron, Delaney	JR Doane	19:34.47	19:22.97	
46.801 (46.801)	1:31.223 (44.422)	2:18.220 (46.997)	3:04.760 (46.540)	
3:50.243 (45.483)	4:35.809 (45.566)	5:21.812 (46.003)	6:08.001 (46.189)	
6:54.192 (46.191)	7:39.917 (45.725)	8:25.556 (45.639)	9:11.503 (45.947)	
9:57.820 (46.317)	10:44.561 (46.741)	11:30.916 (46.355)	12:17.917 (47.001)	
13:05.819 (47.902)	13:53.868 (48.049)	14:41.677 (47.809)	15:29.699 (48.022)	
16:18.055 (48.356)	17:06.324 (48.269)	17:54.563 (48.239)	18:40.845 (46.282)	
19:22.967 (42.122)				
11 Rogge, London	JR Morningside	19:15.45	19:24.90	
46.232 (46.232)	1:30.443 (44.211)	2:15.270 (44.827)	3:02.051 (46.781)	
3:46.955 (44.904)	4:31.853 (44.898)	5:16.795 (44.942)	6:02.495 (45.700)	
6:48.792 (46.297)	7:33.742 (44.950)	8:19.355 (45.613)	9:06.399 (47.044)	
9:53.467 (47.068)	10:40.628 (47.161)	11:27.783 (47.155)	12:14.711 (46.928)	
13:02.194 (47.483)	13:50.474 (48.280)	14:39.239 (48.765)	15:27.720 (48.481)	
16:16.009 (48.289)	17:05.026 (49.017)	17:53.003 (47.977)	18:39.849 (46.846)	
19:24.894 (45.045)				
12 Bergstrom, Maddie	SO Midland	19:30.60	19:27.21	
46.063 (46.063)	1:30.258 (44.195)	2:14.932 (44.674)	3:01.859 (46.927)	
3:47.266 (45.407)	4:32.236 (44.970)	5:17.499 (45.263)	6:03.234 (45.735)	
6:49.665 (46.431)	7:36.370 (46.705)	8:23.193 (46.823)	9:10.623 (47.430)	
9:58.168 (47.545)	10:45.571 (47.403)	11:33.476 (47.905)	12:21.736 (48.260)	
13:10.068 (48.332)	13:58.134 (48.066)	14:46.060 (47.926)	15:34.016 (47.956)	
16:21.731 (47.715)	17:09.941 (48.210)	17:57.329 (47.388)	18:43.099 (45.770)	
19:27.210 (44.111)				
13 Lippold, Kenzy	SO Doane	19:27.56	19:29.86	
45.221 (45.221)	1:27.677 (42.456)	2:11.135 (43.458)	2:54.931 (43.796)	
3:38.359 (43.428)	4:22.540 (44.181)	5:07.680 (45.140)	5:53.577 (45.897)	
6:39.884 (46.307)	7:25.611 (45.727)	8:11.517 (45.906)	8:59.496 (47.979)	
9:48.721 (49.225)	10:37.738 (49.017)	11:26.839 (49.101)	12:15.045 (48.206)	
13:03.705 (48.660)	13:52.241 (48.536)	14:41.521 (49.280)	15:28.956 (47.435)	
16:17.501 (48.545)	17:06.766 (49.265)	17:55.990 (49.224)	18:45.043 (49.053)	
19:29.859 (44.816)				

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Results

....Event 29 Women 5000 Meter Run

14 Stepanek, Alison	FR Concordia (Neb.)	19:11.66	19:32.33
44.611 (44.611)	1:27.597 (42.986)	2:11.085 (43.488)	2:54.631 (43.546)
3:37.479 (42.848)	4:20.732 (43.253)	5:04.973 (44.241)	5:49.546 (44.573)
6:33.315 (43.769)	7:17.052 (43.737)	8:02.758 (45.706)	8:49.012 (46.254)
9:35.165 (46.153)	10:21.977 (46.812)	11:09.697 (47.720)	11:58.438 (48.741)
12:48.711 (50.273)	13:40.516 (51.805)	14:33.682 (53.166)	15:26.088 (52.406)
16:17.911 (51.823)	17:08.291 (50.380)	17:58.240 (49.949)	18:47.362 (49.122)
19:32.325 (44.963)			
15 Sullivan, Eden	SO Dordt	19:36.54	19:36.88
45.912 (45.912)	1:30.997 (45.085)	2:18.132 (47.135)	3:04.621 (46.489)
3:50.024 (45.403)	4:35.600 (45.576)	5:21.512 (45.912)	6:07.600 (46.088)
6:54.326 (46.726)	7:40.238 (45.912)	8:25.903 (45.665)	9:12.300 (46.397)
9:59.190 (46.890)	10:46.635 (47.445)	11:34.745 (48.110)	12:22.969 (48.224)
13:11.092 (48.123)	13:59.011 (47.919)	14:47.014 (48.003)	15:35.270 (48.256)
16:25.618 (50.348)	17:15.462 (49.844)	18:04.824 (49.362)	18:52.775 (47.951)
19:36.878 (44.103)			
16 Bradford, Alison	SO Doane	19:35.07	19:51.17
46.335 (46.335)	1:30.958 (44.623)	2:17.937 (46.979)	3:04.522 (46.585)
3:49.997 (45.475)	4:35.569 (45.572)	5:21.644 (46.075)	6:07.905 (46.261)
6:55.012 (47.107)	7:40.822 (45.810)	8:27.721 (46.899)	9:16.152 (48.431)
10:04.787 (48.635)	10:53.073 (48.286)	11:41.074 (48.001)	12:29.761 (48.687)
13:17.349 (47.588)	14:07.192 (49.843)	14:57.367 (50.175)	15:47.849 (50.482)
16:38.000 (50.151)	17:27.667 (49.667)	18:18.644 (50.977)	19:08.051 (49.407)
19:51.167 (43.116)			
17 Billings, Kristen	FR Doane	19:30.34	19:56.00
45.689 (45.689)	1:30.700 (45.011)	2:17.841 (47.141)	3:04.401 (46.560)
3:49.871 (45.470)	4:35.369 (45.498)	5:21.289 (45.920)	6:07.276 (45.987)
6:54.080 (46.804)	7:39.855 (45.775)	8:26.206 (46.351)	9:12.922 (46.716)
10:00.103 (47.181)	10:48.639 (48.536)	11:38.128 (49.489)	12:28.041 (49.913)
13:17.833 (49.792)	14:08.391 (50.558)	14:58.168 (49.777)	15:48.363 (50.195)
16:38.464 (50.101)	17:28.659 (50.195)	18:19.460 (50.801)	19:08.886 (49.426)
19:55.997 (47.111)			

Event 30 Women 4x400 Meter Relay

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Meet Record: G 3:56.28 2020 Concordia University, Concordia
J. Pfeifer, S. Lewis, K. Mogul, R. Battershell

School	Seed	Finals	H#	Points
1 Doane	3:47.35	3:52.63G	2	10
1) Vogt, Kat SR				
2) Gleason, Tania SR				
3) Hejtmanek, Kiley JR				
4) Meyer, Jayden FR				
57.004 (57.004)	1:54.339 (57.335)	2:54.341 (1:00.002)	3:52.625	(58.284)
2 Dordt	3:49.67	3:53.80G	2	8
1) Wercinski, Kaitlyn SO				
2) DeYoung, Arielle SO				
3) Dekkers, Ada SO				
4) Buwalda, Shelby SR				
59.450 (59.450)	1:58.563 (59.113)	2:56.942 (58.379)	3:53.792	(56.850)
3 Concordia (Neb.)	3:54.26	3:57.09	2	6
1) Rodencal, Adrianna SR				
2) McCarter, Adysen SO				
3) Kirchner, Tayden SO				
4) Kirchner, Kayla SR				
56.867 (56.867)	1:57.626 (1:00.759)	2:57.420 (59.794)	3:57.089	(59.669)
4 Northwestern (Iowa)	3:55.59	3:58.48	2	5
1) Harder, Kenzie FR				
2) Huss, Tierney SO				
3) Gramstad, Kyndra FR				
4) Blum, Emma SR				
1:00.931 (1:00.931)	1:59.466 (58.535)	2:59.922 (1:00.456)	3:58.473	(58.551)

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Results

....Event 30 Women 4x400 Meter Relay

5 Mount Marty	3:55.14	4:06.39	2	4
1) Wollberg, Whitney FR	2) Sorensen, Zelig SR			
3) Killinger, Hannah SO	4) Wahlstrom, Josey SR			
1:00.282 (1:00.282)	2:00.283 (1:00.001)	3:03.736 (1:03.453)	4:06.386 (1:02.650)	
6 Morningside	4:16.46	4:12.65	1	3
1) Smith, Kylin FR	2) Lang, Ava FR			
3) Zuehl, Nicole SR	4) Anderson, Breyer FR			
1:00.506 (1:00.506)	2:02.959 (1:02.453)	3:06.480 (1:03.521)	4:12.643 (1:06.163)	
7 Midland	4:03.33	4:12.75	2	2
1) Zubrod, Tanja FR	2) Greene, Rianna SO			
3) van Beugen, Amber FR	4) Lahuis, Meike FR			
1:02.053 (1:02.053)	2:04.587 (1:02.534)	3:08.512 (1:03.925)	4:12.749 (1:04.237)	
8 Hastings	4:06.51	4:14.54	1	1
1) Turner, Kamerin SO	2) Humphrey, Gianna FR			
3) Humphrey, Samara FR	4) Sutter, Brooklyn FR			
1:05.390 (1:05.390)	2:06.423 (1:01.033)	3:10.387 (1:03.964)	4:14.534 (1:04.147)	
9 Dakota Wesleyan	4:20.21	4:16.95	1	
1) Jones, Riley FR	2) Deffenbaugh, Dani JR			
3) Pollreisz, Ella FR	4) Oswald, Hailey JR			
1:04.484 (1:04.484)	2:07.682 (1:03.198)	3:13.078 (1:05.396)	4:16.945 (1:03.867)	
10 Waldorf	4:13.50	4:21.39	1	
1) Mulhall, Madison FR	2) O'Connor, Marissa JR			
3) White, Caleigha FR	4) Peck, Brandi SR			
1:07.398 (1:07.398)	2:10.574 (1:03.176)	3:16.112 (1:05.538)	4:21.382 (1:05.270)	
11 St. Mary (Neb.)		4:21.73	1	
1) Stanley, Mackenzie SO	2) Hilger, Ava JR			
3) Nelson, Lilly FR	4) Pogge, Josie SO			
1:03.525 (1:03.525)	2:11.535 (1:08.010)	3:14.103 (1:02.568)	4:21.729 (1:07.626)	

Event 31 Women 4x800 Meter Relay

=====
 Meet Record: G 9:29.84 2015 Concordia, Concordia
 M. Vlasin, R. Jenzen, S. Schroeder, T. Elbert
 School Seed Finals Points
 =====

1 Morningside	9:28.78	9:22.70G	10
1) Sachs, Morgan SO	2) Sporrer, Madison FR		
3) Mesz, Jolee JR	4) Sporrer, Courtney SR		
2:22.274 (2:22.274)	4:44.923 (2:22.649)	7:05.500 (2:20.577)	9:22.694 (2:17.194)
2 St. Mary (Neb.)	9:21.16	9:24.28G	8
1) Henderson, Carly SO	2) Muller, Kara SO		
3) Fosmer, Mira JR	4) Elbert, Olivia SO		
2:19.273 (2:19.273)	4:43.768 (2:24.495)	7:04.565 (2:20.797)	9:24.273 (2:19.708)
3 Northwestern (Iowa)	9:34.55	9:34.40	6
1) Schroeder, Macy SO	2) Hough, Allison JR		
3) Fryar, Brooklyn FR	4) Engelmann, Brielle JR		
2:21.659 (2:21.659)	4:45.751 (2:24.092)	7:10.793 (2:25.042)	9:34.393 (2:23.600)
4 Concordia (Neb.)	9:40.88	9:50.30	5
1) Loos, Landri FR	2) Robertson, Ashley FR		
3) Beikmann, Claire JR	4) Harris, Rachel FR		
2:29.076 (2:29.076)	4:54.626 (2:25.550)	7:23.367 (2:28.741)	9:50.293 (2:26.926)
5 Dordt	9:15.69	9:52.83	4
1) Courtright, Megan SO	2) Harding, Abby FR		
3) May, Sarah FR	4) Tebben, Hope SO		
2:28.393 (2:28.393)	4:55.958 (2:27.565)	7:24.497 (2:28.539)	9:52.825 (2:28.328)

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Results

....Event 31 Women 4x800 Meter Relay

6 Doane						10:15.32	3
1) Hasemann, Laura JR		2) Miles, Marissa SO					
3) Lytle, Madison JR		4) Ernst, Allison SO					
2:28.950 (2:28.950)	5:06.015 (2:37.065)	7:45.467 (2:39.452)	10:15.314 (2:29.847)				
7 Mount Marty					10:31.64	2	
1) Lyngstad, Brenna FR		2) Gosch, Alexis JR					
3) Whiteshirt, Lilly FR		4) Wahlstrom, Josey SR					
2:34.222 (2:34.222)	5:11.838 (2:37.616)	7:52.037 (2:40.199)	10:31.632 (2:39.595)				
8 Midland					10:31.74	1	
1) Carstens, Carly SO		2) Meier, Bridget FR					
3) Chepkorir, Judy FR		4) Leuenberger, Danika FR					
2:33.843 (2:33.843)	5:13.909 (2:40.066)	7:52.424 (2:38.515)	10:31.731 (2:39.307)				
9 Hastings					11:09.62		
1) Faimon, Paige FR		2) Noerrlinger, Claire FR					
3) Columbus, Kathryn SR		4) Baker, Kate SO					
2:36.689 (2:36.689)	5:22.051 (2:45.362)	8:21.790 (2:59.739)	11:09.611 (2:47.821)				

Event 32 Women Long Jump

Meet Record: G 5.94m 2014 Neeia Cooperwood, Morningside									
Name	Year	School	Seed	Finals	H#	Points			
1 Skanes, Imani		FR St. Mary (Neb.)	6.04m	5.91m	19-04.75	2	10		
5.68m	5.69m	FOUL	5.58m	5.73m	5.91m				
2 Harder, Kenzie		FR Northwestern (Iowa)	5.99m	5.88m	19-03.50	2	8		
5.47m	5.48m	FOUL	5.07m	5.70m	5.88m				
3 Miles, Hayley		SR Concordia (Neb.)	5.46m	5.49m	18-00.25	2	6		
5.19m	5.36m	FOUL	FOUL	FOUL	5.49m				
4 Fahrnbruch, Addison		FR Doane	5.24m	5.35m	17-06.75	1	5		
5.26m	5.11m	5.21m	5.25m	5.19m	5.35m				
5 Graden, Taydem		FR Dordt	5.38m	5.34m	17-06.25	1	4		
5.34m	5.31m	5.12m	5.24m	FOUL	5.23m				
6 Nyanok, Kiki		JR Concordia (Neb.)	5.57m	5.33m	17-06.00	2	3		
5.23m	FOUL	5.16m	5.33m	5.13m	5.23m				
7 Roggasch, Rosalyn		SR Doane	5.39m	5.31m	17-05.25	1	2		
4.89m	5.30m	5.06m	5.07m	5.31m					
8 McCarter, Adysen		SO Concordia (Neb.)	5.53m	5.28m	17-04.00	2	1		
FOUL	5.28m	5.25m	PASS	PASS	PASS				
9 Balt, Jenna		JR Dordt	5.16m	5.25m	17-02.75	1			
4.95m	5.25m	FOUL	FOUL	FOUL	FOUL				
10 Briggs, Kayla		FR St. Mary (Neb.)	5.38m	5.21m	17-01.25	1			
5.14m	FOUL	5.21m							
11 Carey, Lucy		SO Hastings	5.43m	J5.21m	17-01.25	2			
5.21m	5.10m	5.00m							
12 Davis, Kyla		JR Doane	5.28m	5.14m	16-10.50	1			
FOUL	4.98m	5.14m							
13 Alt, Kinsey		SO Morningside	5.41m	5.13m	16-10.00	2			
5.13m	5.03m	5.04m							
14 Rodgers, Mikaiya		SO St. Mary (Neb.)	5.80m	5.10m	16-08.75	2			
FOUL	4.98m	5.10m							
15 Canales, Kennedee		SO Concordia (Neb.)	5.19m	5.02m	16-05.75	1			
4.95m	FOUL	5.02m							
16 Rice, Vanessa		SO Midland	5.30m	4.94m	16-02.50	1			
4.93m	4.90m	4.94m							

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026

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Results

....Event 32 Women Long Jump

17 Okafor, Gozie	SO St. Mary (Neb.)	5.42m	4.80m	15-09.00	2
FOUL 4.80m FOUL					
18 Deffenbaugh, Dani	JR Dakota Wesleyan	5.12m	4.70m	15-05.00	1
4.54m 4.70m 4.64m					

Event 33 Women Triple Jump

Meet Record: G 12.42m 2002		Shannon Milhaltan, Hastings					
Name	Year	School	Seed	Finals	H#	Points	
1 McCarter, Adysen	SO	Concordia (Neb.)	11.96m	12.04m	39-06.00	2	10
FOUL 11.93m 12.04m		11.84m 11.41m PASS					
2 Davis, Kyla	JR	Doane	11.67m	11.71m	38-05.00	2	8
11.71m FOUL 11.71m		11.31m 11.33m 11.60m					
3 Skanes, Imani	FR	St. Mary (Neb.)	11.65m	11.69m	38-04.25	2	6
11.28m 11.00m 11.27m		11.48m 11.00m 11.69m					
4 Garrett, Josie	SR	Doane	11.45m	11.51m	37-09.25	2	5
11.41m FOUL 11.51m		11.43m 11.38m 11.44m					
5 Okafor, Gozie	SO	St. Mary (Neb.)	11.81m	J11.51m	37-09.25	2	4
11.08m FOUL 10.96m		11.51m 11.18m FOUL					
6 Meyer, Jayden	FR	Doane	11.61m	11.27m	36-11.75	2	3
11.10m 11.08m 10.91m		11.07m 11.27m 10.93m					
7 Isaacson, Allison	JR	St. Mary (Neb.)	11.15m	11.23m	36-10.25	2	2
11.08m 10.91m 11.16m		10.97m 11.23m 11.03m					
8 Roggasch, Rosalyn	SR	Doane	11.28m	11.21m	36-09.50	2	1
FOUL 11.11m FOUL		11.09m 11.21m 11.16m					
9 Miles, Hayley	SR	Concordia (Neb.)	11.03m	10.96m	35-11.50	1	
10.96m FOUL FOUL		FOUL FOUL PASS					
10 Briggs, Kayla	FR	St. Mary (Neb.)	11.09m	10.92m	35-10.00	1	
10.58m 10.92m 10.76m							
11 Rice, Vanessa	SO	Midland	10.74m	10.90m	35-09.25	1	
10.90m 10.70m FOUL							
12 Fahrnbruch, Addison	FR	Doane	11.27m	10.86m	35-07.75	2	
10.86m FOUL FOUL							
13 VanArsdale, Avah	FR	St. Mary (Neb.)	10.82m	10.72m	35-02.00	1	
10.72m 10.54m 10.21m							
14 Noble, Josi	SR	Concordia (Neb.)	10.92m	10.63m	34-10.50	1	
10.60m 10.60m 10.63m							
15 Kosmos, Jaelynn	JR	Concordia (Neb.)	10.57m	10.61m	34-09.75	1	
FOUL 10.61m 10.48m							
16 Dublin, Trinity	SR	Hastings	10.87m	J10.61m	34-09.75	1	
FOUL 10.61m 10.42m							
17 Bowen, Kyra	SO	Doane	10.43m	10.44m	34-03.00	1	
10.15m 10.18m 10.44m							
18 Wilson, Farrah	SO	Midland	10.77m	10.23m	33-06.75	1	
9.81m 10.23m 10.16m							

Event 34 Women High Jump

Meet Record: G 1.77m 1992		Kim Oden, Nebraska Wesleyan				
Name	Year	School	Seed	Finals	Points	
1 Hardy, Krista	SR	Midland	1.63m	1.66m	5-05.25	10
1.46 1.51 1.56 1.61 1.66		1.69				
PPP O XXO XXO XO XXX						

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2	Starkey, Makenna	FR Concordia (Neb.)	1.70m	J1.66m	5-05.25	8
	1.46 1.51 1.56 1.61 1.66 1.69					
	PPP PPP O XO XXO XXX					
3	Smith, Addison	FR Northwestern (Iowa)	1.63m	1.61m	5-03.25	6
	1.46 1.51 1.56 1.61 1.66					
	PPP PPP O O XXX					
4	DeGroot, Aubrey	JR Northwestern (Iowa)	1.61m	J1.61m	5-03.25	5
	1.46 1.51 1.56 1.61 1.66					
	PPP O XO O XXX					
5	Smies, Ada	JR Dordt	1.63m	J1.61m	5-03.25	4
	1.46 1.51 1.56 1.61 1.66					
	PPP PPP O XXO XXX					
6	Thompson, Kayley	FR Doane	1.61m	1.56m	5-01.25	1.50
	1.46 1.51 1.56 1.61					
	O O O XXX					
6	Lahuis, Meike	FR Midland	1.57m	1.56m	5-01.25	1.50
	1.46 1.51 1.56 1.61					
	O O O XXX					
6	Apley, Rayna	FR St. Mary (Neb.)	1.61m	1.56m	5-01.25	1.50
	1.46 1.51 1.56 1.61					
	PPP O O XXX					
6	Swart, Karli	JR Northwestern (Iowa)	1.57m	1.56m	5-01.25	1.50
	1.46 1.51 1.56 1.61					
	O O O XXX					
10	Kratz, Katelynn	SO Doane	1.66m	J1.56m	5-01.25	
	1.46 1.51 1.56 1.61					
	O XO XO XXX					
11	Reimer, Addie	JR Concordia (Neb.)	1.61m	J1.56m	5-01.25	
	1.46 1.51 1.56 1.61					
	PPP O XXO XXX					
12	Roseland, Kate	FR Doane	1.51m	1.51m	4-11.50	
	1.46 1.51 1.56					
	O O XXX					
13	Domres, Eve	SO Concordia (Neb.)	1.51m	J1.51m	4-11.50	
	1.46 1.51 1.56					
	O XO XXX					
14	Heethuis, Claudia	FR Dordt	1.47m	1.46m	4-09.50	
	1.46 1.51					
	O XXX					
14	Vogel, Madison	SO Doane	1.51m	1.46m	4-09.50	
	1.46 1.51					
	O XXX					
16	Jones, Riley	FR Dakota Wesleyan	1.52m	J1.46m	4-09.50	
	1.46 1.51					
	XO XXX					
16	Humphrey, Gianna	FR Hastings	1.53m	J1.46m	4-09.50	
	1.46 1.51					
	XO XXX					
18	Koenig, Elenna	SR Doane	1.51m	J1.46m	4-09.50	
	1.46 1.51					
	XXO XXX					

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Event 35 Women Pole Vault

Meet Record: G 4.09m 2/19/2022 Josie Puelz, Concordia

Name	Year	School	Seed	Finals	Points
1 Pribyl, Kaylee	JR	Doane	3.93m	3.75m 12-03.50	10
2.80 2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85					
PPP PPP PPP PPP PPP PPP PPP O XXX					
2 Zohner, Mya	JR	Mount Marty	3.90m	J3.75m 12-03.50	8
2.80 2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85					
PPP PPP PPP PPP PPP O XXO O XXX					
3 Scott, Avery	FR	Doane	3.77m	3.65m 11-11.75	6
2.80 2.95 3.10 3.25 3.40 3.55 3.65 3.75					
PPP PPP PPP PPP O XO O XXX					
4 Stanley, Kennedy	SR	Doane	3.73m	3.40m 11-01.75	4.50
2.80 2.95 3.10 3.25 3.40 3.55					
PPP PPP PPP PPP O XXX					
4 Clausen, Paige	SO	Mount Marty	3.75m	3.40m 11-01.75	4.50
2.80 2.95 3.10 3.25 3.40 3.55					
PPP PPP PPP PPP O XXX					
6 Svoboda, Kayla	SR	Concordia (Neb.)	3.40m	3.25m 10-08.00	3
2.80 2.95 3.10 3.25 3.40					
PPP PPP O O XXX					
7 Peatrowsky, Cassie	JR	Concordia (Neb.)	3.16m	J3.25m 10-08.00	2
2.80 2.95 3.10 3.25 3.40					
PPP O O XO XXX					
8 McNair, Aliana	JR	Concordia (Neb.)	2.88m	3.10m 10-02.00	1
2.80 2.95 3.10 3.25					
O O O XXX					
9 Isaacson, Allison	JR	St. Mary (Neb.)	3.16m	J3.10m 10-02.00	
2.80 2.95 3.10 3.25					
PPP XO O XXX					
10 Murray, Maddie	FR	Concordia (Neb.)	3.01m	J3.10m 10-02.00	
2.80 2.95 3.10 3.25					
O XXO O XXX					
11 Wollberg, Whitney	FR	Mount Marty	2.95m	J3.10m 10-02.00	
2.80 2.95 3.10 3.25					
O O XO XXX					
11 Bohlen, McKenzie	SO	Concordia (Neb.)	3.01m	J3.10m 10-02.00	
2.80 2.95 3.10 3.25					
PPP O XO XXX					
11 Richard, Lillee	SO	Concordia (Neb.)	3.18m	J3.10m 10-02.00	
2.80 2.95 3.10 3.25					
PPP O XO XXX					
14 Saline, Reilly	SO	Concordia (Neb.)	2.88m	J3.10m 10-02.00	
2.80 2.95 3.10 3.25					
XO O XO XXX					
15 Maher, Jerzie	SR	Doane	3.03m	2.95m 9-08.00	
2.80 2.95 3.10					
O O XXX					
16 Champness, Karly	FR	Dordt	3.01m	2.80m 9-02.25	
2.80 2.95					
O XXX					
17 Jensen, Phoenix	SO	St. Mary (Neb.)	2.80m	J2.80m 9-02.25	
2.80 2.95					
XXO XXX					

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....Event 35 Women Pole Vault

-- Vining, Teagan FR Mount Marty 2.71m NH
 2.80
 XXX

Event 36 Women Shot Put

=====
 Meet Record: G 15.19m 1994 Kim Hayes, Doane

Name	Year	School	Seed	Finals	H#	Points
1 Travis, Fran		SO Dordt	13.54m	13.70m	44-11.50	2 10
12.57m	12.77m	FOUL	13.67m	13.41m	13.70m	
2 Burge, Delaney		JR Doane	13.55m	13.39m	43-11.25	2 8
12.43m	FOUL	13.11m	13.39m	12.72m	FOUL	
3 Heusinkvelt, Madison		SO Doane	13.55m	13.34m	43-09.25	2 6
12.68m	13.10m	12.79m	12.54m	13.34m	12.69m	
4 Bull, Paige		FR Doane	13.07m	13.01m	42-08.25	2 5
12.63m	12.54m	13.01m	12.74m	12.77m	12.97m	
5 Myers, Natylie		JR Doane	11.92m	12.97m	42-06.75	1 4
12.13m	12.84m	12.97m	FOUL	12.58m	FOUL	
6 Boche, Harper		SO Concordia (Neb.)	12.66m	12.94m	42-05.50	2 3
11.97m	12.52m	12.94m	12.62m	FOUL	FOUL	
7 Kinne, Brittni		JR Concordia (Neb.)	12.64m	12.64m	41-05.75	2 2
12.09m	FOUL	12.54m	12.20m	12.64m	FOUL	
8 Dean, Grace		SO Doane	12.20m	12.38m	40-07.50	1 1
11.84m	12.34m	12.21m	FOUL	12.38m	FOUL	
9 Heins, Marissa		JR Concordia (Neb.)	13.00m	12.09m	39-08.00	2
12.09m	FOUL	FOUL	FOUL	FOUL	FOUL	
10 Birch-George, Syd'ney		SO St. Mary (Neb.)	12.07m	12.04m	39-06.00	1
11.43m	12.04m	FOUL				
11 Strampher, Katelyn		FR Hastings	11.68m	11.99m	39-04.00	1
11.99m	11.97m	11.80m				
12 Cast, Payton		SO Doane	12.79m	11.71m	38-05.00	2
FOUL	11.46m	11.71m				
13 Diew, Sara		JR Midland	11.81m	11.68m	38-04.00	1
11.68m	11.40m	FOUL				
14 Schroeder, Matti		FR Hastings	11.92m	11.44m	37-06.50	1
FOUL	11.44m	10.93m				
15 Sinn, Aliyah		JR Concordia (Neb.)	12.45m	11.32m	37-01.75	2
11.32m	FOUL	FOUL				
16 Williams, Tavia		SR St. Mary (Neb.)	11.49m	11.18m	36-08.25	1
10.90m	10.74m	11.18m				
17 Hong slo, Devin		FR Dakota Wesleyan	11.61m	10.86m	35-07.75	1
10.86m	10.72m	10.63m				
-- Kolle, Carissa		SO Concordia (Neb.)	11.87m	FOUL		1
FOUL	FOUL	FOUL				

Event 37 Women Weight Throw

=====
 Meet Record: G 19.00m 2024 Kiara Anderson, Hastings

Name	Year	School	Seed	Finals	H#	Points
1 Walhof, Makenna		JR Dordt	17.20m	17.86m	58-07.25	2 10
16.95m	17.36m	17.86m	17.15m	FOUL	17.86m	
2 Boche, Harper		SO Concordia (Neb.)	16.40m	17.04m	55-11.00	2 8
16.33m	16.79m	16.33m	17.04m	FOUL	16.38m	

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....Event 37 Women Weight Throw

3	Diew, Sara	JR Midland	17.56m	17.00m	55-09.25	2	6
	16.33m FOUL FOUL FOUL	17.00m 16.75m					
4	Knigge, Mia	SR Doane	17.56m	J17.00m	55-09.25	2	5
	17.00m 16.62m FOUL FOUL	16.21m FOUL					
5	Becher, Trinity	SO Doane	16.98m	16.80m	55-01.50	2	4
	15.75m 16.06m 15.72m	16.80m FOUL 15.56m					
6	Travis, Fran	SO Dordt	16.66m	16.67m	54-08.25	2	3
	16.22m 16.03m 16.67m	15.67m FOUL FOUL					
7	Heins, Marissa	JR Concordia (Neb.)	16.24m	16.64m	54-07.25	1	2
	15.12m 15.23m 16.55m	FOUL FOUL 16.64m					
8	Kinne, Brittni	JR Concordia (Neb.)	16.25m	16.48m	54-01.00	2	1
	16.43m 16.20m FOUL FOUL	16.48m 15.76m					
9	Lotspeich, Kaylie	JR Doane	17.06m	16.32m	53-06.50	2	
	15.47m 16.32m FOUL FOUL	FOUL FOUL					
10	Huckins, Shirley	FR Dakota Wesleyan	16.41m	15.83m	51-11.25	2	
	FOUL 14.50m 15.83m						
11	Nickels, Hallee	FR Concordia (Neb.)	15.35m	15.62m	51-03.00	1	
	15.62m 15.38m 15.61m						
12	Sinn, Aliyah	JR Concordia (Neb.)	15.07m	15.30m	50-02.50	1	
	FOUL 15.03m 15.30m						
13	Birch-George, Syd'ney	SO St. Mary (Neb.)	15.84m	15.11m	49-07.00	1	
	15.11m 14.68m 14.92m						
14	Tormoehlen, Lynne	SR Dordt	14.93m	14.63m	48-00.00	1	
	14.63m 14.08m 14.08m						
15	Gawrych, Mya	SO Concordia (Neb.)	14.98m	14.05m	46-01.25	1	
	14.05m FOUL FOUL						
16	Hettinga, Maren	SR Dordt	14.50m	14.03m	46-00.50	1	
	13.96m 14.03m 13.84m						
17	Mills, Shelby	SR Morningside	14.62m	13.91m	45-07.75	1	
	13.81m 13.65m 13.91m						
--	Ullery, Clare	JR St. Mary (Neb.)	14.79m	FOUL			1
	FOUL FOUL FOUL						

Event 38 Women Indoor Pentathlon

=====							
Meet Record:	G	3714	2015	Erin DeVries, Doane			
Name	Year	School	Seed	Finals	H#	Points	
=====							
1	Carey, Lucy	SO Hastings	3418	3363		10	
2	Nelson, Chaney	JR Doane	3090	3161		8	
3	Reimer, Addie	JR Concordia (Neb.)	2999	3050		6	
4	Wahlstrom, Josey	SR Mount Marty	2981	3035		5	
5	Lumkes, Jennifer	SO Dordt	2819	3001		4	
6	Noble, Josi	SR Concordia (Neb.)	3182	2978		3	
7	Deffenbaugh, Dani	JR Dakota Wesleyan	2724	2964		2	
8	Haake, Dayle	SO Doane	3026	2922		1	
9	Canales, Kennedee	SO Concordia (Neb.)	2825	2897			
10	Deumi Nappi, Felicia	FR Doane	2747	2781			
11	Buwalda, Tabitha	FR Dordt	2445	2659			
12	Jones, Riley	FR Dakota Wesleyan	2198	2605			
13	Kucera, Emma	JR Concordia (Neb.)	2643	2467			
14	Mulhall, Madison	FR Waldorf	2529	2460			
15	Maly, Lauren	SO Doane	2528	2447			
16	Thonvold, Sara	SO Northwestern (Iowa)	2517	2342			

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Event 38 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Meet Record: G 8.57 2024 Kerrigan Myers, Midland

Name	Year	School	Finals	H#	Points
1 Carey, Lucy	SO	Hastings	9.12	6	885
2 Nelson, Chaney	JR	Doane	9.36	6	836
3 Haake, Dayle	SO	Doane	9.50	5	808
4 Deumi Nappi, Felicia	FR	Doane	9.51	6	806
5 Noble, Josi	SR	Concordia (Neb.)	9.63	5	783 9.629
5 Deffenbaugh, Dani	JR	Dakota Wesleyan	9.63	4	783 9.629
7 Reimer, Addie	JR	Concordia (Neb.)	9.77	5	756
8 Thonvold, Sara	SO	Northwestern (Iowa)	9.88	4	735
9 Lumkes, Jennifer	SO	Dordt	9.89	3	733
10 Wahlstrom, Josey	SR	Mount Marty	9.94	3	723
11 Canales, Kennedee	SO	Concordia (Neb.)	9.97	2	718
12 Mulhall, Madison	FR	Waldorf	10.04	4	705
13 Maly, Lauren	SO	Doane	10.15	3	684
14 Kucera, Emma	JR	Concordia (Neb.)	10.45	2	630
15 Jones, Riley	FR	Dakota Wesleyan	11.02	1	533
16 Buwalda, Tabitha	FR	Dordt	11.52	1	454

Event 38 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Meet Record: G 1.68m 2/18/2022 Lauren Tamayo, Hastings

Name	Year	School	Finals	Points
1 Jones, Riley	FR	Dakota Wesleyan	1.58m	5-02.25 712
			1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61	
			PPP PPP PPP PPP O O O O XXO XO O XXX	
1 Reimer, Addie	JR	Concordia (Neb.)	1.58m	5-02.25 712
			1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61	
			PPP PPP PPP PPP PPP PPP PPP PPP O O O XXX	
3 Wahlstrom, Josey	SR	Mount Marty	1.52m	4-11.75 644
			1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55	
			PPP O XO O XO O XO O O XXX	
3 Carey, Lucy	SO	Hastings	1.52m	4-11.75 644
			1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55	
			PPP PPP PPP O O O O O O XXX	
5 Lumkes, Jennifer	SO	Dordt	1.49m	4-10.50 610
			1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52	
			PPP PPP O O O XO O XXO XXX	
5 Deumi Nappi, Felicia	FR	Doane	1.49m	4-10.50 610
			1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52	
			PPP PPP PPP O O XO XXO XO XXX	
5 Nelson, Chaney	JR	Doane	1.49m	4-10.50 610
			1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52	
			PPP PPP PPP PPP O O O XO XXX	
8 Haake, Dayle	SO	Doane	1.46m	4-09.50 577
			1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49	
			PPP PPP O O O XO XO XXX	
9 Maly, Lauren	SO	Doane	1.43m	4-08.25 544
			1.28 1.31 1.34 1.37 1.40 1.43 1.46	
			PPP PPP O O O XXO XXX	
10 Noble, Josi	SR	Concordia (Neb.)	1.40m	4-07.00 512
			1.28 1.31 1.34 1.37 1.40 1.43	
			PPP PPP XO O XXO XXX	

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....Event 38 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

10	Deffenbaugh, Dani	JR Dakota Wesleyan	1.40m	4-07.00	512
	1.28 1.31 1.34 1.37 1.40 1.43				
	PPP O O XO XXO XXX				
10	Canales, Kennedee	SO Concordia (Neb.)	1.40m	4-07.00	512
	1.28 1.31 1.34 1.37 1.40 1.43				
	PPP PPP PPP PPP O XXX				
13	Mulhall, Madison	FR Waldorf	1.37m	4-06.00	481
	1.28 1.31 1.34 1.37 1.40				
	PPP XXO XXO XXO XXX				
13	Buwalda, Tabitha	FR Dordt	1.37m	4-06.00	481
	1.28 1.31 1.34 1.37 1.40				
	O O O XO XXX				
13	Kucera, Emma	JR Concordia (Neb.)	1.37m	4-06.00	481
	1.28 1.31 1.34 1.37 1.40				
	PPP PPP O XO XXX				
16	Thonvold, Sara	SO Northwestern (Iowa)	1.31m	4-03.50	419
	1.28 1.31 1.34				
	O O XXX				

Event 38 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

=====					
Meet Record: G 12.24m 2015		Erin DeVries, Doane			
Name	Year	School	Finals		Points
=====					
1	Deumi Nappi, Felicia	FR Doane	10.80m	35-05.25	582
	10.05m 10.43m 10.80m				
2	Noble, Josi	SR Concordia (Neb.)	10.48m	34-04.75	561
	10.48m 10.05m FOUL				
3	Haake, Dayle	SO Doane	10.21m	33-06.00	543
	10.19m 9.86m 10.21m				
4	Carey, Lucy	SO Hastings	9.78m	32-01.00	515
	9.78m 8.97m FOUL				
5	Kucera, Emma	JR Concordia (Neb.)	9.76m	32-00.25	514
	9.19m 9.76m 9.21m				
6	Reimer, Addie	JR Concordia (Neb.)	9.38m	30-09.25	489
	8.78m 8.36m 9.38m				
7	Deffenbaugh, Dani	JR Dakota Wesleyan	9.24m	30-03.75	480
	8.97m 7.97m 9.24m				
8	Canales, Kennedee	SO Concordia (Neb.)	9.18m	30-01.50	476
	FOUL 9.18m 8.71m				
9	Lumkes, Jennifer	SO Dordt	9.12m	29-11.25	472
	8.10m 9.12m 8.86m				
10	Wahlstrom, Josey	SR Mount Marty	9.09m	29-10.00	470
	7.90m 9.07m 9.09m				
11	Nelson, Chaney	JR Doane	9.08m	29-09.50	469
	9.01m 9.00m 9.08m				
12	Buwalda, Tabitha	FR Dordt	8.71m	28-07.00	445
	7.35m 8.71m FOUL				
13	Thonvold, Sara	SO Northwestern (Iowa)	8.62m	28-03.50	440
	8.62m 8.48m FOUL				
14	Mulhall, Madison	FR Waldorf	7.95m	26-01.00	396
	7.89m 7.95m 7.48m				
15	Maly, Lauren	SO Doane	7.92m	26-00.00	394
	FOUL 7.44m 7.92m				

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...Event 38 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

16 Jones, Riley FR Dakota Wesleyan 7.39m 24-03.00 360
 6.46m 6.87m 7.39m

Event 38 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Meet Record: G 5.74m 2015		Karen Ettleman, Northwestern			
Name	Year	School	Finals		Points
1 Carey, Lucy	SO	Hastings	5.27m	17-03.50	634
5.26m 5.27m 5.03m					
2 Buwalda, Tabitha	FR	Dordt	5.19m	17-00.50	612
5.08m 4.74m 5.19m					
3 Canales, Kennedee	SO	Concordia (Neb.)	5.13m	16-10.00	595
4.94m 4.92m 5.13m					
4 Lumkes, Jennifer	SO	Dordt	5.06m	16-07.25	576
FOUL 5.06m FOUL					
5 Deffenbaugh, Dani	JR	Dakota Wesleyan	4.95m	16-03.00	546
4.72m 4.95m 4.76m					
6 Nelson, Chaney	JR	Doane	4.92m	16-01.75	538
4.92m 4.87m 4.90m					
7 Jones, Riley	FR	Dakota Wesleyan	4.85m	15-11.00	519
4.85m 4.77m FOUL					
8 Deumi Nappi, Felicia	FR	Doane	4.83m	15-10.25	514
4.77m 4.59m 4.83m					
9 Noble, Josi	SR	Concordia (Neb.)	4.80m	15-09.00	506
4.80m 4.59m 4.78m					
10 Wahlstrom, Josey	SR	Mount Marty	4.78m	15-08.25	500
4.77m 4.78m 4.76m					
11 Reimer, Addie	JR	Concordia (Neb.)	4.77m	15-07.75	498
4.68m FOUL 4.77m					
12 Haake, Dayle	SO	Doane	4.57m	15-00.00	446
4.51m 4.57m 4.53m					
13 Maly, Lauren	SO	Doane	4.55m	14-11.25	441
4.28m 4.55m 4.37m					
14 Thonvold, Sara	SO	Northwestern (Iowa)	4.53m	14-10.50	436
FOUL 4.53m 4.49m					
15 Mulhall, Madison	FR	Waldorf	4.47m	14-08.00	421
FOUL 4.47m 4.41m					
16 Kucera, Emma	JR	Concordia (Neb.)	4.42m	14-06.00	408
4.42m 4.29m 4.24m					

Event 38 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Meet Record: G 2:21.79 2014		Jillian Ourada, Doane			
Name	Year	School	Finals	Points	
1 Nelson, Chaney	JR	Doane	2:28.81	708	
36.863 (36.863)	1:15.186 (38.323)		1:53.739 (38.553)	2:28.804 (35.065)	
2 Wahlstrom, Josey	SR	Mount Marty	2:29.63	698	
36.534 (36.534)	1:15.184 (38.650)		1:53.866 (38.682)	2:29.623 (35.757)	
3 Carey, Lucy	SO	Hastings	2:30.66	685	
36.144 (36.144)	1:14.780 (38.636)		1:53.187 (38.407)	2:30.658 (37.471)	
4 Buwalda, Tabitha	FR	Dordt	2:32.10	667	
36.612 (36.612)	1:14.836 (38.224)		1:53.537 (38.701)	2:32.100 (38.563)	

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....Event 38 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

5	Deffenbaugh, Dani	JR Dakota Wesleyan	2:34.05	643
	37.630 (37.630)	1:16.154 (38.524)	1:57.201 (41.047)	2:34.050 (36.849)
6	Noble, Josi	SR Concordia (Neb.)	2:36.31	616
	37.106 (37.106)	1:15.428 (38.322)	1:54.994 (39.566)	2:36.302 (41.308)
7	Lumkes, Jennifer	SO Dordt	2:36.84	610
	36.248 (36.248)	1:15.219 (38.971)	1:55.209 (39.990)	2:36.839 (41.630)
8	Canales, Kennedee	SO Concordia (Neb.)	2:38.04	596
	37.376 (37.376)	1:16.293 (38.917)	1:58.267 (41.974)	2:38.034 (39.767)
9	Reimer, Addie	JR Concordia (Neb.)	2:38.06	595
	35.891 (35.891)	1:15.669 (39.778)	1:58.494 (42.825)	2:38.054 (39.560)
10	Haake, Dayle	SO Doane	2:42.22	548
	38.320 (38.320)	1:19.524 (41.204)	2:02.491 (42.967)	2:42.219 (39.728)
11	Jones, Riley	FR Dakota Wesleyan	2:48.34	481
	38.919 (38.919)	1:17.854 (38.935)	2:03.001 (45.147)	2:48.333 (45.332)
12	Mulhall, Madison	FR Waldorf	2:50.61	457
	38.701 (38.701)	1:19.059 (40.358)	2:03.786 (44.727)	2:50.605 (46.819)
13	Kucera, Emma	JR Concordia (Neb.)	2:52.88	434
	40.575 (40.575)	1:22.365 (41.790)	2:07.388 (45.023)	2:52.876 (45.488)
14	Maly, Lauren	SO Doane	2:58.05	384
	41.530 (41.530)	1:25.692 (44.162)	2:13.058 (47.366)	2:58.042 (44.984)
15	Thonvold, Sara	SO Northwestern (Iowa)	3:05.97	312
	41.385 (41.385)	1:28.403 (47.018)	2:18.079 (49.676)	3:05.969 (47.890)
16	Deumi Nappi, Felicia	FR Doane	3:11.12	269
	41.909 (41.909)	1:30.196 (48.287)	2:19.798 (49.602)	3:11.112 (51.314)

Event 39 Women 3000 Meter Race Walk

Meet Record: G 17:19.18 2024 Tristyn DiPentino, Hastings				
Name	Year	School	Seed	Finals
1	Brackhan, Ava	SR Hastings	17:21.53	16:12.87G
	59.382 (59.382)	2:03.636 (1:04.254)	3:07.179 (1:03.543)	4:10.652 (1:03.473)
	5:14.914 (1:04.262)	6:18.588 (1:03.674)	7:23.733 (1:05.145)	8:28.342 (1:04.609)
	9:32.687 (1:04.345)	10:39.201 (1:06.514)	11:44.678 (1:05.477)	12:51.878 (1:07.200)
	14:03.578 (1:11.700)	15:09.071 (1:05.493)	16:12.863 (1:03.792)	
2	Johnson, Destini	SO Hastings	17:43.83	17:49.29
	59.078 (59.078)	2:05.394 (1:06.316)	3:13.500 (1:08.106)	4:22.262 (1:08.762)
	5:33.824 (1:11.562)	6:46.257 (1:12.433)	7:59.220 (1:12.963)	9:11.866 (1:12.646)
	10:26.582 (1:14.716)	11:41.715 (1:15.133)	12:57.047 (1:15.332)	14:13.099 (1:16.052)
	15:27.423 (1:14.324)	16:41.384 (1:13.961)	17:49.287 (1:07.903)	
3	Beintema, Hannah	SR Concordia (Neb.)	20:29.72	19:39.26
	1:02.468 (1:02.468)	2:17.165 (1:14.697)	3:34.578 (1:17.413)	4:53.909 (1:19.331)
	6:14.863 (1:20.954)	7:36.524 (1:21.661)	8:59.547 (1:23.023)	10:23.031 (1:23.484)
	11:47.064 (1:24.033)	13:10.464 (1:23.400)	14:32.641 (1:22.177)	15:51.659 (1:19.018)
	17:11.214 (1:19.555)	18:28.331 (1:17.117)	19:39.260 (1:10.929)	

Event 40 Men 3000 Meter Race Walk

Meet Record: G 14:15.64 2025 Jonny Jurchen, Concordia				
Name	Year	School	Seed	Finals

GPAC Indoor 2026 - 2/20/2026 to 2/21/2026

Rozenboom Family Athletic Center

Results

....Event 40 Men 3000 Meter Race Walk

1 Jurchen, Jonny	SO Concordia (Neb.)	12:19.55	12:43.38G
48.808 (48.808)	1:38.418 (49.610)	2:29.355 (50.937)	3:20.996 (51.641)
4:11.092 (50.096)	5:01.908 (50.816)	5:53.874 (51.966)	6:45.660 (51.786)
7:37.252 (51.592)	8:29.331 (52.079)	9:20.877 (51.546)	10:12.306 (51.429)
11:04.622 (52.316)	11:56.299 (51.677)	12:43.374 (47.075)	
2 Habegger, Jack	FR Concordia (Neb.)	13:15.27	13:35.86G
51.558 (51.558)	1:45.938 (54.380)	2:40.735 (54.797)	3:35.362 (54.627)
4:30.105 (54.743)	5:24.888 (54.783)	6:20.703 (55.815)	7:17.394 (56.691)
8:12.455 (55.061)	9:07.150 (54.695)	10:02.292 (55.142)	10:57.348 (55.056)
11:51.839 (54.491)	12:44.323 (52.484)	13:35.859 (51.536)	
3 Hammang, Luke	JR Concordia (Neb.)	13:34.94	14:12.51G
52.361 (52.361)	1:46.936 (54.575)	2:41.945 (55.009)	3:36.845 (54.900)
4:33.272 (56.427)	5:30.649 (57.377)	6:27.811 (57.162)	7:27.270 (59.459)
8:25.775 (58.505)	9:25.918 (1:00.143)	10:24.928 (59.010)	11:23.467 (58.539)
12:20.769 (57.302)	13:18.824 (58.055)	14:12.510 (53.686)	
4 Wise, Sam	SR Hastings	14:51.10	15:41.20
55.882 (55.882)	1:56.724 (1:00.842)	2:57.130 (1:00.406)	3:59.618 (1:02.488)
5:02.010 (1:02.392)	6:04.752 (1:02.742)	7:08.477 (1:03.725)	8:12.417 (1:03.940)
9:16.374 (1:03.957)	10:20.352 (1:03.978)	11:24.629 (1:04.277)	12:30.336 (1:05.707)
13:36.093 (1:05.757)	14:40.593 (1:04.500)	15:41.195 (1:00.602)	

=====
 Women - Team Rankings - 19 Events Scored
 =====

1) Dordt	200	2) Doane	199
3) Concordia (Neb.)	90	4) St. Mary (Neb.)	56.50
4) Northwestern (Iowa)	56.50	6) Hastings	40
7) Morningside	30	8) Mount Marty	28.50
9) Midland	25.50	10) Waldorf	13
11) Dakota Wesleyan	2		

=====
 Men - Team Rankings - 19 Events Scored
 =====

1) Doane	240	2) Dordt	150
3) Concordia (Neb.)	113	4) Northwestern (Iowa)	90
5) Mount Marty	67	6) Hastings	37
7) Morningside	18	8) Midland	17
9) Dakota Wesleyan	5	10) Waldorf	3
11) Briar Cliff	1		