

2026 CONCORDIA TWILIGHT CONCORDIA UNIVERSITY - BULLDOG STADIUM

FRIDAY, MAY 8, 2026

FIELD EVENTS

TENTATIVE SCHEDULE

THROWS

12:00 pm	Women's Javelin	Followed by Men's Javelin
2:00	Women's Hammer	Followed by Men's Hammer
2:00	Men's Discus	Followed by Women's Discus
6:00	Men's Shot Put	
6:00	Women's Shot Put	

JUMPS

2:00 pm	Long Jump	Women		
2:00	Pole vault	Men	Followed by Pole vault	Women
3:00	High jump	Men	Followed by High jump	Women
3:30	Long Jump	Men		
5:00	Triple Jump	Women		
6:00	Triple Jump	Men		

RUNNING EVENTS– We will not go more than 10 min ahead of schedule

4:30	100 Hurdles	Women	Prelims
4:35	110 Hurdles	Men	Prelims
4:45	100	Women	Prelims
4:50	100	Men	Prelims
5:00	4 x 800	Women	<i>(TENTATIVE if there is interest from teams)</i>
5:15	4 x 800	Men	<i>(TENTATIVE if there is interest from teams)</i>
5:25	400	Women	
5:30	400	Men	
5:40	4 x 100	Women	
5:45	4 x 100	Men	
5:50	3k Steeplechase	Women	
6:05	3k Steeplechase	Men	
6:25	100 Hurdles	Women	Finals
6:30	110 Hurdles	Men	Finals
6:35	100	Women	Finals
6:40	100	Men	Finals
6:45	1500	Women	
6:55	1500	Men	
7:05	5000m Racewalk	Women/Men	
7:35	400 Hurdles	Women	
7:40	400 Hurdles	Men	
7:45	5000	Women	
8:05	5000	Men	
8:25	200	Women	
8:35	200	Men	
8:45	4 x 400	Women	
8:50	4 x 400	Men	
8:55	800	Women	
9:05	800	Men	
9:20	10k	Women	<i>(TENTATIVE if there is interest from teams)</i>
9:55	10k	Men	<i>(TENTATIVE if there is interest from teams)</i>

