## 2024 CONCORDIA TWILIGHT CONCORDIA UNIVERSITY - BULLDOG STADIUM

FRIDAY, MAY 10, 2024

## **FIELD EVENTS**

## **TENTATIVE SCHEDULE**

THR	ows
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12:00 pm	Men's Javelin	Followed by Women's Javelin
2:00	Women's Hammer	Followed by Men's Hammer
2:00	Men's Discus	Followed by Women's Discus
0.00	Manda Ohat Dut	•

6:00 Men's Shot Put 6:00 Women's Shot Put

**JUMPS** 

2:00 pm	Long Jump	Women		
2:00	Pole vault	Men	Followed by Pole vault	Women
3:00	Long Jump	Men	-	

Followed by High jump 3:00 High jump Men Women

4:00 **Triple Jump** Women 5:00 **Triple Jump** Men

## RUNNING EVENTS- We will not go more than 10 min ahead of schedule

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4:30	100 Hurdles	Women	Prelims
4:35	110 Hurdles	Men	Prelims
4:45	100	Women	Prelims
4:50	100	Men	Prelims
5:00	4 x 800	Women	(TENTATIVE if there is interest from teams)
5:15	4 x 800	Men	(TENTATIVE if there is interest from teams)
5:25	400	Women	
5:30	400	Men	
5:40	4 x 100	Women	
5:45	4 x 100	Men	
5:50	3k Steeplechase	Women	
6:05	3k Steeplechase	Men	
6:25	100 Hurdles	Women	Finals
6:30	110 Hurdles	Men	Finals
6:35	100	Women	Finals
6:40	100	Men	Finals
6:45	1500	Women	
6:55	1500	Men	
7:05	5000m Racewalk	Women/Men	
7:35	400 Hurdles	Women	
7:40	400 Hurdles	Men	
7:45	5000	Women	
8:05	5000	Men	
8:25	200	Women	
8:35	200	Men	
8:45	4 x 400	Women	
8:50	4 x 400	Men	
8:55	800	Women	
9:05	800	Men	

