

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023

Bulldog Fieldhouse

Results

Event 1 Men 60 Meter Dash

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Stadium Rec.: F 6.71 1/29/2011 Brijesh Lawrence, Doane College
Meet Record: G 6.64 2011 Brijesh Lawrence, Doane
NAIA Auto: A 6.88
NAIA B: B 6.91
          6.88 NAIA
          6.93 PROV
    
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Name	Year	School	Prelims	H#
Preliminaries				
1 Jnofinn, Marcus	JR	Mount Marty	A 6.87QNAIA	3
2 Archer, Dominic	SO	Briar Cliff	B 6.89QPROV	1
3 Moore, Jadae	SO	Doane	B 6.91QPROV	2
4 Davis, Luke	SO	Doane	6.96q	1
5 Black, Emmett	JR	Doane	6.99q	3
6 Breckenridge, Donovan	SO	Mount Marty	7.03q	2 7.023
6 Vincent, Christopher	SO	Doane	7.03q	1 7.023
8 Rathe, Joel	SO	Concordia	7.03q	2 7.027
9 Franken, Logan	SO	Dordt	7.05	1
10 Whisenhunt, Dalton	FR	Doane	7.07	2
11 Miller, Joshua	FR	Briar Cliff	7.08	3 7.073
12 Drake, Austin	SR	Doane	7.08	2 7.076
13 Banker, Ashton	SO	Morningside	7.09	3
14 Ingraham, Brayden	FR	Briar Cliff	7.13	1
15 Schober, Ryan	SO	Dordt	7.16	2
16 Wynne, Tyreece	FR	Northwestern	7.22	1
17 Green, Rian	FR	Doane	7.76	3

Event 1 Men 60 Meter Dash

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Meet Record: G 6.64 2011 Brijesh Lawrence, Doane
NAIA Auto: A 6.88
NAIA B: B 6.91
          6.88 NAIA
          6.93 PROV
    
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Name	Year	School	Finals	
Finals				
1 Jnofinn, Marcus	JR	Mount Marty	6.81ANAIA	
2 Moore, Jadae	SO	Doane	6.85ANAIA	
3 Archer, Dominic	SO	Briar Cliff	6.87ANAIA	
4 Davis, Luke	SO	Doane	6.95	
5 Black, Emmett	JR	Doane	7.02	7.011
6 Vincent, Christopher	SO	Doane	7.02	7.020
7 Rathe, Joel	SO	Concordia	7.03	
8 Breckenridge, Donovan	SO	Mount Marty	7.15	
Preliminaries				
9 Franken, Logan	SO	Dordt		
10 Whisenhunt, Dalton	FR	Doane		
11 Miller, Joshua	FR	Briar Cliff		
12 Drake, Austin	SR	Doane		
13 Banker, Ashton	SO	Morningside		
14 Ingraham, Brayden	FR	Briar Cliff		
15 Schober, Ryan	SO	Dordt		
16 Wynne, Tyreece	FR	Northwestern		

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17 Green, Rian FR Doane

Event 2 Men 60 Meter Hurdles

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Stadium Rec.: F 8.06 1/7/2017 Tremayne Flagler, Iowa Western
Meet Record: G 8.05 2009 Eric Risinger, Midland
NAIA Auto: A 8.23
NAIA B: B 8.38
           8.23 NAIA
           8.38 PROV

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Name	Year	School	Prelims	H#
1 Turner, Zach	SO	Doane	G 8.02QNAIA	3
2 Freiberg, Austin	JR	Morningside	A 8.15QNAIA	2
3 Cooke, Mark	SR	Concordia	8.45Q	1
4 Baumert, Kyle	SR	Dordt	B 8.34qPROV	3
5 Wiebelhaus, Seth	SR	Mount Marty	8.49q	2
6 Fuselier, Jonathan	FR	Mount Marty	8.57q	1
7 Shepard, Evan	FR	Midland	8.64q	3
8 Hartzler, Connor	SO	Hastings	8.72q	1
9 Groen, Justin	SR	Dordt	8.76	3
10 Krejci, John	JR	Doane	8.78	2
11 Fries, Gage	FR	Concordia	8.82	3
12 Beyer, Michael	FR	Mount Marty	8.83	2 8.822
13 Smith, Joel	FR	Concordia	8.83	2 8.823
14 Puppe, Deagan	FR	Mount Marty	8.87	1
15 Bomgaars, AJ	FR	Northwestern	9.08	1
16 Freiberg, Marc	JR	Concordia	9.48	2
17 Nielsen, Barrett	FR	Dakota Wesleyan	9.67	3
18 Sagehorn, Ashton	FR	Doane	9.98	1

Event 2 Men 60 Meter Hurdles

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Stadium Rec.: F 8.06 1/7/2017 Tremayne Flagler, Iowa Western
Meet Record: G 8.05 2009 Eric Risinger, Midland
NAIA Auto: A 8.23
NAIA B: B 8.38
           8.23 NAIA
           8.38 PROV

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Name	Year	School	Finals
Finals			
1 Turner, Zach	SO	Doane	7.97GNAIA
2 Freiberg, Austin	JR	Morningside	8.13ANAIA
3 Fuselier, Jonathan	FR	Mount Marty	8.23ANAIA
4 Baumert, Kyle	SR	Dordt	8.26BPROV
5 Cooke, Mark	SR	Concordia	8.28BPROV
6 Wiebelhaus, Seth	SR	Mount Marty	8.52
7 Shepard, Evan	FR	Midland	8.56
8 Hartzler, Connor	SO	Hastings	8.84
Preliminaries			
9 Groen, Justin	SR	Dordt	
10 Krejci, John	JR	Doane	
11 Fries, Gage	FR	Concordia	
12 Beyer, Michael	FR	Mount Marty	

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13 Smith, Joel	FR Concordia
14 Puppe, Deagan	FR Mount Marty
15 Bomgaars, AJ	FR Northwestern
16 Freiberg, Marc	JR Concordia
17 Nielsen, Barrett	FR Dakota Wesleyan
18 Sagehorn, Ashton	FR Doane

Event 3 Men 200 Meter Dash

Stadium Rec.: F 21.81	1/28/2012	Brijesh Lawrence, Doane College
Meet Record: G 21.78	2003	Bret Blake, Neb Wesleyan
NAIA Auto: A 22.16		
NAIA B: B 22.29		
22.26	NAIA	
22.38	PROV	

Name	Year	School	Finals	H#
Finals				
1 Breckenridge, Donovan	SO	Mount Marty	21.95ANAIA	5
2 Moore, Jadae	SO	Doane	22.27BPROV	5
3 Drake, Austin	SR	Doane	22.29BPROV	5 22.281
4 Kalvelage, Braden	FR	Northwestern	22.29BPROV	4 22.285
5 Turner, Zach	SO	Doane	22.36 PROV	5
6 Simons, Nathan	SR	Mount Marty	22.42	4 22.419
7 Schelhaas, Levi	FR	Dordt	22.45	3
8 Jahn, Braden	SR	Northwestern	22.53	4
9 Banker, Ashton	SO	Morningside	22.55	3
10 Franken, Logan	SO	Dordt	22.63	2
11 Archer, Dominic	SO	Briar Cliff	22.65	2
12 Gutierrez, Joaquin	FR	Doane	22.69	2
13 Vincent, Christopher	SO	Doane	22.87	2
14 Mahoney, Andrew	SO	Doane	23.02	4
15 Vrbas, Kadin	SO	Concordia	23.24	3
16 Wagner, Luke	JR	Dordt	23.45	1
-- Post, Cody	SR	Northwestern	DQ	1 Rule 7 Sec 5.2b 22.4

Event 4 Men 400 Meter Dash

Two Turn Stagger - Lanes				
Stadium Rec.: F 47.73	2/8/2019	Mason Held, York College		
Meet Record: G 47.99	2/19/2022	Ben Jefferies, Briar Cliff		
NAIA Auto: A 49.54				
NAIA B: B 49.99				
49.55	NAIA			
50.00	PROV			
Name	Year	School	Finals	H#
Finals				
1 Mauldin, Payton	JR	Dordt	48.81ANAIA	3
23.581 (23.581)		48.805 (25.224)		
2 Turner, Zach	SO	Doane	49.18ANAIA	3
23.445 (23.445)		49.180 (25.735)		
3 Meyer, Colton	JR	Concordia	49.22ANAIA	3
22.878 (22.878)		49.216 (26.339)		
4 Breckenridge, Donovan	SO	Mount Marty	49.41ANAIA	3
23.276 (23.276)		49.403 (26.127)		

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....Event 4 Men 400 Meter Dash

5	Schelhaas, Levi	FR Dordt	50.01	3
	23.301 (23.301)	50.008 (26.707)		
6	Gutierrez, Joaquin	FR Doane	50.07	3
	23.601 (23.601)	50.068 (26.467)		
7	Schouten, Tanner	FR Northwestern	50.83	1
	24.147 (24.147)	50.824 (26.677)		
8	Mulder, Caleb	FR Doane	51.26	2
	23.953 (23.953)	51.251 (27.298)		
9	Griffin, Tristin	FR Hastings	51.27	2
	24.103 (24.103)	51.268 (27.165)		
10	Ochsner, Aaron	SO Hastings	51.66	2
	24.655 (24.655)	51.657 (27.003)		
11	Cook, Jalen	FR Briar Cliff	51.83	2
	23.936 (23.936)	51.830 (27.894)		
12	Oostra, Mitchell	SR Northwestern	52.43	1
	24.027 (24.027)	52.427 (28.400)		
13	Knutson, Braeden	JR Jamestown	52.62	1
	23.976 (23.976)	52.620 (28.644)		
14	Ochoa, Osiel	SO Briar Cliff	52.75	1
	24.471 (24.471)	52.749 (28.278)		
15	Case, Matthew	JR Doane	52.82	2
	24.818 (24.818)	52.812 (27.994)		
16	Wagner, Luke	JR Dordt	52.83	2
	23.892 (23.892)	52.830 (28.938)		
17	Hartzler, Connor	SO Hastings	53.12	1
	24.007 (24.007)	53.114 (29.107)		
18	Bradley, Connor	FR Doane	53.38	1
	24.334 (24.334)	53.371 (29.038)		

Event 5 Men 600 Meter Run

Two Turn Stagger - Lanes
 Stadium Rec.: F 1:19.10 12/10/2022 Payton Mauldin, Dordt
 Meet Record: G 1:19.23 2001 Jacob Koczman, Northwestern
 NAIA Auto: A 1:21.99
 NAIA B: B 1:22.79
 1:22.00 NAIA
 1:22.80 PROV

Name	Year	School	Finals	H#
1 Mauldin, Payton	JR	Dordt	1:22.63BPROV	3
			27.294 (27.294) 54.967 (27.674) 1:22.626 (27.659)	
2 Zevenbergen, Cole	JR	Dordt	1:23.17	3
			26.681 (26.681) 55.082 (28.402) 1:23.164 (28.082)	
3 Hawes, Kingdon	SR	Doane	1:23.40	3
			27.362 (27.362) 55.521 (28.159) 1:23.399 (27.878)	
4 Miller, Peyton	SR	Dordt	1:23.54	3
			27.120 (27.120) 55.295 (28.175) 1:23.539 (28.244)	
5 Engelmann, Trey	SO	Northwestern	1:23.93	2
			25.592 (25.592) 54.099 (28.507) 1:23.927 (29.829)	
6 Tasler, Jordan	JR	Doane	1:24.00	3
			27.104 (27.104) 55.650 (28.547) 1:23.997 (28.348)	
7 Clausen, Brian	JR	Hastings	1:24.12	2
			25.727 (25.727) 53.561 (27.834) 1:24.112 (30.552)	

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....Event 5 Men 600 Meter Run

8	Amaro, Robert	SO Briar Cliff	1:24.48	2
	25.826 (25.826)	54.302 (28.477)	1:24.474 (30.172)	
9	Hernandez, David	JR Morningside	1:25.13	2
	26.017 (26.017)	54.377 (28.360)	1:25.122 (30.745)	
10	Cline, Kady	SO Morningside	1:25.63	2
	25.986 (25.986)	54.685 (28.699)	1:25.629 (30.944)	
11	Simons, Nathan	SR Mount Marty	1:25.69	3
	27.472 (27.472)	56.076 (28.604)	1:25.686 (29.610)	
12	Varela, Ivan	FR Doane	1:25.91	1
	26.157 (26.157)	54.557 (28.400)	1:25.907 (31.350)	
13	Kruger, Casey	FR Morningside	1:26.21	1
	27.127 (27.127)	56.067 (28.940)	1:26.202 (30.135)	
14	Walker, Alexander	SO Jamestown	1:26.33	1
	26.847 (26.847)	55.719 (28.873)	1:26.322 (30.603)	
15	Ebert, Trace	JR Doane	1:26.80	1
	27.496 (27.496)	56.532 (29.037)	1:26.798 (30.267)	
16	Olbrich, Blake	SO Midland	1:28.22	1
	27.897 (27.897)	57.026 (29.129)	1:28.217 (31.192)	
17	Miser, Dakota	FR Doane	1:28.45	1
	27.317 (27.317)	56.788 (29.472)	1:28.442 (31.654)	

Event 6 Men 800 Meter Run

Two Turn Stagger - Lanes

Stadium Rec.: F 1:50.27 2/10/2017 Cronin Decano, Fort Hays State

Meet Record: G 1:53.91 2/18/2017 Sam Wensink, Dordt

NAIA Auto: A 1:55.94

NAIA B: B 1:56.89

1:55.95 NAIA

1:56.90 PROV

Name	Year	School	Finals	H#
1 Mauldin, Payton		JR Dordt	1:56.41BPROV	3
	28.936 (28.936)	58.336 (29.400)	1:27.676 (29.340)	1:56.401 (28.725)
2 Stoeckermann, Henri		SO Midland	1:57.48	3
	28.691 (28.691)	57.937 (29.247)	1:27.801 (29.864)	1:57.479 (29.678)
3 Wittenberg, Josiah		FR Dordt	1:57.88	3
	28.462 (28.462)	57.726 (29.264)	1:27.967 (30.242)	1:57.877 (29.910)
4 Shanks, Hunter		JR Dakota Wesleyan	1:58.06	3
	29.051 (29.051)	58.401 (29.350)	1:28.975 (30.574)	1:58.054 (29.079)
5 Blankenship, Duncan		SO Doane	1:58.35	3
	28.837 (28.837)	58.161 (29.324)	1:28.032 (29.872)	1:58.341 (30.309)
6 Brunsting, Dayton		SO Dordt	2:00.42	2
	28.683 (28.683)	59.808 (31.125)	1:30.491 (30.683)	2:00.415 (29.924)
7 Zevenbergen, Cole		JR Dordt	2:01.08	2
	29.613 (29.613)	1:00.341 (30.728)	1:31.451 (31.110)	2:01.078 (29.628)
8 Amaro, Robert		SO Briar Cliff	2:01.52	2
	29.452 (29.452)	59.697 (30.245)	1:30.928 (31.232)	2:01.518 (30.590)
9 Matthews, Carter		FR Briar Cliff	2:01.76	1
	29.658 (29.658)	1:00.295 (30.637)	1:30.888 (30.594)	2:01.758 (30.870)
10 Janssen, Tyler		SR Morningside	2:02.36	1
	28.190 (28.190)	57.620 (29.430)	1:29.481 (31.862)	2:02.357 (32.877)
11 Burks, Deshawn		FR Hastings	2:02.48	2
	28.863 (28.863)	1:00.446 (31.583)	1:32.058 (31.613)	2:02.473 (30.415)

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Results

....Event 6 Men 800 Meter Run

12 Willweber, Micah	SO Concordia	2:02.83	2
29.836 (29.836)	1:00.401 (30.565)	1:31.090 (30.689)	2:02.827 (31.738)
13 Wenz, Will	SO Doane	2:03.06	1
28.787 (28.787)	59.466 (30.679)	1:31.127 (31.662)	2:03.056 (31.929)
14 Kunert, Joseph	SR Northwestern	2:04.30	1
29.058 (29.058)	59.821 (30.763)	1:31.843 (32.023)	2:04.293 (32.450)
15 Miller, Peyton	SR Dordt	2:05.04	2
30.021 (30.021)	1:00.916 (30.895)	1:33.303 (32.388)	2:05.031 (31.728)
16 Hjortkjaer, Lucas	FR Midland	2:05.19	3
29.482 (29.482)	59.197 (29.715)	1:31.700 (32.503)	2:05.181 (33.482)
17 Opp, Hudson	FR Concordia	2:05.86	1
29.543 (29.543)	1:00.471 (30.928)	1:33.487 (33.017)	2:05.857 (32.370)
18 Kwiatkowski, Jordan	FR Doane	2:12.08	1
29.422 (29.422)	1:01.076 (31.654)	1:35.216 (34.140)	2:12.080 (36.864)

Event 7 Men 1000 Meter Run

Waterfall

Stadium Rec.: F 2:29.88 2/19/2022 Jebadiah Merkle, Dordt
 Meet Record: G 2:29.88 2/19/2022 Jebadiah Merkle, Dordt
 NAIA Auto: A 2:31.05
 NAIA B: B 2:32.57
 2:32.00 NAIA
 2:33.00 PROV

Name	Year School	Finals	H#
1 Engen, Trey	JR Dordt	2:32.60 PROV	2
30.948 (30.948)	1:01.557 (30.609)	1:32.868 (31.312)	2:04.175 (31.308)
2:32.595 (28.420)			
2 May, Sam	FR Dordt	2:34.15	2
31.539 (31.539)	1:02.149 (30.610)	1:33.770 (31.622)	2:04.529 (30.759)
2:34.143 (29.614)			
3 Sayler, Caleb	SO Dakota Wesleyan	2:35.55	2
31.092 (31.092)	1:01.697 (30.605)	1:33.240 (31.544)	2:05.488 (32.248)
2:35.548 (30.060)			
4 Oliver, Thomas	SO Doane	2:36.33	2
32.568 (32.568)	1:03.053 (30.485)	1:35.075 (32.023)	2:06.712 (31.637)
2:36.323 (29.612)			
5 Dockweiler, Kalen	JR Doane	2:36.44	2
30.717 (30.717)	1:01.352 (30.635)	1:34.698 (33.347)	2:05.602 (30.904)
2:36.433 (30.832)			
6 Grigsby, Michael	FR Doane	2:36.47	2
31.992 (31.992)	1:02.640 (30.649)	1:34.103 (31.463)	2:05.908 (31.805)
2:36.463 (30.555)			
7 Swanson, Luke	FR Dordt	2:38.66	1
31.729 (31.729)	1:03.349 (31.620)	1:35.623 (32.274)	2:08.294 (32.672)
2:38.652 (30.358)			
8 Evans, Ryan	SO Doane	2:38.90	2
32.229 (32.229)	1:02.878 (30.649)	1:34.755 (31.878)	2:06.445 (31.690)
2:38.894 (32.449)			
9 Hulstein, Tage	FR Dordt	2:39.71	1
31.159 (31.159)	1:03.118 (31.959)	1:35.336 (32.218)	2:08.074 (32.739)
2:39.704 (31.630)			

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Results

....Event 7 Men 1000 Meter Run

10 Rohde, Calvin	SO Concordia	2:40.65	2
30.970 (30.970)	1:01.518 (30.548)	1:35.933 (34.415)	2:08.279 (32.347)
2:40.645 (32.367)			
11 Ideker, Caden	SR Mount Marty	2:40.99	1
32.332 (32.332)	1:04.687 (32.355)	1:37.794 (33.108)	2:10.336 (32.542)
2:40.987 (30.652)			
12 Determan, Westley	FR Concordia	2:41.10	1
31.926 (31.926)	1:03.786 (31.860)	1:36.012 (32.227)	2:08.699 (32.688)
2:41.092 (32.393)			
13 Martin, David	JR Jamestown	2:43.04	1
32.616 (32.616)	1:05.346 (32.730)	1:38.106 (32.760)	2:11.654 (33.549)
2:43.037 (31.383)			
14 Ortiz, Daniel	JR Doane	2:43.07	1
32.067 (32.067)	1:04.396 (32.329)	1:37.583 (33.188)	2:11.383 (33.800)
2:43.066 (31.683)			
15 Bervig, Nathaniel	SO Dordt	2:46.30	1
31.504 (31.504)	1:04.111 (32.607)	1:38.293 (34.183)	2:12.632 (34.339)
2:46.293 (33.662)			
16 Thompson, Landon	FR Jamestown	2:48.30	1
32.792 (32.792)	1:05.588 (32.797)	1:39.317 (33.729)	2:13.753 (34.437)
2:48.298 (34.545)			
17 Salter, Tyler	FR Hastings	2:50.42	2
31.587 (31.587)	1:03.144 (31.558)	1:36.322 (33.178)	2:12.394 (36.073)
2:50.414 (38.020)			
18 Tvedt, Tague	FR Mount Marty	2:55.76	1
32.246 (32.246)	1:05.116 (32.870)	1:39.563 (34.448)	2:17.327 (37.764)
2:55.751 (38.424)			

Event 8 Men 1 Mile Run

Waterfall
 Stadium Rec.: F 4:13.74 1/29/2017 Ryan Cox, Northwest Missouri State
 Meet Record: G 4:14.77 2/18/2017 Tim Rose, Northwestern
 NAIA Auto: A 4:18.26
 NAIA B: B 4:20.28
 4:19.50 NAIA
 4:22.00 PROV

Name	Year	School	Finals	H#
1 Engen, Trey	JR	Dordt	4:14.62GNAIA	2
34.999 (34.999)	1:06.187 (31.189)	1:38.216 (32.029)	2:10.482 (32.267)	
2:42.446 (31.964)	3:14.690 (32.244)	3:45.644 (30.954)	4:14.620 (28.977)	
2 Shippy, Peter	JR	Dordt	4:15.35ANAIA	2
35.751 (35.751)	1:06.704 (30.953)	1:38.750 (32.047)	2:10.965 (32.215)	
2:42.947 (31.983)	3:15.316 (32.369)	3:46.207 (30.892)	4:15.345 (29.138)	
3 Anderson, Joe	SR	Dordt	4:15.76ANAIA	2
35.421 (35.421)	1:06.451 (31.030)	1:38.462 (32.012)	2:10.424 (31.962)	
2:42.560 (32.137)	3:14.935 (32.375)	3:45.936 (31.002)	4:15.756 (29.820)	
4 Rohde, Calvin	SO	Concordia	4:16.35ANAIA	2
34.874 (34.874)	1:05.294 (30.420)	1:37.484 (32.190)	2:09.555 (32.072)	
2:42.130 (32.575)	3:14.866 (32.737)	3:45.689 (30.823)	4:16.341 (30.653)	
5 Baldauf, Wyatt	JR	Dakota Wesleyan	4:16.43ANAIA	2
35.150 (35.150)	1:06.332 (31.183)	1:38.285 (31.953)	2:09.816 (31.532)	
2:42.392 (32.577)	3:15.405 (33.013)	3:46.550 (31.145)	4:16.429 (29.879)	

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....Event 8 Men 1 Mile Run

6 Dockweiler, Kalen	JR Doane	4:16.58	ANAIA	2
34.775 (34.775)	1:05.801 (31.027)	1:37.969 (32.168)	2:10.219 (32.250)	
2:42.317 (32.099)	3:15.035 (32.718)	3:46.257 (31.223)	4:16.576 (30.319)	
7 Oliver, Thomas	SO Doane	4:19.88	BPROV	2
36.182 (36.182)	1:06.979 (30.797)	1:38.317 (31.339)	2:09.731 (31.414)	
2:41.971 (32.240)	3:15.186 (33.215)	3:47.135 (31.949)	4:19.872 (32.738)	
8 Sayler, Caleb	SO Dakota Wesleyan	4:23.43		2
35.616 (35.616)	1:06.539 (30.923)	1:38.572 (32.034)	2:10.860 (32.288)	
2:43.197 (32.338)	3:16.210 (33.013)	3:49.760 (33.550)	4:23.421 (33.662)	
9 McCafferty, Christian	JR Midland	4:32.32		1
34.131 (34.131)	1:07.275 (33.144)	1:42.092 (34.818)	2:17.287 (35.195)	
2:52.219 (34.932)	3:27.192 (34.974)	4:01.349 (34.157)	4:32.320 (30.972)	
10 Kunc1, Trevor	FR Concordia	4:32.82		1
33.317 (33.317)	1:07.035 (33.718)	1:41.815 (34.780)	2:17.009 (35.194)	
2:51.876 (34.868)	3:26.366 (34.490)	4:00.149 (33.783)	4:32.815 (32.667)	
11 Pennekamp, Nathan	SO Concordia	4:33.67		1
34.267 (34.267)	1:07.711 (33.444)	1:42.317 (34.607)	2:17.531 (35.214)	
2:52.090 (34.559)	3:25.931 (33.842)	4:00.584 (34.653)	4:33.661 (33.078)	
12 Hayden, Charlie	SO Concordia	4:34.82		1
33.575 (33.575)	1:07.496 (33.922)	1:42.840 (35.344)	2:17.952 (35.113)	
2:52.419 (34.467)	3:26.846 (34.428)	4:01.711 (34.865)	4:34.819 (33.108)	
13 vanWestrienen, Isaac	FR Midland	4:37.63		1
34.495 (34.495)	1:08.020 (33.525)	1:42.555 (34.535)	2:17.832 (35.278)	
2:52.851 (35.019)	3:27.087 (34.237)	4:02.702 (35.615)	4:37.625 (34.923)	
14 Nguyen, Jimmy	FR Concordia	4:38.80		1
34.457 (34.457)	1:07.821 (33.364)	1:43.035 (35.214)	2:18.287 (35.253)	
2:52.891 (34.604)	3:28.095 (35.204)	4:04.017 (35.923)	4:38.795 (34.778)	
15 Bervig, Nathaniel	SO Dor dt	4:39.50		1
34.597 (34.597)	1:08.214 (33.617)	1:43.325 (35.112)	2:18.990 (35.665)	
2:54.006 (35.017)	3:30.191 (36.185)	4:06.130 (35.939)	4:39.500 (33.370)	
16 Hanson, Garrett	SR Morningside	4:43.11		1
34.815 (34.815)	1:08.481 (33.667)	1:43.629 (35.148)	2:19.516 (35.888)	
2:56.176 (36.660)	3:33.646 (37.470)	4:10.361 (36.715)	4:43.109 (32.748)	
17 Tvedt, Tague	FR Mount Marty	4:51.47		1
33.819 (33.819)	1:07.510 (33.692)	1:42.630 (35.120)	2:18.902 (36.273)	
2:56.232 (37.330)	3:35.239 (39.007)	4:14.357 (39.119)	4:51.467 (37.110)	
-- Sesna, Camden	JR Concordia	DNF		2
35.866 (35.866)	1:06.734 (30.868)	1:38.782 (32.049)		

Event 9 Men 3000 Meter Run

Double Waterfall - 2 Turn Stagger

Stadium Rec.: F 8:30.30 2/12/2015 Jonny Bernasky, Fort Hays St

Meet Record: G 8:36.99 2/18/2017 Danny Aldaba, Midland

NAIA Auto: A 8:37.93

NAIA B: B 8:42.49

8:42.00 NAIA

8:46.00 PROV

Name Year School Finals

1 Anderson, Joe	SR Dor dt	8:37.88	ANAIA	
34.839 (34.839)	1:09.796 (34.958)	1:44.736 (34.940)	2:19.615 (34.879)	
2:54.566 (34.952)	3:30.084 (35.518)	4:05.195 (35.112)	4:40.844 (35.649)	
5:15.425 (34.582)	5:50.009 (34.584)	6:24.654 (34.645)	6:59.445 (34.792)	
7:32.854 (33.409)	8:06.174 (33.320)	8:37.876 (31.703)		

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023

Bulldog Fieldhouse

Results

....Event 9 Men 3000 Meter Run

2	Shippy, Peter	JR Dordt	8:39.36	BNAIA
	35.610 (35.610)	1:10.644 (35.034)	1:45.549 (34.905)	2:20.302 (34.754)
	2:55.297 (34.995)	3:30.827 (35.530)	4:05.935 (35.108)	4:41.700 (35.765)
	5:16.727 (35.028)	5:51.765 (35.038)	6:26.467 (34.703)	7:01.027 (34.560)
	7:35.066 (34.039)	8:08.655 (33.589)	8:39.354 (30.699)	
3	Tebben, Davis	SR Dordt	8:44.21	PROV
	35.332 (35.332)	1:10.340 (35.008)	1:45.232 (34.893)	2:20.060 (34.828)
	2:54.997 (34.938)	3:30.544 (35.547)	4:05.657 (35.114)	4:41.501 (35.844)
	5:16.440 (34.939)	5:51.576 (35.137)	6:26.741 (35.165)	7:01.525 (34.784)
	7:36.579 (35.054)	8:11.020 (34.442)	8:44.207 (33.188)	
4	Vorster, Aidan	SO Dordt	8:44.52	PROV
	35.900 (35.900)	1:10.911 (35.012)	1:45.839 (34.928)	2:20.602 (34.764)
	2:55.657 (35.055)	3:31.079 (35.422)	4:06.177 (35.099)	4:41.997 (35.820)
	5:17.555 (35.558)	5:52.704 (35.149)	6:27.976 (35.273)	7:02.837 (34.862)
	7:38.320 (35.483)	8:13.450 (35.130)	8:44.515 (31.065)	
5	Schroeder, Thaniel	SR Dordt	8:45.14	PROV
	36.194 (36.194)	1:11.204 (35.010)	1:46.080 (34.877)	2:20.845 (34.765)
	2:55.914 (35.069)	3:31.337 (35.424)	4:06.404 (35.067)	4:42.285 (35.882)
	5:17.890 (35.605)	5:53.072 (35.183)	6:28.966 (35.894)	7:04.696 (35.730)
	7:40.526 (35.830)	8:14.926 (34.400)	8:45.139 (30.213)	
6	Dockweiler, Kalen	JR Doane	8:48.22	
	36.841 (36.841)	1:12.047 (35.207)	1:46.827 (34.780)	2:21.596 (34.769)
	2:57.144 (35.548)	3:32.415 (35.272)	4:07.665 (35.250)	4:41.712 (34.048)
	5:17.051 (35.339)	5:52.001 (34.950)	6:28.106 (36.105)	7:03.524 (35.418)
	7:40.256 (36.733)	8:15.084 (34.828)	8:48.219 (33.135)	
7	Oliver, Thomas	SO Doane	8:51.81	
	36.591 (36.591)	1:11.870 (35.279)	1:46.425 (34.555)	2:21.884 (35.459)
	2:56.710 (34.827)	3:32.046 (35.337)	4:07.210 (35.164)	4:40.675 (33.465)
	5:15.649 (34.974)	5:52.275 (36.627)	6:28.511 (36.237)	7:05.650 (37.139)
	7:42.767 (37.118)	8:19.156 (36.389)	8:51.806 (32.650)	
8	Baldauf, Wyatt	JR Dakota Wesleyan	8:52.13	
	35.091 (35.091)	1:10.059 (34.968)	1:44.982 (34.924)	2:19.817 (34.835)
	2:54.776 (34.959)	3:30.320 (35.544)	4:05.436 (35.117)	4:41.255 (35.819)
	5:17.314 (36.059)	5:53.311 (35.998)	6:30.852 (37.542)	7:09.290 (38.438)
	7:46.796 (37.507)	8:21.824 (35.028)	8:52.122 (30.299)	
9	Summerhays, Ethan	JR Dordt	8:58.30	
	36.464 (36.464)	1:11.540 (35.077)	1:46.366 (34.827)	2:21.184 (34.818)
	2:56.304 (35.120)	3:31.666 (35.363)	4:06.820 (35.154)	4:42.642 (35.823)
	5:18.727 (36.085)	5:55.325 (36.598)	6:33.007 (37.683)	7:10.224 (37.217)
	7:47.097 (36.874)	8:23.672 (36.575)	8:58.294 (34.622)	
10	vanWestrienen, Isaac	FR Midland	9:02.65	
	36.696 (36.696)	1:12.337 (35.642)	1:47.145 (34.808)	2:22.202 (35.058)
	2:57.415 (35.213)	3:32.779 (35.364)	4:07.995 (35.217)	4:43.374 (35.379)
	5:19.971 (36.598)	5:57.390 (37.419)	6:35.231 (37.842)	7:12.592 (37.362)
	7:50.415 (37.823)	8:28.119 (37.704)	9:02.645 (34.527)	
11	Bonifas, Luke	FR Doane	9:06.33	
	37.084 (37.084)	1:12.785 (35.702)	1:47.889 (35.104)	2:23.187 (35.299)
	2:59.159 (35.972)	3:34.919 (35.760)	4:10.311 (35.393)	4:46.271 (35.960)
	5:22.251 (35.980)	5:59.956 (37.705)	6:36.809 (36.853)	7:15.145 (38.337)
	7:53.432 (38.288)	8:30.969 (37.537)	9:06.322 (35.354)	
12	Den Herder, Avery	JR Dordt	9:06.76	
	36.954 (36.954)	1:12.547 (35.594)	1:47.624 (35.077)	2:23.070 (35.447)
	2:59.341 (36.272)	3:36.006 (36.665)	4:12.985 (36.979)	4:49.890 (36.905)
	5:27.062 (37.173)	6:04.567 (37.505)	6:42.164 (37.597)	7:19.415 (37.252)
	7:56.401 (36.987)	8:32.586 (36.185)	9:06.754 (34.168)	

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023

Bulldog Fieldhouse

Results

....Event 9 Men 3000 Meter Run

13 Mahoney, Jon	SO Midland	9:18.33		
37.317 (37.317)	1:13.104 (35.787)	1:48.175 (35.072)	2:23.469 (35.294)	
2:59.360 (35.892)	3:35.260 (35.900)	4:11.092 (35.833)	4:47.199 (36.107)	
5:24.955 (37.757)	6:04.044 (39.089)	6:43.759 (39.715)	7:23.127 (39.369)	
8:01.839 (38.712)	8:40.284 (38.445)	9:18.330 (38.047)		
14 Ellis, Jack	SO Concordia	9:21.79		
37.629 (37.629)	1:13.699 (36.070)	1:49.739 (36.040)	2:26.132 (36.394)	
3:03.581 (37.449)	3:40.947 (37.367)	4:18.416 (37.469)	4:55.972 (37.557)	
5:33.770 (37.798)	6:12.136 (38.367)	6:50.337 (38.202)	7:28.146 (37.809)	
8:06.761 (38.615)	8:45.026 (38.265)	9:21.786 (36.760)		
15 Brouwer, Jacob	SR Dordt	9:23.59		
37.992 (37.992)	1:14.006 (36.014)	1:50.001 (35.995)	2:26.369 (36.368)	
3:03.897 (37.529)	3:41.310 (37.413)	4:18.802 (37.493)	4:56.337 (37.535)	
5:34.189 (37.852)	6:12.385 (38.197)	6:50.911 (38.527)	7:29.104 (38.193)	
8:07.581 (38.478)	8:45.880 (38.299)	9:23.581 (37.702)		
16 Hayden, Charlie	SO Concordia	9:46.74		
36.934 (36.934)	1:13.349 (36.415)	1:49.351 (36.003)	2:26.687 (37.337)	
3:04.279 (37.592)	3:42.055 (37.777)	4:20.594 (38.539)	4:59.489 (38.895)	
5:39.714 (40.225)	6:20.666 (40.953)	7:02.176 (41.510)	7:44.000 (41.824)	
8:26.941 (42.942)	9:08.850 (41.909)	9:46.732 (37.883)		

Event 10 Men 5000 Meter Run

Double Waterfall - 2 Turn Stagger
 Stadium Rec.: F 14:58.56 2/1/2014 Jason McCullough, Fort Hays St
 Meet Record: G 14:55.72 2/19/2022 Davis Tebben, Dordt
 NAIA Auto: A 15:01.03
 NAIA B: B 15:11.14
 15:06.00 NAIA
 15:20.00 PROV

Name	Year School	Finals		
1 Tebben, Davis	SR Dordt	14:58.49	FNAIA	
34.594 (34.594)	1:10.279 (35.685)	1:45.653 (35.374)	2:21.153 (35.500)	
2:57.127 (35.974)	3:32.630 (35.504)	4:08.375 (35.745)	4:44.188 (35.813)	
5:20.158 (35.970)	5:55.955 (35.798)	6:32.080 (36.125)	7:08.110 (36.030)	
7:43.995 (35.885)	8:19.845 (35.850)	8:55.598 (35.753)	9:31.669 (36.072)	
10:07.852 (36.183)	10:44.057 (36.205)	11:20.632 (36.575)	11:57.207 (36.575)	
12:33.560 (36.354)	13:09.764 (36.204)	13:46.654 (36.890)	14:23.154 (36.500)	
14:58.482 (35.328)				
2 Schroeder, Thaniel	SR Dordt	15:14.99	PROV	
34.854 (34.854)	1:10.535 (35.682)	1:45.927 (35.392)	2:21.364 (35.438)	
2:57.372 (36.008)	3:32.859 (35.488)	4:08.605 (35.747)	4:44.440 (35.835)	
5:20.452 (36.012)	5:56.202 (35.750)	6:32.342 (36.140)	7:08.369 (36.028)	
7:44.267 (35.898)	8:20.129 (35.863)	8:56.004 (35.875)	9:32.033 (36.029)	
10:08.709 (36.677)	10:45.958 (37.249)	11:23.884 (37.927)	12:02.547 (38.663)	
12:41.154 (38.608)	13:19.744 (38.590)	13:58.710 (38.967)	14:37.434 (38.724)	
15:14.987 (37.553)				

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023**Bulldog Fieldhouse****Results****....Event 10 Men 5000 Meter Run**

3 Vorster, Aidan	SO Dor dt	15:20.45		
35.137 (35.137)	1:10.949 (35.813)	1:46.252 (35.303)	2:21.653 (35.402)	
2:57.699 (36.047)	3:33.219 (35.520)	4:08.975 (35.757)	4:44.783 (35.808)	
5:20.769 (35.987)	5:56.468 (35.699)	6:32.648 (36.180)	7:08.715 (36.068)	
7:44.735 (36.020)	8:20.617 (35.882)	8:57.635 (37.019)	9:35.772 (38.137)	
10:14.153 (38.382)	10:53.303 (39.150)	11:32.337 (39.034)	12:11.522 (39.185)	
12:50.699 (39.178)	13:29.640 (38.942)	14:08.344 (38.704)	14:45.797 (37.453)	
15:20.445 (34.649)				
4 Summerhays, Ethan	JR Dor dt	15:30.53		
35.485 (35.485)	1:11.273 (35.788)	1:46.714 (35.442)	2:22.130 (35.417)	
2:58.158 (36.028)	3:33.609 (35.452)	4:09.274 (35.665)	4:45.193 (35.919)	
5:21.033 (35.840)	5:56.847 (35.814)	6:32.980 (36.134)	7:09.125 (36.145)	
7:45.199 (36.074)	8:21.234 (36.035)	8:58.019 (36.785)	9:35.579 (37.560)	
10:13.917 (38.338)	10:53.084 (39.168)	11:32.724 (39.640)	12:12.432 (39.708)	
12:52.385 (39.954)	13:33.089 (40.704)	14:13.990 (40.902)	14:53.279 (39.289)	
15:30.522 (37.243)				
5 Brouwer, Jacob	SR Dor dt	15:35.75		
37.369 (37.369)	1:13.475 (36.107)	1:50.420 (36.945)	2:28.079 (37.659)	
3:06.078 (37.999)	3:44.303 (38.225)	4:22.028 (37.725)	4:59.484 (37.457)	
5:36.240 (36.757)	6:14.064 (37.824)	6:51.987 (37.923)	7:29.534 (37.548)	
8:07.295 (37.762)	8:45.140 (37.845)	9:22.353 (37.213)	10:00.787 (38.434)	
10:39.030 (38.244)	11:17.152 (38.122)	11:55.347 (38.195)	12:33.439 (38.093)	
13:11.789 (38.350)	13:48.518 (36.729)	14:25.622 (37.104)	15:01.222 (35.600)	
15:35.744 (34.523)				
6 Mahoney, Jon	SO Midland	15:38.56		
37.659 (37.659)	1:14.395 (36.737)	1:51.238 (36.843)	2:28.655 (37.418)	
3:06.530 (37.875)	3:44.722 (38.192)	4:22.200 (37.479)	4:59.725 (37.525)	
5:36.480 (36.755)	6:14.288 (37.808)	6:52.228 (37.940)	7:29.852 (37.624)	
8:07.518 (37.667)	8:45.395 (37.878)	9:22.714 (37.319)	10:00.993 (38.279)	
10:39.273 (38.280)	11:17.368 (38.095)	11:55.522 (38.154)	12:33.069 (37.548)	
13:11.445 (38.377)	13:48.897 (37.452)	14:26.800 (37.904)	15:04.154 (37.354)	
15:38.553 (34.399)				
7 Ellis, Jack	SO Concordia	15:40.46		
36.539 (36.539)	1:13.134 (36.595)	1:50.447 (37.313)	2:28.234 (37.788)	
3:06.222 (37.988)	3:44.338 (38.117)	4:21.983 (37.645)	4:59.145 (37.163)	
5:35.955 (36.810)	6:13.815 (37.860)	6:51.703 (37.888)	7:29.225 (37.523)	
8:06.974 (37.749)	8:44.837 (37.863)	9:22.343 (37.507)	10:00.458 (38.115)	
10:38.785 (38.328)	11:17.252 (38.467)	11:55.720 (38.469)	12:33.108 (37.388)	
13:10.100 (36.993)	13:48.325 (38.225)	14:26.328 (38.003)	15:04.604 (38.277)	
15:40.458 (35.854)				
8 Gonzalez, Cristobal	JR Mount Marty	15:43.18		
38.259 (38.259)	1:14.753 (36.494)	1:51.687 (36.934)	2:28.789 (37.103)	
3:06.688 (37.899)	3:44.980 (38.293)	4:22.322 (37.342)	4:59.924 (37.603)	
5:36.779 (36.855)	6:14.517 (37.738)	6:52.393 (37.877)	7:30.102 (37.709)	
8:07.780 (37.679)	8:45.613 (37.833)	9:23.034 (37.422)	10:01.309 (38.275)	
10:39.542 (38.233)	11:17.738 (38.197)	11:55.059 (37.322)	12:32.668 (37.609)	
13:10.612 (37.944)	13:48.833 (38.222)	14:26.909 (38.077)	15:04.103 (37.194)	
15:43.172 (39.069)				

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023**Bulldog Fieldhouse****Results****....Event 10 Men 5000 Meter Run**

9 Bonifas, Luke	FR Doane	15:59.64		
36.299 (36.299)	1:12.957 (36.658)	1:50.208 (37.252)	2:27.964 (37.757)	
3:05.993 (38.029)	3:44.098 (38.105)	4:21.735 (37.638)	4:58.900 (37.165)	
5:35.728 (36.828)	6:13.603 (37.875)	6:51.439 (37.837)	7:28.985 (37.547)	
8:06.739 (37.754)	8:44.439 (37.700)	9:22.144 (37.705)	10:00.247 (38.103)	
10:38.508 (38.262)	11:16.987 (38.479)	11:55.317 (38.330)	12:33.205 (37.889)	
13:11.862 (38.657)	13:50.512 (38.650)	14:30.279 (39.768)	15:13.110 (42.832)	
15:59.633 (46.523)				
10 VanDeBerg, Ben	FR Northwestern	16:17.24		
36.977 (36.977)	1:13.954 (36.978)	1:51.742 (37.788)	2:29.139 (37.398)	
3:07.138 (37.999)	3:45.205 (38.068)	4:22.965 (37.760)	5:00.632 (37.667)	
5:38.442 (37.810)	6:16.865 (38.424)	6:56.044 (39.179)	7:35.319 (39.275)	
8:14.777 (39.458)	8:54.587 (39.810)	9:33.795 (39.209)	10:13.568 (39.773)	
10:53.903 (40.335)	11:34.918 (41.015)	12:15.555 (40.638)	12:55.499 (39.944)	
13:35.700 (40.202)	14:16.274 (40.574)	14:56.357 (40.083)	15:36.838 (40.482)	
16:17.238 (40.400)				
11 Tadlock, Jakob	SO Doane	16:20.16		
37.584 (37.584)	1:14.822 (37.238)	1:51.468 (36.647)	2:28.499 (37.032)	
3:06.360 (37.862)	3:44.582 (38.222)	4:22.540 (37.959)	5:00.333 (37.793)	
5:38.122 (37.789)	6:17.110 (38.989)	6:56.233 (39.123)	7:35.635 (39.403)	
8:14.407 (38.772)	8:54.330 (39.924)	9:34.072 (39.742)	10:14.210 (40.139)	
10:54.135 (39.925)	11:33.790 (39.655)	12:14.063 (40.273)	12:55.769 (41.707)	
13:37.302 (41.533)	14:18.660 (41.359)	15:00.183 (41.523)	15:41.374 (41.192)	
16:20.160 (38.787)				
12 Hjelmsstad, Drew	SO Jamestown	16:22.38		
38.013 (38.013)	1:14.583 (36.570)	1:51.502 (36.919)	2:28.867 (37.365)	
3:06.787 (37.920)	3:44.912 (38.125)	4:21.609 (36.698)	4:57.763 (36.154)	
5:35.254 (37.492)	6:13.469 (38.215)	6:52.680 (39.212)	7:31.160 (38.480)	
8:11.447 (40.287)	8:51.984 (40.538)	9:33.078 (41.094)	10:14.509 (41.432)	
10:53.243 (38.734)	11:36.119 (42.877)	12:18.130 (42.012)	13:00.353 (42.223)	
13:42.625 (42.273)	14:23.629 (41.004)	15:04.934 (41.305)	15:45.919 (40.985)	
16:22.380 (36.462)				
13 Santiago, Brian	SR Mount Marty	16:30.07		
35.803 (35.803)	1:13.209 (37.407)	1:50.728 (37.519)	2:28.394 (37.667)	
3:06.325 (37.932)	3:44.503 (38.178)	4:22.412 (37.909)	4:59.962 (37.550)	
5:37.504 (37.543)	6:16.355 (38.852)	6:55.789 (39.434)	7:35.900 (40.112)	
8:16.182 (40.282)	8:56.844 (40.663)	9:37.972 (41.128)	10:18.814 (40.843)	
11:00.679 (41.865)	11:42.807 (42.128)	12:24.870 (42.064)	13:06.572 (41.702)	
13:48.014 (41.443)	14:29.400 (41.387)	15:10.079 (40.679)	15:50.440 (40.362)	
16:30.069 (39.629)				
14 Hole, Zach	SR Hastings	16:34.43		
37.844 (37.844)	1:15.077 (37.233)	1:52.052 (36.975)	2:29.360 (37.309)	
3:06.930 (37.570)	3:45.358 (38.428)	4:22.842 (37.484)	5:00.467 (37.625)	
5:37.753 (37.287)	6:16.567 (38.814)	6:54.947 (38.380)	7:33.640 (38.694)	
8:13.338 (39.698)	8:53.694 (40.357)	9:34.503 (40.809)	10:15.217 (40.714)	
10:56.178 (40.962)	11:37.598 (41.420)	12:19.522 (41.924)	13:01.800 (42.279)	
13:44.419 (42.619)	14:27.585 (43.167)	15:10.612 (43.027)	15:53.230 (42.619)	
16:34.424 (41.194)				

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Results

....Event 10 Men 5000 Meter Run

15 Walgate, Logan	SO Concordia	16:56.34		
38.897 (38.897)	1:17.659 (38.763)	1:55.889 (38.230)	2:34.244 (38.355)	
3:13.582 (39.338)	3:53.324 (39.743)	4:32.940 (39.617)	5:12.393 (39.453)	
5:52.559 (40.167)	6:33.410 (40.852)	7:13.722 (40.312)	7:55.107 (41.385)	
8:36.672 (41.565)	9:16.962 (40.290)	9:58.000 (41.039)	10:39.637 (41.637)	
11:21.692 (42.055)	12:03.674 (41.983)	12:47.208 (43.534)	13:30.888 (43.680)	
14:14.802 (43.914)	14:57.422 (42.620)	15:39.515 (42.094)	16:21.743 (42.228)	
16:56.339 (34.597)				
16 Means, Carson	SO Mount Marty	17:01.42		
38.649 (38.649)	1:17.917 (39.268)	1:56.125 (38.209)	2:34.598 (38.473)	
3:13.855 (39.258)	3:53.609 (39.754)	4:33.207 (39.598)	5:12.753 (39.547)	
5:52.992 (40.239)	6:33.679 (40.688)	7:13.602 (39.923)	7:54.857 (41.255)	
8:37.035 (42.179)	9:18.665 (41.630)	10:00.688 (42.023)	10:42.874 (42.187)	
11:25.195 (42.322)	12:08.233 (43.038)	12:51.712 (43.479)	13:34.202 (42.490)	
14:15.848 (41.647)	14:58.607 (42.759)	15:41.290 (42.684)	16:23.559 (42.269)	
17:01.412 (37.853)				
17 Skorupa, Gavin	SO Doane	17:01.73		
36.203 (36.203)	1:13.507 (37.304)	1:51.038 (37.532)	2:28.515 (37.478)	
3:06.488 (37.973)	3:44.657 (38.169)	4:22.683 (38.027)	5:00.512 (37.829)	
5:38.752 (38.240)	6:17.438 (38.687)	6:56.965 (39.528)	7:37.070 (40.105)	
8:18.223 (41.153)	9:00.270 (42.048)	9:42.363 (42.093)	10:25.570 (43.208)	
11:09.662 (44.092)	11:52.970 (43.309)	12:36.747 (43.777)	13:21.723 (44.977)	
14:05.510 (43.788)	14:49.672 (44.162)	15:31.883 (42.212)	16:11.607 (39.724)	
17:01.729 (50.123)				
18 Kamp, Chase	SO Dordt	17:15.56		
37.179 (37.179)	1:15.193 (38.014)	1:53.062 (37.869)	2:31.274 (38.213)	
3:10.217 (38.943)	3:50.193 (39.977)	4:31.893 (41.700)	5:12.157 (40.264)	
5:53.097 (40.940)	6:33.919 (40.823)	7:14.220 (40.302)	7:55.878 (41.658)	
8:37.569 (41.692)	9:19.664 (42.095)	10:02.662 (42.998)	10:45.617 (42.955)	
11:28.859 (43.243)	12:13.657 (44.798)	12:57.317 (43.660)	13:41.454 (44.138)	
14:24.844 (43.390)	15:07.262 (42.418)	15:50.987 (43.725)	16:34.668 (43.682)	
17:15.558 (40.890)				

Event 11 Men 4x400 Meter Relay

Two Turn Stagger - Lanes
 Stadium Rec.: F 3:17.27 2/5/2022 Mount Marty
 D Breckenridge, N Simons, J Van Hemert, P Paul
 Meet Record: G 3:18.66 2/16/2019 Mount Marty College, Mount Marty
 D Robinson, J Rechtenbaugh, T McKee, P Paul
 NAIA Auto: A 3:20.99
 NAIA B: B 3:22.49
 3:21.00 NAIA
 3:22.50 PROV

School	Finals	H#
1 Northwestern	3:22.02BPROV	2
1) Jahn, Braden SR	2) Schouten, Tanner FR	
3) Oostra, Mitchell SR	4) Post, Cody SR	
50.384 (50.384)	1:41.133 (50.749) 2:32.124 (50.992)	3:22.019 (49.895)
2 Concordia	3:22.08BPROV	2
1) Cooke, Mark SR	2) Sugden, Colby SO	
3) Fagan, Liam FR	4) Meyer, Colton JR	
51.227 (51.227)	1:42.005 (50.779) 2:33.200 (51.195)	3:22.072 (48.872)

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Results

....Event 11 Men 4x400 Meter Relay

3 Doane				3:22.36BPROV	2
1) Drake, Austin SR		2) Mulder, Caleb FR			
3) Mahoney, Andrew SO		4) Gutierrez, Joaquin FR			
51.295 (51.295)	1:42.810 (51.515)	2:31.627 (48.817)		3:22.354 (50.728)	
4 Dordt			3:23.46		2
1) Schelhaas, Levi FR		2) Zevenbergen, Cole JR			
3) Schaap, Micah FR		4) Miller, Peyton SR			
51.973 (51.973)	1:42.432 (50.459)	2:33.218 (50.787)		3:23.452 (50.234)	
5 Mount Marty			3:25.59		2
1) Breckenridge, Donovan SO		2) Howard, Deontae SO			
3) Kropuenske, Nathaniel JR		4) Simons, Nathan SR			
51.258 (51.258)	1:44.588 (53.330)	2:36.922 (52.334)		3:25.583 (48.662)	
6 Hastings			3:27.09		1
1) Griffin, Tristin FR		2) Clausen, Brian JR			
3) Burks, Deshawn FR		4) Ochsner, Aaron SO			
52.381 (52.381)	1:44.160 (51.779)	2:36.644 (52.484)		3:27.081 (50.438)	
7 Briar Cliff			3:28.81		2
1) Ochoa, Osiel SO		2) Amaro, Robert SO			
3) Miller, Joshua FR		4) Archer, Dominic SO			
52.582 (52.582)	1:44.779 (52.198)	2:37.429 (52.650)		3:28.807 (51.378)	
8 Midland			3:30.82		1
1) Reitzell, Shandon SO		2) Stoeckermann, Henri SO			
3) Woodard, Aubrey FR		4) Olbrich, Blake SO			
52.788 (52.788)	1:44.561 (51.774)	2:38.915 (54.354)		3:30.815 (51.900)	
9 Morningside			3:30.85		1
1) Hernandez, David JR		2) Kruger, Casey FR			
3) Brees, Davon SO		4) Cline, Kadyne SO			
53.301 (53.301)	1:47.189 (53.888)	2:40.126 (52.938)		3:30.841 (50.715)	
10 Jamestown			3:33.17		1
1) Knutson, Braeden JR		2) Walker, Alexander SO			
3) Tripp, Bryson SO		4) Cornelius, Corbin SO			
52.509 (52.509)	1:45.036 (52.528)	2:39.255 (54.219)		3:33.166 (53.912)	
11 Dakota Wesleyan			3:35.36		1
1) Rupperecht, Nate SR		2) Shanks, Hunter JR			
3) Poore, Ethan FR		4) Strong, Cale SR			
53.538 (53.538)	1:46.198 (52.660)	2:41.106 (54.909)		3:35.356 (54.250)	

Event 12 Men 4x800 Meter Relay

Double Waterfall - 2 Turn Stagger
 Stadium Rec.: F 7:48.03 2/12/2022 Grandview
 T Miller, B Huftalin, C Huyser, I Wittrock
 Meet Record: G 7:49.65 2014 Northwestern College, Northwester
 S. Giddings, L. Hovland, R. Weitgenant, K. Anderson

NAIA Auto: A 7:57.49
 NAIA B: B 7:59.98
 7:57.50 NAIA
 7:59.99 PROV

School Finals

1 Mount Marty				8:12.64
1) Kueny, Jacob FR		2) Ideker, Caden SR		
3) Vidas, Liam SO		4) Tvedt, Tague FR		
2:06.102 (2:06.102)	4:06.727 (2:00.625)	6:08.766 (2:02.039)		8:12.634 (2:03.868)

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023

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Results

....Event 12 Men 4x800 Meter Relay

2 Concordia		8:13.13	
1) Willweber, Micah SO	2) Opp, Hudson FR		
3) Nguyen, Jimmy FR	4) Ideus, Ethan SO		
2:03.167 (2:03.167)	4:08.479 (2:05.312)	6:12.206 (2:03.728)	8:13.130 (2:00.924)
3 Doane		8:13.57	
1) Wenz, Will SO	2) Ebert, Trace JR		
3) Kwiatkowski, Jordan FR	4) Evans, Ryan SO		
2:03.039 (2:03.039)	4:08.155 (2:05.117)	6:13.004 (2:04.849)	8:13.565 (2:00.562)
4 Hastings		8:15.49	
1) Burks, Deshawn FR	2) Salter, Tyler FR		
3) Garcia, Alec SO	4) Ochsner, Aaron SO		
2:03.440 (2:03.440)	4:09.809 (2:06.369)	6:14.974 (2:05.165)	8:15.481 (2:00.508)
5 Dordt		8:16.14	
1) Tuene, Dawson SO	2) Swanson, Luke FR		
3) Hulstein, Tage FR	4) Landman, Levi FR		
2:06.211 (2:06.211)	4:10.146 (2:03.935)	6:12.225 (2:02.079)	8:16.140 (2:03.915)
6 Jamestown		8:18.43	
1) Cornelius, Corbin SO	2) Hoke, Micah SO		
3) Martin, David JR	4) Thompson, Landon FR		
2:05.799 (2:05.799)	4:08.134 (2:02.335)	6:11.929 (2:03.795)	8:18.424 (2:06.495)
7 Morningside		8:33.68	
1) Arens, Tanner SR	2) Halder, Parker FR		
3) Rowe, Chayton FR	4) Hicks, RC FR		
2:06.227 (2:06.227)	4:12.227 (2:06.000)	6:26.450 (2:14.223)	8:33.675 (2:07.225)
8 Northwestern		8:43.69	
1) Kunert, Joseph SR	2) Tracy, Tommy FR		
3) Nordquist, Daniel SR	4) Engelmann, Trey SO		
2:08.391 (2:08.391)	4:17.712 (2:09.322)	6:29.744 (2:12.032)	8:43.685 (2:13.942)
9 Briar Cliff		9:51.40	
1) Nolan, Kenny JR	2) Sassman, Caleb SO		
3) Sosa, Brian JR	4) Matthews, Carter FR		
2:24.000 (2:24.000)	4:47.935 (2:23.935)	7:12.317 (2:24.383)	9:51.392 (2:39.075)
-- Midland		DQ	Rule 6.31a4
1) Stoeckermann, Henri SO	2) Olbrich, Blake SO		
3) vanWestrienen, Isaac FR	4) Hjortkjaer, Lucas FR		
1:59.230 (1:59.230)	4:06.242 (2:07.013)	6:07.340 (2:01.098)	8:10.245 (2:02.905)

Event 13 Men Long Jump

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Top 9 advance to final

Stadium Rec.: F 7.66m 12/12/2021 Christopher Goodwin, Central Missouri

Meet Record: G 7.46m 2001 Quinton Furr, Concordia

NAIA Auto: A 7.10m

NAIA B: B 7.00m

7.10m NAIA

7.00m PROV

Name	Year	School	Finals	H#
1 Kalvelage, Braden	FR	Northwestern	7.28m ANAIA	23-10.75 2
7.05m FOUL 7.08m 7.15m 7.28m PASS				
2 Rathe, Joel	SO	Concordia	7.17m ANAIA	23-06.25 2
FOUL 6.80m FOUL FOUL 6.62m 7.17m				
3 Schaap, Micah	FR	Dordt	6.91m	22-08.00 2
6.72m 6.68m 6.82m 6.73m 6.87m 6.91m				

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Results

....Event 13 Men Long Jump

4	Lauenroth, Vince	JR Doane	6.82m	22-04.50	1
	6.40m 6.48m 6.82m 6.48m FOUL FOUL				
5	Manzo, Derek	FR Midland	6.81m	22-04.25	1
	6.55m 6.41m 6.81m 6.66m 6.73m FOUL				
6	Davis, Luke	SO Doane	6.79m	22-03.50	2
	6.79m 6.76m FOUL 6.51m FOUL FOUL				
7	Schleis, Mason	SR Mount Marty	6.75m	22-01.75	2
	FOUL FOUL 6.73m FOUL 5.86m 6.75m				
8	Mayer, Nolan	SO Doane	6.69m	21-11.50	1
	FOUL 6.69m FOUL 6.40m 4.23m 6.24m				
9	Loga, Wyatt	JR Concordia	6.68m	21-11.00	1
	6.51m 6.56m 6.68m 6.52m 6.37m 6.59m				
10	Woodard, Aubrey	FR Midland	6.58m	21-07.25	2
	6.31m 6.43m 6.58m				
11	Ingraham, Brayden	FR Briar Cliff	6.56m	21-06.25	1
	FOUL FOUL 6.56m				
12	Strong, Cale	SR Dakota Wesleyan	6.55m	21-06.00	2
	6.52m 6.51m 6.55m				
13	Jensen, Kaden	FR Jamestown	6.50m	21-04.00	1
	6.29m 6.50m 6.32m				
14	Sadd, Myles	FR Concordia	6.48m	21-03.25	2
	FOUL 6.48m FOUL				
15	Krejci, John	JR Doane	6.46m	21-02.50	2
	6.40m 6.27m 6.46m				
16	Howard, Deontae	SO Mount Marty	6.40m	21-00.00	1
	6.37m 6.35m 6.40m				
17	Burnett, Ethan	FR Mount Marty	6.31m	20-08.50	1
	6.24m 6.05m 6.31m				
18	Haselhorst, Gavin	FR Dakota Wesleyan	6.19m	20-03.75	1
	FOUL 6.19m 5.98m				

Event 14 Men Triple Jump

Top 9 advance to final.
 Stadium Rec.: F 16.01m 2/21/2015 Augustus Cowan, Briar Cliff
 Meet Record: G 15.70m 2015 Augustus Cowan, Briar Cliff
 NAIA Auto: A 14.25m
 NAIA B: B 14.05m
 14.25m NAIA
 14.05m PROV

Name	Year	School	Finals	H#
1 Lauenroth, Vince	JR	Doane	14.38m ANAIA	47-02.25 2
	14.08m 14.25m 14.38m 12.45m 14.14m FOUL			
2 Spivey, Aaron	FR	Concordia	13.97m	45-10.00 2
	13.97m FOUL 13.90m 13.46m 13.54m 13.31m			
3 Schaap, Micah	FR	Dordt	13.95m	45-09.25 2
	FOUL 13.74m 13.67m 13.70m FOUL 13.95m			
4 Malone, Trevor	SO	Doane	13.82m	45-04.25 2
	13.82m FOUL 12.48m FOUL FOUL PASS			
5 Moxey, Cordale	SO	Doane	13.70m	44-11.50 2
	13.17m 13.70m 13.67m 13.32m 13.40m 12.14m			
6 Brouwer, Grant	SR	Dordt	13.66m	44-09.75 2
	13.66m FOUL PASS 13.25m 13.05m 13.26m			

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Results

....Event 14 Men Triple Jump

7	Burnett, Ethan	FR Mount Marty	13.45m	44-01.50	2
	13.13m 13.45m FOUL 12.62m 13.15m FOUL				
8	Strong, Cale	SR Dakota Wesleyan	13.35m	43-09.75	1
	12.95m 13.32m FOUL FOUL 13.35m 13.15m				
9	Carr, Cobey	JR Dakota Wesleyan	13.18m	43-03.00	1
	12.92m 13.13m 13.18m 12.90m 12.63m 12.94m				
10	Himmelberg, John	JR Doane	13.16m	43-02.25	2
	13.16m FOUL FOUL				
11	Raffin, Pampa	FR Midland	13.03m	42-09.00	1
	13.03m 12.68m 12.86m				
12	Jensen, Kaden	FR Jamestown	12.92m	42-04.75	1
	12.40m 11.96m 12.92m				
13	Boldt, Sam	SO Doane	12.81m	42-00.50	2
	12.75m FOUL 12.81m				
14	Raymon, Liam	FR Northwestern	12.49m	40-11.75	1
	12.49m 12.33m 12.21m				
15	Riley, Connor	FR Hastings	12.28m	40-03.50	1
	FOUL FOUL 12.28m				
16	Thulin, Gage	FR Doane	12.13m	39-09.75	1
	FOUL FOUL 12.13m				
17	Martinez, Jonah	SO Midland	11.83m	38-09.75	1
	11.83m FOUL 11.73m				
--	Van Eps, Ben	FR Dordt	FOUL		1
	FOUL FOUL FOUL				

Event 15 Men High Jump

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1.81-1.86-1.91-1.96-2.01-2.04-2.07-2.10-2.13-2.16

Stadium Rec.: F 2.20m 2/12/2015 Emanuel Durden, Cloud County CC

Meet Record: G 2.15m 2/19/2011 Ben Zuch, Midland

NAIA Auto: A 2.04m

NAIA B: B 2.01m

2.04m NAIA

2.01m PROV

Name	Year	School	Finals
1 Reitzell, Shandon	SO	Midland	2.09m ANAIA 6-10.25
	1.81 1.86 1.91 1.96 2.01 2.04 2.07 2.09 2.16 2.16		
	PPP PPP PPP PPP O O PPP O XXX XXX		
2 McMahon, Ross	JR	Midland	2.01m BPROV 6-07.00
	1.81 1.86 1.91 1.96 2.01 2.04		
	PPP PPP PPP O XO XXX		
3 Brouwer, Grant	SR	Dordt	1.96m 6-05.00
	1.81 1.86 1.91 1.96 2.01		
	PPP PPP PPP O XXX		
3 Reckling, Carter	SO	Doane	1.96m 6-05.00
	1.81 1.86 1.91 1.96 2.01		
	PPP PPP O O XXX		
5 Loga, Wyatt	JR	Concordia	J1.96m 6-05.00
	1.81 1.86 1.91 1.96 2.01		
	PPP PPP O XXO XXX		
6 Frank, Jayson	SO	Concordia	J1.96m 6-05.00
	1.81 1.86 1.91 1.96 2.01		
	O XO XXO XXO XXX		

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**Bulldog Fieldhouse
Results**

....Event 15 Men High Jump

7	Starr, Dylan	SO Doane	1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	PPP PPP O XXX			
8	Creech, Brady	SO Hastings	J1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	PPP PPP XO XXX			
8	Manzo, Derek	FR Midland	J1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	O O XO XXX			
10	Sadd, Myles	FR Concordia	J1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	O O XXO XXX			
11	Martinez, Jonah	SO Midland	1.86m	6-01.25
	1.81 1.86 1.91			
	O XXO XXX			
11	Weaver, Elijah	FR Northwestern	1.86m	6-01.25
	1.81 1.86 1.91			
	O XXO XXX			
11	Shepard, Evan	FR Midland	1.86m	6-01.25
	1.81 1.86 1.91			
	O XXO XXX			
14	Groves, Harland	JR Northwestern	1.81m	5-11.25
	1.81 1.86			
	O XXX			
--	Vigil, Markus	FR Hastings	NH	
	1.81			
	XXX			
--	Bietz, Logan	SO Doane	NH	
	1.81			
	XXX			
--	Vargas, Coltin	FR Northwestern	NH	
	1.81			
	XXX			

Event 16 Men Pole Vault

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3.75-3.90-4.05-4.20-4.35-4.50-4.65-4.75-4.85-4.95

Stadium Rec.: F 5.40m 1/31/2019 Tyce Hruza, Doane University

Meet Record: G 5.30m 2001 Thurston Kloster, Concordia

NAIA Auto: A 4.75m

NAIA B: B 4.65m

4.75m NAIA

4.65m PROV

Name	Year	School	Finals
1 Bennetts, Zach	SR	Concordia	4.95mANAIA 16-02.75
	3.75 3.90 4.05 4.20 4.35 4.50 4.65 4.75 4.85 4.95 5.05		
	PPP PPP PPP PPP PPP O PPP O O XXO XXX		
2 Zohner, Zach	SO	Concordia	4.85mANAIA 15-11.00
	3.75 3.90 4.05 4.20 4.35 4.50 4.65 4.75 4.85 4.95		
	PPP PPP PPP PPP PPP O O XO O XXX		
3 Pulliam, Mike	JR	Doane	J4.85mANAIA 15-11.00
	3.75 3.90 4.05 4.20 4.35 4.50 4.65 4.75 4.85 4.95		
	PPP PPP PPP PPP XXO O XO XO XXO XXX		

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Results

....Event 16 Men Pole Vault

4	Berry, Chase	JR Concordia	4.75m	ANAIA	15-07.00
	3.75 3.90 4.05 4.20 4.35 4.50 4.65 4.75 4.85 4.95				
	PPP PPP PPP PPP PPP O O XXO XXP X				
5	Hill, Evan	FR Concordia	4.35m		14-03.25
	3.75 3.90 4.05 4.20 4.35 4.50				
	PPP PPP PPP O O XXX				
6	Schleis, Mason	SR Mount Marty	J4.35m		14-03.25
	3.75 3.90 4.05 4.20 4.35 4.50				
	PPP PPP O XO O XXX				
7	McDonald, Branson	FR Doane	J4.35m		14-03.25
	3.75 3.90 4.05 4.20 4.35 4.50				
	PPP PPP O O XO XXX				
7	Ostermeyer, Mayson	FR Concordia	J4.35m		14-03.25
	3.75 3.90 4.05 4.20 4.35 4.50				
	PPP PPP PPP PPP XO XXX				
9	Armstrong, Jayzen	FR Concordia	J4.35m		14-03.25
	3.75 3.90 4.05 4.20 4.35 4.50				
	PPP PPP PPP XO XO XXX				
10	Strong, Cale	SR Dakota Wesleyan	4.20m		13-09.25
	3.75 3.90 4.05 4.20 4.35				
	O O O XO XXX				
11	Wiebelhaus, Seth	SR Mount Marty	4.05m		13-03.50
	3.75 3.90 4.05 4.20				
	PPP O O XXX				
12	Raffin, Pampa	FR Midland	3.90m		12-09.50
	3.75 3.90 4.05				
	O O XXX				
13	Cordero, Josef	FR Jamestown	3.75m		12-03.50
	3.75 3.90				
	XO XXX				
--	Gumke, Braedon	SR Jamestown		NH	
	3.75 3.90 4.05 4.20				
	PPP PPP PPP XXX				
--	Rupprecht, Nate	SR Dakota Wesleyan		NH	
	3.75				
	XXX				
--	Lambertson, Wyatt	FR Hastings		NH	
	3.75				
	XXX				

Event 17 Men Shot Put

=====

Top 9 advance to final

Stadium Rec.: F 18.62m 1/29/2011 Cody Hunt, Chadron State

Meet Record: G 18.46m 2/17/2018 Alex Wellington, Hastings

NAIA Auto: A 15.75m

NAIA B: B 15.25m

15.75m NAIA

15.25m PROV

Name	Year	School	Finals	H#
1 Kucera, Dylan		SR Midland	18.61m	GNAIA 61-00.75 2
		18.06m FOUL 18.11m 18.26m 18.37m 18.61m		
2 Herman, Alex		SO Midland	16.13m	ANAIA 52-11.00 2
		15.69m 15.96m FOUL 16.13m FOUL FOUL		

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GPAC Indoor 2023 - 2/17/2023 to 2/18/2023

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Results

....Event 17 Men Shot Put

3	Campbell, Matthew	SR Doane	15.84m	ANAIA	51-11.75	2
	FOUL 15.00m 15.84m 15.80m FOUL FOUL					
4	Semedo, Darien	SO Concordia	15.16m		49-09.00	2
	14.51m 15.16m 14.98m 15.00m FOUL FOUL					
5	Stieb, Zachary	JR Doane	15.14m		49-08.25	2
	15.12m 15.14m FOUL 14.82m FOUL FOUL					
6	Dickey, Trey	SO Doane	14.74m		48-04.50	2
	14.11m 13.96m 14.58m 14.74m FOUL FOUL					
7	Schmitz, Andrew	FR Doane	14.72m		48-03.50	2
	FOUL 14.04m 14.72m FOUL FOUL FOUL					
8	Zylstra, Bryan	FR Northwestern	14.45m		47-05.00	2
	14.33m 14.45m FOUL 13.92m FOUL 14.41m					
9	Morales, Jordan	SO Jamestown	14.35m		47-01.00	1
	14.35m 13.00m 13.76m 13.59m 14.01m 14.17m					
10	Asche, Connor	SO Concordia	14.16m		46-05.50	1
	14.01m FOUL 14.16m					
11	Dean, Tyler	SO Jamestown	13.78m		45-02.50	1
	12.71m 13.78m FOUL					
12	Wren, Chris	JR Concordia	13.68m		44-10.75	2
	13.13m 13.68m FOUL					
13	Borges, Jon	FR Doane	13.57m		44-06.25	1
	13.57m 13.53m 13.21m					
14	Kienzle, Ryan	SR Dakota Wesleyan	13.51m		44-04.00	1
	13.39m FOUL 13.51m					
15	Minnick, William	SR Northwestern	12.62m		41-05.00	1
	12.07m FOUL 12.62m					
16	Fehlhafer, Carson	FR Concordia	12.51m		41-00.50	1
	FOUL 12.51m FOUL					
17	Bear, Sebastian	JR Jamestown	12.35m		40-06.25	1
	FOUL 12.35m FOUL					
--	Hudson, Patrick	SR Hastings	FOUL			1
	FOUL FOUL FOUL					

Event 18 Men Weight Throw

Top 9 advance to final

Stadium Rec.: F 21.49m 2/13/2021 Jacob Cornelio, Concordia University

Meet Record: G 21.02m 2012 Gabe Wickhan, Hastings

NAIA Auto: A 17.10m

NAIA B: B 16.25m

17.10m NAIA

16.25m PROV

Name	Year School	Finals	H#
1 Campbell, Matthew	SR Doane	20.52m	ANAIA 67-04.00 2
	20.20m FOUL 20.30m 20.52m FOUL FOUL		
2 Kucera, Dylan	SR Midland	19.02m	ANAIA 62-05.00 2
	18.56m 19.02m FOUL FOUL FOUL FOUL		
3 Wren, Chris	JR Concordia	18.62m	ANAIA 61-01.25 2
	18.52m 18.33m 18.59m FOUL FOUL 18.62m		
4 Partridge, Luke	SO Doane	17.80m	ANAIA 58-04.75 2
	17.16m FOUL FOUL 17.80m 17.17m FOUL		
5 Dickey, Trey	SO Doane	17.26m	ANAIA 56-07.50 2
	FOUL 17.26m 14.01m 16.63m FOUL FOUL		

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....Event 18 Men Weight Throw

6	Lothrop, Jaedon	SO Doane	17.24m	ANAIA	56-06.75	2
	FOUL 16.94m 16.41m 17.24m FOUL FOUL					
7	Edwards, Josiah	FR Concordia	17.00m	BPROV	55-09.25	1
	16.19m 16.52m 17.00m 16.25m 16.55m FOUL					
8	Rozelle, Austen	SO Concordia	16.56m	BPROV	54-04.00	1
	16.56m FOUL 15.75m FOUL 16.00m FOUL					
9	Buck, Dagne'	SR Concordia	16.51m	BPROV	54-02.00	2
	FOUL FOUL 16.51m 16.30m FOUL 16.38m					
10	Schmitz, Andrew	FR Doane	16.44m	BPROV	53-11.25	1
	16.44m FOUL 16.44m					
11	Semedo, Darien	SO Concordia	16.37m	BPROV	53-08.50	1
	16.20m 16.37m FOUL					
12	Klute, Brady	JR Concordia	16.30m	BPROV	53-05.75	2
	16.30m FOUL 15.74m					
13	Morales, Jordan	SO Jamestown	15.98m		52-05.25	1
	14.64m 15.98m FOUL					
14	Hudson, Patrick	SR Hastings	15.97m		52-04.75	1
	15.25m FOUL 15.97m					
15	Sedivec, Dawson	SO Jamestown	15.90m		52-02.00	2
	15.90m FOUL FOUL					
16	Moll, Ben	SO Concordia	15.45m		50-08.25	1
	15.45m 15.38m FOUL					
17	Asche, Connor	SO Concordia	15.10m		49-06.50	1
	15.10m FOUL FOUL					
18	Haken, Matt	JR Dordt	14.20m		46-07.25	1
	FOUL 13.76m 14.20m					
19	Nanfito, Andrew	SR Mount Marty	14.03m		46-00.50	1
	12.87m 14.03m 13.83m					

Event 19 Men Heptathlon

=====
 Stadium Rec.: F 5347 1/30/2016 Cale Wagner, Unattached
 Meet Record: G 5307 2015 Kale Wolken, Doane
 NAIA B: B 4150
 4150 PROV

Name	Year	School	Finals	H#
1 Schleis, Mason	SR	Mount Marty	4976.00	BPROV
2 Wiebelhaus, Seth	SR	Mount Marty	4945.00	BPROV
3 Thelander, Ben	JR	Northwestern	4606.00	BPROV
4 Krejci, John	JR	Doane	4513.00	BPROV
5 Weaver, Elijah	FR	Northwestern	4320.00	BPROV
6 Beyer, Michael	FR	Mount Marty	4308.00	BPROV
7 Smith, Connor	SO	Jamestown	4216.00	BPROV
8 Jepson, Devin	SO	Doane	4187.00	BPROV
9 Rupprecht, Nate	SR	Dakota Wesleyan	4161.00	BPROV
10 Lambertson, Wyatt	FR	Hastings	4119.00	
11 Zimmerman, Mason	SO	Doane	4089.00	
12 Tripp, Bryson	SO	Jamestown	3958.00	
13 Church, Cael	FR	Jamestown	3498.00	

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Stadium Rec.: F 7.02 1/30/2016 Cale Wagner, Unattached
 Meet Record: G 7.03 2014 Kale Wolken, Doane
 NAIA Auto: A 6.88
 NAIA B: B 6.91

Name	Year	School	Finals	H#	Points
1 Schleis, Mason	SR	Mount Marty	7.16	2	826
2 Krejci, John	JR	Doane	7.29	2	782
3 Thelander, Ben	JR	Northwestern	7.31	2	775
4 Beyer, Michael	FR	Mount Marty	7.31	2	775
5 Rupprecht, Nate	SR	Dakota Wesleyan	7.44	1	732
6 Smith, Connor	SO	Jamestown	7.46	2	726
7 Zimmerman, Mason	SO	Doane	7.48	2	719
8 Wiebelhaus, Seth	SR	Mount Marty	7.48	2	719
9 Fye, Zach	FR	Doane	7.53	1	703
10 Tripp, Bryson	SO	Jamestown	7.54	1	700
11 Lambertson, Wyatt	FR	Hastings	7.58	1	687
12 Jepson, Devin	SO	Doane	7.58	1	687
13 Weaver, Elijah	FR	Northwestern	7.59	1	684
14 Church, Cael	FR	Jamestown	7.69	1	653

Event 19 Heptathlon: #2 Men Long Jump Heptathlon

Stadium Rec.: F 7.30m 1/30/2016 Cale Wagner, Unattached
 Meet Record: G 7.06m 2014 Kale Wolken, Doane
 NAIA Auto: A 7.10m
 NAIA B: B 7.00m

Name	Year	School	Finals	Points
1 Schleis, Mason	SR	Mount Marty	6.74m	22-01.50 753
6.71m 6.74m 6.65m				
2 Krejci, John	JR	Doane	6.57m	21-06.75 713
6.35m 6.57m 6.26m				
3 Thelander, Ben	JR	Northwestern	6.39m	20-11.75 673
6.21m 6.39m 6.00m				
4 Weaver, Elijah	FR	Northwestern	6.31m	20-08.50 655
FOUL 6.31m FOUL				
5 Fye, Zach	FR	Doane	6.23m	20-05.25 637
6.23m 5.99m 4.93m				
6 Wiebelhaus, Seth	SR	Mount Marty	6.18m	20-03.50 626
6.14m 6.11m 6.18m				
7 Lambertson, Wyatt	FR	Hastings	6.11m	20-00.50 610
5.80m 5.95m 6.11m				
8 Jepson, Devin	SO	Doane	5.99m	19-08.00 584
5.88m 5.99m 5.87m				
9 Zimmerman, Mason	SO	Doane	5.98m	19-07.50 582
5.98m 5.70m PASS				
10 Smith, Connor	SO	Jamestown	5.84m	19-02.00 552
5.84m FOUL 5.67m				
11 Tripp, Bryson	SO	Jamestown	5.77m	18-11.25 537
5.53m 5.65m 5.77m				
12 Church, Cael	FR	Jamestown	5.70m	18-08.50 523
5.67m 5.70m 5.49m				
12 Beyer, Michael	FR	Mount Marty	5.70m	18-08.50 523
FOUL FOUL 5.70m				

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...Event 19 Heptathlon: #2 Men Long Jump Heptathlon

14 Rupprecht, Nate SR Dakota Wesleyan 5.52m 18-01.50 485
 FOUL FOUL 5.52m

Event 19 Heptathlon: #3 Men Shot Put Heptathlon

Stadium Rec.: F 13.07m 1/31/2015 Kale Wolken, Doane
 Meet Record: G 13.73m 2014 Kale Wolken, Doane
 NAIA Auto: A 15.75m
 NAIA B: B 15.25m

Name	Year	School	Finals	Points
1 Rupprecht, Nate	SR	Dakota Wesleyan	12.22m 40-01.25	620
11.97m 12.22m 12.04m				
2 Wiebelhaus, Seth	SR	Mount Marty	11.92m 39-01.25	602
11.92m 11.23m 11.34m				
3 Thelander, Ben	JR	Northwestern	11.12m 36-05.75	553
10.80m 10.87m 11.12m				
4 Lambertson, Wyatt	FR	Hastings	11.11m 36-05.50	553
11.11m FOUL 10.28m				
5 Beyer, Michael	FR	Mount Marty	10.42m 34-02.25	511
10.03m 9.84m 10.42m				
6 Zimmerman, Mason	SO	Doane	10.41m 34-02.00	510
10.41m 9.94m FOUL				
7 Jepson, Devin	SO	Doane	10.20m 33-05.75	498
9.40m 10.20m 9.89m				
8 Smith, Connor	SO	Jamestown	10.08m 33-01.00	490
10.03m 9.35m 10.08m				
9 Krejci, John	JR	Doane	9.95m 32-07.75	483
FOUL 9.95m 9.69m				
10 Church, Cael	FR	Jamestown	9.89m 32-05.50	479
9.89m FOUL 9.53m				
11 Weaver, Elijah	FR	Northwestern	9.55m 31-04.00	459
9.55m 9.18m 9.42m				
12 Schleis, Mason	SR	Mount Marty	9.41m 30-10.50	450
9.24m 9.31m 9.41m				
13 Tripp, Bryson	SO	Jamestown	9.15m 30-00.25	435
9.15m 8.91m FOUL				
-- Fye, Zach	FR	Doane	DNF	

Event 19 Heptathlon: #4 Men High Jump Heptathlon

Stadium Rec.: F 2.10m 1/27/2018 Kevin Schultz, NWMSU
 Meet Record: G 2.07m 2011 Alex Liberty, Dakota Wesleyan
 NAIA Auto: A 2.04m
 NAIA B: B 2.01m

Name	Year	School	Finals	Points
1 Weaver, Elijah	FR	Northwestern	1.95m 6-04.75	758
1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95 1.98				
PPP PPP PPP PPP PPP PPP PPP PPP O PPP O PPP O PPP XO XO XXX				
2 Schleis, Mason	SR	Mount Marty	1.92m 6-03.50	731
1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95				
PPP PPP PPP PPP PPP PPP PPP O O O O O O XO XO XXX				

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....Event 19 Heptathlon: #4 Men High Jump Heptathlon

3	Thelander, Ben	JR Northwestern	1.86m	6-01.25	679
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89				
	PPP PPP PPP PPP PPP PPP PPP PPP O PPP O PPP O XXX				
4	Wiebelhaus, Seth	SR Mount Marty	1.83m	6-00.00	653
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86				
	PPP PPP PPP PPP PPP O O XO O O O O XXX				
5	Lambertson, Wyatt	FR Hastings	1.77m	5-09.75	602
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80				
	PPP PPP PPP O XO O XXO O XXO O XXX				
5	Jepson, Devin	SO Doane	1.77m	5-09.75	602
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80				
	PPP PPP PPP PPP PPP PPP PPP O XXO XXO XXX				
5	Smith, Connor	SO Jamestown	1.77m	5-09.75	602
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80				
	PPP PPP PPP O O O O XO O O XXX				
8	Zimmerman, Mason	SO Doane	1.71m	5-07.25	552
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74				
	PPP PPP PPP O PPP O XO O XXX				
8	Rupprecht, Nate	SR Dakota Wesleyan	1.71m	5-07.25	552
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74				
	PPP PPP PPP PPP O O XO O XXX				
8	Beyer, Michael	FR Mount Marty	1.71m	5-07.25	552
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74				
	O O O O O O XO XO XXX				
8	Krejci, John	JR Doane	1.71m	5-07.25	552
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74				
	PPP PPP PPP O XXO XXO O XXO XXX				
12	Church, Cael	FR Jamestown	1.68m	5-06.00	528
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71				
	PPP PPP PPP O O O O XXX				
13	Tripp, Bryson	SO Jamestown	1.62m	5-03.75	480
	1.50 1.53 1.56 1.59 1.62 1.65				
	PPP PPP XO XXO XO XXX				
--	Fye, Zach	FR Doane	DNF		

Event 19 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Stadium Rec.: F 8.42 Saafeld/Williams, Unattached/Concordia
 Meet Record: G 8.40 2011 Rob Keeney, Doane
 NAIA Auto: A 8.23
 NAIA B: B 8.38

Name	Year School	Finals	H#	Points
1 Wiebelhaus, Seth	SR Mount Marty	8.43	4	877
2 Krejci, John	JR Doane	8.45	4	872
3 Schleis, Mason	SR Mount Marty	8.63	4	829
4 Beyer, Michael	FR Mount Marty	8.79	4	793
5 Thelander, Ben	JR Northwestern	8.87	3	775
6 Weaver, Elijah	FR Northwestern	8.90	3	768
7 Tripp, Bryson	SO Jamestown	8.94	3	759
8 Jepson, Devin	SO Doane	9.14	2	715
9 Zimmerman, Mason	SO Doane	9.22	3	698
10 Smith, Connor	SO Jamestown	9.37	1	666
11 Rupprecht, Nate	SR Dakota Wesleyan	9.79	2	581
12 Lambertson, Wyatt	FR Hastings	9.87	1	566

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023**Bulldog Fieldhouse****Results****Event 19 Heptathlon: #7 Men 1000 Meter Run Heptathlon**

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Stadium Rec.: F 2:44.19 2/16/2019 Seth Wiebelhaus, Mount Marty
 Meet Record: G 2:40.91 2012 Higgins/Brouwer(2021), Doane/Dordt
 NAIA Auto: A 2:31.05
 NAIA B: B 2:32.57

Name	Year	School	Finals	Points
1 Wiebelhaus, Seth	SR	Mount Marty	2:48.65	780
32.525 (32.525)	1:06.727 (34.203)	1:41.314 (34.587)	2:16.259 (34.945)	
2:48.649 (32.390)				
2 Schleis, Mason	SR	Mount Marty	2:50.88	756
32.071 (32.071)	1:06.312 (34.242)	1:41.719 (35.407)	2:16.755 (35.037)	
2:50.880 (34.125)				
3 Krejci, John	JR	Doane	2:54.58	718
32.851 (32.851)	1:07.237 (34.387)	1:42.695 (35.458)	2:20.341 (37.647)	
2:54.571 (34.230)				
4 Beyer, Michael	FR	Mount Marty	2:55.45	710
33.190 (33.190)	1:07.894 (34.704)	1:44.260 (36.367)	2:22.601 (38.342)	
2:55.445 (32.844)				
5 Smith, Connor	SO	Jamestown	2:58.00	684
34.740 (34.740)	1:11.154 (36.414)	1:47.567 (36.414)	2:24.586 (37.019)	
2:57.991 (33.405)				
6 Jepson, Devin	SO	Doane	3:00.77	657
34.470 (34.470)	1:10.639 (36.169)	1:48.355 (37.717)	2:25.040 (36.685)	
3:00.769 (35.729)				
7 Weaver, Elijah	FR	Northwestern	3:01.40	651
33.110 (33.110)	1:07.584 (34.474)	1:44.060 (36.477)	2:23.122 (39.063)	
3:01.397 (38.275)				
8 Lambertson, Wyatt	FR	Hastings	3:03.36	632
33.747 (33.747)	1:09.171 (35.424)	1:47.712 (38.542)	2:27.867 (40.155)	
3:03.359 (35.492)				
9 Tripp, Bryson	SO	Jamestown	3:03.59	629
34.516 (34.516)	1:10.994 (36.478)	1:47.855 (36.862)	2:25.817 (37.963)	
3:03.590 (37.773)				
10 Thelander, Ben	JR	Northwestern	3:03.65	629
34.269 (34.269)	1:10.276 (36.008)	1:47.992 (37.717)	2:25.405 (37.413)	
3:03.650 (38.245)				
11 Rupprecht, Nate	SR	Dakota Wesleyan	3:05.14	615
34.072 (34.072)	1:09.554 (35.482)	1:47.382 (37.829)	2:26.727 (39.345)	
3:05.136 (38.409)				
12 Church, Cael	FR	Jamestown	3:08.64	582
35.262 (35.262)	1:12.157 (36.895)	1:49.830 (37.673)	2:29.862 (40.033)	
3:08.637 (38.775)				
13 Zimmerman, Mason	SO	Doane	3:20.33	479
36.627 (36.627)	1:15.700 (39.073)	1:54.840 (39.140)	2:35.889 (41.049)	
3:20.322 (44.434)				
-- Fye, Zach	FR	Doane	DNF	

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Results

Event 20 Women 60 Meter Dash

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Stadium Rec.: F 7.55 1/23/2022 Dajaz Defrand, Unattached
Meet Record: G 7.59 2/19/2022 Daisy Maessner, Hastings
  NAIA Auto: A 7.68
    NAIA B: B 7.77
              7.72 NAIA
              7.82 PROV
    
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Name	Year	School	Prelims	H#
Preliminaries				
1 Bothwell, Isabel	SO	Doane	7.83Q	2
2 Edwards, Kya	FR	Hastings	7.84Q	1
3 Clark, Elianna	SR	Mount Marty	7.95Q	3
4 Grayson, Dazjae	JR	St. Mary	7.97q	2
5 Rodencal, Adrianna	FR	Concordia	7.98q	1 7.972
5 Hardmeyer, Isabelle	FR	Mount Marty	7.98q	3 7.972
7 Cotton, Caitlyn	SR	Doane	7.98q	3 7.974
8 Even, Alexis	FR	Mount Marty	7.98q	3 7.978
9 Teppo, Aniya	JR	Mount Marty	8.01	1
10 Mahoney, Morgan	FR	Doane	8.11	2
11 Cummings, Amira	SO	Concordia	8.14	2 8.136
12 Sorensen, Zelig	FR	Mount Marty	8.14	2 8.138
13 Meyer, Taylor	FR	Concordia	8.16	3 8.152
14 Strom, Emma	FR	Midland	8.16	1 8.158
15 Joseph, Jasmine	SO	Briar Cliff	8.23	3 8.223
16 Brossart, Kristina	JR	Jamestown	8.23	1 8.225
17 Nikkel, Erica	JR	Dordt	8.30	1
18 Herman, Lydia	FR	Dordt	8.32	2

Event 20 Women 60 Meter Dash

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=====
Stadium Rec.: F 7.55 1/23/2022 Dajaz Defrand, Unattached
Meet Record: G 7.59 2/19/2022 Daisy Maessner, Hastings
  NAIA Auto: A 7.68
    NAIA B: B 7.77
              7.72 NAIA
              7.82 PROV
    
```

Name	Year	School	Finals
Finals			
1 Bothwell, Isabel	SO	Doane	7.80 PROV
2 Rodencal, Adrianna	FR	Concordia	7.81 PROV
3 Clark, Elianna	SR	Mount Marty	7.84
4 Edwards, Kya	FR	Hastings	7.85
5 Cotton, Caitlyn	SR	Doane	7.92
6 Hardmeyer, Isabelle	FR	Mount Marty	7.98
7 Grayson, Dazjae	JR	St. Mary	7.99
8 Even, Alexis	FR	Mount Marty	8.00
Preliminaries			
9 Teppo, Aniya	JR	Mount Marty	
10 Mahoney, Morgan	FR	Doane	
11 Cummings, Amira	SO	Concordia	
12 Sorensen, Zelig	FR	Mount Marty	
13 Meyer, Taylor	FR	Concordia	
14 Strom, Emma	FR	Midland	
15 Joseph, Jasmine	SO	Briar Cliff	

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...Event 20 Women 60 Meter Dash

16 Brossart, Kristina JR Jamestown
 17 Nikkel, Erica JR Dordt
 18 Herman, Lydia FR Dordt

Event 21 Women 60 Meter Hurdles

=====
 Stadium Rec.: F 8.66 2/12/2022 Nisa Thomas, Hastings
 Meet Record: G 8.60 2/19/2022 Nisa Thomas, Hastings
 NAIA Auto: A 8.98
 NAIA B: B 9.10
 9.00 NAIA
 9.15 PROV

Name	Year	School	Prelims	H#
1 Rodencal, Adrianna	FR	Concordia	A 8.83QNAIA	2
2 Thomas, Nisa	SO	Hastings	A 8.87QNAIA	3
3 Rowe, Jaida	FR	Hastings	A 8.91QNAIA	1
4 Battershell, Rachel	SR	Concordia	B 9.04qPROV	1
5 Maxey, Rhys	SO	Hastings	B 9.05qPROV	2 9.041
6 George, Ashinee	JR	Mount Marty	B 9.05qPROV	3 9.046
7 Garrett, Josie	FR	Doane	B 9.08qPROV	3
8 Adams, Lindsay	SO	Doane	9.24q	2
9 Svoboda, Kayla	FR	Concordia	9.37	1
10 Salters, Isabelle	SO	Concordia	9.43	2
11 Morken, Hope	SR	Morningside	9.46	3
12 Long, Avany	SR	Dakota Wesleyan	9.53	2
13 Morony, Maddie	FR	Morningside	9.58	3
14 Evenhouse, Kelsey	SO	Dordt	9.84	2
15 Hood, Macala	FR	Mount Marty	10.24	1
16 McCoy, Anna	SO	Concordia	10.27	1
17 Zoet, Emma	SO	Northwestern	10.80	1

Event 21 Women 60 Meter Hurdles

=====
 Stadium Rec.: F 8.66 2/12/2022 Nisa Thomas, Hastings
 Meet Record: G 8.60 2/19/2022 Nisa Thomas, Hastings
 NAIA Auto: A 8.98
 NAIA B: B 9.10
 9.00 NAIA
 9.15 PROV

Name	Year	School	Finals
Finals			
1 Rodencal, Adrianna	FR	Concordia	8.72ANAIA
2 Rowe, Jaida	FR	Hastings	8.94ANAIA
3 George, Ashinee	JR	Mount Marty	9.00BNAIA
4 Adams, Lindsay	SO	Doane	9.01BPROV
5 Thomas, Nisa	SO	Hastings	9.05BPROV
6 Garrett, Josie	FR	Doane	9.06BPROV
7 Battershell, Rachel	SR	Concordia	9.07BPROV
8 Maxey, Rhys	SO	Hastings	9.39
Preliminaries			
9 Svoboda, Kayla	FR	Concordia	
10 Salters, Isabelle	SO	Concordia	
11 Morken, Hope	SR	Morningside	

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...Event 21 Women 60 Meter Hurdles

12 Long, Avany	SR Dakota Wesleyan
13 Morony, Maddie	FR Morningside
14 Evenhouse, Kelsey	SO Dordt
15 Hood, Macala	FR Mount Marty
16 McCoy, Anna	SO Concordia
17 Zoet, Emma	SO Northwestern

Event 22 Women 200 Meter Dash

=====

Stadium Rec.:	F 24.75	2/21/2015	Neeia Cooperwood, Morningside
Meet Record:	G 24.75	2015	Neeia Cooperwood, Morningside
NAIA Auto:	A 25.54		
NAIA B:	B 25.79		
	25.60	NAIA	
	25.90	PROV	

Name	Year	School	Finals	H#
=====				
Finals				
1 Rodencal, Adrianna	FR	Concordia	25.76BPROV	5
2 Davis, Calli	JR	Mount Marty	25.88 PROV	5
3 Maxey, Rhys	SO	Hastings	26.03	5 26.029
4 Thomas, Nisa	SO	Hastings	26.03	5 26.030
5 Clark, Elianna	SR	Mount Marty	26.08	4
6 Rowe, Jaida	FR	Hastings	26.15	2
7 Cotton, Caitlyn	SR	Doane	26.19	4
8 Den Herder, Ayda	FR	Dordt	26.24	2
9 Even, Alexis	FR	Mount Marty	26.30	3
10 Kirchner, Kayla	FR	Concordia	26.41	4
11 Edwards, Kya	FR	Hastings	26.47	3
12 Sorensen, Zelig	FR	Mount Marty	26.54	1 26.534
13 Bothwell, Isabel	SO	Doane	26.54	2 26.537
14 Teppo, Aniya	JR	Mount Marty	26.56	3
15 Mahoney, Morgan	FR	Doane	26.62	4
16 Loseke, Emily	SO	Concordia	26.95	3
17 Salters, Isabelle	SO	Concordia	27.09	1
18 Stier, Anni	JR	Jamestown	27.41	2

Event 23 Women 400 Meter Dash

=====

Two Turn Stagger - Lanes			
Stadium Rec.:	F 56.32	2/21/2015	Neeia Cooperwood, Morningside
Meet Record:	G 56.24	2014	Sandrae Farquharson, Doane
NAIA Auto:	A 58.39		
NAIA B:	B 59.39		
	58.40	NAIA	
	59.40	PROV	

Name	Year	School	Finals	H#
=====				
1 Battershell, Rachel	SR	Concordia	58.29ANAIA	3
	26.908 (26.908)	58.290 (31.382)		
2 Kramer, Kennedy	SO	Northwestern	58.62BPROV	3
	27.746 (27.746)	58.617 (30.872)		
3 Davis, Calli	JR	Mount Marty	59.03BPROV	3
	27.216 (27.216)	59.022 (31.807)		

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....Event 23 Women 400 Meter Dash

4	Tuls, Trinity	FR Concordia	59.35BPROV	3
	27.941 (27.941)	59.341 (31.400)		
5	Loseke, Emily	SO Concordia	1:00.38	2 1:00.374
	28.282 (28.282)			
6	Stuit, Anmarie	SR Dordt	1:00.38	3 1:00.375
	28.601 (28.601)	1:00.375 (31.774)		
7	Noble, Josi	FR Concordia	1:00.65	3
	28.737 (28.737)	1:00.650 (31.913)		
8	Kirchner, Kayla	FR Concordia	1:00.97	2
	28.813 (28.813)			
9	Quinn, Brianna	FR Concordia	1:01.79	1
	28.666 (28.666)	1:01.781 (33.115)		
10	Manrique, Candela	FR Doane	1:01.99	2
	29.204 (29.204)			
11	Blum, Emma	FR Northwestern	1:02.17	2
	29.608 (29.608)			
12	Walters, Kristen	FR Doane	1:02.39	1
	29.711 (29.711)	1:02.383 (32.673)		
13	Gerlach, Erynn	FR Dakota Wesleyan	1:02.49	2
	28.497 (28.497)			
14	Wahlstrom, Josey	FR Mount Marty	1:02.68	1
	29.428 (29.428)	1:02.678 (33.250)		
15	Kollars, Diana	SO Hastings	1:02.77	1
	29.048 (29.048)	1:02.768 (33.720)		
16	Herman, Anna	JR Dordt	1:03.08	2
	28.557 (28.557)			
17	Craig, Morgan	FR Doane	1:03.76	1
	30.516 (30.516)	1:03.759 (33.244)		
18	Mohr, McKenna	SO Mount Marty	1:03.89	1
	30.023 (30.023)	1:03.882 (33.859)		

Event 24 Women 600 Meter Run

Two Turn Stagger - Lanes
 Stadium Rec.: F 1:31.98 2/15/2015 Alexis Boyd, Northwest Missouri Stat
 Meet Record: G 1:34.52 2001 Wendy Brouillette, Doane
 NAIA Auto: A 1:37.29
 NAIA B: B 1:38.69
 1:37.50 NAIA
 1:38.70 PROV

Name	Year	School	Finals	H#
1 Pingel, Annika	SR	Doane	1:35.47ANAIA	3
			1:35.461 (33.758)	
2 Kooistra, Mika	SR	Dordt	1:36.37ANAIA	3
			1:36.365 (34.695)	
3 Esch, Jenna	SO	Concordia	1:36.56ANAIA	3
			1:36.555 (34.330)	
4 Buwalda, Shelby	FR	Dordt	1:37.54BPROV	3
			1:37.539 (34.353)	
5 Griffin, Chantaya	SR	St. Mary	1:38.37BPROV	2
			1:38.369 (34.444)	
6 Koepke, Jordan	SO	Concordia	1:38.39BPROV	3
			1:38.384 (35.539)	

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....Event 24 Women 600 Meter Run

7	Clarke, Abigail	SR Northwestern	1:38.41BPROV	2
	29.765 (29.765)	1:03.151 (33.387)	1:38.409 (35.258)	
8	Pinkerton, Veronica	SO Hastings	1:39.11	3
	31.900 (31.900)	1:04.130 (32.230)	1:39.104 (34.974)	
9	Stier, Anni	JR Jamestown	1:41.34	2
	30.725 (30.725)	1:04.158 (33.433)	1:41.338 (37.180)	
10	Nelson, Abrielle	FR Mount Marty	1:41.85	2
	31.835 (31.835)	1:05.608 (33.773)	1:41.843 (36.235)	
11	Burnett, Morgan	FR Doane	1:41.98	2
	31.160 (31.160)	1:04.873 (33.713)	1:41.974 (37.102)	
12	Bosch, Sarah	SR Morningside	1:43.73	1
	32.262 (32.262)	1:07.842 (35.580)	1:43.730 (35.888)	
13	Rice, Rylee	SO Doane	1:43.76	1
	33.336 (33.336)	1:08.334 (34.998)	1:43.760 (35.427)	
14	Bumbaca-Kuehl, Tianna	JR Mount Marty	1:44.49	1
	31.914 (31.914)	1:07.575 (35.662)	1:44.490 (36.915)	
15	Sarabia, Nevaeh	FR Midland	1:44.69	1
	32.004 (32.004)	1:07.777 (35.774)	1:44.690 (36.913)	
16	Fedders, Akeyma	FR Northwestern	1:45.10	2
	32.779 (32.779)	1:08.283 (35.504)	1:45.098 (36.815)	
17	Haertel, Hannah	FR Concordia	1:45.90	1
	33.292 (33.292)	1:09.296 (36.004)	1:45.892 (36.597)	
18	Cihak, Jacey	SO Mount Marty	1:52.96	1
	34.191 (34.191)	1:11.461 (37.270)	1:52.960 (41.499)	

Event 25 Women 800 Meter Run

Two Turn Stagger - Lanes
 Stadium Rec.: F 2:11.03 1/29/2016 Kimberly Wood, Concordia Univ
 Meet Record: G 2:13.62 2015 Jessa Sughrue, Doane
 NAIA Auto: A 2:17.99
 NAIA B: B 2:19.84
 2:18.00 NAIA
 2:19.85 PROV

Name	Year	School	Finals	H#
1 Heynen, Emilee	SO	Dordt	2:17.82ANAIA	3
	31.312 (31.312)	1:06.054 (34.743)	1:42.633 (36.579)	2:17.813 (35.180)
2 Esch, Jenna	SO	Concordia	2:20.97	3
	34.347 (34.347)	1:09.232 (34.885)	1:46.379 (37.148)	2:20.961 (34.582)
3 Chicoine, Emily	JR	Morningside	2:21.40	3
	33.877 (33.877)	1:08.543 (34.667)	1:44.722 (36.179)	2:21.398 (36.677)
4 Pinkerton, Veronica	SO	Hastings	2:23.70	3
	33.631 (33.631)	1:08.777 (35.147)	1:45.868 (37.092)	2:23.699 (37.832)
5 Olson, Monica	JR	Morningside	2:27.58	2
	34.804 (34.804)	1:11.469 (36.665)	1:50.079 (38.610)	2:27.579 (37.500)
6 Walters, Rachel	JR	Doane	2:27.66	2
	34.617 (34.617)	1:11.654 (37.038)	1:50.352 (38.698)	2:27.654 (37.303)
7 Ervin, Abby	SO	Northwestern	2:28.08	2
	34.551 (34.551)	1:11.342 (36.792)	1:50.324 (38.983)	2:28.074 (37.750)
8 Sanchez, Michelle	JR	Morningside	2:28.95	3
	34.044 (34.044)	1:08.887 (34.843)	1:46.841 (37.954)	2:28.946 (42.105)
9 Williamson, Faith	SO	Concordia	2:30.88	2
	34.821 (34.821)	1:12.114 (37.294)	1:50.978 (38.864)	2:30.872 (39.894)

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....Event 25 Women 800 Meter Run

10 Johnson, Emily	SO Mount Marty	2:34.77	2
35.932 (35.932)	1:12.709 (36.778)	1:53.339 (40.630)	2:34.767 (41.428)
11 Tweton, Jaiden	SO Concordia	2:35.59	1
35.625 (35.625)	1:14.165 (38.540)	1:54.800 (40.635)	2:35.584 (40.784)
12 Pross, Pluma	JR Briar Cliff	2:36.88	1
35.730 (35.730)	1:15.286 (39.557)	1:58.057 (42.772)	2:36.872 (38.815)
13 Velarde, Cecilia	SO Hastings	2:37.46	2
34.694 (34.694)	1:12.324 (37.630)	1:53.611 (41.287)	2:37.452 (43.842)
14 Nix, Katelyn	SO Concordia	2:37.58	1
35.835 (35.835)	1:14.964 (39.129)	1:56.730 (41.767)	2:37.580 (40.850)
15 Fredericksen, Alexa	SO Dordt	2:38.05	1
35.611 (35.611)	1:14.355 (38.744)	1:56.545 (42.190)	2:38.049 (41.504)
16 Veldkamp, Ella	SO Dordt	2:39.19	1
35.980 (35.980)	1:15.311 (39.332)	1:58.271 (42.960)	2:39.187 (40.917)
17 Ten Haken, Bethany	SR Dordt	2:39.75	3
36.189 (36.189)	1:14.758 (38.569)	1:56.481 (41.723)	2:39.741 (43.260)
18 Plock, Aly	SO Doane	2:42.84	1
34.694 (34.694)	1:13.066 (38.373)	1:55.376 (42.310)	2:42.835 (47.459)

Event 26 Women 1000 Meter Run

Waterfall

Stadium Rec.: F 2:55.08 1/31/2015 Marissa Bongers, Unattached
 Meet Record: G 2:56.97 2/17/2018 Michelle Mumm, Morningside
 NAIA Auto: A 3:01.49
 NAIA B: B 3:03.99
 3:01.50 NAIA
 3:04.00 PROV

Name	Year School	Finals	H#
1 Haecker, Rylee	SO Concordia	3:01.15ANAIA	2
34.933 (34.933)	1:11.747 (36.814)	1:49.450 (37.704)	2:26.734 (37.284)
3:01.143 (34.409)			
2 Freiberg, Kylahn	JR Concordia	3:01.86BPROV	2
35.163 (35.163)	1:11.994 (36.832)	1:49.725 (37.732)	2:26.805 (37.080)
3:01.855 (35.050)			
3 Pingel, Annika	SR Doane	3:02.06BPROV	2
36.014 (36.014)	1:12.488 (36.474)	1:50.029 (37.542)	2:26.950 (36.922)
3:02.053 (35.103)			
4 Sporrer, Courtney	FR Morningside	3:06.06	2
35.404 (35.404)	1:12.554 (37.150)	1:50.935 (38.382)	2:29.344 (38.409)
3:06.053 (36.709)			
5 Kaschinske, Rhaya	SO Concordia	3:08.37	2
37.044 (37.044)	1:14.032 (36.988)	1:52.415 (38.384)	2:31.629 (39.214)
3:08.362 (36.733)			
6 Johnson, Myia	SO Midland	3:10.56	2
36.194 (36.194)	1:13.109 (36.915)	1:51.612 (38.503)	2:31.140 (39.529)
3:10.559 (39.419)			
7 Mulder, Molly	FR Dordt	3:12.00	1
37.924 (37.924)	1:16.007 (38.084)	1:54.547 (38.540)	2:33.332 (38.785)
3:11.995 (38.663)			
8 Beintema, Hannah	FR Concordia	3:13.37	2
37.284 (37.284)	1:15.029 (37.745)	1:55.599 (40.570)	2:37.015 (41.417)
3:13.363 (36.348)			

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....Event 26 Women 1000 Meter Run

9 Gerken, Madison	SO Hastings	3:14.05	2
37.440 (37.440)	1:15.770 (38.330)	1:55.212 (39.442)	2:35.993 (40.782)
3:14.049 (38.057)			
10 Arnston, Keely	FR Jamestown	3:16.95	1
37.482 (37.482)	1:15.841 (38.359)	1:55.686 (39.845)	2:36.430 (40.744)
3:16.945 (40.515)			
11 Vermeulen, Annika	SR Dakota Wesleyan	3:22.83	1
38.767 (38.767)	1:17.506 (38.739)	1:58.919 (41.413)	2:40.712 (41.794)
3:22.827 (42.115)			
12 Shoemaker, Reagan	FR Doane	3:24.74	1
38.926 (38.926)	1:19.031 (40.105)	2:01.864 (42.833)	2:43.941 (42.078)
3:24.736 (40.795)			
13 Fischer, Jordyn	SO Mount Marty	3:25.76	1
38.451 (38.451)	1:18.779 (40.328)	2:01.305 (42.527)	2:44.721 (43.417)
3:25.751 (41.030)			
14 Chaparro Belloc, Cynthia	SO Hastings	3:26.41	1
39.006 (39.006)	1:18.731 (39.725)	2:01.557 (42.827)	2:44.562 (43.005)
3:26.401 (41.839)			
15 Becker, Kyra	FR Concordia	3:29.45	1
39.374 (39.374)	1:19.359 (39.985)	2:02.346 (42.988)	2:46.454 (44.108)
3:29.444 (42.990)			
16 Golus, Jilee	SO Hastings	3:31.82	2
40.219 (40.219)	1:21.102 (40.883)	2:03.175 (42.074)	2:46.949 (43.774)
3:31.813 (44.864)			

Event 27 Women 1 Mile Run

Waterfall
 Stadium Rec.: F 5:01.28 2/21/2015 Kimberly Wood, Concordia Univ
 Meet Record: G 4:59.76 2001 Mary Livengood, Doane
 NAIA Auto: A 5:08.52
 NAIA B: B 5:13.06
 5:10.00 NAIA
 5:16.00 PROV

Name	Year School	Finals	H#
1 Haecker, Rylee	SO Concordia	5:10.67BPROV	2
40.065 (40.065)	1:19.325 (39.260)	1:58.434 (39.109)	2:37.760 (39.327)
3:16.913 (39.153)	3:55.891 (38.979)	4:33.988 (38.097)	5:10.670 (36.683)
2 Kampman, Jessica	SR Dordt	5:10.78BPROV	2
40.300 (40.300)	1:19.558 (39.258)	1:58.700 (39.143)	2:38.029 (39.329)
3:17.233 (39.204)	3:56.551 (39.319)	4:35.326 (38.775)	5:10.778 (35.452)
3 Freiberg, Kylahn	JR Concordia	5:13.34 PROV	2
39.944 (39.944)	1:19.611 (39.668)	1:58.499 (38.888)	2:37.825 (39.327)
3:16.959 (39.134)	3:55.844 (38.885)	4:34.010 (38.167)	5:13.340 (39.330)
4 Sporrer, Courtney	FR Morningside	5:15.01 PROV	2
39.650 (39.650)	1:19.805 (40.155)	1:59.469 (39.664)	2:38.998 (39.529)
3:18.500 (39.503)	3:58.758 (40.258)	4:38.358 (39.600)	5:15.003 (36.645)
5 Honomichl, Kristine	SR Dordt	5:19.99	2
40.641 (40.641)	1:19.933 (39.292)	1:58.975 (39.043)	2:38.396 (39.422)
3:17.996 (39.600)	3:58.371 (40.375)	4:39.433 (41.062)	5:19.986 (40.554)
6 Beintema, Hannah	FR Concordia	5:24.35	2
40.890 (40.890)	1:20.681 (39.792)	2:00.868 (40.187)	2:41.506 (40.639)
3:23.621 (42.115)	4:06.734 (43.113)	4:47.883 (41.149)	5:24.346 (36.464)

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....Event 27 Women 1 Mile Run

7	Kaschinske, Rhaya	SO Concordia	5:25.41	2
	40.751 (40.751)	1:20.353 (39.602)	2:00.215 (39.863)	2:40.569 (40.354)
	3:22.053 (41.484)	4:04.711 (42.659)	4:47.026 (42.315)	5:25.409 (38.383)
8	Sporrer, Taylor	JR Morningside	5:27.48	2
	39.846 (39.846)	1:20.041 (40.195)	1:59.780 (39.739)	2:39.438 (39.658)
	3:20.395 (40.958)	4:03.494 (43.099)	4:47.288 (43.794)	5:27.475 (40.188)
9	Johnson, Myia	SO Midland	5:29.93	1
	42.054 (42.054)	1:22.081 (40.028)	2:03.501 (41.420)	2:45.766 (42.265)
	3:27.216 (41.450)	4:08.730 (41.514)	4:50.870 (42.140)	5:29.929 (39.059)
10	Alberts, Caitlin	SO Northwestern	5:30.10	1
	41.826 (41.826)	1:21.789 (39.963)	2:03.309 (41.520)	2:46.077 (42.769)
	3:27.530 (41.453)	4:09.319 (41.789)	4:51.640 (42.322)	5:30.091 (38.452)
11	Arnston, Keely	FR Jamestown	5:34.68	1
	42.845 (42.845)	1:24.181 (41.337)	2:06.572 (42.392)	2:47.436 (40.864)
	3:28.766 (41.330)	4:11.034 (42.268)	4:53.919 (42.885)	5:34.674 (40.755)
12	Gerken, Madison	SO Hastings	5:37.37	1
	43.276 (43.276)	1:24.279 (41.003)	2:06.747 (42.469)	2:48.742 (41.995)
	3:31.607 (42.865)	4:14.722 (43.115)	4:58.424 (43.702)	5:37.362 (38.939)
13	Santos, Shania	SO Hastings	5:39.74	2
	41.290 (41.290)	1:21.349 (40.059)	2:02.889 (41.540)	2:45.498 (42.609)
	3:29.423 (43.925)	4:13.683 (44.260)	4:57.631 (43.949)	5:39.734 (42.103)
14	Vojslavek, Sammi	FR Concordia	5:43.22	1
	43.017 (43.017)	1:24.461 (41.444)	2:07.067 (42.607)	2:49.894 (42.827)
	3:32.711 (42.818)	4:16.375 (43.664)	5:00.559 (44.184)	5:43.216 (42.658)
15	Golus, Jilee	SO Hastings	5:46.71	1
	42.621 (42.621)	1:23.901 (41.280)	2:06.465 (42.564)	2:49.589 (43.124)
	3:33.976 (44.388)	4:19.784 (45.808)	5:05.607 (45.824)	5:46.701 (41.094)
16	Chaparro Belloc, Cynthia	SO Hastings	5:50.40	1
	44.335 (44.335)	1:26.421 (42.087)	2:10.701 (44.280)	2:55.497 (44.797)
	3:39.690 (44.193)	4:24.209 (44.519)	5:09.079 (44.870)	5:50.396 (41.318)
17	Derscheid, Lauren	FR Northwestern	6:00.29	1
	44.042 (44.042)	1:26.316 (42.274)	2:11.264 (44.948)	2:56.112 (44.849)
	3:43.500 (47.388)	4:31.081 (47.582)	5:19.266 (48.185)	6:00.289 (41.023)
18	Ramirez, Lorena	SR St. Mary	6:04.63	1
	44.301 (44.301)	1:26.709 (42.408)	2:10.759 (44.050)	2:55.609 (44.850)
	3:39.869 (44.260)	4:25.289 (45.420)	5:14.732 (49.444)	6:04.624 (49.892)

Event 28 Women 3000 Meter Run

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Double Waterfall - 2 Turn Stagger

Stadium Rec.: F 10:00.98 2/12/2016 Marissa DeWispelare, Doane Colle

Meet Record: G 10:16.71 2015 Lauren Shomaker, Hastings

NAIA Auto: A 10:25.83

NAIA B: B 10:31.13

10:28.00 NAIA

10:35.00 PROV

Name	Year	School	Finals	
1	Kampman, Jessica	SR Dor dt	10:29.39	BPROV
	37.078 (37.078)	1:17.468 (40.390)	1:58.497 (41.029)	2:39.665 (41.168)
	3:21.388 (41.724)	4:03.110 (41.722)	4:45.580 (42.470)	5:28.497 (42.918)
	6:12.403 (43.907)	6:55.575 (43.172)	7:38.481 (42.907)	8:21.837 (43.357)
	9:05.333 (43.497)	9:48.485 (43.152)	10:29.387 (40.903)	

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023**Bulldog Fieldhouse****Results****....Event 28 Women 3000 Meter Run**

2	Honovich, Kristine	SR Dordt	10:52.44		
	43.022 (43.022)	1:25.722 (42.700)	2:08.905 (43.183)	2:51.260 (42.355)	
	3:34.663 (43.404)	4:18.097 (43.434)	5:01.107 (43.010)	5:45.340 (44.233)	
	6:29.768 (44.429)	7:15.106 (45.338)	7:59.932 (44.827)	8:45.077 (45.145)	
	9:29.696 (44.619)	10:13.036 (43.340)	10:52.436 (39.400)		
3	Anema, Taylor	SR Dordt	10:52.80		
	42.275 (42.275)	1:24.163 (41.889)	2:07.963 (43.800)	2:50.250 (42.287)	
	3:33.783 (43.534)	4:17.265 (43.482)	4:58.723 (41.459)	5:42.620 (43.897)	
	6:26.062 (43.443)	7:09.940 (43.878)	7:54.545 (44.605)	8:39.390 (44.845)	
	9:24.451 (45.062)	10:09.407 (44.957)	10:52.798 (43.392)		
4	Sporrer, Taylor	JR Morningside	10:54.18		
	42.032 (42.032)	1:24.507 (42.475)	2:08.295 (43.788)	2:51.005 (42.710)	
	3:34.756 (43.752)	4:18.423 (43.668)	5:00.656 (42.233)	5:44.212 (43.557)	
	6:28.570 (44.358)	7:13.477 (44.908)	7:58.780 (45.303)	8:43.277 (44.498)	
	9:28.761 (45.484)	10:13.832 (45.072)	10:54.172 (40.340)		
5	Haverdink, Emily	FR Northwestern	10:54.62		
	42.660 (42.660)	1:25.433 (42.774)	2:08.670 (43.237)	2:51.035 (42.365)	
	3:34.425 (43.390)	4:17.826 (43.402)	5:00.961 (43.135)	5:45.031 (44.070)	
	6:29.505 (44.474)	7:14.962 (45.458)	8:00.253 (45.292)	8:45.413 (45.160)	
	9:30.222 (44.809)	10:14.358 (44.137)	10:54.618 (40.260)		
6	Binder, Allie	SR Doane	10:54.65		
	40.908 (40.908)	1:23.551 (42.643)	2:07.152 (43.602)	2:49.687 (42.535)	
	3:33.235 (43.548)	4:16.906 (43.672)	4:57.872 (40.967)	5:43.007 (45.135)	
	6:29.263 (46.257)	7:14.805 (45.542)	8:00.307 (45.503)	8:45.125 (44.818)	
	9:29.765 (44.640)	10:13.427 (43.663)	10:54.642 (41.215)		
7	Borkowski, Lucy	JR Dordt	10:55.30		
	42.542 (42.542)	1:25.318 (42.777)	2:08.525 (43.207)	2:50.792 (42.268)	
	3:34.067 (43.275)	4:17.107 (43.040)	4:58.578 (41.472)	5:43.341 (44.763)	
	6:27.972 (44.632)	7:13.162 (45.190)	7:58.561 (45.399)	8:44.308 (45.748)	
	9:29.412 (45.104)	10:14.255 (44.843)	10:55.300 (41.045)		
8	Beisel, Keegan	FR Concordia	10:58.78		
	43.817 (43.817)	1:28.646 (44.829)	2:12.175 (43.529)	2:56.410 (44.235)	
	3:40.411 (44.002)	4:25.127 (44.717)	5:09.615 (44.488)	5:54.498 (44.884)	
	6:37.863 (43.365)	7:22.827 (44.964)	8:08.521 (45.694)	8:52.816 (44.295)	
	9:38.562 (45.747)	10:21.280 (42.718)	10:58.780 (37.500)		
9	Inhelder, Chloe	JR St. Mary	11:01.26		
	43.722 (43.722)	1:26.963 (43.242)	2:10.042 (43.079)	2:53.892 (43.850)	
	3:37.727 (43.835)	4:21.051 (43.324)	5:04.633 (43.583)	5:48.470 (43.837)	
	6:32.812 (44.343)	7:17.757 (44.945)	8:02.922 (45.165)	8:47.725 (44.803)	
	9:33.150 (45.425)	10:19.201 (46.052)	11:01.258 (42.058)		
10	Kuperus, Elyse	SR Dordt	11:03.42		
	43.370 (43.370)	1:26.458 (43.089)	2:09.852 (43.394)	2:53.738 (43.887)	
	3:37.452 (43.714)	4:21.672 (44.220)	5:05.958 (44.287)	5:52.136 (46.178)	
	6:38.377 (46.242)	7:24.056 (45.679)	8:10.480 (46.424)	8:57.641 (47.162)	
	9:43.520 (45.879)	10:25.977 (42.458)	11:03.415 (37.438)		
11	Haley, Emma	SO Northwestern	11:05.55		
	41.832 (41.832)	1:25.696 (43.864)	2:09.713 (44.018)	2:53.643 (43.930)	
	3:37.571 (43.928)	4:21.452 (43.882)	5:05.145 (43.693)	5:49.772 (44.628)	
	6:35.677 (45.905)	7:21.333 (45.657)	8:06.698 (45.365)	8:54.293 (47.595)	
	9:40.708 (46.415)	10:25.445 (44.737)	11:05.542 (40.098)		
12	Johnson, Myia	SO Midland	11:14.68		
	42.993 (42.993)	1:26.215 (43.222)	2:09.271 (43.057)	2:51.667 (42.397)	
	3:35.052 (43.385)	4:18.735 (43.683)	5:01.991 (43.257)	5:47.776 (45.785)	
	6:33.648 (45.873)	7:20.781 (47.133)	8:07.501 (46.720)	8:54.451 (46.950)	
	9:41.865 (47.414)	10:28.630 (46.765)	11:14.675 (46.045)		

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023

Bulldog Fieldhouse

Results

....Event 28 Women 3000 Meter Run

13 Homan, Anika	JR Dordt	11:19.85		
41.800 (41.800)	1:23.995 (42.195)	2:07.671 (43.677)	2:49.973 (42.303)	
3:33.616 (43.643)	4:17.482 (43.867)	5:00.778 (43.297)	5:46.021 (45.243)	
6:32.566 (46.545)	7:19.608 (47.043)	8:07.756 (48.148)	8:55.010 (47.254)	
9:43.615 (48.605)	10:32.101 (48.487)	11:19.848 (47.748)		
14 McIntyre, Julie	JR Concordia	11:29.93		
41.242 (41.242)	1:23.770 (42.528)	2:07.456 (43.687)	2:50.601 (43.145)	
3:35.170 (44.569)	4:20.237 (45.068)	5:06.370 (46.133)	5:53.196 (46.827)	
6:40.326 (47.130)	7:28.000 (47.674)	8:16.856 (48.857)	9:06.206 (49.350)	
9:54.050 (47.844)	10:42.625 (48.575)	11:29.927 (47.303)		
15 Ellens, Greichaly	SR Dordt	11:37.68		
44.042 (44.042)	1:29.222 (45.180)	2:15.280 (46.058)	3:01.863 (46.584)	
3:48.973 (47.110)	4:36.651 (47.678)	5:23.966 (47.315)	6:11.020 (47.054)	
6:57.101 (46.082)	7:44.281 (47.180)	8:32.073 (47.793)	9:19.595 (47.522)	
10:06.250 (46.655)	10:52.682 (46.433)	11:37.677 (44.995)		
16 Alberts, Caitlin	SO Northwestern	11:51.40		
43.470 (43.470)	1:27.603 (44.134)	2:11.732 (44.129)	2:56.673 (44.942)	
3:40.886 (44.213)	4:27.552 (46.667)	5:14.532 (46.980)	6:01.866 (47.334)	
6:49.676 (47.810)	7:37.572 (47.897)	8:26.695 (49.123)	9:17.625 (50.930)	
10:10.205 (52.580)	11:02.416 (52.212)	11:51.397 (48.982)		
17 Baade, Elizabeth	SO Hastings	11:54.70		
44.831 (44.831)	1:30.125 (45.294)	2:16.631 (46.507)	3:03.377 (46.747)	
3:49.273 (45.897)	4:35.566 (46.293)	5:22.078 (46.513)	6:09.467 (47.389)	
6:57.527 (48.060)	7:45.722 (48.195)	8:35.637 (49.915)	9:25.697 (50.060)	
10:15.448 (49.752)	11:05.923 (50.475)	11:54.698 (48.775)		
18 Fehr, Julia	SO Northwestern	11:59.23		
44.481 (44.481)	1:29.781 (45.300)	2:16.391 (46.610)	3:03.177 (46.787)	
3:50.667 (47.490)	4:37.810 (47.143)	5:25.378 (47.569)	6:14.041 (48.663)	
7:03.133 (49.093)	7:52.840 (49.707)	8:42.293 (49.454)	9:32.262 (49.969)	
10:22.751 (50.489)	11:12.245 (49.494)	11:59.225 (46.980)		

Event 29 Women 5000 Meter Run

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Double Waterfall - 2 Turn Stagger

Stadium Rec.: F 17:35.10 2/21/2015 Lauren Shomaker, Hastings Colleg

Meet Record: G 17:32.62 2014 Gabi Jenkins, Neb Wesleyan

NAIA Auto: A 18:17.99

NAIA B: B 18:29.99

18:18.00 NAIA

18:30.00 PROV

Name	Year School	Finals		
1 Binder, Allie	SR Doane	18:43.05		
44.167 (44.167)	1:29.986 (45.819)	2:14.180 (44.194)	2:55.700 (41.520)	
3:39.319 (43.619)	4:23.677 (44.359)	5:08.454 (44.777)	5:53.464 (45.010)	
6:38.451 (44.988)	7:22.965 (44.514)	8:08.159 (45.194)	8:53.551 (45.393)	
9:39.479 (45.928)	10:25.365 (45.887)	11:10.104 (44.739)	11:55.385 (45.282)	
12:40.912 (45.528)	13:27.171 (46.259)	14:14.430 (47.259)	15:00.954 (46.524)	
15:47.142 (46.189)	16:33.095 (45.953)	17:19.342 (46.248)	18:02.544 (43.202)	
18:43.042 (40.499)				

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023**Bulldog Fieldhouse****Results****....Event 29 Women 5000 Meter Run**

2 Borkowski, Lucy	JR Dordt	18:49.56		
43.740 (43.740)	1:29.691 (45.952)	2:14.550 (44.859)	2:58.522 (43.973)	
3:42.642 (44.120)	4:26.467 (43.825)	5:10.759 (44.292)	5:54.387 (43.629)	
6:38.901 (44.514)	7:23.535 (44.634)	8:08.375 (44.840)	8:53.245 (44.870)	
9:39.120 (45.875)	10:24.952 (45.833)	11:10.190 (45.238)	11:55.672 (45.483)	
12:41.416 (45.744)	13:28.121 (46.705)	14:14.726 (46.605)	15:01.262 (46.537)	
15:47.671 (46.409)	16:34.072 (46.402)	17:20.430 (46.358)	18:05.647 (45.218)	
18:49.552 (43.905)				
3 Haverdink, Emily	FR Northwestern	19:00.55		
43.896 (43.896)	1:29.774 (45.878)	2:14.332 (44.559)	2:58.212 (43.880)	
3:42.380 (44.168)	4:26.075 (43.695)	5:10.432 (44.358)	5:53.901 (43.469)	
6:38.610 (44.709)	7:22.852 (44.243)	8:07.711 (44.859)	8:52.876 (45.165)	
9:38.927 (46.052)	10:24.705 (45.778)	11:10.367 (45.663)	11:56.019 (45.652)	
12:41.694 (45.675)	13:28.612 (46.919)	14:15.806 (47.194)	15:02.560 (46.754)	
15:50.786 (48.227)	16:38.591 (47.805)	17:26.604 (48.013)	18:15.365 (48.762)	
19:00.547 (45.183)				
4 Santos, Shania	SO Hastings	19:04.67		
45.620 (45.620)	1:30.385 (44.765)	2:15.007 (44.623)	2:59.004 (43.997)	
3:43.054 (44.050)	4:27.025 (43.972)	5:11.162 (44.138)	5:54.907 (43.745)	
6:39.346 (44.439)	7:24.015 (44.669)	8:08.939 (44.924)	8:54.539 (45.600)	
9:41.231 (46.693)	10:28.066 (46.835)	11:15.566 (47.500)	12:03.504 (47.938)	
12:51.975 (48.472)	13:40.942 (48.968)	14:28.719 (47.777)	15:15.679 (46.960)	
16:02.670 (46.992)	16:49.119 (46.449)	17:36.230 (47.112)	18:22.415 (46.185)	
19:04.664 (42.249)				
5 Kuperus, Elyse	SR Dordt	19:10.31		
45.394 (45.394)	1:31.594 (46.200)	2:17.167 (45.574)	3:00.976 (43.809)	
3:47.287 (46.312)	4:34.234 (46.947)	5:18.872 (44.639)	6:04.226 (45.354)	
6:49.831 (45.605)	7:35.347 (45.517)	8:20.115 (44.768)	9:05.932 (45.818)	
9:52.191 (46.259)	10:38.655 (46.464)	11:24.987 (46.333)	12:11.381 (46.394)	
12:56.771 (45.390)	13:42.130 (45.359)	14:27.744 (45.614)	15:15.221 (47.478)	
16:02.275 (47.054)	16:47.662 (45.388)	17:34.316 (46.654)	18:22.949 (48.633)	
19:10.310 (47.362)				
6 Inhelder, Chloe	JR St. Mary	19:13.77		
46.129 (46.129)	1:31.860 (45.732)	2:16.927 (45.068)	3:01.136 (44.209)	
3:44.631 (43.495)	4:26.927 (42.297)	5:11.227 (44.300)	5:55.027 (43.800)	
6:39.401 (44.374)	7:24.269 (44.868)	8:09.530 (45.262)	8:56.185 (46.655)	
9:43.182 (46.998)	10:30.660 (47.478)	11:18.054 (47.394)	12:06.145 (48.092)	
12:54.969 (48.824)	13:43.370 (48.402)	14:31.687 (48.318)	15:19.891 (48.204)	
16:08.274 (48.383)	16:56.574 (48.300)	17:44.626 (48.053)	18:32.146 (47.520)	
19:13.770 (41.624)				
7 Haley, Emma	SO Northwestern	19:20.84		
45.756 (45.756)	1:31.561 (45.805)	2:17.299 (45.738)	3:00.779 (43.480)	
3:47.255 (46.477)	4:34.139 (46.884)	5:19.246 (45.108)	6:05.132 (45.887)	
6:50.536 (45.404)	7:36.202 (45.667)	8:21.822 (45.620)	9:09.072 (47.250)	
9:56.494 (47.422)	10:44.175 (47.682)	11:31.576 (47.402)	12:19.850 (48.274)	
13:07.621 (47.772)	13:55.827 (48.207)	14:44.886 (49.059)	15:30.647 (45.762)	
16:20.275 (49.628)	17:06.982 (46.708)	17:53.802 (46.820)	18:39.927 (46.125)	
19:20.840 (40.913)				

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023**Bulldog Fieldhouse****Results****....Event 29 Women 5000 Meter Run**

8 Hilkemann, Jaden	SO Doane	19:25.77		
45.097 (45.097)	1:32.016 (46.919)	2:17.946 (45.930)	3:03.705 (45.759)	
3:49.775 (46.070)	4:36.117 (46.343)	5:22.624 (46.507)	6:08.800 (46.177)	
6:55.190 (46.390)	7:42.350 (47.160)	8:29.740 (47.390)	9:17.342 (47.603)	
10:04.580 (47.238)	10:51.824 (47.244)	11:39.822 (47.999)	12:27.346 (47.524)	
13:14.430 (47.084)	14:02.079 (47.649)	14:52.224 (50.145)	15:41.092 (48.869)	
16:28.767 (47.675)	17:16.369 (47.602)	18:02.971 (46.603)	18:47.032 (44.062)	
19:25.767 (38.735)				
9 Opfer, Jessica	FR Dordt	19:30.34		
44.550 (44.550)	1:30.454 (45.904)	2:16.304 (45.850)	3:01.014 (44.710)	
3:47.475 (46.462)	4:34.435 (46.960)	5:19.087 (44.653)	6:04.521 (45.434)	
6:50.170 (45.649)	7:35.770 (45.600)	8:21.176 (45.407)	9:07.126 (45.950)	
9:53.354 (46.228)	10:40.459 (47.105)	11:27.824 (47.365)	12:16.384 (48.560)	
13:04.946 (48.563)	13:53.781 (48.835)	14:42.804 (49.023)	15:31.322 (48.519)	
16:20.434 (49.112)	17:08.630 (48.197)	17:57.220 (48.590)	18:45.566 (48.347)	
19:30.337 (44.772)				
10 Beisel, Keegan	FR Concordia	19:48.54		
46.095 (46.095)	1:31.789 (45.694)	2:16.991 (45.203)	3:01.424 (44.433)	
3:44.944 (43.520)	4:27.242 (42.299)	5:11.867 (44.625)	5:57.091 (45.224)	
6:43.905 (46.814)	7:31.931 (48.027)	8:20.820 (48.889)	9:08.347 (47.528)	
9:57.729 (49.382)	10:46.767 (49.039)	11:36.770 (50.003)	12:25.809 (49.039)	
13:15.399 (49.590)	14:06.174 (50.775)	14:57.367 (51.194)	15:46.832 (49.465)	
16:36.997 (50.165)	17:26.815 (49.818)	18:17.246 (50.432)	19:05.259 (48.013)	
19:48.540 (43.282)				
11 Ellens, Greichaly	SR Dordt	19:59.63		
45.142 (45.142)	1:31.306 (46.164)	2:16.425 (45.119)	3:01.260 (44.835)	
3:47.630 (46.370)	4:34.706 (47.077)	5:19.940 (45.234)	6:06.672 (46.733)	
6:54.775 (48.103)	7:43.849 (49.074)	8:32.439 (48.590)	9:21.737 (49.299)	
10:11.140 (49.403)	10:59.141 (48.002)	11:47.821 (48.680)	12:37.242 (49.422)	
13:27.434 (50.192)	14:17.396 (49.963)	15:07.496 (50.100)	15:57.285 (49.789)	
16:47.536 (50.252)	17:36.881 (49.345)	18:24.999 (48.118)	19:13.427 (48.429)	
19:59.630 (46.203)				
12 Anema, Taylor	SR Dordt	20:06.04		
44.297 (44.297)	1:30.119 (45.822)	2:14.762 (44.644)	2:58.736 (43.974)	
3:42.837 (44.102)	4:26.734 (43.897)	5:10.969 (44.235)	5:54.684 (43.715)	
6:39.104 (44.420)	7:23.722 (44.619)	8:08.640 (44.918)	8:53.612 (44.973)	
9:39.347 (45.735)	10:25.161 (45.814)	11:10.714 (45.553)	11:56.315 (45.602)	
13:00.272 (1:03.958)	13:48.880 (48.608)	14:48.754 (59.874)	15:38.767 (50.014)	
16:37.342 (58.575)	17:28.559 (51.217)	18:25.885 (57.327)	19:16.307 (50.423)	
20:06.034 (49.727)				
13 Joiner, Courtney	FR Dordt	20:22.47		
44.856 (44.856)	1:31.044 (46.188)	2:17.102 (46.059)	3:02.190 (45.088)	
3:48.696 (46.507)	4:35.702 (47.007)	5:23.074 (47.372)	6:10.807 (47.734)	
6:59.214 (48.407)	7:48.355 (49.142)	8:37.564 (49.209)	9:27.209 (49.645)	
10:17.097 (49.889)	11:07.336 (50.239)	11:58.961 (51.625)	12:50.560 (51.599)	
13:41.954 (51.394)	14:32.537 (50.584)	15:23.721 (51.184)	16:15.639 (51.918)	
17:07.219 (51.580)	17:59.046 (51.828)	18:50.664 (51.618)	19:40.734 (50.070)	
20:22.466 (41.733)				

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Results

....Event 29 Women 5000 Meter Run

14 Martin, Amie	SO Concordia	20:22.55		
45.444 (45.444)	1:31.940 (46.497)	2:17.610 (45.670)	3:03.027 (45.418)	
3:49.351 (46.324)	4:35.091 (45.740)	5:22.020 (46.929)	6:11.574 (49.554)	
7:00.196 (48.623)	7:48.756 (48.560)	8:36.980 (48.224)	9:26.959 (49.979)	
10:15.701 (48.743)	11:04.104 (48.403)	11:54.104 (50.000)	12:44.609 (50.505)	
13:35.965 (51.357)	14:28.754 (52.789)	15:21.014 (52.260)	16:13.815 (52.802)	
17:07.942 (54.128)	17:59.730 (51.788)	18:50.421 (50.692)	19:37.707 (47.287)	
20:22.546 (44.839)				
15 Baade, Elizabeth	SO Hastings	20:32.76		
46.634 (46.634)	1:33.082 (46.449)	2:19.442 (46.360)	3:05.994 (46.552)	
3:52.461 (46.468)	4:39.509 (47.048)	5:27.181 (47.673)	6:14.986 (47.805)	
7:02.939 (47.953)	7:51.237 (48.299)	8:40.035 (48.798)	9:28.500 (48.465)	
10:17.445 (48.945)	11:05.631 (48.187)	11:54.401 (48.770)	12:42.892 (48.492)	
13:31.186 (48.294)	14:19.640 (48.454)	15:09.965 (50.325)	16:00.362 (50.398)	
16:52.340 (51.978)	17:46.236 (53.897)	18:45.139 (58.903)	19:40.271 (55.133)	
20:32.755 (52.484)				
16 Fehr, Julia	SO Northwestern	20:36.43		
46.159 (46.159)	1:32.830 (46.672)	2:20.249 (47.419)	3:07.575 (47.327)	
3:55.704 (48.129)	4:43.940 (48.237)	5:32.305 (48.365)	6:20.994 (48.689)	
7:09.877 (48.884)	7:58.792 (48.915)	8:48.255 (49.463)	9:38.151 (49.897)	
10:27.762 (49.612)	11:17.716 (49.954)	12:07.907 (50.192)	12:57.471 (49.564)	
13:48.276 (50.805)	14:39.900 (51.624)	15:31.064 (51.164)	16:22.741 (51.678)	
17:14.964 (52.223)	18:06.986 (52.023)	18:58.367 (51.382)	19:48.710 (50.343)	
20:36.422 (47.713)				
-- Zeutenhorst, Ellie	FR Northwestern	DNF		
44.675 (44.675)	1:31.062 (46.388)	2:16.882 (45.820)	3:02.077 (45.195)	
3:48.926 (46.849)	4:35.626 (46.700)	5:23.109 (47.483)	6:11.312 (48.204)	
6:59.812 (48.500)	7:49.307 (49.495)	8:39.144 (49.837)	9:29.804 (50.660)	
10:21.089 (51.285)	11:13.456 (52.368)	12:05.930 (52.474)	12:57.965 (52.035)	

Event 30 Women 4x400 Meter Relay

=====

Two Turn Stagger - Lanes

Stadium Rec.: F 3:54.08 2/12/2016 Doane College
 K. Gokie, E. Harsin, S. Holtmeier, R. Bramhall
 Meet Record: G 3:56.28 2020 Concordia University, Concordia
 J. Pfeifer, S. Lewis, K. Mogul, R. Battershell

NAIA Auto: A 3:59.98
 NAIA B: B 4:02.99
 4:00.00 NAIA
 4:03.00 PROV

School	Finals	H#
1 Concordia	3:56.59ANAIA	2
1) Esch, Jenna SO	2) Koepke, Jordan SO	
3) Tuls, Trinity FR	4) Battershell, Rachel SR	
59.488 (59.488)	1:58.950 (59.463) 2:58.673 (59.723)	3:56.585 (57.913)
2 Dordt	3:56.66ANAIA	2
1) Den Herder, Ayda FR	2) Buwalda, Shelby FR	
3) Kooistra, Mika SR	4) Heynen, Emilee SO	
59.679 (59.679)	1:59.243 (59.564) 2:58.490 (59.248)	3:56.653 (58.163)
3 Northwestern	4:01.27BPROV	2
1) Zoet, Emma SO	2) Clarke, Abigail SR	
3) Sterk, Savonne JR	4) Kramer, Kennedy SO	
1:01.560 (1:01.560)	2:02.025 (1:00.465) 3:03.713 (1:01.688)	4:01.269 (57.557)

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....Event 30 Women 4x400 Meter Relay

4 Mount Marty	4:03.56	2
1) Bumbaca-Kuehl, Tianna JR	2) Clark, Elianna SR	
3) Nelson, Abrielle FR	4) Davis, Calli JR	
1:01.610 (1:01.610) 2:02.061 (1:00.452) 3:04.498 (1:02.437)	4:03.553 (59.055)	
5 Doane	4:04.21	2
1) Pingel, Annika SR	2) Manrique, Candela FR	
3) Vogt, Kat FR	4) Cotton, Caitlyn SR	
59.383 (59.383) 2:00.489 (1:01.107) 3:02.143 (1:01.654)	4:04.205 (1:02.063)	
6 Hastings	4:12.40	2
1) Kollars, Diana SO	2) Pinkerton, Veronica SO	
3) Rowe, Jaida FR	4) Gerken, Madison SO	
1:03.533 (1:03.533) 2:04.758 (1:01.225) 3:07.556 (1:02.799)	4:12.396 (1:04.840)	
7 Morningside	4:14.63	1
1) Bosch, Sarah SR	2) Lange, Grace SO	
3) Sporrer, Courtney FR	4) Chicoine, Emily JR	
1:03.221 (1:03.221) 2:08.746 (1:05.525) 3:12.598 (1:03.853)	4:14.621 (1:02.023)	
8 Midland	4:22.91	1
1) Sarabia, Nevaeh FR	2) Meyer, Hannah SO	
3) Strom, Emma FR	4) Rodgers, Amber FR	
1:03.435 (1:03.435) 2:09.396 (1:05.962) 3:17.723 (1:08.328)	4:22.901 (1:05.178)	
9 Dakota Wesleyan	4:29.55	1
1) Gerlach, Erynn FR	2) Long, Avany SR	
3) Evans, Ashtyn SR	4) Vermeulen, Annika SR	
1:05.070 (1:05.070) 2:10.663 (1:05.594) 3:21.467 (1:10.804)	4:29.547 (1:08.080)	

Event 31 Women 4x800 Meter Relay

=====
 Double Waterfall - 2 Turn Stagger
 Stadium Rec.: F 9:29.84 2/21/2015 Concordia
 M. Vlasin, R. Janzen, E. Schroeder, T. Elbert
 Meet Record: G 9:29.84 2015 Concordia, Concordia
 M. Vlasin, R. Jenzen, S. Schroeder, T. Elbert
 NAIA Auto: A 9:44.99
 NAIA B: B 9:47.99
 9:45.00 NAIA
 9:48.00 PROV

School	Finals
1 Hastings	9:43.84ANAIA
1) Gerken, Madison SO	2) Golus, Jilee SO
3) Velarde, Cecilia SO	4) Pinkerton, Veronica SO
2:26.007 (2:26.007) 4:52.410 (2:26.404) 7:24.920 (2:32.510)	9:43.833 (2:18.913)
2 Dordt	9:47.39BPROV
1) Ten Haken, Bethany SR	2) Stuit, Anmarie SR
3) Mulder, Molly FR	4) Struble, Tayah SO
2:29.409 (2:29.409) 4:50.917 (2:21.508) 7:18.683 (2:27.767)	9:47.383 (2:28.700)
3 Concordia	10:03.26
1) Williamson, Faith SO	2) Haertel, Hannah FR
3) Tweton, Jaiden SO	4) Richmond, Kaia SO
2:28.138 (2:28.138) 4:55.317 (2:27.179) 7:28.385 (2:33.069)	10:03.252 (2:34.867)
4 Morningside	10:06.53
1) Olson, Monica JR	2) Perez, Sarah SO
3) Lange, Grace SO	4) Sanchez, Michelle JR
2:30.159 (2:30.159) 5:04.345 (2:34.187) 7:40.638 (2:36.293)	10:06.527 (2:25.889)

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....Event 31 Women 4x800 Meter Relay

5 Mount Marty	10:06.68
1) Bumbaca-Kuehl, Tianna JR	2) Nelson, Abrielle FR
3) Johnson, Emily SO	4) Wahlstrom, Josey FR
2:32.779 (2:32.779) 5:03.974 (2:31.195) 7:38.789 (2:34.815) 10:06.678 (2:27.889)	
6 Northwestern	10:12.84
1) Ervin, Abby SO	2) Sterk, Savonne JR
3) Derscheid, Lauren FR	4) Fedders, Akeyma FR
2:30.182 (2:30.182) 5:03.233 (2:33.052) 7:38.315 (2:35.083) 10:12.832 (2:34.517)	
7 Doane	10:17.68
1) Walters, Rachel JR	2) Plock, Aly SO
3) Rice, Rylee SO	4) Vogt, Kat FR
2:31.795 (2:31.795) 5:09.977 (2:38.182) 7:40.707 (2:30.730) 10:17.678 (2:36.972)	
8 St. Mary	10:32.49
1) Ramirez, Lorena SR	2) Wigdahl, Brooke JR
3) Mead, Corinne FR	4) Simons, Autumn SO
2:41.192 (2:41.192) 5:15.807 (2:34.615) 7:56.250 (2:40.444) 10:32.487 (2:36.237)	
9 Briar Cliff	11:24.12
1) Pross, Pluma JR	2) Pike, Jalen FR
3) Russell, Maria FR	4) Antonino, Rylee FR
2:38.608 (2:38.608) 5:30.790 (2:52.183) 8:28.723 (2:57.933) 11:24.118 (2:55.395)	

Event 32 Women Long Jump

Top 9 advance to final

Stadium Rec.: F 5.96m 1/19/2018 Shantinique Cunningham, Hastings College

Meet Record: G 5.94m 2014 Neeia Cooperwood, Morningside

NAIA Auto: A 5.60m

NAIA B: B 5.50m

5.60m NAIA

5.50m PROV

Name	Year	School	Finals	H#
1 Adams, Lindsay	SO	Doane	5.48m	17-11.75 2
5.23m 5.27m 5.26m 5.38m FOUL 5.48m				
2 Richert, Amy	SO	Concordia	5.37m	17-07.50 2
5.11m 5.04m 5.37m 5.20m 5.21m 5.16m				
3 Den Herder, Ayda	FR	Dordt	5.26m	17-03.25 1
FOUL 5.20m 5.26m 5.18m 5.17m 5.15m				
4 Long, Avany	SR	Dakota Wesleyan	5.20m	17-00.75 1
5.14m 5.06m 5.20m 4.92m 5.18m 5.13m				
5 Cuff, Ikeah	JR	Hastings	5.17m	16-11.50 2
4.98m 5.17m 5.12m 4.97m 4.98m FOUL				
6 Ridgely, Kaylynn	JR	Northwestern	5.16m	16-11.25 2
5.16m FOUL 5.07m FOUL 4.99m 5.04m				
7 Rhodes, Kellie	SO	Concordia	5.15m	16-10.75 2
5.15m 5.03m 5.15m 4.86m 4.94m 5.01m				
8 Doren, Maddison	SO	Mount Marty	5.10m	16-08.75 1
5.10m 5.10m 5.06m FOUL FOUL 5.09m				
9 Vandermeer, Ashley	SR	Dordt	5.05m	16-07.00 1
FOUL 5.05m 4.80m FOUL FOUL 4.87m				
10 Quinn, Brianna	FR	Concordia	5.04m	16-06.50 2
5.01m 4.88m 5.04m				
11 Strom, Emma	FR	Midland	5.03m	16-06.00 2
FOUL 5.03m 4.92m				

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....Event 32 Women Long Jump

12	Steinke, Amanda	FR Concordia	5.02m	16-05.75	2
	4.97m 5.02m 4.93m				
13	Fontana, Abby	SO Doane	4.99m	16-04.50	1
	4.97m FOUL 4.99m				
14	Toliver, Jordynn	JR Jamestown	J4.99m	16-04.50	1
	4.80m FOUL 4.99m				
15	Miles, Hayley	FR Concordia	4.97m	16-03.75	2
	FOUL FOUL 4.97m				
16	Millikan, Paige	FR Mount Marty	4.82m	15-09.75	1
	4.82m 4.59m FOUL				
17	Doublin, Trinity	FR Hastings	4.78m	15-08.25	1
	4.62m 4.71m 4.78m				
18	Measel, Faith	JR Dordt	4.76m	15-07.50	1
	4.62m 4.60m 4.76m				

Event 33 Women Triple Jump

=====

Top 9 advance to final

Stadium Rec.: F 12.47m 2/12/2011 Tara Korshoj, Unattached
 Meet Record: G 12.42m 2002 Shannon Milhaltan, Hastings
 NAIA Auto: A 11.40m
 NAIA B: B 11.15m
 11.40m NAIA
 11.15m PROV

Name	Year	School	Finals	H#
1 Roggasch, Rosalyn	FR	Doane	11.04m	36-02.75 2
	11.01m	FOUL 11.04m 10.46m	FOUL 10.86m	
2 Noble, Josi	FR	Concordia	11.00m	36-01.25 2
	10.76m 11.00m 11.00m	10.72m 10.95m 10.89m		
3 Miles, Hayley	FR	Concordia	10.98m	36-00.25 2
	10.98m 10.66m	FOUL 10.66m	FOUL FOUL	
4 Doublin, Trinity	FR	Hastings	10.97m	36-00.00 2
	10.73m 10.97m 10.97m	10.50m 10.91m	FOUL	
5 Sayler, Isabel	JR	Briar Cliff	10.87m	35-08.00 2
	10.85m 10.87m 10.71m	10.50m 10.56m 10.77m		
6 Sucha, Andrea	FR	Mount Marty	10.65m	34-11.25 1
	10.43m 9.94m 10.61m	10.42m 10.52m 10.65m		
7 Buwalda, Shelby	FR	Dordt	10.61m	34-09.75 1
	9.67m 10.35m 10.57m	10.59m 10.61m 10.33m		
8 Evans, Ashtyn	SR	Dakota Wesleyan	10.60m	34-09.50 2
	9.94m 10.60m 10.57m	10.16m 10.20m 10.38m		
9 Cuff, Ikeah	JR	Hastings	10.48m	34-04.75 1
	FOUL 9.94m 10.44m	FOUL 10.48m	FOUL	
10 Burtzlaff, Lexa	SO	Mount Marty	10.44m	34-03.00 1
	10.10m 10.44m 10.44m	10.31m	FOUL 10.26m	
11 Theiler, Sarah	SO	Doane	10.39m	34-01.25 2
	10.26m	FOUL 10.39m		
12 Batenhorst, Elena	SO	Concordia	10.25m	33-07.50 2
	10.24m	FOUL 10.25m		
13 Vandermeer, Ashley	SR	Dordt	J10.25m	33-07.50 1
	FOUL FOUL 10.25m			
14 Dragt, Jaelyn	JR	Dordt	10.21m	33-06.00 1
	10.06m	FOUL 10.21m		

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....Event 33 Women Triple Jump

15	Corneliusen, Greta	SO Concordia	10.16m	33-04.00	1
	FOUL 10.16m FOUL				
16	Meyer, Hannah	SO Midland	9.92m	32-06.50	1
	9.91m 9.86m 9.92m				
17	Vanderwoude, Celia	FR Dordt	9.88m	32-05.00	1
	9.88m 9.88m 9.70m				
--	Decker, Paige	JR Dordt	FOUL		2
	FOUL PASS PASS				

Event 34 Women High Jump

1.44-1.49-1.54-1.59-1.64-1.67-1.70-1.73
 Stadium Rec.: F 1.83m 2/27/2016 Barbara Nwaba, SB Track Club
 Meet Record: G 1.77m 1992 Kim Oden, Nebraska Wesleyan
 NAIA Auto: A 1.67m
 NAIA B: B 1.64m
 1.68m NAIA
 1.65m PROV

Name	Year School	Finals
1 Vander Waal, Jacie	SO Northwestern	1.64mB 5-04.50
1.44 1.49 1.54 1.59 1.64 1.67		
O O O XO XXO XXX		
2 Sucha, Andrea	FR Mount Marty	1.59m 5-02.50
1.44 1.49 1.54 1.59 1.64		
O O O XO XXX		
3 Richert, Amy	SO Concordia	J1.59m 5-02.50
1.44 1.49 1.54 1.59 1.64		
PPP O O XXO XXX		
4 Erhardt, Paige	SO Jamestown	1.54m 5-00.50
1.44 1.49 1.54 1.59		
O O O XXX		
5 Schropfer, Kimberly	FR Concordia	J1.54m 5-00.50
1.44 1.49 1.54 1.59		
O XXO O XXX		
6 Newton, Hannah	SO Concordia	J1.54m 5-00.50
1.44 1.49 1.54 1.59		
PPP PPP XO XXX		
6 Poulson, Zailee	SO Hastings	J1.54m 5-00.50
1.44 1.49 1.54 1.59		
PPP O XO XXX		
8 Toliver, Jordynn	JR Jamestown	J1.54m 5-00.50
1.44 1.49 1.54 1.59		
O XXO XO XXX		
9 Beglin, Natalie	FR Midland	J1.54m 5-00.50
1.44 1.49 1.54 1.59		
O O XXO XXX		
10 Steinke, Amanda	FR Concordia	J1.54m 5-00.50
1.44 1.49 1.54 1.59		
XO XO XXO XXX		
11 Wingert, Emily	SO Dordt	1.49m 4-10.50
1.44 1.49 1.54		
PPP O XXX		

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....Event 34 Women High Jump

11 Jackson, Jastiny	SO Doane	1.49m	4-10.50
1.44 1.49 1.54			
O O XXX			
13 Espinosa, Faith	SO Concordia	J1.49m	4-10.50
1.44 1.49 1.54			
O XXO XXX			
13 Theiler, Sarah	SO Doane	J1.49m	4-10.50
1.44 1.49 1.54			
O XXO XXX			
15 Hardy, Krista	FR Midland	1.44m	4-08.75
1.44 1.49			
O XXX			
16 Hines, Melissa	FR Hastings	J1.44m	4-08.75
1.44 1.49			
XO XXX			
-- Garrett, Josie	FR Doane	NH	
1.44			
XXX			

Event 35 Women Pole Vault

2.67-2.82-2.97-3.12-3.27-3.42-3.52-3.62-3.72-3.82-3.92
 Stadium Rec.: F 4.17m 2/10/2023 Kortney Ross-Oates, AZPVA
 Meet Record: G 4.09m 2/19/2022 Josie Puelz, Concordia
 NAIA Auto: A 3.52m
 NAIA B: B 3.42m
 3.52m NAIA
 3.42m PROV

Name	Year	School	Finals
1 Puelz, Josie	JR	Concordia	3.92m ANAIA 12-10.25
2.67 2.82 2.97 3.12 3.27 3.42 3.52 3.62 3.72 3.82 3.92 4.02			
PPP PPP PPP PPP PPP O PPP O XXO O XXX			
2 Mapson, Erin	SR	Concordia	3.82m ANAIA 12-06.25
2.67 2.82 2.97 3.12 3.27 3.42 3.52 3.62 3.72 3.82 3.92			
PPP PPP PPP PPP PPP O PPP O XXO XXX			
3 Cummings, Amira	SO	Concordia	3.52m ANAIA 11-06.50
2.67 2.82 2.97 3.12 3.27 3.42 3.52 3.62			
PPP PPP PPP PPP O XO XO XXX			
4 Boggs, Erin	SO	Concordia	J3.52m ANAIA 11-06.50
2.67 2.82 2.97 3.12 3.27 3.42 3.52 3.62			
PPP PPP PPP O O XO XXO XXX			
5 Rippen, Gracie	SR	Mount Marty	3.42m BPROV 11-02.50
2.67 2.82 2.97 3.12 3.27 3.42 3.52			
PPP PPP PPP PPP XO O XXX			
6 Svoboda, Kayla	FR	Concordia	J3.42m BPROV 11-02.50
2.67 2.82 2.97 3.12 3.27 3.42 3.52			
PPP PPP PPP O O XO XXX			
7 Stanley, Kennedy	FR	Doane	J3.42m BPROV 11-02.50
2.67 2.82 2.97 3.12 3.27 3.42 3.52			
PPP PPP PPP PPP XO XO XXX			
8 Hulberg, Erin	SO	Northwestern	J3.42m BPROV 11-02.50
2.67 2.82 2.97 3.12 3.27 3.42 3.52			
PPP O O XO XXO XO XXX			

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....Event 35 Women Pole Vault

9 Reichert, Sydney	SO Concordia	3.27m	10-08.75
2.67 2.82 2.97 3.12 3.27 3.42			
PPP PPP PPP O O XXX			
10 Knapp, Samantha	SO Doane	J3.27m	10-08.75
2.67 2.82 2.97 3.12 3.27 3.42			
PPP PPP O O XXO XXX			
11 Clark, Saydie	SO Dordt	J3.27m	10-08.75
2.67 2.82 2.97 3.12 3.27 3.42			
PPP PPP O XO XXO XXX			
12 Deines, Grace	SO Doane	2.97m	9-09.00
2.67 2.82 2.97 3.12			
O O O XXX			
13 Bakken, Mackenzie	FR Jamestown	J2.97m	9-09.00
2.67 2.82 2.97 3.12			
O XO O XXX			
14 Keodouangdy, Natalee	FR Doane	J2.97m	9-09.00
2.67 2.82 2.97 3.12			
XO O XO XXX			
15 Maher, Jerzi	FR Doane	2.82m	9-03.00
2.67 2.82 2.97			
O O XXX			
16 Sorensen, Zelig	FR Mount Marty	J2.82m	9-03.00
2.67 2.82 2.97			
XO O XXX			
17 Meyer, Hannah	SO Midland	2.67m	8-09.00
2.67 2.82			
XO XXX			
18 Bassingthwaite, Quinn	FR Jamestown	J2.67m	8-09.00
2.67 2.82			
XXO XXX			

Event 36 Women Shot Put

Top 9 advance to final
 Stadium Rec.: F 16.62m 2/12/2016 Sara Wells, Unattached
 Meet Record: G 15.19m 1994 Kim Hayes, Doane
 NAIA Auto: A 13.45m
 NAIA B: B 13.00m
 13.45m NAIA
 13.00m PROV

Name	Year School	Finals	H#
1 Skala, Allison	SO Doane	14.45m ANAIA	47-05.00 2
13.21m 14.31m FOUL FOUL 14.45m 14.11m			
2 Baucom, Alivia	SO Doane	14.04m ANAIA	46-00.75 2
13.14m 14.03m 14.04m 13.24m FOUL FOUL			
3 Gerber, Abigail	SO Concordia	13.58m ANAIA	44-06.75 1
12.70m FOUL FOUL 13.47m 13.58m FOUL			
4 Tyler, Asia	SO Hastings	13.54m ANAIA	44-05.25 2
13.16m 12.55m 12.74m FOUL FOUL 13.54m			
5 Caspersen, Claire	SO St. Mary	13.48m ANAIA	44-02.75 2
12.88m 12.89m 13.27m 12.62m 13.00m 13.48m			
6 Wagner, Hope	JR Briar Cliff	13.33m BPROV	43-09.00 2
12.46m FOUL 13.17m FOUL FOUL 13.33m			

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....Event 36 Women Shot Put

7	Robinson, Madeleine	SR Concordia	13.31m	BPROV	43-08.00	2
	13.31m 12.87m 13.09m 12.78m	FOUL FOUL				
8	Gronseth, Lila	JR Dakota Wesleyan	13.24m	BPROV	43-05.25	2
	12.25m 12.48m 12.99m 13.24m 12.53m 12.75m					
9	Brock, Anna	JR Jamestown	12.92m		42-04.75	1
	12.92m 12.90m	FOUL FOUL	11.64m	FOUL		
10	Anderson, Kiara	JR Hastings	12.61m		41-04.50	2
	12.61m	FOUL FOUL				
11	Painter, Erin	SO Concordia	12.25m		40-02.25	1
	11.38m 12.13m 12.25m					
12	Owings, Alli	JR Concordia	12.14m		39-10.00	1
	11.46m 12.14m 11.92m					
13	VanLaningham, Katie	SR Doane	11.88m		38-11.75	1
	FOUL FOUL 11.88m					
14	Eden, Jessa	JR Hastings	11.79m		38-08.25	1
	11.48m 11.39m 11.79m					
15	Mach, Alexis	SO Doane	11.13m		36-06.25	1
	FOUL FOUL 11.13m					
--	Wohlgemuth, Abi	SO Concordia	FOUL			1
	FOUL FOUL FOUL					
--	Pine, Cassandra	JR Hastings	FOUL			1
	FOUL FOUL FOUL					
--	Pokorney, Kamryn	SO Concordia	FOUL			2
	FOUL FOUL FOUL					

Event 37 Women Weight Throw

=====
 Top 9 advance to final
 Stadium Rec.: F 20.19m 2/12/2016 Carly Fehringer, Unattached
 Meet Record: G 18.94m 2/20/2016 Kali Robb, Concordia
 NAIA Auto: A 16.50m
 NAIA B: B 15.80m
 16.20m NAIA
 15.80m PROV

Name	Year	School	Finals	H#
1 Anderson, Kiara		JR Hastings	17.22m	ANAIA 56-06.00 2
	16.70m 17.22m	FOUL FOUL FOUL FOUL		
2 Tyler, Asia		SO Hastings	17.18m	ANAIA 56-04.50 2
	16.49m 17.18m	FOUL FOUL FOUL FOUL		
3 Fuller, Macy		SO Doane	17.15m	ANAIA 56-03.25 2
	16.87m 17.15m 16.84m	FOUL 16.98m 17.05m		
4 Robinson, Madeleine		SR Concordia	17.04m	ANAIA 55-11.00 2
	15.18m 16.55m 17.04m	16.18m 16.25m 16.26m		
5 Eden, Jessa		JR Hastings	16.82m	ANAIA 55-02.25 2
	16.80m 16.82m	FOUL FOUL FOUL 16.42m		
6 Pine, Cassandra		JR Hastings	16.48m	BNAIA 54-01.00 2
	15.59m 16.48m	FOUL 16.34m	FOUL FOUL	
7 Pokorney, Kamryn		SO Concordia	16.31m	BNAIA 53-06.25 1
	14.55m	FOUL 15.14m	FOUL FOUL 16.31m	
8 Wohlgemuth, Abi		SO Concordia	16.30m	BNAIA 53-05.75 2
	FOUL 15.91m	FOUL 16.30m 15.79m	FOUL	
9 Gerber, Abigail		SO Concordia	15.63m	51-03.50 2
	15.63m	FOUL 15.29m	FOUL 15.18m	FOUL

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....Event 37 Women Weight Throw

10	Deffenbaugh, Darby	SR Dakota Wesleyan	14.90m	48-10.75	1
	FOUL 14.90m 14.57m				
11	Owings, Alli	JR Concordia	14.67m	48-01.75	2
	FOUL 14.60m 14.67m				
12	Gleason, Jenna	SO Dordt	14.39m	47-02.50	1
	14.39m 14.36m 14.16m				
13	Schake, Jaydin	JR Hastings	J14.39m	47-02.50	1
	14.39m FOUL FOUL				
14	Painter, Erin	SO Concordia	14.24m	46-08.75	1
	FOUL 14.24m 13.80m				
15	Riggle, Faith	SO Concordia	13.90m	45-07.25	1
	FOUL FOUL 13.90m				
16	Covington, Cortney	FR Concordia	13.81m	45-03.75	1
	13.61m 13.81m FOUL				
17	Hasselmann, Kylee	FR Hastings	13.56m	44-06.00	1
	FOUL 13.56m FOUL				
--	Gronseth, Lila	JR Dakota Wesleyan	FOUL		1
	FOUL FOUL FOUL				

Event 38 Women Indoor Pentathlon

Stadium Rec.: F 3714 2/21/2015 Erin DeVries, Doane
 Meet Record: G 3714 2015 Erin DeVries, Doane
 NAIA B: B 2950
 2950 PROV

Name	Year	School	Finals	H#
1 Richert, Amy	SO	Concordia	3446.00BPROV	
2 Toliver, Jordynn	JR	Jamestown	3395.00BPROV	
3 Batenhorst, Elena	SO	Concordia	3102.00BPROV	
4 Steinke, Amanda	FR	Concordia	2987.00BPROV	
5 Noble, Josi	FR	Concordia	2984.00BPROV	
6 Doren, Maddison	SO	Mount Marty	2944.00	
7 Salters, Isabelle	SO	Concordia	2910.00	
8 George, Ashinee	JR	Mount Marty	2875.00	
9 Sucha, Andrea	FR	Mount Marty	2863.00	
10 Ray, Madyson	SO	Midland	2753.00	
11 Espinosa, Faith	SO	Concordia	2734.00	
12 Evenhouse, Kelsey	SO	Dordt	2725.00	
13 Poulson, Zailee	SO	Hastings	2655.00	
14 Measel, Faith	JR	Dordt	2546.00	
15 Henning, Karlee	FR	Doane	2026.00	
16 Adams, Lindsay	SO	Doane	879.00	

Event 38 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Stadium Rec.: F 8.85 2/17/2012 Briana Vander Woude, Dordt
 Meet Record: G 8.85 2012 Briana Vander Woude, Dordt
 NAIA Auto: A 8.98
 NAIA B: B 9.10

Name	Year	School	Finals	H#	Points
1 George, Ashinee	JR	Mount Marty	9.12	4	885
2 Richert, Amy	SO	Concordia	9.14	4	881
3 Adams, Lindsay	SO	Doane	9.15	4	879

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...Event 38 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

4	Salter, Isabelle	SO Concordia	9.38	4	832
5	Toliver, Jordynn	JR Jamestown	9.50	3	808
6	Espinosa, Faith	SO Concordia	9.71	3	767
7	Batenhorst, Elena	SO Concordia	9.72	3	765
8	Sucha, Andrea	FR Mount Marty	9.72	3	765
9	Evenhouse, Kelsey	SO Dorst	9.80	2	750
10	Doren, Maddison	SO Mount Marty	9.97	1	718
11	Steinke, Amanda	FR Concordia	10.01	2	710
12	Noble, Josi	FR Concordia	10.18	2	679
13	Ray, Madyson	SO Midland	10.38	1	643
14	Poulson, Zailee	SO Hastings	10.41	2	637
15	Henning, Karlee	FR Doane	11.28	1	491
16	Measel, Faith	JR Dorst	11.42	1	470

Event 38 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Stadium Rec.: F 1.68m 1/25/2019 Kamberlyn Lamer, Dakota Wesleyan

Meet Record: G 1.68m 2/18/2022 Lauren Tamayo, Hastings

NAIA Auto: A 1.67m

NAIA B: B 1.64m

Name	Year	School	Finals											Points					
1 Richert, Amy		SO Concordia	1.58m	5-02.25	712														
	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	O	XXX
1 Sucha, Andrea		FR Mount Marty	1.58m	5-02.25	712														
	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	O	O	O	O	O	O	XXX
3 Toliver, Jordynn		JR Jamestown	1.55m	5-01.00	678														
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	XO	O	XO	XXO	XO	XXX	
4 Ray, Madyson		SO Midland	1.52m	4-11.75	644														
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XO	XO	O	O	XXO	XXX		
4 Poulson, Zailee		SO Hastings	1.52m	4-11.75	644														
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XXO	XXX	
6 Measel, Faith		JR Dorst	1.49m	4-10.50	610														
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52			
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XO	O	O	XO	XXX			
6 Batenhorst, Elena		SO Concordia	1.49m	4-10.50	610														
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52			
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	XXO	XXO	XXX			
8 Steinke, Amanda		FR Concordia	1.46m	4-09.50	577														
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49				
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	XXX				
8 Espinosa, Faith		SO Concordia	1.46m	4-09.50	577														
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49				
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	XO	O	XO	XXX				
10 Doren, Maddison		SO Mount Marty	1.43m	4-08.25	544														
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46					
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XO	O	O	XO	XXX					
10 Noble, Josi		FR Concordia	1.43m	4-08.25	544														
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46					
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	XO	XXO	XXO	XXX					

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...Event 38 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

10	Salters, Isabelle	SO Concordia	1.43m	4-08.25	544
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46				
	PPP PPP PPP PPP PPP PPP PPP O O O O O XO XXX				
13	George, Ashinee	JR Mount Marty	1.40m	4-07.00	512
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43				
	PPP PPP PPP PPP PPP PPP PPP PPP O O O XXX				
14	Evenhouse, Kelsey	SO Dordt	1.37m	4-06.00	481
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40				
	PPP PPP PPP PPP PPP PPP PPP PPP PPP XO XO XXX				
15	Henning, Karlee	FR Doane	1.16m	3-09.50	275
	1.07 1.10 1.13 1.16 1.19 1.22				
	PPP O PPP O PPP XXX				
--	Adams, Lindsay	SO Doane	NH		
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43				
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXX				

Event 38 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Stadium Rec.: F 12.24m 2/21/2015 Erin DeVries, Doane
 Meet Record: G 12.24m 2015 Erin DeVries, Doane
 NAIA Auto: A 13.45m
 NAIA B: B 13.00m

Name	Year	School	Finals	Points
1 Richert, Amy		SO Concordia	10.64m 34-11.00	571
			10.15m 10.31m 10.64m	
2 Noble, Josi		FR Concordia	10.40m 34-01.50	556
			10.40m 9.65m 9.51m	
3 Toliver, Jordynn		JR Jamestown	10.38m 34-00.75	554
			8.58m 10.30m 10.38m	
4 Batenhorst, Elena		SO Concordia	10.27m 33-08.50	547
			10.27m 9.61m 9.97m	
5 Steinke, Amanda		FR Concordia	9.94m 32-07.50	526
			9.60m 9.57m 9.94m	
6 Henning, Karlee		FR Doane	9.55m 31-04.00	500
			9.20m 9.55m 9.53m	
7 Doren, Maddison		SO Mount Marty	9.05m 29-08.25	467
			9.05m 8.81m FOUL	
8 Ray, Madyson		SO Midland	8.94m 29-04.00	460
			8.53m 8.83m 8.94m	
9 Salters, Isabelle		SO Concordia	8.91m 29-02.75	458
			8.07m 8.39m 8.91m	
10 Evenhouse, Kelsey		SO Dordt	8.68m 28-05.75	443
			8.68m 8.22m 8.40m	
11 Espinosa, Faith		SO Concordia	8.61m 28-03.00	439
			8.61m 8.54m 8.06m	
12 George, Ashinee		JR Mount Marty	8.59m 28-02.25	438
			8.59m 8.17m 8.33m	
13 Measel, Faith		JR Dordt	8.31m 27-03.25	419
			8.16m 8.31m 7.71m	
14 Poulson, Zailee		SO Hastings	7.98m 26-02.25	398
			6.72m 6.86m 7.98m	
15 Sucha, Andrea		FR Mount Marty	6.79m 22-03.50	322
			6.79m 6.67m 6.38m	
--	Adams, Lindsay	SO Doane	DNF	

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Stadium Rec.: F 5.85m 1/25/2019 Kamberlyn Lamer, Dakota Wesleyan
 Meet Record: G 5.74m 2015 Karen Ettleman, Northwestern
 NAIA Auto: A 5.60m
 NAIA B: B 5.50m

Name	Year	School	Finals	Points
1 Toliver, Jordynn 5.15m 4.79m 5.47m	JR	Jamestown	5.47m 17-11.50	691
2 Richert, Amy 5.29m 5.38m 5.43m	SO	Concordia	5.43m 17-09.75	680
3 Steinke, Amanda 4.92m 5.07m 5.28m	FR	Concordia	5.28m 17-04.00	637
4 Doren, Maddison 5.10m 5.22m 5.21m	SO	Mount Marty	5.22m 17-01.50	620
5 Sucha, Andrea 4.89m 5.15m 5.02m	FR	Mount Marty	5.15m 16-10.75	601
6 Batenhorst, Elena 4.91m 4.91m 5.05m	SO	Concordia	5.05m 16-07.00	573
7 Measel, Faith 4.89m 4.88m 4.78m	JR	Dordt	4.89m 16-00.50	530
8 Noble, Josi 4.87m 4.69m 4.67m	FR	Concordia	4.87m 15-11.75	524
9 Ray, Madyson 4.63m FOUL 4.68m	SO	Midland	4.68m 15-04.25	474
10 Poulson, Zailee 4.55m 4.65m FOUL	SO	Hastings	4.65m 15-03.25	466
11 Salters, Isabelle 4.49m 4.54m 4.64m	SO	Concordia	4.64m 15-02.75	464
12 Evenhouse, Kelsey 4.61m 4.47m 4.59m	SO	Dordt	4.61m 15-01.50	456
13 George, Ashinee 4.33m 4.28m 4.57m	JR	Mount Marty	4.57m 15-00.00	446
14 Henning, Karlee 4.30m 4.10m 4.52m	FR	Doane	4.52m 14-10.00	433
15 Espinosa, Faith 4.44m 4.51m 4.27m	SO	Concordia	4.51m 14-09.75	431
-- Adams, Lindsay PASS PASS PASS	SO	Doane	DNF	

Event 38 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Stadium Rec.: F 2:20.28 1/19/2016 Ashleigh Carr, Unattached
 Meet Record: G 2:21.79 2014 Jillian Ourada, Doane
 NAIA Auto: A 2:17.99
 NAIA B: B 2:19.84

Name	Year	School	Finals	Points
1 Noble, Josi 35.697 (35.697)	FR	Concordia	2:30.92 1:50.180 (39.234)	681 2:30.920 (40.740)
2 Toliver, Jordynn 36.890 (36.890)	JR	Jamestown	2:32.29 1:52.653 (38.812)	664 2:32.290 (39.637)
3 Salters, Isabelle 37.183 (37.183)	SO	Concordia	2:36.63 1:58.413 (41.959)	612 2:36.627 (38.214)
4 Batenhorst, Elena 37.290 (37.290)	SO	Concordia	2:37.04 1:59.191 (41.868)	607 2:37.032 (37.842)

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...Event 38 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

5	Richert, Amy	SO Concordia	2:37.48	602
	37.053 (37.053)	1:17.037 (39.984)	1:58.812 (41.775)	2:37.478 (38.667)
6	Evenhouse, Kelsey	SO Dordt	2:38.09	595
	36.571 (36.571)	1:15.042 (38.472)	1:56.275 (41.233)	2:38.083 (41.809)
7	Doren, Maddison	SO Mount Marty	2:38.11	595
	37.965 (37.965)	1:17.597 (39.633)	1:59.467 (41.870)	2:38.102 (38.635)
8	George, Ashinee	JR Mount Marty	2:38.15	594
	37.785 (37.785)	1:17.575 (39.790)	1:59.908 (42.334)	2:38.142 (38.234)
9	Steinke, Amanda	FR Concordia	2:43.17	537
	37.530 (37.530)	1:17.998 (40.469)	2:01.615 (43.617)	2:43.162 (41.548)
10	Ray, Madyson	SO Midland	2:43.61	532
	37.658 (37.658)	1:17.857 (40.199)	2:00.977 (43.120)	2:43.608 (42.632)
11	Espinosa, Faith	SO Concordia	2:44.69	520
	36.315 (36.315)	1:17.655 (41.340)	2:03.098 (45.444)	2:44.682 (41.584)
12	Measel, Faith	JR Dordt	2:45.02	517
	36.541 (36.541)	1:16.410 (39.869)	2:00.106 (43.697)	2:45.018 (44.913)
13	Poulson, Zailee	SO Hastings	2:45.62	510
	37.845 (37.845)	1:18.576 (40.732)	2:04.010 (45.434)	2:45.617 (41.608)
14	Sucha, Andrea	FR Mount Marty	2:50.04	463
	38.460 (38.460)	1:18.897 (40.438)	2:04.578 (45.682)	2:50.035 (45.457)
15	Henning, Karlee	FR Doane	3:04.16	327
	39.476 (39.476)	1:24.998 (45.523)	2:14.038 (49.040)	3:04.156 (50.118)
--	Adams, Lindsay	SO Doane	DNF	

Event 39 Women 3000 Meter Race Walk

Stadium Rec.: F 15:56.31 1/19/2020 Lila Dreves, MidAmerica Na

Name	Year	School	Finals
1 Dawson, Lauren		SO Concordia	17:57.79
	1:10.498 (1:10.498)	2:20.560 (1:10.062)	3:31.862 (1:11.303)
	5:56.868 (1:12.930)	7:09.986 (1:13.118)	8:23.615 (1:13.629)
	10:49.830 (1:12.914)	12:03.580 (1:13.750)	13:17.906 (1:14.327)
	15:43.211 (1:11.645)	16:53.835 (1:10.624)	17:57.782 (1:03.948)
2 DiPentino, Tristyn		SO Hastings	18:22.41
	1:10.741 (1:10.741)	2:21.230 (1:10.489)	3:32.376 (1:11.147)
	5:58.011 (1:13.133)	7:11.646 (1:13.635)	8:26.378 (1:14.733)
	10:57.056 (1:14.977)	12:13.326 (1:16.270)	13:27.432 (1:14.107)
	15:57.560 (1:15.425)	17:10.707 (1:13.148)	18:22.401 (1:11.694)
3 Gissler, Peyton		SO Concordia	19:06.60
	1:12.198 (1:12.198)	2:25.978 (1:13.781)	3:40.547 (1:14.569)
	6:09.232 (1:15.175)	7:25.640 (1:16.408)	8:43.698 (1:18.059)
	11:23.400 (1:19.103)	12:41.908 (1:18.509)	14:01.523 (1:19.615)
	16:43.510 (1:20.693)	17:59.487 (1:15.978)	19:06.600 (1:07.113)
4 Evarts, Baylee		SO Hastings	19:09.04
	1:12.134 (1:12.134)	2:26.351 (1:14.217)	3:40.986 (1:14.635)
	6:10.637 (1:15.558)	7:29.435 (1:18.798)	8:49.507 (1:20.073)
	11:31.161 (1:21.074)	12:52.498 (1:21.338)	14:11.488 (1:18.990)
	16:46.415 (1:17.327)	18:00.692 (1:14.278)	19:09.035 (1:08.343)
5 Walsh, Darby		FR Midland	19:12.48
	1:11.177 (1:11.177)	2:22.543 (1:11.367)	3:37.217 (1:14.674)
	6:09.730 (1:15.192)	7:26.213 (1:16.484)	8:44.268 (1:18.055)
	11:24.170 (1:20.845)	12:43.723 (1:19.554)	14:02.375 (1:18.652)
	16:42.983 (1:20.408)	17:59.715 (1:16.732)	19:12.478 (1:12.764)

GPAC Indoor 2023 - 2/17/2023 to 2/18/2023

Bulldog Fieldhouse

Results

Event 40 Men 3000 Meter Race Walk

Stadium Rec.: F 14:12.75 2/10/2023 Pablo Sanz-Rillo, Friends
 Name Year School Finals

1 Wise, Sam FR Hastings 19:39.11

Women - Team Rankings - 19 Events Scored

1) Concordia	241.50	2) Doane	109
3) Dordt	103	4) Hastings	97.50
5) Mount Marty	63	6) Northwestern	47
7) Morningside	34	8) Jamestown	14
8) St. Mary	14	10) Dakota Wesleyan	7
10) Briar Cliff	7	12) Midland	4

Men - Team Rankings - 19 Events Scored

1) Dordt	204.50	2) Doane	194
3) Concordia	100.50	4) Mount Marty	81
5) Midland	62.50	6) Northwestern	44
7) Dakota Wesleyan	18	8) Hastings	11.50
9) Briar Cliff	10	9) Morningside	10
11) Jamestown	5		