

2023 CONCORDIA INVITE

CONCORDIA UNIVERSITY - BULLDOG FIELDHOUSE
FRIDAY, FEBRUARY 10, 2023

FINAL Schedule

Field Events

12:00 pm	Weight Throw (M)	Followed by Weight Throw (W)
12:00	Long Jump (W)	Followed by Triple Jump (W) North Runway
12:00	Pole vault (W)	Followed by Pole Vault (M)
2:00	Long Jump (M)	Followed by Triple Jump (M) Infield runway
4:00	High Jump (W)	Followed by High Jump (M)
4:00 <i>estimated</i>	Shot Put (M)	Followed by Shot Put (W)

RUNNING EVENTS - (WILL NOT GO MORE THAN 15 MINUTES AHEAD OF SCHEDULE)

2:00 pm	3000m Race Walk (W/M)	5:25	400	(W)
3:00 pm	4 x 800 Relay / DMR (W)	5:40	400	(M)
3:15	Dist. Med. Relay (M)	5:55	800	(W)
3:30	60 Hurdles Prelims (W)	6:10	800	(M)
3:45	60 Hurdles Prelims (M)	6:20	1000	(W)
4:00	60 Dash Prelims (W)	6:30	1000	(M)
4:05	60 Dash Prelims (M)	6:35	200	(W)
4:15	Mile (W)	6:50	200	(M)
4:30	Mile (M)	7:10	3000	(W)
4:45	60 Hurdles Final (W)	7:25	3000	(M)
4:50	60 Hurdles Final (M)	7:40	4 x 400 Relay	(W)
4:55	60 Dash Final (W)	7:45	4 x 400 Relay	(M)
5:00	60 Dash Final (M)			
5:05	600 (W)			
5:15	600 (M)			

