

2023 CONCORDIA INVITE

FRIDAY, APRIL 14 – SATURDAY, APRIL 15, 2023
CONCORDIA UNIVERSITY - BULLDOG STADIUM

Friday, April 14, 2023

TENTATIVE SCHEDULE – Revised 4-14-23

FIELD EVENTS

1:00 pm Hammer Men Followed by Hammer Women
1:00 pm Javelin Women Followed by Javelin Men

Saturday, April 15, 2023

FIELD EVENTS

12:00 pm Long Jump Women Followed by Triple Jump Women - **INDOORS**
12:00 Pole vault Women Followed by Pole Vault Men - **INDOORS**
1:00 Discus Men Followed by Discus Women
1:00 Shot Put Women Followed by Shot Put Men
1:00 Long Jump Men Followed by Triple Jump Men - **INDOORS**
2:00 High Jump Men Followed by High Jump Women - **INDOORS**

RUNNING EVENTS –

12:00 pm	5000m Racewalk	(W/M)	3:15	100 Final	(W)
12:30 pm	4 x 800 Relay	(M)	3:20	100 Final	(M)
12:45	4 x 800 Relay	(W)	3:25	400	(W)
1:00	100 Hurdles Prelims	(W)	3:40	400	(M)
1:10	110 Hurdles Prelims	(M)	4:00	400 Hurdles	(W)
1:25	100 Prelims	(W)	4:10	400 Hurdles	(M)
1:35	100 Prelims	(M)	4:25	1500	(W)
1:45	800	(W)	4:40	1500	(M)
1:55	800	(M)	5:00	200	(W)
2:10	4 x 100 Relay	(W)	5:20	200	(M)
2:15	4 x 100 Relay	(M)	5:45	5k	(W)
2:25	3k Steeple	(W)	6:10	5k	(M)
2:45	3k Steeple	(M)	6:30	4 x 400 Relay	(W)
3:05	100 Hurdles Final	(W)	6:40	4 x 400 Relay	(M)
3:10	110 Hurdles Final	(M)			

