

# 2022 CONCORDIA POLAR DOG

CONCORDIA UNIVERSITY - BULLDOG FIELD HOUSE  
SATURDAY, JANUARY 22, 2022

## **FINAL Schedule**

### **Multi Events (Women's Pentathlon)**

10:00 am	60 Hurdles	(W)
10:45	High Jump	(W)
12:15	Shot Put	(W)
1:00	Long Jump	(W) <i>Pentathlon Long Jump will be contested on the east (track) runway</i>
1:50	800	(W)

### **Field Events**

12:00 pm	Weight Throw	(M)	Followed by Weight Throw	(W)
12:00	Long Jump	(W)	Followed by Triple Jump	(W) North Runway
12:00	Long Jump	(M)	Followed by Triple Jump	(M) Infield runway
12:00	Pole vault	(W)	Followed by Pole Vault	(M)
2:30	High Jump	(W)	Followed by High Jump	(M)
4:00 estimated	Shot Put	(M)	Followed by Shot Put	(W)

### **RUNNING EVENTS - (We won't go more than 15min ahead)**

2:45 pm	4 x 800 Relay	(W)	4:50	60 Dash Final	(W)
3:00	60 Hurdles Prelims	(W)	4:55	60 Dash Final	(M)
3:10	60 Hurdles Prelims	(M)	5:00	600	(W)
3:20	60 Dash Prelims	(W)	5:10	600	(M)
3:30	60 Dash Prelims	(M)	5:20	Mile	(W)
3:45	800	(W)	5:40	Mile	(M)
3:55	800	(M)	5:50	200	(W)
4:00	1000	(W)	6:05	200	(M)
4:10	1000	(M)	6:25	5000	(W)
4:20	400	(W)	6:50	5000	(M)
4:25	400	(M)	7:30	4 x 400 Relay	(W)
4:40	60 Hurdles Final	(W)	7:35	4 x 400 Relay	(M)
4:45	60 Hurdles Final	(M)			

