

2019-20 Concordia Track and Field Roster

Men

Name	Event	Year	Hometown	Previous School
Brayden Adams	Mid-Distance	So.	Omaha, Neb.	Elkhorn
Jake Adams	Distance	Fr.	Walled Lake, Mich.	Lutheran HS Westland
Andy Amos	Throws	So.	Mountain Grove, Mo.	Mountain Grove
Micah Adeyemo	Sprints	Fr.	Santa Clarita, Calif.	Canyon
Jackson Armitage	Throws	Fr.	Gretna, Neb.	Gretna
Hunter Bartels	Throws	So.	Imperial, Neb.	Chase County
Taylor Beck	Sprints, Hurdles, Jumps	Sr.	Central City, Neb.	Central City
Zachary Bennetts	Pole Vault	So.	Denton, Neb.	Lincoln Southwest
Chase Berry	Pole Vault	Fr.	Seward, Neb.	Seward
Dalton Berry	Pole Vault	Jr.	Seward, Neb.	Seward
Antonio Blaine	Distance	Fr.	Golden, Colo.	Faith Christian
Dagne Buck	Throws	So.	Plumas Lake, Calif.	Whitney
Keaton Burgess	Distance	So.	Red Cloud, Neb.	Red Cloud HS
Zach Christensen	Throws	So.	Hastings, Neb.	Adams Central Jr-Sr
Easton Clark	Throws	So.	North Platte, Neb.	Hershey Public
Jacob Cornelio	Throws	Sr.	Elk Grove, Calif.	Elk Grove
Gavin Davis	Sprints	Jr.	Leander, Texas	Leander HS
Owen Dawson	Distance	Fr.	Cedar Falls, Iowa	Valley Lutheran
Gavin DeHaai	Pole Vault	Sr.	Sioux Falls, S.D.	Sioux Falls Christian
Kameron Farmer	Hurdles	Fr.	Leander, Texas	Rouse
Jayson Frank	Jumps	Fr.	Sterling, Colo.	Sterling
Marc Freiberg II	Hurdles	Fr.	Seward, Neb.	Seward
Zack Gentry	Multi-Events	So.	San Antonio, Texas	Lutheran
Jayden Graham	Distance	Jr.	Yutan, Neb.	Yutan Jr-Sr
Cameron Gray	Mid-Distance	Jr.	Riverside, Calif.	Woodcrest Christian / Riverside City College
Arcullous Heard III	Throws	Fr.	Maryland Heights, Mo.	Lutheran
Liam Hennessy	Throws	Sr.	Omaha, Neb.	Millard North
Ricky Herman	Distance	So.	Springfield, Mo.	Central
Charlie Hewell	Throws	So.	Sacramento, Calif.	Christian Brothers
Quinton Janecek	Hurdles	Fr.	Gering, Neb.	Gering
Jacob Joachim	Throws	So.	Corsica, S.D.	Stickney
Zachary Johnson	Distance	Fr.	Aberdeen, S.D.	Central
Shane Jones-Trammell	Throws	Fr.	Roseville, Calif.	Roseville
Samuel Joseph	Jumps	So.	Lincoln, Neb.	Lincoln HS / Iowa Central CC
Weston Kelley	High Jumps, Hurdles	Fr.	Waco, Neb.	Nebraska Lutheran
Brady Klute	Throws	Fr.	Hampton, Neb.	Hampton
Grant Lammers	Sprints	So.	Blair, Neb.	Blair
Michael Leapley	Mid Distance	Sr.	Milwaukee, Wis.	Milwaukee Lutheran
Wyatt Lehr	Distance	So.	Lamar, Colo.	Lamar High School
Wyatt Loga	High Jump, Jumps	Fr.	Bee, Neb.	Malcolm
Jordan Lorenz	Distance	Jr.	Gretna, Neb.	Gretna
Rees Lyon	Multis, Pole Vault	So.	Giltner, Neb.	Giltner
Austin Meisel	Sprints	So.	Jefferson City, Mo.	Calvary Lutheran

Maccoy Menke	Distance	Fr.	Lawrence, Neb.	Blue Hill HS / Univ. of Nebraska
Colton Meyer	Hurdles, Sprints	Fr.	Eagle, Neb.	Lincoln Lutheran
Camden Miller	Sprints	Fr.	Sand Springs, Okla.	Mingo Valley Christian
Ben Moll	Throws	Fr.	Seward, Neb.	Lincoln Lutheran
Renato Oyarzun	Throws	So.	San Jose, Calif.	Willow Glen / De Anza College
Kenny Paetow	Hurdles, Sprints	Jr.	St. Louis, Mo.	Lutheran HS South
Ethan Pankow	Mid-Distance	So.	Milwaukee, Wis.	Milwaukee Lutheran HS
Jerod Peters	Throws	Sr.	Aurora, Neb.	Aurora
Tucker Platt	Pole Vault	Jr.	Stromsburg, Neb.	Cross County
Zachary Potratz	Distance	Jr.	Seward, Neb.	Seward
Ben Pratt	Jumps	Jr.	Greeley, Colo.	Frontier Academy
Jerod Reed	High Jump, Sprints	So.	Blair, Neb.	Blair
Jeremiah Reeser	Sprints, Horizontal Jumps	Jr.	Grand Island, Neb.	Heartland Lutheran
Henry Reimer	High Jump, Hurdles	Jr.	Sussex, Wis.	Milwaukee Lutheran
JP Reynolds	Mid-Distance	Jr.	Nuevo, Calif.	Woodcrest Christian
Caleb Roberts	Distance	Jr.	Wamego, Kan.	Wamego
Xavier Ross	Sprints	So.	Melrose Park, Ill.	Timothy Christian
Daniel Royuk	Sprints	Jr.	Seward, Neb.	Saint Paul Lutheran
Patrick Schneeberger	Distance, Steeplechase	Jr.	Raymore, Mo.	Summit Christian Academy
Austin Schneider	Jumps	Fr.	Wahoo, Neb.	Wahoo Public
Camden Sesna	Distance	Fr.	Kearney, Neb.	Kearney Catholic
Walker Shaw	Throws	So.	Bassett, Neb.	Rock County
Samuel Sisco	Pole Vault	Jr.	David City, Neb	Aquinas Catholic School
Grant Stadler	Pole Vault	So.	Columbus, Neb.	Columbus Senior
Josh Taylor	Sprints	So.	Geneva, Neb.	Fillmore Central / Dakota Wesleyan
Payton Thompson	Sprints	So.	Lincoln, Neb.	Lincoln Northeast
Aaron Tidyman	Mid Distance	Jr.	Stromsburg, Neb.	Cross County
Scott Uglow	Throws	Fr.	Cheyenne, Wyo.	East
Christian Van Cleave	Mid-Distance	Jr.	Arvada, Colo.	Jefferson Academy
Christian Watters	Distance	Jr.	Panama, Neb.	Norris
CJ Williams	Distance	Jr.	Saint Peters, Mo.	Lutheran HS of St. Charles County
Cody Williams	Multis, Jumps, Hurdles	Jr.	Imperial, Neb.	Chase County
John Woruo	Mid-Distance	Sr.	Omaha, Neb.	Omaha Benson
Christopher Wren	Throws	Fr.	Fair Oaks, Calif.	Bella Vista
Nick Zadar	Distance	Jr.	Boise, Idaho	Timberline

Women

Name	Event	Year	Hometown	Previous School
Emily Agena	Throws	Fr.	Sterling, Neb.	Sterling Public
Amiah Akerson	Distance	Fr.	Pennock, Minn.	Benson Senior High School
Jordyn Anderson	Throws	So.	Plainview, Neb.	Plainview
Anna Baack	Pole Vault	Jr.	Seward, Neb.	Seward
Ashleigh Baker	Distance	So.	Milford, Neb.	Milford
Madi Baker	Jumps	So.	Stromsburg, Neb.	Cross County HS
Liliana Barrientos	Distance	Sr.	El Paso, Texas	Eastwood
Rachel Battershell	Sprints, Hurdles	So.	Wheatland, Wyo.	Wheatland Senior
Keri Bauer	Jumps	So.	Pleasanton, Neb.	Pleasanton

Mackenzie Beavers	Throws	Jr.	Overton, Neb.	Overton
Maddie Beran	Distance	Jr.	Grand Island, Neb.	Grand Island Northwest
Alyssa Bierwagen	Distance, Steeplechase	Jr.	Sioux Falls, S.D.	Roosevelt
Emily Boyer	Distance, Steeplechase	Jr.	Mullen, Neb.	Mullen
Kaylee Boyle	Hurdles, Multi-Events	So.	Scribner, Neb.	Scribner Snyder
Alia Brand	Hurdles, Mid-Distance	So.	Longmont, Colo.	Erie
Mika Brees	Sprints	Jr.	Seward, Neb.	Seward
Jamey Broman	Sprints, Horizontal Jumps	So.	Geneva, Neb.	Fillmore Central
Allie Brooks	Pole Vault, High Jump	Sr.	Seward, Neb.	Seward
Olivia Buschow	Throws	Fr.	Blue Hill, Neb.	Blue Hill
Bailey Clapper	Sprints	Jr.	Fremont, Neb.	Arlington
Sydney Clark	Distance	Jr.	Clive, Iowa	Des Moines Christian
Lydia Cook	Distance, Steeplechase	Jr.	Perryville, Mo.	Perryville Jr/Sr
Claire Cornell	Jumps, Sprints, Hurdles, Multis	So.	Elm Creek, Neb.	Elm Creek
Nicole Daum	Jumps	So.	Colorado Springs, Colo.	The Classical Academy
Morgan De Jong	Throws	Jr.	Orange City, Iowa	Moc-Floyd Valley
Abi DeLoach	Distance	So.	Kearney, Neb.	Kearney
Gabby Diamond	Jumps	Jr.	Bennington, Neb.	Bennington
Savannah Dietz	Distance	Sr.	Denver, Colo.	John F. Kennedy
Everett Elder	Distance	Jr.	Greeley, Colo.	Roosevelt
Mackenzie Ferrel	Throws	Jr.	Lincoln, Neb.	Lincoln North Star
Jodi Fry	Throws, Multis	Jr.	Ewing, Neb.	Ewing
Alyssa Fye	Mid-Distance	Jr.	Randolph, Neb.	Randolph
Taylor Gipe	Distance	Jr.	Scottsbluff, Neb.	Scottsbluff
Ally Glaser	Jumps	So.	La Vista, Neb.	Papillion-La Vista
McKenzie Gravo	Pole Vault	Sr.	Henderson, Nev.	Green Valley
Sarah Heck	Jumps	Jr.	Coon Rapids, Iowa	Coon Rapids-Bayard
Kylahn Heritage	Distance, Mid-Distance	Fr.	Nampa, Idaho	Melba
Jordyn Hilyard	Hurdles	So.	Holdrege, Neb.	Holdrege
Rebekah Hinrichs	Distance	Sr.	Kansas City, Mo.	Lutheran
Sophie Hoelz	High Jump, Hurdles	Sr.	Jackson, Wis.	Living Word Lutheran
Madison Holt	Throws	Jr.	Elk Grove, Calif.	Elk Grove
Mackenzie Koepke	High Jump	So.	Lincoln, Neb.	Lincoln Lutheran
Averie Lambrecht	Jumps	Fr.	Waverly, Neb.	Waverly
Sarah Lewis	Sprints, High Jump	So.	Mason City, Neb.	Ansley Public
Erin Lindeman	Distance	Sr.	Sidney, Neb.	Sidney
Emily Loy	Hurdles, Multis	Jr.	Wood River, Neb.	Wood River Rural
Elle Luehr	Throws	So.	Wood River, Neb.	Wood River Rural
Erin Mapson	Pole Vault	So.	Lincoln, Neb.	Lincoln East
Amie Martin	Distance	Fr.	Arnold, Mo.	Fox C-6
Abigail Meier	Distance	So.	Lawrence, Kan.	Lawrence Free State
Tristen Metzger	Pole Vault	Sr.	Bruning, Neb.	Bruning-Davenport
Taylor Moes	Jumps	Fr.	Elm Creek, Neb.	Elm Creek
Kennedy Mogul	Hurdles, Multis	Jr.	York, Neb.	York
Hannah Mulligan	Sprints	So.	Hastings, Neb.	Adams Central
Hannah Mundt	Distance	Fr.	Blue Springs, Mo.	The Lutheran HS of Kansas City
Cora Olson	Sprints, Horizontal Jumps	So.	Trimont, Minn.	Martin County West

Allison Owings	Throws	Fr.	Imperial, Neb.	Chase County
Jacee Pfeifer	Pole Vault, Sprints	So.	Holdrege, Neb.	Holdrege
Allison Pinkall	Pole Vault	Jr.	Gretna, Neb.	Gretna
Josie Puelz	Pole Vault	Fr.	Lincoln, Neb.	Lincoln Lutheran HS
Sarah Ragland	Throws	Jr.	Rocky River, Ohio	Lutheran West
Miranda Rathjen	Mid-Distance	Sr.	Osceola, Neb.	Osceola
Mollie Rathjen	Mid-Distance	Fr.	Osceola, Neb.	Osceola
Hannah Rebmann	Distance	Sr.	Springfield, Mo.	Pittsburg St.
Katelyn Richardson	Mid-Distance	Fr.	Chester, Neb.	Thayer Central
Katie Severt	Jumps, Sprints	Fr.	Coralville, Iowa	Iowa City West
Addie Shaw	Throws	Sr.	Bassett, Neb.	Rock County
Beth Shaw	Throws	Sr.	Kearney, Neb.	Kearney
Adrianna Sims	Sprints, Horizontal Jumps	So.	Malcolm, Neb.	Malcolm
Rachel Smithley	Mid-Distance	Sr.	Waldorf, Md.	Home-schooled / Concordia-Chicago
Abigail Staehr	Distance	Fr.	Grand Island, Neb.	Heartland Lutheran
Paige Uzzell	Hurdles, Horizontal Jumps, Multis	So.	Norfolk, Neb.	Norfolk
Bailie Vanarsdall	Distance	Fr.	Hershey, Neb.	Hershey
Anna Watters	Jumps	Jr.	Panama, Neb.	Norris
Rebecca Weddell	Sprints	Fr.	West Point, Neb.	West Point-Beemer Public
Kailey Weichel	Mid-Distance	So.	Plymouth, Neb.	Tri Country Public
Alexa Williams	Pole Vault	So.	Elkhorn, Neb.	Elkhorn

Head Coach: Matt Beisel (4th year)

Assistant Coaches: Mark Samuels (sprints, hurdles, jumps), Ed McLaughlin (throws),

Wayne Earney (horizontal jumps), Jason Berry (pole vault) and Kurtis Bonner (multi-events and high jump)