

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019**Yankton High School****Meet Program****Event 23 Women 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Pam Regenerus	JR	Dordt	13.10
2	Julia Yoder	SO	Dordt	12.88
3	Aurora Arevalo	SR	Morningside	12.64
4	Julyah Wilson	FR	Hastings	12.23
5	Cora Olson	FR	Concordia (N)	12.58
6	Katie Te Grotenhuis	JR	Northwestern	12.74
7	Alexandra Lund	FR	Dordt	12.92
8	Hannah Veldhuisen	JR	Dordt	12.98

Heat 2 of 3 Prelims

1	Lily Peschau	JR	Northwestern	13.04
2	Logan Hayek	FR	Doane	12.90
3	Hannah Mulligan	FR	Concordia (N)	12.67
4	Maddie Moran	FR	Hastings	12.34
5	Daisy Maessner	FR	Hastings	12.36
6	Kristin Breaux	SO	Jamestown	12.73
7	Kylee Voigt	JR	Jamestown	12.91
8	Hannah Warner	FR	Hastings	13.02

Heat 3 of 3 Prelims

1	Lindsey Flammang	SO	Morningside	13.19
2	Anna Heusinkveld	JR	Northwestern	12.87
3	Devin Bloemendaal	SR	Northwestern	12.64
4	Shantinique Cunningham	SR	Hastings	12.11
5	Karsen Sears	FR	Hastings	12.63
6	Emily Loy	SO	Concordia (N)	12.84
7	Jo McKibben	FR	Morningside	12.92
8	Jericha Fox	FR	Midland	12.95

Event 24 Women 200 Meter Dash

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Karsen Sears	FR	Hastings	26.90
2	Anna Heusinkveld	JR	Northwestern	26.85
3	Jericha Fox	FR	Midland	26.60
4	Hannah Mulligan	FR	Concordia (N)	26.54
5	Carmen DeVries	FR	Jamestown	26.41
6	Devin Bloemendaal	SR	Northwestern	26.45
7	Kalie Horky	JR	Doane	26.59
8	Peyton Coffin	SR	Briar Cliff	26.61

Section 2 of 3 Finals

1	Mika Kooistra	FR	Dordt	26.84
2	Lily Peschau	JR	Northwestern	26.81
3	Rachel Battershell	FR	Concordia (N)	26.36
4	Shantinique Cunningham	SR	Hastings	26.24
5	Maddie Moran	FR	Hastings	26.07
6	Katie Te Grotenhuis	JR	Northwestern	26.23
7	Kylee Voigt	JR	Jamestown	26.35
8	Hannah Warner	FR	Hastings	26.38

Section 3 of 3 Finals

1	Hannah Veldhuisen	JR	Dordt	26.79
2	Allison Birks	SO	Northwestern	26.78
3	Kamberlyn Lamer	JR	Dakota Wesle	25.98
4	MacKenzie Brandl	SO	Doane	25.85
5	Aurora Arevalo	SR	Morningside	25.47
6	Julyah Wilson	FR	Hastings	25.51
7	Annika Pingel	FR	Doane	25.89
8	Cora Olson	FR	Concordia (N)	26.00

Event 25 Women 400 Meter Dash

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

2	Sage Pulse	FR	Dakota Wesle	1:04.66
3	Chantel Groen	SO	Northwestern	1:03.49
4	Emily Sorensen	SR	Northwestern	1:02.94
5	Brianna Sleezer	FR	Morningside	1:03.07
6	Elianna Clark	FR	Mount Marty	1:03.89
7	Elissa O'Dell	SO	Northwestern	1:06.87
8	Courtney Poulson	FR	Hastings	1:08.90

Section 2 of 3 Finals

1	Kate Wnek	SO	Dordt	1:02.41
2	Devyn Kemble	FR	Northwestern	1:01.72
3	Hannah Warner	FR	Hastings	1:01.08
4	Annika Pingel	FR	Doane	1:00.69
5	Peyton Coffin	SR	Briar Cliff	1:01.00
6	Elizabeth Rankin	SR	Dordt	1:01.28
7	Rose Pelelo-Ray	SR	Morningside	1:02.05
8	Allison Birks	SO	Northwestern	1:02.31

Section 3 of 3 Finals

1	Rachel Battershell	FR	Concordia (N)	1:00.19
2	Emma Bakker	SO	Dordt	59.78
3	MacKenzie Brandl	SO	Doane	59.24
4	Kylee Voigt	JR	Jamestown	57.98
5	Jacee Pfeifer	FR	Concordia (N)	58.92
6	Mika Kooistra	FR	Dordt	59.35
7	Sonora Foresman	JR	Morningside	59.80
8	Kiana Hoff-Au	SR	Mount Marty	1:00.04

Event 26 Women 800 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Macey Claussen	JR	Dakota Wesle	2:45.47
2	Jayden Eby	FR	Hastings	2:34.18
3	Keri Bauer	FR	Concordia (N)	2:30.20
4	Jenna Dirckx	FR	Morningside	2:26.35
5	Macie Moore	FR	Morningside	2:27.59
6	Chloe Jeffers	FR	Hastings	2:33.80
7	Nicole Mundy	SR	Hastings	2:35.02
8	Emma Meyers	FR	Dakota Wesle	2:37.37

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019**Yankton High School****Meet Program****Section 2 of 3 Finals...(Event 26 Women 800 Meter Run)**

1	Annika Brands	FR	Dordt	2:25.21
2	Haydyn Weise	SO	Doane	2:24.37
3	Annechiena Knevelbaard	SR	Dordt	2:23.28
4	Miranda Rathjen	JR	Concordia (N	2:22.68
5	Clare Kortlever	JR	Morningside	2:23.04
6	Annika Rick	SO	Dordt	2:24.23
7	Sarah Wensink	SR	Dordt	2:24.93
8	Hailey Pullman	SO	Dordt	2:25.12

Section 3 of 3 Finals

1	Vivian Sanchez	SO	Midland	2:22.22
2	Katrina Engebretson	JR	Northwestern	2:20.46
3	Jenna Stephens	SR	Dordt	2:18.79
4	Emalee Fundermann	SO	Morningside	2:17.25
5	Rebekah Muilenburg	SR	Northwestern	2:18.52
6	Jaci Parriott	JR	Doane	2:19.38
7	Delaney Lemkau	SR	Doane	2:21.05
8	Kassidy De Jong	SR	Northwestern	2:21.31

Event 27 Women 1500 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Jacinda Davis	SO	Doane	5:11.98
2	Tiana Schroeder	FR	Dordt	5:12.00
3	Lindi Chadwick	JR	Jamestown	5:12.36
4	Macie Moore	FR	Morningside	5:12.88
5	Samantha Blum	SO	Northwestern	5:14.87
6	Rachel Barkema	FR	Morningside	5:16.52
7	Janice Garcia	SR	Hastings	5:18.57
8	Olivia Vande Polder	SR	Dordt	5:25.19
9	Karie Klingensmith	FR	Morningside	5:29.80
10	Taylor Carlson	FR	Mount Marty	5:31.12
11	Amory Prue	JR	Briar Cliff	5:36.36
12	Mary Kate Postma	FR	Dordt	5:36.91

Section 2 of 2 Finals

1	Annechiena Knevelbaard	SR	Dordt	4:54.13
2	Kassidy De Jong	SR	Northwestern	4:55.97
3	Hailey Pullman	SO	Dordt	4:58.62
4	Samantha Schuyler	SO	Dakota Wesle	5:01.37
5	Kelsey Lang	JR	Northwestern	5:02.43
6	Rebekah Hinrichs	JR	Concordia (N	5:03.15
7	McKenna Rogers	JR	Dakota Wesle	5:04.58
8	Vivian Sanchez	SO	Midland	5:04.85
9	Alyssa Fye	SO	Concordia (N	5:06.27
10	Autumn Muilenburg	FR	Northwestern	5:09.17
11	Anna Teigland	SO	Northwestern	5:09.30
12	Samantha Dowling	SO	Northwestern	5:11.81

Event 29 Women 5000 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Olivia Couch	JR	Dordt	18:56.62
2	Hunter Koepke	SO	Northwestern	18:57.09
3	Karsen Keech	JR	Hastings	19:06.88
4	Allison Foster	SR	Jamestown	19:19.63
5	Abi DeLoach	FR	Concordia (N	19:24.53
6	Megan Maaske	SR	Morningside	19:30.20
7	Emma Van Meeteren	JR	Northwestern	19:32.83
8	Taylor Grove	SR	Concordia (N	19:34.44
9	Hannah Rebmann	JR	Concordia (N	19:36.03
10	Paige Thelen	JR	Midland	19:37.08
11	Sienna De Jong	SO	Dordt	19:39.04
12	Braska Patterson	SR	Midland	19:57.39
13	McKenna Rogers	JR	Dakota Wesle	19:57.46
14	Kaitlin Pauls	JR	Briar Cliff	20:04.63
15	Alex George	JR	Morningside	20:07.03
16	Sydney Clark	FR	Concordia (N	20:09.95
17	Wesley Milligan	JR	Northwestern	20:24.92
18	Lindi Chadwick	JR	Jamestown	20:40.73
19	Megan Shulstad	SO	Northwestern	21:02.92
20	Danielle Van Zanten	SO	Dordt	21:04.57
21	Erin Kahnk	FR	Midland	21:19.80
22	Alyssa Krohn	JR	Northwestern	21:39.12
23	Victoria Bitz	JR	Midland	22:11.74
24	Savannah Schmidt	SO	Dakota Wesle	22:12.02

Event 30 Women 10000 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Sienna De Jong	SO	Dordt	40:18.39
2	Megan Maaske	SR	Morningside	40:21.90
3	Hunter Koepke	SO	Northwestern	40:32.94
4	Alex George	JR	Morningside	40:54.62
5	Braska Patterson	SR	Midland	41:49.68
6	Hannah Rebmann	JR	Concordia (N	42:47.14
7	Kelsie King	SR	Dakota Wesle	42:47.29
8	Sydney Clark	FR	Concordia (N	43:34.48
9	Abi DeLoach	FR	Concordia (N	44:08.48
10	Erin Lindeman	JR	Concordia (N	44:18.10
11	Taylor Grove	SR	Concordia (N	44:20.21
12	Paige Thelen	JR	Midland	44:26.14
13	Allison Foster	SR	Jamestown	44:37.26
14	Emma Boven	JR	Dordt	45:01.07
15	Savannah Dietz	JR	Concordia (N	45:52.19
16	Erin Kahnk	FR	Midland	46:32.79
17	Ally Muessel	SO	Midland	47:06.16
18	Victoria Bitz	JR	Midland	48:18.89
19	Taylor Gipe	SO	Concordia (N	48:42.58
20	Aleida Moreno	JR	Briar Cliff	48:45.29
21	Emily Grant	JR	Hastings	48:58.62
22	Liliana Barrientos	SO	Concordia (N	52:35.58
23	Amanda George	SO	Jamestown	55:57.00

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019

Yankton High School

Meet Program

Event 31 Women 100 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

2	Bryn Groff	SO	Morningside	16.20
3	Maitlyn Thomsen	SR	Doane	15.53
4	MacKenzie Keune	JR	Northwestern	14.94
5	Sarah Lewis	FR	Concordia (N	15.24
6	Kayla Bachle	JR	Doane	15.75
7	Jordyn Hilyard	FR	Concordia (N	16.87

Heat 2 of 3 Prelims

2	Stephanie Faulhaber	SO	Mount Marty	16.15
3	Kennedy Mogul	SO	Concordia (N	15.31
4	Kamberlyn Lamer	JR	Dakota Wesle	14.51
5	Jada Carlson	SO	Northwestern	15.30
6	Katie Cannon	SO	Jamestown	15.89
7	Cassidy Schwab	SR	Briar Cliff	17.28

Heat 3 of 3 Prelims

2	Emily McDonald	FR	Dakota Wesle	16.47
3	Jamie Nikodym	SR	Concordia (N	15.53
4	Lauren Tamayo	FR	Hastings	14.98
5	Dayris Bonillas	SO	Hastings	15.08
6	Lexi Preissler	FR	Hastings	15.53
7	Camryn Cleveringa	FR	Northwestern	16.67

Event 32 Women 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

2	Tiffany Braun	JR	Briar Cliff	1:16.10
3	Halle Weise	SO	Doane	1:13.80
4	Jada Carlson	SO	Northwestern	1:12.56
5	Kendra Murnion	FR	Jamestown	1:12.65
6	Emily McDonald	FR	Dakota Wesle	1:14.84

Section 2 of 3 Finals

1	Alia Brand	FR	Concordia (N	1:11.97
2	Jo McKibben	FR	Morningside	1:10.29
3	Ashley Cook	JR	Doane	1:08.32
4	Amanda Cook	JR	Doane	1:07.56
5	Tori Beran	SR	Concordia (N	1:07.85
6	Kayla Bachle	JR	Doane	1:09.25
7	Angela Brinkman	SO	Northwestern	1:10.50
8	Jordyn Hilyard	FR	Concordia (N	1:11.34

Section 3 of 3 Finals

1	Jamie Nikodym	SR	Concordia (N	1:07.47
2	Kennedy Mogul	SO	Concordia (N	1:05.64
3	Sarah Lewis	FR	Concordia (N	1:05.43
4	Anmarie Stuit	FR	Dordt	1:02.17
5	MacKenzie Keune	JR	Northwestern	1:04.26
6	Meghan Orr	FR	Jamestown	1:05.55
7	Lexi Preissler	FR	Hastings	1:06.48
8	Dayris Bonillas	SO	Hastings	1:06.54

Event 28 Women 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Olivia Couch	JR	Dordt	11:54.51
2	Samantha Schuyler	SO	Dakota Wesle	12:17.61
3	Jaci Parriott	JR	Doane	12:22.31
4	Tenna Beel	FR	Morningside	12:26.85
5	Emma Frerichs	SR	Doane	12:32.19
6	Jacy Johnston	SR	Concordia (N	12:38.84
7	Krista Zavadil	SO	Morningside	12:57.07
8	Lydia Cook	SO	Concordia (N	13:07.31
9	Tara Tilstra	SR	Dordt	13:08.24
10	Morgan Roberts	FR	Morningside	13:14.32
11	Genevieve Clark	JR	Mount Marty	13:28.24
12	Cody Selvage	SO	Hastings	13:28.61
13	Alyssa Bierwagen	SO	Concordia (N	13:34.52
14	Jessie Juergensen	FR	Concordia (N	13:35.14
15	Emily Boyer	SO	Concordia (N	13:49.08
16	Abby Protzman	SR	Concordia (N	13:57.28

Event 33 Women 4x100 Meter Relay

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

3	Briar Cliff		NT
4	Mount Marty		52.65
5	Midland		53.96

Section 2 of 2 Finals

1	Dakota Wesle		51.31
2	Morningside		49.82
3	Concordia (N		49.28
4	Hastings		47.63
5	Doane		49.27
6	Northwestern		49.31
7	Jamestown		50.36
8	Dordt		50.60

Event 34 Women 4x400 Meter Relay

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

4	Briar Cliff		4:20.37
5	Midland		NT

Section 2 of 2 Finals

1	Mount Marty		4:18.43
2	Hastings		4:06.97
3	Jamestown		3:58.16
4	Concordia (N		3:54.44
5	Dordt		3:54.86
6	Doane		3:59.98
7	Morningside		4:11.01
8	Northwestern		4:11.31

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019

Yankton High School

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Event 35 Women 4x800 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Northwestern		9:24.31
2	Dordt		9:27.63
3	Morningside		9:30.40
4	Doane		9:33.67
5	Concordia (N		9:44.75
6	Hastings		10:38.73
7	Dakota Wesle		10:57.83
8	Briar Cliff		NT

Event 38 Women High Jump

1.49-1.54-1.59-1.64-1.67-1.70-1.73

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Ashley Hohenstein	SO	Briar Cliff	1.45m
2	Samantha Hays	FR	Mount Marty	1.47m
3	Victoria Leffler	SR	Midland	1.49m
4	Katie Te Grotenhuis	JR	Northwestern	1.52m
5	Katie Cannon	SO	Jamestown	1.52m
6	Allison Brooks	JR	Concordia (N	1.53m
7	Lia Guigui	SO	Dakota Wesle	1.55m
8	Claire Cornell	FR	Concordia (N	1.56m
9	Sage Meyer	SR	Hastings	1.59m
10	Sophia Hoelz	JR	Concordia (N	1.59m
11	Nicole White	SR	Doane	1.59m
12	Ally Glaser	FR	Concordia (N	1.59m
13	Cori De Jong	FR	Dordt	1.64m
14	Claire Sintek	SR	Doane	1.67m
15	Brianna Botts	FR	Hastings	1.67m
16	Isabelle Watson	SO	Doane	1.67m
17	Mackenzie Koeppke	FR	Concordia (N	1.67m
18	Sarah De Haan	SO	Dordt	1.70m
19	Shay Brown	SR	Doane	1.73m
20	Alexis Dale	JR	Doane	1.73m

Event 39 Women Pole Vault

2.90-3.05-3.20-3.35-3.50-3.60-3.70-3.80

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Hannah Rowe	FR	Dordt	2.75m
2	Alexa Williams	FR	Concordia (N	2.75m
3	Allison Pinkall	SO	Concordia (N	2.93m
4	Cheyenne Ostrander	SR	Doane	2.93m
5	Jacee Pfeifer	FR	Concordia (N	3.05m
6	Anna Baack	SO	Concordia (N	3.05m
7	Sydney Rogerson	SR	Doane	3.08m
8	Tiersa Darley	SO	Hastings	3.20m
9	Kaitlyn Mahnke	SR	Doane	3.35m
10	Michaela Jurjens	SO	Doane	3.38m
11	Josie Peterson	SO	Hastings	3.50m
12	Abigail Collingham	JR	Hastings	3.50m
13	Allison Brooks	JR	Concordia (N	3.53m
14	Tristen Mosier	JR	Concordia (N	3.60m
15	Courtney Schindler	JR	Doane	3.60m
16	Alyssa Downs	SO	Doane	3.63m
17	McKenzie Gravo	JR	Concordia (N	3.73m
18	Erin Mapson	FR	Concordia (N	3.80m

Event 36 Women Long Jump

9 to Final

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Matti Barnts	FR	Midland	4.84m
2	Marissa Haynes	SR	Doane	4.84m
3	Kristen Longville	SR	Dakota Wesle	4.93m
4	Gabby Diamond	SO	Concordia (N	4.97m
5	Lydia Gerber	SO	Dakota Wesle	5.08m
6	Victoria Leffler	SR	Midland	5.13m
7	Alyssa Weidler	SR	Dakota Wesle	5.13m
8	Kristin Breau	SO	Jamestown	5.15m
9	Leah Larson	SR	Concordia (N	5.20m
10	Sarah Heck	SO	Concordia (N	5.23m
11	Haley Miller	FR	Doane	5.24m
12	Jericha Fox	FR	Midland	5.26m
13	Chantel Groen	SO	Northwestern	5.31m
Flight 2 of 2 Finals				
1	Jamey Broman	FR	Concordia (N	5.37m
2	Alea Shaner	SO	Doane	5.38m
3	Lauren Tamayo	FR	Hastings	5.43m
4	Carmen DeVries	FR	Jamestown	5.43m
5	Karsen Sears	FR	Hastings	5.52m
6	Julia Johnson	JR	Jamestown	5.53m
7	Cora Olson	FR	Concordia (N	5.53m
8	Taleah Williams	JR	Doane	5.59m
9	Daisy Maessner	FR	Hastings	5.61m
10	Jaysa Hoins	SR	Doane	5.62m
11	Jessica Deterding	JR	Concordia (N	5.71m
12	Claire Cornell	FR	Concordia (N	5.76m

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019

Yankton High School

Meet Program

Event 37 Women Triple Jump**9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Mackenzie Reinhardt	FR	Jamestown		10.07m
2	Nicole Daum	FR	Concordia (N		10.09m
3	Stephanie Faulhaber	SO	Mount Marty		10.12m
4	Keri Bauer	FR	Concordia (N		10.21m
5	Shaylee Scranton	SO	Doane		10.21m
6	Gabby Diamond	SO	Concordia (N		10.34m
7	Lauren Theiler	JR	Doane		10.35m
8	Karsen Sears	FR	Hastings		10.48m
9	Claire Stoller	FR	Dakota Wesle		10.49m
10	Jasey Hartman	SR	Doane		10.63m
11	Haley Miller	FR	Doane		10.64m
12	Jacqui Balt	JR	Dordt		10.65m

Flight 2 of 2 Finals

1	Kristen Longville	SR	Dakota Wesle		10.85m
2	Cora Olson	FR	Concordia (N		10.86m
3	Jessica Deterding	JR	Concordia (N		11.01m
4	Lydia Gerber	SO	Dakota Wesle		11.01m
5	Daisy Maessner	FR	Hastings		11.12m
6	Victoria Leffler	SR	Midland		11.13m
7	Alea Shaner	SO	Doane		11.32m
8	Carmen DeVries	FR	Jamestown		11.49m
9	Julia Johnson	JR	Jamestown		11.67m
10	Leah Larson	SR	Concordia (N		11.67m
11	Kamberlyn Lamer	JR	Dakota Wesle		11.78m
12	Jaysa Hoins	SR	Doane		11.98m

Event 40 Women Shot Put**9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Julie Jansen	SO	Northwestern		10.98m
2	Kadie Bauer	SO	Northwestern		11.20m
3	Jeorgi Kalisek	SO	Midland		11.34m
4	Dylana Ward	SO	Mount Marty		11.42m
5	MaKenzie Peters	FR	Hastings		11.46m
6	Ellie Miron	FR	Jamestown		11.46m
7	Hallie Hallock	SO	Mount Marty		11.48m
8	Avery Blahauvietz	JR	Midland		11.50m
9	Brianna Hunter	SO	Briar Cliff		11.65m
10	Bailey Velder	SO	Doane		11.69m
11	Jordyn Anderson	FR	Concordia (N		11.71m
12	Bethany Shaw	JR	Concordia (N		11.90m

Flight 2 of 2 Finals

1	Keely Parish	SR	Hastings		12.07m
2	Rebecca Bindert	SO	Northwestern		12.33m
3	Madison Witte	SO	Dakota Wesle		12.41m
4	Elle Luehr	FR	Concordia (N		12.54m
5	Jodi Fry	SO	Concordia (N		12.94m
6	Kelbie Lyon	SR	Hastings		13.04m
7	Johanna Ragland	SR	Concordia (N		13.34m
8	Adrianna Shaw	JR	Concordia (N		13.48m
9	Eboni Nash	SR	Hastings		13.72m
10	Mikaela Stofferahn	JR	Dakota Wesle		13.80m
11	Samantha Liermann	SR	Concordia (N		14.89m
12	Kate Grint	JR	Doane		14.90m

Event 41 Women Discus Throw**9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Dylana Ward	SO	Mount Marty		32.69m
2	Caroline Van Berkum	FR	Northwestern		33.38m
3	Jenn Stellingwerf	SO	Dordt		33.92m
4	Hallie Hallock	SO	Mount Marty		34.66m
5	Ellie Miron	FR	Jamestown		35.43m
6	Laura Grasman	SR	Dordt		35.62m
7	Lauren Reilly	FR	Doane		35.77m
8	Kadie Bauer	SO	Northwestern		35.77m
9	Alexis Waldren	FR	Jamestown		35.86m
10	Sydney Weirich	FR	Midland		36.94m
11	Rebecca Bindert	SO	Northwestern		39.06m
12	Katie VanLaningham	FR	Doane		39.25m

Flight 2 of 2 Finals

1	Eboni Nash	SR	Hastings		39.25m
2	Sarah Ragland	SO	Concordia (N		39.61m
3	Elle Luehr	FR	Concordia (N		40.23m
4	Johanna Ragland	SR	Concordia (N		41.82m
5	Morgan De Jong	SO	Concordia (N		43.15m
6	Samantha Liermann	SR	Concordia (N		43.22m
7	Bethany Shaw	JR	Concordia (N		44.87m
8	Carley Weisser	SR	Concordia (N		45.80m
9	Mikaela Stofferahn	JR	Dakota Wesle		46.07m
10	Adrianna Shaw	JR	Concordia (N		47.16m
11	Kate Grint	JR	Doane		47.50m
12	Keely Parish	SR	Hastings		48.04m

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019**Yankton High School****Meet Program****Event 42 Women Hammer Throw****9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	MaKenzie Peters	FR	Hastings		40.46m
2	Laura Grasman	SR	Dordt		40.66m
3	Madison Witte	SO	Dakota Wesle		41.17m
4	Moiri McNally	JR	Jamestown		41.60m
5	Alyssa Rood	SO	Doane		41.95m
6	Jamie Tebben	JR	Mount Marty		42.08m
7	Brynlee Loptin	JR	Morningside		42.10m
8	Bailey Velder	SO	Doane		42.75m
9	Teryn Koch	JR	Doane		45.32m
10	Mackenzie Ferrell	SO	Concordia (N		45.92m
11	Bethany Shaw	JR	Concordia (N		46.35m
12	Madison Holt	SO	Concordia (N		46.76m

Flight 2 of 2 Finals

1	Sarah Ragland	SO	Concordia (N		47.36m
2	Jenna Bremer	SR	Dordt		47.71m
3	Mary Ware	SR	Hastings		48.32m
4	Avery Blahauvietz	JR	Midland		49.19m
5	Johanna Ragland	SR	Concordia (N		50.37m
6	Carley Weisser	SR	Concordia (N		50.83m
7	Eboni Nash	SR	Hastings		51.49m
8	Kate Grint	JR	Doane		52.05m
9	Kelbie Lyon	SR	Hastings		53.31m
10	Samantha Liermann	SR	Concordia (N		54.21m
11	Keely Parish	SR	Hastings		54.84m
12	Adrianna Shaw	JR	Concordia (N		55.88m

Event 43 Women Javelin Throw**9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Mackenzie Ferrell	SO	Concordia (N		29.60m
2	Adele Keller	JR	Jamestown		31.04m
3	Lauren Vanee	SO	Dordt		31.91m
4	Amanda Cook	JR	Doane		33.15m
5	Alicia Weiland	JR	Jamestown		33.53m
6	Hannah Rowe	FR	Dordt		33.69m
7	Rebecca Nozicka	FR	Doane		33.71m
8	Taylor Schmeichel	FR	Jamestown		34.32m
9	Morgan Mace	SO	Briar Cliff		34.88m
10	Morgan De Jong	SO	Concordia (N		34.94m
11	Ellie Miron	FR	Jamestown		35.50m
12	Madison Dodd	JR	Doane		35.72m

Flight 2 of 2 Finals

1	Allison Skala	FR	Doane		36.05m
2	Cassidy Chapman	SR	Doane		36.06m
3	Aurora Arevalo	SR	Morningside		36.18m
4	Jessica Deterding	JR	Concordia (N		36.84m
5	Lauren Reilly	FR	Doane		37.67m
6	Josie Glaser	FR	Jamestown		37.94m
7	Josie Peterson	SO	Hastings		38.45m
8	Katie Drake	SR	Doane		38.98m
9	Jasmine Eickhoff	SR	Concordia (N		40.88m
10	Tiersa Darley	SO	Hastings		41.20m
11	Maitlyn Thomsen	SR	Doane		41.40m
12	Kati Kneifl	SR	Morningside		47.10m

Event 44 Heptathlon: #4 Women 200 Meter Dash

Lane	Name	Yr	School	Seed	Time
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Section 1 of 2 Finals

3	Joscelyn Wind	SR	Dordt		NT
4	Kaylee Boyle	FR	Concordia (N		NT
5	Katie Cannon	SO	Jamestown		NT
6	Katherine Staab	JR	Northwestern		NT
7	Betsy Ridout	FR	Morningside		NT
8	Allison Skala	FR	Doane		NT

Section 2 of 2 Finals

2	Cali Stewart	JR	Hastings		NT
3	Kamberlyn Lamer	JR	Dakota Wesle		NT
4	Kennedy Mogul	SO	Concordia (N		NT
5	Emily Loy	SO	Concordia (N		NT
6	Maitlyn Thomsen	SR	Doane		NT
7	Jessica Deterding	JR	Concordia (N		NT
8	Lauren Tamayo	FR	Hastings		NT

Event 44 Heptathlon: #7 Women 800 Meter Run

Lane	Name	Yr	School	Seed	Time
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Section 1 of 1 Finals

1	Kaylee Boyle	FR	Concordia (N		NT
2	Allison Skala	FR	Doane		NT
3	Lauren Tamayo	FR	Hastings		NT
4	Katherine Staab	JR	Northwestern		NT
5	Kamberlyn Lamer	JR	Dakota Wesle		NT
6	Kennedy Mogul	SO	Concordia (N		NT
7	Joscelyn Wind	SR	Dordt		NT
8	Katie Cannon	SO	Jamestown		NT
9	Maitlyn Thomsen	SR	Doane		NT
10	Betsy Ridout	FR	Morningside		NT
11	Emily Loy	SO	Concordia (N		NT
12	Cali Stewart	JR	Hastings		NT
13	Jessica Deterding	JR	Concordia (N		NT

Event 44 Heptathlon: #1 Women 100 Meter Hurdles

Lane	Name	Yr	School	Seed	Time
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Section 1 of 4 Finals

3	Maitlyn Thomsen	SR	Doane		NT
5	Allison Skala	FR	Doane		NT
7	Joscelyn Wind	SR	Dordt		NT

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019

Yankton High School

Meet Program

Section 2 of 4 Finals...(Event 44 Heptathlon: #1 Women 100 Meter Hi

3	Emily Loy	SO	Concordia (N	NT
5	Kaylee Boyle	FR	Concordia (N	NT
7	Lauren Tamayo	FR	Hastings	NT

Section 3 of 4 Finals

3	Betsy Ridout	FR	Morningside	NT
5	Kamberlyn Lamer	JR	Dakota Wesle	NT
7	Kennedy Mogul	SO	Concordia (N	NT

Section 4 of 4 Finals

1	Katherine Staab	JR	Northwestern	NT
3	Katie Cannon	SO	Jamestown	NT
5	Jessica Deterding	JR	Concordia (N	NT
7	Cali Stewart	JR	Hastings	NT

Event 44 Heptathlon: #2 Women High Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Kamberlyn Lamer	JR	Dakota Wesle	NH
2	Kennedy Mogul	SO	Concordia (N	NH
3	Lauren Tamayo	FR	Hastings	NH
4	Katie Cannon	SO	Jamestown	NH
5	Joscelyn Wind	SR	Dordt	NH
6	Cali Stewart	JR	Hastings	NH
7	Emily Loy	SO	Concordia (N	NH
8	Betsy Ridout	FR	Morningside	NH
9	Jessica Deterding	JR	Concordia (N	NH
10	Allison Skala	FR	Doane	NH
11	Kaylee Boyle	FR	Concordia (N	NH
12	Maitlyn Thomsen	SR	Doane	NH
13	Katherine Staab	JR	Northwestern	NH

Event 44 Heptathlon: #5 Women Long Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Joscelyn Wind	SR	Dordt	ND
2	Jessica Deterding	JR	Concordia (N	ND
3	Allison Skala	FR	Doane	ND
4	Katie Cannon	SO	Jamestown	ND
5	Cali Stewart	JR	Hastings	ND
6	Maitlyn Thomsen	SR	Doane	ND
7	Kennedy Mogul	SO	Concordia (N	ND
8	Lauren Tamayo	FR	Hastings	ND
9	Emily Loy	SO	Concordia (N	ND
10	Betsy Ridout	FR	Morningside	ND
11	Kaylee Boyle	FR	Concordia (N	ND
12	Kamberlyn Lamer	JR	Dakota Wesle	ND
13	Katherine Staab	JR	Northwestern	ND

Event 44 Heptathlon: #3 Women Shot Put

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Katherine Staab	JR	Northwestern	ND
2	Emily Loy	SO	Concordia (N	ND
3	Lauren Tamayo	FR	Hastings	ND
4	Jessica Deterding	JR	Concordia (N	ND
5	Kaylee Boyle	FR	Concordia (N	ND
6	Betsy Ridout	FR	Morningside	ND
7	Katie Cannon	SO	Jamestown	ND
8	Allison Skala	FR	Doane	ND
9	Joscelyn Wind	SR	Dordt	ND
10	Maitlyn Thomsen	SR	Doane	ND
11	Cali Stewart	JR	Hastings	ND
12	Kamberlyn Lamer	JR	Dakota Wesle	ND
13	Kennedy Mogul	SO	Concordia (N	ND

Event 44 Heptathlon: #6 Women Javelin Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Joscelyn Wind	SR	Dordt	ND
2	Kennedy Mogul	SO	Concordia (N	ND
3	Allison Skala	FR	Doane	ND
4	Jessica Deterding	JR	Concordia (N	ND
5	Kaylee Boyle	FR	Concordia (N	ND
6	Katie Cannon	SO	Jamestown	ND
7	Lauren Tamayo	FR	Hastings	ND
8	Betsy Ridout	FR	Morningside	ND
9	Kamberlyn Lamer	JR	Dakota Wesle	ND
10	Maitlyn Thomsen	SR	Doane	ND
11	Katherine Staab	JR	Northwestern	ND
12	Emily Loy	SO	Concordia (N	ND
13	Cali Stewart	JR	Hastings	ND

Event 1 Men 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times				
Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Jonathan Quintanilla	JR	Midland	11.58
2	Kalen Murray	FR	Briar Cliff	11.15
3	Matt Yeager	FR	Morningside	11.08
4	Michael Tross	SR	Doane	10.80
5	Collin Glazek	SO	Briar Cliff	11.01
6	Kory Powell	FR	Jamestown	11.13
7	Brayden Hamby	FR	Concordia (N	11.26
8	Wyatt Petersen	JR	Doane	11.44

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019**Yankton High School****Meet Program****Heat 2 of 3 Prelims...(Event 1 Men 100 Meter Dash)**

1	Trevor Provencher	FR	Doane	11.61
2	Ian McDougall	SR	Hastings	11.14
3	Austin Drake	FR	Doane	11.07
4	Paul Paul	SO	Mount Marty	10.58
5	Tyson Akers	FR	Jamestown	11.03
6	AJ Lefler	SO	Briar Cliff	11.14
7	Brady Butters	JR	Northwestern	11.32
8	Jeremiah McCollin	SO	Dordt	11.40

Heat 3 of 3 Prelims

1	Branden Mills	SO	Midland	11.53
2	Cedric Terry	FR	Jamestown	11.19
3	Xavier Bridges	SR	Doane	11.09
4	Noah Imperial	SO	Dordt	10.87
5	Cole Schmidt	FR	Hastings	10.87
6	Jeremiah Harris	SO	Midland	11.12
7	Davron Hanley	JR	Doane	11.20
8	Austin Hughes	FR	Dakota Wesle	11.52

Event 2 Men 200 Meter Dash

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Austin Hughes	FR	Dakota Wesle	23.17
2	Jeremiah Harris	SO	Midland	23.17
3	Ian McDougall	SR	Hastings	22.72
4	Austin Drake	FR	Doane	22.59
5	Michael Tross	SR	Doane	22.50
6	Zac Hazen	SO	Morningside	22.48
7	Brady Butters	JR	Northwestern	22.71
8	Tyson Akers	FR	Jamestown	22.74

Section 2 of 3 Finals

1	Davron Hanley	JR	Doane	23.14
2	Daniel Royuk	SO	Concordia (N)	23.11
3	Chad Blank	JR	Briar Cliff	22.41
4	Cole Schmidt	FR	Hastings	22.40
5	AJ Lefler	SO	Briar Cliff	22.34
6	Taven McKee	FR	Mount Marty	22.38
7	Micah Brands	FR	Dordt	22.40
8	Peyton Harsin	JR	Doane	22.44

Section 3 of 3 Finals

1	Jeremiah Reeser	SO	Concordia (N)	22.89
2	Brayden Hamby	FR	Concordia (N)	22.86
3	Collin Glazek	SO	Briar Cliff	21.94
4	Perkins Aiyegbeni	SR	Northwestern	21.73
5	Paul Paul	SO	Mount Marty	21.12
6	Jonah Rechtenbaugh	JR	Mount Marty	21.54
7	Noah Imperial	SO	Dordt	21.84
8	Lucas Weyrich	FR	Midland	22.28

Event 3 Men 400 Meter Dash

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Marvin Steward	FR	Midland	53.69
2	Jonathan Quintanilla	JR	Midland	52.85
3	Daniel Royuk	SO	Concordia (N)	52.68
4	Wyatt McAlpin	SO	Morningside	51.87
5	Dillon Nerud	SR	Doane	52.15
6	Hunter Drake	FR	Doane	52.82
7	Matt Holzman	SR	Briar Cliff	53.29
8	Marcus Whipper	JR	Dordt	53.63

Section 2 of 3 Finals

1	Kenny Paetow	SO	Concordia (N)	51.69
2	Joshua Van Dusseldorp	SO	Northwestern	51.28
3	Obed Karege	FR	Jamestown	50.92
4	Mark Bakker	FR	Dordt	50.52
5	Micah Brands	FR	Dordt	50.74
6	Logan Roberts	JR	Morningside	51.03
7	Justin Grevengoed	SO	Northwestern	51.38
8	Aaron Giannou	JR	Doane	51.59

Section 3 of 3 Finals

1	Caleb Herman	SR	Dordt	49.93
2	Alan Varela	SR	Doane	49.43
3	Matthew Van Eps	SO	Dordt	49.19
4	Jonah Rechtenbaugh	JR	Mount Marty	48.40
5	Perkins Aiyegbeni	SR	Northwestern	48.67
6	Xavier Ross	FR	Concordia (N)	49.25
7	Lucas Van Eps	SR	Dordt	49.54
8	Gavin Davis	FR	Concordia (N)	49.59

Event 4 Men 800 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Caden Zonnefeld	FR	Dordt	2:08.69
2	Michael Rizzi	JR	Morningside	2:02.53
3	JP Reynolds	SO	Concordia (N)	2:01.99
4	Noah Mang	FR	Jamestown	2:00.98
5	Jacob Vander Plaats	SO	Dordt	2:01.25
6	Brayden Adams	FR	Concordia (N)	2:02.52
7	Logan Peterson	SO	Mount Marty	2:03.18
8	Ethan Pankow	FR	Concordia (N)	2:07.11

Section 2 of 3 Finals

1	Franklin Reinders	SO	Dordt	2:00.85
2	Peyton Brasser	FR	Northwestern	1:59.89
3	Tanner Harsin	JR	Doane	1:58.92
4	Jebadiah Merkle	FR	Dordt	1:57.42
5	Dylan Lindstrom	SO	Morningside	1:57.76
6	Michael Leapley	JR	Concordia (N)	1:59.57
7	Mason Schlunsen	FR	Mount Marty	2:00.34
8	Devin Rihanek	FR	Dakota Wesle	2:00.61

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019

Yankton High School

Meet Program

Section 3 of 3 Finals...(Event 4 Men 800 Meter Run)

1	Thomas Taylor	SR	Concordia (N)	1:57.00
2	Josiah McAllister	SR	Concordia (N)	1:55.23
3	Zach Ambrose	SO	Morningside	1:53.17
4	Matthew Van Eps	SO	Dordt	1:51.70
5	Peter Hollinger	FR	Northwestern	1:53.13
6	Nathan Matters	SR	Concordia (N)	1:55.20
7	Anthony Ghiorso	SO	Dordt	1:55.51
8	David Temte	SO	Dordt	1:56.59

Event 5 Men 1500 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Daniel Olson	SO	Midland	4:15.00
2	Ben Schmidt	FR	Dordt	4:18.29
3	Ethan Bergmann	JR	Hastings	4:18.44
4	Jarred Russell	SO	Hastings	4:19.57
5	Lance Van Zee	FR	Dordt	4:23.76
6	Ethan Pankow	FR	Concordia (N)	4:25.13
7	Kendall Van Zanten	FR	Dordt	4:27.00
8	Stephen McGee	SO	Doane	4:30.46
9	Zach Kollasch	SR	Briar Cliff	4:33.61
10	Trevor Alber	JR	Hastings	4:33.74
11	Payton Walker	SO	Briar Cliff	4:39.21
12	Ty Hansen	SR	Midland	4:39.90

Section 2 of 2 Finals

1	David Temte	SO	Dordt	4:02.28
2	Anthony Ghiorso	SO	Dordt	4:03.60
3	Dylan Hendricks	SO	Northwestern	4:04.08
4	Christian Van Cleave	SO	Concordia (N)	4:09.64
5	P.J. Kooima	SR	Dordt	4:10.24
6	Matthew Young	SR	Jamestown	4:10.56
7	Isaiah Lee	FR	Northwestern	4:12.70
8	Caleb Benzing	SR	Northwestern	4:13.21
9	Tyler Carney	FR	Morningside	4:13.34
10	Jebadiah Merkle	FR	Dordt	4:13.94
11	Franklin Reinders	SO	Dordt	4:14.19
12	Chase Bulten	JR	Northwestern	4:14.73

Event 7 Men 5000 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Dylan Hendricks	SO	Northwestern	15:43.09
2	CJ Martinez	FR	Midland	15:43.10
3	Joshua Starr	SO	Northwestern	15:51.38
4	Davis Tebben	FR	Dordt	15:52.53
5	Connor Ritz	SO	Morningside	15:55.70
6	Jordan Lorenz	SO	Concordia (N)	16:20.24
7	Brooks De Waard	FR	Dordt	16:22.39
8	Caleb Kroese	SR	Dordt	16:23.29
9	Wyatt Lehr	FR	Concordia (N)	16:28.59
10	Nate Harmon	FR	Doane	16:30.24
11	Dalton Demers	JR	Briar Cliff	16:32.06
12	Matthew Young	SR	Jamestown	16:33.09
13	Alex France	FR	Midland	16:34.63
14	Brian Santiago	FR	Mount Marty	16:39.39
15	Cortland Cassidy	SR	Midland	16:54.41
16	Hayden Lee	FR	Northwestern	16:55.83
17	Tristan Hulstein	SO	Dordt	16:59.38
18	Colton Folkers	FR	Northwestern	17:01.25
19	Leviticus Cross	FR	Northwestern	17:31.84
20	Payton Kooi	FR	Dordt	17:34.81
21	Grant Dunsbergen	SO	Dordt	17:37.49
22	Bryce Blank	FR	Dakota Wesle	17:50.43

Event 8 Men 10000 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Alec Wick	SO	Doane	32:41.08
2	Samuel Saldivar	SO	Doane	32:58.14
3	CJ Martinez	FR	Midland	33:22.18
4	Cortland Cassidy	SR	Midland	33:48.63
5	Connor Ritz	SO	Morningside	33:59.33
6	Alex France	FR	Midland	34:01.69
7	Dylan Jaure	SR	Hastings	34:18.29
8	Jordan Lorenz	SO	Concordia (N)	34:26.32
9	Chris Ellens	SO	Dordt	34:29.35
10	Dawson Jacobsma	FR	Northwestern	34:31.92
11	Brian Santiago	FR	Mount Marty	34:40.27
12	Evan Asche	SR	Concordia (N)	34:49.16
13	Dalton Demers	JR	Briar Cliff	35:00.79
14	Wyatt Lehr	FR	Concordia (N)	35:45.50
15	Zach Hole	FR	Hastings	35:52.68
16	Bryce Blank	FR	Dakota Wesle	36:32.77
17	Andru Hansen	JR	Hastings	37:01.26
18	Daniel Palmer	SO	Jamestown	38:18.65
19	Caleb Roberts	SO	Concordia (N)	38:27.68
20	Zach Potratz	SO	Concordia (N)	38:34.32
21	Christian Watters	SO	Concordia (N)	39:00.08
22	Keaton Burgess	FR	Concordia (N)	39:35.90
23	Nick Zadar	SO	Concordia (N)	40:31.75
24	Anthony Patton	SR	Morningside	40:38.26

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019**Yankton High School****Meet Program****Event 9 Men 110 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Brayden Effle	FR	Mount Marty	17.64
2	Jake Long	SO	Doane	15.41
3	Michael Buma	JR	Dordt	15.02
4	Justus Adams	FR	Northwestern	14.66
5	Phalen Sanford	FR	Hastings	15.01
6	Nate Stolze	JR	Doane	15.13
7	Kyle Bakker	JR	Northwestern	16.36
8	Carson Marco	JR	Northwestern	16.60

Heat 2 of 2 Prelims

1	Payton Kuchel	FR	Morningside	16.83
2	Chase Hiser	JR	Morningside	15.49
3	Levi Sudbeck	JR	Doane	15.04
4	Cody Williams	SO	Concordia (N)	14.80
5	Paul Plowcha	FR	Hastings	14.88
6	Lucas Weyrich	FR	Midland	15.11
7	Angelo Hurtado	FR	Concordia (N)	15.61
8	Ian McGaughey	SO	Dordt	16.68

Event 10 Men 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

2	Braedon Gumke	FR	Jamestown	1:05.97
3	Brayden Effle	FR	Mount Marty	1:02.44
4	Samuel Ferguson	SR	Concordia (N)	59.87
5	Ian McGaughey	SO	Dordt	1:01.24
6	Anthony Goetz	SR	Midland	1:03.20

Section 2 of 3 Finals

1	Shane Smith	FR	Hastings	59.80
2	Carson Marco	JR	Northwestern	59.02
3	Rex Schlicht	JR	Dakota Wesle	57.81
4	Kyle Bakker	JR	Northwestern	57.51
5	Justus Adams	FR	Northwestern	57.75
6	Peyton Miller	FR	Dordt	58.51
7	Angelo Hurtado	FR	Concordia (N)	59.18
8	Nick Edwards	SO	Hastings	59.75

Section 3 of 3 Finals

1	Jake Long	SO	Doane	57.04
2	Michael Buma	JR	Dordt	55.27
3	Turner Hill	SR	Doane	54.54
4	Logan Hammond	SO	Doane	54.27
5	Nate Stolze	JR	Doane	54.53
6	Chase Hiser	JR	Morningside	55.18
7	Henry Reimer	SO	Concordia (N)	55.67
8	Phalen Sanford	FR	Hastings	56.05

Event 6 Men 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Nicolas Veldhorst	FR	Dordt	10:06.76
2	Patrick Schneeberger	SO	Concordia (N)	10:31.49
3	Lukas Blankman	SO	Mount Marty	10:31.85
4	Jacob Vander Plaats	SO	Dordt	10:36.91
5	Corbin Hubbell	JR	Doane	10:38.30
6	Caleb Kroese	SR	Dordt	10:39.15
7	Benjamin Aberson	SO	Northwestern	10:42.62
8	Cameron Moes	SR	Concordia (N)	10:55.25
9	Nick Wixon	SR	Mount Marty	11:13.57
10	Brandon Crom	SO	Doane	11:13.67
11	Zach Elbers	FR	Dordt	11:15.78
12	Derek Janzen	FR	Northwestern	11:42.62
13	Cody Meiners	FR	Dordt	11:54.22
14	Jonathan DeBruin	SO	Dordt	12:30.92

Event 11 Men 4x100 Meter Relay

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

3	Morningside	NT
4	Midland	43.26
5	Dakota Wesle	45.47

Section 2 of 2 Finals

1	Jamestown	43.12
2	Briar Cliff	42.73
3	Mount Marty	42.32
4	Northwestern	42.01
5	Doane	42.22
6	Dordt	42.65
7	Hastings	42.80
8	Concordia (N)	42.84

Event 12 Men 4x400 Meter Relay

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

3	Midland	NT
4	Briar Cliff	3:31.09
5	Hastings	NT

Section 2 of 2 Finals

1	Jamestown	3:31.02
2	Northwestern	3:21.54
3	Concordia (N)	3:17.72
4	Mount Marty	3:13.92
5	Dordt	3:15.74
6	Doane	3:20.25
7	Morningside	3:23.77
8	Dakota Wesle	3:28.13

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019**Yankton High School****Meet Program****Event 13 Men 4x800 Meter Relay**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Dordt		7:43.64
2	Morningside		7:44.69
3	Northwestern		7:45.34
4	Concordia (N		7:45.73
5	Doane		8:01.12
6	Hastings		8:27.58
7	Jamestown		8:43.52
8	Dakota Wesle		8:46.29
9	Mount Marty		NT
10	Briar Cliff		NT

Event 16 Men High Jump**1.82-1.87-1.92-1.97-2.02-2.05-2.08**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Tyson Akers	FR	Jamestown	1.81m
2	Greg Gaston	SO	Doane	1.82m
3	Devin Millen	JR	Mount Marty	1.84m
4	Blake Kastanek	FR	Doane	1.87m
5	Ryan Papelbon	SR	Mount Marty	1.90m
6	Benjamin Pratt	JR	Concordia (N	1.92m
7	Phalen Sanford	FR	Hastings	1.95m
8	Corey Bird	SR	Doane	1.97m
9	Jared Rabenberg	JR	Dakota Wesle	2.03m
10	Austin Becker	JR	Doane	2.08m
11	Jacob Hruska	FR	Doane	2.08m
12	Cody Williams	SO	Concordia (N	2.08m
13	Jackson Johnson	JR	Northwestern	2.09m

Event 17 Men Pole Vault**4.20-4.35-4.50-4.65-4.75-4.85**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Luke Bousema	FR	Dordt	3.40m
2	Grant Stadler	FR	Concordia (N	3.75m
3	Riley Wehrer	FR	Doane	4.25m
4	Tyler Forbes	FR	Midland	4.26m
5	Lane Knisley	SO	Hastings	4.35m
6	Eddie Sierra-Lee	FR	Doane	4.35m
7	Ian Bauer	FR	Hastings	4.35m
8	Tyrell Reichert	SR	Concordia (N	4.35m
9	Dalton Berry	SO	Concordia (N	4.35m
10	Dustin Axline	SR	Doane	4.40m
11	Braedon Gumke	FR	Jamestown	4.40m
12	Austin Walton	JR	Doane	4.50m
13	Gavin DeHaai	JR	Concordia (N	4.50m
14	Tucker Platt	SO	Concordia (N	4.50m
15	Drew McClellan	SR	Doane	4.50m
16	Julius Dickmader	SO	Doane	4.55m
17	Zach Bennetts	FR	Concordia (N	4.55m
18	Sam Sisco	SO	Concordia (N	4.65m
19	Zach Muff	FR	Doane	4.65m
20	Travis Kleeb	JR	Hastings	4.65m
21	Cody Williams	SO	Concordia (N	4.75m
22	Levi Sudbeck	JR	Doane	4.85m

Event 14 Men Long Jump**9 to Final**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Cody Davis	SR	Mount Marty	5.84m
2	Garrett Lesiak	JR	Doane	6.00m
3	Jordan Olson	FR	Jamestown	6.09m
4	Paul Hammes	SR	Concordia (N	6.11m
5	JT Engebretson	FR	Northwestern	6.19m
6	Mason Small	FR	Dakota Wesle	6.27m
7	Alex Huff	SO	Jamestown	6.36m
8	Ryan Papelbon	SR	Mount Marty	6.38m
9	Miles Gebel	JR	Morningside	6.43m
10	Zac Hazen	SO	Morningside	6.46m
11	Phalen Sanford	FR	Hastings	6.48m
12	Logan Hammond	SO	Doane	6.54m

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019**Yankton High School****Meet Program****Flight 2 of 2 Finals...(Event 14 Men Long Jump)**

1	Trystan Brandt	SO	Doane	6.63m
2	Jared Rabenberg	JR	Dakota Wesle	6.64m
3	Jeremiah Reeser	SO	Concordia (N	6.70m
4	Tyson Akers	FR	Jamestown	6.71m
5	Dom Flemister	JR	Morningside	6.89m
6	Jacob Hruska	FR	Doane	6.89m
7	Tanner Sand	SO	Doane	6.90m
8	Cole Schmidt	FR	Hastings	6.92m
9	Cedric Terry	FR	Jamestown	6.98m
10	Henry Arnold	JR	Doane	6.99m
11	Cody Williams	SO	Concordia (N	7.00m
12	Xavier Bridges	SR	Doane	7.18m

Event 15 Men Triple Jump**9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Cody Davis	SR	Mount Marty	11.92m
2	Alex Huff	SO	Jamestown	12.25m
3	Chris Warneke	JR	Concordia (N	12.33m
4	Joey Callan	SO	Mount Marty	12.41m
5	Mason Small	FR	Dakota Wesle	12.54m
6	Tim Wager	JR	Northwestern	12.61m
7	Brian Johnston	SR	Morningside	12.64m
8	Cedric Terry	FR	Jamestown	13.02m
9	Tyson Akers	FR	Jamestown	13.13m

Flight 2 of 2 Finals

1	Blake Kastanek	FR	Doane	13.18m
2	Tanner Sand	SO	Doane	13.23m
3	Trystan Brandt	SO	Doane	13.30m
4	Zac Hazen	SO	Morningside	13.58m
5	Taylor Beck	JR	Concordia (N	13.60m
6	Cole Schmidt	FR	Hastings	13.68m
7	Cody Williams	SO	Concordia (N	13.68m
8	Kalen Murray	FR	Briar Cliff	14.10m
9	Henry Arnold	JR	Doane	14.46m

Event 18 Men Shot Put**9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Byrnden Kinnaman	FR	Briar Cliff	11.64m
2	Andrew Meister	SO	Briar Cliff	11.84m
3	Taylor Duncan	FR	Morningside	11.97m
4	Richard Dover	SO	Doane	12.06m
5	Dagne' Buck	FR	Concordia (N	12.49m
6	Delwin Potter	JR	Jamestown	12.59m
7	Andy Amos	FR	Concordia (N	12.71m
8	Christopher Zanotto	FR	Dakota Wesle	13.25m
9	Dawson Kerzman	SO	Dakota Wesle	13.35m
10	Paul Sandoz	SO	Doane	13.63m
11	Patrick Hudson	FR	Hastings	13.69m
12	Brandon Schreur	JR	Dordt	13.76m

Flight 2 of 2 Finals

1	Nick Raab	SR	Dakota Wesle	13.99m
2	Jerod Peters	JR	Concordia (N	14.83m
3	Calob Jones	FR	Dakota Wesle	15.08m
4	Caden Milmine	SO	Dakota Wesle	15.44m
5	Reid Kirlin	SR	Midland	15.53m
6	Justin Villars	SO	Hastings	15.69m
7	Liam Hennessy	JR	Concordia (N	15.79m
8	Grant Wickham	SR	Hastings	16.50m
9	Matthew Campbell	SO	Dakota Wesle	16.50m
10	Dylan Kucera	FR	Midland	16.73m
11	Seth Sabata	JR	Midland	16.89m
12	Tyson Jenkins	JR	Dakota Wesle	17.34m

Event 19 Men Discus Throw**9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Taylor Duncan	FR	Morningside	36.86m
2	Brandon Schreur	JR	Dordt	37.73m
3	Rudy Marquez	JR	Hastings	38.59m
4	Nick Raab	SR	Dakota Wesle	39.15m
5	Calob Jones	FR	Dakota Wesle	39.54m
6	Brandon Rezac	FR	Doane	39.70m
7	Dawson Kerzman	SO	Dakota Wesle	39.89m
8	Patrick Hudson	FR	Hastings	40.11m
9	Bret Keeler	SR	Concordia (N	40.98m
10	Jacob Joachim	FR	Concordia (N	41.19m
11	Jerod Peters	JR	Concordia (N	42.25m
12	Cole Fritz	JR	Doane	42.50m

Flight 2 of 2 Finals

1	Dylan Kucera	FR	Midland	43.61m
2	Andy Amos	FR	Concordia (N	43.75m
3	Paul Sandoz	SO	Doane	44.54m
4	Tyson Jenkins	JR	Dakota Wesle	45.13m
5	Liam Hennessy	JR	Concordia (N	45.61m
6	Jacob Cornelio	JR	Concordia (N	48.17m
7	Richard Dover	SO	Doane	48.86m
8	Matthew Campbell	SO	Dakota Wesle	48.99m
9	Reid Kirlin	SR	Midland	50.06m
10	Nathan Houser	SR	Midland	50.08m
11	Ike Van Kempen	SR	Dordt	50.65m
12	Justin Villars	SO	Hastings	56.41m

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019**Yankton High School****Meet Program****Event 20 Men Hammer Throw****9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Dawson Kerzman	SO	Dakota Wesle		44.90m
2	Paul Sandoz	SO	Doane		45.00m
3	Cole Fritz	JR	Doane		45.17m
4	Calob Jones	FR	Dakota Wesle		45.89m
5	Andy Amos	FR	Concordia (N		47.27m
6	Logan Thurston	JR	Doane		47.60m
7	Bret Keeler	SR	Concordia (N		48.10m
8	Justin Villars	SO	Hastings		48.15m
9	Jerod Peters	JR	Concordia (N		48.69m
10	Dagne' Buck	FR	Concordia (N		50.04m
11	Richard Dover	SO	Doane		50.54m
12	Renato Oyarzun	SO	Concordia (N		50.82m

Flight 2 of 2 Finals

1	Dylan Kucera	FR	Midland		52.13m
2	Matthew Campbell	SO	Dakota Wesle		52.69m
3	Tyler Summers	SO	Hastings		53.03m
4	Liam Hennessy	JR	Concordia (N		53.43m
5	Ryan Sanchez	SR	Concordia (N		53.44m
6	Ike Van Kempen	SR	Dordt		54.96m
7	Reid Kirlin	SR	Midland		55.31m
8	Tyson Jenkins	JR	Dakota Wesle		55.48m
9	Grant Wickham	SR	Hastings		57.01m
10	Seth Sabata	JR	Midland		58.44m
11	Jacob Cornelio	JR	Concordia (N		59.44m
12	Nathan Houser	SR	Midland		64.42m

Event 21 Men Javelin Throw**9 to Final**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Ryan Sanchez	SR	Concordia (N		36.96m
2	Tristan Harris	JR	Morningside		38.81m
3	Reid Schultz	JR	Hastings		39.07m
4	Michael Brastrup	FR	Dakota Wesle		39.65m
5	Walker Shaw	FR	Concordia (N		39.68m
6	Ty Johnson	SR	Hastings		40.29m
7	Wyatt Edeker	FR	Hastings		41.22m
8	Turner Hill	SR	Doane		41.38m
9	Jacob Joachim	FR	Concordia (N		42.53m
10	Jared Samms	JR	Briar Cliff		43.09m
11	Jordan Sparks	SR	Doane		43.78m
12	Harrison Gregory	FR	Jamestown		45.23m

Flight 2 of 2 Finals

1	Brian Johnston	SR	Morningside		46.02m
2	Tim Huizenga	SO	Dordt		46.45m
3	Nikolas Herman	SO	Jamestown		47.80m
4	Jeremy Grundmayer	SR	Mount Marty		48.53m
5	Carter Behler	JR	Northwestern		48.97m
6	Austin Becker	JR	Doane		49.09m
7	Landon Schmitt	SR	Doane		49.29m
8	Matthew Hust	SR	Jamestown		51.90m
9	Preston Cuddy	JR	Doane		51.98m
10	Jacob Heitkamp	FR	Doane		53.93m
11	Jeff Stellingwerf	JR	Dordt		55.60m
12	Grant Wickham	SR	Hastings		63.15m

Event 22 Decathlon: #1 Men 100 Meter Dash

Lane	Name	Yr	School	Seed	Time
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Section 1 of 2 Finals

3	Ryan Harrel	SO	Briar Cliff		NT
4	Matthew Johnson	SR	Northwestern		NT
5	Mike Elsten	SR	Briar Cliff		NT
6	Seth Wiebelhaus	FR	Mount Marty		NT
7	Nate Rupprecht	FR	Dakota Wesle		NT

Section 2 of 2 Finals

3	Levi Sudbeck	JR	Doane		NT
4	Matthew Wieser	SR	Doane		NT
5	Julius Dickmander	SO	Doane		NT
6	Rees Lyon	FR	Concordia (N		NT
7	Zack Gentry	FR	Concordia (N		NT

Event 22 Decathlon: #5 Men 400 Meter Dash

Lane	Name	Yr	School	Seed	Time
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Section 1 of 2 Finals

4	Matthew Johnson	SR	Northwestern		NT
5	Seth Wiebelhaus	FR	Mount Marty		NT
6	Ryan Harrel	SO	Briar Cliff		NT
7	Levi Sudbeck	JR	Doane		NT
8	Julius Dickmander	SO	Doane		NT

Section 2 of 2 Finals

4	Zack Gentry	FR	Concordia (N		NT
5	Rees Lyon	FR	Concordia (N		NT
6	Matthew Wieser	SR	Doane		NT
7	Nate Rupprecht	FR	Dakota Wesle		NT
8	Mike Elsten	SR	Briar Cliff		NT

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019

Yankton High School
Meet Program**Event 22 Decathlon: #10 Men 1500 Meter Run**

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Zack Gentry	FR	Concordia (N	NT	
2	Rees Lyon	FR	Concordia (N	NT	
3	Ryan Harrel	SO	Briar Cliff	NT	
4	Julius Dickmander	SO	Doane	NT	
5	Mike Elsten	SR	Briar Cliff	NT	
6	Matthew Wieser	SR	Doane	NT	
7	Matthew Johnson	SR	Northwestern	NT	
8	Nate Rupprecht	FR	Dakota Wesle	NT	
9	Levi Sudbeck	JR	Doane	NT	
10	Seth Wiebelhaus	FR	Mount Marty	NT	

Event 22 Decathlon: #6 Men 110 Meter Hurdles

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
3	Nate Rupprecht	FR	Dakota Wesle	NT	
5	Seth Wiebelhaus	FR	Mount Marty	NT	
7	Levi Sudbeck	JR	Doane	NT	
Section 2 of 3 Finals					
3	Julius Dickmander	SO	Doane	NT	
5	Matthew Wieser	SR	Doane	NT	
7	Rees Lyon	FR	Concordia (N	NT	
Section 3 of 3 Finals					
1	Mike Elsten	SR	Briar Cliff	NT	
3	Matthew Johnson	SR	Northwestern	NT	
5	Ryan Harrel	SO	Briar Cliff	NT	
7	Zack Gentry	FR	Concordia (N	NT	

Event 22 Decathlon: #4 Men High Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Matthew Johnson	SR	Northwestern	NH	
2	Rees Lyon	FR	Concordia (N	NH	
3	Nate Rupprecht	FR	Dakota Wesle	NH	
4	Ryan Harrel	SO	Briar Cliff	NH	
5	Matthew Wieser	SR	Doane	NH	
6	Levi Sudbeck	JR	Doane	NH	
7	Seth Wiebelhaus	FR	Mount Marty	NH	
8	Julius Dickmander	SO	Doane	NH	
9	Mike Elsten	SR	Briar Cliff	NH	
10	Zack Gentry	FR	Concordia (N	NH	

Event 22 Decathlon: #8 Men Pole Vault

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Seth Wiebelhaus	FR	Mount Marty	NH	
2	Nate Rupprecht	FR	Dakota Wesle	NH	
3	Rees Lyon	FR	Concordia (N	NH	
4	Zack Gentry	FR	Concordia (N	NH	
5	Ryan Harrel	SO	Briar Cliff	NH	
6	Julius Dickmander	SO	Doane	NH	
7	Matthew Wieser	SR	Doane	NH	
8	Mike Elsten	SR	Briar Cliff	NH	
9	Levi Sudbeck	JR	Doane	NH	
10	Matthew Johnson	SR	Northwestern	NH	

Event 22 Decathlon: #2 Men Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Mike Elsten	SR	Briar Cliff	ND	
2	Levi Sudbeck	JR	Doane	ND	
3	Seth Wiebelhaus	FR	Mount Marty	ND	
4	Matthew Wieser	SR	Doane	ND	
5	Ryan Harrel	SO	Briar Cliff	ND	
6	Matthew Johnson	SR	Northwestern	ND	
7	Zack Gentry	FR	Concordia (N	ND	
8	Julius Dickmander	SO	Doane	ND	
9	Nate Rupprecht	FR	Dakota Wesle	ND	
10	Rees Lyon	FR	Concordia (N	ND	

Event 22 Decathlon: #3 Men Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Ryan Harrel	SO	Briar Cliff	ND	
2	Levi Sudbeck	JR	Doane	ND	
3	Rees Lyon	FR	Concordia (N	ND	
4	Matthew Wieser	SR	Doane	ND	
5	Zack Gentry	FR	Concordia (N	ND	
6	Nate Rupprecht	FR	Dakota Wesle	ND	
7	Mike Elsten	SR	Briar Cliff	ND	
8	Julius Dickmander	SO	Doane	ND	
9	Matthew Johnson	SR	Northwestern	ND	
10	Seth Wiebelhaus	FR	Mount Marty	ND	

Event 22 Decathlon: #7 Men Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Mike Elsten	SR	Briar Cliff	ND	
2	Ryan Harrel	SO	Briar Cliff	ND	
3	Levi Sudbeck	JR	Doane	ND	
4	Matthew Wieser	SR	Doane	ND	
5	Nate Rupprecht	FR	Dakota Wesle	ND	
6	Rees Lyon	FR	Concordia (N	ND	
7	Matthew Johnson	SR	Northwestern	ND	
8	Julius Dickmander	SO	Doane	ND	
9	Zack Gentry	FR	Concordia (N	ND	
10	Seth Wiebelhaus	FR	Mount Marty	ND	

GPAC Outdoor Track and Field Championships - 5/3/2019 to 5/4/2019**Yankton High School
Meet Program****Event 22 Decathlon: #9 Men Javelin Throw**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Levi Sudbeck	JR	Doane		ND
2	Rees Lyon	FR	Concordia (N		ND
3	Ryan Harrel	SO	Briar Cliff		ND
4	Zack Gentry	FR	Concordia (N		ND
5	Seth Wiebelhaus	FR	Mount Marty		ND
6	Mike Elsten	SR	Briar Cliff		ND
7	Matthew Wieser	SR	Doane		ND
8	Julius Dickmander	SO	Doane		ND
9	Nate Rupprecht	FR	Dakota Wesle		ND
10	Matthew Johnson	SR	Northwestern		ND