## 2019 CONCORDIA TWILIGHT CONCORDIA UNIVERSITY - BULLDOG STADIUM

FRIDAY, MAY 10, 2019

## **FIELD EVENTS**

## **FINAL SCHEDULE**

TH	RO	WS
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2:00 pm 2:00 4:00 4:00 5:30	Men's Hammer Women's Discus Men's Javelin Women's Javelin Men's Shot Put	Followed by Women's hammer Followed by Men's Discus	
5:30 JUMPS	Women's Shot Put		
2:00 pm 2:00 3:00	Long Jump Women Pole vault Women Long Jump Men	Followed by Pole vault Men	
3:00 4:00 5:00	High jump Men Triple Jump Women Triple Jump Men	Followed by High jump Women	

## RUNNING EVENTS- We will not go more than 10 min ahead of schedule

5:00	100 Hurdles	Women	<b>Prelims</b>
5:05	110 Hurdles	Men	Prelims
5:15	100	Women	Prelims
5:20	100	Men	Prelims
5:25	4 x 800	Men	
5:35	400	Women	
5:45	400	Men	
5:50	4 x 100	Men	
5:55	3k Steeplechase	Women	
6:10	100 Hurdles	Women	Finals
6:15	110 Hurdles	Men	Finals
6:20	100	Women	Finals
6:25	100	Men	Finals
6:30	1500	Women	
6:40	1500	Men	
6:50	400 Hurdles	Women	
7:00	400 Hurdles	Men	
7:10	5000	Women	
7:35	5000	Men	
7:50	200	Women	
7:55	200	Men	
8:05	4 x 400	Women	
8:15	800	Women	
8:25	800	Men	

