2019 CONCORDIA CLASSIC

CONCORDIA UNIVERSITY - BULLDOG FIELD HOUSE THURSDAY, JANUARY 24 - FRIDAY, JANUARY 25, 2019

Thursday, January 24, 2019

TENTATIVE Schedule

Multi Events (estimated start times)

3:00 pm	60 Hurdles	(W) pentathlon	3:15 pm	60 Dash	(M) heptathlon
3:45	High Jump	(W)	4:00	Long Jump	(M)
5:15	Shot Put	(W)	4:50	Shot Put	(M)
6:15	Long Jump	(W)	5:40	High Jump	(M)
7-15	800	(\M)			

Friday, January 25, 2019

Multi Events (estimated start times)

11:45 am	60 Hurdles	(M) heptathlon
<i>12:30</i> pm	Pole Vault	(M)
2:15	1000	(M)

Field Events

2:00 pm	Weight Throw	(M)	Followed by Weight Throw	(W)
2:00	Shot Put	(W)	Competed in high jump area	
2:00	Long Jump	(W)	Followed by Long Jump	(M) North Runway
2:00	Triple Jump	(M)	Competed on infield runway	
2:00	Pole vault	(W)	Followed by Pole Vault	(M)
4:30	High Jump	(W)	Followed by High Jump	(M)
6:00	Triple Jump	(W)	North Runway	
6:30	Shot Put	(M)	-	

RUNNING EVENTS - ROLLING SCHEDULE

2:30 pm	Dist. Medley Relay	(W)	5:40	400	(W)
2:45	Dist. Medley Relay	(M)	6:50	400	(M)
3:00	5000	(W)	6:05	800	(W)
3:30	5000	(M)	6:15	800	(M)
3:55	60 Hurdles Prelims	(W)	6:25	600	(W)
4:10	60 Hurdles Prelims	(M)	6:35	600	(M)
4:25	60 Dash Prelims	(W)	6:45	1000	(W)
4:35	60 Dash Prelims	(M)	6:55	1000	(M)
4:50	Mile	(W)	7:05	200	(W)
5:05	Mile	(M)	7:20	200	(M)
5:20	60 Hurdles Final	(W)	7:35	3000	(W)
5:25	60 Hurdles Final	(M)	7:50	3000	(M)
5:30	60 Dash Final	(W)	8:05	4 x 400 Relay	(W)
5:35	60 Dash Final	(M)	8:15	4 x 400 Relay	(M)

