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HY-TEK's Meet Manager 3/29/2014 08:28 PM

8th Annual Wayne State - Wildcat Classic - 3/28/2014 to 3/29/2014

WSC Memorial Track - Wayne, Nebraska

Results

Women 100 Meter Dash

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NCAA Auto: A 11.56

NCAA Prov: P 12.04

Meet Record: M 12.07 2007 Heidi Mullenberg, USD

Name Year School Finals Wind H#

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Finals

|    |                   |              |       |     |   |
|----|-------------------|--------------|-------|-----|---|
| 1  | Ashley Odegaard   | Unattached   | 12.22 | 1.8 | 7 |
| 2  | Makenzie Hageman  | Northern Sta | 12.34 | 1.8 | 7 |
| 3  | Anika Charles     | Iowa Western | 12.35 | 1.8 | 7 |
| 4  | Tiffany Barnes    | Iowa Western | 12.62 | 1.2 | 1 |
| 5  | Kyerra Titus-Baer | Augustana (S | 12.64 | 1.8 | 7 |
| 6  | Ravan Kott        | South Dakota | 12.80 | 1.5 | 6 |
| 7  | Colleen Everson   | Augustana (S | 12.83 | 1.8 | 7 |
| 8  | Heather Landwehr  | St. Cloud St | 13.05 | 1.5 | 6 |
| 9  | Laura Popanz      | Augustana (S | 13.06 | 1.8 | 7 |
| 10 | Courtney Albrecht | South Dakota | 13.09 | 2.3 | 4 |
| 11 | Brandy Anderson   | Midland Univ | 13.09 | 1.8 | 7 |
| 12 | Jana Vermeer      | Northwestern | 13.12 | 1.5 | 3 |
| 13 | Gina Sementa      | Briar Cliff  | 13.13 | 1.5 | 3 |
| 14 | Jahdai Dunk       | Northwestern | 13.14 | 1.5 | 6 |
| 15 | Danielle Hart     | Wayne State  | 13.15 | 2.3 | 4 |
| 16 | Emily Culver      | Northwestern | 13.18 | 1.5 | 3 |
| 17 | Justine Twite     | South Dakota | 13.23 | 1.5 | 3 |
| 18 | Courtney Trapp    | SD State     | 13.23 | 1.5 | 6 |
| 19 | Kate Van Gilst    | Dordt        | 13.24 | 2.3 | 4 |
| 20 | Mary Alderson     | Wayne State  | 13.24 | 2.2 | 5 |
| 21 | Ashley Schneider  | Northwestern | 13.26 | 1.5 | 3 |
| 22 | Curiosity Young   | Concordia Un | 13.26 | 1.5 | 6 |
| 23 | Sydney Proiette   | SD State     | 13.28 | 2.3 | 4 |
| 24 | Nina Tucker       | SD State     | 13.28 | 2.2 | 5 |
| 25 | Rachel Hunt       | Briar Cliff  | 13.32 | 1.5 | 3 |
| 26 | Sarah Faber       | Dordt        | 13.40 | 2.2 | 5 |
| 27 | Holly Hegge       | Mount Marty  | 13.42 | 2.3 | 4 |
| 28 | Janelle Paulson   | Augustana (S | 13.42 | 1.8 | 7 |
| 29 | Kaylynn Erlandson | Augustana (S | 13.56 | 1.5 | 6 |
| 30 | Kelli Boer        | Dordt        | 13.68 | 2.2 | 5 |
| 31 | Beccy Dodunski    | Briar Cliff  | 13.75 | 0.5 | 2 |
| 32 | Marisaa Fallesen  | South Dakota | 13.83 | 2.3 | 4 |
| 33 | Kally Vellenga    | Dordt        | 13.93 | 1.2 | 1 |
| 34 | Sonya Hagberg     | Northwestern | 14.09 | 0.5 | 2 |
| 35 | Jodi Roth         | Briar Cliff  | 14.13 | 0.5 | 2 |
| 36 | Mykaela Hughes    | Mount Marty  | 14.16 | 1.5 | 3 |
| 37 | Lindsey Broek     | Northwestern | 14.16 | 0.5 | 2 |
| 38 | L'Tanya Flythe    | Minot State  | 14.20 | 0.5 | 2 |
| 39 | Rachael Johnson   | South Dakota | 14.62 | 0.5 | 2 |
| 40 | Morgan Straub     | Dakota Wesle | 15.17 | 1.2 | 1 |

Women 200 Meter Dash

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NCAA Auto: A 23.50

NCAA Prov: P 24.62

Meet Record: M 24.50 2005 Steph Gebhardt, USD

| Name                       | Year | School       | Finals | Wind | H# |
|----------------------------|------|--------------|--------|------|----|
| 1 Carina Hofmeister        |      | Augustana (S | 25.49  | 2.5  | 10 |
| 2 Ashley Odegaard          |      | Unattached   | 25.84  | 2.5  | 10 |
| 3 Amber Ewers              |      | South Dakota | 25.97  | 2.5  | 10 |
| 4 Cierra Jones             |      | Iowa Western | 26.36  | 0.2  | 11 |
| 5 Jessica McDonald         |      | SD State     | 26.38  | 1.0  | 9  |
| 6 Alicia Evans             |      | St. Cloud St | 26.56  | 1.0  | 9  |
| 7 Makenzie Hageman         |      | Northern Sta | 26.57  | 2.5  | 10 |
| 8 Ravan Kott               |      | South Dakota | 26.65  | 2.5  | 10 |
| 9 Jasmine Grant            |      | St. Cloud St | 26.70  | 2.5  | 10 |
| 10 Mary Roy                |      | Minot State  | 26.73  | 2.6  | 7  |
| 10 Lauren Spranger         |      | Northwestern | 26.73  | 2.7  | 4  |
| 12 Jenny Gilbreath         |      | St. Cloud St | 26.86  | 0.2  | 8  |
| 13 Marisa Broersma         |      | Dordt        | 26.91  | 1.0  | 9  |
| 14 Robyn Blount            |      | Dordt        | 27.02  | 1.0  | 9  |
| 15 Kayla McDonald          |      | SD State     | 27.10  | 0.2  | 8  |
| 16 Tiffany Barnes          |      | Iowa Western | 27.11  | 0.2  | 11 |
| 17 Katie Tonner            |      | Augustana (S | 27.23  | 0.2  | 8  |
| 18 Christina Jellen        |      | Unattached   | 27.36  | 0.2  | 8  |
| 19 Cailyn Schreurs         |      | SD State     | 27.47  | 2.7  | 4  |
| 20 Elizabeth Raecke        |      | Northern Sta | 27.52  | 2.6  | 7  |
| 21 Jahdai Dunk             |      | Northwestern | 27.54  | +0.0 | 3  |
| 22 GaBrina Cornelious      |      | St. Cloud St | 27.54  | 1.0  | 9  |
| 23 Evelyn Klein            |      | SD State     | 27.55  | 2.6  | 7  |
| 24 Mary Alderson           |      | Wayne State  | 27.55  | 1.7  | 6  |
| 25 Sara Simmons            |      | Concordia Un | 27.57  | 0.2  | 8  |
| 26 Lydia Pomerence         |      | Concordia Un | 27.59  | 1.0  | 9  |
| 27 Christine Beune         |      | Concordia Un | 27.65  | 2.6  | 7  |
| 28 Jayna Specht            |      | Briar Cliff  | 27.68  | 2.6  | 7  |
| 29 Kate Van Gilst          |      | Dordt        | 27.73  | 2.6  | 7  |
| 30 Tansha Clarke           |      | South Dakota | 27.80  | 1.0  | 9  |
| 30 Nina Tucker             |      | SD State     | 27.80  | 1.7  | 6  |
| 32 Courtney Albrecht       |      | South Dakota | 27.84  | 1.7  | 6  |
| 33 Dijah Nash              |      | Minot State  | 27.87  | 0.9  | 5  |
| 34 Ashley Schneider        |      | Northwestern | 27.88  | 0.9  | 5  |
| 35 Janelle Paulson         |      | Augustana (S | 27.89  | 1.0  | 1  |
| 36 Sydney Proiette         |      | SD State     | 27.91  | 1.7  | 6  |
| 37 Quriosity Young         |      | Concordia Un | 27.95  | 0.2  | 8  |
| 38 Taylor Hudson           |      | Morningside  | 28.04  | +0.0 | 3  |
| 39 Danielle Hart           |      | Wayne State  | 28.09  | 2.7  | 4  |
| 40 Ali Meister             |      | South Dakota | 28.10  | +0.0 | 3  |
| 41 Randi Janzen            |      | Concordia Un | 28.13  | 0.9  | 5  |
| 42 Megan Svitak            |      | Wayne State  | 28.22  | 2.7  | 4  |
| 43 Sarah Faber             |      | Dordt        | 28.37  | 1.0  | 9  |
| 44 Melissa Barella         |      | Augustana (S | 28.39  | 2.6  | 7  |
| 45 Alyssa Schmidt          |      | Augustana (S | 28.40  | 1.7  | 6  |
| 46 Candace Norman-Kolling  |      | Concordia Un | 28.57  | +0.0 | 3  |
| 47 Kayla Knight Papaioanno |      | Midland Univ | 28.60  | 0.2  | 8  |
| 48 Kaylynn Erlandson       |      | Augustana (S | 28.61  | 2.6  | 7  |
| 49 Gabbi Kates             |      | Briar Cliff  | 28.62  | 2.7  | 4  |
| 50 Jana Vermeer            |      | Northwestern | 28.71  | 0.9  | 5  |
| 51 Sierra Kloth            |      | Mount Marty  | 28.75  | 1.2  | 2  |

|    |                   |              |       |      |    |
|----|-------------------|--------------|-------|------|----|
| 52 | Kelli Boer        | Dordt        | 29.19 | 0.9  | 5  |
| 53 | Abigail Stevens   | Northwestern | 29.22 | 2.7  | 4  |
| 54 | Jessica Fossum    | Dakota Wesle | 29.25 | 1.0  | 1  |
| 55 | Briquelle Bowden  | South Dakota | 29.36 | 1.0  | 1  |
| 56 | Jorriel Stewart   | Iowa Western | 29.42 | 0.2  | 11 |
| 57 | Paige Getz        | Concordia Un | 29.58 | 2.7  | 4  |
| 58 | Madison Yohe      | Northwestern | 29.76 | 1.2  | 2  |
| 59 | Morgan Straub     | Dakota Wesle | 29.77 | 1.2  | 2  |
| 60 | Lauren Bobst      | Augustana (S | 29.83 | 2.7  | 4  |
| 61 | Kally Vellenga    | Dordt        | 30.00 | +0.0 | 3  |
| 62 | Ariana Arampatzis | Dakota Wesle | 30.52 | 1.0  | 1  |
| 63 | Tayler Dumke      | Mount Marty  | 31.62 | 1.2  | 2  |
| -- | Meaghan Wilson    | Morningside  | NT    | 1.2  | 2  |
| -- | Mykaela Hughes    | Mount Marty  | NT    | 1.2  | 2  |
| -- | Nicole Lamplot    | Iowa Western | NT    | 1.0  | 1  |

Women 400 Meter Dash

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NCAA Auto: A 53.40  
NCAA Prov: P 56.00  
Meet Record: M 54.90 2005 Steph Gebhardt, USD

| Name | Year | School                 | Finals       | H#      |   |
|------|------|------------------------|--------------|---------|---|
| 1    |      | Lauren Spranger        | Northwestern | 58.11   | 4 |
| 2    |      | Amber Ewers            | South Dakota | 58.17   | 4 |
| 3    |      | Khadesha James         | Iowa Western | 59.50   | 1 |
| 4    |      | Megan Walhof           | Northwestern | 59.50   | 4 |
| 5    |      | Jessica McDonald       | SD State     | 59.92   | 3 |
| 6    |      | Jayna Specht           | Briar Cliff  | 1:00.38 | 3 |
| 7    |      | Anne Parsley           | Augustana (S | 1:00.59 | 4 |
| 8    |      | Charissa Etrheim       | Augustana (S | 1:00.68 | 4 |
| 9    |      | Evelyn Klein           | SD State     | 1:00.87 | 3 |
| 10   |      | Kayla McDonald         | SD State     | 1:01.32 | 4 |
| 11   |      | DeAsia Garrett         | South Dakota | 1:01.53 | 3 |
| 12   |      | Alicia Lipka           | St. Cloud St | 1:02.10 | 3 |
| 13   |      | Dijah Nash             | Minot State  | 1:02.73 | 2 |
| 14   |      | Randi Janzen           | Concordia Un | 1:03.06 | 3 |
| 15   |      | Christine Beune        | Concordia Un | 1:03.86 | 2 |
| 16   |      | Erica Meyer            | SD State     | 1:04.19 | 1 |
| 17   |      | Candace Norman-Kolling | Concordia Un | 1:04.58 | 2 |
| 18   |      | Allison Schreiner      | Morningside  | 1:04.71 | 1 |
| 19   |      | Gabbi Kates            | Briar Cliff  | 1:04.74 | 2 |
| 20   |      | Taylor Hudson          | Morningside  | 1:04.94 | 1 |
| 21   |      | Tori Pothast           | Morningside  | 1:05.05 | 2 |
| 22   |      | Callie Buske           | Northwestern | 1:05.45 | 1 |
| 23   |      | Kristen Wendt          | St. Cloud St | 1:06.61 | 2 |
| 24   |      | Kirstin Berg           | Morningside  | 1:08.96 | 1 |
| 25   |      | Kate Mathes            | Morningside  | 1:11.26 | 1 |
| 26   |      | Halie Hoch             | Morningside  | 1:11.83 | 1 |

Women 800 Meter Run

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NCAA Auto: A 2:09.00  
NCAA Prov: P 2:14.00  
Meet Record: M 2:13.69 2005 Kassy Laber, USD

| Name | Year | School | Finals | H# |
|------|------|--------|--------|----|
|------|------|--------|--------|----|

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|    |                     |              |         |   |
|----|---------------------|--------------|---------|---|
| 1  | Katie Bonnema       | Dordt        | 2:19.12 | 5 |
| 2  | Bobbie McLaury      | SD State     | 2:19.70 | 5 |
| 3  | Kimberly Wood       | Concordia Un | 2:20.55 | 5 |
| 4  | Sami Smith          | Northern Sta | 2:20.82 | 4 |
| 5  | Lindsey Strait      | SD State     | 2:21.25 | 5 |
| 6  | Lillie Koerner      | Dordt        | 2:21.44 | 5 |
| 7  | Lindsey Montileaux  | South Dakota | 2:21.63 | 5 |
| 8  | Nicole Schmidt      | South Dakota | 2:21.96 | 4 |
| 9  | Tori Figge          | Morningside  | 2:21.98 | 5 |
| 10 | Justine Van Zee     | Dordt        | 2:22.14 | 4 |
| 11 | Kelsey Lewis        | Dordt        | 2:23.63 | 5 |
| 12 | Jen Petsche         | Morningside  | 2:24.69 | 5 |
| 13 | Rachel Weinandt     | Unattached   | 2:24.76 | 5 |
| 14 | Erica Clark         | Minot State  | 2:25.06 | 4 |
| 15 | Karley Konkell      | SD State     | 2:25.61 | 3 |
| 16 | Kayla Byl           | Dordt        | 2:25.86 | 5 |
| 17 | Shelby Hall         | Morningside  | 2:26.12 | 4 |
| 18 | Kinsey Clark        | Unattached   | 2:26.53 | 1 |
| 19 | Brooke Peterson     | SD State     | 2:26.91 | 4 |
| 20 | Jenean Williams     | Concordia Un | 2:27.74 | 5 |
| 21 | Jessica Feldman     | South Dakota | 2:28.21 | 4 |
| 22 | Kylie Baas          | St. Cloud St | 2:28.32 | 2 |
| 23 | Jackie Niewenhuis   | Northwestern | 2:28.70 | 2 |
| 24 | Samantha Anderson   | SD State     | 2:28.83 | 3 |
| 25 | Samantha Huether    | Minot State  | 2:29.06 | 2 |
| 26 | Mandy O'Malley      | Mount Marty  | 2:29.11 | 4 |
| 27 | Erica Meyer         | SD State     | 2:29.39 | 3 |
| 28 | Abby De Vries       | Dordt        | 2:29.42 | 4 |
| 29 | Sierra Hughes       | Iowa Western | 2:29.78 | 2 |
| 30 | Breanna Brockhaus   | Concordia Un | 2:30.14 | 2 |
| 31 | Chloe Froehlich     | Minot State  | 2:30.94 | 3 |
| 32 | Rachel Sakry        | St. Cloud St | 2:31.11 | 3 |
| 33 | Angela Steinbacher  | Concordia Un | 2:31.19 | 3 |
| 34 | Maila Lucht         | Minot State  | 2:32.18 | 3 |
| 35 | Jordyn Hudelson     | Mount Marty  | 2:32.26 | 4 |
| 36 | Caitlin Davis       | Mount Marty  | 2:33.41 | 3 |
| 37 | Eyeiessa Darville   | Minot State  | 2:33.44 | 2 |
| 38 | Ariel Turnquist     | Morningside  | 2:33.66 | 1 |
| 39 | Berkley Rietveld    | Mount Marty  | 2:33.72 | 3 |
| 40 | Whitney Dooley      | Midland Univ | 2:33.97 | 2 |
| 41 | Stacey McDonald     | Northern Sta | 2:34.90 | 2 |
| 42 | Emily Feyereisen    | South Dakota | 2:35.30 | 2 |
| 43 | Emily Kaup          | Wayne State  | 2:35.60 | 2 |
| 44 | Lottie Grimshaw     | South Dakota | 2:35.78 | 1 |
| 45 | Brittney Giddings   | Iowa Western | 2:36.20 | 1 |
| 46 | Anna Hart           | Morningside  | 2:37.41 | 2 |
| 47 | Carly Holmstrom     | South Dakota | 2:37.80 | 1 |
| 48 | Haley Gowery        | Briar Cliff  | 2:38.59 | 1 |
| 49 | Shelby Bader        | Midland Univ | 2:39.03 | 1 |
| 50 | Sarah Wittenberg    | Northwestern | 2:39.63 | 1 |
| 51 | Whitney Kuyper      | Northern Sta | 2:39.95 | 3 |
| 52 | Kaylee Fly          | Mount Marty  | 2:41.58 | 3 |
| 53 | Elizabeth Rasmussen | Concordia Un | 2:41.85 | 1 |
| 54 | Jessie Motley       | Briar Cliff  | 2:43.36 | 1 |
| 55 | Courtney Brandt     | Northern Sta | 2:43.56 | 1 |
| 56 | Brittany Kulesa     | Iowa Western | 2:44.04 | 1 |
| 57 | Melissa Kroll       | Midland Univ | 2:44.36 | 2 |

58 Melissa Knobloch SD State 2:59.15 1

Women 1500 Meter Run

NCAA Auto: A 4:23.00

NCAA Prov: P 4:35.34

Meet Record: M 4:51.50 3/30/2013 Katarina Zarudnaya, Nebraska Oma

| Name                  | Year | School       | Finals   | H# |
|-----------------------|------|--------------|----------|----|
| 1 Laura Lawton        |      | SD State     | 4:45.53M | 4  |
| 2 Megan Hilson        |      | South Dakota | 4:50.30M | 4  |
| 3 Brooke Peterson     |      | SD State     | 4:51.29M | 4  |
| 4 Kayla Byl           |      | Dordt        | 4:53.58  | 3  |
| 5 Kimberly Wood       |      | Concordia Un | 4:53.91  | 4  |
| 6 Jilanne Doom        |      | South Dakota | 4:54.23  | 4  |
| 7 Jenna Grossenburg   |      | SD State     | 4:54.49  | 3  |
| 8 Abby De Vries       |      | Dordt        | 4:55.28  | 4  |
| 9 Nicole Schmidt      |      | South Dakota | 4:55.40  | 3  |
| 10 Justine Van Zee    |      | Dordt        | 4:55.55  | 4  |
| 11 Dawn Gildersleeve  |      | Northwestern | 4:57.53  | 4  |
| 12 Karley Konkell     |      | SD State     | 4:59.03  | 4  |
| 13 Jenean Williams    |      | Concordia Un | 5:00.29  | 3  |
| 14 Petrene Plummer    |      | Iowa Western | 5:01.94  | 4  |
| 15 Jessica Feldman    |      | South Dakota | 5:02.42  | 3  |
| 16 Kendra Woytassek   |      | Northern Sta | 5:04.89  | 3  |
| 17 Britni Waller      |      | South Dakota | 5:08.34  | 4  |
| 18 Cristina Murillo   |      | Wayne State  | 5:08.47  | 3  |
| 19 Whitney Dooley     |      | Midland Univ | 5:09.05  | 3  |
| 20 Samantha Huether   |      | Minot State  | 5:09.19  | 3  |
| 21 Sherene Whyte      |      | Iowa Western | 5:10.00  | 2  |
| 22 Trishauna Reid     |      | Iowa Western | 5:13.48  | 2  |
| 23 Emily Feyereisen   |      | South Dakota | 5:15.99  | 2  |
| 24 Samantha Anderson  |      | SD State     | 5:16.41  | 4  |
| 25 Tiffany Shepherd   |      | Morningside  | 5:16.74  | 2  |
| 26 Bethany Larson     |      | Morningside  | 5:16.78  | 2  |
| 27 Stacey McDonald    |      | Northern Sta | 5:17.28  | 2  |
| 28 Skylar Forgey      |      | Dakota Wesle | 5:17.83  | 3  |
| 29 Lottie Grimshaw    |      | South Dakota | 5:17.85  | 2  |
| 30 Whitney Kuyper     |      | Northern Sta | 5:17.96  | 2  |
| 31 Kelley Thurman     |      | Northwestern | 5:21.45  | 3  |
| 32 Skyler Lippman     |      | Wayne State  | 5:22.40  | 2  |
| 33 Nicole Arnold      |      | Northern Sta | 5:23.17  | 2  |
| 34 Carly Holmstrom    |      | South Dakota | 5:23.23  | 2  |
| 35 Kaylee Fly         |      | Mount Marty  | 5:25.04  | 1  |
| 36 Melissa Knobloch   |      | SD State     | 5:26.21  | 1  |
| 37 Mariah Wills       |      | Morningside  | 5:28.09  | 2  |
| 38 Jasmine Glasgo     |      | Morningside  | 5:28.18  | 1  |
| 39 Elizabeth Kube     |      | Morningside  | 5:31.17  | 1  |
| 40 Joleen Wilhelm     |      | Northwestern | 5:34.38  | 1  |
| 41 Cassie Burnside    |      | Morningside  | 5:34.48  | 1  |
| 42 Tiffany Lamplot    |      | Iowa Western | 5:37.41  | 1  |
| 43 Whitney Wilgenburg |      | Dordt        | 5:39.56  | 1  |
| 44 Jaden Wamstad      |      | Wayne State  | 5:40.76  | 1  |
| 45 Karissa De Jong    |      | Northwestern | 5:41.38  | 2  |
| 46 Chelsea Albus      |      | South Dakota | 5:43.87  | 1  |
| 47 Abigail Chihak     |      | Briar Cliff  | 5:46.47  | 1  |
| 48 Taylor Brockhaus   |      | Midland Univ | 5:46.90  | 1  |

|    |                   |              |         |   |
|----|-------------------|--------------|---------|---|
| 49 | Alli Young        | Dordt        | 5:46.98 | 1 |
| 50 | Tasha Lechtenberg | Morningside  | 5:50.87 | 1 |
| 51 | Laura Camacho     | Wayne State  | 5:52.17 | 1 |
| 52 | Theresa Staley    | Concordia Un | 5:59.12 | 2 |
| -- | Jena Schwalenberg | Concordia Un | DNF     | 3 |
| -- | Taylor Lohan      | SD State     | DNF     | 3 |
| -- | Kelsey Barrett    | South Dakota | DNF     | 3 |

Women 5000 Meter Run

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NCAA Auto: A 16:20.00  
 NCAA Prov: P 17:19.90  
 Meet Record: M 10:56.64 2007 Erin Lynn Keitges, Morningside

| Name | Year | School            | Finals       |          |
|------|------|-------------------|--------------|----------|
| 1    |      | Alex Suhr         | SD State     | 18:22.92 |
| 2    |      | Cheyenne Bowers   | SD State     | 18:26.70 |
| 3    |      | Allison Windish   | Minot State  | 18:32.21 |
| 4    |      | Kirsten Anderson  | SD State     | 18:39.23 |
| 5    |      | Sasha Hovind      | Northern Sta | 18:39.34 |
| 6    |      | Jilanne Doom      | South Dakota | 18:53.17 |
| 7    |      | Britni Waller     | South Dakota | 19:03.11 |
| 8    |      | Katie Droog       | Dordt        | 19:09.28 |
| 9    |      | Catie LeDesma     | Minot State  | 19:18.85 |
| 10   |      | Dakotah Bullen    | Northern Sta | 19:30.22 |
| 11   |      | Ashley Canfield   | Concordia Un | 19:41.74 |
| 12   |      | Shelby Hohnholt   | Concordia Un | 20:24.36 |
| 13   |      | Jessie Hubley     | St. Cloud St | 20:29.36 |
| 14   |      | Lindsay Stassen   | St. Cloud St | 20:36.05 |
| 15   |      | Kelsey Barrett    | South Dakota | 20:39.09 |
| 16   |      | Samantha Bandstra | Dordt        | 20:39.49 |
| 17   |      | Alyssa Kinning    | Midland Univ | 20:50.74 |
| 18   |      | Kaylie Ogle       | Dordt        | 21:15.90 |
| 19   |      | Christine Keenan  | Midland Univ | 21:27.79 |
| 20   |      | Jessica Sawatzky  | Northwestern | 21:56.89 |
| 21   |      | Andrea Kontor     | Briar Cliff  | 21:59.47 |
| 22   |      | Megan Aschoff     | Briar Cliff  | 22:29.62 |
| 23   |      | Emily Nienhuis    | Northwestern | 23:48.14 |
| 24   |      | Corbie Bowen      | Iowa Western | 24:39.32 |

Women 10000 Meter Run

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NCAA Auto: A 34:37.00  
 NCAA Prov: P 36:45.00  
 Meet Record: M 36:15.97 3/30/2013 Amanda Vorthmann, Nebraska Oma

| Name | Year | School         | Finals       |          |
|------|------|----------------|--------------|----------|
| 1    |      | Lauren Opp     | Dordt        | 36:58.79 |
| 2    |      | Karen Mayfield | Mount Marty  | 39:26.35 |
| 3    |      | Brittane Wood  | SD School of | 41:53.11 |
| 4    |      | Haley Brunke   | Dakota Wesle | 42:18.76 |
| 5    |      | Lauren Pankow  | Concordia Un | 42:36.75 |
| 6    |      | Emily Clarkson | Iowa Western | 43:09.26 |
| 7    |      | Therese Frels  | SD School of | 46:15.01 |

Women 100 Meter Hurdles

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NCAA Auto: A 13.25

NCAA Prov: P 14.40

Meet Record: M 14.32 2008

Kylie Herian, Wayne State

| Name                      | Year | School       | Finals | Wind | H# |
|---------------------------|------|--------------|--------|------|----|
| 1 Karen Hutson            |      | Northwestern | 14.42  | 3.1  | 6  |
| 2 Tansha Clarke           |      | South Dakota | 14.94  | 3.1  | 6  |
| 3 Alexis Guhl             |      | Wayne State  | 15.22  | 3.1  | 6  |
| 4 Megan Svitak            |      | Wayne State  | 15.29  | 3.1  | 6  |
| 5 Kayla Knight Papaioanno |      | Midland Univ | 15.44  | 3.1  | 6  |
| 6 Ashley Thompson         |      | South Dakota | 15.51  | 3.1  | 6  |
| 7 Madeline Fluharty       |      | Northern Sta | 15.56  | 1.8  | 5  |
| 8 Tricia Watson           |      | South Dakota | 15.63  | 3.1  | 6  |
| 9 Cailyn Schreurs         |      | SD State     | 15.66  | 2.5  | 3  |
| 10 Ali Meister            |      | South Dakota | 15.77  | 1.8  | 5  |
| 11 Molly Ervin            |      | South Dakota | 15.80  | 3.1  | 6  |
| 12 Robyn Blount           |      | Dordt        | 15.95  | 1.8  | 5  |
| 13 DelRay Audet           |      | Minot State  | 16.24  | 1.9  | 4  |
| 14 Sara Simmons           |      | Concordia Un | 16.33  | 1.8  | 5  |
| 15 Calliann Brunswig      |      | Augustana (S | 16.36  | 1.8  | 5  |
| 16 Katie Atkins           |      | Morningside  | 16.38  | 2.5  | 3  |
| 17 Corby White            |      | Augustana (S | 16.39  | 1.9  | 4  |
| 18 Ericka Fischer         |      | Concordia Un | 16.51  | 1.6  | 2  |
| 19 Lydia Pomerence        |      | Concordia Un | 16.66  | 1.8  | 5  |
| 20 Maddie Tomlinson       |      | Morningside  | 16.71  | 1.6  | 2  |
| 21 Miranda Brower         |      | Northern Sta | 17.00  | 1.6  | 2  |
| 22 Lori Foltz             |      | SD State     | 17.14  | 2.5  | 3  |
| 23 Briquelle Bowden       |      | South Dakota | 17.21  | 1.8  | 5  |
| 24 Paige Getz             |      | Concordia Un | 17.30  | 1.9  | 4  |
| 25 Shelby Stolze          |      | Concordia Un | 17.37  | 1.9  | 4  |
| 26 Abigail Stevens        |      | Northwestern | 17.38  | 2.5  | 3  |
| 27 Sarah Wedel            |      | Northwestern | 17.58  | 1.6  | 2  |
| 28 Kim Kroeze             |      | Dordt        | 17.78  | 1.8  | 5  |
| 29 Kierstyn Besel         |      | Concordia Un | 17.90  | 1.6  | 2  |
| 30 Alayna Daberkow        |      | Concordia Un | 17.94  | 2.5  | 3  |
| 31 Karissa Segelke        |      | Concordia Un | 17.99  | 2.5  | 3  |
| 32 Cierra Jones           |      | Iowa Western | 18.38  | 2.5  | 1  |
| 33 Melissa Barella        |      | Augustana (S | 18.87  | 2.5  | 3  |
| 34 Jorriel Stewart        |      | Iowa Western | 18.94  | 2.5  | 1  |
| 35 Montana Hayes          |      | Concordia Un | 19.98  | 1.9  | 4  |

Women 400 Meter Hurdles

NCAA Auto: A 59.58

NCAA Prov: P 1:02.75

Meet Record: M 1:02.76 2005

Amber Stoltenburg, USD

| Name                | Year | School       | Finals  | H# |
|---------------------|------|--------------|---------|----|
| 1 Kayla Mescher     |      | Augustana (S | 1:04.16 | 5  |
| 2 Hannah Treinen    |      | Northern Sta | 1:04.94 | 5  |
| 3 Lori Foltz        |      | SD State     | 1:05.44 | 5  |
| 4 Kati Nelson       |      | South Dakota | 1:07.09 | 3  |
| 5 DelRay Audet      |      | Minot State  | 1:07.43 | 4  |
| 6 Rebecca Davenport |      | Wayne State  | 1:07.73 | 5  |
| 7 Alayna Daberkow   |      | Concordia Un | 1:08.22 | 3  |
| 8 Marti Vlasin      |      | Concordia Un | 1:08.73 | 5  |
| 9 Jessie Hamman     |      | Morningside  | 1:08.86 | 4  |

|    |                   |              |         |   |
|----|-------------------|--------------|---------|---|
| 10 | Elizabeth Pille   | Wayne State  | 1:09.25 | 4 |
| 11 | Molly Ervin       | South Dakota | 1:09.50 | 3 |
| 12 | Breanne Sherlock  | Minot State  | 1:09.62 | 4 |
| 13 | Ashley Thompson   | South Dakota | 1:10.77 | 2 |
| 14 | Sarah Wedel       | Northwestern | 1:11.27 | 3 |
| 15 | Molly Wynn        | Northern Sta | 1:11.72 | 3 |
| 16 | Lauren Hill       | South Dakota | 1:11.95 | 2 |
| 17 | Shelby Stolze     | Concordia Un | 1:12.16 | 2 |
| 18 | Katie Atkins      | Morningside  | 1:12.94 | 3 |
| 19 | Maddie Tomlinson  | Morningside  | 1:12.96 | 4 |
| 20 | Miranda Brower    | Northern Sta | 1:13.09 | 4 |
| 21 | Kim Kroeze        | Dordt        | 1:13.13 | 5 |
| 22 | Kara Homandberg   | South Dakota | 1:13.31 | 2 |
| 23 | Kierstyn Besel    | Concordia Un | 1:13.59 | 2 |
| 24 | Regina Steffen    | Northwestern | 1:13.64 | 2 |
| 25 | Jessica Neises    | Dakota Wesle | 1:13.76 | 1 |
| 26 | Ericka Fischer    | Concordia Un | 1:13.81 | 1 |
| 27 | Alexandria Kolpin | Concordia Un | 1:14.24 | 1 |
| 28 | Marisela Gonzales | Iowa Western | 1:17.77 | 1 |
| 29 | Lynelle De Bruin  | Dordt        | 1:18.03 | 3 |

#### Women 3000 Meter Steeplechase

=====

NCAA Auto: A 10:25.00  
 NCAA Prov: P 11:15.00  
 Meet Record: M 11:27.10 3/31/2012 Megan Zavorka, Unattached

| Name | Year | School          | Finals                |
|------|------|-----------------|-----------------------|
| 1    |      | Nicole Ausborn  | Morningside 11:53.02  |
| 2    |      | Jordyn Visscher | Dordt 11:56.77        |
| 3    |      | Renee Williams  | Concordia Un 12:01.79 |
| 4    |      | Erika Schroeder | Concordia Un 12:15.85 |
| 5    |      | Megan Burma     | Concordia Un 12:34.63 |
| 6    |      | Amber Sandbulte | Northwestern 12:44.23 |
| 7    |      | Haley Harpham   | Concordia Un 13:32.39 |

#### Women 4x100 Meter Relay

=====

NCAA Auto: A 45.30  
 NCAA Prov: P 47.11  
 Meet Record: M 47.08 3/31/2012 South Dakota, South Dakota  
 C Roberts, A Huschle, A Sveum, G Williams

| School | Finals                   | H#                  |
|--------|--------------------------|---------------------|
| 1      | Iowa Western 'A'         | 47.86 2             |
|        | 1) Cierra Jones          | 2) Anika Charles    |
|        | 3) Khadesha James        | 4) Tiffany Barnes   |
| 2      | St. Cloud State Univ 'A' | 48.69 2             |
|        | 1) Patience Yalartai     | 2) Jasmine Grant    |
|        | 3) Alicia Evans          | 4) Jenny Gilbreath  |
| 3      | South Dakota 'A'         | 49.52 1             |
|        | 1) Courtney Albrecht     | 2) Ravan Kott       |
|        | 3) Tansha Clarke         | 4) Molly Ervin      |
| 4      | Northwestern (Ia) 'A'    | 50.34 1             |
|        | 1) Aubrey Lindgren       | 2) Ashley Schneider |
|        | 3) Emily Culver          | 4) Jahdai Dunk      |
| 5      | St. Cloud State Univ 'B' | 50.62 2             |



|                             |                             |       |   |
|-----------------------------|-----------------------------|-------|---|
| 1) Heather Landwehr         | 2) Kristen Wendt            |       |   |
| 3) GaBrina Cornelious       | 4) Alicia Lipka             |       |   |
| 6 Northern State 'A'        |                             | 50.68 | 2 |
| 1) Elizabeth Raecke         | 2) Madeline Fluharty        |       |   |
| 3) Leandra Schlecht         | 4) Makenzie Hageman         |       |   |
| 7 Dordt 'A'                 |                             | 50.91 | 2 |
| 1) Kelli Boer               | 2) Marisa Broersma          |       |   |
| 3) Sarah Faber              | 4) Robyn Blount             |       |   |
| 8 Briar Cliff 'A'           |                             | 51.77 | 1 |
| 1) Beccy Dodunski           | 2) Gina Sementa             |       |   |
| 3) Rachel Hunt              | 4) Jodi Roth                |       |   |
| 9 Dordt 'B'                 |                             | 52.05 | 1 |
| 1) Siera Wilgenburg         | 2) Christy Heidema          |       |   |
| 3) Kate Van Gilst           | 4) Kim Kroeze               |       |   |
| 10 Concordia University 'A' |                             | 52.32 | 1 |
| -- Midland Univ 'A'         |                             | DNF   | 2 |
| 1) Samantha Garrison        | 2) Kayla Knight Papaioannou |       |   |
| 3) Malika McPheters         | 4) Brandy Anderson          |       |   |
| -- Augustana (Sd) 'A'       |                             | DQ    | 2 |
| 1) Kyerra Titus-Baer        | 2) Laura Popanz             |       |   |
| 3) Janelle Paulson          | 4) Carina Hofmeister        |       |   |
| -- Concordia University 'B' |                             | DQ    | 1 |

Women 4x400 Meter Relay

|                            |                     |         |     |
|----------------------------|---------------------|---------|-----|
| =====                      |                     |         |     |
| NCAA Auto: A               | 3:41.71             |         |     |
| NCAA Prov: P               | 3:49.00             |         |     |
| Meet Record: M             | 3:48.39             | 2005    | USD |
| School                     |                     | Finals  | H#  |
| =====                      |                     |         |     |
| 1 Augustana (Sd) 'A'       |                     | 3:56.40 | 3   |
| 1) Kayla Mescher           | 2) Anne Parsley     |         |     |
| 3) Charissa Etrheim        | 4) Colleen Everson  |         |     |
| 2 Iowa Western 'A'         |                     | 3:57.72 | 3   |
| 1) Anika Charles           | 2) Khadesha James   |         |     |
| 3) Cierra Jones            | 4) Petrene Plummer  |         |     |
| 3 Northwestern (Ia) 'A'    |                     | 4:00.41 | 3   |
| 1) Megan Walhof            | 2) Emily Culver     |         |     |
| 3) Karen Hutson            | 4) Lauren Spranger  |         |     |
| 4 Dordt 'A'                |                     | 4:01.04 | 3   |
| 1) Robyn Blount            | 2) Siera Wilgenburg |         |     |
| 3) Marisa Broersma         | 4) Katie Bonnema    |         |     |
| 5 Northern State 'A'       |                     | 4:08.16 | 2   |
| 1) Molly Wynn              | 2) Elizabeth Raecke |         |     |
| 3) Sami Smith              | 4) Hannah Treinen   |         |     |
| 6 Morningside 'A'          |                     | 4:08.42 | 2   |
| 1) Neeia Cooperwood        | 2) Tori Figge       |         |     |
| 3) Jen Petsche             | 4) Shelby Hall      |         |     |
| 7 St. Cloud State Univ 'A' |                     | 4:09.23 | 3   |
| 1) Laure Olson             | 2) Jasmine Grant    |         |     |
| 3) Jenny Gilbreath         | 4) Alicia Evans     |         |     |
| 8 Wayne State College 'A'  |                     | 4:11.87 | 2   |
| 1) Elizabeth Pille         | 2) Danielle Hart    |         |     |
| 3) Rebecca Davenport       | 4) Ellen Wulf       |         |     |
| 9 Dordt 'B'                |                     | 4:14.16 | 2   |
| 1) Kelsey Lewis            | 2) Kim Kroeze       |         |     |
| 3) Lillie Koerner          | 4) Justine Van Zee  |         |     |

|    |                         |                      |         |   |
|----|-------------------------|----------------------|---------|---|
| 10 | Morningside 'B'         |                      | 4:22.41 | 1 |
|    | 1) Maddie Tomlinson     | 2) Tori Pothast      |         |   |
|    | 3) Taylor Hudson        | 4) Jessie Hamman     |         |   |
| 11 | Northern State 'B'      |                      | 4:23.94 | 1 |
|    | 1) Madeline Fluharty    | 2) Miranda Brower    |         |   |
|    | 3) Karly Dehn           | 4) Kendra Woytassek  |         |   |
| 12 | Mount Marty College 'A' |                      | 4:24.90 | 1 |
|    | 1) Caitlin Davis        | 2) Jordyn Hudelson   |         |   |
|    | 3) Berkley Rietveld     | 4) Mandy O'Malley    |         |   |
| 13 | Northwestern (Ia) 'B'   |                      | 4:27.04 | 2 |
|    | 1) Sarah Wedel          | 2) Jackie Niewenhuis |         |   |
|    | 3) Callie Buske         | 4) Regina Steffen    |         |   |
| 14 | Morningside 'D'         |                      | 4:28.94 | 1 |
|    | 1) Ariel Turnquist      | 2) Nicole Ausborn    |         |   |
|    | 3) Tiffany Shepherd     | 4) Allison Schreiner |         |   |
| 15 | Northwestern (Ia) 'C'   |                      | 4:33.79 | 1 |
|    | 1) Dawn Gildersleeve    | 2) Amber Sandbulte   |         |   |
|    | 3) Karissa De Jong      | 4) Sarah Wittenberg  |         |   |
| 16 | Dordt 'C'               |                      | 4:36.13 | 2 |
|    | 1) Lynelle De Bruin     | 2) Kayla Byl         |         |   |
|    | 3) Jordyn Visscher      | 4) Kaylie Ogle       |         |   |
| 17 | Morningside 'E'         |                      | 4:51.58 | 1 |
|    | 1) Mariah Wills         | 2) Elizabeth Kube    |         |   |
|    | 3) Cassie Burnside      | 4) Tasha Lechtenberg |         |   |

#### Women High Jump

|   |      |                    |              |                |
|---|------|--------------------|--------------|----------------|
| =====   |      |                    |              |                |
| NCAA Auto: A 1.78m                                    |      |                    |              |                |
| NCAA Prov: P 1.68m                                    |      |                    |              |                |
| Meet Record: M 1.76m 3/30/2013 Mary Wirth, Unattached |      |                    |              |                |
| Name  | Year | School             | Finals       |                |
| =====   |      |                    |              |                |
| 1   |      | Gena Burley        | Northern Sta | 1.60m 5-03.00  |
| 2   |      | Khadesha James     | Iowa Western | 1.55m 5-01.00  |
| 3   |      | Julia Hauser       | Midland Univ | J1.55m 5-01.00 |
| 3   |      | Briquelle Bowden   | South Dakota | J1.55m 5-01.00 |
| 5   |      | Mycah Hulst        | Dordt        | J1.55m 5-01.00 |
| 6   |      | Caitlin Casey      | Morningside  | 1.50m 4-11.00  |
| 6   |      | Christine Campbell | Augustana (S | 1.50m 4-11.00  |
| 8   |      | Hannah Treinen     | Northern Sta | J1.50m 4-11.00 |
| 9   |      | Sierra Kloth       | Mount Marty  | J1.50m 4-11.00 |
| 10  |      | Megan Svitak       | Wayne State  | J1.50m 4-11.00 |
| 11  |      | Kylie Baas         | St. Cloud St | 1.45m 4-09.00  |
| 11  |      | Melissa Barella    | Augustana (S | 1.45m 4-09.00  |
| 11  |      | Rachel Sakry       | St. Cloud St | 1.45m 4-09.00  |
| 11  |      | Paige Getz         | Concordia Un | 1.45m 4-09.00  |
| 11  |      | Madison Fopma      | Dordt        | 1.45m 4-09.00  |
| 11  |      | Cailyn Schreurs    | SD State     | 1.45m 4-09.00  |
| 11  |      | Monique Mack       | SD State     | 1.45m 4-09.00  |
| 18  |      | Lauren Bobst       | Augustana (S | J1.45m 4-09.00 |
| 18  |      | Mykaela Hughes     | Mount Marty  | J1.45m 4-09.00 |
| --  |      | Abigail Stevens    | Northwestern | NH             |
| --  |      | Christina Jellen   | Unattached   | NH             |
| --  |      | Kendra Coslor      | Iowa Western | NH             |
| --  |      | Ellen Wulf         | Wayne State  | NH             |

#### Women Pole Vault

=====

NCAA Auto: A 4.05m  
 NCAA Prov: P 3.57m  
 Meet Record: M 3.73m 2005 Marci Miller, USD

| Name                 | Year | School       | Finals |          |
|----------------------|------|--------------|--------|----------|
| 1 Rianne Gross       |      | Concordia Un | 3.20m  | 10-06.00 |
| 2 Breanne Heidema    |      | Dordt        | 3.05m  | 10-00.00 |
| 2 Carmen Johnson     |      | St. Cloud St | 3.05m  | 10-00.00 |
| 2 Logan Amdahl       |      | SD State     | 3.05m  | 10-00.00 |
| 2 Samantha Garrison  |      | Midland Univ | 3.05m  | 10-00.00 |
| 6 Courtney Trapp     |      | SD State     | 2.90m  | 9-06.25  |
| 6 Alyssa Schmidt     |      | Augustana (S | 2.90m  | 9-06.25  |
| 8 Stephanie Aurich   |      | Concordia Un | 2.60m  | 8-06.25  |
| -- Ariana Arampatzis |      | Dakota Wesle | NH     |          |
| -- Elizabeth Molitor |      | SD State     | NH     |          |
| -- Fallon Kostbahn   |      | Concordia Un | NH     |          |
| -- Shelby Yelden     |      | Concordia Un | NH     |          |
| -- Kellie Fegter     |      | Concordia Un | NH     |          |
| -- Dominique Swanson |      | Morningside  | NH     |          |
| -- Cody Manfull      |      | Northwestern | NH     |          |
| -- Callie Walker     |      | Midland Univ | NH     |          |

Women Long Jump

=====

NCAA Auto: A 6.15m  
 NCAA Prov: P 5.70m  
 Meet Record: M 6.15m 3/30/2013 Sami Spenner, Nebraska Oma

| Name                 | Year | School       | Finals | Wind |          |
|----------------------|------|--------------|--------|------|----------|
| 1 Karen Hutson       |      | Northwestern | 5.79mP | NWI  | 19-00.00 |
| 2 Allannah McCorkle  |      | Iowa Western | 5.67m  | NWI  | 18-07.25 |
| 2 Colleen Everson    |      | Augustana (S | 5.67m  | NWI  | 18-07.25 |
| 4 Kamara Avant       |      | Iowa Western | 5.36m  | NWI  | 17-07.00 |
| 5 Abbey VanDenBerg   |      | Mount Marty  | 5.32m  | NWI  | 17-05.50 |
| 6 Christy Heidema    |      | Dordt        | 5.27m  | NWI  | 17-03.50 |
| 7 Katie Tonner       |      | Augustana (S | 5.21m  | NWI  | 17-01.25 |
| 8 Malika McPheters   |      | Midland Univ | 5.20m  | NWI  | 17-00.75 |
| 9 Laure Olson        |      | St. Cloud St | 5.11m  | NWI  | 16-09.25 |
| 9 Lydia Pomerence    |      | Concordia Un | 5.11m  | NWI  | 16-09.25 |
| 11 Ali Meister       |      | South Dakota | 5.09m  | NWI  | 16-08.50 |
| 11 Janelle Paulson   |      | Augustana (S | 5.09m  | NWI  | 16-08.50 |
| 13 Paige Hemmer      |      | Concordia Un | 5.06m  | NWI  | 16-07.25 |
| 14 Mary Roy          |      | Minot State  | 5.05m  | NWI  | 16-07.00 |
| 15 Briquelle Bowden  |      | South Dakota | 5.04m  | NWI  | 16-06.50 |
| 16 Calliann Brunswig |      | Augustana (S | 5.02m  | NWI  | 16-05.75 |
| 17 Holly Hegge       |      | Mount Marty  | 5.01m  | NWI  | 16-05.25 |
| 18 Miranda Brower    |      | Northern Sta | 4.98m  | NWI  | 16-04.25 |
| 19 Sarah Faber       |      | Dordt        | 4.96m  | NWI  | 16-03.25 |
| 20 Madeline Fluharty |      | Northern Sta | 4.92m  | NWI  | 16-01.75 |
| 20 Rachael Johnson   |      | South Dakota | 4.92m  | NWI  | 16-01.75 |
| 22 Katy Hart         |      | Northwestern | 4.90m  | NWI  | 16-01.00 |
| 23 Sidney Blum       |      | Wayne State  | 4.89m  | NWI  | 16-00.50 |
| 24 Sara Simmons      |      | Concordia Un | 4.88m  | NWI  | 16-00.25 |
| 25 Allie Helterbran  |      | Minot State  | 4.87m  | NWI  | 15-11.75 |
| 26 Marisaa Fallesen  |      | South Dakota | 4.85m  | NWI  | 15-11.00 |
| 27 Morgan Swanson    |      | Wayne State  | 4.79m  | NWI  | 15-08.75 |

|    |                    |              |       |     |          |
|----|--------------------|--------------|-------|-----|----------|
| 28 | Christina Jellen   | Unattached   | 4.78m | NWI | 15-08.25 |
| 29 | Amanda Dill        | Briar Cliff  | 4.72m | NWI | 15-06.00 |
| 30 | Caitlin Davis      | Mount Marty  | 4.70m | NWI | 15-05.00 |
| 30 | Tracy Peitz        | Concordia Un | 4.70m | NWI | 15-05.00 |
| 32 | L'Tanya Flythe     | Minot State  | 4.69m | NWI | 15-04.75 |
| 32 | Natalie Van Essen  | Dordt        | 4.69m | NWI | 15-04.75 |
| 34 | Emily Haase        | South Dakota | 4.67m | NWI | 15-04.00 |
| 35 | Sadie Fedor        | Mount Marty  | 4.66m | NWI | 15-03.50 |
| 36 | Brianne Hofstetter | Unattached   | 4.65m | NWI | 15-03.25 |
| 37 | Kierstyn Besel     | Concordia Un | 4.64m | NWI | 15-02.75 |
| 38 | Melissa Barella    | Augustana (S | 4.62m | NWI | 15-02.00 |
| 39 | Lauren Bobst       | Augustana (S | 4.58m | NWI | 15-00.50 |
| 40 | Justine Twite      | South Dakota | 4.55m | NWI | 14-11.25 |
| 41 | Kendra Coslor      | Iowa Western | 4.54m | NWI | 14-10.75 |
| 42 | Ali Haines         | South Dakota | 4.53m | NWI | 14-10.50 |
| 43 | Sonya Hagberg      | Northwestern | 4.43m | NWI | 14-06.50 |
| 44 | Shekela Quarles    | Dakota Wesle | 4.38m | NWI | 14-04.50 |
| 45 | Jacie White        | Northwestern | 4.33m | NWI | 14-02.50 |
| 46 | Cailyn Schreurs    | SD State     | 4.29m | NWI | 14-01.00 |
| 47 | Karly Dehn         | Northern Sta | 4.25m | NWI | 13-11.50 |
| 48 | Michaela Schlecht  | Northern Sta | 4.13m | NWI | 13-06.75 |
| 49 | Monique Mack       | SD State     | 3.53m | NWI | 11-07.00 |

#### Women Triple Jump

=====  
 NCAA Auto: A 12.70m

NCAA Prov: P 11.75m

Meet Record: M 12.37m 3/30/2013 Sami Spenner, Nebraska Oma

| Name | Year School             | Finals       | Wind   |     |          |
|------|-------------------------|--------------|--------|-----|----------|
| 1    | Patience Yalartai       | St. Cloud St | 11.74m | 3.2 | 38-06.25 |
| 2    | Abbey VanDenBerg        | Mount Marty  | 11.18m | 3.5 | 36-08.25 |
| 3    | Christy Heidema         | Dordt        | 11.10m | 5.1 | 36-05.00 |
| 4    | Kayla Knight Papaioanno | Midland Univ | 11.02m | NWI | 36-02.00 |
| 5    | Katelyn Shoup           | Concordia Un | 10.92m | 4.2 | 35-10.00 |
| 6    | Brianne Hofstetter      | Unattached   | 10.63m | NWI | 34-10.50 |
| 7    | Paige Hemmer            | Concordia Un | 10.62m | NWI | 34-10.25 |
| 8    | Allie Helterbran        | Minot State  | 10.55m | 4.1 | 34-07.50 |
| 9    | Sidney Blum             | Wayne State  | 10.54m | 2.1 | 34-07.00 |
| 10   | Christine Campbell      | Augustana (S | 10.48m | NWI | 34-04.75 |
| 11   | Mary Roy                | Minot State  | 10.45m | NWI | 34-03.50 |
| 12   | Kaylynn Erlandson       | Augustana (S | 10.20m | NWI | 33-05.75 |
| 13   | Kirsten Noska           | Augustana (S | 10.15m | NWI | 33-03.75 |
| 14   | Emily Haase             | South Dakota | 10.02m | NWI | 32-10.50 |
| 15   | Sadie Fedor             | Mount Marty  | 10.00m | NWI | 32-09.75 |
| 16   | Ali Haines              | South Dakota | 9.90m  | NWI | 32-05.75 |
| 17   | Marisaa Fallesen        | South Dakota | 9.84m  | NWI | 32-03.50 |
| 18   | Abby Fossum             | Dakota Wesle | 9.61m  | NWI | 31-06.50 |
| 19   | Sarah Andersen          | Iowa Western | 9.37m  | NWI | 30-09.00 |
| 20   | Sonya Hagberg           | Northwestern | 8.94m  | NWI | 29-04.00 |
| --   | Maggie Thieler          | Morningside  | FOUL   |     |          |
| --   | Tascha Donnelly         | Briar Cliff  | FOUL   |     |          |
| --   | Malika McPheters        | Midland Univ | FOUL   |     |          |
| --   | Katie Ferguson          | South Dakota | FOUL   |     |          |
| --   | Ashley Thompson         | South Dakota | FOUL   |     |          |
| --   | Morgan Swanson          | Wayne State  | FOUL   |     |          |

Women Shot Put

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=====
NCAA Auto: A 14.90m
NCAA Prov: P 13.41m
Meet Record: M 14.75m 2005      Jacqueline Wells, Chadron State
Name                               Year School                       Finals
=====
 1 Sara Wells                       Wayne State                       14.73mP 48-04.00
 2 Danielle Waldner                 South Dakota                       13.92mP 45-08.00
 3 Cassandra Cardinal               St. Cloud St                      13.82mP 45-04.25
 4 Breanna Janovy                   South Dakota                       13.70mP 44-11.50
 5 Jessi Pongratz                   Wayne State                       13.58mP 44-06.75
 6 Meghan Dennis                    South Dakota                       13.55mP 44-05.50
 7 Kayla Johnson                    South Dakota                       13.37m  43-10.50
 8 Stephanie Coley                  Concordia Un                       13.33m  43-09.00
 9 Carly Fehringer                  Wayne State                       13.27m  43-06.50
10 Liz Thompson                     Omaha                              12.91m  42-04.25
11 Trisha Sumption                  SD State                           12.62m  41-05.00
12 Michaela Dendinger              Wayne State                       12.45m  40-10.25
13 Marissa Whipple                  USF                                12.34m  40-06.00
14 Kayla Lester                     South Dakota                       12.30m  40-04.25
15 Mariah Nelson                    Northern Sta                       12.13m  39-09.75
16 Kali Robb                        Concordia Un                       12.05m  39-06.50
17 Allison Shymkewicz              Briar Cliff                       12.03m  39-05.75
17 Hannah Steele                    USF                                12.03m  39-05.75
19 Amanda Poppen                    USF                                11.96m  39-03.00
20 Brittany Erdmann                 Concordia Un                       11.94m  39-02.25
21 Breann Jackson                   Northern Sta                       11.89m  39-00.25
22 Heather Clankie                  St. Cloud St                      11.82m  38-09.50
23 Cassidy Wright                   USF                                11.72m  38-05.50
24 Allison Cross                    Mount Marty                       11.68m  38-04.00
25 Jamie Crouse                     Concordia Un                       11.61m  38-01.25
26 Haley Hinseth                    USF                                11.58m  38-00.00
27 Autumn Schulz                    Northern Sta                       11.03m  36-02.25
28 Adrienne Bishop                  Northwestern                       11.01m  36-01.50
29 Kaylee McMacken                  USF                                10.99m  36-00.75
30 Taylor Woods                     Morningside                       10.92m  35-10.00
31 Stephanie Waletzko               St. Cloud St                      10.91m  35-09.50
32 Christina Vanderbyl              Northwestern                       10.90m  35-09.25
33 Ashley Ritter                    St. Cloud St                      10.82m  35-06.00
34 Hannah Shie                       Northwestern                       10.72m  35-02.00
35 Laure Olson                       St. Cloud St                      10.70m  35-01.25
36 Sophie Doeden                    Northern Sta                       10.46m  34-04.00
37 Indira Colon                     Iowa Western                       10.25m  33-07.50
38 M'Kay Knutson                    Iowa Western                       10.23m  33-06.75
39 Hannah McKelvey                  Briar Cliff                       9.91m  32-06.25
40 Alexis Mitchell                  Iowa Western                       9.73m  31-11.25
41 Jessica Fossum                   Dakota Wesle                       9.70m  31-10.00
42 Joanna Guhl                      Northwestern                       8.74m  28-08.25
-- Megan Hoelsing                   Midland Univ                       FOUL
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Women Discus Throw

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NCAA Auto: A 51.50m
NCAA Prov: P 43.65m
Meet Record: M 48.16m 3/31/2012  Brooke Garner, SD State
Name                               Year School                       Finals
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|    |                     |              |         |        |
|----|---------------------|--------------|---------|--------|
| 1  | Breanna Janovy      | South Dakota | 47.75mP | 156-08 |
| 2  | Sara Wells          | Wayne State  | 47.01mP | 154-03 |
| 3  | Katriccia Svoboda   | Concordia Un | 42.90m  | 140-09 |
| 4  | Becca Fischer       | SD State     | 42.24m  | 138-07 |
| 5  | Elysa Reinke        | South Dakota | 42.09m  | 138-01 |
| 6  | Jackie Brungardt    | Briar Cliff  | 41.82m  | 137-02 |
| 7  | Kae Januschka       | SD State     | 41.73m  | 136-11 |
| 8  | Kattie Cleveland    | Concordia Un | 40.67m  | 133-05 |
| 9  | Stephanie Coley     | Concordia Un | 40.48m  | 132-10 |
| 10 | Megan Hoelsing      | Midland Univ | 39.24m  | 128-09 |
| 11 | Brittany Erdmann    | Concordia Un | 39.09m  | 128-03 |
| 12 | Cassandra Cardinal  | St. Cloud St | 38.97m  | 127-10 |
| 13 | Emily Wells         | Wayne State  | 38.90m  | 127-07 |
| 14 | Heather Clankie     | St. Cloud St | 38.63m  | 126-09 |
| 15 | Kali Robb           | Concordia Un | 37.76m  | 123-11 |
| 16 | Mariah Nelson       | Northern Sta | 37.25m  | 122-02 |
| 17 | Liz Thompson        | Omaha        | 36.93m  | 121-02 |
| 18 | Kamilaha Vanterpool | Minot State  | 36.68m  | 120-04 |
| 19 | Kaylee Blake        | Briar Cliff  | 36.55m  | 119-11 |
| 20 | Hannah Steele       | USF          | 36.39m  | 119-05 |
| 21 | Sydney Meyer        | Concordia Un | 36.19m  | 118-09 |
| 22 | Hannah Shie         | Northwestern | 35.38m  | 116-01 |
| 23 | Bekah Mead          | Dordt        | 35.02m  | 114-11 |
| 24 | Callan Sawtelle     | USF          | 34.79m  | 114-02 |
| 25 | Allison Wiebe       | Concordia Un | 34.59m  | 113-06 |
| 26 | Kayla Lester        | South Dakota | 34.35m  | 112-08 |
| 27 | Arienne Gesell      | Northwestern | 34.15m  | 112-00 |
| 28 | Indira Colon        | Iowa Western | 34.03m  | 111-08 |
| 29 | Taylor Woods        | Morningside  | 32.95m  | 108-01 |
| 30 | Allison Cross       | Mount Marty  | 32.52m  | 106-08 |
| 31 | Amanda Poppen       | USF          | 32.14m  | 105-05 |
| 32 | Casey Schuster      | Morningside  | 32.11m  | 105-04 |
| 33 | Adrienne Bishop     | Northwestern | 32.09m  | 105-03 |
| 34 | Kelli Hoff          | USF          | 31.22m  | 102-05 |
| 35 | Kristine Dunker     | Midland Univ | 30.06m  | 98-07  |
| 36 | Christina Vanderbyl | Northwestern | 27.19m  | 89-02  |
| 37 | M'Kay Knutson       | Iowa Western | 25.05m  | 82-02  |
| 38 | Savannah Clapper    | Northwestern | 24.72m  | 81-01  |
| 39 | Brittany Austin     | Mount Marty  | 24.70m  | 81-00  |
| 40 | Joanna Guhl         | Northwestern | 19.79m  | 64-11  |
| -- | Stephanie Waletzko  | St. Cloud St | FOUL    |        |
| -- | Allison Shymkewicz  | Briar Cliff  | FOUL    |        |
| -- | Hannah McKelvey     | Briar Cliff  | FOUL    |        |
| -- | Haley Hinseth       | USF          | FOUL    |        |
| -- | Cassidy Wright      | USF          | FOUL    |        |
| -- | Michaela Dendinger  | Wayne State  | FOUL    |        |

Women Hammer Throw

| NCAA Auto: A 57.12m                                     |      |                 |             |                |
|---|------|-----------------|-------------|----------------|
| NCAA Prov: P 50.00m                                     |      |                 |             |                |
| Meet Record: M 60.28m 3/31/2012 Brooke Garner, SD State |      |                 |             |                |
| Name  | Year | School          | Finals      |                |
| =====   |      |                 |             |                |
| 1   |      | Carly Fehringer | Wayne State | 59.71mA 195-11 |
| 2   |      | Emily Wells     | Wayne State | 51.27mP 168-02 |

|    |                     |              |         |        |
|----|---------------------|--------------|---------|--------|
| 3  | Jamie Crouse        | Concordia Un | 50.21mP | 164-09 |
| 4  | Sara Wells          | Wayne State  | 49.08m  | 161-00 |
| 5  | Jessi Pongratz      | Wayne State  | 48.90m  | 160-05 |
| 6  | Mackenzie Masching  | Wayne State  | 48.73m  | 159-10 |
| 7  | Megan Hoelsing      | Midland Univ | 47.96m  | 157-04 |
| 8  | Breann Jackson      | Northern Sta | 46.71m  | 153-03 |
| 9  | Trisha Sumption     | SD State     | 45.80m  | 150-03 |
| 10 | Kyndra Sturm        | Wayne State  | 45.15m  | 148-01 |
| 11 | Elizabeth King      | Concordia Un | 45.04m  | 147-09 |
| 12 | Brittany Erdmann    | Concordia Un | 44.51m  | 146-00 |
| 13 | Kamilaha Vanterpool | Minot State  | 44.19m  | 145-00 |
| 14 | Kattie Cleveland    | Concordia Un | 44.18m  | 144-11 |
| 15 | Nicole Perry        | Concordia Un | 43.13m  | 141-06 |
| 16 | Becca Fischer       | SD State     | 42.47m  | 139-04 |
| 17 | Michaela Dendinger  | Wayne State  | 42.10m  | 138-01 |
| 18 | Ashley Ritter       | St. Cloud St | 41.51m  | 136-02 |
| 19 | Stephanie Coley     | Concordia Un | 41.40m  | 135-10 |
| 20 | Ariel Gass          | Morningside  | 40.58m  | 133-02 |
| 21 | Adrienne Bishop     | Northwestern | 40.32m  | 132-03 |
| 22 | Sydney Meyer        | Concordia Un | 40.20m  | 131-11 |
| 23 | Mariah Nelson       | Northern Sta | 39.60m  | 129-11 |
| 24 | Kae Januschka       | SD State     | 38.99m  | 127-11 |
| 25 | Kali Robb           | Concordia Un | 38.44m  | 126-01 |
| 26 | Heather Clankie     | St. Cloud St | 38.06m  | 124-10 |
| 27 | Stephanie Waletzko  | St. Cloud St | 37.61m  | 123-05 |
| 28 | Liz Thompson        | Omaha        | 37.23m  | 122-02 |
| 29 | Autumn Schulz       | Northern Sta | 36.01m  | 118-02 |
| 30 | Taylor Woods        | Morningside  | 35.73m  | 117-03 |
| 31 | Katricia Svoboda    | Concordia Un | 35.63m  | 116-11 |
| 32 | Sophie Doeden       | Northern Sta | 30.20m  | 99-01  |
| -- | Amy Wockenfuss      | Northern Sta | FOUL    |        |
| -- | Allison Wiebe       | Concordia Un | FOUL    |        |
| -- | Megan Adams         | Omaha        | FOUL    |        |
| -- | Tessa Ives          | Unattached   | FOUL    |        |
| -- | Elysa Reinke        | South Dakota | FOUL    |        |
| -- | Kristine Dunker     | Midland Univ | FOUL    |        |
| -- | Alexis Mitchell     | Iowa Western | FOUL    |        |
| -- | Savannah Clapper    | Northwestern | FOUL    |        |
| -- | Allison Cross       | Mount Marty  | FOUL    |        |
| -- | Bekah Mead          | Dordt        | FOUL    |        |
| -- | Anna Krygsheld      | Dordt        | FOUL    |        |
| -- | M'Kay Knutson       | Iowa Western | FOUL    |        |
| -- | Indira Colon        | Iowa Western | FOUL    |        |

Women Javelin Throw

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NCAA Auto: A 46.50m  
NCAA Prov: P 40.00m  
Meet Record: M 44.34m 2007 Shaneaka Parkes, USD

| Name | Year | School       | Finals  |        |
|------|------|--------------|---------|--------|
| 1    |      | Concordia Un | 47.49mA | 155-10 |
| 2    |      | Northern Sta | 45.12mM | 148-00 |
| 3    |      | South Dakota | 42.15mP | 138-03 |
| 4    |      | South Dakota | 37.99m  | 124-08 |
| 5    |      | Augustana (S | 37.53m  | 123-01 |
| 6    |      | Morningside  | 35.62m  | 116-10 |

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|    |                     |              |        |        |
|----|---------------------|--------------|--------|--------|
| 7  | Nicole Perry        | Concordia Un | 34.18m | 112-02 |
| 8  | Rachel Vankempen    | Dordt        | 33.51m | 109-11 |
| 9  | Brittany Carman     | Dordt        | 33.22m | 109-00 |
| 10 | Erin Ellinger       | SD State     | 32.89m | 107-11 |
| 11 | Ariel Gass          | Morningside  | 32.52m | 106-08 |
| 12 | Julia Hauser        | Midland Univ | 32.40m | 106-03 |
| 13 | Amelia Miller       | South Dakota | 32.35m | 106-02 |
| 14 | Sara Simmons        | Concordia Un | 32.04m | 105-01 |
| 15 | Christina Vanderbyl | Northwestern | 31.55m | 103-06 |
| 16 | Karly Sifferath     | South Dakota | 31.25m | 102-06 |
| 17 | Katriccia Svoboda   | Concordia Un | 31.17m | 102-03 |
| 18 | Becca Fischer       | SD State     | 30.90m | 101-04 |
| 19 | Brittany Austin     | Mount Marty  | 29.12m | 95-06  |
| 20 | Ariana Arampatzis   | Dakota Wesle | 28.97m | 95-00  |
| 21 | Lydia Pomerence     | Concordia Un | 28.64m | 93-11  |
| 22 | Hannah McKelvey     | Briar Cliff  | 28.56m | 93-08  |
| 23 | Madison Fisher      | Morningside  | 28.55m | 93-08  |
| 24 | Jackie Brungardt    | Briar Cliff  | 28.45m | 93-04  |
| 25 | Kayla Holtgrewe     | Briar Cliff  | 27.94m | 91-08  |
| 26 | Caitlin Casey       | Morningside  | 27.30m | 89-07  |
| 27 | Sarah Andersen      | Iowa Western | 27.20m | 89-03  |
| 28 | Shatice Archie      | South Dakota | 27.18m | 89-02  |
| 29 | Lauren Bobst        | Augustana (S | 26.85m | 88-01  |
| 30 | Sydney Meyer        | Concordia Un | 26.47m | 86-10  |
| 31 | Christina Jellen    | Unattached   | 26.28m | 86-03  |
| 32 | Abigail Stevens     | Northwestern | 25.90m | 85-00  |
| 33 | Anna Kolasch        | Mount Marty  | 24.70m | 81-00  |
| 34 | Allison Wiebe       | Concordia Un | 24.61m | 80-09  |
| 35 | Hannah Shie         | Northwestern | 23.16m | 76-00  |
| 36 | Joanna Guhl         | Northwestern | 22.81m | 74-10  |
| 37 | Savannah Clapper    | Northwestern | 18.82m | 61-09  |
| 38 | Melissa Barella     | Augustana (S | 18.01m | 59-01  |
| -- | Emily Holz          | Dordt        | FOUL   |        |
| -- | Nicole Lamplot      | Iowa Western | FOUL   |        |