

Women 60 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Cooperwood, Neeia	Morningside	7.80Q	1
2 Mills, Courtney	Hastings	7.81Q	2
3 Leichleiter, Michelle	Hastings	7.83Q	3
4 Parnell, Porche	Hastings	7.96q	1
5 Dunk, Jahdai	Northwestern	7.98q	3
6 Brannagan, Kalli	Doane	8.00q	2
7 Dublin, Tahja	Hastings	8.06q	3
8 Young, Curiosity	Concordia	8.14q	1
9 Wietzki, Jordan	Doane	8.16	2
10 Lindgren, Aubrey	Northwestern	8.20	1
11 Vermeer, Jana	Northwestern	8.22	2
12 Beune, Christine	Concordia	8.27	3 8.261
13 Faber, Sarah	Dordt	8.27	1 8.263
14 Culver, Emily	Northwestern	8.27	2 8.266
15 Sementa, Gina	Briar Cliff	8.27	3 8.270
16 Hunt, Rachel	Briar Cliff	8.35	2
17 Schneider, Ashley	Northwestern	8.37	3
18 Van Gilst, Kate	Dordt	8.38	1
19 VanDenBerg, Abbey	Mount Marty	8.54	3

Women 60 Meter Dash

Name	Year School	Finals
Finals		
1 Cooperwood, Neeia	Morningside	7.70
2 Leichleiter, Michelle	Hastings	7.75
3 Mills, Courtney	Hastings	7.80
4 Parnell, Porche	Hastings	8.00
5 Brannagan, Kalli	Doane	8.03
6 Dunk, Jahdai	Northwestern	8.07
7 Dublin, Tahja	Hastings	8.08
8 Young, Curiosity	Concordia	8.13

Women 200 Meter Dash

Name	Year School	Finals	H#
1 Cooperwood, Neeia	Morningside	24.86	4
2 Farquharson, Sandrae	Doane	24.98	4
3 Mills, Courtney	Hastings	25.94	4
4 Parnell, Porche	Hastings	26.09	4
5 Gokie, Kylie	Doane	26.31	2
6 Bramhall, Rachel	Doane	26.31	3
7 Broersma, Marisa	Dordt	26.61	3
8 Brannagan, Kalli	Doane	26.73	3
9 Wietzki, Jordan	Doane	26.78	2
10 Krick, Katie	Neb Wesleyan	26.86	3
11 Young, Curiosity	Concordia	27.06	1
12 Steckelberg, Ashton	Neb Wesleyan	27.11	2
13 Dublin, Tahja	Hastings	27.18	2
14 Lindgren, Aubrey	Northwestern	27.63	2
15 Schneider, Ashley	Northwestern	27.67	1

16 Faber, Sarah	Dordt	27.75	1
17 Johnson, Ali	Hastings	27.93	1
18 Sementa, Gina	Briar Cliff	27.93	1

Women 400 Meter Dash

Name	Year School	Finals	H#
1 Farquharson, Sandrae	Doane	56.24	3
2 Cooperwood, Neeia	Morningside	58.39	3
3 Parnell, Porche	Hastings	58.97	3
4 Spranger, Lauren	Northwestern	59.30	3
5 Walhof, Megan	Northwestern	59.54	3
6 Wilgenburg, Siera	Dordt	59.91	3
7 Krick, Katie	Neb Wesleyan	59.99	2
8 Kroll, Melissa	Midland	1:01.10	2
9 Klein, Erin	Doane	1:01.24	2
10 Hamman, Jessie	Morningside	1:01.99	2
11 Janzen, Randi	Concordia	1:02.88	2
12 Norman-Kolling, Candace	Concordia	1:03.65	1
13 Elbert, Talitha	Concordia	1:03.71	1
14 Beune, Christine	Concordia	1:04.01	2
15 Plunk, Marielle	Concordia	1:04.04	1
16 Stolze, Shelby	Concordia	1:05.39	1
17 Davis, Caitlin	Mount Marty	1:05.87	1
18 Jochimsen, Melanie	Concordia	1:06.69	1

Women 600 Meter Run

Name	Year School	Finals	H#
1 Bonnema, Katie	Dordt	1:35.98	3
2 Hunke, Abbie	Neb Wesleyan	1:37.37	3
3 Specht, Jayna	Briar Cliff	1:38.39	3
4 Schutt, Casarah	Doane	1:38.49	3
5 Wright, Lacey	Doane	1:38.59	3
6 Holtmeier, Sydney	Doane	1:40.00	3
7 Vlasin, Marti	Concordia	1:42.40	2
8 Hirsch, Bailey	Doane	1:42.41	2
9 Baehr, Tanel	Concordia	1:43.15	2
10 Brockhaus, Breanna	Concordia	1:43.89	1
11 Dyas, Erin	Doane	1:44.39	2
12 Pothast, Tori	Morningside	1:44.45	2
13 Buske, Callie	Northwestern	1:46.41	2
14 Kolpin, Alexandria	Concordia	1:50.61	1
15 Neises, Jessica	Dak Wesleyan	1:50.87	1
16 Davis, Caitlin	Mount Marty	1:57.79	1

Women 800 Meter Run

Name	Year School	Finals	H#
1 Bonnema, Katie	Dordt	2:17.36	3
2 Sughroue, Jessa	Doane	2:17.73	3
3 Williams, Jenean	Concordia	2:18.25	3
4 Koerner, Lillie	Dordt	2:18.59	3
5 Lewis, Kelsey	Dordt	2:20.21	3
6 Byl, Kayla	Dordt	2:21.63	3
7 Petsche, Jen	Morningside	2:21.90	2
8 Schroeder, Erika	Concordia	2:24.17	2
9 Figge, Tori	Morningside	2:25.19	2
10 Drake, Katie	Doane	2:25.72	2
11 Steinbacher, Angela	Concordia	2:29.35	2

12	Hudson, Taylor	Morningside	2:29.72	2
13	Hudelson, Jordyn	Mount Marty	2:32.53	1
14	Brockhaus, Breanna	Concordia	2:33.99	1
15	Swenson, Mallory	Doane	2:34.87	1
16	Rietveld, Berkley	Mount Marty	2:36.34	1
17	Neises, Jessica	Dak Wesleyan	2:40.84	1
18	Rasmussen, Elizabeth	Concordia	2:41.76	1

Women 1000 Meter Run

Name	Year School	Finals	H#	
1	Wood, Kimberly	Concordia	2:59.70	2
2	Gildersleeve, Dawn	Northwestern	3:01.86	2
3	Moore, Marissa	Doane	3:02.06	2
4	DeWispelare, Marissa	Doane	3:03.30	2
5	Van Zee, Justine	Dordt	3:07.31	2
6	Visscher, Jordyn	Dordt	3:09.47	2
7	De Vries, Abby	Dordt	3:09.59	2
8	Forgey, Skylar	Dak Wesleyan	3:11.18	2
9	Hall, Shelby	Morningside	3:11.88	2
10	O'Malley, Mandy	Mount Marty	3:14.60	1
11	Hart, Anna	Morningside	3:14.80	1
12	Lenners, Morgan	Neb Wesleyan	3:15.85	1
13	Larson, Bethany	Morningside	3:18.94	1
14	Turnquist, Ariel	Morningside	3:19.20	1
15	Thurman, Kelley	Northwestern	3:25.07	1
16	Hudelson, Jordyn	Mount Marty	3:26.93	1
17	Rietveld, Berkley	Mount Marty	3:32.03	1
18	Fiala, Paxton	Hastings	3:35.65	1

Women 1 Mile Run

Name	Year School	Finals	H#	
1	Wood, Kimberly	Concordia	5:09.99	2
2	De Vries, Abby	Dordt	5:11.56	2
3	DeWispelare, Marissa	Doane	5:15.08	2
4	Sughroue, Jessa	Doane	5:16.04	2
5	Christensen, Kelsey	Doane	5:21.16	2
6	Visscher, Jordyn	Dordt	5:22.19	2
7	Williams, Renee	Concordia	5:31.07	2
8	Whyrick, Samantha	Doane	5:36.65	2
9	McKee, Kiera	Hastings	5:41.69	1
10	Sieck, Logan	Doane	5:42.92	2
11	Burma, Megan	Concordia	5:44.64	1
12	Wills, Mariah	Morningside	5:44.79	1
13	Fehringer, Melanie	Neb Wesleyan	5:52.52	1
14	Kube, Elizabeth	Morningside	5:57.56	1
15	Burnside, Cassie	Morningside	5:57.67	1
16	Staley, Theresa	Concordia	6:20.50	1
17	Zollars, Tai	Neb Wesleyan	6:31.44	1

Women 3000 Meter Run

Name	Year School	Finals	
1	Kortze, Sarah	Concordia	10:22.49
2	Shomaker, Lauren	Hastings	10:22.77
3	Opp, Lauren	Dordt	10:40.43
4	Christensen, Kelsey	Doane	10:43.22
5	Jenkins, Gabi	Neb Wesleyan	10:48.03
6	Mayfield, Karen	Mount Marty	10:57.87

7	Larsen, Jamie	Neb Wesleyan	10:59.21	
8	Ausborn, Nicole	Morningside	11:03.95	
9	Ogle, Kaylie	Dordt	11:06.61	
10	Burma, Megan	Concordia	11:33.17	
11	Bandstra, Samantha	Dordt	11:43.15	
--	Canfield, Ashley	Concordia	DQ	Cut before curve 5.2
--	Williams, Renee	Concordia	DQ	Cut before curve 5.2
--	Fehringer, Melanie	Neb Wesleyan	DQ	Cut before curve 5.2
--	McKee, Kiera	Hastings	DQ	Cut before curve 5.2
--	Kinning, Alyssa	Midland	DQ	Cut before curve 5.2
--	Swantek, Brooklyn	Neb Wesleyan	DQ	Cut before curve 5.2

Women 5000 Meter Run

Name	Year School	Finals
1	Jenkins, Gabi	Neb Wesleyan 17:32.62
2	Kortze, Sarah	Concordia 17:38.82
3	Shomaker, Lauren	Hastings 17:41.99
4	Opp, Lauren	Dordt 18:16.53
5	Ausborn, Nicole	Morningside 18:48.23
6	Mayfield, Karen	Mount Marty 18:53.38
7	Sandbulte, Amber	Northwestern 19:24.33
8	Dooley, Whitney	Midland 19:25.81
9	McKee, Kiera	Hastings 19:28.07
10	Canfield, Ashley	Concordia 19:29.01
11	Brunke, Haley	Dak Wesleyan 19:40.42
12	Oestmann, Meleia	Neb Wesleyan 19:45.01
13	Steinauer, MacKenzie	Neb Wesleyan 20:00.06
14	Poppe, Lisa	Doane 20:32.50
15	Drelicharz, Jessie	Hastings 20:37.28
16	Lucas, Taylor	Doane 20:40.61
17	Oestmann, Lexi	Neb Wesleyan 21:13.07
--	Geho, Jamie	Dak Wesleyan DNF

Women 60 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1	Steckelberg, Ashton	Neb Wesleyan 9.08Q	3
2	Bramhall, Rachel	Doane 9.21Q	1
3	Brannagan, Kalyn	Doane 9.23Q	2
4	Blank, Karissa	Doane 9.28q	2
5	Gaspers, Audrey	Hastings 9.29q	2 9.283
6	Knight Papaioannou, Kay	Midland 9.29q	3 9.284
7	Baird, Lauren	Doane 9.41q	3
8	Pomerenke, Lydia	Concordia 9.45q	1
9	Simmons, Sara	Concordia 9.47	3
10	Stevens, Abigail	Northwestern 9.49	1
11	Englund, Brianne	Neb Wesleyan 9.57	2
12	Stolze, Shelby	Concordia 9.62	1
13	Atkins, Katie	Morningside 9.68	1
14	Doublin, Tahja	Hastings 9.79	3
15	Tomlinson, Maddie	Morningside 9.83	2
16	Getz, Paige	Concordia 9.87	1
17	Hayes, Montana	Concordia 9.89	2
18	Wedel, Sarah	Northwestern 10.24	3

Women 60 Meter Hurdles

Name	Year School	Finals
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Finals

1	Steckelberg, Ashton	Neb Wesleyan	8.97
2	Bramhall, Rachel	Doane	9.01
3	Brannagan, Kalyn	Doane	9.26
4	Blank, Karissa	Doane	9.32
5	Gaspers, Audrey	Hastings	9.34
6	Knight Papaioannou, Kay	Midland	9.38
7	Pomeranke, Lydia	Concordia	9.50
8	Baird, Lauren	Doane	9.56

Women 4x400 Meter Relay

School		Finals	H#
1	Doane College	4:00.11	2
	1) Sughroue, Jessa	2) Wright, Lacey	
	3) Schutt, Casarah	4) Holtmeier, Sydney	
2	Dordt College	4:01.46	2
	1) Broersma, Marisa	2) Koerner, Lillie	
	3) Wilgenburg, Siera	4) Bonnema, Katie	
3	Nebraska Wesleyan University	4:01.71	2
	1) Hunke, Abbie	2) Steckelberg, Ashton	
	3) Wardyn, Alivia	4) Krick, Katie	
4	Hastings College	4:02.89	2
	1) Leichleiter, Michelle	2) Gaspers, Audrey	
	3) Mills, Courtney	4) Parnell, Porche	
5	Concordia University	4:04.02	2
	1) Wood, Kimberly	2) Klaustermeier, Jessica	
	3) Pomeranke, Lydia	4) Vlasin, Marti	
6	Northwestern College	4:04.65	2
	1) Walhof, Megan	2) Culver, Emily	
	3) Niewenhuis, Jackie	4) Spranger, Lauren	
7	Morningside College	4:10.58	1
	1) Petsche, Jen	2) Hamman, Jessie	
	3) Pothast, Tori	4) Hall, Shelby	
8	Briar Cliff University	4:19.34	1
	1) Specht, Jayna	2) Hunt, Rachel	
	3) Kates, Gabbi	4) Beckmann, Desi	
9	Mount Marty College	4:32.61	1
	1) Davis, Caitlin	2) Hudelson, Jordyn	
	3) O'Malley, Mandy	4) Rietveld, Berkley	

Women 4x800 Meter Relay

School		Finals
1	Dordt College	9:33.05
	1) Lewis, Kelsey	2) Byl, Kayla
	3) Van Zee, Justine	4) Koerner, Lillie
2	Concordia University	9:37.93
	1) Williams, Jenean	2) Schroeder, Erika
	3) Steinbacher, Angela	4) Vlasin, Marti
3	Morningside College	9:38.00
	1) Figge, Tori	2) Hart, Anna
	3) Pothast, Tori	4) Hall, Shelby
4	Doane College	9:54.06
	1) Sieck, Logan	2) Dyas, Erin
	3) Drake, Katie	4) Hirsch, Bailey
5	Mount Marty College	9:54.58
	1) Davis, Caitlin	2) Hudelson, Jordyn
	3) Rietveld, Berkley	4) O'Malley, Mandy
6	Northwestern College	10:29.28
	1) Thurman, Kelley	2) Wittenberg, Sarah

3) Sawatzky, Jessica  
 7 Briar Cliff University  
 1) Kates, Gabbi  
 3) Gowery, Haley  
 8 Hastings College  
 1) Fiala, Paxton  
 3) Campbell, Courtney

4) Wilhelm, Joleen 10:45.45  
 2) Kramer, Nicole  
 4) Motley, Jessie 10:47.34  
 2) Pallan, Tessa  
 4) Drelicharz, Jessie

Women High Jump

Name	Year	School	Finals
1 McDowell, Alyssa 1.49 1.54 1.59 1.64 1.67 P O O XXO XXX		Doane	1.64m 5-04.50
2 DeVries, Erin 1.49 1.54 1.59 1.64 1.67 O O XO P XXX		Doane	1.59m 5-02.50
3 Koester, Janae 1.49 1.54 1.59 1.64 O XO XO XXX		Doane	J1.59m 5-02.50
3 Kloth, Sierra 1.49 1.54 1.59 1.64 O XO XO XXX		Mount Marty	J1.59m 5-02.50
5 Casey, Caitlin 1.49 1.54 1.59 O O XXX		Morningside	1.54m 5-00.50
6 Blank, Karissa 1.49 1.54 1.59 O XXO XXX		Doane	J1.54m 5-00.50
7 Knake, Hilary 1.49 1.54 O XXX		Hastings	1.49m 4-10.50
8 Fye, Breanna 1.49 1.54 XO XXX		Doane	J1.49m 4-10.50
8 Hauser, Julia 1.49 1.54 XO XXX		Midland	J1.49m 4-10.50
10 Fopma, Madison 1.49 1.54 XXO XXX		Dordt	J1.49m 4-10.50
-- Hayes, Montana 1.49 XXX		Concordia	NH
-- Getz, Paige 1.49 XXX		Concordia	NH
-- Hughes, Mykaela 1.49 XXX		Mount Marty	NH
-- Brown, Tiona 1.49 XXX		Doane	NH
-- Love, Ashia 1.49 XXX		Doane	NH
-- Dahlke, Kalynn 1.49 1.54 P XXX		Hastings	NH

Women Pole Vault

Name	Year	School	Finals	
1 Megehenhardt, Anna		Hastings	3.58m	11-09.00
3.03 3.18 3.33 3.48 3.58 3.70				
PPP O O O XO XXX				
2 Starks, Cassandra		Concordia	3.48m	11-05.00
3.03 3.18 3.33 3.48 3.58				
PPP XO O O XXX				
3 Garrison, Samantha		Midland	J3.48m	11-05.00
3.03 3.18 3.33 3.48 3.58				
O O O XXO XXX				
4 Gross, Rianne		Concordia	3.33m	10-11.00
3.03 3.18 3.33 3.48				
PPP XXO O XXX				
5 Wakefield, Madison		Doane	J3.33m	10-11.00
3.03 3.18 3.33 3.48				
PPP O XO XXX				
5 Leichleiter, Michelle		Hastings	J3.33m	10-11.00
3.03 3.18 3.33 3.48				
PPP O XO XXX				
7 Fegter, Kellie		Concordia	J3.33m	10-11.00
3.03 3.18 3.33 3.48				
PPP XO XO XXX				
8 Ambrose, Kayla		Doane	3.18m	10-05.25
3.03 3.18 3.33				
O O XXX				
8 Jones, Macy		Doane	3.18m	10-05.25
3.03 3.18 3.33				
O O XXX				
8 Yelden, Shelby		Concordia	3.18m	10-05.25
3.03 3.18 3.33				
PPP O XXX				
11 Heidema, Breanne		Dordt	J3.18m	10-05.25
3.03 3.18 3.33				
XO XO XXX				
12 Kostbahn, Fallon		Concordia	3.03m	9-11.25
3.03 3.18				
O XXX				
13 Oligmueller, Sarah		Neb Wesleyan	J3.03m	9-11.25
3.03 3.18				
XO XXX				
13 Chilton, Erin		Hastings	J3.03m	9-11.25
3.03 3.18				
XO XXX				
15 Arampatzis, Ariana		Dak Wesleyan	J3.03m	9-11.25
3.03 3.18				
XXO XXX				
15 Lennemann, Sara		Doane	J3.03m	9-11.25
3.03 3.18				
XXO XXX				
-- Walker, Callie		Midland	NH	
3.03				
XXX				
-- Aurich, Stephanie		Concordia	NH	
3.03				
XXX				

Women Long Jump

Name	Year	School	Finals	
1 Cooperwood, Neeia		Morningside	5.94m	19-06.00
5.94m FOUL FOUL 5.81m PASS PASS				

2	Mills, Courtney	Hastings	5.66m	18-07.00
	5.07m 5.66m 5.60m 5.35m	PASS PASS		
3	VanDenBerg, Abbey	Mount Marty	5.45m	17-10.75
	5.31m 5.45m 5.20m	FOUL 5.39m PASS		
4	McPheters, Malika	Midland	5.43m	17-09.75
	5.32m 5.43m	FOUL 5.17m 5.26m 5.16m		
5	Baird, Lauren	Doane	5.42m	17-09.50
	3.92m 5.42m 5.40m	FOUL 5.26m 5.41m		
6	Floerchinger, Kaitlin	Northwestern	5.40m	17-08.75
	FOUL 4.99m 5.14m 5.21m	5.40m 5.02m		
7	DeLong, Bethany	Briar Cliff	J5.40m	17-08.75
	FOUL FOUL 5.40m	PASS PASS PASS		
8	DeVries, Erin	Doane	5.36m	17-07.00
	5.36m	FOUL 5.29m 5.19m 5.29m 5.24m		
9	Pomeranke, Lydia	Concordia	5.32m	17-05.50
	5.12m 5.19m 5.19m	FOUL 5.32m FOUL		
10	Faber, Sarah	Dordt	5.02m	16-05.75
	4.82m	FOUL 5.02m		
11	Blank, Karissa	Doane	4.97m	16-03.75
	4.96m 4.97m	FOUL		
12	Simmons, Sara	Concordia	4.92m	16-01.75
	FOUL FOUL 4.92m			
13	Van Essen, Natalie	Dordt	4.88m	16-00.25
	4.78m 4.88m	FOUL		
14	Davis, Caitlin	Mount Marty	4.82m	15-09.75
	FOUL 4.82m	FOUL		
15	Hart, Katy	Northwestern	4.67m	15-04.00
	FOUL 4.67m	FOUL		
16	Besel, Kierstyn	Concordia	4.63m	15-02.25
	4.63m 4.53m	FOUL		
--	Heidema, Christy	Dordt	FOUL	
	FOUL FOUL FOUL			

#### Women Triple Jump

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Name	Year	School	Finals			
=====						
1	Mills, Courtney	Hastings	12.29m	40-04.00		
	12.05m 12.09m 12.29m	PASS PASS PASS				
2	Blank, Karissa	Doane	11.27m	36-11.75		
	FOUL 11.18m 11.27m 10.09m 11.00m	FOUL				
3	Heidema, Christy	Dordt	11.26m	36-11.50		
	11.14m FOUL 10.85m 11.04m 11.26m 11.13m					
4	Shoup, Katelyn	Concordia	11.18m	36-08.25		
	FOUL 10.95m 10.80m 11.03m FOUL 11.18m					
5	VanDenBerg, Abbey	Mount Marty	11.07m	36-04.00		
	10.84m 9.40m FOUL FOUL 11.07m 10.79m					
6	McPheters, Malika	Midland	10.99m	36-00.75		
	FOUL FOUL 10.99m	PASS PASS PASS				
7	Knight Papaioannou, Kay	Midland	10.82m	35-06.00		
	10.36m 10.30m 10.82m	PASS 10.24m 10.22m				
8	Raskie, Sloan	Doane	10.79m	35-05.00		
	10.51m 10.79m	FOUL 10.69m 10.68m FOUL				
9	Hemmer, Paige	Concordia	10.51m	34-05.75		
	10.30m 10.51m 10.31m 10.48m 10.34m 10.20m					
10	Parnell, Mercedes	Hastings	10.49m	34-05.00		
	FOUL FOUL 10.49m					
11	Donnelly, Tascha	Briar Cliff	10.41m	34-02.00		
	FOUL FOUL 10.41m					
11	Jones, Sierra	Doane	10.41m	34-02.00		
	FOUL 10.41m	FOUL				
13	Kennedy, Cassandra	Doane	10.39m	34-01.25		
	10.16m FOUL 10.39m					

14	Getz, Paige	Concordia	J10.39m	34-01.25
	10.07m 10.39m 10.03m			
15	Fossum, Abby	Dak Wesleyan	10.27m	33-08.50
	FOUL 10.27m FOUL			
16	Faimon, April	Hastings	10.24m	33-07.25
	10.24m 10.06m FOUL			
17	Fedor, Sadie	Mount Marty	10.22m	33-06.50
	10.17m 10.22m FOUL			

Women Shot Put

Name	Year School	Finals
1 Maag, Jennifer	Hastings	14.91m 48-11.00
	14.91m 14.66m FOUL 14.47m FOUL FOUL	
2 Vogt, Jessica	Doane	14.20m 46-07.25
	13.91m FOUL 13.57m 13.67m 13.76m 14.20m	
3 Coley, Stephanie	Concordia	14.08m 46-02.50
	13.60m 13.90m 14.08m 13.87m FOUL 13.97m	
4 Henry, Carly	Doane	14.01m 45-11.75
	14.01m FOUL 13.61m 13.93m 13.80m FOUL	
5 Dolezal, Samantha	Neb Wesleyan	13.64m 44-09.00
	13.64m FOUL FOUL 12.48m 10.84m FOUL	
6 Johnson, Riley	Doane	13.46m 44-02.00
	12.81m 12.67m 12.86m FOUL 12.78m 13.46m	
7 Robb, Kali	Concordia	13.26m 43-06.00
	12.37m 12.57m 12.49m 12.83m 13.14m 13.26m	
8 Erdmann, Brittany	Concordia	13.15m 43-01.75
	12.80m 12.85m 12.52m FOUL 13.15m 12.82m	
9 Gowen, McKayla	Hastings	13.09m 42-11.50
	12.43m 12.76m 13.09m 12.84m 12.19m 12.83m	
10 Crouse, Jamie	Concordia	12.48m 40-11.50
	11.33m 12.20m 12.48m	
11 Shymkewicz, Allison	Briar Cliff	12.32m 40-05.00
	11.73m 12.32m 11.46m	
12 Edson, Brittany	Neb Wesleyan	12.24m 40-02.00
	12.24m FOUL FOUL	
13 Lawver, Karmen	Doane	12.06m 39-07.00
	12.06m 11.74m FOUL	
14 Cross, Allison	Mount Marty	11.54m 37-10.50
	11.54m 11.37m 11.23m	
15 Voycheske, Ciara	Neb Wesleyan	11.37m 37-03.75
	11.05m 11.37m 11.15m	
16 Shie, Hannah	Northwestern	11.31m 37-01.25
	11.14m 11.13m 11.31m	
17 Hoelsing, Megan	Midland	10.98m 36-00.25
	FOUL FOUL 10.98m	
18 Martin, Brenna	Dak Wesleyan	10.60m 34-09.50
	10.60m 10.13m FOUL	

Women Weight Throw

Name	Year School	Finals
1 Crouse, Jamie	Concordia	18.04m 59-02.25
	18.04m FOUL FOUL FOUL FOUL	
2 Maag, Jennifer	Hastings	17.72m 58-01.75
	15.97m 16.00m FOUL FOUL 17.72m FOUL	
3 Coley, Stephanie	Concordia	17.37m 57-00.00
	17.37m FOUL 16.56m 16.56m FOUL 16.49m	
4 Henry, Carly	Doane	16.84m 55-03.00
	16.36m 16.50m 16.41m 16.84m FOUL FOUL	
5 Robb, Kali	Concordia	16.40m 53-09.75

	15.88m	16.37m	FOUL	FOUL	15.95m	16.40m		
6	Johnson, Riley				Doane		16.15m	53-00.00
	16.05m	16.15m	16.07m	FOUL	15.96m	FOUL		
7	Lawver, Karmen				Doane		16.05m	52-08.00
	16.05m	15.62m	FOUL	15.60m	15.51m	15.85m		
8	Hoelsing, Megan				Midland		15.80m	51-10.00
	14.65m	FOUL	15.80m	FOUL	15.33m	14.93m		
9	Gowen, McKayla				Hastings		15.43m	50-07.50
	15.43m	15.40m	15.10m	15.26m	FOUL	FOUL		
10	Erdmann, Brittany				Concordia		15.32m	50-03.25
	14.67m	FOUL	15.32m					
11	King, Elizabeth				Concordia		14.82m	48-07.50
	14.82m	FOUL	FOUL					
12	Perry, Nicole				Concordia		14.69m	48-02.50
	14.69m	14.55m	FOUL					
13	Cleveland, Kattie				Concordia		14.56m	47-09.25
	14.36m	14.36m	14.56m					
14	White, Chelsie				Hastings		14.54m	47-08.50
	14.54m	FOUL	14.34m					
15	Dolezal, Samantha				Neb Wesleyan		14.46m	47-05.25
	FOUL	14.46m	13.22m					
16	Brungardt, Jackie				Briar Cliff		14.03m	46-00.50
	13.41m	14.03m	FOUL					
17	Meyer, Sydney				Concordia		13.93m	45-08.50
	13.66m	13.93m	13.30m					
18	Bishop, Adrienne				Northwestern		13.44m	44-01.25
	13.44m	FOUL	FOUL					

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year	School	Finals	Points
1 Blank, Karissa		Doane	2:32.32	664
2 Gokie, Kylie		Doane	2:32.96	656
3 Pomeranke, Lydia		Concordia	2:33.33	652
4 Besel, Kierstyn		Concordia	2:33.56	649
5 Stevens, Abigail		Northwestern	2:34.09	643
6 Simmons, Sara		Concordia	2:35.73	623
7 Hayes, Montana		Concordia	2:36.22	617
8 Tomlinson, Maddie		Morningside	2:37.34	604
9 DeVries, Erin		Doane	2:37.68	600
10 Gaspers, Audrey		Hastings	2:39.62	577
11 Fye, Breanna		Doane	3:02.15	345
12 Arampatzis, Ariana		Dak Wesleyan	3:15.79	232

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1 Gaspers, Audrey		Hastings	9.28	4	852
2 Pomeranke, Lydia		Concordia	9.32	2	844
3 Simmons, Sara		Concordia	9.33	3	842
4 Stevens, Abigail		Northwestern	9.45	4	818
5 DeVries, Erin		Doane	9.50	3	808
6 Blank, Karissa		Doane	9.54	2	800
7 Hayes, Montana		Concordia	9.63	1	783
8 Gokie, Kylie		Doane	9.86	1	738
9 Tomlinson, Maddie		Morningside	9.89	3	733
10 Fye, Breanna		Doane	9.92	1	727
11 Besel, Kierstyn		Concordia	10.13	2	688
12 Arampatzis, Ariana		Dak Wesleyan	10.48	4	625

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year	School	Finals										Points					
1 Blank, Karissa		Doane	1.62m	5-03.75	759													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	O	O	O	XXO	XXX
1 DeVries, Erin		Doane	1.62m	5-03.75	759													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	PPP	XO	XO	O	XO	XXX
3 Pomeranke, Lydia		Concordia	1.56m	5-01.25	689													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	O	XO	O	O	XXX		
3 Gokie, Kylie		Doane	1.56m	5-01.25	689													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	O	O	XO	XXX		
3 Gaspers, Audrey		Hastings	1.56m	5-01.25	689													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	O	XO	O	XXX		
3 Fye, Breanna		Doane	1.56m	5-01.25	689													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	XO	XO	XXX		
7 Hayes, Montana		Concordia	1.53m	5-00.25	655													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56			
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	XO	XXO	XO	XXX			
8 Stevens, Abigail		Northwestern	1.50m	4-11.00	621													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53				
	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	O	O	XO	XO	XXX				
9 Simmons, Sara		Concordia	1.44m	4-08.75	555													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47						
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XO	XXX					
9 Besel, Kierstyn		Concordia	1.44m	4-08.75	555													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47						
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	XO	XO	O	XXX						
11 Tomlinson, Maddie		Morningside	1.35m	4-05.00	460													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38									
	OPP	PPP	O	PPP	XO	O	XO	O	XXX									
11 Arampatzis, Ariana		Dak Wesleyan	1.35m	4-05.00	460													
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38									
	PPP	PPP	PPP	PPP	PPP	O	XO	XO	XXX									

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year	School	Finals		Points
1 Gokie, Kylie		Doane	5.41m	17-09.00	674
	FOUL	4.90m	5.41m		
2 DeVries, Erin		Doane	5.33m	17-06.00	651
	5.28m	5.33m	FOUL		
3 Gaspers, Audrey		Hastings	5.32m	17-05.50	648
	5.24m	5.32m	FOUL		
4 Blank, Karissa		Doane	5.25m	17-02.75	628
	FOUL	5.25m	5.15m		
5 Stevens, Abigail		Northwestern	5.18m	17-00.00	609
	5.10m	FOUL	5.18m		
6 Pomeranke, Lydia		Concordia	5.16m	16-11.25	603
	5.16m	5.02m	5.01m		
6 Simmons, Sara		Concordia	5.16m	16-11.25	603
	5.13m	FOUL	5.16m		
8 Hayes, Montana		Concordia	5.00m	16-05.00	559
	5.00m	4.92m	4.82m		
9 Besel, Kierstyn		Concordia	4.90m	16-01.00	532
	FOUL	4.90m	FOUL		
10 Fye, Breanna		Doane	4.69m	15-04.75	477

	4.56m	4.69m	4.66m			
11 Tomlinson, Maddie				Morningside	4.67m	15-04.00 472
	FOUL	4.60m	4.67m			
12 Arampatzis, Ariana				Dak Wesleyan	4.62m	15-02.00 459
	4.62m	4.58m	FOUL			

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year	School	Finals	Points
1 DeVries, Erin		Doane	11.37m 37-03.75	619
	10.55m	11.37m	10.92m	
2 Pomerence, Lydia		Concordia	10.68m 35-00.50	574
	10.68m	9.89m	8.99m	
3 Hayes, Montana		Concordia	10.03m 32-11.00	531
	10.03m	9.63m	9.64m	
4 Simmons, Sara		Concordia	9.88m 32-05.00	522
	8.99m	8.14m	9.88m	
5 Fye, Breanna		Doane	9.84m 32-03.50	519
	9.69m	9.84m	9.59m	
6 Arampatzis, Ariana		Dak Wesleyan	9.83m 32-03.00	518
	9.83m	9.57m	9.51m	
7 Blank, Karissa		Doane	9.77m 32-00.75	514
	9.77m	9.39m	9.45m	
8 Gokie, Kylie		Doane	9.58m 31-05.25	502
	9.58m	9.10m	9.51m	
9 Tomlinson, Maddie		Morningside	9.35m 30-08.25	487
	8.80m	9.00m	9.35m	
10 Stevens, Abigail		Northwestern	9.32m 30-07.00	485
	9.32m	8.41m	9.05m	
11 Besel, Kierstyn		Concordia	7.83m 25-08.25	388
	7.83m	7.67m	ND	
12 Gaspers, Audrey		Hastings	7.55m 24-09.25	370
	7.55m	6.32m	ND	
-- Fossum, Jessica		Dak Wesleyan	FOUL	
	FOUL	FOUL	FOUL	

Women Indoor Pentathlon

Name	Year	School	Finals
1 DeVries, Erin		Doane	3437
2 Blank, Karissa		Doane	3365
3 Pomerence, Lydia		Concordia	3362
4 Gokie, Kylie		Doane	3259
5 Stevens, Abigail		Northwestern	3176
6 Simmons, Sara		Concordia	3145
6 Hayes, Montana		Concordia	3145
8 Gaspers, Audrey		Hastings	3136
9 Besel, Kierstyn		Concordia	2812
10 Fye, Breanna		Doane	2757
11 Tomlinson, Maddie		Morningside	2756
12 Arampatzis, Ariana		Dak Wesleyan	2294

Men 60 Meter Dash

Name	Year	School	Prelims	H#
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Preliminaries

1 Dunk, Jeriah		Northwestern	6.96Q	3
2 Smith, Noah		Concordia	6.98Q	2
3 Anderson, Parker		Midland	7.04Q	1 7.031
4 Muncy, Rusty		Briar Cliff	7.04q	2 7.032

5	Busby, Chris	Doane	7.04q	1	7.038
6	Franklin, Caleb	Midland	7.05q	2	
7	Moreland, Alex	Midland	7.08q	3	
8	Van Roekel, Alex	Northwestern	7.11q	3	7.103
9	Cartier, John	Concordia	7.11	1	7.104
10	Strand, Scott	Northwestern	7.12	3	
11	Housh, Sam	Doane	7.13	3	
12	Lauenroth, Colin	Doane	7.15	2	
13	Beatty, Corey	Midland	7.16	1	7.154
14	Timmons, Craig	Neb Wesleyan	7.16	1	7.160
15	Mosely-Hendricks, Christ	Concordia	7.17	2	7.161
16	Reifenrath, Jacob	Concordia	7.17	1	7.168
17	Blomstedt, Garrett	Concordia	7.20	3	
18	Robnett, Sean	Hastings	7.21	2	

#### Men 60 Meter Dash

Name	Year	School	Finals
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#### Finals

1	Smith, Noah	Concordia	6.94	6.934
2	Dunk, Jeriah	Northwestern	6.94	6.939
3	Busby, Chris	Doane	6.98	
4	Anderson, Parker	Midland	7.05	
5	Franklin, Caleb	Midland	7.06	
6	Muncy, Rusty	Briar Cliff	7.08	
7	Van Roekel, Alex	Northwestern	7.12	
8	Moreland, Alex	Midland	7.15	

#### Men 200 Meter Dash

Name	Year	School	Finals	H#
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1	Busby, Chris	Doane	22.24	4
2	Muncy, Rusty	Briar Cliff	22.43	4
3	Cartier, John	Concordia	22.51	3
4	Dunk, Jeriah	Northwestern	22.52	4
5	Pleasant, Taiheem	Concordia	22.69	2
6	Muller, CJ	Concordia	22.71	3
7	Floen, Jake	Dordt	22.79	1
8	Housh, Sam	Doane	22.80	3
9	Teel, Garrett	Neb Wesleyan	22.82	3
9	Cowan, Augustus	Briar Cliff	22.82	2
11	Arnold, Devin	Hastings	22.86	1
12	Van Roekel, Alex	Northwestern	22.88	1
13	Iron Shell, Robert	Briar Cliff	22.89	4
14	Robnett, Sean	Hastings	22.94	1
15	Becker, Jonathon	Concordia	22.95	2
16	Timmons, Craig	Neb Wesleyan	22.99	1
17	Nibaur, Preston	Morningside	23.31	2

#### Men 400 Meter Dash

Name	Year	School	Finals	H#
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1	Cartier, John	Concordia	49.14	3
2	Teel, Garrett	Neb Wesleyan	49.74	3
3	Becker, Jonathon	Concordia	51.06	2
4	Muller, CJ	Concordia	51.29	3
5	Smith, Noah	Concordia	51.63	3
6	Heiden, Alex	Concordia	51.64	2
7	Strand, Scott	Northwestern	51.65	1
8	Golke, Garrett	Concordia	51.91	1

9	Van Dyke, Ben	Morningside	52.02	1	
10	Miller, Dylan	Hastings	52.19	2	
11	Misukanis, Nick	Morningside	52.34	2	52.331
12	Hower, John	Neb Wesleyan	52.34	1	52.340
13	Eckels, Josiah	Dordt	52.35	2	
14	Pleasant, Taiheem	Concordia	52.41	3	
15	Schuerman, Hayden	Neb Wesleyan	52.62	1	
16	Gerdes, Alan	Briar Cliff	52.69	1	
17	Cherry, Austin	Doane	52.93	2	
18	Floen, Jake	Dordt	53.75	3	

Men 600 Meter Run

Name	Year	School	Finals	H#		
1		Van Gaalen, Jaap	Concordia	1:23.10	3	
2		Giudice, Matthew	Hastings	1:23.12	2	
3		Hinckfoot, Benjamin	Concordia	1:23.52	3	
4		Kettner, Jacob	Concordia	1:24.10	2	
5		Chapa, Matthew	Concordia	1:24.32	2	
6		Bresson, Trevor	Concordia	1:24.53	3	
7		Wright, Brad	Morningside	1:24.73	3	
8		Johnson, Elliott	Northwestern	1:25.02	2	
9		Willey, Jacob	Morningside	1:25.59	3	
10		Riddle, Trent	Hastings	1:26.10	1	
11		Justesen, Tanner	Midland	1:26.17	1	
12		Scheelhaase, Ray	Morningside	1:26.21	1	
13		Kimle, Kole	Concordia	1:26.75	1	
14		Martinson, Kevin	Northwestern	1:26.76	1	
15		Kischer, Trent	Dordt	1:26.92	2	
16		Houdek, Jordan	Mount Marty	1:27.38	1	
--		Broadnax, Dillian	Briar Cliff	DQ	2	Outside Lane 5.2b
--		Dewey, Tanner	Neb Wesleyan	DQ	3	Impedement 5.2a

Men 800 Meter Run

Name	Year	School	Finals	H#	
1		Bodin, Taylor	Northwestern	1:54.26	3
2		Welp, Jay	Morningside	1:55.69	3
3		Lind, Zach	Neb Wesleyan	1:56.56	3
4		Wensink, Sam	Dordt	1:56.69	3
5		DeVries, Alec	Morningside	1:57.66	3
6		McNamara, Stephan	Dordt	1:59.67	2
7		Giddings, Skyler	Northwestern	2:00.00	2
8		Dlouhy, Curtis	Neb Wesleyan	2:00.98	1
9		Malan, Andrew	Concordia	2:01.05	3
10		Lopez, Samuel	Mount Marty	2:01.07	2
11		Adamson, Eamon	Morningside	2:01.48	1
12		Bohlken, Connor	Neb Wesleyan	2:01.64	2
13		Hewitt, Grant	Hastings	2:02.10	1
14		Whyrick, Josh	Doane	2:03.22	2
15		Borchers, Kyle	Morningside	2:03.57	2
16		Stagner, Mitch	Hastings	2:04.50	1
17		von Behren, Timothy	Concordia	2:06.23	1

Men 1000 Meter Run

Name	Year	School	Finals	H#	
1		Weers, Eric	Doane	2:31.39	2
2		Bierma, Tim	Dordt	2:33.31	2
3		Prahlow, Adam	Concordia	2:33.64	2

4	Bloomfield, Charlie	Concordia	2:34.33	2
5	Anderson, Kyle	Northwestern	2:35.76	2
6	Hovland, Logan	Northwestern	2:36.65	2
7	Schleis, Mitchell	Briar Cliff	2:38.83	1
8	Vander Kooi, Nick	Dordt	2:38.84	2
9	Mauer, Chris	Doane	2:38.90	2
10	Soderberg, Tyler	Midland	2:41.36	1
11	Thomas, Jon	Doane	2:41.49	1
12	Pearse, Creighton	Concordia	2:41.77	1
13	Cogswell, Coleman	Concordia	2:41.99	1
14	Koithan, Eric	Morningside	2:42.65	1
15	Baird, Will	Hastings	2:42.68	1
16	Mayer, Matt	Briar Cliff	2:43.60	1
17	Schiltz, Drew	Morningside	2:46.54	2
18	Dunn, Tanner	Doane	2:58.98	1

Men 1 Mile Run

Name	Year School	Finals	H#	
1	Taute, Brock	Neb Wesleyan	4:19.37	2
2	Sievert, Benjamin	Concordia	4:21.26	2
3	Welp, Jay	Morningside	4:21.64	2
4	Brown, Tanner	Neb Wesleyan	4:22.00	2
5	Weers, Eric	Doane	4:22.70	2
6	Kment, Jake	Doane	4:25.90	2
7	Koithan, Eric	Morningside	4:28.70	2
8	Hohnholt, Hayden	Concordia	4:30.10	2
9	Parshall, Zach	Neb Wesleyan	4:30.22	1
10	Van Dyke, Cristian	Dordt	4:32.71	1
11	Masada, Nick	Hastings	4:33.85	1
12	Potrzeba, Jordan	Concordia	4:36.00	1
13	Manske, Ian	Dordt	4:36.52	1
14	Skillern, Sean	Morningside	4:36.59	1
15	Kelly, Steven	Dordt	4:37.41	1
16	Shelton, Christopher	Concordia	4:40.96	1
17	Pearse, Creighton	Concordia	4:45.82	2
18	Dunn, Tanner	Doane	5:00.51	1

Men 3000 Meter Run

Name	Year School	Finals	
1	Taute, Brock	Neb Wesleyan	8:41.27
2	Ehlers, Garret	Morningside	8:45.76
3	Sievert, Benjamin	Concordia	8:51.79
4	Postma, Chris	Dordt	8:54.44
5	Weers, Eric	Doane	8:56.47
6	Hohnholt, Hayden	Concordia	9:01.30
7	Allwardt, Joshua	Concordia	9:02.54
8	Brown, Tanner	Neb Wesleyan	9:03.50
9	Brown, Zach	Neb Wesleyan	9:04.36
10	Jackson, Nathan	Dordt	9:06.70
11	Dunker, Matt	Neb Wesleyan	9:08.90
12	Larscheid, Dan	Morningside	9:09.51
13	Abrams, Mark	Morningside	9:12.35
14	Wilson, Steven	Doane	9:13.32
15	McNamara, Ryan	Dordt	9:22.29
16	Pater, Jordan	Mount Marty	9:30.96
17	Pearse, Creighton	Concordia	9:54.51

Men 5000 Meter Run

Name	Year School	Finals
1 Ehlers, Garret	Morningside	15:06.76
2 Sievert, Benjamin	Concordia	15:16.13
3 Hohnholt, Hayden	Concordia	15:26.40
4 Abrams, Mark	Morningside	15:27.32
5 Dunker, Matt	Neb Wesleyan	15:34.18
6 Brown, Zach	Neb Wesleyan	15:35.81
7 Jackson, Nathan	Dordt	15:37.03
8 Allwardt, Joshua	Concordia	15:37.76
9 Kube, Taylor	Morningside	16:07.31
10 Billings, Beau	Concordia	16:09.44
11 Pater, Jordan	Mount Marty	16:20.21
12 Coyle, Austin	Neb Wesleyan	16:36.81
13 Friesen, Brett	Hastings	16:37.58
14 Gastineau, Matt	Doane	16:47.72
15 Mignon, Frank	Doane	17:05.24
16 Sahli, Jeff	Dak Wesleyan	17:05.39
-- Gracey, Keaton	Midland	DNF

Men 60 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1 Housh, Sam	Doane	8.15Q	3
2 Becker, Jonathon	Concordia	8.19Q	1
3 Francis, Erin	Dordt	8.30Q	2
4 Hinckfoot, Benjamin	Concordia	8.48q	3
5 Heidebrink, Kyle	Northwestern	8.53q	2
6 Krueger, Jake	Doane	8.58q	3
7 Ryan, Sean	Doane	8.63q	2
8 McClintic, Cassius	Doane	8.66q	1
9 Hunter, Kendrick	Doane	8.72	2
10 Nelson, Kevin	Hastings	8.77	1
11 Hinrichs, Thomas	Concordia	8.85	3
12 Apenhorst, Paul	Dak Wesleyan	8.96	3
13 Wiechman, Lucas	Concordia	9.01	3
14 Thompson, Josh	Northwestern	9.07	2
15 Cook, Brandon	Concordia	9.31	1
16 Wattier, Tyler	Morningside	9.32	1
17 Strofaci, Jordan	Northwestern	9.40	2
-- Vaughn, Tyler	Doane	FS	1

Men 60 Meter Hurdles

Name	Year School	Finals
Finals		
1 Housh, Sam	Doane	8.07
2 Becker, Jonathon	Concordia	8.24
3 Francis, Erin	Dordt	8.27
4 Heidebrink, Kyle	Northwestern	8.57
5 McClintic, Cassius	Doane	8.58
6 Krueger, Jake	Doane	8.61
7 Ryan, Sean	Doane	8.63
8 Hinckfoot, Benjamin	Concordia	8.95

Men 4x400 Meter Relay

School	Finals	H#
1 Concordia University	3:21.55	2

1) Muller, CJ	2) Hinckfoot, Benjamin		
3) Heiden, Alex	4) Cartier, John		
2 Hastings College		3:22.54	2
1) Lewis, Adrian	2) Arnold, Devin		
3) Miller, Dylan	4) Giudice, Matthew		
3 Northwestern College		3:25.07	2
1) Martinson, Kevin	2) Bodin, Taylor		
3) Johnson, Elliott	4) Anderson, Kyle		
4 Nebraska Wesleyan University		3:26.03	2
1) Dewey, Tanner	2) Holka, Zach		
3) Hower, John	4) Teel, Garrett		
5 Morningside College		3:26.21	2
1) Van Dyke, Ben	2) Willey, Jacob		
3) Welp, Jay	4) Wright, Brad		
6 Briar Cliff University		3:27.00	2
1) Muncy, Rusty	2) Cisar, Patrick		
3) Iron Shell, Robert	4) Cowan, Augustus		
7 Doane College		3:27.18	1
1) Cherry, Austin	2) Hickman, Zach		
3) English, Lance	4) Collins, Andre		
8 Midland University		3:27.29	1
1) Moreland, Alex	2) Von Seggern, Max		
3) Hardy, Harkera	4) Anderson, Parker		
9 Dordt College		3:29.84	1
1) Eckels, Josiah	2) Kischer, Trent		
3) Pitre, Camren	4) Floen, Jake		
10 Mount Marty College		3:43.45	1
1) Houdek, Jordan	2) Blaschke, Gage		
3) Bierwagen, Mychal	4) Lopez, Samuel		

#### Men 4x800 Meter Relay

School	Finals
1 Northwestern College	7:49.65
1) Giddings, Skyler	2) Hovland, Logan
3) Weitgenant, Ryan	4) Anderson, Kyle
2 Morningside College	7:52.26
1) Schiltz, Drew	2) Willey, Jacob
3) DeVries, Alec	4) Wright, Brad
3 Concordia University	7:52.83
1) Van Gaalen, Jaap	2) Bloomfield, Charlie
3) Malan, Andrew	4) Prahlow, Adam
4 Dordt College	7:56.94
1) Wensink, Sam	2) McNamara, Stephan
3) Vander Kooi, Nick	4) Bierma, Tim
5 Doane College	8:02.70
1) Cherry, Austin	2) Mauer, Chris
3) Wilson, Steven	4) Whyrick, Josh
6 Hastings College	8:10.25
1) Hewitt, Grant	2) Stagner, Mitch
3) Masada, Nick	4) Baird, Will
7 Briar Cliff University	8:20.79
1) Thelen, Tommy	2) Schleis, Mitchell
3) Jackson, Joe	4) Hanson, Jon
8 Mount Marty College	8:33.34
1) Houdek, Jordan	2) Blaschke, Gage
3) Petrich, Christian	4) Bierwagen, Mychal

#### Men High Jump

Name	Year School	Finals
------	-------------	--------

1	Bardsley, Tommie	Neb Wesleyan	2.09m	6-10.25
	1.81 1.86 1.91 1.96 2.01 2.05 2.09 2.14			
	P P P P O O XO XXX			
2	Huseman, Matt	Northwestern	2.05m	6-08.75
	1.81 1.86 1.91 1.96 2.01 2.05 2.09			
	P P P XO XO O XXX			
3	Collins, Andre	Doane	2.01m	6-07.00
	1.81 1.86 1.91 1.96 2.01 2.05			
	P O O O O XXX			
4	Moats, Jacob	Dordt	1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	O O O XXX			
4	Wubben, Aaron	Dordt	1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	P O O XXX			
6	Wolken, Kale	Doane	J1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	P O XO XXX			
6	Green, Ben	Northwestern	J1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	O O XO XXX			
8	Bolt, Matthew	Dordt	1.86m	6-01.25
	1.81 1.86 1.91			
	O O XXX			
8	Starr, Austin	Doane	1.86m	6-01.25
	1.81 1.86 1.91			
	P O XXX			
10	Anderson, Jordan	Midland	J1.86m	6-01.25
	1.81 1.86 1.91			
	O XO XXX			
--	Hollinger, Noah	Northwestern	NH	
	1.81			
	XXX			
--	Ramos, Brandon	Concordia	NH	
	1.81			
	XXX			
--	Harris, Nick	Briar Cliff	NH	
	1.81			
	XXX			
--	Auerbach, Jake	Northwestern	NH	
	1.81			
	XXX			
--	Nelson, Mike	Hastings	NH	
	1.81			
	XXX			
--	Lucas, Michael	Doane	NH	
	1.81			
	XXX			
--	McClintic, Cassius	Doane	NH	
	1.81			
	XXX			
--	Mumm, Austin	Morningside	NH	
	1.81			
	XXX			

#### Men Pole Vault

=====				
Name	Year	School	Finals	
=====				
1	Tatum, Andrew	Doane	4.80m	15-09.00
	4.25 4.40 4.55 4.70 4.80 4.90			
	PPP PPP O O O XXX			
2	Farr, Carson	Concordia	J4.80m	15-09.00

	4.25	4.40	4.55	4.70	4.80	4.90			
	PPP	PPP	XO	XXO	XO	XXX			
3	Krueger, Jake						Doane	4.55m	14-11.00
	4.25	4.40	4.55	4.70					
	O	XXO	O	XXX					
4	Jackson, Cody						Hastings	J4.55m	14-11.00
	4.25	4.40	4.55	4.70					
	PPP	O	XO	XXX					
5	Wolken, Kale						Doane	J4.55m	14-11.00
	4.25	4.40	4.55	4.70					
	PPP	PPP	XXO	XXX					
6	Oelke, Holden						Briar Cliff	4.40m	14-05.25
	4.25	4.40	4.55						
	O	O	XXX						
7	Wordekemper, Zach						Doane	J4.40m	14-05.25
	4.25	4.40	4.55						
	XXO	O	XXX						
8	Smith, Andrew						Doane	J4.40m	14-05.25
	4.25	4.40	4.55						
	O	XO	XXX						
9	Brinkerhoff, Jonathan						Dordt	J4.40m	14-05.25
	4.25	4.40	4.55						
	XO	XXO	XXX						
10	Farrand, AJ						Neb Wesleyan	4.25m	13-11.25
	4.25	4.40							
	O	XXX							
10	Davidson, Robert						Dordt	4.25m	13-11.25
	4.25	4.40							
	O	XXX							
12	Huff, Brett						Dordt	J4.25m	13-11.25
	4.25	4.40							
	XXO	XXX							
12	Schumacher, Michael						Hastings	J4.25m	13-11.25
	4.25	4.40							
	XXO	XXX							
12	Robinson, Garrett						Midland	J4.25m	13-11.25
	4.25	4.40							
	XXO	XXX							
--	Wattier, Tyler						Morningside	NH	
	4.25								
	XXX								
--	Dobson, Adam						Midland	NH	
	4.25								
	XXX								
--	Wiechman, Lucas						Concordia	NH	
	4.25								
	XXX								
--	Babbitt, Jack						Concordia	NH	
	4.25								
	XXX								
--	Huber, CJ						Doane	NH	
	4.25								
	XXX								
--	Gross, Ryan						Concordia	NH	
	4.25								
	XXX								

Men Long Jump

=====									
	Name		Year	School				Finals	
=====									
1	Wolken, Kale			Doane				7.29m	23-11.00
	7.11m	7.29m	7.12m	PASS	PASS	PASS			

2	Hardy, Harkera				Midland	7.14m	23-05.25
	6.94m	6.87m	6.74m	6.85m	FOUL	7.14m	
3	Starr, Austin				Doane	6.99m	22-11.25
	6.54m	6.70m	6.55m	6.70m	6.99m	FOUL	
4	Collins, Andre				Doane	6.94m	22-09.25
	6.71m	6.69m	6.48m	6.83m	6.92m	6.94m	
5	Ryan, Shaun				Morningside	6.92m	22-08.50
	6.57m	6.92m	6.80m	FOUL	6.71m	6.84m	
6	Cowan, Augustus				Briar Cliff	6.81m	22-04.25
	6.44m	6.81m	FOUL	6.69m	6.70m	6.73m	
7	Muncy, Rusty				Briar Cliff	6.80m	22-03.75
	6.64m	6.65m	6.80m	6.68m	6.74m	FOUL	
8	Lindsey, Brandon				Briar Cliff	J6.80m	22-03.75
	6.80m	6.43m	6.55m	FOUL	6.69m	6.72m	
9	Needles, Masen				Doane	6.73m	22-01.00
	6.52m	6.50m	6.45m	FOUL	FOUL	6.73m	
10	Nelson, Kevin				Hastings	6.51m	21-04.25
	FOUL	6.51m	6.26m				
11	Blomstedt, Garrett				Concordia	6.49m	21-03.50
	FOUL	6.48m	6.49m				
12	Swanson, Mitchell				Midland	6.48m	21-03.25
	6.20m	4.96m	6.48m				
13	Swallow, Adam				Midland	6.30m	20-08.00
	6.12m	6.03m	6.30m				
14	Arnold, Devin				Hastings	6.10m	20-00.25
	6.10m	5.80m	6.09m				
15	Whitehead, Michael				Morningside	6.06m	19-10.75
	6.06m	6.03m	5.97m				
16	Van Essen, Isaac				Dak Wesleyan	5.94m	19-06.00
	5.94m	5.75m	FOUL				
17	Van Kooten, Derek				Dordt	5.84m	19-02.00
	5.46m	5.68m	5.84m				
--	Wiederspan, Michael				Doane	FOUL	
	FOUL	FOUL	FOUL				

#### Men Triple Jump

=====									
Name	Year	School						Finals	
=====									
1	Cowan, Augustus						Briar Cliff	14.77m	48-05.50
	13.65m	14.71m	14.77m	14.25m	14.21m	14.20m			
2	Sellhorst, Garrett						Neb Wesleyan	14.30m	46-11.00
	14.30m	13.21m	FOUL	14.29m	13.89m	FOUL			
3	Starr, Austin						Doane	14.01m	45-11.75
	14.01m	13.79m	13.99m	13.44m	13.79m	13.56m			
4	Collins, Andre						Doane	13.84m	45-05.00
	13.53m	FOUL	13.84m	13.44m	13.69m	13.46m			
5	Kettner, Jacob						Concordia	13.82m	45-04.25
	13.80m	13.82m	13.67m	PASS	FOUL	13.54m			
6	Lauenroth, Colin						Doane	13.36m	43-10.00
	FOUL	12.86m	13.07m	13.10m	13.27m	13.36m			
7	Farrand, AJ						Neb Wesleyan	13.34m	43-09.25
	13.01m	13.27m	12.99m	12.93m	13.14m	13.34m			
8	Lindsey, Brandon						Briar Cliff	13.32m	43-08.50
	13.21m	13.26m	12.73m	13.23m	FOUL	13.32m			
9	Brown, Travis						Concordia	13.29m	43-07.25
	13.29m	FOUL	FOUL	12.24m	12.99m	13.29m			
10	Kaster, Zach						Doane	12.77m	41-10.75
	12.37m	FOUL	12.77m						
11	Zonnefeld, Trevor						Dordt	12.61m	41-04.50
	12.61m	12.35m	12.49m						
12	Burks, Tyler						Doane	12.38m	40-07.50
	FOUL	FOUL	12.38m						

13	DeLara, Carlos		Doane	12.17m	39-11.25
	FOUL	12.17m	FOUL		
14	Korver, Isaiah		Northwestern	11.94m	39-02.25
	FOUL	11.94m	FOUL		

Men Shot Put

Name	Year	School	Finals
1 Roberts, Justin		Hastings	16.44m 53-11.25
15.35m	16.05m	16.01m	FOUL 16.38m 16.44m
2 Carmichael, Dillon		Doane	16.04m 52-07.50
15.86m	15.76m	16.00m	FOUL 16.04m FOUL
3 Jones, Eric		Briar Cliff	15.93m 52-03.25
14.84m	FOUL	FOUL	15.93m FOUL FOUL
4 Clouse, John		Doane	15.65m 51-04.25
15.46m	15.65m	FOUL	FOUL FOUL 15.25m
5 Farmer, Trey		Concordia	15.62m 51-03.00
FOUL	14.96m	FOUL	FOUL 15.62m 15.36m
6 Boellstorff, Cody		Concordia	15.58m 51-01.50
14.68m	FOUL	14.80m	15.35m 15.58m FOUL
7 Lurz, Zachary		Concordia	15.51m 50-10.75
15.11m	15.51m	FOUL	15.49m FOUL 15.29m
8 Rathke, Tyler		Hastings	15.18m 49-09.75
14.73m	15.02m	15.18m	14.78m 14.96m FOUL
9 Kreutzer, Philip		Concordia	14.99m 49-02.25
14.99m	FOUL	14.57m	14.74m 14.91m 14.76m
10 Lindgren, Sean		Neb Wesleyan	14.37m 47-01.75
13.09m	14.37m	FOUL	
11 Drwal, Kevin		Neb Wesleyan	14.36m 47-01.50
13.67m	14.31m	14.36m	
12 Keele, Alex		Hastings	J14.36m 47-01.50
FOUL	14.36m	14.02m	
13 Hillman, Levi		Doane	14.02m 46-00.00
14.02m	FOUL	FOUL	
14 Svoboda, Chris		Doane	14.00m 45-11.25
13.37m	FOUL	14.00m	
15 Bundick, Grayson		Dordt	13.71m 44-11.75
13.38m	13.71m	12.96m	
16 De Jong, Lawton		Northwestern	13.46m 44-02.00
13.03m	13.46m	13.38m	
17 Kelley, Isaac		Neb Wesleyan	13.26m 43-06.00
13.26m	FOUL	FOUL	
18 Kelley, Dalton		Northwestern	12.49m 40-11.75
12.00m	FOUL	12.49m	

Men Weight Throw

Name	Year	School	Finals
1 Roberts, Justin		Hastings	18.83m 61-09.50
17.67m	18.29m	18.22m	18.44m 18.83m FOUL
2 Rathke, Tyler		Hastings	18.62m 61-01.25
18.08m	18.32m	18.43m	18.62m 18.60m 18.51m
3 Hillman, Levi		Doane	18.47m 60-07.25
18.47m	FOUL	18.39m	18.24m 17.99m 18.43m
4 Boellstorff, Cody		Concordia	17.37m 57-00.00
FOUL	FOUL	17.15m	17.37m FOUL 16.73m
5 Schulteis, Benjamin		Concordia	17.30m 56-09.25
16.93m	17.30m	FOUL	FOUL FOUL FOUL
6 Seiler, Torry		Hastings	17.24m 56-06.75
16.59m	17.20m	FOUL	16.49m 16.70m 17.24m
7 Farmer, Trey		Concordia	17.07m 56-00.00

	16.12m	17.07m	16.97m	16.50m	FOUL	FOUL		
8	Maisen, Dalton			Hastings			16.99m	55-09.00
	15.81m	16.98m	16.99m	16.01m	FOUL	16.48m		
9	Slechta, Joshua			Concordia			16.64m	54-07.25
	16.64m	FOUL	FOUL	FOUL	FOUL	FOUL		
10	Clouse, John			Doane			16.36m	53-08.25
	FOUL	15.84m	16.36m					
10	Larrington, Jordan			Concordia			16.36m	53-08.25
	16.36m	FOUL	FOUL					
12	Keele, Alex			Hastings			16.34m	53-07.50
	15.48m	16.08m	16.34m					
13	Kreutzer, Philip			Concordia			15.73m	51-07.25
	15.26m	15.73m	FOUL					
14	Lurz, Zachary			Concordia			15.57m	51-01.00
	FOUL	FOUL	15.57m					
15	Davis, Jesse			Dordt			15.34m	50-04.00
	14.92m	15.34m	14.95m					
16	Pastoor, Justin			Dordt			15.21m	49-11.00
	15.19m	15.21m	15.03m					
17	Matthews, Joseph			Midland			14.81m	48-07.25
	14.21m	FOUL	14.81m					
18	Austin, Nic			Morningside			13.97m	45-10.00
	13.80m	13.97m	FOUL					

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year	School	Finals	H#	Points
1 Wolken, Kale		Doane	7.03	2	872
2 Strofaci, Jordan		Northwestern	7.21	1	809
3 Nelson, Kevin		Hastings	7.27	2	789
4 Von Seggern, Max		Midland	7.32	2	772
5 Wiechman, Lucas		Concordia	7.38	1	752
6 Cook, Brandon		Concordia	7.40	2	745
7 McClintic, Cassius		Doane	7.43	1	736
8 Ramos, Brandon		Concordia	7.45	1	729
9 Hollinger, Noah		Northwestern	7.46	1	726
10 Krueger, Jake		Doane	7.47	2	723
11 Auerbach, Jake		Northwestern	7.73	2	640
12 Polivka, Jaret		Neb Wesleyan	7.73	1	640
13 Mumm, Austin		Morningside	7.85	2	604
14 Virgl, Derek		Neb Wesleyan	8.07	2	540

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 Auerbach, Jake		Northwestern	2:53.49	729
2 Krueger, Jake		Doane	2:53.89	725
3 Hollinger, Noah		Northwestern	2:55.31	711
4 Cook, Brandon		Concordia	2:58.63	678
5 Nelson, Kevin		Hastings	2:58.71	677
6 Wiechman, Lucas		Concordia	2:59.86	666
7 Mumm, Austin		Morningside	2:59.87	666
8 McClintic, Cassius		Doane	3:00.40	660
9 Ramos, Brandon		Concordia	3:00.56	659
10 Strofaci, Jordan		Northwestern	3:01.16	653
11 Virgl, Derek		Neb Wesleyan	3:06.32	604
12 Von Seggern, Max		Midland	3:09.83	571
13 Wolken, Kale		Doane	3:18.59	494
14 Polivka, Jaret		Neb Wesleyan	3:27.05	424

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
1 McClintic, Cassius	Doane	8.51	2	858
2 Krueger, Jake	Doane	8.54	3	851
3 Wolken, Kale	Doane	8.73	1	806
4 Strofaci, Jordan	Northwestern	8.80	3	791
5 Ramos, Brandon	Concordia	8.87	3	775
6 Wiechman, Lucas	Concordia	8.97	2	752
7 Cook, Brandon	Concordia	9.09	3	726
8 Nelson, Kevin	Hastings	9.40	4	660
9 Mumm, Austin	Morningside	9.68	4	603
10 Auerbach, Jake	Northwestern	9.77	4	585
11 Polivka, Jaret	Neb Wesleyan	9.86	2	568
12 Von Seggern, Max	Midland	10.09	4	524
13 Hollinger, Noah	Northwestern	10.27	1	491
-- Virgl, Derek	Neb Wesleyan	DNF	1	

Heptathlon: #4 Men High Jump Heptathlon

Name	Year School	Finals	Points
1 Wolken, Kale	Doane	2.01m 6-07.00	813
1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95 1.98 2.01 2.04			
PPP PPP PPP PPP PPP PPP PPP O PPP PPP O PPP PPP O PPP O XXX			
2 McClintic, Cassius	Doane	1.86m 6-01.25	679
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89			
PPP PPP PPP PPP PPP PPP PPP PPP O PPP O O XO XO XO O XXX			
3 Mumm, Austin	Morningside	1.83m 6-00.00	653
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XO O XO XXX			
4 Ramos, Brandon	Concordia	1.80m 5-10.75	627
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O XXO XXX			
5 Strofaci, Jordan	Northwestern	1.77m 5-09.75	602
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80			
PPP PPP PPP PPP PPP PPP PPP PPP PPP XO O O XO XXX			
6 Krueger, Jake	Doane	1.74m 5-08.50	577
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77			
PPP PPP PPP PPP PPP PPP PPP PPP XO PPP XO XO XXX			
6 Von Seggern, Max	Midland	1.74m 5-08.50	577
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77			
PPP PPP PPP PPP PPP PPP PPP O PPP O XO XO XXX			
8 Wiechman, Lucas	Concordia	1.68m 5-06.00	528
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71			
PPP PPP PPP PPP PPP PPP O O O O XXX			
8 Auerbach, Jake	Northwestern	1.68m 5-06.00	528
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71			
PPP PPP PPP PPP PPP PPP PPP PPP PPP O XXX			
8 Hollinger, Noah	Northwestern	1.68m 5-06.00	528
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71			
PPP PPP PPP PPP PPP PPP PPP PPP O O XXX			
11 Polivka, Jaret	Neb Wesleyan	1.65m 5-05.00	504
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68			
PPP PPP PPP PPP PPP PPP O O O XXX			
11 Nelson, Kevin	Hastings	1.65m 5-05.00	504
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68			
PPP PPP PPP PPP PPP PPP O O XXO XXX			
11 Cook, Brandon	Concordia	1.65m 5-05.00	504
1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68			
PPP PPP PPP PPP PPP PPP O O O XXX			
-- Virgl, Derek	Neb Wesleyan	NH	
1.41			

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year	School	Finals												Points				
1	Wiechman, Lucas	Concordia	4.50m	14-09.00	760														
	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	4.60	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	PPP	O	PPP	O	PPP	XXO	O	XXX	
2	Krueger, Jake	Doane	4.30m	14-01.25	702														
	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XXO	PPP	O	XO	XXX	
2	Ramos, Brandon	Concordia	4.30m	14-01.25	702														
	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	O	O	O	O	XO	O	XXX	
4	Wolken, Kale	Doane	4.00m	13-01.50	617														
	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	
	PPP	PPP	PPP	PPP	PPP	O	PPP	PPP	O	PPP	PPP	O	PPP	PPP	XO	PPP	PPP	XXX	
5	Von Seggern, Max	Midland	3.90m	12-09.50	590														
	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	O	O	XXO	XO	O	XXX	
6	Mumm, Austin	Morningside	3.40m	11-01.75	457														
	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50				
	PPP	PPP	PPP	PPP	PPP	O	PPP	O	PPP	O	PPP	O	O	O	XXX				
7	McClintic, Cassius	Doane	3.20m	10-06.00	406														
	2.00	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30					
	PPP	O	O	O	O	O	XO	O	O	O	O	O	O	O	XXX				
7	Cook, Brandon	Concordia	3.20m	10-06.00	406														
	2.00	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30					
	PPP	PPP	PPP	PPP	O	XO	O	O	O	O	O	O	O	XO	XXX				
9	Hollinger, Noah	Northwestern	2.90m	9-06.25	333														
	2.00	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00								
	PPP	PPP	PPP	PPP	PPP	O	O	PPP	O	O	XXX								
9	Nelson, Kevin	Hastings	2.90m	9-06.25	333														
	2.00	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00								
	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	O	XXX								
11	Auerbach, Jake	Northwestern	2.70m	8-10.25	286														
	2.00	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80										
	PPP	PPP	PPP	PPP	XO	XXO	O	XO	XXX										
12	Polivka, Jaret	Neb Wesleyan	2.50m	8-02.50	242														
	2.00	2.10	2.20	2.30	2.40	2.50	2.60												
	PPP	PPP	O	O	O	O	XXX												
13	Virgl, Derek	Neb Wesleyan	2.40m	7-10.50	220														
	2.00	2.10	2.20	2.30	2.40	2.50													
	XO	PPP	PPP	PPP	O	XXX													
--	Strofaci, Jordan	Northwestern																	
	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10								
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XXX								

Heptathlon: #2 Men Long Jump Heptathlon

Name	Year	School	Finals		Points
1	Wolken, Kale	Doane	7.03m	23-00.75	821
	7.03m	PASS	PASS		
2	Nelson, Kevin	Hastings	6.53m	21-05.25	704
	5.97m	6.53m	FOUL		
3	McClintic, Cassius	Doane	6.49m	21-03.50	695
	6.36m	6.49m	6.07m		
4	Strofaci, Jordan	Northwestern	6.42m	21-00.75	679
	6.11m	6.26m	6.42m		
5	Wiechman, Lucas	Concordia	6.41m	21-00.50	677
	6.41m	5.97m	6.02m		

6	Cook, Brandon	Concordia	6.30m	20-08.00	652
	6.30m 5.81m 6.01m				
7	Von Seggern, Max	Midland	6.15m	20-02.25	619
	6.15m 6.04m FOUL				
8	Krueger, Jake	Doane	6.13m	20-01.50	615
	6.13m FOUL FOUL				
9	Ramos, Brandon	Concordia	6.04m	19-09.75	595
	5.94m 6.04m 5.46m				
10	Mumm, Austin	Morningside	5.90m	19-04.25	565
	5.42m 5.90m 5.87m				
11	Polivka, Jaret	Neb Wesleyan	5.76m	18-10.75	535
	5.57m FOUL 5.76m				
12	Hollinger, Noah	Northwestern	5.71m	18-09.00	525
	5.57m 5.66m 5.71m				
13	Auerbach, Jake	Northwestern	5.64m	18-06.00	510
	5.57m 5.64m 5.48m				
14	Virgl, Derek	Neb Wesleyan	4.80m	15-09.00	345
	4.72m 4.80m 4.56m				

Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 Wolken, Kale	Doane	13.73m 45-00.50	712
		12.96m 13.73m 13.30m	
2 Von Seggern, Max	Midland	11.88m 38-11.75	599
		11.19m 11.88m 11.88m	
3 Krueger, Jake	Doane	10.98m 36-00.25	545
		10.98m 10.73m 10.58m	
4 Cook, Brandon	Concordia	10.93m 35-10.50	542
		10.93m 10.70m 10.75m	
5 Wiechman, Lucas	Concordia	10.87m 35-08.00	538
		10.20m 10.87m 10.07m	
6 Virgl, Derek	Neb Wesleyan	10.83m 35-06.50	536
		9.43m 10.09m 10.83m	
7 Hollinger, Noah	Northwestern	10.65m 34-11.25	525
		10.63m 9.77m 10.65m	
8 Polivka, Jaret	Neb Wesleyan	10.45m 34-03.50	513
		10.09m 10.37m 10.45m	
9 McClintic, Cassius	Doane	10.14m 33-03.25	494
		9.21m 10.14m 10.05m	
10 Auerbach, Jake	Northwestern	9.81m 32-02.25	474
		9.00m 9.81m 9.20m	
11 Nelson, Kevin	Hastings	9.64m 31-07.50	464
		9.64m 9.20m 9.21m	
12 Strofaci, Jordan	Northwestern	9.44m 30-11.75	452
		8.96m 9.44m 9.30m	
13 Mumm, Austin	Morningside	9.25m 30-04.25	441
		8.62m 9.14m 9.25m	
14 Ramos, Brandon	Concordia	9.16m 30-00.75	435
		9.16m 8.88m 8.55m	

Men Heptathlon

Name	Year School	Finals
1 Wolken, Kale	Doane	5135
2 Krueger, Jake	Doane	4738
3 Wiechman, Lucas	Concordia	4673
4 McClintic, Cassius	Doane	4528
5 Ramos, Brandon	Concordia	4522
6 Cook, Brandon	Concordia	4253
7 Von Seggern, Max	Midland	4252

8 Nelson, Kevin	Hastings	4131
9 Mumm, Austin	Morningside	3989
10 Strofaci, Jordan	Northwestern	3986
11 Hollinger, Noah	Northwestern	3839
12 Auerbach, Jake	Northwestern	3752
13 Polivka, Jaret	Neb Wesleyan	3426
14 Virgl, Derek	Neb Wesleyan	2245

Women - Team Rankings - 19 Events Scored

1) Doane College	212.16	2) Concordia University	124.33
3) Hastings College	114.50	4) Dordt College	92
5) Morningside College	57	6) Nebraska Wesleyan Univers	46
7) Northwestern College	35	8) Mount Marty College	25.50
9) Midland University	22.50	10) Briar Cliff University	11
11) Dakota Wesleyan University	1		

Men - Team Rankings - 19 Events Scored

1) Concordia University	196	2) Doane College	172
3) Nebraska Wesleyan Universi	73	4) Northwestern College	68.50
5) Morningside College	61	6) Hastings College	58
7) Dordt College	46.50	8) Briar Cliff University	44
9) Midland University	21	10) Mount Marty College	1