

CONCORDIA UNIVERSITY NEBRASKA

WOMEN'S INDOOR TRACK & FIELD

ALL TIME PERFORMANCE LIST

UPDATED AS OF 1-16-25

60 METER DASH:

[.53 CONVERSION FOR 55 METER DASH/60 YARD DASH-via tfrs.org]

1. Carol Bailey	7.52 (c 6.99)	2-26-88 NAIA Natls
2. Shelly Northover	7.71 (c 7.18)	2-18-89 NAIA Districts
3. Charista Zehnder	7.76	3-6-10 NAIA Natls ETSU (prelims-7 th)
4. Charity Anderson	7.76 (c 7.23)	2-20-98 UNL (NIAC Inv)
5. Adrianna Rodencal	7.81	2-18-23 GPAC @ Concordia
6. Cora Olson	7.85	2-22-20 GPAC @ Dakota Wesleyan (3 rd)
	7.85 (c 7.32)	2-20-21 GPAC @ Dordt (2 nd)
7. Brittney Aitken	7.88	2-19-22 GPAC @ Doane (5 th)
8. Emily Loseke	7.89	12-14-24 Concordia Early Bird
9. Cambria Saunders	7.93	2-9-24 Concordia Invite
10. Rachel Battershell	7.97	1-25-19 Concordia Classic
11. Christy Beune	7.97 (c 7.44)	2-18-17 GPAC @ Dordt (prelims)
12. Melody Strom	7.97 (c 7.44)	3-1-1976
13. Marie Schaepe	7.97 (c 7.44)	3-1-1982
14. Shelley Heny	7.97 (c 7.44)	3-1-1983
15. Mika Brees	7.98	2-17-18 GPAC @ Doane
16. Hannah Mulligan	7.98	2-22-20 GPAC @ Dakota Wesleyan
17. McCarter, Adysen	8.00	12-14-24 Concordia Early Bird
18. Amira Cummings	8.02 (c 7.49)	2-20-21 GPAC @ Dordt
19. Bella Hruza	8.02	12-11-21 Concordia Early Bird
20. April Niederklein	8.02	2-19-11 GPAC @ UNL (prelims)
21. Alexandra Eisenhauer	8.04	1-27-24 Concordia Classic
22. Jill Pfeifer	8.04 (c 7.51 55M)	2-25-06 GPAC NWU
23. Anna Beune	8.05	2-21-15 GPAC @ Concordia (prelims)
24. Heather Olson	8.05 (c 7.52)	2004
25. Emily Loy	8.08	1-19-19 Polar Dog Invite
26. Katie Severt	8.09	1-25-20 Concordia Polar Dog
27. Katie Swanson	8.10 (c 7.57)	2-2-08 Doane Track Classic
28. Amy Schoof	8.11 (c 7.58)	2-4-89 Doane Invite
29. Taylor Meyer	8.12	2-10-23 Concordia Invite
30. Sydni Schernikau	8.12 (c 7.59)	2-20-21 GPAC @ Dordt
31. Curiosity Young	8.13	2-16-13 GPAC @ UNL (prelims)
		2-22-14 GPAC Doane
32. Sara Sype	8.13 (c 7.60)	1-15-94 Doane Ward Haylett
33. Lauren Sankey	8.13 (c 7.60 55M)	2-10-06 UNK All Comer Meet
34. Coral Collins	8.15	12-14-24 Concordia Early Bird
35. Jamey Broman	8.17	2-13-21 Concordia Invite
36. Hayley Miles	8.19	12-10-22 Concordia Early Bird
37. Kayla Kirchner	8.20	2-10-23 Concordia Invite
38. Kellie Rhodes	8.20	2-3-24 Fred Beile Classic
39. Jill Schroeder	8.23	2-20-16 GPAC @ UNL (prelims)
40. Robin Miller	8.26 (c 7.73)	1997
41. Bonita Malone	8.27 (c 7.74)	3-1-1982
42. Iris Dalton	8.27 (c 7.74)	3-1-1987
43. Erin Ely	8.27 (c 7.74)	2-10-01 Doane
44. Kari Retzlaff	8.28 (c 7.75)	2-10-01 Doane
45. Rachel Dippon	8.29 (c 7.76)	2000
46. Peatrowsky, Cassie	8.29	12-14-24 Concordia Early Bird
47. Emily Metcalf	8.30	2-13-10 Concordia Invite
48. Jamey Broman	8.33	1-22-21 Concordia Polar Dog
49. Neleigh Poss	8.34	12-10-22 Concordia Early Bird
50. Jordyn Brummund	8.34	2-12-16 Concordia Invite
51. Gabby Diamond	8.36	1-22-22 Concordia Polar Dog
52. Haley Stazak	8.36	2-17-18 GPAC @ Doane

53. Rebecca Weddell	8.38	1-18-20 Doane Scott Nisely
54. Brittny Fox	8.39	1-27-13 Concordia Classic
55. McKenzie Gravo	8.41	2-6-16 Fred Beile Classic
56. Brianna Quinn	8.42	1-28-23 Doane Fred Beile
57. Leah Larson	8.43	1-30-16 Concordia Classic
58. Christine Pfeifer	8.50	2-13-10 Concordia Invite
59. Randi Janzen	8.53	1-20-14 Doane Scott Nisely Classic
60. Candace Norman-Kolling	8.54	1-16-16 Doane Scott Nisely Classic
61. Cassandra Starks	8.55	1-28-12 Concordia Classic
62. Erin Boggs	8.58	1-29-22 Doane Fred Beile Classic
63. Dani Masur	8.59	2-11-12 Concordia Invite
64. Sarah Allen	8.61	2-10-18 Concordia Invite
65. Melanie Jochimsen	8.62	2-12-15 Concordia Invite
66. Mya Gawrych	8.66	2-3-24 Fred Beile Classic
67. Jenny Suing	8.71	1-14-12 Concordia Polar Dog

200 METER DASH:

1. Carol Bailey	24.69	
2. Adrianna Rodencal	25.51	2-3-24 Frank Sevigne Husker Invite
3. Charity Anderson	25.76	2-20-98 UNL (NIAC Inv)
4. Charista Zehnder	25.76	2-21-09 GPAC @ UNL
5. Cora Olson	25.93	12-11-21 Concordia Early Bird
6. Kayla Kirchner	26.03	2-9-24 Concordia Invite
7. Emily Loseke	26.03	12-14-24 Concordia Early Bird
8. Rachel Battershell	26.07	1-19-19 Polar Dog Invite
9. Jacee Pfeifer	26.10	1-19-19 Polar Dog Invite
10. Mika Brees	26.30	2-17-18 GPAC @ Doane
11. Josi Noble	26.30	2-9-24 Concordia Invite
12. Brittney Aitken	26.31	2-12-22 Concordia Invite
13. Lauren Sankey	26.52	2-24-07 GPAC @ UNL
14. Katie Swanson	26.54	2-24-07 GPAC @ UNL
15. Jill Pfeifer	26.54	2-23-08 GPAC @ UNL
16. Kiki Nyanok	26.62	2-9-24 Concordia Invite
17. Hannah Mulligan	26.67	2-13-21 Concordia Invite
18. April Niederklein	26.72	2-12-11 Concordia Invite
19. Christine Beune	26.73	2-18-17 GPAC @ Dordt
20. Tori Beran	26.88	2-20-16 GPAC @ UNL
21. Sydney Schernikau	26.90	2-20-21 GPAC @ Dordt
22. Cambria Saunders	26.95	12-14-24 Concordia Early Bird
23. Bethany Sutton	26.95	1-14-11 UNL Holiday Inn Invite
24. Sarah Lewis	27.01	1-19-19 Polar Dog Invite
25. Curiosity Young	27.01	2-16-13 GPAC @ UNL
26. Isabelle Salters	27.02	2-10-23 Concordia Invite
27. Jenna Esch	27.04	2-12-22 Concordia Invite
28. Emily Loy	27.04	2-16-19 GPAC @ Concordia
29. Kellie Rhodes	27.08	2-9-24 Concordia Invite
30. Heather Olson	27.24	2-14-03 UNL
31. Randi Janzen	27.25	2-7-15 Fred Beile Classic
32. Jill Schroeder	27.27	2-12-16 Concordia Invite
33. Rebeccah Proud	27.32	2-14-03 UNL
34. Anna Beune	27.32	2-12-16 Concordia Invite
35. Laney Denniston	27.33	12-14-24 Concordia Early Bird
36. Kim Wood	27.34	2-12-16 Concordia Invite
37. Alexandra Eisenhauer	27.39	12-9-23 Concordia Early Bird
38. Kari Retzlaff	27.40	2000
39. Katie Klein	27.44	2-13-10 Concordia Invite
40. Bella Hruza	27.48	12-11-21 Concordia Early Bird
41. Gabby Diamond	27.52	2-20-21 GPAC @ Dordt
42. Emily Wolters	27.55	1-31-09 Doane Track Classic
43. Coral Collins	27.57	12-14-24 Concordia Early Bird
44. Marielle Plunk	27.57	2-7-15 Fred Beile Classic
45. Jessica Klaustermeier	27.60	2-8-13 Concordia Invite
46. Brittny Fox	27.61	1-27-13 Concordia Classic
47. Melanie Jochimsen	27.67	1-22-16 UNL Prairie Wolf Invite
48. Candace Norman-Kolling	27.68	1-22-16 UNL Prairie Wolf Invite
49. Renae Beikman	27.69	1-22-94 UNL Open

50. Kennedy Mogul	27.73	1-19-18 Polar Dog Invite
51. Jamie Nikodym	27.76	1-19-19 Polar Dog Invite
52. Taylor Meyer	27.78	2-3-23 Concordia Classic
53. Neleigh Poss	27.78	12-10-22 Concordia Early Bird
54. Brianna Quinn	27.79	1-27-24 Concordia Classic
55. Rebecca Weddell	27.79	2-14-20 Concordia Invite
56. Amira Cummings	27.87	2-5-21 Concordia Classic
57. Brittnie Besel	27.90	1-22-10 NWU Invite @ UNL
58. Arisyn Bratt	27.90	12-14-24 Concordia Early Bird
59. Megan Letts	27.90	1-29-11 Concordia Classic
60. Rachel Dippon	27.91	2000
61. Paige Getz	27.95	2-12-15 Concordia Invite
62. Emily Metcalf	28.03	2-13-10 Concordia Invite
63. Christine Pfeifer	28.07	2-16-08 USD Open
64. Montana Hayes	28.09	1-20-12 NWU Invite @ UNL
65. Kaylee Boyle	28.24	1-25-20 Concordia Polar Dog
66. Landrey Walter	28.25	12-10-22 Concordia Early Bird
67. Stephanie Kohlwey	28.27	2005
68. Deb Kroese	28.29	2-15-02 UNL
69. Lydia Pomerence	28.31	1-20-12 NWU Invite @ UNL
70. M'leigh Rempfer	28.33	2-16-07 UNL Prairie Wolf Invite
71. Tanel Baehr	28.34	2-8-14 Fred Beile Classic
72. Miranda Rathjen	28.35	1-25-19 Concordia Classic
73. Sara Sype	28.37	1-22-94 UNL Open
74. Rachel Cutler	28.38	1-14-12 Concordia Polar Dog
75. Anna McCoy	28.38	2-4-22 Concordia Classic
76. Jamey Broman	28.46	1-19-19 Polar Dog Invite
77. Talitha Elbert	28.48	2-8-14 Fred Beile Classic

300 YARD DASH:

1. Carol Bailey	35.03	2-18-89 NAIA Districts
2. Charity Anderson	37.39	3-7-98 NIAC Doane
3. Dove Robinson	37.84	3-4-95 NWU
4. Marie Schaepe	38.44	3-1-1982
5. Shelly Northover	38.86	2-18-89 NAIA Districts
6. Erin Ely	39.25	2-9-02 Doane
7. Kari Retzlaff	39.35	2-9-02 Doane
8. Shelley Heny	39.54	3-1-1984
9. Sara Sype	39.55	2-26-94 NIAC
10. Renae Beikman	39.57	3-4-95 NWU
11. Kyley Weinberger	39.92	3-4-95 NWU
12. Angie Aufdemberge	40.00	2-16-91 NIAC NWU
13. Jenny Morner	40.04	3-1-1982

400 METER / 440 YARD DASH:

1. Rachel Battershell	54.77	3-7-20 NAIA Natls @ SDSU (1 st - National Champion)
2. Carol Bailey	54.98	2-11-89 UNL Husker Invite
3. Jenna Esch	56.97	2-3-24 Frank Sevigne Husker Invite
4. Jordan Koepke	57.95	2-9-24 Concordia Invite
5. Sarah Lewis	58.10	12-11-21 Concordia Early Bird
6. Jacee Pfeifer	58.14	2-16-19 GPAC @ Concordia (3 rd)
7. Katie Swanson	58.18	2-23-08 GPAC @ UNL
8. Trinity Tuls	58.88	2-10-23 Concordia Invite
9. Kayla Kirchner	59.24	12-14-24 Concordia Early Bird
10. Angie Aufdemberge	59.35	2-23-91 NAIA Districts (cnv)
11. Josi Noble	59.70	2-3-23 Concordia Classic
12. Dove Robinson	1:00.03	1995
13. Marielle Plunk	1:00.13	2-12-15 Concordia Invite
14. Emily Loseke	1:00.20	2-10-23 Concordia Invite
15. Jessica Klostermeier	1:00.26	12-15-12 Concordia Polar Dog
16. Randi Janzen	1:00.34	2-7-15 Fred Beile Classic
17. Jamie Nikodym	1:00.35	2-16-19 GPAC @ Concordia (7 th)
18. Bethany Sutton	1:00.40	2-13-10 Concordia Invite
19. Katie Klein	1:00.50	2-13-10 Concordia Invite
20. Kyley Weinberger	1:00.60	1996 NIAC
21. Isabelle Salters	1:00.61	2-17-24 GPAC @ Mt. Marty

22. Rebecca Proud	1:00.87	2-14-03 UNL
23. Christine Beune	1:00.97	2-12-16 Concordia Invite
24. Shelby Stolze	1:00.99	2-16-13 GPAC @ UNL
25. Lauren Sankey	1:01.01	2-17-06 UNL Prairie Wolf Invite
26. Emily Wolters	1:01.03	2-14-09 Doane
27. Erin Ely	1:01.04	2-10-01 Doane
28. Quiriosity Young	1:01.13	2-8-13 Concordia Invite
		2-16-13 GPAC @ UNL
29. Mika Brees	1:01.33	2-14-20 Concordia Invite
30. Julie Reinke	1:01.46	1999
31. Kim Fichtner	1:01.52	2-20-98 UNL (NIAC Inv)
32. Laura Bogenhagen	1:01.55	2-17-06 UNL Prairie Wolf Invite
33. Kari Retzlaff	1:01.63	2-2-02 UNK
34. Laura Brinkmeyer	1:01.64	2-14-87 NWU
35. MaryLou Andrews	1:01.68	2-16-08 USD Open
36. Marti Vlasin	1:01.71	2-14-14 Concordia Invite
37. Tori Beran	1:01.75	2-20-16 GPAC @ UNL
38. Lainey Werts	1:01.76	2-9-24 Concordia Invite
39. Brianna Quinn	1:01.79	2-18-23 GPAC @ Concordia
40. Rebecca Weddell	1:01.82	2-22-20 GPAC @ Dakota Wesleyan
41. Renae Beikman	1:01.84	1995
42. Kiki Nyanok	1:01.90	12-9-23 Concordia Early Bird
43. Brittnie Besel	1:01.95	2-13-10 Concordia Invite
44. Sara Sype	1:02.14	1995
45. Megan Letts	1:02.40	1-29-11 Concordia Classic
46. M'Leigh Rempfer	1:02.45	2-23-08 GPAC @ UNL
47. Arisyn Bratt	1:02.54	12-14-24 Concordia Early Bird
48. Marie Schaepe	1:02.64	3-1-82
49. Grace Oberg	1:02.78	2-4-22 Concordia Classic
50. Erika Schroeder	1:02.85	2-4-12 UNL Husker Invite
51. Candace Norman-Kolling	1:02.88	1-24-14 UNL Prairie Wolf Invite
52. Heather Wagoner	1:02.90	2-15-92 Doane Tiger Classic

600 METER RUN:

(NAIA Conversion: 600 yd X 1.10= 600M)

1. Kimberly Wood	1:32.92	2-20-16 GPAC @ UNL (1 st - GPAC Record)
2. Jordan Koepke	1:33.24	3-5-22 NAIA Natls @ SDSU (finals-3 rd)
3. Jenna Esch	1:33.52	2-3-24 Frank Sevigne Husker Invite
4. Katie Swanson	1:34.28 (c 1:25.71 600 yd)	2-7-09 UNL Husker Invite
5. Bethany Sutton	1:34.97 (c 1:26.34 600 yd)	1-16-10 UNL Holiday Inn Invite
6. Keri Bauer	1:35.70	3-5-22 NAIA Natls @ SDSU (prelims-11 th)
7. Emily Wolters	1:35.99	2-21-09 GPAC @ UNL
8. Angie Aufdemberge	1:36.07 (c 1:27.34 600 yd)	2-16-91 NIAC-NWU
9. Julie Reinke	1:36.21 (c 1:27.46 600 yd)	3-1-97 NAIA Natls UNL
10. Rachel Battershell	1:36.73	2-14-20 Concordia Invite
11. Kyle Weinberger	1:37.11 (c 1:28.28 600 yd)	1995 UNL
12. Carol Franklin	1:37.47 (c 1:28.61 600 yd)	2-17-90 NIAC
13. Katie Klein	1:37.68 (c 1:28.80 600 yd)	2-6-10 UNL Husker Invite
14. Jacee Pfeifer	1:37.73	2-4-22 UNL Frank Sevigne Husker Invite
15. Kari Retzlaff	1:37.86 (c 1:28.96 600 yd)	2-15-02 UNL
16. Randi Janzen	1:38.25	2-12-15 Concordia Invite
17. Marti Vlasin	1:38.44	3-4-17 NAIA Natls ETSU (prelims)
18. MaryLou Andrews	1:38.70 (c 1:29.73 600 yd)	1-27-07 UNL Adidas Classic
19. Lori Meyer	1:38.89 (c 1:29.90 600 yd)	3-1-1987 NIAC
20. Erin Ely	1:39.07 (c 1:30.06 600 yd)	2-17-01 UNL
21. Robin Leggett	1:39.26 (c 1:30.24 600 yd)	1995 UNL
22. Talitha Elbert	1:39.29	2-12-15 Concordia Invite
23. Kim Fichtner	1:39.74 (c 1:30.67 600 yd)	1-10-98 Doane
24. Melissa Rueg	1:39.80	2-19-05 GPAC Dordt
25. Jenean Williams	1:39.80	2-16-13 GPAC @ UNL
26. Alayna Daberkow	1:40.51	1-30-16 Concordia Classic
27. Anita Lutz	1:40.58 (c 1:31.44 600 yd)	3-1-85
28. Audrey Reite	1:40.60 (c 1:31.45 600 yd)	1997
29. Tori Beran	1:40.69	2-8-19 Concordia Invite
30. Christina Tomka	1:40.74	2-12-11 Concordia Invite
31. Miranda Rathjen	1:40.76	2-10-18 Concordia Invite

32. Dawn Klein	1:40.80 (c 1:31.64 600 yd)	2-24-90 NAIA Dist
33. Megan Letts	1:40.83	2-17-12 GPAC @ UNL
34. Kennedy Mogul	1:41.05	2-14-20 Concordia Invite
35. Lainey Werts	1:41.16	2-5-21 Concordia Classic
36. Josi Noble	1:41.39	2-3-24 Fred Beile Classic
37. Devonna Buesing	1:41.46 (c 1:32.24 600 yd)	3-1-1986

800 METER RUN:

1. Kimberly Wood	2:11.03	1-30-16 Concordia Classic
2. Bethany Sutton	2:13.26	3-5-11 NAIA Natls Geneva, OH (3 rd)
3. Jenna Esch	2:13.54	3-2-24 NAIA Natls SDSU (4 th)
4. Dove Robinson	2:16.16	1995 UNL
5. Laree David	2:16.57	3-3-01 NAIA Natls ETSU
6. Kim Fichtner	2:17.07	2-28-98 NAIA Natls UNL
7. Rylee Haecker	2:17.22	2-9-24 Concordia Invite
8. Jenean Williams	2:18.23	3-8-14 NAIA Natls Geneva, OH (prelims)
9. Julie Reinke	2:18.43	1999
10. Rachael Geidel	2:18.73	2-5-00 Doane
11. Martha Meineke	2:19.34	2-19-11 GPAC @ UNL
12. MaryLou Andrews	2:19.72	2-9-08 UNL Adidas Classic
13. Jennifer Nikkila	2:19.84	2005
14. Andrea Overstreet	2:20.18	1999
15. Carol Franklin	2:20.22	2-17-90 NIAC
16. Kyley Weinberger	2:20.46	1996
17. Marti Vlasin	2:21.11	2-12-15 Concordia Invite
18. Katie Lutmer	2:21.21	2-14-09 Doane
19. Tanya Kanengieter	2:21.68	2004
20. Stacey Hain	2:22.15	3-4-00 NIAC
21. Emly Hartman	2:22.17	2-17-06 UNL Prairie Wolf Invite
22. Alayna Daberkow	2:22.19	2-12-16 Concordia Invite
23. Molly Engel	2:22.61	2-19-05 GPAC Dordt
24. Jena Schwalenberg	2:22.82	1-30-10 Doane Track Classic
25. Dawn Klein	2:22.85	3-5-1989 NIAC
26. Keri Bauer	2:22.94	1-29-22 Doane Fred Beile Classic
27. Anita Lutz	2:22.94	3-1-1986
28. Katie Swanson	2:23.05	2-16-08 USD Open
29. Rhaya Kaschinske	2:23.34	2-10-23 Concordia Invite
30. Erika Schroeder	2:23.47	2-12-15 Concordia Invite
31. Megan Letts	2:23.64	2-8-13 Concordia Invite
32. Ann Hershberger	2:24.32	2-13-10 Concordia Invite
33. Angela Matthews	2:24.34	2-8-03 Doane
34. Sheila Cihal	2:24.88	3-7-98 NIAC Doane
35. Grace Oberg	2:25.17	2-12-22 Concordia Invite
36. Devonna Buesing	2:25.44	3-1-1985
37. Jennifer Griedl	2:25.46	1-13-06 UNL Holiday Inn Open
38. Michelle Griedl	2:25.54	2-10-06 UNK All Comer Meet
39. Claire Beikmann	2:25.79	2-9-24 Concordia Invite
40. Lainey Werts	2:25.95	2-13-21 Concordia Invite
41. Angela Steinbacher	2:26.04	2-8-14 Fred Beile Classic
42. Sharon Kahre	2:26.24	3-1-1980
43. Sarah Seefeldt	2:26.37	2-12-00 UNK
44. Jordyn Sturms	2:27.11	1-16-16 Doane Scott Nisely Classic
45. Hannah Beintema	2:27.17	1-21-23 Concordia Polar Dog
46. Micah Dubbs	2:27.59	2005
47. Hannah Ferry	2:27.63	2-13-10 Concordia Invite
48. Faith Williamson	2:27.91	2-10-23 Concordia Invite
49. Kayla Engel	2:28.01	2-17-06 UNL Prairie Wolf Invite
50. Kennedy Mogul	2:28.05	12-14-19 Bulldog Early Bird - Pentathlon
51. Kaia Richmond	2:28.11	2-12-22 Concordia Invite
52. Corrine Parker	2:28.18	2-15-92 Doane Tiger Classic
53. Lori Meyer	2:28.34	3-1-1987
54. Miranda Rathjen	2:28.37	2-7-20 Fred Beile Classic
55. Toni Hulinsky	2:28.59	2-5-11 NWU Quad Meet
56. Angy Tussing	2:28.70	2-29-92 Districts-NWU

1000 METER RUN:

(T&F Conversion Book: 1000Yd x 1.0936= 1000M; doesn't account for differences between Males & Females)

1. Rylee Haecker	2:52.88	3-2-24 NAIA Natls SDSU (finals-3 rd)
2. Kimberly Wood	2:53.46	3-7-15 NAIA Natls Geneva, OH (2 nd)
3. Kylahn Freiberg	2:54.87	3-4-23 NAIA Natls @ SDSU (finals-2 nd)
4. Rachael Geidel	2:55.81	2-19-00 UNL
5. Kyley Weinberger	2:57.02 (c2:41.87 1000yd)	3-1-96 NAIA Natls
6. Andrea Overstreet	2:57.60	3-3-01 NAIA Natls ETSU
7. Jennifer Nikkila	2:59.46	2-19-05 GPAC Dordt
8. Katie Lutmer	3:00.28	2-9-08 UNL Adidas Classic
9. Devonna Buesing	3:00.51 (c2:45.06 1000yd)	2-28-1987 NAIA Natls
10. Julie Reinke	3:01.25 (c2:45.74 1000yd)	1999
11. Ann Hershberger	3:01.49	2-6-10 UNL Husker Invite
12. Jena Schwalenberg	3:02.92	2-8-13 Concordia Invite
13. Micah Dubbs	3:03.26	2-19-05 GPAC Dordt
14. Amy Luft	3:03.31 (c2:47.62 1000yd)	3-7-98 NIAC Doane
15. Martha Meineke	3:03.33	2-6-10 UNL Husker Invite
16. Molly Engel	3:03.39	2005
17. Rhaya Kaschinske	3:03.44	3-2-24 NAIA Natls SDSU
18. Michelle Griedl	3:03.96	2-17-06 UNL Prairie Wolf Invite
19. Hannah Ferry	3:04.02	2-6-10 UNL Husker Invite
20. Grace Reiman	3:04.46	2-12-22 Concordia Invite
21. Corrine Parker	3:05.08 (c2:49.24 1000yd)	2-16-1991 NIAC NWU
22. Sherri White	3:05.15 (c2:49.30 1000yd)	3-1-1984 NAIA Natls
23. Naomi Geidel	3:05.34 (c2:49.48 1000yd)	1997
24. Brittany Singleton	3:06.06	1-14-11 UNL Holiday Inn Invite
25. Dove Robinson	3:06.07 (c2:50.14 1000yd)	1995
26. Amy Tussing	3:06.24 (c2:50.30 1000yd)	2-5-94 Doane Tiger Classic
27. Dawn Mueller	3:06.28 (c2:50.34 1000yd)	2-6-92 NWU Open
28. Jacque Wiseman	3:07.16	2-16-07 UNL Prairie Wolf Invite
29. Stacey Hain	3:07.56 (c2:51.51 1000yd)	1999
30. Emilie Bourret	3:07.58	2-20-10 GPAC @ UNL
31. Anita Lutz	3:07.81 (c2:51.74 1000yd)	3-1-1986
32. Lacey Darien	3:07.84	2-14-03 UNL
33. Rebekah Hinrichs	3:08.34	1-25-19 Concordia Classic
34. Bethany Sutton	3:08.71	2-14-09 Doane
35. Jordyn Sturms	3:09.30	1-22-16 UNL Prairie Wolf Invite
36. Hannah Beintema	3:09.32	2-3-23 Concordia Classic
37. Kelly Waterman	3:10.43	2-8-03 Doane

ONE MILE RUN:

1. Kimberly Wood	4:51.41	2-20-16 GPAC @ UNL (1 st - GPAC Record)
2. Kylahn Freiberg	4:54.09	3-2-24 NAIA Natls SDSU (finals-2 nd)
3. Rachael Geidel	5:00.21	2-26-00 NAIA Natls UNL
4. Martha Meineke	5:02.17	3-3-12 NAIA Natls Geneva, OH (8 th)
5. Jena Schwalenberg	5:02.92	3-3-12 NAIA Natls Geneva, OH (9 th)
6. Rylee Haecker	5:04.85	2-3-24 Frank Sevigne Husker Invite
7. Katie Lutmer	5:05.22	2-7-09 UNL Husker Invite
8. Jennifer Nikkila	5:05.44	2-19-05 GPAC Dordt
9. Amy Luft	5:05.63	2-20-98 UNL (NIAC Inv)
10. Molly Engel	5:05.71	3-5-05 NAIA Natls ETSU
11. Micah Dubbs	5:05.94	3-5-05 NAIA Natls ETSU
12. Julie McIntyre	5:10.86	2-9-24 Concordia Invite
13. Stacey Hain	5:11.57	2-19-00 UNL
14. Andrea Overstreet	5:13.09	2-17-01 UNL
15. Emilie Bourret	5:13.51	1-21-11 NWU Invite @ UNL
16. Ann Hershberger	5:14.29	2-20-10 GPAC @ UNL
17. Devonna Buesing	5:15.60	3-1-86 NAIA Districts
18. Emily Sievert	5:15.81	1-23-15 UNL Prairie Wolf Invite
19. Hannah Ferry	5:16.40	2-13-10 Concordia Invite
20. Alicia Marteney	5:17.03	2-21-09 GPAC @ UNL
21. Sharon Holthus	5:18.60	3-1-1981
22. Rebekah Hinrichs	5:19.27	2-2-19 UNL Husker Invite
23. Sarah Kortze	5:19.78	1-20-14 Doane Scott Nisely Classic
24. Julie Gaebel	5:19.89	2-15-02 UNL
25. Dawn Mueller	5:20.40	2-16-91 NIAC-NWU
26. Hannah Beintema	5:20.54	1-27-24 Concordia Classic

27. Dove Robinson	5:20.56	1995
28. Grace Reiman	5:20.59	2-4-22 UNL Frank Sevigne Husker Invite
29. Kim Fichtner	5:21.53	1-24-98 UNL
30. Jordyn Sturms	5:21.73	1-22-16 UNL Prairie Wolf Invite
31. Kit Sundling	5:21.79	3-1-1978
32. Kyley Weinberger	5:21.97	1995
33. Rhaya Kaschinske	5:22.38	2-3-24 Fred Beile Classic
34. Brittany Singleton	5:22.69	1-29-11 Concordia Classic
35. Kelly Waterman	5:22.82	2-1-03 NWU
36. Jacque Wiseman	5:23.46	1-27-07 UNL Adidas Classic
37. Rebecca Mol	5:23.54	1-15-10 UNL Holiday Inn Invite
38. Sheila Cihal	5:23.80	1997
39. Anna Meyer	5:23.81	2-14-09 Doane
40. Laree David	5:24.15	2-17-01 UNL
41. Beth Hersh	5:24.49	2-2-93 NIAC Champ
42. Naomi Geidel	5:24.80	1997

3000 METER RUN:

1. Kylahn Freiberg	10:05.72	2-17-24 GPAC @ Mt. Marty
2. Rachael Geidel	10:11.42	1-29-00 USD
3. Jena Schwalenberg	10:12.00	2-6-10 UNL Husker Invite
4. Sarah Kortze	10:14.09	1-24-14 UNL Prairie Wolf Invite
5. Martha Meineke	10:14.56	2-4-12 UNL Husker Invite
6. Amy Luft	10:15.30	2-13-98 UNL Husker Inv
7. Stacey Hain	10:16.10	2-25-99 NAIA Natls
8. Emilie Bourret	10:18.45	2-19-11 GPAC @ UNL
9. Kelly Waterman	10:24.87	2-19-05 GPAC Dordt
10. Julie McIntyre	10:26.30	12-9-23 Concordia Early Bird
11. Michelle Quinlan	10:26.40 (c11:16.52 2M)	2-23-02 NWU
12. Emily Sievert	10:29.66	2-20-16 GPAC @ UNL
13. Molly Engel	10:30.34	1-24-03 UNL
14. Dana Kluthe	10:33.58	2-6-10 UNL Husker Invite
15. Jacquelyn Dibbern	10:33.70	2-19-05 GPAC Dordt
16. Joy Malchow	10:35.2 (c11:26.00 2M)	2-10-89 NWU Inv
17. Sharon Holthus	10:37.0 (c 11:28.34 2M)	3-1-81 NAIA Natls
18. Kit Sundling	10:37.5 (c 11:28.74 2M)	3-1-1979
19. Rebecca Mol	10:39.45	2-21-09 GPAC @ UNL
20. Angy Tussing	10:39.8 (c 11:31.06 2M)	1993 NAIA Natls
21. Tara Overstreet	10:40.77	1999
22. Sara Schuelke	10:42.17	2-17-01 UNL
23. Alicia Marteney	10:43.50	2-21-09 GPAC @ UNL
24. Taylor Grove	10:48.52	1-12-19 Ward Haylett
25. Taunya Frauendorfer	10:49.90	2-17-01 UNL
26. Hannah Beintema	10:50.27	2-3-24 Fred Beile Classic
27. Keegan Beisel	10:50.72	12-9-23 Concordia Early Bird
28. Amy Tussing	10:51.40 (c11:43.80 2M)	2-20-1993
29. Renae Fowler	10:52.09	2-25-06 GPAC NWU
30. Allison Mitchell	10:52.42	1-21-11 NWU Invite @ UNL
31. Amie Martin	10:52.76	12-14-19 Bulldog Early Bird
32. Kayla Engel	10:53.42	2-16-08 USD Open
33. Catherine Heider	10:53.51	2-17-01 UNL
34. Brenda Radway	10:55.1 (c 11:47.90 2M)	3-1-1984

5000 METER RUN:

1. Sarah Kortze	17:30.57	3-8-14 NAIA Natls Geneva, OH (prelims)
2. Rachael Geidel	17:41.76	2-3-01 USD
3. Kylahn Freiberg	17:48.25	1-19-24 Concordia Polar Dog
4. Julie McIntyre	17:55.91	2-3-24 Fred Beile Classic
5. Michelle Quinlan	17:59.20	3-2-02 NAIA Natls ETSU
6. Molly Engel	18:00.90	12-11-03 USD
7. Emily Sievert	18:07.90	1-30-16 Concordia Classic
8. Kelly Waterman	18:12.03	3-5-05 NAIA Natls ETSU
9. Sara Schuelke	18:16.50	2-2-02 UNL
10. Renae Fowler	18:26.74	2-17-06 UNL Prairie Wolf Invite
11. Keegan Beisel	18:28.97	1-19-24 Concordia Polar Dog
12. Taylor Felix	18:32.65	2-23-08 GPAC @ UNL

13.	Taylor Grove	18:41.78	1-19-19 Polar Dog Invite
14.	Amy Luft	18:43.64	1997
15.	Jacquelyn Dibbern	18:46.43	2-19-05 GPAC Dordt
16.	Stacey Hain	18:54.04	1998 UNL (NIAC Inv)
17.	Anna Meyer	18:55.14	2-20-10 GPAC @ UNL
18.	Tara Overstreet	18:55.84	1999
19.	Sydney Clark	18:58.25	2-5-21 Concordia Classic
20.	Catherine Heider	19:03.94	2-19-00 UNL
21.	Megan Burma	19:04.89	2-21-15 GPAC @ Concordia
22.	Beth Hersh	19:05.40	1993
23.	Taunya Frauendorfer	19:06.81	2-3-01 USD
24.	Dana Kluthe	19:12.83	2-19-11 GPAC @ UNL
25.	Amie Martin	19:13.19	2-20-21 GPAC @ Dordt
26.	Christina Hanson	19:13.57	2-4-12 UNL Husker Invite
27.	Rebecca Mol	19:17.74	2-8-08 UNL Adidas Classic
28.	Ashley Canfield	19:22.43	2-12-15 Concordia Invite
29.	Hannah Rebmann	19:22.77	2-16-19 GPAC @ Concordia (6 th)
30.	Lydia Cook	19:24.33	2-5-21 Concordia Classic
31.	Alicia Marteney	19:30.07	1-14-11 UNL Holiday Inn Invite
32.	Jamie Hansen	19:33.74	2004
33.	Lauren Wilcox	19:34.90	2-12-16 Concordia Invite
34.	Kayla Engel	19:36.86	2-8-08 UNL Adidas Classic
35.	Mattie Clark	19:38.28	2-25-06 GPAC NWU
36.	Abi DeLoach	19:52.98	2-19-22 GPAC @ Doane
37.	Jacy Johnston	19:56.76	2-12-16 Concordia Invite
38.	Joy Malchow	19:57.48	2-6-88 UNL Open
39.	Grace Reiman	20:02.25	1-22-21 Concordia Polar Dog
40.	Ellie Jander	20:04.91	2-17-24 GPAC @ Mt. Marty
41.	Danielle Wilson	20:06.88	2-19-01 UNL
42.	Hilary Powell	20:06.96	2-17-06 UNL Prairie Wolf Invite
43.	Shelby Hohnholt	20:22.99	1-27-13 Concordia Classic
44.	Kim Williams	20:23.21	1997
45.	Alyssa Bierwagen	20:24.98	2-20-21 GPAC @ Dordt
46.	Abby Protzman	20:30.47	1-29-17 Concordia Classic
47.	Renee Williams	20:32.57	2-12-15 Concordia Invite
48.	Erin Lindeman	20:38.91	2-18-17 GPAC @ Dordt
49.	Lauren Pankow	20:41.16	2-14-14 Concordia Invite
50.	Kris Darling	20:41.33	2-14-87 UNL Open
51.	Courtney Wright	20:41.69	2-4-22 Concordia Classic
52.	Josie Smith	20:43.28	1-19-24 Concordia Polar Dog
53.	Jennifer Henderson	20:43.93	2-19-05 GPAC Dordt
54.	Kayla Thole	20:48.43	2004
55.	Everett Elder	20:52.03	1-31-20 Concordia Classic
56.	Karen Brautcheck	20:54.00	2-6-88 UNL Open

60 METER HURDLES:

(*57 conversion for 55 Meter High Hurdles / 60 Yard High Hurdles-via tfrs.org):

1.	Adrianna Rodencal	8.53	12-14-24 Concordia Early Bird
2.	Rachel Battershell	8.81	2-22-20 GPAC @ Dakota Wesleyan (1 st)
3.	Sarah Lewis	8.87	12-11-21 Concordia Early Bird
4.	Amy Richert	9.07	2-3-23 Concordia Classic
5.	Kennedy Mogul	9.10	2-22-20 GPAC @ Dakota Wesleyan (prelims)
6.	Kayla Svoboda	9.10	12-14-24 Concordia Early Bird
7.	Isabelle Salters	9.15	12-14-24 Concordia Early Bird
8.	Monique Odom	9.16 (c 8.59)	3-1-1987 NAIA Natls
9.	Emily Loy	9.18	2-14-20 Concordia Invite
10.	Shelby Stolze	9.18	2-12-15 Concordia Invite
11.	Jordan Koepke	9.25	12-11-21 Concordia Early Bird
12.	Deb Fahrbruch	9.27 (c 8.70)	2004
13.	Rachel Dippon	9.29 (c 8.72)	1999
14.	Kaylee Boyle	9.31	2-5-21 Concordia Classic
15.	Lydia Pomeranke	9.32	2-22-14 GPAC Doane (Pentathlon)
16.	Sara Simmons	9.32	3-8-14 NAIA Natls Geneva, OH (Pentathlon)
17.	Stephanie Kohlwey	9.33 (c 8.76)	2-19-05 GPAC Dordt
18.	Laney Denniston	9.40	12-14-24 Concordia Early Bird
19.	Jessica Deterding	9.40	2-28-19 NAIA Natls @ SDSU (Pentathlon)

20. Karissa Segelke	9.40	2-21-15 GPAC @ Concordia
21. Faith Espinosa	9.42	2-17-24 GPAC @ Mt. Marty (Pentathlon)
22. Emily Wolters	9.44 (c 8.87 55M)	2-14-09 Doane
23. Josie Puelz	9.48	12-5-20 Bulldog Early Bird
		1-30-21 Doane Fred Beile
		2-18-17 GPAC @ Dordt (prelims)
24. Jamie Nikodym	9.50 (c 8.93)	2-17-18 GPAC @ Doane (finals)
	9.50	2-16-19 GPAC @ Concordia (prelims)
		2-21-15 GPAC @ Concordia (Open & Pentathlon)
25. Paige Getz	9.51	1-27-24 Concordia Classic (Pentathlon)
26. Zoey Walker	9.51	3-5-22 NAIA Natls @ SDSU (Pentathlon)
27. Elena Batenhorst	9.56	2-1-14 Concordia Classic (Pentathlon)
28. Montana Hayes	9.58	2-9-24 Concordia Invite
29. Emma Kucera	9.60	3-2-24 NAIA Natls SDSU (Pentathlon)
30. Josi Noble	9.62	2-20-16 GPAC @ UNL (Pentathlon)
31. Alayna Daberkow	9.64	2-21-15 GPAC @ Concordia (Pentathlon)
32. Ericka Fischer	9.64	2-26-93 NAIA Districts
33. Julie Howard	9.67 (c 9.10)	3-1-1985
34. Bonnie Stehlik	9.71 (c 9.14)	2-8-19 Concordia Invite
35. Allison Brooks	9.75	1-29-00 UNK
36. Natalie Leinart	9.75 (c 9.18)	12-5-20 Bulldog Early Bird (pentathlon)
37. Natayla Wells	9.76	2-9-24 Concordia Invite
38. Molly Frenzen	9.77	1-10-98 Doane
39. Robyn Miller	9.79 (c 9.22)	2-21-15 GPAC @ Concordia (Pentathlon)
40. Kierstyn Besel	9.83	1-21-23 Concordia Polar Dog
41. Anna McCoy	9.83	1-30-16 Concordia Classic
42. Tori Beran	9.86	1-25-19 Concordia Classic
43. Sophie Hoelz	9.88	2-18-17 GPAC @ Dordt (prelims)
44. Miranda Unverferth	9.89 (c 9.32)	12-10-22 Concordia Early Bird
45. Landrey Walter	9.89	2-19-11 GPAC @ UNL (Pentathlon)
46. Sloan Brandon	9.91 (c 9.34 55M)	2-18-17 GPAC @ Dordt (Pentathlon)
47. Anna Beune	10.00 (c 9.43)	1-27-24 Concordia Classic (Pentathlon)
48. Amanda Steinke	10.00	2-11-12 Concordia Invite
49. Myria Knapp	10.01	2-7-1991 NWU Invite
50. Gayle Gerkenmeyer	10.01 (c 9.44)	12-14-24 Concordia Early Bird (pentathlon)
51. Addie Reimer	10.07	2-16-19 GPAC @ Concordia (prelims)
52. Jordyn Hilyard	10.09	1-20-07 Doane
53. Christina Lark	10.11 (c 9.54 55M)	12-5-20 Bulldog Early Bird (pentathlon)
54. Taylor Williams	10.11	1999
55. Jenny Weaver	10.14 (c 9.57)	12-14-24 Concordia Early Bird
56. Josey Welch	10.14	2-10-06 UNK All Comer Meet
57. Madelyn Lorenzen	10.19 (c 9.62 55M)	3-1-1979
58. Julie Aufdemberge	10.21 (c 9.64)	3-1-1981
59. Kim Woods	10.21 (c 9.64)	12-5-20 Bulldog Early Bird
60. Jordin Battaglia	10.31	2-10-01 Doane
61. Anna Rolf	10.28 (c 9.71)	1-14-12 Concordia Polar Dog
62. Erika Schroeder	10.28	1-31-09 Doane Track Classic
63. Danielle Buffington	10.31 (c 9.74)	2-2-13 UNK Classic
64. Cynthia Mick	10.34	3-1-1983
65. Teresa Kunz	10.41 (c 9.84)	3-1-1984
66. Denise Wehrman	10.41 (c 9.84)	1995
67. Amber Oltmans	10.53 (c 9.96)	2-14-14 Concordia Invite
68. Alexandria Kolpin	10.58	12-14-24 Concordia Early Bird (pentathlon)
69. Kennedee Canales	10.66	2-5-21 Concordia Classic
70. Grace Reimer	10.71	2-3-18 Fred Beile Classic
71. McKayla Besel	10.73	2-12-11 Concordia Invite
72. Christine Pfeifer	10.80	2-14-14 Concordia Invite
73. Hope Colwell	10.89	1-12-07 UNL Holiday Inn Invite
74. Christina Lark	10.95	2-13-10 Concordia Invite
75. Emily Metcalf	10.97	1-24-09 USD Invite
76. Janelle Berning	11.01	

3000 METER RACE WALK:

1. Emily Hansen	15:16.46	2-20-10 Univ of Missouri All Comers Meet
2. Lauren Dawson	17:23.31	12-9-23 Concordia Early Bird
3. Rachel Kettner	18:26.62	1-16-10 Missouri Valley Mini Meet
4. Jamie Burmeister	19:28.46	2005 Missouri Valley College Invite

5.	Gretchen Stottlemyre	19:37.38	2-17-24 GPAC @ Mt. Marty
6.	Peyton Gissler	19:44.79	2-10-23 Concordia Invite
7.	Laci Havlat	21:20.57	1-21-23 Concordia Polar Dog

SPRINT MEDLEY RELAY:

1.	Carol Bailey, Shelly Northover, Amy Schoof, Angie Aufdemberge	4:23.00	1-27-89 NWU Relays
2.	Charity Anderson, Robin Miller, April Snell, K. Fichtner	4:26.54	1-30-98 NWU
3.	Carol Bailey, Darcy Lindner, Amy Schoof, Dawn Klein	4:28.00	1-26-90 NWU Relays
4.	Carol Bailey, Monique Odom, Iris Dalton, Devonna Buesing	4:33.04	3-1-87 NWU Relays
5.	Sara Sype, Kara Theis, Kyley Weinberger, Amy Tussing	4:39.82	1-31-1994

4 x 400 METER RELAY:

1.	Jacee Pfeifer, Sarah Lewis Mika Brees, Rachel Battershell	3:47.39	3-7-20 NAIA Natls @ SDSU (2 nd – National Runner-Up)
2.	Jenna Esch, Kayla Kirchner Trinity Tuls, Jordan Koepke	3:48.14	3-2-24 NAIA Natls SDSU (finals-6 th)
3.	Jenna Esch, Kayla Kirchner Trinity Tuls, Jordan Koepke	3:48.65	3-2-24 NAIA Natls SDSU (prelims-4 th)
4.	Sarah Lewis, Jordan Koepke Jacee Pfeifer, Rachel Battershell	3:48.85	3-5-22 NAIA Natls @ SDSU (finals-5 th)
5.	Jenna Esch, Jordan Koepke Trinity Tuls, Rachel Battershell	3:48.88	3-4-23 NAIA Natls @ SDSU (finals-6 th)
6.	Sarah Lewis, Jordan Koepke Jacee Pfeifer, Rachel Battershell	3:50.84	3-5-22 NAIA Natls @ SDSU (prelims-5 th)
7.	Jenna Esch, Jordan Koepke Trinity Tuls, Rachel Battershell	3:51.11	3-4-23 NAIA Natls @ SDSU (prelims-6 th)
8.	Rachel Battershell, Sarah Lewis Jamie Nikodym, Jacee Pfeifer	3:51.80	2-28-19 NAIA Natls @ SDSU (prelims, 3rd)
9.	Rachel Battershell, Sarah Lewis Jamie Nikodym, Jacee Pfeifer	3:52.63	2-28-19 NAIA Natls @ SDSU (finals, 3rd)
10.	Jacee Pfeifer, Sarah Lewis Mika Brees, Rachel Battershell	3:52.79	3-7-20 NAIA Natls @ SDSU (prelims, 5 th)
11.	Jacee Pfeifer, Jordan Koepke Trinity Tuls, Rachel Battershell	3:52.96	2-4-22 UNL Frank Sevigne Husker Invite
12.	Jenna Esch, Kayla Kirchner Trinity Tuls, Jordan Koepke	3:53.06	2-3-24 Frank Sevigne Husker Invite
13.	Jacee Pfeifer, Sarah Lewis Kennedy Mogul, Rachel Battershell	3:53.56	2-7-20 Frank Sevigne Husker Invite
14.	Sarah Lewis, Keri Bauer Sydni Schernikau, Rachel Battershell	3:53.74	3-3-21 NAIA Natls @ Mt. Marty (5 th)
15.	Jenna Esch, Jordan Koepke Kayla Kirchner, Rachel Battershell	3:55.66	2-4-23 UNL Husker Invite
16.	Sarah Lewis, Keri Bauer Jacee Pfeifer, Rachel Battershell	3:55.74	3-3-21 NAIA Natls @ Mt. Marty (prelims, 5 th)
17.	Jenna Esch, Jordan Koepke Trinity Tuls, Rachel Battershell	3:55.92	1-14-23 Graduate Classic @ UNL
18.	Jacee Pfeifer, Sarah Lewis Kennedy Mogul, Rachel Battershell	3:56.28	2-22-20 GPAC @ Dakota Wesleyan (1 st - GPAC Record)
19.	Jenna Esch, Jordan Koepke Trinity Tuls, Rachel Battershell	3:56.59	2-18-23 GPAC @ Concordia (1 st)
20.	Jordan Koepke, Sarah Lewis Trinity Tuls, Jacee Pfeifer	3:56.83	12-11-21 Concordia Early Bird
21.	Keri Bauer, Sarah Lewis Lainey Werts, Rachel Battershell	3:57.48	2-5-21 Concordia Classic

22.	Rachel Battershell, Sarah Lewis Jamie Nikodym, Jacee Pfeifer	3:57.55	2-16-19 GPAC @ Concordia (1 st)
23.	Adrianna Rodencal, Trinity Tuls Isabelle Salter, Kayla Kirchner	3:57.74	12-14-24 Concordia Early Bird
24.	Jenna Esch, Kayla Kirchner Trinity Tuls, Jordan Koepke	3:57.82	12-9-23 Concordia Early Bird
25.	Jenna Esch, Jordan Koepke Trinity Tuls, Rachel Battershell	3:57.92	1-21-23 Concordia Polar Dog
26.	Emily Wolters, Bethany Sutton, Charista Zehnder, Katie Swanson	3:57.93	2-21-09 GPAC @ UNL
27.	Jacee Pfeifer, Sarah Lewis Kennedy Mogul, Rachel Battershell	3:58.20	1-25-20 Concordia Polar Dog
28.	Rachel Battershell, Sarah Lewis Jessica Deterding, Jacee Pfeifer	3:58.50	1-19-19 Polar Dog Invite
29.	Sarah Lewis, Keri Bauer Kennedy Mogul, Rachel Battershell	3:58.68	2-20-21 GPAC @ Dordt
30.	Jacee Pfeifer, Sarah Lewis Trinity Tuls, Rachel Battershell	3:58.70	1-15-22 UNL Graduate Classic
31.	Randi Janzen, Marielle Plunk, Marti Vlasin, Kim Wood	3:59.26	2-21-15 GPAC @ Concordia (3 rd)
32.	Kim Wood, Marti Vlasin, Christine Beune, Tori Beran	3:59.41	3-5-16 NAIA Natls @ ETSU (Prelims)
33.	Sarah Lewis, Jordan Koepke Emily Loseke, Rachel Battershell	3:59.42	2-19-22 GPAC @ Doane
34.	Jenna Esch, Kayla Kirchner Trinity Tuls, Adrianna Rodencal	3:59.73	1-27-24 Concordia Classic
35.	Bethany Sutton, Emily Wolters, MaryLou Andrews, Katie Swanson	3:59.95	2-7-09 UNL Husker Invite
36.	Kim Wood, Marti Vlasin, Alayna Daberkow, Christine Beune	3:59.99	2-12-16 Concordia Invite (2 nd)
37.	Kim Wood, Jessica Klaustermeier, Lydia Pomeranke, Marti Vlasin	4:00.04	2-14-14 Concordia Invite
38.	Kim Wood, Marti Vlasin, Christine Beune, Alayna Daberkow	4:00.08	2-20-16 GPAC @ UNL (5 th)
39.	Angie Aufdemberge, Dawn Klein, Carol Franklin, Carol Bailey	4:01.07	3-3-90 NAIA Natls
40.	Charisa Zehnder, Emily Wolters, Jill Pfeifer, Katie Swanson	4:01.48	3-10-07 NAIA Natls ETSU (prelim)
41.	Amy Richert, Sarah Lewis Kennedy Mogul, Rachel Battershell	4:02.10	12-5-20 Bulldog Early Bird
42.	Emily Wolters, MaryLou Andrews, Bethany Sutton, Katie Swanson	4:02.32	2-23-08 GPAC @ UNL
43.	Sara Sype, Renae Beikman, Kyley Weinberger, Dove Robinson	4:02.36	1995 UNL Open (FAT)
44.	Angie Aufdemberge, Corrine Ohlde, Carol Franklin, Carol Bailey	4:02.45	2-11-89 UNL Husker Inv.
45.	Rachel Battershell, Trinity Tuls Jordan Koepke, Emily Loseke	4:02.99	1-29-22 Doane Fred Beile Classic
46.	Angie Aufdemberge, Carol Franklin, Amy Schoof, Carol Bailey	4:03.27	3-5-89 NIAC
47.	Rachel Battershell, Sarah Lewis Mika Brees, Jacee Pfeifer	4:03.48	1-12-19 Ward Haylett
48.	Emily Wolters, MaryLou Andrews, Charista Zehnder, Katie Swanson	4:03.67	1-27-07 UNL Adidas Classic
49.	Randi Janzen, Marielle Plunk, Christine Beune, Marti Vlasin	4:03.72	1-17-15 Doane Scott Nisely Classic
50.	Kim Wood, Jessica Klaustermeier, Lydia Pomeranke, Marti Vlasin	4:03.79	2-1-14 Concordia Classic

51. Rachel Battershell, Sarah Lewis Mika Brees, Kennedy Mogul	4:03.87	12-14-19 Bulldog Early Bird
52. Kim Wood, Marti Vlasin, Talitha Elbert, Brianna Hallmark	4:03.91	1-30-16 Concordia Classic
53. Kim Wood, Jessica Klaustermeier, Curiosity Young, Shelby Stolze	4:04.39	2-16-13 GPAC @ UNL
54. Katie Klein, Christina Tomka, Bethany Sutton, Megan Letts	4:04.51	2-19-11 GPAC @ UNL
55. Kim Wood, Christine Beune, Talitha Elbert, Marti Vlasin	4:05.03	1-22-16 UNL Prairie Wolf Invite
56. Angie Aufdemberge, Darcy Lindner, Carol Franklin, Carol Bailey	4:05.14	2-2-90 KU Invite
57. Katie Klein, Charista Zehnder, Martha Meineke, Bethany Sutton	4:05.14	1-22-10 NWU Invite @ UNL
58. Katie Swanson, Bethany Sutton, Emily Wolters, MaryLou Andrews	4:05.70	2-9-08 UNL Adidas Classic

4 x 800 METER RELAY:

1. Jenna Esch, Rylee Haecker Julie McIntyre, Kylahn Freiberg	9:06.48	3-2-24 NAIA Natls SDSU (1 st -National Champions)
2. Jenean Williams, Marti Vlasin, Erika Schroeder, Kim Wood	9:12.94	3-8-14 NAIA Natls Geneva, OH (prelims)
3. Jenna Esch, Rylee Haecker Julie McIntyre, Kylahn Freiberg	9:13.76	3-2-24 NAIA Natls SDSU (prelims-4 th)
4. Jennifer Nikkila, Angela Matthews, Micah Dubbs, Molly Engel	9:13.96	3-5-05 NAIA Natls ETSU (3 rd)
5. Jenna Esch, Kylahn Freiberg Julie McIntyre, Rylee Haecker	9:15.26	1-19-24 Concordia Polar Dog
6. Martha Meineke, Jenean Williams, Jena Schwalenberg, Bethany Sutton	9:16.20	3-5-11 NAIA Natls Geneva, OH (6 th)
7. Rylee Haecker, Kylahn Heritage Grace Reiman, Keri Bauer	9:16.51	3-5-22 NAIA Natls @ SDSU (prelims- 5 th)
8. Rylee Haecker, Kylahn Heritage Grace Reiman, Keri Bauer	9:16.78	3-5-22 NAIA Natls @ SDSU (finals-3 rd)
9. Jena Schwalenberg, Ann Hershberger, Katie Lutmer, Bethany Sutton	9:19.30	3-6-10 NAIA Natls ETSU (Prelims)
10. Jena Schwalenberg, Jenean Williams, Megan Letts, Kim Wood	9:20.04	3-2-13 NAIA Natls Geneva, OH (4 th)
11. Emily Wolters, Bethany Sutton, Ann Hershberger, Katie Lutmer	9:20.82	3-7-09 NAIA Natls ETSU (4 th)
12. Martha Meineke, Jenean Williams, Brittany Singleton, Bethany Sutton	9:21.05	3-5-11 NAIA Natls Geneva, OH (Prelims)
13. Stacey Hain, Andrea Overstreet, Rachael Geidel, Julie Reinke	9:21.61	2-28-99, NAIA Natls UNL (1 st)
14. Rachael Geidel, Amy Luft Julie Reinke, Kim Fichtner	9:22.51	2-28-98 NAIA Natls UNL
15. Jena Schwalenberg, Jenean Williams, Megan Letts, Kim Wood	9:23.73	2-28-13 NAIA Natls Geneva, OH (Prelims)
16. Jennifer Nikkila, Angela Matthews, Tanya Kanengieter, Molly Engel	9:25.64	3-5-05 NAIA Natls ETSU (Prelims)
17. Andrea Overstreet, Stacey Hain, Sarah Seefeldt, Rachael Geidel	9:25.91	2-26-00 NAIA Natls UNL
18. Robin Leggett, Kyle Weinberger, Johna Speck, Dove Robinson	9:26.83	1995 NAIA Natls UNL
19. Molly Engel, Tanya Kanengieter, Jennifer Nikkila, Micah Dubbs	9:26.99	3-8-03 NAIA Natls ETSU
20. Julie Gaebel, Molly Engel, Jennifer Nikkila, Tanya Kanengieter	9:27.79	3-2-02 NAIA Natls ETSU

21. Marti Vlasin, Randi Janzen, Erika Schroeder, Talitha Elbert	9:29.84	2-21-15 GPAC @ Concordia (1 st)
22. Amy Luft, Naomi Geidel, Kim Fichtner, Julie Reinke	9:29.91	UNL (NIAC Inv)
23. Kim Wood, Jenean Williams, Ericka Schroeder, Megan Letts	9:30.81	2-16-13 GPAC @ UNL
24. Dawn Klein, Carol Franklin, Gina Oetting, Corrine Ohlde	9:32.23	3-2-1990 NAIA Natls
25. Brittany Singleton, Jenean Williams, Katie Klein, Katie Lutmer	9:32.24	2-19-11 GPAC @ UNL
26. Katie Lutmer, Bethany Sutton, Jena Schwalenberg, Ann Hershberger	9:32.56	3-6-10 NAIA Natls ETSU (finals)
27. Katie Lutmer, Martha Meineke, MaryLou Andrews, Bethany Sutton,	9:32.93	2-20-10 GPAC @ UNL (1 st)
28. MaryLou Andrews, Kayla Engel, Bethany Sutton, Katie Lutmer	9:33.60	3-8-08 NAIA Natls ETSU (Prelims)
29. MaryLou Andrews, Bethany Sutton, Ann Hershberger, Katie Lutmer	9:34.27	1-31-09 Doane Track Classic
30. Martha Meineke, Jena Schwalenberg, Jenean Williams, Bethany Sutton	9:34.35	2-12-11 Concordia Invite
31. Rylee Haecker, Grace Reiman Keri Bauer, Kylahn Heritage	9:36.04	1-22-22 Concordia Polar Dog
32. Dawn Mueller, Gayle Gerkenmeyer, Angie Aufdemberge, Corrine Parker	9:36.35	3-1-1991 NAIA Natls
33. Alyssa Fye, Miranda Rathjen Rebekah Hinrichs, Kylahn Heritage	9:37.42	2-14-20 Concordia Invite
34. Andrea Overstreet, Erin Ely, Brie Zydiak, Laree David	9:37.67	3-3-01 NAIA Natls ETSU
35. Jenean Williams, Erika Schroeder, Angela Steinbacher, Marti Vlasin	9:37.93	2-22-14 GPAC Doane (2 nd)
36. Marti Vlasin, Jenean Williams, Erika Schroeder, Kim Wood	9:38.93	2-8-14 Fred Beile Classic
37. Alayna Daberkow, Marti Vlasin, Kelsey Crymble, Talitha Elbert	9:39.05	2-20-16 GPAC @ UNL (3 rd)
38. MaryLou Andrews, Bethany Sutton, Katie Lutmer, Katie Swanson	9:40.32	3-8-08 NAIA Natls ETSU (Finals)
39. Melissa Ruegg, Jennifer Greidl, Hannah Ferry, MaryLou Andrews	9:41.90	2-24-07 GPAC @ UNL
40. Angie Aufdemberge, Dawn Mueller, Amy Tussing, Corrine Parker	9:42.70	2-23-1991 NAIA Districts

DISTANCE MEDLEY RELAY:

1. Andrea Overstreet, Kari Retzlaff, Stacey Hain, Rachael Geidel	12:10.00	2-27-00 NAIA Natls UNL
2. Jennifer Nikkila, Lauren Sankey, Micah Dubbs, Molly Engel	12:10.42	3-5-05 NAIA Natls ETSU (6 th place)
3. Emilie Bourret, Katie Klein, Martha Meineke, Jena Schwalenberg	12:14.73	3-5-11 NAIA Natls Geneva, OH (Prelims)
4. Molly Engel, Kari Retzlaff, Jennifer Nikkila, Micah Dubbs	12:15.98	3-8-03 NAIA Natls ETSU
5. Jacquelyn Dibbern, Lauren Sankey, Angela Matthews, Micah Dubbs	12:19.16	3-5-05 NAIA Natls ETSU (Prelims)
6. Rachael Geidel, Julie Reinke, Andrea Overstreet, Stacey Hain,	12:19.20	1999
7. Rylee Haecker, Isabelle Salters Jenna Esch, Julie McIntyre	12:19.70	1-27-24 Concordia Classic
8. Rylee Haecker, Kayla Kirchner Rhaya Kaschinske, Kylahn Freiberg	12:20.68	1-14-23 Graduate Classic @ UNL

9.	Rylee Haecker, Josi Noble Rhaya Kaschinske, Kylahn Freiberg	12:23.79	3-4-23 NAIA Natls @ SDSU (prelims-15 th)
10.	Jennifer Nikkila, Tanya Kanengieter, Angela Matthews, Molly Engel	12:25.20	1-25-03 UNL
11.	Emilie Bourret, Bethany Sutton, Martha Meineke, Jena Schwalenberg	12:25.60	1-14-11 UNL Holiday Inn Invite
12.	Kim Fichtner, Charity Anderson, Julie Reinke, Amy Luft	12:25.98	2-28-98 NAIA Natls UNL
13.	Rebekah Hinrichs, Sarah Lewis Alyssa Fye, Kylahn Heritage	12:26.04	1-31-20 Concordia Classic
14.	Jena Schwalenberg, Erika Schroeder, Jenean Williams, Martha Meineke	12:27.34	1-28-12 Concordia Classic
15.	Grace Reiman, Keri Bauer Kylahn Heritage, Rylee Haecker	12:28.44	1-15-22 UNL Graduate Classic
16.	Naomi Geidel, Audrey Reiter, Julie Reinke, Amy Luft	12:28.57	1997 NAIA Natls UNL
17.	Rylee Haecker, Kennedy Mogul Grace Reiman, Kylahn Heritage	12:28.99	3-3-21 NAIA Natls @ Mt. Marty (4 th)
18.	Robin Leggett, Renae Beikman, Dove Robinson, Kyley Weinberger	12:30.36	1995 NAIA Natls Kansas City
19.	Sheila Cihal, Sara Sype, Kyley Weinberger, Amy Luft	12:32.54	1996
20.	Rylee Haecker, Sarah Lewis Grace Reiman, Kylahn Heritage	12:32.60	1-30-21 Doane Fred Beile
21.	Rylee Haecker, Sydni Schernikau Grace Reiman, Kylahn Heritage	12:33.21	3-3-21 NAIA Natls @ Mt. Marty (prelims, 6 th)
22.	Katie Lutmer, Katie Klein, Bethany Sutton, Jena Schwalenberg	12:35.21	1-16-10 UNL Holiday Inn Invite
23.	Rebekah Hinrichs, Jacee Pfeifer Alyssa Fye, Kylahn Heritage	12:35.39	3-7-20 NAIA Natls @ SDSU (15 th – prelims)
24.	Dawn Mueller, Angie Aufdemberge, Amy Tussing, Corrine Parker	12:36.20	3-1-1986
25.	Andrea Overstreet, Erin Ely, Laree David, Rachael Geidel	12:39.00	1-20-01 Doane
26.	Katie Lutmer, Katie Swanson, MaryLou Andrews, Ann Hershberger	12:41.38	1-16-09 UNL Holiday Inn Invite
27.	Andrea Overstreet, Kari Retzlaff, Erin Ely, Laree David	12:42.43	3-3-01 NAIA Natls ETSU (7 th place)
28.	Angela Matthews, Micah Dubbs	12:43.16	2-17-06 UNL Prairie Wolf Invite
29.	Kim Wood, Jessica Klostermeier, Megan Letts, Jena Schwalenberg	12:45.76	12-15-12 Concordia Polar Dog
30.	Hannah Ferry, Katie Klein, Martha Meineke, Emilie Bourret	12:46.20	3-6-10 NAIA Natls ETSU (prelims)
31.	Rachael Geidel, Robyn Miller, Kim Fichtner, Amy Luft	12:46.84	1-30-98
32.	Megan Letts, Kim Wood, Erika Schroeder, Jena Schwalenberg	12:50.23	1-27-13 Concordia Classic
33.	Stacey Hain, Rachael Geidel, Rachel Mueller, Julie Reinke	12:52.27	1-16-99

HIGH JUMP:

1.	Allison Brooks	5'7	1.70m	2-3-17 Fred Beile Classic
2.	Bonnie Jelinek	5'6		3-1-86 12-9-23 Concordia Early Bird (Pentathlon)
3.	Zoey Walker	5'6	1.68m	2-3-24 Fred Beile Classic 3-2-24 NAIA Natls SDSU (8 th)
4.	Hannah Newton	5'5 ¾	1.67m	2-10-23 Concordia Invite
5.	Bonnie Stehlik	5'5 ½		3-1-85

6.	Amy Richert	5'5 ¼	1.66m	1-16-21 Doane Scott Nisely
7.	Kara Stark	5'5	1.65m	2-3-18 Fred Beile Classic
8.	Dawn Farden	5'4		2-29-92 Districts-NWU
9.	Rhonda Weber	5'3 ½		2-6-92 NWU
10.	Faith Burger	5'3		2-20-88 NAIA Districts
11.	Karin Beck	5'3		3-5-88 NIAC
12.	Marykae Christiansen	5'3		1-27-01 NWU
13.	Addie Reimer	5'3	1.60m	2-3-24 Fred Beile Classic
14.	Grace Reimer	5'3	1.60m	1-29-22 Doane Fred Beile Classic
15.	Amanda Steinke	5'3	1.60m	2-3-24 Fred Beile Classic
16.	Amy Wolf	5'3		2-25-06 GPAC NWU
17.	Kimberly Schropfer	5'2 ½	1.59m	1-14-23 Doane Scott Nisely
18.	Lorrie Geick	5'2		3-1-79
19.	Paige Getz	5'1 ¾		2-8-14 Fred Beile Classic
				1-17-15 Doane Scott Nisely Classic
20.	Ally Glaser	5'1 ¾		1-19-19 Polar Dog Invite
21.	Kristina Anderson	5'1 ¼	1.56m	1-26-02 NWU
22.	Faith Espinosa	5'1 ¼	1.56m	2-17-24 GPAC @ Mt. Marty (Pentathlon)
23.	Ava Bartels	5'1	1.55m	2-3-24 Fred Beile Classic
24.	Angie Christianson	5'1		2-20-98 UNL (NIAC Inv)
25.	Sandy Fluegge	5'1		3-1-83
26.	Lydia Pomeranke	5'1 ¼		2-22-14 GPAC Doane (Pentathlon)
27.	Sloan Brandon	5'0 ½	1.54m	2-19-11 GPAC @ UNL (Pentathlon)
28.	Sophia Hoelz	5'0 ½	1.54m	2-3-17 Fred Beile Classic (Pentathlon)
29.	Elena Batenhorst	5'0 ¼	1.53m	2-18-22 GPAC @ Doane (Pentathlon)
30.	Montana Hayes	5'0 ¼	1.53m	2-22-14 GPAC Doane (Pentathlon)
31.	Addie Reimer	5'0 ¼	1.53m	12-9-23 Concordia Early Bird (Pentathlon)
32.	Morgan Schuette	5'0 ¼	1.53m	1-16-21 Doane Scott Nisely
33.	Karissa Segelke	5'0 ¼	1.53m	2-21-15 GPAC @ Concordia (Pentathlon)
34.	Chris Schneider	5'0		3-1-76
35.	Kevin Nienhueser	5'0		3-1-83
36.	Stephanie Kohlwey	5'0		2005

POLE VAULT:

1.	Josie Puelz	13'5 ¼	4.10m	3-5-22 NAIA Natls @ SDSU (1 st - National Champion)
2.	Allison Brooks	13'4 ¼	4.07m	3-7-20 NAIA Natls @ SDSU (2 nd - National Runner-up)
3.	Erin Mapson	12'9 ½	3.90m	2-4-22 Concordia Classic
4.	McKenzie Gravo	12'6 ¼	3.82m	2-10-18 Concordia Invite
5.	Cassandra Starks	12'6 ¼	3.82m	2-21-15 GPAC @ Concordia (1 st)
6.	Michelle Anderson	12'6		2-9-07 Buena Vista
7.	Steph Beberniss	12'1 ½		3-7-03 NAIA Natls ETSU (1 st place)
				1-21-11 NWU Invite @ UNL
8.	Kellie Fegter	12'1 ½		1-20-12 NWU Invite @ UNL
9.	Jacee Pfeifer	12'0 ½	3.67m	2-29-19 NAIA Natls @ SDSU (5 th)
10.	Shelby Yelden	11'10 ¾		3-8-14 NAIA Natls Geneva, OH (5 th)
				2-7-15 Fred Beile Classic
11.	Cynthia Mick	11'10 ¾		2-21-15 GPAC @ Concordia (2 nd)
12.	Jacee Pfeifer	11'10 ½		2-16-19 GPAC @ Concordia (3 rd)
13.	Katie Wright	11'9		2-14-03 UNL
14.	Erin Boggs	11'8 ½	3.57m	3-4-23 NAIA Natls @ SDSU (14 th)
				3-2-24 NAIA Natls SDSU (13 th)
15.	Amira Cummings	11'8 ½	3.57m	12-9-23 Concordia Early Bird
16.	Sydney Reichert	11'8 ½	3.57m	2-17-24 GPAC @ Mt. Marty
17.	Lindsey Aurich	11'8	3.56m	12-9-23 Concordia Early Bird
18.	Anna Baack	11'8	3.56m	2-25-06 GPAC NWU
19.	Erin Eitzman	11'8	3.56m	1-30-21 Doane Fred Beile
20.	Tristen Mosier	11'6 ½	3.52m	2-25-06 GPAC NWU
				1-25-19 Concordia Classic
21.	Kayla Svoboda	11'6 ½	3.52m	2-3-23 Concordia Classic
				3-4-23 NAIA Natls @ SDSU (16 th)
22.	Rianne Gross	11'5		2-8-14 Fred Beile Classic
23.	Kamala Moore	11'3	3.43m	2-14-14 Concordia Invite
				2-13-10 Concordia Invite
24.	Ashlee Brown	11'3	3.43m	2-11-12 Concordia Invite
				2-17-12 GPAC @ UNL
				12-15-12 Concordia Polar Dog

25. Amanda Fosler	11'2		2-25-06 GPAC NWU
26. Andrea Anderson	10'11		2-10-17 Concordia Invite 2-18-17 GPAC @ Dordt
27. Lindsay Anderson	10'11		2-8-13 Concordia Invite
28. Rene Dinkel	10'9		2-14-03
29. Remkea Ockander	10'7		2-19-00 UNK

LONG JUMP:

1. Hayley Miles	19'4 ¼	5.90m	12-9-23 Concordia Early Bird
2. Carol Bailey	19'0 ¼		3-5-1989 NIAC
3. Charista Zehnder	18'11 ¼	5.77m	2-13-10 Concordia Invite
4. Katie Severt	18'7 ¼	5.67m	12-5-20 Concordia Early Bird
5. Amy Richert	18'5 ¼	5.63m	2-12-22 Concordia Invite
6. Jamey Broman	18'5	5.61m	12-5-20 Concordia Early Bird
7. Cora Olson	18'3 ¼	5.58m	2-14-20 Concordia Invite
8. Jessica Deterding	18'3 ¼		2-8-19 Concordia Invite
9. Kiki Nyanok	18'1 ½	5.52m	12-14-24 Concordia Early Bird
10. Sloan Brandon	18'1	5.51m	1-29-11 Concordia Classic (Pentathlon)
11. Jill Pfeifer	17'10		2-3-07 Doane Track Classic
12. Gabby Diamond	17'9	5.41m	2-4-22 Concordia Classic
13. Emily Loy	17'9	5.41m	12-5-20 Concordia Early Bird (pentathlon)
14. Anna Beune	17'8 ¼		2-12-16 Concordia Invite
15. Lydia Pomerence	17'6 ¼		3-8-14 NAIA Nats Geneva, OH (Pentathlon)
16. Kellie Rhodes	17'6 ¼	5.35m	2-10-23 Concordia Invite
17. McKenzie Gravo	17'4 ¼	5.30m	1-19-18 Polar Dog Invite
18. Kennedy Mogul	17'4 ¼	5.29m	12-14-19 Concordia Early Bird (Pentathlon)
19. Amanda Steinke	17'4 ¼	5.29m	12-9-23 Concordia Early Bird (Pentathlon)
20. Paige Getz	17'4		2-12-15 Concordia Invite
21. Leah Larson	17'3 ½		2-8-19 Concordia Invite
22. Keeli Green	17'2	5.23m	12-9-23 Concordia Early Bird
23. Paige Hemmer	17'2		1-28-12 Concordia Classic
24. JaeLynne Kosmos	17'2	5.23m	2-9-24 Concordia Invite
25. Renae Beikman	17'1 ¼		2-26-1994 NIAC Conf
26. Jill Schroeder	17'1 ¼		1-19-18 Polar Dog Invite
27. Brianna Quinn	17'0 ¼	5.20m	1-28-23 Doane Fred Beile
28. Kierstyn Besel	17'0 ½		1-17-15 Doane Scott Nisely Classic
29. Josi Noble	17'0	5.18m	12-9-23 Concordia Early Bird (Pentathlon)
30. Brittnie Besel	16'11 ¼		2-13-10 Concordia Invite
31. Sara Simmons	16'11 ¼		2-22-14 GPAC Doane (Pentathlon)
32. Dani Masur	16'10 ¾		1-28-12 Concordia Classic
33. Katelyn Shoup	16'10 ¾		1-17-15 Doane Scott Nisely Classic
34. Rene Dinkel	16'10 ½		2-24-01 GPAC Dordt
35. Zoey Walker	16'10 ½	5.14m	1-19-24 Concordia Polar Dog
36. Natalya Wells	16'10 ½	5.14m	12-5-20 Bulldog Early Bird (pentathlon)
37. Kennedee Canales	16'10	5.13m	12-14-24 Concordia Early Bird
38. Josie Puelz	16'9 ¾"	5.12m	2-9-24 Concordia Invite
39. Bonnie Stehlik	16'9 ¼	5.12m	3-1-1985
40. Krista Dies	16'9 ¼	5.12m	2-12-11 Concordia Invite
41. Elena Batenhorst	16'8 ½	5.09m	2-12-22 Concordia Invite
42. Allison Brooks	16'7 ¼		1-25-19 Concordia Classic (Pentathlon)
43. Kari Retzlaff	16'7		12-12-02 USD
44. Kyley Weinberger	16'5 ¾		1994 NWU Inv
45. Elysha Rehtus	16'5 ¾		1997
46. Lisa Onnen	16'5 ¾		2-24-07 GPAC @ UNL
47. Dawn Farden	16'5 ½		2-29-1992 Districts-NWU
48. Sarah Heck	16'5 ¼	5.01m	12-14-19 Bulldog Early Bird
49. Montana Hayes	16'5		2-22-14 GPAC Doane (Pentathlon)
50. Amber Burklund	16'4 ½		1-17-98 Doane
51. Isabelle Salters	16'4 ¼	4.98m	12-11-21 Concordia Early Bird (Pentathlon)
52. Christine Pfeifer	16'3 ¾		2-13-10 Concordia Invite
53. McKenna Kaskie	16'3	4.95m	2-10-18 Concordia Invite
54. Myria Knapp	16'3	4.95m	1-18-13 UNL Prairie Wolf Invite
55. JaeLynne Kosmos	16'3"	4.95m	12-9-23 Concordia Early Bird
56. Taylor Moes	16'3	4.95m	2-14-20 Concordia Invite
57. Candace Norman-Kolling	16'3	4.95m	1-17-15 Doane Scott Nisely Classic
58. April Niederklein	16'2 ½		1-29-11 Concordia Classic

59.	Emma Kucera	16'2 ¼	4.93m	1-27-24 Concordia Classic (Pentathlon)
60.	Cambria Saunders	16'1 ½	4.91m	1-27-24 Concordia Classic
61.	Greta Corneliussen	16'1	4.90m	2-9-24 Concordia Invite
62.	Anna Watters	16'1	4.90m	1-31-20 Concordia Classic
63.	Faith Espinosa	16'0 ½	4.89m	12-9-23 Concordia Early Bird (Pentathlon)
64.	Karissa Segelke	16'0 ¼		1-17-15 Doane Scott Nisely Classic
65.	Amy Warneke	16'0		12-12-02 USD
66.	Rachel Cutler	15'11		1-28-12 Concordia Classic
67.	Amanda Dechant	15'11		1-27-13 Concordia Classic
68.	Montana Hayes	15'11		2-1-14 Concordia Classic (Pentathlon)
69.	Emma Kucera	15'11	4.85m	1-19-24 Concordia Polar Dog
70.	Kyla Schleusener	15'11	4.85m	2-9-24 Concordia Invite
71.	Lorrie Geick	15'10 ½		3-1-1979
72.	Kaylee Boyle	15'9 ¾	4.82m	12-5-20 Bulldog Early Bird (pentathlon)
73.	Ericka Fischer	15'9 ½		2-12-15 Concordia Invite
74.	Kellie Fegter	15'8 ¾"		12-15-12 Concordia Polar Dog
75.	Skylar Kreifels	15'8 ¾	4.79m	12-9-23 Concordia Early Bird
76.	Sophia Hoelz	15'8 ¾		2-18-17 GPAC @ Dordt (Pentathlon)
77.	Amy Mann	15'8 ¾		12-15-12 Concordia Polar Dog
78.	Lindsay Anderson	15'7 ¾	4.77m	1-29-11 Concordia Classic
79.	Addie Reimer	15'7 ¾	4.77m	12-14-24 Concordia Early Bird
80.	Alayna Daberkow	15'6 ¾	4.73m	1-30-16 Concordia Classic (Pentathlon)
81.	Taylor Williams	15'6 ¾	4.73m	12-5-20 Bulldog Early Bird (pentathlon)
82.	Marie Schaepe	15'5 ½		3-1-1983
83.	Remkea Okander	15'5 ¼		1996

TRIPLE JUMP:

1.	Leah Larson	38'2 ¾	11.65m	1-25-19 Concordia Classic
2.	Charista Zehnder	38'0 ¾	11.59m	3-6-10 NAIA Nats ETSU (12 th)
3.	Renae Beikman	37'7 ¾		1994
4.	Josi Noble	37'6 ¾	11.45m	1-19-24 Concordia Polar Dog
5.	Katelyn Shoup	37'3 ¼		2-12-15 Concordia Invite
6.	Jessica Deterding	37'2 ½		2-16-19 GPAC @ Concordia (6 th)
7.	Hayley Miles	37'1 ¾	11.32m	12-9-23 Concordia Early Bird
8.	Adrianna Sims	37'0 ¼		1-19-19 Polar Dog Invite
9.	Adysen McCarter	36'7	11.15m	12-14-24 Concordia Early Bird
10.	Cora Olson	36'6 ¾	11.14m	12-14-19 Bulldog Early Bird
11.	Holly Halambeck	36'3		2-10-06 UNK All Comer Meet
12.	JaeLynne Kosmos	36'1 ¾	11.00m	2-3-24 Fred Beile Classic
13.	Taylor Moes	36'0 ¾	10.98m	2-22-20 GPAC @ Dakota Wesleyan
14.	Gabby Diamond	35'8	10.87m	1-22-22 Concordia Polar Dog
15.	Jill Pfeifer	35'7 ¼		2-4-06 Doane
16.	Amber Burklund	35'4		2-7-98 USD
17.	Rene Dinkel	35'4		2-17-01 UNL
18.	Elena Batenhorst	35'0 ½	10.68m	2-10-23 Concordia Invite
19.	Jill Schroeder	35'0 ½		2-7-15 Fred Beile Classic
20.	Paige Hemmer	34'11 ¾		1-28-12 Concordia Classic
21.	Gretta Corneliussen	34'10 ½	10.63m	12-14-24 Concordia Early Bird
22.	Kara Theis	34'10		2-26-93 NIAC
23.	Larua Bogenhagen	34'8 ¾		2-4-06 Doane
24.	Amanda Steinke	34'8 ½	10.58m	12-9-23 Concordia Early Bird
25.	Krynn Ekart	34'6 ¾		2-12-00 UNK
26.	Katie Severt	34'6 ¾	10.53m	12-14-19 Bulldog Early Bird
27.	Marie Lavicky	34'6		1999
28.	Paige Getz	34'1 ¼		2-22-14 GPAC Doane
29.	Averie Lambrecht	33'10	10.31m	12-11-21 Concordia Early Bird
30.	Lisa Onnen	33'8 ¾		2-3-07 Doane Track Classic
31.	Allison Raders	33'8 ¾		2-19-05 GPAC Dordt
32.	Sarah Heck	33'7 ½	10.25m	12-14-19 Bulldog Early Bird
33.	Susan Dugan	33'6 ¾		2-3-01 UNK
34.	Sloan Brandon	33'6 ¾		1-16-10 Doane Field Plus
35.	McKenna Kaskie	33'6 ¾		1-13-18 Doane Scott Nisely
36.	Laura Skerjanc	33'6		2004
37.	Madi Baker	33'4 ¾	10.18m	2-14-20 Concordia Invite
38.	Nicole Daum	33'4 ½	10.17m	12-14-19 Bulldog Early Bird
39.	Gemma SeEVERS	33'2 ½	10.12m	12-5-20 Bulldog Early Bird

40. Heather Siefken	33'2		2-3-01 UNK
41. Kailyn Paul	33'0 ¼	10.06m	2-3-24 Fred Beile Classic
42. Rebecca Rusnak	32'11 ¼		1-25-03 UNL

SHOT PUT:

1. Samantha Liermann	49'5		3-3-18 NAIA Natls Pitt St. (1 st – National Champion)
2. Adrianna Shaw	48'9 ½	14.87m	2-14-20 Concordia Invite
3. Stephanie Coley	48'1 ¾		2-20-16 GPAC @ UNL (1 st)
4. Kali Robb	47'7 ¼		1-30-16 Concordia Classic
5. Tierra Hubbard	47'0 ¼		3-6-10 NAIA Natls ETSU (3 rd)
6. Adrianna Shaw	47'0 ¼		2-10-17 Concordia Invite
7. Abigail Gerber	46'4	14.12m	3-2-24 NAIA Natls SDSU (5 th)
8. Lauren Eickemeyer	46'3 ¼		2-13-10 Concordia Invite
9. Katie Werner	46'2 ½		2-16-08 USD Open
10. Brittany Erdmann	45'9 ¼		2-14-14 Concordia Invite
11. Karen Brookens	45'8 ½		2-21-87 Doane Invite
12. Amber Tiedeman	45'5 ½		3-1-03 NWU
13. Elle Luehr	45'3 ¾	13.81m	2-20-21 GPAC @ Dordt (2 nd)
14. Johanna Ragland	45'1 ¾		3-3-18 NAIA Natls Pitt St (7 th)
15. Jodi Fry	44'11 ¾		1-25-19 Concordia Classic
16. Kathy Gottberg	44'11		2-16-19 GPAC @ Concordia (7 th)
17. Jasmine Eickhoff	44'10 ¾		3-5-89 NIAC
18. Madeleine Robinson	44'9	13.64m	2-10-18 Concordia Invite
19. Leslie Norris	44'8 ½		12-3-22 Frigid Bee Invite
20. Jordyn Anderson	44'3 ¼	13.49m	1996 NAIA Natls
21. Harper Boche	43'7 ¼	13.29m	2-19-22 GPAC @ Doane
22. Jacy Embray	43'5 ¼		12-14-24 Concordia Early Bird
23. Jamie Crouse	43'4 ½		1-20-17 NWU Prairie Wolf Invite
24. Kamryn Pokorney	43'0 ¼	13.11m	3-8-14 NAIA Natls Geneva, OH (14 th)
25. Alli Owings	42'3 ½	12.89m	2-10-23 Concordia Invite
26. Brandy Zarek	41'11		2-4-22 Concordia Classic
27. Abi Wohlgemuth	41'8	12.70m	12-12-02 USD
28. Erin Painter	41'5	12.62m	2-10-23 Concordia Invite
29. Sara Retzlaff	41'4 ½		2-12-22 Concordia Invite
30. Bethany Shaw	41'3		1-29-11 Concordia Classic
31. Jessica Wolzen	41'2 ½		1-12-19 Ward Haylett
32. Debbie Gians	41'2		1995
33. Beth Riemersma	41'1		2-20-88 NAIA
34. Brittini Kinne	41'0 ¼	12.50m	3-4-00 NIAC
35. Tasha Osten	40'11		2-3-24 Fred Beile Classic
36. Katelyn Butts	40'10 ½		2-17-06 UNL Prairie Wolf Invite
37. Samantha Thompson	40'9	12.42m	1-28-12 Concordia Classic
38. Elizabeth Schwab	40'8 ¾		2-5-21 Concordia Classic
39. Elle Luehr	40'7	12.37m	1-27-13 Concordia Classic
40. Morgan De Jong	40'2	12.24m	12-5-20 Bulldog Early Bird
41. Trish Ragland	39'11 ¾		2-22-20 GPAC @ Dakota Wesleyan
42. Faith Riggle	39'9 ¼	12.12m	2-12-22 Concordia Invite
43. Kailey Randall	39'8	12.09m	1-18-92 Ward Haylett
44. Carley Stokebrand	39'3 ¾		2-12-22 Concordia Invite
45. Sherri Peters	39'3 ½		1-19-24 Concordia Polar Dog
46. Zoe Custer	38'5 ¾		1-14-23 Doane Scott Nisely
47. Aliyah Sinn	37'11 ¼	11.56m	2-13-10 Concordia Invite
48. Josi Noble	37'10 ½	11.54m	3-5-89 NIAC
49. Elizabeth King	37'9 ¼		3-1-85 NIAC
50. Marissa Heins	37'8 ¾	11.50m	2-17-24 GPAC @ Mt. Marty
51. Bonnie Stehlik	37'4 ¼		12-14-24 Concordia Early Bird (pentathlon)

20 LB. WEIGHT THROW:

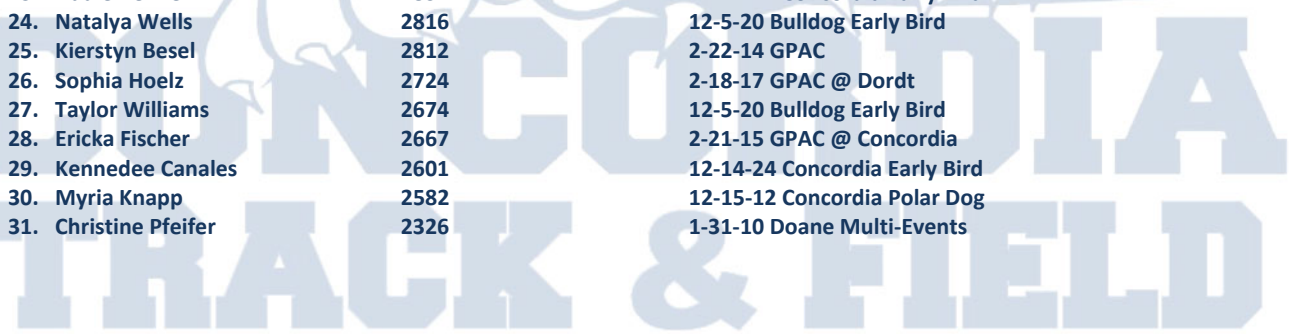
1. Adrianna Shaw	64'4	19.61m	3-7-20 NAIA Natls @ SDSU (2 nd – National Champion Runner-up)
2. Kali Robb	62'1 ¾		2-20-16 GPAC @ UNL (1 st - GPAC Record)
3. Tierra Hubbard	61'11 ¾		3-6-10 NAIA Natls ETSU (2 nd – National Champion Runner-up)
4. Jamie Crouse	60'7 ¼		2-1-14 Concordia Classic
5. Kattie Cleveland	59'5 ¾		3-5-16 NAIA Natls ETSU (6 th)

6.	Abi Wohlgemuth	58'10 ¼	17.94m	12-9-23 Concordia Early Bird
7.	Sydney Meyer	58'4"		3-4-17 NAIA Natls ETSU (5 th)
8.	Stephanie Coley	57'11 ¼		2-12-16 Concordia Invite (4 th)
9.	Morgan De Jong	57'9 ¾	17.62m	3-7-20 NAIA Natls @ SDSU (7 th)
10.	Sarah Ragland	57'9	17.60m	3-3-21 NAIA Natls @ Mt. Marty (3 rd)
11.	Samantha Liermann	57'5 ½		3-3-18 NAIA Natls Pitt St. (5 th)
12.	Elizabeth King	56'10 ¼		3-6-10 NAIA Natls ETSU (8 th)
13.	Lauren Eickemeyer	56'3 ¾		2-5-11 NWU Quad Meet
14.	Johanna Ragland	55'11 ¼		2-16-19 GPAC @ Concordia (4 th)
15.	Madeleine Robinson	55'11	17.04m	2-18-23 GPAC @ Concordia
16.	Abigail Gerber	55'9 ¾	17.01m	2-12-22 Concordia Invite
17.	Sara Retzlaff	55'0 ¾	16.77m	1-29-11 Concordia Classic
18.	Christina Lark	54'8 ¾		3-8-08 NAIA Natls ETSU (3 rd)
19.	Carly (Skopera) Weisser	54'0 ½	16.47m	2-16-19 GPAC @ Concordia
20.	Katie Werner	53'8 ½		3-8-08 NAIA Natls ETSU (4 th)
21.	Kamryn Pokorney	53'7 ¾	16.35m	12-9-23 Concordia Early Bird
22.	Nicole Perry	53'3		2-7-15 Fred Beile Classic
23.	Brandy Zarek	53'1		2-21-04 GPAC Doane
24.	Olivia Buschow	52'10 ¾	16.12m	12-11-21 Concordia Early Bird
25.	Mariah Huneke	52'10 ¼		1-25-19 Concordia Classic
26.	Alli Owings	52'6	16.00m	12-10-22 Concordia Early Bird
27.	Carley Stokebrand	52'5 ¼	15.98m	3-6-10 NAIA Natls ETSU (12 th)
28.	Brittini Kinne	52'4	15.95m	12-14-24 Concordia Early Bird
29.	Katricia Svoboda	52'3 ¾		2-10-17 Concordia Invite
30.	Jordyn Anderson	51'10	15.80m	1-22-22 Concordia Polar Dog
31.	Amy (Sandefur) Baller	51'5		2-20-10 GPAC @ UNL
32.	Marlee Denton	51'4 ½		3-5-11 NAIA Natls Geneva, OH
33.	Erin Painter	51'3 ¾	15.64m	1-22-22 Concordia Polar Dog
34.	Cortney Koepke	51'1		3-3-12 NAIA Natls Geneva, OH
35.	Brittany Erdmann	51'1		2-2-13 UNK Classic
36.	Katelyn Butts	50'11 ½		1-14-12 Concordia Polar Dog
37.	Bethany Shaw	50'6 ¾	15.40m	2-22-20 GPAC @ Dakota Wesleyan
38.	Elle Luehr	50'4 ¾	15.35m	12-5-20 Bulldog Early Bird
39.	Harper Boche	50'3 ¾	15.32m	12-14-24 Concordia Early Bird
40.	Faith Riggle	49'11 ¾	15.23m	2-10-23 Concordia Invite
41.	Mackenzie Ferrell	49'3 ¾	15.03m	1-30-21 Doane Fred Beile
42.	Marissa Heins	49'3 ½	15.02m	2-9-24 Concordia Invite
43.	Jodi Fry	49'2 ½	15.00m	2-17-24 GPAC @ Mt. Marty
44.	Cortney Covington	48'2 ¾	14.70m	2-20-21 GPAC @ Dordt
45.	Emily Agena	48'1 ¾	14.67m	2-3-23 Concordia Classic
46.	Tasha Osten	47'7		12-5-20 Bulldog Early Bird
47.	Amber Tiedeman	45'5		1-21-06 Doane
48.	Madison Holt	45'3 ¾		2-21-04 GPAC Doane
49.	Amy Migl	45'1 ½		1-19-19 Polar Dog Invite
50.	Laura Riley	44'4 ¾	13.53m	1-27-18 Concordia Classic
51.	Allison Wiebe	44'2 ½		1-16-21 Doane Scott Nisely
52.	Samantha Thompson	44'2	13.46m	1-29-17 Concordia Classic
53.	Aliyah Sinn	43'10 ½	13.37m	1-16-21 Doane Scott Nisely
54.	Elizabeth Schwab	43'9		12-14-24 Concordia Early Bird
55.	Jacy Embray	43'2 ¼		2-8-13 Concordia Invite
56.	Abby Klein	42'8 ¾		1-14-17 Doane Nisely Invite
57.	Leah Elmshouser	42'7 ¾		2-13-10 Concordia Invite
58.	Sophie Wohlgemuth	42'5 ¼	12.93m	2-25-06 GPAC NWU
59.	Alexandra Lurz	42'0 ¾		12-14-24 Concordia Early Bird
60.	Jenna Engel	41'5 ¾		2-6-16 Fred Beile Classic
61.	Kailey Randall	41'5 ¾	12.64m	2-16-07 UNL Prairie Wolf Invite
62.	Kassidy Hiesterman	40'10 ½	12.46m	12-10-22 Concordia Early Bird
63.	Charlene Mehling	40'4 ¾		12-10-22 Concordia Early Bird
64.	Jan Steinbrueck	40'3 ¾		2-17-01 UNL
65.	Sarah Saltz	39'9 ¾		1-20-17 NWU Prairie Wolf Invite
66.	Leslie Norris	39'7		2-4-12 NWU Quad Meet
67.	Leah Ohlrich	39'7		1997
68.	Ardin Mignea	39'6	12.04m	1999
69.	Carissa Kolle	38'11 ¾	11.88m	12-14-24 Concordia Early Bird
70.	GraCee Goings	38'7 ½	11.77m	12-14-24 Concordia Early Bird

71. Morgan Eggert	38'3 ¼		2-10-17 Concordia Invite
72. Kalee Brosius	38'1 ¼	11.61m	12-14-24 Concordia Early Bird
73. Jasmine Eickhoff	36'9 ¾		1-22-16 UNL Prairie Wolf Invite
74. Holly Johnson	33'10 ¾	10.33m	1-28-23 Doane Fred Beile
75. Lauren James	33'10		2-10-23 Concordia Invite
76. Kajsja Finnern	33'9 ½	10.30m	2005
77. Sarah Huber	31'6		12-14-24 Concordia Early Bird
78. Jenny DiGiorgio	31'4 ½		12-12-02 USD
79. Angela Lewis	31'0		2-17-06 UNL Prairie Wolf Invite
			1-29-00 UNK

PENTATHLON:

1. Amy Richert	3479	2-18-22 GPAC @ Doane (2 nd)
2. Jessica Deterding	3410	2-15-19 GPAC @ Concordia (2 nd)
3. Lydia Pomeranke	3401	3-8-14 NAIA Natls Geneva, OH (4 th)
4. Kennedy Mogul	3341	12-14-19 Bulldog Early Bird
5. Josi Noble	3200	1-27-24 Concordia Classic
6. Emily Loy	3167	1-30-21 Doane Fred Beile
7. Zoey Walker	3164	1-27-24 Concordia Classic
8. Elena Batenhorst	3156	2-18-22 GPAC @ Doane (6 th)
9. Sara Simmons	3145	2-22-14 GPAC Doane (tied for 6 th)
10. Montana Hayes	3145	2-22-14 GPAC Doane (tied for 6 th)
11. Alayna Daberkow	3116	2-20-16 GPAC @ UNL (7 th)
12. Paige Getz	3111	2-21-15 GPAC @ Concordia (6 th)
13. Karissa Segelke	3107	2-21-15 GPAC @ Concordia (7 th)
14. Amanda Steinke	3024	12-9-23 Concordia Early Bird
15. Stephanie Kohlwey	3023	3-5-05 NAIA Natls ETSU
16. Faith Espinosa	3004	2-17-24 GPAC @ Mt. Marty
17. Sloan Brandon	2986	2-19-11 GPAC @ UNL
18. Isabelle Salters	2947	1-21-23 Concordia Polar Dog
19. Kaylee Boyle	2904	2-18-22 GPAC @ Doane
20. Anna Beune	2879	2-3-17 Fred Beile Classic
21. Emma Kucera	2843	1-27-24 Concordia Classic
22. Allison Brooks	2842	1-25-19 Concordia Classic
23. Addie Reimer	2831	12-14-24 Concordia Early Bird
24. Natalya Wells	2816	12-5-20 Bulldog Early Bird
25. Kierstyn Besel	2812	2-22-14 GPAC
26. Sophia Hoelz	2724	2-18-17 GPAC @ Dordt
27. Taylor Williams	2674	12-5-20 Bulldog Early Bird
28. Ericka Fischer	2667	2-21-15 GPAC @ Concordia
29. Kennedee Canales	2601	12-14-24 Concordia Early Bird
30. Myria Knapp	2582	12-15-12 Concordia Polar Dog
31. Christine Pfeifer	2326	1-31-10 Doane Multi-Events



CONCORDIA UNIVERSITY WOMEN'S INDOOR TRACK & FIELD RECORDS:

[Updated as of 1-16-2025]

60 Meter Dash	Carol Bailey	7.52 (c 6.99)		2-26-88 NAIA Natls
200 Meter Dash	Carol Bailey	24.69		
300 Yard Dash	Carol Bailey	35.03		2-18-89 NAIA Districts
400 Meter Dash	Rachel Battershell	54.77		3-7-20 NAIA Natls @ SDSU (1 st – National Champion)
600 Meter Run	Kim Wood	1:32.92		2-20-16 GPAC @ UNL
800 Meter Run	Kim Wood	2:11.03		1-30-16 Concordia Classic
1000 Meter Run	Rylee Haecker	2:52.88		3-2-24 NAIA Natls SDSU (finals-3 rd)
1 Mile Run	Kim Wood	4:51.41		2-20-16 GPAC @ UNL
3000 Meter Run	Kylahn Freiberg	10:05.72		2-17-24 GPAC @ Mt. Marty
3000 Meter Race Walk	Emily Hansen	15:16.46		2-20-10 Univ of Missouri
5000 Meter Run	Sarah Kortze	17:30.57		3-8-14 NAIA Natls Geneva, OH (prelims)
60 Meter Hurdles	Adrianna Rodencal	8.53		12-14-24 Concordia Early Bird
4x400 Meter Relay	Jacee Pfeifer, Sarah Lewis Mika Brees, Rachel Battershell	3:47.39		3-7-20 NAIA Natls @ SDSU (2 nd – National Runner-Up)
4x800 Meter Relay	Jenna Esch, Rylee Haecker Julie McIntyre, Kylahn Freiberg	9:06.48		3-2-24 NAIA Natls SDSU (1 st -National Champions)
Sprint Medley Relay	Carol Bailey, Shelly Northover, Amy Schoof, Angie Aufdemberge	4:23.00		1-27-89 NWU Relays
Distance Medley Relay	Andrea Overstreet, Kari Retzlaff, Stacey Hain, Rachael Geidel	12:10.00		2-27-00 NAIA Natls, UNL
High Jump	Allison Brooks	5'7"	1.70m	2-3-17 Fred Beile Classic
Triple Jump	Leah Larson	38'2 ¾"	11.65m	1-25-19 Concordia Classic
Long Jump	Hayley Miles	19'4 ¼"	5.90m	12-9-23 Concordia Early Bird
20-Lb. Weight Throw	Adrianna Shaw	64'4"	19.61m	3-7-20 NAIA Natls @ SDSU (2 nd – National Champion Runner-up)
Shot Put	Samantha Liermann	49'5"	15.06m	3-3-18 NAIA Nats Pitt St. (1 st – National Champion)
Pole Vault	Josie Puelz	13'5 ½"	4.10m	3-5-22 NAIA Natls @ SDSU (1 st - National Champion)
Pentathlon	Amy Richert	3479		2-18-22 GPAC @ Doane (2 nd)

CONCORDIA UNIV. WOMEN'S INDOOR TRACK & FIELD STADIUM RECORDS:

[Records started with new stadium built in 2010]

[Updated as of 1-16-2025]

60 Meter Dash	Dajaz DeFrاند, Unattached	7.55		1-23-22 Nebraska Indoor Track & Field Championship Series
200 Meter Dash	Neeia Cooperwood, Morningside	24.75		2-21-15 GPAC @ Concordia
400 Meter Dash	Jaiya Patillo, Unattached	55.28		2-11-24 Nebraska Indoor Track & Field Championship Series
600 Meter Dash	Alexis Boyd, Northwest Missouri State Univ.	1:31.98		2-12-15 Concordia Invite
800 Meter Run	Kim Wood, Concordia	2:11.03		1-30-16 Concordia Classic
1000 Meter Run	Marissa Bongers, Unattached	2:55.08		1-31-15 Concordia Classic
1 Mile Run	Kim Wood, Concordia	5:01.28		2-21-15 GPAC @ Concordia
3000 Meter Run	Marissa DeWispelare, Doane	10:00.98		2-12-16 Concordia Invite
3000 Meter Race Walk	Baileigh Morris, Central Methodist	15:37.88		1-19-24 Concordia Polar Dog
5000 Meter Run	Lauren Shomaker, Hastings	17:35.10		2-21-15 GPAC @ Concordia
60 Meter Hurdles	Kerrigan Myers, Midland	8.49		12-9-23 Concordia Early Bird
4x400 Meter Relay	Doane [K. Gokie, E. Harsin, S. Holtmeier, R. Bramhall]	3:54.08		2-12-16 Concordia Invite
4x800 Meter Relay	Jenna Esch, Kylahn Freiberg Julie McIntyre, Rylee Haecker	9:15.26		1-19-24 Concordia Polar Dog
Distance Medley Relay	Doane [M. Moore, S. Holtmeier, S. Kottwitz, M. DeWispelare]	12:11.28		1-30-16 Concordia Classic
High Jump	Katie Moeller, Hastings	5'8"	1.73m	2-12-11 Concordia Invite
Triple Jump	Tara Korshoj, Unattached	40'11"	12.47m	2-12-11 Concordia Invite
Long Jump	Shantinique Cunningham, Hastings	19'6 ¼"	5.96m	2-10-18 Concordia Invite
20-Lb. Weight Throw	Carly Fehringer, Unattached	66'3"	20.19m	2-12-16 Concordia Invite
Shot Put	Sara Wells, Unattached	54'6 ½"	16.62m	2-12-16 Concordia Invite
Pole Vault	Kortney Ross-Oates, AZPVA	13'8 ¼"	4.17m	2-3-23 Concordia Classic 2-10-23 Concordia Invite
Pentathlon	Erin DeVries, Doane	3714		2-21-15 GPAC @ Concordia
Pent – 60m Hurdles	Kerrigan Myers, Midland	8.59		12-9-23 Concordia Early Bird
Pent – High Jump	Kamberlyn Lamer, Dakota Wesleyan Zoey Walker, Concordia	5'6"	1.68m	1-25-19 Concordia Classic 12-9-23 Concordia Early Bird
Pent – Shot Put	Erin Devries, Doane	40'2"	12.24m	2-21-15 GPAC @ Concordia
Pent – Long Jump	Kamberlyn Lamer, Dakota Wesleyan	19'2 ½"	5.85m	1-25-19 Concordia Classic
Pent – 800m	Ashleigh Carr, Unattached	2:20.28		1-19-16 Concordia Classic

CONCORDIA EARLY BIRD - WOMEN'S MEET RECORDS:

[Inaugural Indoor Early Bird Meet 12-15-2012]

[Updated as of 1-16-2025]

60 Meter Dash	Zakiya Porter, Central Methodist	7.72		12-14-24 Concordia Early Bird
200 Meter Dash	Joana Vakasobuduru, Central Methodist	25.61		12-14-24 Concordia Early Bird
400 Meter Dash	Emma Baker, Dordt	57.42		12-5-20 Bulldog Early Bird
600 Meter Dash	Jenna Esch, Concordia	1:36.35		12-9-23 Concordia Early Bird
800 Meter Run	Anmarie Stuit, Dordt	2:18.81		12-11-21 Bulldog Early Bird
1000 Meter Run	Emalee Fundermann, Morningside	3:00.38		12-5-20 Bulldog Early Bird
1 Mile Run	Kylahn Heritage, Concordia	5:13.84		12-14-19 Bulldog Early Bird
3000 Meter Run	Courtney Sporrer, Morningside	10:24.75		12-14-24 Concordia Early Bird
3000 Meter Race Walk	Lauren Dawson, Concordia	17:23.31		12-9-23 Concordia Early Bird
5000 Meter Run	Theresa Staley, Concordia	21:22.97		12-15-12 Polar Dog
60 Meter Hurdles	Kerrigan Myers, Midland	8.49		12-9-23 Concordia Early Bird
4x400 Meter Relay	Central Methodist (D.Ondobo, D.Camilo, J.Vakasobuduru, A.Rowland)	3:54.44		12-14-24 Concordia Early Bird
4x800 Meter Relay	Morningside (J. McKibben, T. Beel, P. Boer, E. Fundermann)	9:32.34		12-5-20 Bulldog Early Bird
Distance Medley Relay	Concordia [K. Wood, J. Klaustermeier M. Letts, J. Schwalenberg]	12:45.76		12-15-12 Polar Dog
High Jump	Hannah Newton, Midland	5'7 ¼	1.71m	12-14-24 Concordia Early Bird
Triple Jump	Josie Garrett, Doane	37'11 ¼	11.56m	12-14-24 Concordia Early Bird
Long Jump	Hayley Miles, Concordia	19'4 ¼	5.90m	12-9-23 Concordia Early Bird
20-Lb. Weight Throw	Elizabeth Virgl, Unattached	61'5 ¾	18.74m	12-14-19 Bulldog Early Bird
Shot Put	Kate Grint, Doane	47'4 ¼	14.43m	12-14-19 Bulldog Early Bird
Pole Vault	Josie Puelz, Concordia	13'2 ¼	4.02m	12-11-21 Bulldog Early Bird
Pentathlon	Amy Richert, Concordia	3465 pts		12-10-22 Concordia Early Bird
Pent – 60m Hurdles	Kerrigan Myers, Midland	8.59		12-9-23 Concordia Early Bird
Pent – High Jump	Zoey Walker, Concordia	5'6	1.68m	12-9-23 Concordia Early Bird
Pent – Shot Put	Kerrigan Myers, Midland	38'2 ¾	11.65m	12-14-24 Concordia Early Bird
Pent – Long Jump	Kerrigan Myers, Midland	18'2 ¼	5.54m	12-9-23 Concordia Early Bird
Pent – 800m	Kennedy Mogul, Concordia	2:28.05		12-14-19 Bulldog Early Bird

CONCORDIA POLAR DOG - WOMEN'S MEET RECORDS:

[Inaugural Indoor Polar Dog Meet 1-14-2012]

[Updated as of 1-23-2024]

60 Meter Dash	Daisy Maessner, Hastings College	7.75		1-22-21 Concordia Polar Dog
200 Meter Dash	Natali Engle, Friends Univ.	25.54		1-19-18 Polar Dog Invite
400 Meter Dash	Rachel Battershell, Concordia	56.40		1-25-20 Concordia Polar Dog
600 Meter Dash	Paige Pollard, Wayne State	1:35.32		1-14-12 Concordia Polar Dog
800 Meter Run	Paige Pollard, Wayne State	2:15.81		1-14-12 Concordia Polar Dog
1000 Meter Run	Rylee Haecker, Concordia	2:58.36		1-21-23 Concordia Polar Dog
1 Mile Run	Kylahn Freiberg, Concordia	5:10.98		1-21-23 Concordia Polar Dog
3000 Meter Run	Sarah Kotze, Concordia	10:54.37		1-14-12 Concordia Polar Dog
3000 Meter Race Walk	Baileigh Morris, Central Methodist	15:37.88		1-19-24 Concordia Polar Dog
5000 Meter Run	Kylahn Freiberg, Concordia	17:48.25		1-19-24 Concordia Polar Dog
60 Meter Hurdles	Chelsea Baker, Friends Univ.	8.69		1-19-18 Polar Dog Invite
4x400 Meter Relay	Concordia (J. Esch, J. Koepke, T. Tuls, R. Battershell)	3:57.92		1-21-23 Concordia Polar Dog
4x800 Meter Relay	Jenna Esch, Kylahn Freiberg Julie McIntyre, Rylee Haecker	9:15.26		1-19-24 Concordia Polar Dog
Distance Medley Relay	Concordia [K. Wood, J. Klaustermeier M. Letts, J. Schwalenberg]	12:45.76		12-15-12 Concordia Polar Dog
High Jump	Zoey Walker, Concordia Aubrey DeGroot	5'5	1.65m	1-19-24 Concordia Polar Dog
Triple Jump	Josi Noble, Concordia	37'6 ¾	11.45m	1-19-24 Concordia Polar Dog
Long Jump	Karsen Sears, Hastings College	18'6 ½	5.65m	1-22-22 Concordia Polar Dog
20-Lb. Weight Throw	Adrianna Shaw, Concordia	62'6	19.05m	1-25-20 Concordia Polar Dog
Shot Put	Kate Grint, Doane	48'10 ¼	14.89m	1-25-20 Concordia Polar Dog
Pole Vault	Josie Puelz, Concordia	12'7 ½	3.85m	1-22-21 Concordia Polar Dog
Pentathlon	Lauren Tamayo, Hastings	3476		1-22-22 Concordia Polar Dog
Pent – 60m Hurdles	Lauren Tamayo, Hastings	9.03		1-22-22 Concordia Polar Dog
Pent – High Jump	Lauren Tamayo, Hastings	5'3 ¾	1.62m	1-22-22 Concordia Polar Dog
Pent – Shot Put	Josi Noble, Concordia	33'6 ¾	10.23m	1-21-23 Concordia Polar Dog
Pent – Long Jump	Lauren Tamayo, Hastings	18'1 ½	5.52m	1-22-22 Concordia Polar Dog
Pent – 800m	Josi Noble, Concordia	2:30.76		1-21-23 Concordia Polar Dog

CONCORDIA CLASSIC - WOMEN'S MEET RECORDS:

[Inaugural meet 1-28-11 to 1-29-11]

[Updated as of 2-6-2024]

60 Meter Dash	Daisy Maessner, Hastings College	7.59m		2-4-22 Concordia Classic
200 Meter Dash	Isabella Hogue, Nebraska Wesleyan	25.02		1-27-24 Concordia Classic
400 Meter Dash	Ashton Nibert, Northwest Missouri State Univ.	56.76		2-1-14 Concordia Classic
600 Meter Dash	Kaylee Jones, Nebraska Wesleyan	1:34.43		1-27-18 Concordia Classic
800 Meter Run	Kim Wood, Concordia	2:11.03		1-30-16 Concordia Classic
1000 Meter Run	Marissa Bongers, Unattached	2:55.08		1-31-15 Concordia Classic
1 Mile Run	Kim Wood, Concordia	5:07.60		1-31-15 Concordia Classic
3000 Meter Run	Marissa DeWispelare, Doane	10:17.36		1-30-16 Concordia Classic
3000 Meter Race Walk	Lauren Dawson, Concordia	19:06.59		2-3-23 Concordia Classic
5000 Meter Run	Marissa DeWispelare, Doane	17:44.04		1-29-17 Concordia Classic
60 Meter Hurdles	Adrianna Rodencal, Concordia	8.59		1-27-24 Concordia Classic
4x400 Meter Relay	Northwest Missouri State Univ. [H. Manning, A. Boyd, A. Nibert, S. Fender]	3:55.94		2-1-14 Concordia Classic
4x800 Meter Relay	Friends (C. Giles, A. Gurrola, K. Warren, A. Donley)	9:34.32		2-4-22 Concordia Classic
Distance Medley Relay	Doane [M. Moore, S. Holtmeier, S. Kottwitz, M. DeWispelare]	12:11.28		1-30-16 Concordia Classic
High Jump	Paige Hervert, Doane	5'7"	1.70m	1-30-16 Concordia Classic
Triple Jump	Ashley Stanford, Sterling College	39'7"	12.07m	1-31-15 Concordia Classic
Long Jump	Karsen Sears, Hastings College	19'2"	5.84m	2-4-22 Concordia Classic
20-Lb. Weight Throw	Adrianna Shaw, Concordia	62'9 ¼"	19.13m	1-31-20 Concordia Classic
Shot Put	Jennifer Maag, Hastings	48'7 ¼"		2-1-14 Concordia Classic
Pole Vault	Kortney Ross-Oates, AZPVA	13'8 ¼"	4.17m	2-3-23 Concordia Classic
Pentathlon	Kamberlyn Lamer, Dakota Wesleyan	3699		1-25-19 Concordia Classic
Pent – 60m Hurdles	Kelsey Lacy, NW Missouri State Univ.	9.06		1-30-15 Concordia Classic
Pent – High Jump	Kamberlyn Lamer, Dakota Wesleyan	5'6"	1.68m	1-25-19 Concordia Classic
Pent – Shot Put	Erin Devries, Doane	38'6 ¼"	11.74m	2-1-14 Concordia Classic
Pent – Long Jump	Kamberlyn Lamer, Dakota Wesleyan	19'2 ½"	5.85m	1-25-19 Concordia Classic
Pent – 800m	Ashleigh Carr, Unattached	2:20.28		1-19-16 Concordia Classic

CONCORDIA INDOOR INVITE - WOMEN'S MEET RECORDS:

[Records started with new stadium built in 2010; Inaugural race 2-13-10]

[Updated as of 2-11-2024]

60 Meter Dash	Kortney Ross-Oats, Azpva	7.61		2-10-23 Concordia Invite
200 Meter Dash	Sandrae Farquharson, Doane	25.03		2-14-14 Concordia Invite
400 Meter Dash	Amy Braimbridge, McPherson College	56.58		2-8-19 Concordia Invite
600 Meter Dash	Alexis Boyd, Northwest Missouri State Univ.	1:31.98		2-12-15 Concordia Invite
800 Meter Run	Jenna Esch, Concordia	2:15.68		2-9-24 Concordia Invite
1000 Meter Run	Jessa Sughroue, Doane	2:55.52		2-12-15 Concordia Invite
1 Mile Run	Amanda Vorthmann, UNO	5:03.78		2-11-12 Concordia Invite
3000 Meter Run	Marissa DeWispelare, Doane	10:00.98		2-12-16 Concordia Invite
3000 Meter Race Walk	Paige Thompson, Grand View	17:16.23		2-10-23 Concordia Invite
5000 Meter Run	Emily Sievert, Concordia	18:15.81		2-12-15 Concordia Invite
60 Meter Hurdles	Nisa Thomas, Hastings	8.54		2-9-24 Concordia Invite
4x400 Meter Relay	Doane [K. Gokie, E. Harsin, S. Holtmeier, R. Bramhall]	3:54.08		2-12-16 Concordia Invite
4x800 Meter Relay	Concordia [M. Meineke, J. Schwalenberg, J. Williams, B. Sutton]	9:34.35		2-12-11 Concordia Invite
Distance Medley Relay	Friends Univ. [K. Adams, K. Shuck, L. Kidd, J. Arnold]	12:56.43		2-12-11 Concordia Invite
High Jump	Katie Moeller, Hastings	5'8"	1.73m	2-12-11 Concordia Invite
Triple Jump	Tara Korshoj, Unattached	40'11"	12.47m	2-12-11 Concordia Invite
Long Jump	Shantinique Cunningham, Hastings	19'6 ³ / ₄ "	5.96m	2-10-18 Concordia Invite
20-Lb. Weight Throw	Carly Fehringer, Unattached	66'3"	20.19m	2-12-16 Concordia Invite
Shot Put	Sara Wells, Unattached	54'6 ¹ / ₂ "	16.62m	2-12-16 Concordia Invite
Pole Vault	Kortney Ross-Oats, Azpva	13'8 ¹ / ₄ "	4.17m	2-10-23 Concordia Invite
Pentathlon	Sloan Brandon, Concordia	2813		2-13-10 Concordia Invite

CONCORDIA INDOOR TRACK & FIELD NAIA NATIONAL CHAMPIONS:

[Updated as of 3-2-2024]

400 Meter Dash	Carol Bailey	56.83	1990
4x800 Meter Relay	Stacey Hain, Rachel Geidel, Andrea Overstreet, Julie Reinke	9:21.61	1999
Pole Vault	Stephanie Beberniss	12'1 ½	2003
Shot Put	Samantha Liermann	49'5	3-3-18 NAIA Natls Pitt St.
400 Meter Dash	Rachel Battershell	54.77	3-7-20 NAIA Natls @ SDSU
Pole Vault	Josie Puelz	13'4 ½ 4.08m	3-3-21 NAIA Natls @ Mt. Marty
400 Meter Dash	Rachel Battershell	56.03	3-3-21 NAIA Natls @ Mt. Marty
Pole Vault	Josie Puelz	13'5 ¼ 4.10m	3-5-22 NAIA Natls @ SDSU
Pole Vault	Josie Puelz	13'0 ¼ 3.97m	3-4-23 NAIA Natls @ SDSU
4x800 Meter Relay	Jenna Esch, Rylee Haecker Julie McIntyre, Kylahn Freiberg	9:06.48	3-2-24 NAIA Natls SDSU

CONCORDIA INDOOR TRACK & FIELD NAIA NATIONAL HONORS:

[Updated as of 3-2-2024]

<u>Individual</u>	<u>Honor</u>	<u>Year</u>
Ed McLaughlin	USTFCCCA Women's Indoor Assistant Coach of the Year – Midwest Region	2016
Kim Wood	USTFCCCA Women's Indoor Track Athlete of the Year – Midwest Region	2016
Ed McLaughlin	USTFCCCA Women's Indoor Assistant Coach of the Year – Midwest Region	2019
Matt Beisel	USTFCCCA Women's Indoor Head Coach of the Year – Midwest Region	2019
Ed McLaughlin	USTFCCCA Women's Indoor Assistant Coach of the Year	2019
Rachel Battershell	USTFCCCA Women's Indoor Track Athlete of the Year – Midwest Region	2020
Adrianna Shaw	USTFCCCA Women's Indoor Field Athlete of the Year – Midwest Region	2020
Matt Beisel	USTFCCCA Women's Indoor Head Coach of the Year – Midwest Region	2020
Matt Beisel	USTFCCCA Women's Indoor Head Coach of the Year – Midwest Region	2021
Matt Beisel	USTFCCCA Women's Indoor Head Coach of the Year – Midwest Region	2022
Matt Beisel	USTFCCCA Women's Indoor Head Coach of the Year – Midwest Region	2023
Matt Beisel	USTFCCCA Women's Indoor Head Coach of the Year – Midwest Region	2024

CONCORDIA INDOOR TRACK & FIELD NAIA NATIONAL TEAM FINISHES:

[Updated as of 3-2-2024]

**Beginning in 2012, the NAIA National Indoor T&F meet began scoring through 8 places. All American status applies to the top 8 finishers per event. Prior to 2012, only 6 places were scored and awarded All American status.*

<u>Year</u>	<u>Final Team Standing</u>	<u>Total Points</u>	<u>Number of All Americans*</u>	<u>Location</u>
1980				
1981			Sharon Holthus	
1982				
1983				
1984				
1985			Karen Brookens	
1986				
1987			Carol Bailey Karen Brookens Devonna Buesing	
1988			Carol Bailey	
1989			Carol Bailey Kathleen Gottberg	
1990			Carol Bailey	Kansas City, MO
1991			Angie Aufdemberge Gayle Gerkenmeyer Dawn Mueller Corrine Parker	Kansas City, MO
1992				Kansas City, MO
1993				Kansas City, MO
1994				Kansas City, MO
1995			Dove Robinson	Lincoln, NE
1996				Lincoln, NE
1997	13 th		Naomi Geidel Amy Luft Julie Reinke Audrey Reiter	Lincoln, NE
1998	10 th		Kim Fichtner Rachael Geidel Amy Luft Julie Reinke	Lincoln, NE
1999			Rachael Geidel Stacey Hain Tara Overstreet Julie Reinke	Lincoln, NE
2000	12 th		Rachael Geidel Stacey Hain Andrea Overstreet Kari Retzlaff	Lincoln, NE
2001	21 st		Rachael Geidel Laree David Andrea Overstreet	Johnson City, TN
2002	8 th		Stephanie Beberniss (Pole Vault) Molly Engel Julie Gaebel Jennifer Nikkila Michelle Quinlan Kari Retzlaff Brie Zydiak	Johnson City, TN
2003	9 th	21	11 <u>4x800m Relay</u> (6 th 9:26.99) Molly Engel, Tanya Kanengieter, Jennifer Nikkala, Micah Dubbs <u>Distance Medley Relay</u> (4 th 12:15.98) Molly Engel, Kari Retzlaff, Jennifer Nikkila, Micah Dubbs <u>Stephanie Beberniss</u> (Pole Vault – 1 st 3.70m, 12-01.50) <u>Amber Tiedeman</u> (Shot Put – 5 th 13.44m, 44-01.25) <u>Brandy Zarek</u> (Weight Throw – 4 th 15.83m, 51-11.25)	Johnson City, TN
2004	27 th	5	2 <u>Amber Tiedeman</u> (Shot Put – 6 th 13.40m, 43-11.75) <u>Katie Wright</u> (Pole Vault – 4 th 3.35m, 10-11.75)	Johnson City, TN
2005	15 th	13	10 <u>Micah Dubbs</u> (Mile Run – 5 th 5:05.94) <u>Molly Engel</u> (Mile Run – 4 th 5:05.71)	Johnson City, TN

4x800m Relay (3rd – 9:13.96) Jennifer Nikkila, Angela Matthews, Micah Dubbs, Mollie Engel
Distance Medley Relay (6th – 12:10.42) Jennifer Nikkila, Lauren Sankey, Micah Dubbs, Mollie Engel

2006	29 th	2.33	1	Michelle Anderson (Pole Vault – 3-way tie for 4 th)	Johnson City, TN
2007	36 th	2	1	Michelle Anderson (Pole Vault – 5 th)	Johnson City, TN
2008	14 th	15	4	Emily Hansen (Race Walk – 6 th) Erin Eitzmann (Pole Vault – 3 rd) Christina Lark (Weight – 3 rd) Katie Werner (Weight – 4 th)	Johnson City, TN
2009	11 th	19	8	Emily Hansen (Race Walk – 2 nd) 4 x 800 (4 th) (Emily Wolters, Bethany Sutton, Ann Hershberger, Katie Lutmer) Katie Swanson (600M – 4 th) Bethany Sutton (800M – 6 th) Charista Zehnder (Long Jump – 5 th)	Johnson City, TN
2010	12 th	17.33	5	Bethany Sutton (600M – 6 th) Kellie Fegter (Pole Vault – tied for 6 th) Tierra Hubbard (Shot Put – 3 rd) Tierra Hubbard (Weight – 2 nd) Sara Retzlaff (Weight – 5 th)	Johnson City, TN
2011	26 th	7	5	4 x 800 (6 th) Martha Meineke, Jenean Williams, Jena Schwalenberg, Bethany Sutton Bethany Sutton (800M – 3 rd)	Geneva, OH
2012	29 th	7	3	Martha Meineke (Mile – 8 th) Brittany Erdmann (Shot Put – 5 th) Jamie Crouse (Weight – 7 th)	Geneva, OH
2013	13 th	19	8	4 x 800 (4 th) (Jena Schwalenberg, Jenean Williams, Megan Letts, Kim Wood) Jena Schwalenberg (Mile – 7 th) Stephanie Coley (Shot Put – 5 th) Brittany Erdmann (Shot Put – 7 th) Jamie Crouse (Weight – 3 rd)	Geneva, OH
2014	11 th	20	9	Jamie Crouse (Weight – 3 rd) Lydia Pomeranke (Pentathlon – 4 th) Shelby Yelden (Pole Vault – 5 th) Stephanie Coley (Shot Put – 6 th) Kim Wood (1000M – 8 th) 4 x 800 (8 th) (Jenean Williams, Marti Vlasin, Erika Schroeder,)	Geneva, OH
2015	11 th	22	4	Kim Wood (1000M – 2 nd) Kali Robb (Weight – 3 rd) Stephanie Coley (Shot Put – 4 th) Cassie Starks (Pole Vault – 6 th)	Geneva, OH
2016	5 th	43	10	Kim Wood (1000M – 4 th) Kim Wood (Mile – 3 rd) Samantha Liermann (Shot Put – 2 nd) Stephanie Coley (Shot Put – 3 rd) Kali Robb (Shot Put – 6 th) McKenzie Gravo (Pole Vault – 5 th) Kali Robb (Weight – 4 th) Kattie Cleveland (Weight – 6 th) Stephanie Coley (Weight – 7 th) Elizabeth King (Weight – 8 th)	Johnson City, TN
2017	7 th	31	6	Allison Brooks (Pole Vault – 3 rd) Adrianna Shaw (Shot Put – 2 nd) Samantha Liermann (Shot Put – 5 th) Kali Robb (Shot Put – 8 th) Kali Robb (Weight Throw – 2 nd) Sydney Meyer (Weight Throw – 5 th)	Johnson City, TN
2018	9 th	22	4	Samantha Liermann (Shot Put – 1 st) Adrianna Shaw (Shot Put – 3 rd) Johanna Ragland (Shot Put – 7 th) Samantha Liermann (Weight Throw – 5 th)	Pittsburg, KS
2019	9 th	23.5	9	4 x 400m Relay (3 rd) – Rachel Battershell, Sarah Lewis, Jamie Nikodym, Jacee Pfeifer Jacee Pfeifer (Pole Vault – 5 th)	Brookings, SD

Erin Mapson (Pole Vault – 4th)
 Leah Larson (Triple Jump – 7th)
 Samantha Lierman (Shot Put – 7th)
 Adrianna Shaw (Weight Throw – 4th)

2020	4 th	50	10	<p><u>4x400m Relay</u> (2nd 3:47.39) Jacee Pfeifer, Sarah Lewis, Mika Brees, Rachel Battershell <u>Rachel Battershell</u> (400m Dash - 1st 54.77) <u>Allison Brooks</u> (Pole Vault – 2nd 4.07m, 13-04.25) <u>Josie Puelz</u> (Pole Vault – 3rd 3.92m, 12-10.25) <u>Adrianna Shaw</u> (Shot Put – 2nd 14.53m, 47-08.00) <u>Adrianna Shaw</u> (Weight Throw – 2nd 19.61m, 64-04.00) <u>Morgan De Jong</u> (Weight Throw – 7th 17.62m, 57-09.75) <u>4x400m Relay</u> (5th 3:53.74) Sarah Lewis, Keri Bauer Sydney Schernikau, Rachel Battershell <u>Distance Medley Relay</u> (4th 12:28.99) Rylee Haecker, Kennedy Mogul, Grace Reiman, Kylahn Heritage <u>Rachel Battershell</u> (400m Dash - 1st 56.03) <u>Rylee Haecker</u> (1000m Run – 8th 3:03.14) <u>Josie Puelz</u> (Pole Vault – 1st 4.08m, 13-04.50) <u>Erin Mapson</u> (Pole Vault – 4th 3.78m, 12-04.75) <u>Elle Luehr</u> (Shot Put – 5th 13.66m, 44-09.75) <u>Sarah Ragland</u> (Weight Throw – 3rd 17.60m, 57-09.00) <u>Morgan De Jong</u> (Weight Throw – 5th 17.27m, 56-08.00) <u>4x400m Relay</u> (5th 3:48.85) Sarah Lewis, Jordan Koepke Jacee Pfeifer, Rachel Battershell <u>4x800m Relay</u> (3rd 9:16.78) Rylee Haecker, Kylahn Heritage Grace Reiman, Keri Bauer <u>Jordan Koepke</u> (600m Run – 3rd 1:33.24) <u>Rylee Haecker</u> (1000m Run – 3rd 2:53.68) <u>Josie Puelz</u> (Pole Vault – 1st 4.10m, 13-05.25) <u>Erin Mapson</u> (Pole Vault – 4th 3.77m, 12-04.50) <u>Morgan De Jong</u> (Weight Throw – 5th 17.52m, 57-05.75) <u>Amy Richert</u> (Pentathlon – 6th 3382 pts) <u>4x400m Relay</u> (6th 3:48.88) Jenna Esch, Jordan Koepke Trinity Tuls, Rachel Battershell <u>Kylahn Freiberg</u> (1000m Run – 2nd 2:54.87) <u>Rylee Haecker</u> (1000m Run – 6th 2:56.66) <u>Josie Puelz</u> (Pole Vault – 1st 3.97m, 13-00.25) <u>Erin Mapson</u> (Pole Vault – 7th 3.67m, 12-00.50) <u>Abigail Gerber</u> (Shot Put – 7th 14.04m, 46-00.75) <u>4x400m Relay</u> (6th 3:48.14) Jenna Esch, Kayla Kirchner, Trinity Tuls, Jordan Koepke <u>4x800m Relay</u> (1st 9:06.48) Jenna Esch, Rylee Haecker, Julie McIntyre, Kylahn Heritage <u>Jenna Esch</u> (800m Run – 4th 2:13.54) <u>Rylee Haecker</u> (1000m Run – 3rd 2:52.88) <u>Kylahn Freiberg</u> (Mile Run – 2nd 4:54.09) <u>Zoey Walker</u> (High Jump – 8th 3.67m, 5-06.00) <u>Josie Puelz</u> (Pole Vault – 7th 1.68m, 12-00.50) <u>Abigail Gerber</u> (Shot Put – 5th 14.12m, 46-04.00) <u>Abi Wohlgemuth</u> (Weight Throw – 6th 17.58m, 57-08.25)</p>	Brookings, SD
2021	3 rd	49	15	<p><u>Rylee Haecker</u> (1000m Run – 8th 3:03.14) <u>Josie Puelz</u> (Pole Vault – 1st 4.08m, 13-04.50) <u>Erin Mapson</u> (Pole Vault – 4th 3.78m, 12-04.75) <u>Elle Luehr</u> (Shot Put – 5th 13.66m, 44-09.75) <u>Sarah Ragland</u> (Weight Throw – 3rd 17.60m, 57-09.00) <u>Morgan De Jong</u> (Weight Throw – 5th 17.27m, 56-08.00) <u>4x400m Relay</u> (5th 3:48.85) Sarah Lewis, Jordan Koepke Jacee Pfeifer, Rachel Battershell <u>4x800m Relay</u> (3rd 9:16.78) Rylee Haecker, Kylahn Heritage Grace Reiman, Keri Bauer <u>Jordan Koepke</u> (600m Run – 3rd 1:33.24) <u>Rylee Haecker</u> (1000m Run – 3rd 2:53.68) <u>Josie Puelz</u> (Pole Vault – 1st 4.10m, 13-05.25) <u>Erin Mapson</u> (Pole Vault – 4th 3.77m, 12-04.50) <u>Morgan De Jong</u> (Weight Throw – 5th 17.52m, 57-05.75) <u>Amy Richert</u> (Pentathlon – 6th 3382 pts) <u>4x400m Relay</u> (6th 3:48.88) Jenna Esch, Jordan Koepke Trinity Tuls, Rachel Battershell <u>Kylahn Freiberg</u> (1000m Run – 2nd 2:54.87) <u>Rylee Haecker</u> (1000m Run – 6th 2:56.66) <u>Josie Puelz</u> (Pole Vault – 1st 3.97m, 13-00.25) <u>Erin Mapson</u> (Pole Vault – 7th 3.67m, 12-00.50) <u>Abigail Gerber</u> (Shot Put – 7th 14.04m, 46-00.75) <u>4x400m Relay</u> (6th 3:48.14) Jenna Esch, Kayla Kirchner, Trinity Tuls, Jordan Koepke <u>4x800m Relay</u> (1st 9:06.48) Jenna Esch, Rylee Haecker, Julie McIntyre, Kylahn Heritage <u>Jenna Esch</u> (800m Run – 4th 2:13.54) <u>Rylee Haecker</u> (1000m Run – 3rd 2:52.88) <u>Kylahn Freiberg</u> (Mile Run – 2nd 4:54.09) <u>Zoey Walker</u> (High Jump – 8th 3.67m, 5-06.00) <u>Josie Puelz</u> (Pole Vault – 7th 1.68m, 12-00.50) <u>Abigail Gerber</u> (Shot Put – 5th 14.12m, 46-04.00) <u>Abi Wohlgemuth</u> (Weight Throw – 6th 17.58m, 57-08.25)</p>	Yankton, SD
2022	3 rd	45	14	<p><u>Jordan Koepke</u> (600m Run – 3rd 1:33.24) <u>Rylee Haecker</u> (1000m Run – 3rd 2:53.68) <u>Josie Puelz</u> (Pole Vault – 1st 4.10m, 13-05.25) <u>Erin Mapson</u> (Pole Vault – 4th 3.77m, 12-04.50) <u>Morgan De Jong</u> (Weight Throw – 5th 17.52m, 57-05.75) <u>Amy Richert</u> (Pentathlon – 6th 3382 pts) <u>4x400m Relay</u> (6th 3:48.88) Jenna Esch, Jordan Koepke Trinity Tuls, Rachel Battershell <u>Kylahn Freiberg</u> (1000m Run – 2nd 2:54.87) <u>Rylee Haecker</u> (1000m Run – 6th 2:56.66) <u>Josie Puelz</u> (Pole Vault – 1st 3.97m, 13-00.25) <u>Erin Mapson</u> (Pole Vault – 7th 3.67m, 12-00.50) <u>Abigail Gerber</u> (Shot Put – 7th 14.04m, 46-00.75) <u>4x400m Relay</u> (6th 3:48.14) Jenna Esch, Kayla Kirchner, Trinity Tuls, Jordan Koepke <u>4x800m Relay</u> (1st 9:06.48) Jenna Esch, Rylee Haecker, Julie McIntyre, Kylahn Heritage <u>Jenna Esch</u> (800m Run – 4th 2:13.54) <u>Rylee Haecker</u> (1000m Run – 3rd 2:52.88) <u>Kylahn Freiberg</u> (Mile Run – 2nd 4:54.09) <u>Zoey Walker</u> (High Jump – 8th 3.67m, 5-06.00) <u>Josie Puelz</u> (Pole Vault – 7th 1.68m, 12-00.50) <u>Abigail Gerber</u> (Shot Put – 5th 14.12m, 46-04.00) <u>Abi Wohlgemuth</u> (Weight Throw – 6th 17.58m, 57-08.25)</p>	Brookings, SD
2023	6 th	28	9	<p><u>Rylee Haecker</u> (1000m Run – 6th 2:56.66) <u>Josie Puelz</u> (Pole Vault – 1st 3.97m, 13-00.25) <u>Erin Mapson</u> (Pole Vault – 7th 3.67m, 12-00.50) <u>Abigail Gerber</u> (Shot Put – 7th 14.04m, 46-00.75) <u>4x400m Relay</u> (6th 3:48.14) Jenna Esch, Kayla Kirchner, Trinity Tuls, Jordan Koepke <u>4x800m Relay</u> (1st 9:06.48) Jenna Esch, Rylee Haecker, Julie McIntyre, Kylahn Heritage <u>Jenna Esch</u> (800m Run – 4th 2:13.54) <u>Rylee Haecker</u> (1000m Run – 3rd 2:52.88) <u>Kylahn Freiberg</u> (Mile Run – 2nd 4:54.09) <u>Zoey Walker</u> (High Jump – 8th 3.67m, 5-06.00) <u>Josie Puelz</u> (Pole Vault – 7th 1.68m, 12-00.50) <u>Abigail Gerber</u> (Shot Put – 5th 14.12m, 46-04.00) <u>Abi Wohlgemuth</u> (Weight Throw – 6th 17.58m, 57-08.25)</p>	Brookings, SD
2024	3 rd	42	15	<p><u>Rylee Haecker</u> (1000m Run – 3rd 2:52.88) <u>Kylahn Freiberg</u> (Mile Run – 2nd 4:54.09) <u>Zoey Walker</u> (High Jump – 8th 3.67m, 5-06.00) <u>Josie Puelz</u> (Pole Vault – 7th 1.68m, 12-00.50) <u>Abigail Gerber</u> (Shot Put – 5th 14.12m, 46-04.00) <u>Abi Wohlgemuth</u> (Weight Throw – 6th 17.58m, 57-08.25)</p>	Brookings, SD

CONCORDIA INDOOR TRACK & FIELD WOMEN GPAC TEAM FINISHES:

[Updated as of 2-17-2024] [GPAC conference began in 2000/01]

<u>Year</u>	<u>Location</u>	<u>Final Team Standing</u>	<u>Total Points</u>	<u># of Individual Champions¹</u>	<u># of All Conference*</u>	<u>GPAC Coach of the Year</u>	<u>GPAC Outstanding Athlete of the Year</u>	<u>GPAC Most Valuable Performance of the Meet</u>
1990								
1991								
1992								
1993		5 th						
1994		6 th						
1995		4 th						
1996		4 th						
1997		3 rd						
1998		3 rd						
1999								
2000								
2001	Dordt	4 th	54	0		Fred Beile, Doane	Shannon Mihalton, Hastings(36pts)	
2002	Nebraska Wesleyan	4 th	56	0		Fred Beile, Doane	Shannon Mihalton, Hastings	
2003	Dordt	2 nd	109	2		Kregg Einspahr, Concordia	Annette Ekberg, Hastings(21.5 Pts)	
2004	Doane	3 rd	79.75	2		Ed Fye, Doane	Erin Powell, Neb Wes Michelle Pfeifer, Mt Marty	Sarah Greenup, Midland Lutheran
2005	Dordt	2 nd	103.5	4	24	Ed Fye, Doane	Molly Engel, Concordia	Megan Bauer, Doane
2006	Nebraska Wesleyan	3 rd	100.5	0	34	Ed Fye, Doane	Katie Kosmos, Doane	Ann Gramkow, Midland Lutheran
2007	Univ of Nebraska	3 rd	84	1	25	Ed Fye, Doane	Katie Kosmos, Doane	Tawna Trail, Hastings
2008	Univ of Nebraska	3 rd	99	2	26	Nate Wolf, Northwestern	Abby Schlueter, Doane	Charity Miles, Northwestern
2009	Univ of Nebraska	2 nd	123	6	24	Dave Nash (Morningside) Kregg Einspahr (tie)	Charista Zehnder, Concordia (27.5 pts)	Jackie Spelts, Neb Wesleyan
2010	Univ of Nebraska	1 st	151	7	35	Kregg Einspahr, Concordia	Charista Zehnder (24.25 pts)	DeeJay Silcott, Doane
2011	Univ of Nebraska	4 th	91	4	27	Gene Brooks, USF	Jillian Ourada, Doane (28 pts)	Charity Miles, Northwestern
2012	Univ of Nebraska	5 th	79	2	23	Craig Heynen, Dordt	Briana (Wubben) Vander Woude, Dordt (44 pts)	Briana (Wubben) Vander Woude, Dordt
2013	Univ of Nebraska	4 th	88	2	22	Ed Fye, Doane	Briana Vander Woude, Dordt (44 pts)	Briana Vander Woude, Dordt
2014	Doane	2 nd	124.33	4	27	Ed Fye, Doane	Neeia Cooperwood, Morningside (38 pts)	Neeia Cooperwood, Morningside and Courtney Mills, Hastings (tie)
2015	Concordia	2 nd	144	5	35	Ed Fye, Doane	Neeia Cooperwood, Morningside (41 pts)	Lauren Shomaker, Hastings
2016	Univ of Nebraska	2 nd	140.83	7	31	Ed Fye, Doane	Kim Wood, Concordia (41 pts)	Kim Wood, Concordia
2017	Dordt	4 th	103.50	2	23	Ed Fye, Doane	Shantinique Cunningham, Hastings (32 pts)	<u>Track</u> -Michelle Mumm, Morningside(Mile Run) <u>Field</u> -Sara Olson, Hastings (Weight Throw)
2018	Doane	5 th	83	1	22	Ed Fye, Doane	Shantinique Cunningham, Hastings (40 pts)	<u>Track</u> -Michelle Mum, Morningside (1000m) <u>Field</u> -Sara Olson, Hastings (Weight Throw)
2019	Concordia	1 st	173.50	3	37	Matt Beisel, Concordia	Kamberlyn Lamer, Dakota Wesleyan (32 pts)	<u>Track</u> -Briana Davis, Coll. of St. Mary (5000m) Kamberlyn Lamer, Dakota Wesleyan (60mh) <u>Field</u> -Kamberlyn Lamer, Dakota Wesleyan (Triple Jump)
2020	Dakota Wesleyan	1 st	193	7	42	Matt Beisel, Concordia	Rachel Battershell, Concordia (22.5 pts)	<u>Track</u> -Concordia Univ. 4x400m Relay (J.Pfeifer, S.Lewis, K.Mogul, R.Battershell)Gpac record <u>Field</u> -Julia Johnson, Jamestown (Triple Jump)
2021	Dordt	1 st	217	3	52	Matt Beisel, Concordia	Lauren Tamayo, Hastings College (30pts)	<u>Track</u> - Rachel Battershell, Concordia (400m) <u>Field</u> -Lauren Tamayo, Hastings College (Pentathlon)
2022	Doane	1 st	194.50	5	42	Matt Beisel, Concordia	Lauren Tamayo, Hastings College (30pts)	<u>Track</u> – Nisa Thomas, Hastings College (60m Hurdles)

								Field – Josie Puelz, Concordia (Pole Vault)
2023	Concordia	1 st	241.50	8	51	Matt Beisel, Concordia	Adrianna Rodencal, Concordia (28pts)	Track – Annika Pingel, Doane (600m)
								Field – Allison Skala, Doane (Shot Put)
2024	Concordia	1 st	206	6	43	Matt Beisel, Concordia	Josie Garrett, Doane (25.75pts)	Track – Jessica Kampman, Dordt (3000m)
								Field – Kiara Anderson, Hastings (Weight Throw)
#	#	#	#	#	#	#	#	#

*In 2005 and earlier, *All Conference* is earned by placing in the top 6 (Top 6 spots score points). Beginning in 2006, *All Conference* is earned by placing in the top 8 for individual events and the top 3 relays (Top 8 spots score points regardless). A winning relay team counts as (4) four. Beginning in 2016, above tally for *All Conference* relay teams included top 8 spots (not sure which year the rule actually took effect).

¹A winning relay counts as (1) one.

