

2023-24 Concordia Lifting Sports Roster

Powerlifting	Year	Wt.	Hometown	Previous School
Teya Badger	Fr.	100 kg	Brandon, S.D.	Brandon Valley HS
Rylee Bentz	Fr.	60 kg	Kearney, Neb.	Kearney HS
Talisa Buhr	So.	67.5 kg	Adams, Neb.	Freeman HS
Dax Davis	Jr.	67.5 kg	Grand Island, Neb.	Grand Island Senior HS
Ashlyn Felipe	Fr.	100 kg	Omaha, Neb.	Omaha South HS
Taylor Gniot	Fr.	90 kg	Milwaukee, Wis.	St. Thomas More HS
Tyrek Fuller	So.	100kg	Albany, Ga.	West Orange HS / Iowa Wesleyan
Nolan Graupmann	Fr.	110 kg	Goddard, Kan.	Eisenhower HS
Leo Guiza	Fr.	100kg	Crete, Neb.	Crete HS
Jack Hedke	Jr.	110 kg	Marysville, Kan.	Marysville HS
Adrian Hernandez	So.	110 kg	Grand Island, Neb.	Grand Island Senior HS
Kenzie Houser	Jr.	67.5 kg	Riverton, Kan.	Riverton HS / Fort Scott CC
Nic Kriech	Fr.	90 kg	Columbus, Neb.	
Rylee Ladd	So.	56 kg	Chetek, Wis.	Cameron HS
Abigail Lockingen	Fr.	82.5 kg	West Jordan, Utah	Juan Diego Catholic HS
Taylor Meyer	So.		Marysville, Kan.	Marysville HS
Nevaeh Noonan	Fr.	67.5 kg	Osceola, Wis.	Osceola HS
Pryce Ostermeier	So.	90 kg	Grand Island, Neb.	Grand Island Senior HS
Will Peterson	Fr.	125 kg	Yutan, Neb.	
Hunter Powers	So.	75 kg	Grand Island, Neb.	Grand Island Senior HS
Garrett Reimche	So.	75 kg	Lenexa, Kan.	Midland Adventist Academy
Abigail Velten	Jr.	67.5 kg	Whitesboro, Texas	Whitesboro HS
Jacob Wagoner	So.	75 kg	Columbus, Neb.	Columbus HS
Adam Widmann	Fr.	90 kg	Long Beach, Calif.	Lakewood HS
Katie Wilson	So.	56 kg	Cozad, Neb.	Cozad HS

Weightlifting	Year	Wt.	Hometown	Previous School
Mary Berris	So.	49 kg	Windsor, Colo.	Windsor HS
Michael Davidge	Fr.	89 kg	Grapevine, Texas	Carroll Senior HS
Evan Fukuhara	So.	73 kg	Sacramento, Calif.	John F. Kennedy HS
Nolan Graupmann	Fr.	110 kg	Goddard, Kan.	Eisenhower HS
Adrian Hernandez	So.	110 kg	Grand Island, Neb.	Grand Island Senior HS
Gracy Johnson	Fr.	64 kg	Coon Rapids, Iowa	Coon Rapids-Bayard HS
Cody Monsevais	Fr.	87 kg	Austin, Texas	McNeil HS

Head Coach: Freddie Myles (2nd Year)

Assistant Coach: Chevy Stout