

## 2023-24 Lifting Sports Schedule

<b>Date</b>	<b>Powerlifting</b>	<b>Location</b>	<b>Time</b>
Oct. 7	UNL Husker Strong Collegiate Meet	Lincoln, Neb.	8 a.m.
Nov. 18-19	Central Collegiate Regional Championships	Fremont, Neb.	8 a.m.
April 11-14	Collegiate Powerlifting Nationals	Atlanta, Ga.	8 a.m.
<b>April 20</b>	<b>CUNE Collegiate Powerlifting Meet</b>	<b>Seward, Neb. (PE Gym)</b>	<b>8 a.m.</b>

  

<b>Date</b>	<b>Weightlifting</b>	<b>Location</b>	<b>Time</b>
Sept. 16	UNL Husker Strong Collegiate Meet	Lincoln, Neb.	8 a.m.
Nov. 4	Iowa Championships	Iowa City, Iowa	8 a.m.
Dec. 7-10	North American Open Finals	Wilmington, N.C.	8 a.m.
March 1-3	University Weightlifting Nationals	Columbus, Ohio	8 a.m.