



CHEER AND DANCE DAY OF DUALS

Saturday, February 11, 2023

Hosted by Concordia University, Nebraska

Competitive Cheer Teams:

Columbia College, Concordia University, Dickinson State University, Doane University, Dordt University, Grand View University, Hastings College, Kansas Wesleyan University, Midland University, Missouri Baptist University, Morningside University, Northwestern College, Waldorf University, William Penn University and York University.

Competitive Dance Teams:

Ave Maria University, College of Saint Mary, Columbia College, Concordia University, Doane University, Dordt University, Grand View University, Hastings College, Midland University, Missouri Baptist University, Morningside University, Northwestern College, Viterbo University, William Penn University and York University.

COMPETITION BRACKET

CHEER ROUND 1	DANCE ROUND 1
Midland v. Missouri Baptist	Morningside v. Viterbo
Doane v. William Penn v. Waldorf	York v. College Saint Mary v. William Penn
Morningside v. Dickinson	Doane v. Missouri Baptist
Dordt v. York	Midland v. Grand View
Concordia v. Kansas Wesleyan	Northwestern v. Concordia
Northwestern v. Columbia	Hastings v. Ave Maria
Hastings v. Grand View	Dordt v. Columbia
CHEER ROUND 2	DANCE ROUND 2
Morningside v. York	Northwestern v. Missouri Baptist
Northwestern v. Grand View v. Waldorf	Doane v. York v. Ave Maria
Concordia v. Columbia	College Saint Mary v. Columbia
Doane v. Missouri Baptist	Midland v. Viterbo
Hastings v. William Penn	Morningside v. Grand View
Midland v. Dickinson	Hastings v. Dordt
Dordt v. Kansas Wesleyan	William Penn v. Concordia

COMPETITION SCHEDULE CHEER ROUND 1

	Warm up 1 (No Mats)		Music Floor (Full Floor)		Walking over to Walz		Tunnel/Holding		Performance Floor
	PE GYM		PE GYM				FRIEDRICH ARENA		FRIEDRICH ARENA
9:36	Midland Cheer	9:42	Midland Cheer	9:48	Midland Cheer	9:54	Midland Cheer	10:00	Midland Cheer
9:42	Missouri Baptist Cheer	9:48	Missouri Baptist Cheer	9:54	Missouri Baptist Cheer	10:00	Missouri Baptist Cheer	10:06	Missouri Baptist Cheer
9:48	Doane Cheer	9:54	Doane Cheer	10:00	Doane Cheer	10:06	Doane Cheer	10:12	Doane Cheer
9:54	William Penn Cheer	10:00	William Penn Cheer	10:06	William Penn Cheer	10:12	William Penn Cheer	10:18	William Penn Cheer
10:00	Waldorf Cheer	10:06	Waldorf Cheer	10:12	Waldorf Cheer	10:18	Waldorf Cheer	10:24	Waldorf Cheer
10:06	Morningside Cheer	10:12	Morningside Cheer	10:18	Morningside Cheer	10:24	Morningside Cheer	10:30	Morningside Cheer
10:12	Dickinson Cheer	10:18	Dickinson Cheer	10:24	Dickinson Cheer	10:30	Dickinson Cheer	10:36	Dickinson Cheer
10:18	Dordt Cheer	10:24	Dordt Cheer	10:30	Dordt Cheer	10:36	Dordt Cheer	10:42	Dordt Cheer
10:24	York Cheer	10:30	York Cheer	10:36	York Cheer	10:42	York Cheer	10:48	York Cheer
10:30	Concordia Cheer	10:36	Concordia Cheer	10:42	Concordia Cheer	10:48	Concordia Cheer	10:54	Concordia Cheer
10:36	Kansas Wesleyan Cheer	10:42	Kansas Wesleyan Cheer	10:48	Kansas Wesleyan Cheer	10:54	Kansas Wesleyan Cheer	11:00	Kansas Wesleyan Cheer
10:42	Northwestern Cheer	10:48	Northwestern Cheer	10:54	Northwestern Cheer	11:00	Northwestern Cheer	11:06	Northwestern Cheer
10:48	Columbia Cheer	10:54	Columbia Cheer	11:00	Columbia Cheer	11:06	Columbia Cheer	11:12	Columbia Cheer
10:54	Hastings Cheer	11:00	Hastings Cheer	11:06	Hastings Cheer	11:12	Hastings Cheer	11:18	Hastings Cheer
11:00	Grandview Cheer	11:06	Grandview Cheer	11:12	Grandview Cheer	11:18	Grandview Cheer	11:24	Grandview Cheer
			Warm-up Mats Up						Competition Mats Up

COMPETITION SCHEDULE DANCE ROUND 1

	Warm up 1 (No Mats)		Music Floor (Full Floor)		Walking over to Walz		Tunnel/Holding		Performance Floor
	PE GYM		PE GYM				FRIEDRICH ARENA		FRIEDRICH ARENA
11:18	Morningside Dance	11:24	Morningside Dance	11:30	Morningside Dance	11:36	Morningside Dance	11:42	Morningside Dance
11:24	Viterbo Dance	11:30	Viterbo Dance	11:36	Viterbo Dance	11:42	Viterbo Dance	11:48	Viterbo Dance
11:30	York Dance	11:36	York Dance	11:42	York Dance	11:48	York Dance	11:54	York Dance
11:36	College Saint Mary Dance	11:42	College Saint Mary Dance	11:48	College Saint Mary Dance	11:54	College Saint Mary Dance	12:00	College Saint Mary Dance
11:42	William Penn Dance	11:48	William Penn Dance	11:54	William Penn Dance	12:00	William Penn Dance	12:06	William Penn Dance
11:48	Doane Dance	11:54	Doane Dance	12:00	Doane Dance	12:06	Doane Dance	12:12	Doane Dance
11:54	Missouri Baptist Dance	12:00	Missouri Baptist Dance	12:06	Missouri Baptist Dance	12:12	Missouri Baptist Dance	12:18	Missouri Baptist Dance
12:00	Midland Dance	12:06	Midland Dance	12:12	Midland Dance	12:18	Midland Dance	12:24	Midland Dance
12:06	Grandview Dance	12:12	Grandview Dance	12:18	Grandview Dance	12:24	Grandview Dance	12:30	Grandview Dance
12:12	Northwestern Dance	12:18	Northwestern Dance	12:24	Northwestern Dance	12:30	Northwestern Dance	12:36	Northwestern Dance
12:18	Concordia Dance	12:24	Concordia Dance	12:30	Concordia Dance	12:36	Concordia Dance	12:42	Concordia Dance
12:24	Hastings Dance	12:30	Hastings Dance	12:36	Hastings Dance	12:42	Hastings Dance	12:48	Hastings Dance
12:30	Ave Maria Dance	12:36	Ave Maria Dance	12:42	Ave Maria Dance	12:48	Ave Maria Dance	12:54	Ave Maria Dance
12:36	Dordt Dance	12:42	Dordt Dance	12:48	Dordt Dance	12:54	Dordt Dance	1:00	Dordt Dance
12:42	Columbia Dance	12:48	Columbia Dance	12:54	Columbia Dance	1:00	Columbia Dance	1:06	Columbia Dance
			Warm-up Mats Out						Competition Mats Out

COMPETITION SCHEDULE CHEER ROUND 2

	Warm up 1 (No Mats)		Music Floor (Full Floor)		Walking over to Walz		Tunnel/Holding		Performance Floor
	PE GYM		PE GYM				FRIEDRICH ARENA		FRIEDRICH ARENA
12:54	Morningside Cheer	1:00	Morningside Cheer	1:06	Morningside Cheer	1:12	Morningside Cheer	1:18	Morningside Cheer
1:00	York Cheer	1:06	York Cheer	1:12	York Cheer	1:18	York Cheer	1:24	York Cheer
1:06	Northwestern Cheer	1:12	Northwestern Cheer	1:18	Northwestern Cheer	1:24	Northwestern Cheer	1:30	Northwestern Cheer
1:12	Grand View Cheer	1:18	Grand View Cheer	1:24	Grand View Cheer	1:30	Grand View Cheer	1:36	Grand View Cheer
1:18	Waldorf Cheer	1:24	Waldorf Cheer	1:30	Waldorf Cheer	1:36	Waldorf Cheer	1:42	Waldorf Cheer
1:24	Concordia Cheer	1:30	Concordia Cheer	1:36	Concordia Cheer	1:42	Concordia Cheer	1:48	Concordia Cheer
1:30	Columbia Cheer	1:36	Columbia Cheer	1:42	Columbia Cheer	1:48	Columbia Cheer	1:54	Columbia Cheer
1:36	Doane Cheer	1:42	Doane Cheer	1:48	Doane Cheer	1:54	Doane Cheer	2:00	Doane Cheer
1:42	Missouri Baptist Cheer	1:48	Missouri Baptist Cheer	1:54	Missouri Baptist Cheer	2:00	Missouri Baptist Cheer	2:06	Missouri Baptist Cheer
1:48	Hastings Cheer	1:54	Hastings Cheer	2:00	Hastings Cheer	2:06	Hastings Cheer	2:12	Hastings Cheer
1:54	William Penn Cheer	2:00	William Penn Cheer	2:06	William Penn Cheer	2:12	William Penn Cheer	2:18	William Penn Cheer
2:00	Midland Cheer	2:06	Midland Cheer	2:12	Midland Cheer	2:18	Midland Cheer	2:24	Midland Cheer
2:06	Dickinson Cheer	2:12	Dickinson Cheer	2:18	Dickinson Cheer	2:24	Dickinson Cheer	2:30	Dickinson Cheer
2:12	Dordt Cheer	2:18	Dordt Cheer	2:24	Dordt Cheer	2:30	Dordt Cheer	2:36	Dordt Cheer
2:18	Kansas Wesleyan Cheer	2:24	Kansas Wesleyan Cheer	2:30	Kansas Wesleyan Cheer	2:36	Kansas Wesleyan Cheer	2:42	Kansas Wesleyan Cheer
Warm-up Mats Up							Competition Mats Up		

COMPETITION SCHEDULE DANCE ROUND 2

	Warm up 1 (No Mats)		Music Floor (Full Floor)		Walking over to Walz		Tunnel/Holding		Performance Floor
	PE GYM		PE GYM				FRIEDRICH ARENA		FRIEDRICH ARENA
2:30	Northwestern Dance	2:36	Northwestern Dance	2:42	Northwestern Dance	2:48	Northwestern Dance	2:54	Northwestern Dance
2:36	Missouri Baptist Dance	2:42	Missouri Baptist Dance	2:48	Missouri Baptist Dance	2:54	Missouri Baptist Dance	3:00	Missouri Baptist Dance
2:42	Doane Dance	2:48	Doane Dance	2:54	Doane Dance	3:00	Doane Dance	3:06	Doane Dance
2:48	York Dance	2:54	York Dance	3:00	York Dance	3:06	York Dance	3:12	York Dance
2:54	Ave Maria Dance	3:00	Ave Maria Dance	3:06	Ave Maria Dance	3:12	Ave Maria Dance	3:18	Ave Maria Dance
3:00	College Saint Mary Dance	3:06	College Saint Mary Dance	3:12	College Saint Mary Dance	3:18	College Saint Mary Dance	3:24	College Saint Mary Dance
3:06	Columbia Dance	3:12	Columbia Dance	3:18	Columbia Dance	3:24	Columbia Dance	3:30	Columbia Dance
3:12	Midland Dance	3:18	Midland Dance	3:24	Midland Dance	3:30	Midland Dance	3:36	Midland Dance
3:18	Viterbo Dance	3:24	Viterbo Dance	3:30	Viterbo Dance	3:36	Viterbo Dance	3:42	Viterbo Dance
3:24	Morningside Dance	3:30	Morningside Dance	3:36	Morningside Dance	3:42	Morningside Dance	3:48	Morningside Dance
3:30	Grand View Dance	3:36	Grand View Dance	3:42	Grand View Dance	3:48	Grand View Dance	3:52	Grand View Dance
3:36	Hastings Dance	3:42	Hastings Dance	3:48	Hastings Dance	3:54	Hastings Dance	4:00	Hastings Dance
3:42	Dordt Dance	3:48	Dordt Dance	3:54	Dordt Dance	4:00	Dordt Dance	4:06	Dordt Dance
3:48	William Penn Dance	3:54	William Penn Dance	4:00	William Penn Dance	4:06	William Penn Dance	4:12	William Penn Dance
3:54	Concordia Dance	4:00	Concordia Dance	4:06	Concordia Dance	4:12	Concordia Dance	4:18	Concordia Dance