

FOOTBALL TEAM CAMP

11 MAN: WEDNESDAY, JULY 15

8 MAN: WEDNESDAY, JULY 22



ACCOUNTABILITY
TOUGHNESS
AUTHENTICITY

CAMP FEATURES

- Full contact controlled scrimmages
- Concordia University coaching staff available for breakouts, additional on-field coaching

DAILY SCHEDULE

- 8 a.m. Registration open
- 9:30 a.m. - Team Stretch, "Team time"/Plays on air
- 10 a.m. - Scrimmage session 1
- 10:30 a.m. - Scrimmage session 2
- 11 a.m. - Concordia University Coaching staff drills
- 11:45 a.m. - Break for Lunch
- 2:30 p.m. - Team Stretch, "Team time"/Plays on air
- 3 p.m.- Scrimmage session 3
- 3:30 p.m. - Scrimmage session 4
- 4 p.m. - Closing remarks

WHAT TO BRING

Each camper must provide his own equipment including cleats, helmet, mouthpiece, football pants and shoulder pads. Coaches need to bring, footballs and equipment kits.

CAMP FEES

- \$40 per athlete

RESERVE YOUR SPOT

Coaches, call 402-643-7199 or email weston.coomes@cune.edu to reserve your team's spot. Then mail the completed team camp registration form, medical release forms and payment to Coach Coomes.

REGISTER ONLINE AT CUNE.EDU/FBCAMPS



2020 FOOTBALL TEAM CAMP REGISTRATION

Name _____ Grade (Fall '20) _____

Address _____
STREET CITY STATE ZIP

Phone _____ Email address _____

Emergency contact _____
NAME RELATIONSHIP

Emergency contact phone _____

School _____

T-shirt size YS YM YL AS AM AL XL XXL

Signature of parent or guardian _____
DATE

REGISTRATION CHECKLIST

- REGISTRATION FORM
- MEDICAL RELEASE FORM
Download at cune.edu/fbcamps
- PAYMENT
Make checks payable to Concordia University Football Camp
- MAIL TO:
Concordia University
ATTN: Weston Coomes
800 North Columbia Avenue
Seward, NE 68434
OR
Register online at
cune.edu/fbcamps

JULY 10, 2020

FOOTBALL PROSPECT CAMP

(Available to all Juniors and Seniors)



ACCOUNTABILITY
TOUGHNESS
AUTHENTICITY

CAMP FEATURES

- Testing (40 yard dash; L-Drill; Pro-Agility; Broad Jump)
- 1-on-1 competition
- Individual offensive instruction
- Individual defensive instruction
- Free Concordia camp T-shirt
- Camp awards

CAMP SCHEDULE

- 1 - 5 p.m.

WHAT TO BRING

- Workout gear
- Cleats

CAMP FEES

- \$40 per athlete

RESERVE YOUR SPOT

Contact Coach Coomes at 785-533-1402 or weston.coomes@cune.edu to reserve your spot. Bring completed medical release form and payment to Coach Coomes.

REGISTER ONLINE AT [CUNE.EDU/FBCAMPS](https://cune.edu/fbcamps)

