# FOOTBALL TEAM CAMP

## **8 MAN TEAM CAMP**

### WEDNESDAY, JULY 21

#### CAMP FEATURES

- Full contact controlled scrimmages
- · Most affordable team camp in Nebraska the best value for your team!
- JV scrimmages available

### DAILY SCHEDULE

- 9:00am Registration/Check-in
- 9:30am Warm up (Done with your teams before scrimmages start)
- 10:00am Scrimmage Session 1
- 10:30am Team Break
- 10:40am Scrimmage Session 2
- 11:10am Team Break
- 11:20am Break for Lunch
- 1:20 pm Warm up (Done with your teams before scrimmages start)
- 1:45pm Scrimmage Session 3

- 2:15pm Team Break
- 2:25pm Scrimmage Session 4
- 2:55pm King of the Hill
- 3:25pm Closing Remarks

### CAMP FEES

• \$50 per player

### RESERVE YOUR SPOT

Coaches, call 402-643-7199 or email weston.coomes@ cune.edu to reserve your team's spot. Then mail the completed team camp registration form, medical release forms and payment to Coach Coomes.

#### WHAT TO BRING

Each camper must provide his own equipment including cleats, helmet, mouthpiece, football pants and shoulder pads. Coaches need to bring, footballs and equipment kits.

### 11 MAN TEAM CAMP

### THURSDAY, JULY 22

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Signature of parent or guardian \_

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### 2021 FOOTBALL TEAM CAMP REGISTRATION **REGISTRATION DEADLINE: JUNE 10**

| Name                         |               |       |      |              | Grade (Fall '21) |             |             |            |     |  |  |
|------------------------------|---------------|-------|------|--------------|------------------|-------------|-------------|------------|-----|--|--|
| Address _                    |               |       |      |              |                  |             |             |            |     |  |  |
| 7 10.0 000 _                 | STREET        |       | CITY |              |                  | STA         | TE          | -          | ZIP |  |  |
| Phone                        | Email address |       |      |              |                  |             |             |            |     |  |  |
| Emergeno                     | cv contac     | t     |      |              |                  |             |             |            |     |  |  |
| Emergency contact            |               |       |      | RELATIONSHIP |                  |             |             |            |     |  |  |
| Emergency contact Phone      |               |       |      |              |                  |             |             |            |     |  |  |
| School                       |               |       |      |              |                  |             |             |            |     |  |  |
| Roommate preference (if any) |               |       |      |              |                  |             |             |            |     |  |  |
|                              |               | •     |      |              |                  |             |             |            |     |  |  |
| T-shirt size                 | e ⊔YS         | ⊔ Y M | ⊔YL  | $\sqcup$ AS  | ⊔ AM             | $\sqcup AL$ | $\sqcup XL$ | $\sqcup X$ | XL  |  |  |

## **REGISTRATION CHECKLIST**

- □ REGISTRATION FORM
- ☐ MEDICAL RELEASE FORM Download at cune.edu/fbcamps
- □ PAYMENT

Make check payable to Concordia University Football Camp

☐ MAIL TO:

Concordia University Attn: Weston Coomes 800 North Columbia Avenue Seward, NE 68434

Register online at cune.edu/fbcamps