

## **GUIDANCE AND DISCIPLINE** In the Classroom and at Home

## WHY IS GUIDANCE AND DISCIPLINE IMPORTANT?



Your child is developing and maturing every day. It is our job to work together and ensure that they are learning appropriate behavior and are growing into self-disciplined individuals.

## **CLASSROOM PHILOSOPHY**

I believe that discipline is something that adults do FOR children rather than TO children. In my classroom, I use guidance and discipline in a way that will maximize appropriate behavior. Your children are aware of the rules and expectations, reminded of their choices, held accountable, and given the opportunity to talk through their actions and determine the best option in the future.

## WHAT CAN YOU DO AT HOME?



- Talk about choices and consequences based on their actions.
- Give your child responsibilities and opportunities to discover selfdiscipline. (make bed, make own lunch, dust and sweep)
- Model patience and respect for others.