Effective for the 2023 – 2024 Catalog. Concordia University, Nebraska accepts up to 70 hours of credit from a two-year college toward the completion of a four-year program of study. Only courses with a grade of C- or above will be accepted for transfer credit. Students must also complete a minimum of 30 hours at CUNE with a minimum of 12 hours completed at the 300 or 400 level. A minimum of 120 hours must be completed with total hours required varying by major.

Specific graduation requirements can be found in the Undergraduate Catalog.

Faith & Life

**THEO 210** 

CUNE: BS Public Health & Fitness			NECC: AS Exercise Science			
General Education - Students who complete an Associate of Arts Degree or an Associate of Science Degree at NECC shall be considered to have completed all but the Biblical Literacy and						
Theology requirements of the general education requirements. (Refer to the current Undergraduate Catalog for specific general education requirements.)						
REL 121	History and Literature of the Old Testament	3				
REL 131	History and Literature of the New Testament	3				

3

CUNE Course #	CUNE Course Name	Hours	NECC Course #	NECC Course Name	Semester Hours
<b>BS Public Health</b>	& Fitness Total Hours	65 - 66			
Required Courses			Required Courses		
HHP 161 – 169	One Fitness course	.5	HPER 1270	Aerobic Fitness	1
	One additional activity class	.5			
HHP 182	First Aid & CPR	1	HPER 2200	First Aid and CPR	3
HHP 270	Human Performance Lab Techniques	2			
HHP 275	Introduction to Public Health	2			
HHP 279	Select Topics in Health	2		Contact CUNE advisor	
HHP 281	Health Topics: Drug Education	1			
HHP 284	Health Topics: Stress Management	1	HPER 2300	Stress Management	3
HHP/PSY 290 or	Health Psychology	3			
HHP/PSY 295	Psychology of Exercise				
HHP 312 or	Exercise Prescription	3			
HHP 410	Essentials of Strength & Conditioning				
HHP/BIO 385	Physiology of Exercise	3			
HHP 386	Adult and Senior Health	3			
HHP 389	Senior Seminar in Public Health & Fitness	1			
HHP 395	Biomechanics	3			
HHP 398	Internship in Public Health & Fitness	3			
HHP 425	Health Policy & Management	3			
HHP/BIO 465	Human Diseases	3			
HHP 480	Health & Human Sexuality	3			
HHP 482 or	Applied Epidemiology	3			
HHP 494	Measurement & Eval of Human Performan				
HHP 484	Community Health	3	HPER 2310	Community Health	3
HHP 486	Critical Issues in Health	3			

HHP 488	Health Promotion Programming	3			
HHP 489	Global Health	2 - 3			
HHP 495	Legal Aspects of Exercise, Rec. & Sport	3			
BIO 243	Elements of Human Anatomy & Physiology	4	BIOS 2250	Introduction to Human	4
				Anatomy & Physiology I	
BIO 244	Nutrition	3	HOEC 1050	Nutrition	3
CTA/BUS 281 or	Business Communication	3			
CTA 285 or	Social Media Communication				
CTA 333	Intercultural Communication				

Note: Students in the B.S. Public Health and Fitness program who meet the university's bachelor's to master's program criteria and are approved by the Health and Human Performance Department are allowed to take Master of Public Health courses that count toward their undergraduate major while earning credit toward an MPH degree. Students must work with a CUNE advisor to create and maintain a bachelor's to master's program plan of completion.