

NEBRASKA INDOOR TRACK & FIELD CHAMPIONSHIP SERIES

DECEMBER 11, 2022 – JANUARY 22, 2023 - FEBRUARY 5, 2023 - FEBRUARY 12, 2023

FIELD EVENTS

2:30 pm	Pole Vault	Women/Men	
3:00	Long Jump	Women	North Runway
3:00	Long Jump	Men	West Infield Runway
3:00	Weight Throw	Women/Men	
3:00	High Jump	Women	
4:00	Triple Jump	Women	North Runway
4:00	Triple Jump	Men	West Infield Runway
4:00	Shot Put	Women/Men	
4:00	High Jump	Men	

RUNNING EVENTS

3:00 pm	60 Hurdles	Final	Women
3:10	60 Hurdles	Final	Men
3:20	1600		Women
3:30	1600		Men
3:45	60 Dash	Final	Women
3:55	60 Dash	Final	Men
4:05	400		Women
4:15	400		Men
4:25	800		Women
4:35	800		Men
4:45	200		Women
4:55	200		Men

