

Guidance & Discipline

Message In A Backpack:

1st grade

WHAT IS GUIDANCE AND DISCIPLINE?

Discipline is how you teach and how your child learns acceptable and appropriate behavior.

Guidance is how you walk your child through these steps of appropriate behavior.

The purpose of guidance and discipline is to make sure your child is developing the appropriate social and emotional behavior.



TIPS ON PARENTING:

Set consequences with your child and remind them of the consequences often and always make sure you follow through. Make sure that you have positive consequences for good behavior as well and establish those with your child.

TEACH YOUR CHILD EXPECTED BEHAVIOR:

Your child is aware of right from wrong but may not be aware of expected behavior in different situations. Talk with your child about what you expect out of them on the playground, at the store, at school, etc.



SECOND CHANCES ARE OKAY:

Young children are still learning and will make mistakes when it comes to behavior. Don't be scared to remind your child of the behavior and give them a second chance. When they correct their behavior thank them for making the right choice.

BE A GOOD EXAMPLE:

As the guardian of your child, they watch your every move. The way you deal with your emotions is what they will model. Be the example that you want your child to be. You are their number one leader.

