



Transfer Guide for Students
From
Concordia University Portland BS Exercise and Sport Science
To
Concordia University, Nebraska BS Exercise Science

Each course in left column satisfies the requirements for each course directly across in right column.

Concordia University Portland Courses	Concordia University, Nebraska Courses
ESS 250 INTRO TO EXERCISE AND SPORT SCIENCE (2 CREDIT HOURS)	HHP 291 Foundations of Human Performance (2 credit hours)
BIO 264 INTRODUCTION TO ANATOMY (4 CREDIT HOURS)	BIO 343 Human Anatomy and Physiology I (4 credit hours)
BIO 265 INTRODUCTION TO PHYSIOLOGY (4 CREDIT HOURS)	BIO 344 Human Anatomy and Physiology II (4 credit hours)
CHM 101 CHEMISTRY FOR LIFE WITH LAB (3 CREDIT HOURS)	CHEM 109 Introductory Chemistry (3 credit hours), *OR* CHEM 115 General Chemistry (4 credit hours) if CHM 101 <u>and</u> CHM 102 have already been completed at CUP. If only CHM 101 has been completed, the student shall take <u>both</u> CHEM 115 <u>and</u> 116 at CUNE.
CHM 102 PRINCIPLES OF ORGANIC AND BIOCHEMISTRY WITH LAB (3 CREDIT HOURS)	CHEM 116 General Inorganic and Qualitative Analysis (4 credit hours) if CHM 101 <u>and</u> CHM 102 have already been completed CUP. If only CHM 101 has been completed, the student shall take <u>both</u> CHEM 115 <u>and</u> 116 at CUNE.
PHY 211 GENERAL PHYSICS (4 CREDIT HOURS)	PHYS 111 General Physics I (4 credit hours)
MTH 231 RESEARCH AND STATISTICAL TECHNIQUES (3 CREDIT HOURS)	MATH 122 Introduction to Statistics (3 credit hours)
SPT 461 PRINCIPLES OF SPORTS MANAGEMENT (3 CREDIT HOURS)	HHP 491 Management of Recreation and Sports (3 credit hours)
ESS 330 FIRST AID & CPR (0.5 CREDIT HOURS)	HHP 182 First Aid and CPR (1 credit hour)
ESS 340 PREVENTION & CARE OF ATHLETIC INJURIES (3 CREDIT HOURS)	HHP 261 Care and Prevention of Athletic Injuries (2 credit hours)
ESS 360 DIVERSITY IN SPORT AND EXERCISE (1 CREDIT HOUR)	HHP 337 Sociology of Recreation and Sport (3 credit hours)
ESS 384 FOUNDATIONS OF MOVEMENT (4 CREDIT HOURS)	HHP 273 Motor Learning and Development (3 credit hours)

ESS 422 PSYCHOLOGY OF SPORTS AND PHYSICAL ACTIVITY (3 CREDIT HOURS)	HHP 295 Psychology of Exercise (3 credit hours)
ESS 432 MEASUREMENT & EVALUATION IN ESS (3 CREDIT HOURS)	HHP 494 Measurement and Evaluation in Human Performance (3 credit hours)
HHS 451 EXERCISE SCIENCE SEMINAR (1 CREDIT HOUR)	
ESS 452 PHYSICAL ACTIVITY & SPORT FOR SPECIAL POPULATIONS (3 CREDIT HOURS)	HHP 471 Adapted Physical Activity (3 credit hours)
ESS 464 NUTRITION EXERCISE & HUMAN PERFORMANCE (3 CREDIT HOURS)	BIO 244 Nutrition (3 credit hours)
ESS 474 KINESIOLOGY (4 CREDIT HOURS)	HHP 395 Biomechanics (3 credit hours)
ESS 484 EXERCISE PHYSIOLOGY (4 CREDIT HOURS)	HHP 385 Physiology of Exercise (3 credit hours)
ESS 491 PROFESSIONAL PREPARATION AND LEADERSHIP IN ESS (1 CREDIT HOUR)	HHP 399 Senior Seminar in Human Performance (1 credit hour)
ESS 494 EXERCISE PRESCRIPTION AND PROGRAMMING (4 CREDIT HOURS)	HHP 312 Exercise Prescription (3 credit hours)
ESS 495 ESS RESEARCH PROJECT (3 CREDIT HOURS)	HHP 399 Senior Seminar in Human Performance (1 credit hour)
ESS 498 INTERNSHIP (3-6 CREDIT HOURS)	HHP 397 Internship in Exercise Science (3 credit hours)
Additional requirements at Concordia University, Nebraska	
Three Fitness Activity courses (HHP 161-169) (1.5 credit hours)	One Activity course from HHP 152-158 (0.5 credit hours)
HHP 270 Human Performance Laboratory Techniques (2.0 credit hours)	One Health Topics course (HHP 281-287) (1.0 credit hour)
HHP 495 Legal Aspects of Exercise, Recreation and Sports (3.0 credit hours)	BIO 111 General Biology I, or BIO 112 General Biology II (4 credit hours)
PHYS 112 General Physics II (4 credit hours)	Electives (3.0-4.0 credit hours)