

Guidance and Discipline



Why is Guidance and Discipline Important?

Your Kindergartener is learning many behaviors just like he or she is learning new words and skills. Challenging Behaviors can happen quite often and it is our job as educators and parents to positively guide these behaviors. It is important to be patient with your child because they are learning who they are and who they want to be.

HOW TO POSITIVELY GUIDE YOUR CHILD'S BEHAVIOR

The best way to discipline your child is to guide them towards the appropriate behavior or the behavior we want to see or expect. During Kindergarten children need to feel a sense of autonomy not only In the classroom, but as home as well . When we are guiding children towards a certain behavior we are actually helping them develop self control, coping skills, good social skills, a positive self- esteem and relationships.





POSITIVE GUIDANCE AT HOME

Parenting Is one of the greatest gifts we are given, but it can also be the most challenging. Every family and every child is different and that is okay. Every parent has a different parenting style

and attitude. There is not just one “right” way to parent or to take care of a child. With that, parents have found that children respond well to a combination of nurturing, loving relationships, clear expectations, opportunities to make choices, and natural and logical consequences. Also, I have found that the best way to provide positive guidance at home is through parental modeling. It is amazing to me to see how many behaviors children develop from their parents and siblings.



Positive Guidance Strategies

1. Develop responsible and fair limits

2. Tell them what to do instead of what not to do

3. Teaching calming and coping techniques

4. Give choices whenever possible

5. Keep expectations Realistic

6. Encourage your child to use words to solve problem

7. Develop a safe environment

8. Clearly State your Expectations in Advance
