Allergy Injection Information/Consent Forms

402-643-7224

**Hours:** Injections are given Monday through Friday, during Health Center hours when a physician or physician assistant is available.

It is *important* to *maintain* a regular injection schedule. The Health Center provides injections only to those on a maintenance schedule. If your dose fluctuates or you are starting a new bottle of serum, you will need to receive your injection at another medical facility.

**Waiting time:** After each injection, you will be required to wait 20 minutes and report to the nurse for the purpose of determining reaction to the vaccine. Leaving the office is prohibited. This is a safety procedure so we may note any reaction and administer needed treatment.

Students are expected to check arms regularly after leaving the clinic and report any problems. Intense exercise should be avoided for 1-2 hours after your injection.

**Cost:** None.

**Storage of extract:** The extracts will be kept in the refrigerator in the Health Center. After the extract has expired, it will be discarded.

**When ordering extract,** have your allergist mail new serum to your home or campus address. *Do not mail the extract to the Health Center.*

**Consent form:** Patients must sign an agreement and consent form before injections are given. Minor patients must have written consent of parent or guardian.

**Health record:** All students requesting allergen injections must have the health history form completed and on file in the Health Center.

If any questions arise, please call the Health Center at 402-643-7224.

**Allergy Instructions**

Information needed from your allergist before injections are given:

1. A detailed schedule specifying dose and frequency of injection. Without this information, no injection will be given.
2. The date and dose of last injection received. Without this information, no injection will be given.
3. The treatment recommended for local and systemic reactions and the adjustment in dosage following a reaction.
4. Instructions regarding missing injections.
5. Date of mixture or expiration date.

These instructions should be mailed to: Health Center
Concordia University
800 N Columbia Ave.
Seward, NE 68434

6/05