2018 CONCORDIA TWILIGHT CONCORDIA UNIVERSITY - BULLDOG STADIUM

FRIDAY, MAY 11, 2018

FIELD EVENTS

TH	RO	WS
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2:00 pm	Men's Hammer	Followed by Women's hammer
2:00	Women's Discus	Followed by Men's Discus
2:00	Men's Javelin	Followed by Women's Javelin
5:30	Men's Shot Put	
E-30	Woman's Shot But	

<u>JUMPS</u>

2:00 pm	Long Jump	Women	Followed by Triple Jump	Women
2:00	Long Jump	Men	Followed by Triple Jump	Men
2:00	Pole vault	Women	Followed by Pole vault	Men
3:00	High jump	Men	Followed by High jump	Women

RUNNING EVENTS – We will not go more than 5 min ahead of schedule

			or go me
4:30	100 Hurdles	Women	Prelims
4:35	110 Hurdles	Men	Prelims
4:45	100	Women	Prelims
4:50	100	Men	Prelims
5:00	400	Women	
5:05	400	Men	
5:15	4 x 100	Women	
5:20	4 x 100	Men	
5:25	3k Steeplechase	Men	
5:40	100 Hurdles	Women	Finals
5:45	110 Hurdles	Men	Finals
5:50	100	Women	Finals
5:55	100	Men	Finals
6:00	1500	Women	
6:10	400 Hurdles	Women	
6:15	400 Hurdles	Men	
6:20	5000	Women	
6:40	5000	Men	
7:00	200	Women	
7:05	200	Men	
7:10	4 x 400	Women	
7:15	4 x 400	Men	
7:20	800	Women	
7:25	800	Men	

