Tentative Meet Schedule

Friday
Multi Events (estimated start times)
3:00 pm   60 Hurdles (W)     3:30   60 Dash (M)
3:45      High Jump (W)      4:15   Long Jump (M)
5:15      Shot Put (W)      5:45   Shot Put (M)
6:15      Long Jump (W)     6:30   High Jump (M)
7:15      800 (W)

Saturday
Multi Events
8:45 am   60 Hurdles (M)
9:30      Pole Vault (M)
11:15     1000 (M)

Field Events
11:00 am  Weight Throw (M) Followed by Weight Throw (W)
11:00     Shot Put (W) (competed in high jump area)
11:00     Long Jump (W) Followed by Long Jump (M) – North pit
11:00     Triple Jump (M) West pit
12:00 pm  Pole Vault (W) Followed by Pole Vault (M)
1:30      High Jump (W) Followed by High Jump (M)
3:20      Triple Jump (W) North pit
3:30      Shot Put (M)

Running Events – Rolling Schedule after the 400m
11:30 am  Distance Medley Relay (W)
11:45     Distance Medley Relay (M)
12:00 pm  5000 (W)
12:25     5000 (M)
1:00      60 Hurdles Prelims (W)
1:15      60 Hurdles Prelims (M)
1:30      60 Dash Prelims (W)
1:40      60 Dash Prelims (M)
1:55      Mile (W)
2:05      Mile (M)
2:20      60 Hurdles Final (M) 2 sections
2:25      60 Hurdles Final (W) 2 sections
2:35      60 Dash Final (W) 2 sections
2:40      60 Dash Final (M) 2 sections
2:50      400 (W)
3:00      400 (M)
3:20      800 (W)
3:30      800 (M)
3:45      600 (W)
4:00      600 (M)
4:15      1000 (W)
4:25      1000 (M)
4:35      200 (W)
4:55      200 (M)
5:20      3000 (W)
5:45      3000 (M)
6:15      4 x 400 Relay (W)
6:30      4 x 400 Relay (M)