

2015 Concordia Mid Week Challenge

Concordia University, Bulldog Stadium
Wednesday, April 22, 2015

Wednesday, April 22, 2015 -- *TENTATIVE SCHEDULE*

Running Events

* All running events are finals against time

5:00	100 Meter Hurdles	W
5:10	110 Meter Hurdles	M
5:20	400 Meter Run	W
5:25	400 Meter Run	M
5:35	1500 Meter Run	W
5:45	1500 Meter Run	M
5:55	100 Meter Dash	W
6:00	100 Meter Dash	M
6:05	800 Meter Run	W
6:15	800 Meter Run	M
6:25	200 Meter Dash	W
6:35	200 Meter Dash	M
6:50	400 Meter Hurdles	W
6:55	400 Meter Hurdles	M

Field Events

5:00	Long Jump	W / M
5:00	Javelin	W / M
5:00	Pole Vault	M
5:00	High Jump	W
6:00	Triple Jump	W / M
6:00	Pole Vault	W
6:00	High Jump	M