

# Concordia University Outdoor Invitational - 2013

## Saturday April 13, 2013

### MEET SCHEDULE

Tentative

#### FIELD EVENTS

12 Noon	Hammer	Women	Followed by Hammer Men
12 Noon	Discus	Men	Followed by Discus Women
12:30 pm	Long Jump	Women	Followed by Triple Jump Women
12:30 pm	Long Jump	Men	Followed by Triple Jump Men
1:30	Pole vault	Women	Followed by Pole vault Men
1:30	High Jump	Women	Followed by High Jump Men
4:00	Javelin	Men	Followed by Javelin Women
4:00	Shot Put	Women	
4:00	Shot Put	Men	

#### Running Events – Rolling Schedule after 4 x 100m Relay

12:30	10k		Men/Women combined
1:30	100 Hurdles	Prelims	Women
1:40	110 Hurdles	Prelims	Men
1:55	100	Prelims	Women
2:05	100	Prelims	Men
2:15	1500		Women
2:20	1500		Men
2:30	4 x 100 Relay		Women
2:35	4 x 100 Relay		Men
2:45	3k Steeple		Women
3:05	3k Steeple		Men
3:25	100 Hurdles	Final	Women
3:30	110 Hurdles	Final	Men
3:40	100	Final	Women
3:45	100	Final	Men
3:55	400		Women
4:05	400		Men
4:20	400 Hurdles		Women
4:30	400 Hurdles		Men
4:40	800		Women
4:45	800		Men
4:55	200		Women
5:05	200		Men
5:15	5k		Women
5:35	5k		Men
5:55	4 x 400		Women
6:00	4 x 400		Men