

GPAC Outdoor Track and Field Championships - 5/4/2012 to 5/5/2012
Abel Stadium, Lincoln NE
Meet Program

Event 1 Men 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times
Saturday 5/5/2012 - 2:45 PM

Lane	Name	School	Seed Time
Heat 1 of 3 Prelims			
1	Chase Roberts	Nebraska Wes	11.54
2	Jade Micallef	Northwestern	11.20
3	Dominique Hawkins	Hastings	11.12
4	Sam Acheampong	Briar Cliff	10.45
5	Brandon Hammack	Northwestern	10.65
6	Trevor Wolterstorff	Dordt	11.12
7	Parker Moore	Northwestern	11.34
8	Caleb Franklin	Midland	11.51

Heat 2 of 3 Prelims

1	Garrett Blomstedt	Concordia U.	11.65
2	Josh Deines	Midland	11.19
3	Noah Smith	Concordia U.	11.07
4	Ben McCaleb	Doane	10.44
5	Chris Busby	Doane	10.72
6	Aaron Floen	Dordt	11.14
7	Jeremy Sheppard	Northwestern	11.36
8	Nick Esser	Concordia U.	11.46

Heat 3 of 3 Prelims

2	Harry Meginnis	Nebraska Wes	11.19
3	Jesse Selgeby	Northwestern	11.04
4	Brijesh Lawrence	Doane	10.12
5	Adam Baxa	Doane	10.93
6	Jeremiah Saffold	Doane	11.16
7	Frank Wallace	Briar Cliff	11.43
8	Michael Winget	Hastings	11.45

Event 2 Men 200 Meter Dash

Saturday 5/5/2012 - 7:00 PM

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Adam Birt	Concordia U.	23.25
2	Adam Baxa	Doane	23.14
3	Patrick Cisar	Briar Cliff	22.58
4	Preston Nibaur	Morningside	22.46
5	Trevor Wolterstorff	Dordt	22.43
6	Aaron Floen	Dordt	22.51
7	Dominique Hawkins	Hastings	22.68
8	Frank Wallace	Briar Cliff	22.70

Section 2 of 3 Finals

1	Jesse Selgeby	Northwestern	22.98
2	Tye Duncan	Hastings	22.93
3	Sam Housh	Doane	22.38
4	Brandon Hammack	Northwestern	22.07
5	Nick Sawyer	Nebraska Wes	22.04
6	Ronnie Taylor	Hastings	22.22
7	Harry Meginnis	Nebraska Wes	22.38
8	Garrett Golke	Concordia U.	22.39

Section 3 of 3 Finals

1	Jeremiah Saffold	Doane	22.82
2	Tim Burge	Doane	22.75
3	Sam Acheampong	Briar Cliff	21.74
4	Ben McCaleb	Doane	21.30
5	Brijesh Lawrence	Doane	20.62
6	Chris Busby	Doane	21.36
7	Nic Pfeifle	Dordt	21.78
8	John Cartier	Concordia U.	22.01

Event 3 Men 400 Meter Dash

Saturday 5/5/2012 - 5:15 PM

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Hayden Schuerman	Nebraska Wes	51.55
2	Myke Pettiford	Nebraska Wes	51.24
3	Adam Birt	Concordia U.	51.09
4	Garrett Golke	Concordia U.	50.78
5	Aaron Tudor	Dordt	51.09
6	Andrew Hamann	Doane	51.10
7	Tim Burge	Doane	51.25
8	Tyler Volesky	Dakota Wes	51.44

Section 2 of 3 Finals

1	Remington Reinick	Hastings	50.73
2	John Hower	Nebraska Wes	50.41
3	John Harris	Morningside	50.35
4	Joseph Lammers	Dordt	49.90
5	Dillian Broadnax	Briar Cliff	49.93
6	Alex Reynolds	Doane	50.36
7	Tye Duncan	Hastings	50.51
8	Preston Nibaur	Morningside	50.60

Section 3 of 3 Finals

1	Mike Huseman	Morningside	49.60
2	Chris Sterling	Hastings	49.34
3	Nick Sawyer	Nebraska Wes	48.72
4	Nic Pfeifle	Dordt	47.80
5	John Cartier	Concordia U.	48.31
6	John Kersenbrock	Nebraska Wes	48.87
7	Alex Heiden	Concordia U.	49.41
8	Alex Henderson	Dordt	49.50

Event 4 Men 800 Meter Run

Saturday 5/5/2012 - 5:55 PM

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Brandon Schlautman	Nebraska Wes	1:59.46
2	Kace Groff	Morningside	1:59.26
3	Travis Besel	Concordia U.	1:58.63
4	Stephan McNamara	Dordt	1:57.93
5	Mark Van Maanen	Dordt	1:58.10
6	Omar Fernandez	Doane	1:58.68
7	Spencer Zysset	Concordia U.	1:59.39
8	Jake Byma	Dordt	1:59.40

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Section 2 of 3 Finals...(Event 4 Men 800 Meter Run)

1	Eric Koithan	Morningside	1:57.92
2	Jay Welp	Morningside	1:57.25
3	Tim Bierma	Dordt	1:57.02
4	Jared Hoffman	Concordia U.	1:56.92
5	Jory Pflasterer	Doane	1:56.92
6	Brandon Schuler	Northwestern	1:57.22
7	Trent Kischer	Dordt	1:57.44
8	Adam Prahlow	Concordia U.	1:57.73

Section 3 of 3 Finals

1	Taylor Chapman	Morningside	1:56.87
2	Brad Wright	Morningside	1:54.26
3	Samuel Lopez	Mount Marty	1:53.18
4	Ryan Tholen	Dordt	1:52.13
5	Edwin Ronoh	Doane	1:53.09
6	Jens Scholl	Doane	1:54.22
7	David Eads	Concordia U.	1:55.58
8	Zach Harsin	Nebraska Wes	1:55.95

Event 5 Men 1500 Meter Run**Saturday 5/5/2012 - 4:30 PM**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	Skyler Giddings	Northwestern	4:10.42
2	Zach Parshall	Nebraska Wes	4:13.07
3	Jeremy Van Woerden	Dordt	4:13.32
4	Matt Bax	Hastings	4:16.43
5	Zach Christensen	Doane	4:19.54
6	Matt Sederberg	Nebraska Wes	4:20.00
7	Jeff Vander Molen	Dordt	4:22.81
8	Grant Nordby	Nebraska Wes	4:25.17
9	Andrew Malan	Concordia U.	4:31.85
10	Casey Roberts	Concordia U.	4:55.60

Section 2 of 2 Finals

1	Edwin Ronoh	Doane	3:57.12
2	Benjamin Sievert	Concordia U.	3:57.44
3	Parker Schoen	Nebraska Wes	4:00.01
4	Derek Schnell	Doane	4:00.55
5	Logan Hovland	Northwestern	4:01.57
6	Adam Prahlow	Concordia U.	4:01.66
7	Eric Tudor	Dordt	4:03.12
8	Ryan Tholen	Dordt	4:04.38
9	Zach Wittenberg	Northwestern	4:04.82
10	Jake Kment	Doane	4:06.73
11	Tyler Soderberg	Midland	4:07.40
12	Travis Besel	Concordia U.	4:09.36

Event 6 Men 3000 Meter Steeplechase**Saturday 5/5/2012 - 3:30 PM**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	Spencer Zysset	Concordia U.	10:38.32
2	Steven Wilson	Doane	10:50.82
3	Jesse Baldwin	Northwestern	10:53.70
4	Anthony Epp	Northwestern	10:53.79
5	Jose Martinez	Northwestern	10:56.87
6	Jordan Pieper	Doane	10:58.69
7	Kody Pritschau	Nebraska Wes	11:08.17
8	Marcus Brees	Concordia U.	11:13.71
9	Mikel-Jon Divis	Midland	11:24.35

Section 2 of 2 Finals

1	Garret Ehlers	Morningside	9:13.79
2	Jordan Rector	Nebraska Wes	9:40.22
3	Brock Taute	Nebraska Wes	9:58.30
4	Jay Welp	Morningside	10:00.82
5	Charlie Bloomfield	Concordia U.	10:06.68
6	Chris Postma	Dordt	10:07.44
7	Derek Opp	Dordt	10:07.83
8	Jarid Holliday	Doane	10:24.48
9	Alex Markham	Nebraska Wes	10:26.99
10	Jescy Rodriquez	Morningside	10:33.25
11	Dan Haden	Nebraska Wes	10:33.57
12	Mychal Bierwagen	Mount Marty	10:35.92

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Event 7 Men 5000 Meter Run**Saturday 5/5/2012 - 7:35 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Garret Ehlers	Morningside	14:58.84
2	Mike Rathje	Nebraska Wes	15:13.33
3	Johnny Rutford	Nebraska Wes	15:16.53
4	Eric Tudor	Dordt	15:30.26
5	Ryan Dostal	Nebraska Wes	15:38.44
6	Nathan Jackson	Dordt	15:43.34
7	Jordan Pater	Mount Marty	15:50.44
8	Parker Schoen	Nebraska Wes	15:52.35
9	Taylor Kube	Morningside	15:53.26
10	Bobby Brown	Nebraska Wes	15:55.58
11	Charlie Bloomfield	Concordia U.	16:00.77
12	Aaron Kortze	Concordia U.	16:08.19
13	Cole Marolf	Nebraska Wes	16:10.14
14	Jordan Rector	Nebraska Wes	16:10.40
15	Jason Arizmendi	Hastings	16:11.88
16	Benjamin Sievert	Concordia U.	16:12.31
17	Beau Billings	Concordia U.	16:15.25
18	Adam Prahlow	Concordia U.	16:16.13
19	Derik Simenson	Morningside	16:16.42
20	Zach Parshall	Nebraska Wes	16:24.90
21	Andrew Lichter	Northwestern	16:34.41
22	Joshua Allwardt	Concordia U.	16:34.84
23	Jesey Rodriguez	Morningside	16:37.19
24	Frank Mignon	Doane	16:43.36

Event 8 Men 10000 Meter Run**Saturday 5/5/2012 - 12:55 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Johnny Rutford	Nebraska Wes	31:50.75
2	Beau Billings	Concordia U.	33:12.91
3	Rudy Mignon	Hastings	33:16.25
4	Ryan Dostal	Nebraska Wes	33:24.28
5	Matt Dunker	Nebraska Wes	33:46.77
6	Derik Simenson	Morningside	33:57.78
7	Matthias Wollberg	Concordia U.	34:12.57
8	Aaron Kortze	Concordia U.	34:24.90
9	Drew Willis	Nebraska Wes	34:39.38
10	Dillon Dexter	Hastings	34:42.49
11	Nate Thue	Midland	34:45.05
12	Joel Heckmann	Concordia U.	34:49.55
13	Cole Marolf	Nebraska Wes	35:00.13
14	Joshua Allwardt	Concordia U.	35:12.42
15	Tyler Smit	Mount Marty	35:24.51
16	Joel Hope	Doane	36:06.41
17	Brett Friesen	Hastings	36:08.03
18	Zach Brown	Nebraska Wes	37:01.39
19	Jason Daffer	Hastings	37:24.57
20	Steele Erickson	Doane	37:37.84
21	Kevin Cosman	Mount Marty	38:18.60

Event 9 Men 110 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Saturday 5/5/2012 - 2:20 PM**

Lane	Name	School	Seed Time
Heat 1 of 3 Prelims			
2	Josh Thompson	Northwestern	16.38
3	Ben Konen	Hastings	15.70
4	Sam Housh	Doane	14.80
5	Erin Francis	Dordt	15.38
6	Caleb Young	Briar Cliff	15.92
7	Logan Ulmer	Mount Marty	16.89
Heat 2 of 3 Prelims			
2	Mike Trobaugh	Briar Cliff	15.98
3	Andy Dougherty	Morningside	15.48
4	Jonathon Becker	Concordia U.	14.76
5	Javonte Walker-Reese	Hastings	15.39
6	Sean Johnson	Doane	15.98
7	Tanner Merz	Midland	17.14
8	Dylan Scoggins	Hastings	17.16
Heat 3 of 3 Prelims			
2	Cody Webben	Nebraska Wes	16.48
3	Tyler Vaughn	Doane	15.81
4	Kyle Heidebrink	Northwestern	15.05
5	Benjamin Hinckfoot	Concordia U.	15.05
6	David Christensen	Midland	15.85
7	Nile Schneider	Doane	16.60

Event 10 Men 400 Meter Hurdles**Saturday 5/5/2012 - 6:30 PM**

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Braden Storer	Nebraska Wes	1:04.08
2	Tyler Pooschke	Doane	1:02.63
3	Jordan Pieper	Doane	1:01.80
4	Nile Schneider	Doane	1:00.85
5	Adam Schwery	Briar Cliff	1:00.88
6	Dylan Scoggins	Hastings	1:02.48
7	Kalib Heeren	Mount Marty	1:02.68
8	Logan Ulmer	Mount Marty	1:04.02
Section 2 of 3 Finals			
1	Travis Batt	Midland	59.45
2	Tyler Kroeze	Dordt	58.62
3	Jack Chatelain	Nebraska Wes	58.13
4	Kyle Heidebrink	Northwestern	57.95
5	Ben Konen	Hastings	58.07
6	Chris Meyers	Northwestern	58.26
7	Caleb Young	Briar Cliff	59.01
8	Tyler Vaughn	Doane	59.27

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Section 3 of 3 Finals...(Event 10 Men 400 Meter Hurdles)

1	Brad Higgins	Doane	57.50
2	Alphonso Cooper	Midland	56.49
3	Jonathon Becker	Concordia U.	54.90
4	Benjamin Hinckfoot	Concordia U.	54.62
5	Derrick McKenzie	Nebraska Wes	54.86
6	Dominic Means	Morningside	56.13
7	Sean Johnson	Doane	57.08
8	Jeffrey McClelland	Dordt	57.22

Event 11 Men 4x100 Meter Relay**Saturday 5/5/2012 - 4:05 PM**

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

4	Mount Marty		46.36
5	Hastings		NT

Section 2 of 2 Finals

1	Midland		43.27
2	Northwestern		42.58
3	Nebraska Wes		42.32
4	Doane		40.78
5	Dordt		41.94
6	Briar Cliff		42.33
7	Concordia U.		42.68
8	Morningside		43.23

Event 12 Men 4x400 Meter Relay**Saturday 5/5/2012 - 8:05 PM**

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

4	Hastings		3:31.92
5	Mount Marty		3:32.05

Section 2 of 2 Finals

1	Briar Cliff		3:25.75
2	Midland		3:22.44
3	Nebraska Wes		3:18.31
4	Dordt		3:15.06
5	Morningside		3:18.19
6	Concordia U.		3:20.55
7	Doane		3:22.82
8	Northwestern		3:24.24

Event 13 Men 4x800 Meter Relay**Saturday 5/5/2012 - 1:55 PM**

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Northwestern		7:44.06
2	Dordt		7:46.09
3	Morningside		7:46.91
4	Doane		7:47.39
5	Concordia U.		7:47.44
6	Briar Cliff		8:13.98
7	Midland		NT
8	Nebraska Wes		NT
9	Mount Marty		NT

Event 14 Men Long Jump**Saturday 5/5/2012 - 11:30 AM****9 to Final**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Noah Smith	Concordia U.	6.23m
2	Garrett Blomstedt	Concordia U.	6.28m
3	Devin Johnson	Doane	6.32m
4	Michael Wiederspan	Doane	6.34m
5	Danny Hutcheson	Dakota Wes	6.41m
6	Cory Hollamon	Briar Cliff	6.42m
7	David Thomas	Briar Cliff	6.44m
8	Nick Reed	Doane	6.46m

Flight 2 of 3 Finals

1	Mitchell Swanson	Midland	6.47m
2	Shaun Ryan	Morningside	6.49m
3	Adam Baxa	Doane	6.52m
4	Mauro Parnell	Doane	6.62m
5	Tyler Payer	Mount Marty	6.64m
6	Jordan Micallef	Northwestern	6.64m
7	Augustus Cowan	Briar Cliff	6.65m
8	Derek Wegner	Doane	6.74m

Flight 3 of 3 Finals

1	Bryan Heidemann	Concordia U.	6.76m
2	Jack Chatelain	Nebraska Wes	6.82m
3	Ryan Gass	Morningside	6.84m
4	Masen Needles	Doane	6.84m
5	John Kersenbrock	Nebraska Wes	6.90m
6	Nick Mann	Concordia U.	6.96m
7	Bryce Harshman	Briar Cliff	7.11m
8	Ronnie Taylor	Hastings	7.60m

Event 15 Men Triple Jump**Saturday 5/5/2012 - 1:30 PM****9 to Final**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Ben Green	Northwestern	12.00m
2	Brandon Duff	Hastings	12.24m
3	Bryce Harshman	Briar Cliff	12.49m
4	Gary Batres	Doane	12.57m
5	Blake Barry	Hastings	12.59m
6	Alex Leyva	Hastings	12.84m
7	Tyler Kuhfahl	Doane	12.86m
8	David Thomas	Briar Cliff	12.96m

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Flight 2 of 2 Finals...(Event 15 Men Triple Jump)

1	Jack Chatelain	Nebraska Wes	13.34m
2	Edson de Oliveira	Nebraska Wes	13.49m
3	Creighton Brei	Hastings	13.53m
4	Cory Hollamon	Briar Cliff	13.76m
5	Brian Hubbert	Doane	14.10m
6	Derik Fossum	Dakota Wes	14.17m
7	Byron Evans	Doane	14.82m
8	Augustus Cowan	Briar Cliff	14.98m
9	Mauro Parnell	Doane	15.04m

Event 16 Men High Jump**Saturday 5/5/2012 - 11:30 AM****1.81-1.86-1.91-1.96-2.01-2.06-2.11**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Skyler Stortenbecker	Hastings	1.76m
2	Kyle Heidema	Dordt	1.83m
3	David Christensen	Midland	1.85m
4	Tyler Payer	Mount Marty	1.86m
5	Derek Wegner	Doane	1.86m
6	Javonte Walker-Reese	Hastings	1.91m
7	Mark Mineart	Northwestern	1.91m
8	Bryan Heidemann	Concordia U.	1.95m
9	Jon Gamble	Hastings	1.96m
10	Ryan Gass	Morningside	2.01m
11	Clay Pagels	Briar Cliff	2.01m
12	Trevor Lopour	Mount Marty	2.05m
13	Tommie Bardsley	Nebraska Wes	2.08m
14	Matt Huseman	Northwestern	2.10m

Event 17 Men Pole Vault**Saturday 5/5/2012 - 5:00 PM****4.10-4.25-4.40-4.55-4.70-4.80-4.90**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Robbie Kasmacek	Nebraska Wes	4.00m
2	Connor Henry	Briar Cliff	4.10m
3	Jake Krueger	Doane	4.10m
4	Ethan Shunkwiler	Doane	4.10m
5	Robert Davidsen	Dordt	4.15m
6	Cody Jackson	Hastings	4.25m
7	Zach Wordekemper	Doane	4.25m
8	Jonathan Brinkerhoff	Dordt	4.30m
9	Adam Dannehl	Concordia U.	4.30m
10	Andrew Smith	Doane	4.40m
11	Brett Huff	Dordt	4.40m
12	Carlos Anguiano	Doane	4.40m
13	Dan Medrano	Midland	4.40m
14	Carson Farr	Concordia U.	4.40m
15	Joshua Brinkerhoff	Dordt	4.55m
16	Nathan Teten	Doane	4.73m
17	Jay Wall	Nebraska Wes	4.93m

Event 18 Men Shot Put**Saturday 5/5/2012 - 1:30 PM****9 to Final**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Mitch Stroehlin	Midland	12.47m
2	Chad Van Ravenswaay	Northwestern	12.56m
3	TJ Bottorff	Hastings	13.28m
4	Andy Simons	Morningside	13.48m
5	Adam Aschenbrenner	Concordia U.	13.67m
6	Eric Jones	Briar Cliff	13.89m
7	Eliezer Fernandez	Doane	13.91m
8	John Kolstad	Doane	14.08m

Flight 2 of 3 Finals

1	Jake Harris	Nebraska Wes	14.27m
2	Kevin Drwal	Nebraska Wes	14.45m
3	Jace Heiden	Nebraska Wes	14.46m
4	Jose Rojas	Concordia U.	14.55m
5	Ian Slama	Midland	14.65m
6	Jacob Chambers	Morningside	14.70m
7	Vince Krejci	Doane	15.17m
8	Kiley Murra	Northwestern	15.27m

Flight 3 of 3 Finals

1	Levi Ettleman	Northwestern	15.28m
2	Trey Farmer	Concordia U.	15.40m
3	Dillon Carmichael	Doane	15.54m
4	Derek Rodine	Concordia U.	15.64m
5	Zack Lindsley	Doane	16.11m
6	Justin Roberts	Hastings	16.22m
7	Kyle Bartlett	Doane	16.24m
8	Cody Weber	Hastings	16.56m

Event 19 Men Discus Throw**Saturday 5/5/2012 - 3:30 PM****9 to Final**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Adam Hinds	Briar Cliff	41.33m
2	Joey Spoelstra	Northwestern	41.35m
3	Sean Lindgren	Nebraska Wes	41.55m
4	Andy Simons	Morningside	41.56m
5	Trey Farmer	Concordia U.	41.97m
6	Levi Ettleman	Northwestern	42.00m
7	Joseph Matthews	Midland	42.42m
8	Cody York	Briar Cliff	42.50m

Flight 2 of 3 Finals

1	Spencer Trapp	Nebraska Wes	42.58m
2	Kyle Bartlett	Doane	43.83m
3	Kevin Drwal	Nebraska Wes	44.12m
4	Benjamin Schulteis	Concordia U.	44.17m
5	Dustin Johns	Concordia U.	44.70m
6	Kiley Murra	Northwestern	46.11m
7	Jose Rojas	Concordia U.	46.50m
8	Gabe Wickham	Hastings	46.53m

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1	Cody Weber	Hastings	47.07m
2	Dalton Kelley	Northwestern	47.45m
3	Dillon Carmichael	Doane	47.66m
4	Payton Davidson	Nebraska Wes	49.22m
5	Vince Krejci	Doane	49.88m
6	Alvin Voss	Doane	49.88m
7	Darin Smith	Doane	50.58m
8	Zack Lindsley	Doane	51.14m

Event 20 Men Hammer Throw**Saturday 5/5/2012 - 11:30 AM****9 to Final**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Benjamin Schulteis	Concordia U.	42.66m
2	Adam Aschenbrenner	Concordia U.	43.00m
3	Sean Lindgren	Nebraska Wes	43.19m
4	Joey Spoelstra	Northwestern	43.68m
5	Justin Roberts	Hastings	45.31m
6	Casey Seay	Nebraska Wes	45.33m
7	Ian Slama	Midland	45.43m
8	Darin Smith	Doane	46.19m

Flight 2 of 3 Finals

1	Jake Harris	Nebraska Wes	47.24m
2	Kevin Drwal	Nebraska Wes	47.47m
3	Trey Farmer	Concordia U.	47.66m
4	Kyle Bartlett	Doane	47.90m
5	Adam Hinds	Briar Cliff	47.90m
6	Vince Krejci	Doane	49.14m
7	Dalton Maisen	Hastings	49.33m
8	Dustin Johns	Concordia U.	49.62m

Flight 3 of 3 Finals

1	Nathan Ernstmeyer	Concordia U.	50.41m
2	Zack Lindsley	Doane	52.26m
3	Chance Armstead	Hastings	54.29m
4	Derek Rodine	Concordia U.	55.42m
5	Garrett Wickham	Hastings	55.67m
6	Jacob Chambers	Morningside	57.18m
7	Gabe Wickham	Hastings	59.65m
8	Cody Weber	Hastings	59.68m

Event 21 Men Javelin Throw**Saturday 5/5/2012 - 5:30 PM****9 to Final**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Zach Bauman	Mount Marty	40.37m
2	Grant Aden	Morningside	41.05m
3	Colt Ludwig	Briar Cliff	41.25m
4	Robert Klingsporn	Concordia U.	41.51m
5	Cory Lenton	Midland	43.32m
6	Tanner Merz	Midland	43.53m
7	Connor Henry	Briar Cliff	44.11m
8	Jordan Larrington	Concordia U.	45.83m

Flight 2 of 3 Finals

1	Sean Bicknase	Briar Cliff	46.07m
2	Mike Beavers	Morningside	46.12m
3	Tyler Wattier	Morningside	46.29m
4	Jordan Boekhout	Northwestern	48.35m
5	Garrett Wickham	Hastings	48.60m
6	Dalton Kelley	Northwestern	50.32m
7	Gabe Wickham	Hastings	51.15m
8	Andy Dougherty	Morningside	51.23m

Flight 3 of 3 Finals

1	Cody York	Briar Cliff	51.29m
2	John Kolstad	Doane	51.70m
3	Spencer Trapp	Nebraska Wes	51.81m
4	Edwin Ronoh	Doane	52.77m
5	Andrew Nielsen	Doane	58.05m
6	Ben Wolfe	Doane	58.80m
7	Mitch Magrini	Doane	59.11m
8	Micah Marvin	Doane	61.13m

Event 22 Decathlon: #1 Men 100 Meter Dash**Friday 5/4/2012 - 1:15 PM**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

2	Brad Higgins	Doane	NT
3	Colt Ludwig	Briar Cliff	NT
4	Nate Mann	Concordia U.	NT
5	Nick Stine	Hastings	NT
6	Adam Dannehl	Concordia U.	NT
7	Blake Vajgrt	Concordia U.	NT
8	Tyler Wattier	Morningside	NT

Section 2 of 2 Finals

1	Max Von Seggern	Midland	NT
2	Jake Holmquist	Hastings	NT
3	Grant Aden	Morningside	NT
4	Leland Procell	Nebraska Wes	NT
5	Dustin Schwartz	Doane	NT
6	Cody Brousek	Nebraska Wes	NT
7	Neil Hohenthaner	Mount Marty	NT
8	Andy Dougherty	Morningside	NT

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Event 22 Decathlon: #2 Men Long Jump**Friday 5/4/2012 - 2:00 PM**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	Neil Hohenthauer	Mount Marty		ND
2	Nate Mann	Concordia U.		ND
3	Leland Procell	Nebraska Wes		ND
4	Nick Stine	Hastings		ND
5	Grant Aden	Morningside		ND
6	Cody Brousek	Nebraska Wes		ND
7	Max Von Seggern	Midland		ND
8	Tyler Wattier	Morningside		ND
9	Blake Vajgrt	Concordia U.		ND
10	Jake Holmquist	Hastings		ND
11	Colt Ludwig	Briar Cliff		ND
12	Dustin Schwartz	Doane		ND
13	Andy Dougherty	Morningside		ND
14	Brad Higgins	Doane		ND
15	Adam Dannehl	Concordia U.		ND

Event 22 Decathlon: #3 Men Shot Put**Friday 5/4/2012 - 3:30 PM**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	Blake Vajgrt	Concordia U.		ND
2	Adam Dannehl	Concordia U.		ND
3	Neil Hohenthauer	Mount Marty		ND
4	Colt Ludwig	Briar Cliff		ND
5	Nate Mann	Concordia U.		ND
6	Jake Holmquist	Hastings		ND
7	Nick Stine	Hastings		ND
8	Leland Procell	Nebraska Wes		ND
9	Dustin Schwartz	Doane		ND
10	Tyler Wattier	Morningside		ND
11	Andy Dougherty	Morningside		ND
12	Max Von Seggern	Midland		ND
13	Brad Higgins	Doane		ND
14	Grant Aden	Morningside		ND
15	Cody Brousek	Nebraska Wes		ND

Event 22 Decathlon: #4 Men High Jump**Friday 5/4/2012 - 5:00 PM**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	Blake Vajgrt	Concordia U.		NH
2	Nick Stine	Hastings		NH
3	Tyler Wattier	Morningside		NH
4	Jake Holmquist	Hastings		NH
5	Nate Mann	Concordia U.		NH
6	Andy Dougherty	Morningside		NH
7	Max Von Seggern	Midland		NH
8	Brad Higgins	Doane		NH
9	Dustin Schwartz	Doane		NH
10	Colt Ludwig	Briar Cliff		NH
11	Cody Brousek	Nebraska Wes		NH
12	Adam Dannehl	Concordia U.		NH
13	Leland Procell	Nebraska Wes		NH
14	Neil Hohenthauer	Mount Marty		NH
15	Grant Aden	Morningside		NH

Event 22 Decathlon: #5 Men 400 Meter Dash**Friday 5/4/2012 - 6:30 PM**

Lane	Name	School	Seed	Time
Section 1 of 2 Finals				
2	Brad Higgins	Doane		NT
3	Dustin Schwartz	Doane		NT
4	Jake Holmquist	Hastings		NT
5	Leland Procell	Nebraska Wes		NT
6	Andy Dougherty	Morningside		NT
7	Nick Stine	Hastings		NT
8	Nate Mann	Concordia U.		NT
Section 2 of 2 Finals				
1	Max Von Seggern	Midland		NT
2	Neil Hohenthauer	Mount Marty		NT
3	Colt Ludwig	Briar Cliff		NT
4	Tyler Wattier	Morningside		NT
5	Grant Aden	Morningside		NT
6	Blake Vajgrt	Concordia U.		NT
7	Cody Brousek	Nebraska Wes		NT
8	Adam Dannehl	Concordia U.		NT

Event 22 Decathlon: #6 Men 110 Meter Hurdles**Saturday 5/5/2012 - 9:00 AM**

Lane	Name	School	Seed	Time
Section 1 of 4 Finals				
4	Jake Holmquist	Hastings		NT
6	Blake Vajgrt	Concordia U.		NT
8	Andy Dougherty	Morningside		NT
Section 2 of 4 Finals				
2	Tyler Wattier	Morningside		NT
4	Nate Mann	Concordia U.		NT
6	Cody Brousek	Nebraska Wes		NT
8	Brad Higgins	Doane		NT

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Section 3 of 4 Finals...(Event 22 Decathlon: #6 Men 110 Met

2	Nick Stine	Hastings	NT
4	Leland Procell	Nebraska Wes	NT
6	Adam Dannehl	Concordia U.	NT
8	Dustin Schwartz	Doane	NT

Section 4 of 4 Finals

2	Colt Ludwig	Briar Cliff	NT
4	Neil Hohenthanner	Mount Marty	NT
6	Grant Aden	Morningside	NT
8	Max Von Seggern	Midland	NT

Event 22 Decathlon: #7 Men Discus Throw**Saturday 5/5/2012 - 9:45 AM**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Nate Mann	Concordia U.	ND
2	Cody Brousek	Nebraska Wes	ND
3	Colt Ludwig	Briar Cliff	ND
4	Leland Procell	Nebraska Wes	ND
5	Neil Hohenthanner	Mount Marty	ND
6	Dustin Schwartz	Doane	ND
7	Brad Higgins	Doane	ND
8	Nick Stine	Hastings	ND
9	Blake Vajgrt	Concordia U.	ND
10	Andy Dougherty	Morningside	ND
11	Tyler Wattier	Morningside	ND
12	Max Von Seggern	Midland	ND
13	Grant Aden	Morningside	ND
14	Adam Dannehl	Concordia U.	ND
15	Jake Holmquist	Hastings	ND

Event 22 Decathlon: #8 Men Pole Vault**Saturday 5/5/2012 - 11:00 AM**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Brad Higgins	Doane	NH
2	Dustin Schwartz	Doane	NH
3	Adam Dannehl	Concordia U.	NH
4	Neil Hohenthanner	Mount Marty	NH
5	Grant Aden	Morningside	NH
6	Blake Vajgrt	Concordia U.	NH
7	Jake Holmquist	Hastings	NH
8	Andy Dougherty	Morningside	NH
9	Leland Procell	Nebraska Wes	NH
10	Cody Brousek	Nebraska Wes	NH
11	Tyler Wattier	Morningside	NH
12	Max Von Seggern	Midland	NH
13	Nick Stine	Hastings	NH
14	Nate Mann	Concordia U.	NH
15	Colt Ludwig	Briar Cliff	NH

Event 22 Decathlon: #9 Men Javelin Throw**Saturday 5/5/2012 - 1:30 PM**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Dustin Schwartz	Doane	ND
2	Nate Mann	Concordia U.	ND
3	Cody Brousek	Nebraska Wes	ND
4	Max Von Seggern	Midland	ND
5	Tyler Wattier	Morningside	ND
6	Andy Dougherty	Morningside	ND
7	Nick Stine	Hastings	ND
8	Adam Dannehl	Concordia U.	ND
9	Jake Holmquist	Hastings	ND
10	Brad Higgins	Doane	ND
11	Leland Procell	Nebraska Wes	ND
12	Blake Vajgrt	Concordia U.	ND
13	Colt Ludwig	Briar Cliff	ND
14	Grant Aden	Morningside	ND
15	Neil Hohenthanner	Mount Marty	ND

Event 23 Women 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Saturday 5/5/2012 - 2:35 PM**

Lane	Name	School	Seed Time
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Heat 1 of 3 Prelims

2	Gina Sementa	Briar Cliff	13.11
3	Kalli Brannagan	Doane	12.66
4	Mariah Toussaint	Midland	12.24
5	Erin Twibell	Nebraska Wes	12.43
6	Jenna Roderick	Briar Cliff	12.73
7	Katie Raab	Northwestern	13.86

Heat 2 of 3 Prelims

2	Aubrey Lindgren	Northwestern	12.87
3	Briana Vander Woude	Dordt	12.64
4	Tamika Irvin	Dakota Wes	12.01
5	Abby Niederklein	Hastings	12.51
6	Cami Hasenohr	Doane	12.83
7	Nancy Tatou	Briar Cliff	13.92

Heat 3 of 3 Prelims

2	Ashley Schneider	Northwestern	13.37
3	Michelle Toukan	Hastings	12.68
4	Neeia Cooperwood	Morningside	12.26
5	Crystal Vander Zee	Dordt	12.33
6	Porche Parnell	Hastings	12.68
7	Jenny Suing	Concordia U.	13.61

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Event 24 Women 200 Meter Dash**Saturday 5/5/2012 - 6:50 PM**

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
2	Jenny Suing	Concordia U.	28.68
3	Ashley Schneider	Northwestern	27.32
4	Aubrey Lindgren	Northwestern	26.96
5	Cami Hasenohr	Doane	26.84
6	Jenna Roderick	Briar Cliff	27.10
7	Montana Hayes	Concordia U.	27.69
8	Cassandra Starks	Concordia U.	28.01
Section 2 of 3 Finals			
2	Gina Sementa	Briar Cliff	28.26
3	Raenecia Gordon	Doane	26.12
4	Erin Klein	Doane	25.70
5	Briana Vander Woude	Dordt	25.68
6	Kalli Brannagan	Doane	25.90
7	Crystal Vander Zee	Dordt	26.15
8	Erin Twibell	Nebraska Wes	26.32
Section 3 of 3 Finals			
2	Rachel Cutler	Concordia U.	28.03
3	Neeia Cooperwood	Morningside	25.34
4	Tamika Irvin	Dakota Wes	24.78
5	Mariah Toussaint	Midland	24.75
6	Abby Niederklein	Hastings	25.30
7	Abby Jackson	Hastings	25.50
8	Blair Dixon	Doane	25.62

Event 25 Women 400 Meter Dash**Saturday 5/5/2012 - 5:05 PM**

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
3	Rachel Cutler	Concordia U.	1:05.54
4	Katelyn Lieuwen	Dordt	1:03.65
5	Chelsea Vaandrager	Dordt	1:04.81
6	Nicole Kramer	Briar Cliff	1:05.62
Section 2 of 3 Finals			
2	Katie Beldt	Briar Cliff	1:01.98
3	Megan Walhof	Northwestern	1:01.36
4	Lydia Bienlien	Morningside	1:00.98
5	Gabbi Kates	Briar Cliff	1:01.15
6	Jami Pritschau	Nebraska Wes	1:01.78
Section 3 of 3 Finals			
1	Kari Van Beek	Dordt	1:00.58
2	Blair Dixon	Doane	58.93
3	Krystina Bouchard	Northwestern	58.70
4	Katie Bonnema	Dordt	56.92
5	Abby Jackson	Hastings	58.00
6	Erin Klein	Doane	58.81
7	Claire Boyer	Nebraska Wes	59.16
8	Casarah Schutt	Doane	59.96

Event 26 Women 800 Meter Run**Saturday 5/5/2012 - 5:40 PM**

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Sarah Wheeldon	Nebraska Wes	2:30.51
2	Sarah Wittenberg	Northwestern	2:27.34
3	Megan Letts	Concordia U.	2:26.66
4	Cecily Waddell	Morningside	2:25.55
5	Jackie Niewenhuis	Northwestern	2:26.29
6	Katie Nelson	Nebraska Wes	2:27.14
7	Maggie Hedlund	Nebraska Wes	2:28.28
8	Samantha Sahagian	Dordt	2:28.75
Section 2 of 3 Finals			
1	Renee Buikema	Dordt	2:25.35
2	Christina Tomka	Concordia U.	2:23.95
3	Jenean Williams	Concordia U.	2:22.04
4	Martha Meineke	Concordia U.	2:21.48
5	Merissa Harkema	Dordt	2:21.96
6	Mckenzie Reece	Morningside	2:22.59
7	Nichole Duncan	Dordt	2:23.98
8	Erin Kautz	Nebraska Wes	2:25.01
Section 3 of 3 Finals			
1	Teresa Kerkvliet	Northwestern	2:20.00
2	Jessa Sughroue	Doane	2:18.02
3	Breanna Mathes	Morningside	2:15.61
4	Bethany Sutton	Concordia U.	2:15.00
5	Jessica Weborg	Morningside	2:15.31
6	Dawn Gildersleeve	Northwestern	2:16.81
7	Brianna Hobbs	Northwestern	2:18.12
8	Lillie Koerner	Dordt	2:19.81

Event 27 Women 1500 Meter Run**Saturday 5/5/2012 - 4:15 PM**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Abby De Vries	Dordt	5:02.43
2	Erika Schroeder	Concordia U.	5:03.65
3	Leslie Stover	Northwestern	5:06.01
4	Kaitlin Gerber	Morningside	5:07.82
5	Winonah Krug	Concordia U.	5:12.60
6	Alyssa Myers	Briar Cliff	5:15.74
7	Ariel Turnquist	Morningside	5:24.84
8	Renee Williams	Concordia U.	5:29.09

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Section 2 of 2 Finals...(Event 27 Women 1500 Meter Run)

1	Jessica Weborg	Morningside	4:38.55
2	Dawn Gildersleeve	Northwestern	4:42.97
3	Jena Schwalenberg	Concordia U.	4:43.52
4	Teresa Kerkvliet	Northwestern	4:48.67
5	Merissa Harkema	Dordt	4:51.59
6	Whitney Wilgenburg	Dordt	4:52.79
7	Jess Driewer	Doane	4:54.27
8	Cecily Waddell	Morningside	4:54.28
9	Katie Nelson	Nebraska Wes	4:55.80
10	Lydia Ford	Morningside	4:56.65
11	Kelsey Christensen	Doane	4:58.85
12	Amy VanSkike	Northwestern	5:02.03

Event 28 Women 3000 Meter Steeplechase**Saturday 5/5/2012 - 3:00 PM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1	Martha Meineke	Concordia U. 11:40.32
2	Courtney Ruff	Morningside 11:57.54
3	Nicole Ausborn	Morningside 11:58.47
4	Olivia Diggs	Morningside 11:58.50
5	Toni Hulinsky	Concordia U. 12:08.01
6	Taylor Lucas	Doane 12:12.39
7	Anna Meyer	Concordia U. 12:36.19
8	Shelby Hohnholt	Concordia U. 12:45.24
9	Melanie Fehringer	Nebraska Wes 12:59.53
10	Corrine Muyskens	Northwestern 13:01.55
11	Beth Finnegan	Mount Marty 13:54.53
12	Heather Banister	Dakota Wes 14:01.20
13	Alicia Pick	Mount Marty 15:12.12

Event 29 Women 5000 Meter Run**Saturday 5/5/2012 - 7:10 PM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1	Hannah Kinberg	Nebraska Wes 17:44.24
2	Malaina Huebert	Nebraska Wes 17:59.72
3	Jena Schwalenberg	Concordia U. 18:17.28
4	Sarah Kortze	Concordia U. 18:17.60
5	Merissa Harkema	Dordt 18:19.11
6	Courtney Ruff	Morningside 18:19.59
7	Michelle Steiger	Dordt 18:44.24
8	Lauren Opp	Dordt 18:47.43
9	Lydia Ford	Morningside 18:54.92
10	Hayley Sutter	Nebraska Wes 19:05.25
11	Kaylee Fly	Mount Marty 19:06.27
12	Martha Meineke	Concordia U. 19:15.01
13	Jenna Kral	Morningside 19:21.43
14	Amber Sandbulte	Northwestern 19:30.04
15	Christina Hanson	Concordia U. 19:30.10
16	Lisa Grosvenor	Morningside 19:32.96
17	Kelsey Christensen	Doane 19:36.29
18	Taylor Lucas	Doane 20:04.37
19	Anna Meyer	Concordia U. 20:11.53
20	Lisa Poppe	Doane 20:26.62
21	Shelby Hohnholt	Concordia U. 20:44.16
22	Renee Williams	Concordia U. 21:47.67
23	Maddie Monohan	Nebraska Wes 21:55.31

Event 30 Women 10000 Meter Run**Saturday 5/5/2012 - 12:00 PM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1	Hannah Kinberg	Nebraska Wes 36:32.95
2	Sarah Kortze	Concordia U. 38:04.99
3	Lauren Opp	Dordt 39:58.67
4	Hayley Sutter	Nebraska Wes 40:31.47
5	Whitney Dooley	Midland 40:33.43
6	Lisa Grosvenor	Morningside 41:16.80
7	Christina Hanson	Concordia U. 41:53.19
8	Lauren Shomaker	Hastings 42:16.63
9	Bailey Eldredge	Hastings 43:29.07
10	Ashley Ogborn	Hastings 43:42.79
11	Aprill Bodlak	Doane 43:49.78
12	Kelly Prange	Hastings 44:36.59
13	Brittney Mikkelsen	Mount Marty 44:49.23
14	Storm Mellick	Doane 45:05.28
15	Jasmine Khamouna	Hastings 45:33.69
16	Becka Jensen	Mount Marty 46:04.48

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Event 31 Women 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times
Saturday 5/5/2012 - 2:10 PM

Lane	Name	School	Seed Time
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Heat 1 of 3 Prelims

1	Sarah Bruce	Mount Marty	18.46
2	Ericka Fischer	Concordia U.	16.72
3	Brianne Englund	Nebraska Wes	16.17
4	Taylor Tacha	Nebraska Wes	15.32
5	Katie Schoen	Nebraska Wes	15.40
6	Selina Barry	Hastings	16.22
7	Myria Knapp	Concordia U.	16.72
8	Montana Hayes	Concordia U.	17.47

Heat 2 of 3 Prelims

2	Kelli Norrid	Mount Marty	16.66
3	Mariah Stauffer	Morningside	16.15
4	Briana Vander Woude	Dordt	14.62
5	Elizabeth Stevens	Northwestern	15.62
6	Lydia Pomerence	Concordia U.	16.26
7	Tena Jeppesen	Northwestern	16.88
8	Alex Howrey	Morningside	17.41

Heat 3 of 3 Prelims

2	Abby Brown	Morningside	16.64
3	Sara Simmons	Concordia U.	16.05
4	Karen Hutson	Northwestern	14.13
5	Susan Rollman	Doane	15.83
6	Kayla Arlt	Morningside	16.62
7	Erin Balldridge	Hastings	16.88
8	Jordan Sanger	Briar Cliff	17.10

Event 32 Women 400 Meter Hurdles

Saturday 5/5/2012 - 6:15 PM

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

2	Kierstyn Besel	Concordia U.	1:18.25
3	Selina Barry	Hastings	1:13.67
4	Christina Jackson	Doane	1:11.92
5	Audrey Gaspers	Hastings	1:12.01
6	Jamie Eszlinger	Mount Marty	1:17.36

Section 2 of 3 Finals

1	Sara Simmons	Concordia U.	1:11.35
2	Montana Hayes	Concordia U.	1:10.77
3	Bailey Hirsch	Doane	1:10.61
4	Alyssa Straube	Doane	1:08.63
5	Blake Schany	Morningside	1:08.88
6	Breanne Heidema	Dordt	1:10.63
7	Lydia Pomerence	Concordia U.	1:11.02
8	Erin Dyas	Doane	1:11.07

Section 3 of 3 Finals

1	Erika Schroeder	Concordia U.	1:08.58
2	Kendra De Jong	Northwestern	1:07.97
3	Porche Parnell	Hastings	1:06.71
4	Karen Hutson	Northwestern	1:02.54
5	Hailee Heitkamp	Morningside	1:03.66
6	Kayla Arlt	Morningside	1:07.10
7	Kelli Norrid	Mount Marty	1:08.05
8	Erin Balldridge	Hastings	1:08.17

Event 33 Women 4x100 Meter Relay

Saturday 5/5/2012 - 3:55 PM

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

4	Northwestern		50.93
5	Concordia U.		51.24

Section 2 of 2 Finals

1	Morningside		50.55
2	Briar Cliff		50.17
3	Dordt		49.14
4	Doane		48.60
5	Hastings		48.67
6	Nebraska Wes		49.24
7	Midland		50.19
8	Mount Marty		50.38

Event 34 Women 4x400 Meter Relay

Saturday 5/5/2012 - 7:55 PM

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

4	Mount Marty		4:16.73
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Section 2 of 2 Finals

1	Concordia U.		4:10.92
2	Morningside		4:04.47
3	Northwestern		4:03.52
4	Dordt		3:54.87
5	Doane		3:56.80
6	Briar Cliff		4:04.01
7	Hastings		4:05.51
8	Nebraska Wes		4:06.51

Event 35 Women 4x800 Meter Relay

Saturday 5/5/2012 - 1:40 PM

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Northwestern		9:15.68
2	Dordt		9:20.49
3	Concordia U.		9:20.72
4	Doane		9:52.24
5	Briar Cliff		10:38.40
6	Midland		NT
7	Morningside		NT
8	Mount Marty		NT
9	Nebraska Wes		NT

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Event 36 Women Long Jump**Saturday 5/5/2012 - 11:30 AM****9 to Final**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Tracy Peitz	Concordia U.	4.80m
2	Jessie Pederson	Dakota Wes	4.83m
3	Rachel Cutler	Concordia U.	4.91m
4	Jacie White	Northwestern	4.91m
5	Emily Reed	Doane	4.97m
6	Holly Hegge	Mount Marty	5.05m
7	Danielle Masur	Concordia U.	5.09m

Flight 2 of 3 Finals

1	Lindsey Sanftner	Dakota Wes	5.18m
2	Kaitlin Troost	Dordt	5.23m
3	Erin DeVries	Doane	5.24m
4	Paige Hemmer	Concordia U.	5.27m
5	Lindsey Moerman	Dordt	5.27m
6	Mackenzie Small	Northwestern	5.28m
7	Abbey VanDenBerg	Mount Marty	5.31m

Flight 3 of 3 Finals

1	Christy Sikkema	Dordt	5.33m
2	Raenecia Gordon	Doane	5.38m
3	Jillian Guerrero	Nebraska Wes	5.51m
4	Necia Cooperwood	Morningside	5.61m
5	Karen Hutson	Northwestern	5.64m
6	Crystal Vander Zee	Dordt	5.67m
7	Mariah Toussaint	Midland	5.69m
8	Briana Vander Woude	Dordt	5.75m

Event 37 Women Triple Jump**Saturday 5/5/2012 - 1:30 PM****9 to Final**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Jenn Gold	Hastings	9.92m
2	Abby Fossum	Dakota Wes	9.93m
3	Holly Hegge	Mount Marty	10.12m
4	Tracy Peitz	Concordia U.	10.23m
5	Jessie Pederson	Dakota Wes	10.23m
6	Lindsey Moerman	Dordt	10.33m
7	Kaitlin Troost	Dordt	10.35m
8	Emily Anderson	Mount Marty	10.42m

Flight 2 of 3 Finals

1	Natalie Kramer	Doane	10.43m
2	Liz Benjamin	Briar Cliff	10.44m
3	Shelby Meier	Doane	10.60m
4	Jillian Guerrero	Nebraska Wes	10.69m
5	Paige Hemmer	Concordia U.	10.75m
6	Megan Glisar	Morningside	10.82m
7	Amy Kreikemeier	Doane	10.83m
8	Sarah Genrich	Doane	10.93m

Flight 3 of 3 Finals

1	Tess Moyer	Doane	11.08m
2	Karissa Blank	Doane	11.16m
3	Christy Sikkema	Dordt	11.25m
4	Allycia Myers	Doane	11.38m
5	Jericca Pearson	Concordia U.	11.39m
6	Abbey VanDenBerg	Mount Marty	11.41m
7	Crystal Vander Zee	Dordt	11.43m
8	Raenecia Gordon	Doane	11.48m

Event 38 Women High Jump**Saturday 5/5/2012 - 1:30 PM****1.50-1.55-1.60-1.65-1.68-1.71-1.74-1.77-1.80**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Abby Fossum	Dakota Wes	1.48m
2	Lauren Warnock	Nebraska Wes	1.53m
3	Jericca Pearson	Concordia U.	1.53m
4	Emily Anderson	Mount Marty	1.53m
5	Hilary Knake	Hastings	1.55m
6	Kristy Schaaf	Briar Cliff	1.55m
7	Erin DeVries	Doane	1.58m
8	Angie Litz	Hastings	1.60m
9	Sonny Adkins	Doane	1.61m
10	Susan Rollman	Doane	1.62m
11	Kendra De Jong	Northwestern	1.63m
12	Katie Schoen	Nebraska Wes	1.65m
13	Mariah Toussaint	Midland	1.65m
14	Briana Vander Woude	Dordt	1.66m
15	Alyssa McDowell	Doane	1.71m
16	Megan Glisar	Morningside	1.80m

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Event 39 Women Pole Vault

Saturday 5/5/2012 - 2:30 PM
2.90-3.05-3.20-3.35-3.50-3.60-3.70

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Kylie Whitener	Dordt	2.75m
2	Stephanie Aurich	Concordia U.	2.78m
3	Callie Cox	Doane	2.90m
4	Rianne Gross	Concordia U.	3.05m
5	Lindsay Anderson	Concordia U.	3.05m
6	Kamala Moore	Concordia U.	3.08m
7	Elisa Carlson	Nebraska Wes	3.10m
8	Breanne Heidema	Dordt	3.20m
9	Callie Walker	Midland	3.20m
10	Christina Tacoma	Dordt	3.20m
11	Brittany Fuller	Midland	3.20m
12	Cassandra Starks	Concordia U.	3.23m
13	Kayla Ambrose	Doane	3.25m
14	Michelle Toukan	Hastings	3.35m
15	Shelby Yelden	Concordia U.	3.38m
16	Madison Wakefield	Doane	3.50m
17	Ashlee Brown	Concordia U.	3.53m
18	Kellie Fegter	Concordia U.	3.53m
19	Katie Breuer	Mount Marty	3.65m

Event 40 Women Shot Put

Saturday 5/5/2012 - 11:30 AM
9 to Final

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Samantha Rus	Mount Marty	11.68m
2	Mindi Schlautman	Nebraska Wes	11.71m
3	Jamie Crouse	Concordia U.	11.85m
4	Jena Krebs	Northwestern	11.93m
5	Danielle Fry	Northwestern	12.02m
6	Karmen Lawver	Doane	12.02m
7	Carly Henry	Doane	12.24m
8	Megan Hoelsing	Midland	12.25m
Flight 2 of 3 Finals			
1	Sara Retzlaff	Concordia U.	12.38m
2	Stormy Rains	Hastings	12.39m
3	Nicole Hass	Concordia U.	12.40m
4	Katie Johnson	Dakota Wes	12.55m
5	Katie Rich	Concordia U.	12.96m
6	Brittany Edson	Nebraska Wes	13.12m
7	Deanna Dirkschneider	Nebraska Wes	13.31m
8	Whitney Collins	Doane	13.35m

Flight 3 of 3 Finals

1	Kelsee Meissner	Doane	13.45m
2	Tara Cockerill	Briar Cliff	13.59m
3	Brittany Erdmann	Concordia U.	13.83m
4	Abby Griffith	Hastings	13.87m
5	McKayla Gowen	Hastings	13.87m
6	Jessica Payne	Doane	13.93m
7	Jennifer Maag	Hastings	13.97m
8	Lauren Eickemeyer	Concordia U.	14.27m

Event 41 Women Discus Throw

Saturday 5/5/2012 - 5:30 PM

9 to Final

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Kristine Dunker	Midland	34.73m
2	Cortney Koepke	Concordia U.	35.28m
3	Rachel Tilley	Briar Cliff	36.56m
4	Kayla Franzluebbers	Nebraska Wes	36.89m
5	Brittany Edson	Nebraska Wes	37.53m
6	Brittany Erdmann	Concordia U.	37.68m
7	Jamie Crouse	Concordia U.	37.85m
8	Haley Mondt	Doane	38.01m

Flight 2 of 3 Finals

1	Kayla Hagemeister	Hastings	38.30m
2	Tara Cockerill	Briar Cliff	38.39m
3	Nicole Hass	Concordia U.	38.53m
4	Marlee Denton	Concordia U.	38.70m
5	Jena Krebs	Northwestern	39.35m
6	Deanna Dirkschneider	Nebraska Wes	39.59m
7	Karmen Lawver	Doane	39.78m
8	Megan Hoelsing	Midland	39.82m

Flight 3 of 3 Finals

1	Katelyn Butts	Concordia U.	40.58m
2	Mindi Schlautman	Nebraska Wes	41.77m
3	Bailey Soucie	Nebraska Wes	42.10m
4	Danielle Fry	Northwestern	42.56m
5	Carly Henry	Doane	43.26m
6	Jennifer Maag	Hastings	43.64m
7	Sara Retzlaff	Concordia U.	43.92m
8	Ashton Henderson	Doane	45.24m

Event 42 Women Hammer Throw

Saturday 5/5/2012 - 1:30 PM

9 to Final

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Laura Fischer	Midland	37.49m
2	Laura Maynard	Morningside	37.99m
3	Nicole Hass	Concordia U.	38.42m
4	Jena Krebs	Northwestern	38.60m
5	Adrienne Bishop	Northwestern	38.72m
6	Jennifer Maag	Hastings	40.82m
7	Brittany Erdmann	Concordia U.	42.16m
8	Jennie Allen	Midland	42.37m

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1	Laura McQuisten	Nebraska Wes	42.86m
2	Mindi Schlautman	Nebraska Wes	43.13m
3	Katelyn Butts	Concordia U.	43.56m
4	Megan Hoelsing	Midland	44.14m
5	McKayla Gowen	Hastings	44.22m
6	Danielle Fry	Northwestern	44.71m
7	Cortney Koepke	Concordia U.	45.45m
8	Lauren Eickemeyer	Concordia U.	46.37m

Flight 3 of 3 Finals

1	Kayla Franzluebbers	Nebraska Wes	46.55m
2	Marlee Denton	Concordia U.	48.88m
3	Kelsee Meissner	Doane	50.09m
4	Abby Griffith	Hastings	50.75m
5	Whitney Collins	Doane	51.01m
6	Haley Mondt	Doane	53.31m
7	Jamie Crouse	Concordia U.	53.35m
8	Sara Retzlaff	Concordia U.	53.78m

Event 43 Women Javelin Throw**Saturday 5/5/2012 - 3:30 PM****9 to Final**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Shalako Hanover	Midland	28.00m
2	Sarah Cosgrove	Mount Marty	29.30m
3	Shannon Reachard	Hastings	31.83m
4	Sarah Genrich	Doane	32.40m
5	Shelby Yelden	Concordia U.	33.04m
6	Mindi Schlautman	Nebraska Wes	33.69m
7	Shannon Bowar	Northwestern	34.03m
8	Laura Maynard	Morningside	34.29m

Flight 2 of 3 Finals

1	Maggie Kramer	Doane	34.32m
2	Ashlee Brown	Concordia U.	35.04m
3	Katie Johnson	Dakota Wes	35.11m
4	Brittany Carman	Dordt	35.63m
5	Katie Rich	Concordia U.	36.43m
6	Shelby Meier	Doane	36.45m
7	Justine Dethlefs	Hastings	37.20m
8	Karen Liekhus	Midland	37.24m

Flight 3 of 3 Finals

1	Karissa Blank	Doane	37.41m
2	Briana Vander Woude	Dordt	37.79m
3	Elizabeth Stevens	Northwestern	37.91m
4	Marlee Denton	Concordia U.	39.47m
5	Ashton Henderson	Doane	39.50m
6	Julia Hauser	Midland	39.69m
7	Karmen Lawver	Doane	42.07m
8	Bailey Soucie	Nebraska Wes	42.52m

Event 44 Heptathlon: #1 Women 100 Meter Hurdles**Friday 5/4/2012 - 1:00 PM**

Lane	Name	School	Seed Time
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Section 1 of 4 Finals

2	Myria Knapp	Concordia U.	NT
4	Elizabeth Stevens	Northwestern	NT
6	Brooke Pfeifer	Doane	NT
8	Kierstyn Besel	Concordia U.	NT

Section 2 of 4 Finals

2	Stacy Beller	Nebraska Wes	NT
4	Erin DeVries	Doane	NT
6	Lydia Pomeranke	Concordia U.	NT
8	Haley Logan	Mount Marty	NT

Section 3 of 4 Finals

2	Audrey Gaspers	Hastings	NT
4	Tiffany Hoagland	Nebraska Wes	NT
6	Susan Rollman	Doane	NT
8	Julia Hauser	Midland	NT

Section 4 of 4 Finals

2	Sara Simmons	Concordia U.	NT
4	Shannon Bowar	Northwestern	NT
6	Sonny Adkins	Doane	NT
8	Meg Ehle	Nebraska Wes	NT

Event 44 Heptathlon: #2 Women High Jump**Friday 5/4/2012 - 1:45 PM**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Elizabeth Stevens	Northwestern	NH
2	Shannon Bowar	Northwestern	NH
3	Tiffany Hoagland	Nebraska Wes	NH
4	Sonny Adkins	Doane	NH
5	Haley Logan	Mount Marty	NH
6	Susan Rollman	Doane	NH
7	Julia Hauser	Midland	NH
8	Meg Ehle	Nebraska Wes	NH
9	Kierstyn Besel	Concordia U.	NH
10	Erin DeVries	Doane	NH
11	Brooke Pfeifer	Doane	NH
12	Stacy Beller	Nebraska Wes	NH
13	Lydia Pomeranke	Concordia U.	NH
14	Myria Knapp	Concordia U.	NH
15	Audrey Gaspers	Hastings	NH
16	Sara Simmons	Concordia U.	NH

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Event 44 Heptathlon: #3 Women Shot Put**Friday 5/4/2012 - 3:15 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Audrey Gaspers	Hastings	ND
2	Lydia Pomeranke	Concordia U.	ND
3	Erin DeVries	Doane	ND
4	Elizabeth Stevens	Northwestern	ND
5	Stacy Beller	Nebraska Wes	ND
6	Sara Simmons	Concordia U.	ND
7	Susan Rollman	Doane	ND
8	Kierstyn Besel	Concordia U.	ND
9	Haley Logan	Mount Marty	ND
10	Tiffany Hoagland	Nebraska Wes	ND
11	Sonny Adkins	Doane	ND
12	Meg Ehle	Nebraska Wes	ND
13	Myria Knapp	Concordia U.	ND
14	Shannon Bowar	Northwestern	ND
15	Julia Hauser	Midland	ND
16	Brooke Pfeifer	Doane	ND

Event 44 Heptathlon: #4 Women 200 Meter Dash**Friday 5/4/2012 - 4:45 PM**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Julia Hauser	Midland	NT
2	Tiffany Hoagland	Nebraska Wes	NT
3	Brooke Pfeifer	Doane	NT
4	Shannon Bowar	Northwestern	NT
5	Lydia Pomeranke	Concordia U.	NT
6	Susan Rollman	Doane	NT
7	Erin DeVries	Doane	NT
8	Elizabeth Stevens	Northwestern	NT
Section 2 of 2 Finals			
1	Stacy Beller	Nebraska Wes	NT
2	Sara Simmons	Concordia U.	NT
3	Meg Ehle	Nebraska Wes	NT
4	Sonny Adkins	Doane	NT
5	Haley Logan	Mount Marty	NT
6	Kierstyn Besel	Concordia U.	NT
7	Myria Knapp	Concordia U.	NT
8	Audrey Gaspers	Hastings	NT

Event 44 Heptathlon: #5 Women Long Jump**Saturday 5/5/2012 - 9:00 AM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Myria Knapp	Concordia U.	ND
2	Sara Simmons	Concordia U.	ND
3	Haley Logan	Mount Marty	ND
4	Audrey Gaspers	Hastings	ND
5	Susan Rollman	Doane	ND
6	Elizabeth Stevens	Northwestern	ND
7	Tiffany Hoagland	Nebraska Wes	ND
8	Sonny Adkins	Doane	ND
9	Shannon Bowar	Northwestern	ND
10	Brooke Pfeifer	Doane	ND
11	Kierstyn Besel	Concordia U.	ND
12	Stacy Beller	Nebraska Wes	ND
13	Lydia Pomeranke	Concordia U.	ND
14	Erin DeVries	Doane	ND
15	Meg Ehle	Nebraska Wes	ND
16	Julia Hauser	Midland	ND

Event 44 Heptathlon: #6 Women Javelin Throw**Saturday 5/5/2012 - 10:30 AM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Julia Hauser	Midland	ND
2	Kierstyn Besel	Concordia U.	ND
3	Sonny Adkins	Doane	ND
4	Lydia Pomeranke	Concordia U.	ND
5	Meg Ehle	Nebraska Wes	ND
6	Shannon Bowar	Northwestern	ND
7	Tiffany Hoagland	Nebraska Wes	ND
8	Brooke Pfeifer	Doane	ND
9	Haley Logan	Mount Marty	ND
10	Erin DeVries	Doane	ND
11	Sara Simmons	Concordia U.	ND
12	Myria Knapp	Concordia U.	ND
13	Susan Rollman	Doane	ND
14	Audrey Gaspers	Hastings	ND
15	Stacy Beller	Nebraska Wes	ND
16	Elizabeth Stevens	Northwestern	ND