### Catalog Year: EVEN YEAR START

**Recommended Schedule for Bachelor of Science in Exercise Science: 70-71 hours**

<table>
<thead>
<tr>
<th>Fall Year 1</th>
<th>Spring Year 1</th>
<th>Summer Year 1</th>
<th>Fall Year 2</th>
<th>Spring Year 2</th>
<th>Summer Year 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>+2 activity courses</td>
<td>+2 activity courses</td>
<td>Summer Year 1</td>
<td>Chem 115</td>
<td>HHP 270</td>
<td>2</td>
</tr>
<tr>
<td>Bio 111 OR</td>
<td>HHP 182</td>
<td>HHP 261</td>
<td>2</td>
<td></td>
<td></td>
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<tr>
<td>Gen Ed</td>
<td>Bio 112</td>
<td>HHP 273</td>
<td>3</td>
<td></td>
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<tr>
<td>(include HHP 100 &amp; Psy 101 first or second semester)</td>
<td>Gen Ed</td>
<td>#HHP 281</td>
<td>1 or</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>#HHP 284</td>
<td>1</td>
<td></td>
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</tr>
<tr>
<td></td>
<td></td>
<td>HHP 295</td>
<td>3</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Gen Ed</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16 total credit hrs</td>
<td>16 total credit hrs</td>
<td>16 total credit hrs</td>
<td>16 total credit hrs</td>
<td>15 total credit hrs</td>
<td>16 total credit hrs</td>
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</tbody>
</table>

**Fall Year 3**
- #HHP 286
- Phys 111
- Bio 343
- Chem 231
- Gen Ed or minor

**Spring Year 3**
- HHP 312
- Phys 112
- Bio 344
- HHP 385
- **HHP 465**

**Summer Year 3**
- HHP 397

**Fall Year 4**
- **HHP 287**
- HHP 395
- **HHP 410**
- **HHP 482**
- Gen Ed or minor

**Spring Year 4**
- HHP 399
- **Math 322**
- HHP 494
- HHP 495
- Bio 244
- Gen Ed or minor

**Summer Year 4**
- Activity courses (4 total)
  - #Activity courses from HHP 161-168
  - 1 course from HHP 147, 154, 156, 157, or 158
  - By completing this major and taking both Bio 111 & 112, requirements for a 19-hour biology minor are fulfilled: Bio 111, 112, and 11 hours above Bio 112 (student will have taken Bio 244, 343, 344, and Bio/HHP 385).

### Notes:
- Please see catalog for required general education courses and competencies. Psy 101 is a prerequisite for HHP 273 and should be taken as a social science general education class. This major will fulfill general education requirements for science (6 hours) and HHP (2). If Math 322 is taken as an elective it will fulfill the math requirement.
- *Internship of 135 contact hours with a professional of student’s choice. Must be approved by exercise science faculty. Sixty hours of course work with at least 15 hours in the major must be completed. See the Director of Career Development (JCC 204) for packet of internship application materials.
- **1 elective to be chosen from the following:**
  - HHP 410
  - HHP/BIO 465
  - HHP 482
  - Math 322
  - Chem 116 or 231
  - Bio 111 or 112
- **1 class to be chosen from the following:**
  - HHP 281
  - HHP 284
  - HHP 286
  - HHP 287
  - HHP 288
- By completing this major and taking both Bio 111 & 112, requirements for a 19-hour biology minor are fulfilled: Bio 111, 112, and 11 hours above Bio 112 (student will have taken Bio 244, 343, 344, and Bio/HHP 385).

### Completing the above will meet the requirements for a B.S. in Exercise Science.
- Degree requires a minimum of 120.0 semester hours of credit with a minimum cumulative grade average of “C” (2.00) or, if higher, the minimum grade average specified by individual program requirements.